

Dissociation Mechanics & Solutions

Prepared by Universal Aspects™ Multimedia

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<https://www.universalaspects.io>

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This document is an attempt to help victims of trauma based mind control overcome dissociation. At the time of writing this document I am a 34 year victim of trauma based mind control. In my 34th year of torture I finally dissociated and was able to figure out some of the mechanics involved with dissociation. It should be said that this document is not based on science or a professional analysis, it is my best assessment of my conditions after I have dissociated. This document is not to be taken as medical advice.

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See also: Soul Science PDF:

https://pdf.universalaspects.io/soul-science_atheistic-soul-theory.pdf

Mechanics of Dissociation

My symptoms:

- lack of feelings
- lack of enthusiasm
- suppression of positive personality
- lesser performance
- less soulular neural activity
- less tolerance for suffering
- amplified effects from suffering
- less willingness for communication
- less desire for humor - less levity - no desire to smile
- emotional numbness
- less enjoyment
- less will power
- lack of love capability

I am currently trying to recover from dissociation. It feels like a soul wound or soul atrophy took place. After what I have witnessed I believe dissociation is a set of psychological soulular mechanics. For more on soul science see: https://pdf.universalaspects.io/soul-science_atheistic-soul-theory.pdf

What Caused My Dissociation

I feel I have dissociated from trauma based mind control. Below is some of what they did to me to cause it.

I have been tortured over 10,000 times and life destroyed about a half dozen times in my 34 years of life. In 10+ years of overt tortures I have been able to conquer fear and physical pain. The largest factoring torture I suspect made me dissociate was [omitted]. My victimizers prey on psychological distress and seek ruination and counter-proliferation. I am being framed, entrapped, mind controlled, personality neurally deleted, resource strangled, monetarily cointelpro'd, relationships destroyed via mind control, neurally programmed with uncharacteristic qualities, character neurally ruined, intelligence blunted, maliciously soul programmed, businesses opposite branded, my image is being perception managed in others, I am being targeted by deep learning Ai's of real people, I experience intelligence fraud every day all day, torture every day all day, other people's delusion/misconception/flaw cloned into my consciousness, neural interfacing all day every day weaponized with anything around me, my favorite singer was assassinated in London this year.

I experience mental intrusions directly in my own mind, v2k all day which tactically ruins my memory, neural designs of impurity which devastate my morale, serial forced speech consuming all my day for over 21 months straight, devastating neurobody designs targeting me, mind control all day, my senses sanitized, my character is dehumanized, I have depersonalization, my emotions are blunted, my enjoyment is largely gone (anhedonia), I have dealt with dozens of synthetic ailments - with attempts to get me on harmful pharmaceutical drugs, my voice is highly disrupted both physically and mentally, my body is being defiled, I am being body mutilated and microwaved, I am sexually abused neurally on a daily basis (often about my own pedophile victimizer as a child), in the rare event i feel positivity or like something i am attacked by a neural monitoring Ai, they stop me from doing normal tasks of everyday life, my body is controlled in a nightmarish fashion, my favorite things are defiled, things I would enjoy if allowed to be in peace are Ai scripted full of forced speech and disruption, my consciousness is distorted, surveillance based intellectual property theft is weaponized against me, personality theft (neurally) is occurring, my ideas are thought inserted into others, i have been technologically forced to vomit frequently in the last 5 years (probably over 100 times), I appear to have an implant in my esophagus creating matter, I am woken up in the middle of the night and tortured on occasion, my friends have been often belligerent and disconnected, my family has no clue what the hell is going on and thinks I am paranoid schizophrenic, I have been homeless more than once while overzealous torture of myself occurred, I have been offered bribes and threatened/attacked when I do not accept them, given ultimatums by my victimizers, I experience intelligence fraud into the surveillance of my own brainwaves, powerful FBI & CIA framing, microwave auditory effect impersonations of U.S. Congress (assumably by the CIA), [omitted], I am threatened with psychiatric detainment and mind destruction, I am being slow killed, and I have been strategically brain damaged with directed energy weapons. I am now [omitted].

I am also being framed for the entire conspiracy they are doing to the world and myself. They have paired all of their crimes to me to make me a patsy and they perpetrate neural forgery against myself on a daily basis. I am also a witness to a larger conspiracy than electronic targeting including pervasive psychological warfare, a coup against Trump in the intelligence community, black ops assassinations, and monstrous mind control programs.

Solutions

Solutions that work for me:

- positivity
- purity
- happiness
- euphoria
- enjoyment
- detoxification
- quality sleep
- quality music
- accomplishments
- spiritual satiation
- emotional sanctity
- peace
- calmness
- comfort
- harmony
- affection
- true love

Things that Hurt Progress with Dissociation - Things to Avoid:

- cruelty - abuse - torturous circumstances
- pain - suffering
- agony - anguish
- stress - anxiety
- disturbing realities
- horror movies - fear
- satanic media - satanic subliminals
- impurity
- toxins - poisonous foods
- fakeness
- arguments - fights
- brutality - hostility
- anger - frustration
- hate - hatred
- perversion
- evil

Advice:

- proper coping mechanisms (avoid alcohol)
- breathing techniques (e.g. deep breaths)
- eliminate toxic people from one's life

For myself:

- smoking cannabis and venti iced chai with light ice from Starbucks have been positive solutions for me
- a major change in life that creates happiness can help a lot
- victory in a major circumstance can make a positive change



The name **Universal Aspects™** is inspired by the aspects of the universe. Each individual component of reality is a universal aspect. For example the color black is an aspect, human is also an aspect of the universe...

<https://www.universalaspects.io/>

Universal Aspects™ does not restrict our multimedia to only those who pay:

- music is offered for free / donation: <https://label.universalaspects.com/>
- films release on youtube: <http://aspect.li/Films>
- websites are free of charge: <http://aspect.li/Web>
- books we release also come in free PDF: [Free PDF Library](#)
- we are a company with altruistic intent, activism & values before profit.
- see our business model: <http://aspect.li/BusinessModel>

Universal Aspects™ Documents:

[Hi-Tech War Crime Report for Congress & The Trump Administration](#)

[Appeal for the International Community to Ban Nuclear Power & Weapons](#)

[Self Development Tips: Advice for Self Improvement](#)

[A Concise Guide to Ethical Branding & NLP](#)

[Soul Science - Atheistic Soul Theory](#)

Phillip Walker Electronic Press Kit (Music & Bio): <http://aspect.li/EPK>

Universal Aspects™ Multimedia Project: Music Organization - DarkSynth.org

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Open Movement

ethos for open science:

- free or affordable healthcare
- cures over profit
- decentralization of frequency science

ethos for open research:

- intellectual honesty in scientific inquiry
- accuracy over agenda
- transparency with methodology

ethos for open data:

- collective knowledge
- improving the internet
- open education

ethos for open government:

- transparency
- public oversight
- elimination of criminal state secrecy

ethos for open education:

- eliminating the debt culture of modern society
- free knowledge for those who seek it
- free education promotes voluntary schooling instead of forced education

<https://openmovement.wiki/>
<https://www.openmovement.info/>



(photo taken at the beginning of my overt targeting)

About the Author - Phillip Walker

Phillip Walker Bio: independent music producer, independent author, graphic designer, filmmaker / videographer, amateur photographer, webmaster, activist, futurist, entrepreneur, targeted individual, whistleblower, and researcher. I am a heretic, a street historian, and a de-occultist who identifies with altruism, the artistic and the esoteric.

Some of the subjects that interest me are music / sound, photography, the arts, language - words, social progress, decentralization, self development & self discovery, black project science, the electromagnetic spectrum, technology (BCI & Ai), the tactics of warfare, de-occultism, history, the future, universal aspects & archetypes, and the natural laws of the universe.

I dedicated my life to assisting the planet when I was about 15-17. I enjoy making music and art, writing, the internet, activism of several types, purity, opposing evil and it's systems of control, making informational films, thinking about the future and more or less assisting any innocent being find their way to good fortune. Two words I live by are Truth & Progress. I believe in the open movement, de-corrupting the world, helping others in need, free will, dedication, being faithful, intellectual honesty, transparency, emancipation, actions with integrity or honesty, disillusionment, decentralization, prevention of crime and war, the evolution of society, caring for the planetary ecosystem, and overall being responsible stewards of our planet and solar system. I am a dedicated activist who agrees with social idealism and the militaristic destruction of evil.

In 2017 I founded the multimedia company Universal Aspects™ and through my multimedia company have dedicated my time to inform the public about the war crimes I have witnessed.

De-Occultist definition

someone who reveals hidden knowledge, particularly for collective gain.

Tenets: truth. progress. dedication. discernment. human rights. free will. collective gain.

Ideology: emancipation. disillusionment. transparency. decentralization. philosophy. creative arts. justice.

The de-occultist is an antithesis of brainwashing & illusion.

(definition from my website: www.occultdictionary.com)