

The Holographic Canvas

The Fusing of Mind and Matter

“The Holographic Canvas is stirring in peeling away much of our disempowering views about our place and our influence on physical reality. Through simple but riveting scientific explanations the reader is compelled to stretch his or her imagination. One is driven to explore the untapped possibilities and potentials in the timelessness of existence. The Holographic Canvas is a must read for anyone bold enough to go beyond the packaged concepts of reality!”

-Jordan Maxwell Internationally recognized Author and radio talk show host; *Inspiration for the film “Zeitgeist”*

Exploring Reality in a Space call Mind

By

Sonia Barrett

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Timeline Publishing Inc.,
12439 Magnolia Blvd. Suite 199
North Hollywood, Ca 91607

Email: sonia@spiritinform.com

Website: www.spiritinform.com

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Dedication

I dedicate the completion of this book to everyone that I have ever met, encountered, connected with or shared bloodlines. You have all contributed greatly to my journey thus far and to the completion of The Holographic Canvas. You have stirred emotions in me of one polarity or another, joy, pain, happiness, sadness, anger, love, emptiness, courage, defiance and loss, out of which came perseverance. Without your unselfish contributions to my adventure I could not have discovered so much. Through you I discovered that I/we are so much more than the illusion of life played out before us. I discovered myself and gained an appreciation for the gifts from all of my experiences. It is difficult to savor the full flavor of the human drama without the participation of a full cast at specific periods in our lives. You have all played your roles well and again I thank you. May we all take a bow!

I would also like to dedicate this book to my children Cory and Tristan and I thank them for being patient with me during their upbringing and for allowing me to rediscover all that I AM....

Introduction

The cosmic plan for the millennium is rapidly unfolding as we spiral along the path to a much anticipated ascension. Cosmic graduation is at hand. All of planetary life eagerly awaits the transcendence of Earth and humanity. It is a time of convergence as we transcend the human veil and rediscover our unlimited state of existence. For centuries, humanity has anticipated the ending of the world, the battle of Armageddon, the rapture and the return of Christ.

In these present times we have added to the anticipation of these events as we wait expectantly for the New World order and One World government. Each moment is pregnant with the unfolding of these long-predicted changes, inspired and governed by cosmological cycles within cycles as they represent the progression of humanity from one age to the next. We are on a cosmic mission, traveling through linear time on spaceship Earth. A living breathing ship, no less alive than you and I. Wake up to the exhilarating truth and raise your heads from beneath the ground, for this tour is changing its velocity and its direction. This new direction requires its passengers to become multidimensional beings. In other words we must assume our original state of being; self realized consciousness!

There is no greater joy than to embark on the rediscovery of self, as we reemerge from the dream and wipe the sleep from our eyes. Rediscovery, however, will not be initiated until we have embraced the courage to ask the

questions that will take us beyond our state of limited consciousness. Quite frankly, there are no preconceived beliefs that can prepare us for the answers that will begin to flow. If we are not willing to commit to change then those answers may fail to transform your life. The science of change is a simple formula that requires your willingness to release blocks and open the doors of perception. As our perception expands it is then that the veils of disappointment, anger, shame, guilt and fear, are released. We bring peace and fluidity to our experiences when we consciously observe reality through the windows of our enlightened mind.

The script for this grand light show is being rewritten. We have been living in the land of OZ, but wait there is more, as the curtain is pulled back, to our amazement we find ourselves both back stage and on stage. Should we venture even closer we will discover that the stage and all of its designs are being dismantled. Should we become even bolder we will further discover that the theme is *enlightenment*, for we are nearing the completion of a great cycle. Mother Earth and her mineral, plant and animal kingdom are all experiencing the influence of this conversion.

We are involved in a synchronic cosmic conversion. The mathematical calculation derived by a great many, have targeted the date of planetary rebirth to be 2012, which is expected to close the chapter on a 26,000-year cycle. It is important that we do not become attached to this date. The exact time can only be felt within our being, for it is very much in conjunction with the esoteric harmonics of time travel along with human and planetary DNA, which acts as a time release capsule. Humanity is being steered to the next level of evolution; we are literally going back to the future. What does it mean to return to the future? We are transmitters and receivers of the simultaneous continuum of past, present and future; Humanity operates as a conduit in time fulfilling the illusion of separatism. To return to the future is to return to a non-fracturing consciousness; the place from which reality is dreamt into existence as time does form a loop.

Many are experiencing varying degrees of turbulence during these changes as change is being impressed upon our souls. There is an urgent call for the awakening of the masses as the veils of separateness dissolves. We are being exposed as that which we truly are. We are One. We are one mind

being expressed through many minds. We are being reminded that we have been existing in clay costumes and performing in our various roles, all occurring under the illusion of limitation. We must, however, applaud ourselves for a job well done. Within this reality the emotional experiences of joy, pain, power and the manipulation of others have been well achieved to its maximum level of probability. Many will give repeat performances for very few will transcend at the close of this cyclic procession. Vast majorities have experienced all levels of duality through every fragment of possibility and have exhausted a mass of earthly experiences.

It is for this reason that the show is at an end for those who are ready to recognize that the time has arrived for us to progress to the next level of this cosmic ride. The object of this conversion is to anchor larger aspects of a greater consciousness as we move beyond the illusion of duality. It is the anchoring of alignment. There are many who will not embrace this transition, as they are heavily submerged in illusion; illusions which are firmly planted upon a foundation of contentment. Being human has become a comfortable experience.

We have imprisoned ourselves in the excitement of the experience and we have created fantasies of numerous possibilities of what lies ahead after encountering the inevitable force of death. We then look to various religions to validate these fantasies while we continue to give our power away to any individual or organization willing to assume responsibility for the conservation of our soul. We peddle our freedom for the purchase of increments of time through the governing powers of our world, government, religion and the corporate world. The 24- hour time - cycle which represents an earth day has been cleverly flavored, sliced and served back to us with the promise of a better life in the here, now and after life. Humanity exists under a programming of subservience to those who have appointed themselves caretakers. Man is enslaved and imprisoned emotionally, spiritually and physically by his brothers. Such manipulation has played in the dance for millions of years, which has created a downward spiral into decreasing extremes in vibration. In other words we have become more human relying strongly on the physical world. We are out of alignment.

We have forgotten the splendor of these magnificent bodies, intricately designed to access the full potential of the emotional experience of this lower frequency realm. The human body has been beautifully engineered to process the sensation of emotional impulses; these are simply calculated patterns of energy resulting in fluctuating levels of vibration.

Humanity is consumed by the fear of change, for deep within lies awareness that change demands each of us to assume responsibility for ourselves, it requires much work and we have become a society of spiritually indolent people. Religion has supported our spiritual sightlessness by masterminding numerous taboos along with banishing the marriage between cosmic science and man. In the greater light of this infinite plan this state of blindness has occurred in honor of the greater evolution of the whole, for without these experiences the human drama would not have been complete. In remembering that creation is meticulously interwoven, every moment in time travels through the nucleus of the primordial fountain. Creation in its brilliance has sealed within our cells the blueprints of divine knowledge.

Humankind is now being guided back to sovereignty. In humanity's sovereign state he/she not only walks with source; he/she is Source; existing not only in full alignment with all life, but in conscious awareness of being all life for there is only ONENESS. Sovereignty is an expression of the infiniteness of creation; it is the unfolding of spiritual freedom through the empowerment of love. The time has come to reawaken to cosmic science as we dismiss the age of spiritual sleep. We are rediscovering that creation has unlimited possibilities allowing the potential for us to shift beyond a limiting consciousness by which we continue to experience the third dimensional realm, in so doing it will redefine science.

All expressions of life exist based on a variation of frequencies and patterns unfolding from a boundless procession of energy. As we come alive to the memory of that which we are, we shall burst forth in magnificence. No longer will we seek peace and fulfillment outside of ourselves, for we will become the very thing that we have searched for over numerous concepts of lifetimes. What joy will be unleashed when we discover that space and time was a constriction that we placed upon ourselves. It has always been a

matter of perception, for thought is the in and out breath of all life transcending from the symphonic backdrop of the VOID. Thought echoes and ripples through sound, colors and the magnificent light spectrum. It is the dream that has given birth to itself manifesting as holographic realities such as the earth plane. The purpose of this journey has been to explore who and what we are. We are the *indefinable source*, therefore we are all things, we are all life, yet paradoxically we are definable according to states of consciousness within the moment. Now is the time to emerge as the unlimited sovereign being that you are. Partake in the resurrection and the redemption of the sovereign state of mankind. Sovereignty is indeed the reflection of an unlimited being standing forth as the free agent that he/she is. There are multitudinous realms to be explored, possibilities bursting forth from the river of thought. We are multidimensional beings. Once we have opened our minds we will discover a freedom that will touch our soul and cradle us into forever.

We are not bound by chains and shackles but by our own thoughts and perception

Reality

The stench of injustice permeates the air fumigating the lives of humanity, inducing a never-ending hypnotic sleep. We are involved in a game we call reality which has been ongoing for millennia. It is a multi - matrix game designed and sustained by several game players/creators of higher vibratory realms, yet ultimately the idea/concept of this reality/game, like all others has been dreamt and brought to life by One original Mind; a mind whose imagination/dream has required us all to be here, under the illusion of separateness. From this place we can be reminded of the **one becoming the many. Reality is I projected outwards through the windows of the mind.** These game players/creators are the hierarchical counsels and highly evolved beings who *imagine* entire worlds into existence.

Each day of our lives is a repeat of the same war, a never-ending battle that has been occurring for possibly millions of years. We simply change bodies while occasionally shifting sides and re entering the game. Those of us who find ourselves in opposition to the unending struggle for power and control often encounter a sense economic enslavement, as many lifetimes have been spent in disguise. This prolonged hiding has caused us to remain lost from ourselves. Many are members of churches and religious organizations, doused in forgetfulness and deception. Others are in AA or other support groups or organizations which offer limited insight that abdicate greater truth. We have descended the ladder of time and by our own will and desire have chosen to participate in this lower - frequency timeline. At the time of making that choice we were fully aware of our entrance into the sea of forgetfulness. Upon entering this reality we soon forget the choices that were made and the purpose for our descent unto this

plane. We are involved in a war that has originated from simultaneous timelines recognized as the past. The memories of these cosmic events live in collective subconscious and have great appeal when they surface in Hollywood films like “Star Trek” and “Star Wars”.

Was it always this way? No, but through the gradual struggle for power and control on numerous levels human genetics were altered, much like rewiring the circuitry in a computer. The current human form is the result of numerous experiments in the laboratory of time through cosmologic or celestial technology. The human body has been designed as a transmitting and receiving device connected to every probable realm that exists within as well as outside of time and space, accessible through designated pathways within the brain. Once we begin to view our body as ships or vehicles we can begin to awaken from the collective dream. This perceived reality is nothing more than the result of highly advanced computer programming. Due to alterations of our biology, specific areas of the brain have been disconnected to alter the original transmitting and receiving process. A smoke screen has been placed over our DNA, providing an illusion of having only two strands referred to a double helix. It is important to realize that nothing is ever lost. Additional strands of DNA exists behind this illusion, for not only do they hold the necessary codes for transformation of human genetics but they are also keys to unlocking the frequency codes/formulas to the cosmologic cycles and doorways beyond and within all time and space.

As our consciousness is elevated in this age of enlightenment these additional strands of DNA are sequentially and synchronically unveiled, unleashing such power that one entity can change the world. Why or how? It is because we are the cycles, doorways and ascended masters which we seek. The two strands of DNA has served as symbols of this plane of duality. As love becomes the guiding force in our transcendence, the higher vibration being released by the energy of love will begin to stimulate this double helix. This heightened vibration known as Love, at its highest frequency operates within an unconditional field. Such heightened frequencies allow the emergence of additional strands of DNA, as each strand houses codes or formulas, which gradually or instantaneously reactivates the body as a multidimensional vehicle. Scientists may squawk at this understanding for

they will only be able to see as far as their perception or limitations will allow. This in effect determines the potential outcome of their tests and scientific investigations. Our own perceptions and the finality of life, which we have placed on the potentials of creation, only limit us. It affects our ability to see beyond the physical or 3rd density.

Through secret societies, we have concealed the science and knowledge of creation through symbolism hidden right before our eyes, from tarot cards, to language, to patterns imprinted within the architectural structure of our governing, educational, medical and corporate system. While symbols can serve as a reminder of something greater, unless we exercise our curious nature these symbols can be used to redirect our thinking as desired by those seeking control. These secrets are all around us, veiled in mystique. Art and architecture have always gone hand in hand as ancient structures were designed in symbolic representation. A. T. Mann, author of Sacred Design: The Essential Astrological Component, comments that *"Symbolic architecture is based on principles which extend beyond formal rules, because it taps the depths of the unconscious and mythic layers of being, as well as activating higher spiritual qualities."* A classic example is artist Richard Serra's controversial structure in 1981 titled *Tilted Arc*. He had created a structure in the shape of an arc in the Federal Plaza in lower Manhattan. Serra created it as a political symbol representing the division between Americans and their government. This was then demonstrated by the manner in which the arc divided the plaza. The symbol was intended to enter the psyche of the viewer, triggering questions. The governing forces however realized the imposed conflict and had it removed.

Throughout civilization we have encountered many structures displaying obvious symbols, some decipherable and some not. Both Egyptian and indigenous structures, Churches and Cathedral throughout Europe all exemplify encoded beliefs. By establishing both political and spiritual viewpoints it authenticates the manner in which a people will be ruled and guided. Preset beliefs resonate from these buildings as the public enters or passes by these structures. Built in 1296, Notre-Dame the Cathedral of Paris still remain today as an exemplification of an architectural bible. Gothic St Peters Cathedral of Rome became the model by which the Capital

building in Washington Dc was designed. Art has served as a method of political and spiritual expression for all civilizations and most memorable is the Renaissance period.

All architectural evolution over the ages has been influenced by all previous structures, designs and beliefs. Physical structural forms are governed by science and mathematics as all angles and designs form frequency patterns. These frequency patterns are harmonic, creating melodic tones within the structure itself. These tones both in the building and the land itself interact with the harmonics of our bodies and our minds. Corporate buildings are designed to house workers and are most often created from a consciousness of control and emotional enslavement. Schools are typically designed with a consciousness of conformity and a generalized set of programs to be imparted. Such programs erase the true nature of individuality in thinking and suppress any possibility of extensive curiosity. Many are riddled with denial of the possibility of such factors of control.

These symbols are transmitters of subliminal codes, most often sustaining the sleep state of the unawake and unaware. Although many of these symbols represent the power within humanity, opposing forces such as the self - appointed rulers of the world have placed many thought encoded "charge", upon these symbols resulting in the continued enslavement of humanity.

Religion has been the greatest system of control devised to dispense and sustain the programming of fear. What is the meaning of the word *system*; (Webster's dictionary defines it as: *ordered assemblage of facts, principles or doctrines in a particular field; a working combination of hardware, software and data communication device*. Defining the word *system* is of great significance in fully grasping the true nature of the reality in which we live. Through most organized religion, we are confined to a specific set of cosmological principles causing us to be domiciled in limitation. We are vastly governed by our vendors/suppliers of all that is needed to nourish and sustain physical life within this current system/matrix. This includes everything from food, clothing, health, shelter and spiritual sustenance. As stated previously we exist in a system that is sustained by a level of technology that exceeds basic human understanding. We are dealing with a formula of

frequency patterns, which has formed a spherical reality sustained by human emotions/thought. In other words fear provides the appropriate frequency of sustenance.

~ FOOD ~

The pharmaceutical and food industry has played a major role in providing suppressive inducements to the human brain. We have become a society obsessed with food; mainly cooked food, fast food and junk food. All of which alter the harmonic function of the brain and the nervous system, both of which are essential in the awakening process. When heat typically 118° or higher, is applied to food through the process of cooking, this creates a chemical transmutation as heat immediately destroys essential enzymes and the amino acid Tryptophan. Tryptophan is the precursor for the neurotransmitters; Tryptamines serotonin, melatonin, Pinoline, 5-MeO-DMT and DMT. For further explanation (See Reality and the Brain, chapter 4).

Tryptamines and beta-carbolines, are also known as psychoactive indoles, both interact with the nervous system through the synthesizing of neurotransmitters. As essential enzymes are destroyed, the natural progression or conversion of these hormones is inhibited, lessening the probability of the natural occurrence of transcendental experiences. We become disconnected from the awareness of the flow of energies descending from dimensions beyond linear consciousness. We then exist in consensus reality, which is an illusion. It is said that the body is addicted to approximately 20 amino acids or more. This stimulates a cycle of continued craving and addiction for processed food. This is the manner in which the food industry manipulates our vessels and our belief system. Through lack of knowledge, we have become the fuel that drives the vehicle of the corporate world. Our minds are controlled through numerous measures. We must however understand that we have allowed it, for we have given our permission even in our defense of ignorance. When all is said and done we must realize that it really isn't about the food we eat, it is really about the vibration of one's consciousness or level of spiritual awareness. We are indeed affected by such foods and conditions according to our state of mind. The body responds to the vibration of the individuals level of awakening/ understanding/ consciousness/ awareness. However the above mentioned

information is simply to show the chemical procession in the body according to such things. Being vegan, vegetarian, fruitarian, meat eater etc are simply preferences, programs, and another personal matrix which provides the mind with satisfaction in believing that you are doing all that you can in your aim to preserve the body. This is an illusion as many people in these various categories die from illnesses, accidents or just simply die. Then there are those people who eat and drink any and everything and live to be 100. This is an indication that there is more going on than meets the eye. This is of course based on your own personal journey and the genetics you choose to support you in this lifetime. This is not about blame, but it is about awakening and recognizing the choices that we have made, and to change those choices for the enhancement of our own evolution. No one can save us; no one is coming to save us. This is an individual journey and we must find our own way back to the state of alignment, the state of Oneness.

(Reality, *continued*)

To further define reality: Reality is “I” projected outwards as multiple characters, viewed through the window of my mind. From the Apex or point zero, the One has descended down the ladder of time becoming the many. While such statements may be viewed as philosophical, holding an empty position of no real supporting scientific substance, it is evidenced by the bombardment of uncontrollable waves of emotions, which regulates the human experience. Like radio waves, emotion is broadcast energy that floods the human form.

What a phenomenal nursery rhyme:

*“Row, row, row your boat gently down the stream,
Merrily, merrily, merrily, merrily life is but a dream”*

One afternoon while, in my kitchen desperately seeking to distract myself from the veil of sadness lurking in the shadow, the tug of the foreseen emotional journey was accelerating and I knew that I had to find another distraction other than cleaning up the dishes. I grabbed my Walkman in desperation, but that too failed to improve or dismiss my internal mourning. I realized that my emotions had already gone beyond the point of no return. There was a heavy feeling in my chest, almost as if someone was applying

pressure. It rapidly intensified throughout my body in a manner which caused my legs to buckle underneath me; soon they were pressed against the cupboard below the kitchen sink, which assisted in supporting my body from collapsing to the floor. I was in a state of eruption.

A moment before collapsing, I heard “ *Row, row, row your boat gently down the stream. Merrily, merrily, merrily, merrily life is but a dream*”. As this nursery rhyme echoed in my head, I wondered what in the world was going on. I tried pushing the rhyme away, thinking that it was just another case of my mind on autopilot. Suddenly this wonderful explanation began unfolding. **Row, row, row your boat.** *It is the boat of infinite life that each soul rows, filled with humanities hopes, dreams, experiences and challenges. It is a storehouse of accumulated knowledge. Gently down the stream: Row your boat gently with open eyes down the stream of consciousness and energy; the river of life; merrily, merrily, merrily, merrily life is but a dream; be joyous in your endeavors for our existence in reality is determined by states of consciousness. It is a dream brought forth from the river of consciousness and energy through thought, changeable at anytime. Reality is but an intricate weaving of dreams and perceptions brought to life within our mind.*

This reality, like all others, exists based on a state of consciousness held together by the collective. We have forgetting that we are not compelled or committed to remain in any one reality other than to accomplish the mission of the deeper mind. Each experience is a result of the choices made by the individual.

Creation is indeed a grand game of the mind, operated by the imagination of the Gods; entities that are spiritually advanced aspects of us, not limited by the constraints of the third - dimensional human form and programs. We are the third - dimensional aspect of these Gods. There are seven levels or divisions of Mankind. We exist at the bottom rung of this ladder known as linear reality, here there is a clear defining line between time, space and distance yet they are interwoven. This linear timeline is the slowest timeline in the pyramidal structure of reality, since the descending energy of consciousness decreases in vibration.

Time, space and distance are determined by shifts in frequency or vibration, which equates to speed/velocity. This is the energetic process by

which this reality operates. The hertz field and all transcending fields of infrared, visible light, ultraviolet, x-ray, gamma ray and infinite unknown no longer unknown), are all existing as a continuous transcendence of higher levels of vibration/frequency. This equates to a movement of energy at increasingly rapid speeds, representing portals to future or past time lines.

The human brain operates within all levels of the electromagnetic spectrum, which clearly indicates that the brain operates in multiple levels of time. Keep in mind that like all other realities, this reality is the echo of all preceding timelines. We are fully encoded with the formula of the multiple levels of time from which we descended.

Life is a game of unlimited probabilities; door number one, door number two and so on. Experiences within the game are determined by the probabilities we choose. As we journey through these probabilities, they are automatically recorded within our mind creating programs within the brain. The more unpleasant experiences create patterns of fear, which has a greater influence on our desire or ability to become more expansive. We spend much of our lifetime(s) seeking guaranteed security. With security as our life's theme, from love, to money, to material possessions, we become caught in a vicious cycle of choosing probabilities that continue to ignite the same responses in our lives. Our lives become trapped in the illusion of security, confining us to a life of lack both spiritually and physically.

As the soul unfolds the script of the dream, we row to the melody of each experience. The **stream of consciousness and energy** begs us to take from its infinite supply and mold it into dreams not yet dreamt. The boat that sinks is the illusion of death. So we return again and again in the hope of keeping our boat afloat, never arriving at our much-anticipated destination, only to discover that the boat never docks. Docking is an illusion. The ultimate journey unfolds through the spiraling of the boat gently along new horizons, into the infinite unknown, fulfilling the never-ending quest of making known the unknown. In our aim at fulfilling this expedition we have become lost in the human dance of emotion.

Emotions much like the wind cannot be touched but can be felt as it descends from our mind, instantaneously sweeping through the body. This third - dimensional experience has been flourishing under the veil of the

dominating emotion of fear. Its presence is made visible through the chemical and hormonal reaction in the body resulting in physical manifestations most often resulting in diseases. This manipulative emotion is also witnessed in attitudes reflective of jealousy, hatred, anger, envy, doubt, distrust and the enslavement of and to all things, people and places.

Collective consciousness on the planet creates a thought field that is very dense. The resulting density of these thought patterns/thought forms carries a level of frequency equivalent to a force or object with a *mass* consistency. As defined by Biochemist Dr. Isaac Assimov (1.) *"The weight of an object is the force with which the Earth attracts it, whereas the mass of an object is, roughly speaking, the amount of matter it contains."* Thought is energy in motion, becoming the skeletal structure of all potential realities. Human thoughts are trapped within lower frequency waves resulting in human confinement to this matrix.

Reality is the visual representation of a particular vibration of consciousness. It is the field of thought or thought field in which we become entranced. Each moment of reality is being reflected from the field of energy radiating from thought. **Ultimately we exist in our minds. Mind** can be defined as the space in which the thinking process occurs. It is the space in which thought is born within the private mind space of the individual. We exist in an individual mind space while sharing an overall collective space of mind. It is the collective space of mind that holds this holographic/virtual reality in its present existence.

All that we taste, smell, see, hear and touch is holographic. It is the solidity of thought, the finality of thought that maintains the holographic projections. It is the conclusiveness of thought that solidifies believability as the thought is then held in the space of indefinite contemplation/focus. The energetic cord of emotion emitted by the original thought determines the flow or pulsation of all preceding thoughts. In other words the attitude of emotion enveloped in each thought will always determine all future thoughts, thereby creating your reality in every moment. Each thought however, begins its own divine expansion.

There are three levels of mind: (1) the mind of the physical bodies (2) the mind of the Christ-al (crystal) body (3) Central/Primordial mind. The

mind of the physical body holds us bound to the emotional process of third density. The Christ mind is the divine offspring/messenger of Primordial mind. The Primordial or Central Mind is **ULTIMATE THOUGHT/THE SPOKEN WORD**, from which all life springs forth. We exist in the Primordial Mind as a dream, manifested probabilities of itself. Central Mind has been dreaming the dream of separateness expressed through the transcendental experience of multipliable minds. In other words we are **PRIMORDIAL MIND**. When we stand in the central mind space, there is no time, space or distance. Presently our - third density lives are being experienced with minimal awareness of central mind. In order to experience the third-density dream, we have stepped outside of the conscious awareness while experiencing the believability of the dream through the field of emotion.

Humanity is presently deeply submerged in the illusion and as we draw closer to the ending of this dream, we are caught in a struggle for balance. Changes flowing from the cosmic order of evolution can be felt as the additional strands of human DNA are reactivated. For some there is conscious awareness of this activation, many are experiencing shifts in their lives, as they find themselves being pulled towards a desire for a deeper sense of purpose. Humanity is being purified for the process of realignment.

Creating new dreams requires a re-acquaintance with Central Mind, a process that provides a reintroduction to the science of consciously creating. To simply be aware of the illusion of separation will not be sufficient. We must passionately invoke the will to move beyond the illusion of finality that plagues the mind through disguised thought forms. Should we fail to invoke this level of passion, we will continue to exist based solely on the old experiences being stored in the brain. All thoughts are then formed from the old programming. It is of great significance that we focus on our own transition and uphold the understanding that every moment is divine. In doing so, we can begin to rid ourselves of the lingering judgment of others as well as of ourselves. Judgment ignites the flame of experience each time we express disdain for the action of another, for we are then reflecting an attitude of never having danced in the splendor of such an experience. You have then set forth a desire to understand the emotion and the attitude

supporting the action. Within that moment of judgment, your words and your thoughts echo throughout the Universe as a command for your desire to understand the action being judged.

The experience that will be introduced into your life may not necessarily duplicate the actions that were previously judged but will however supply you with an equivalent emotional experience. These potential experiences may not be apparent in your present reality but may occur in parallel realities as we hold consciousness in multiple worlds and timelines. They are all energetically inter-linked, penetrating the veils of time and space.

The process of realignment involves the merging of our parallel and fragmented consciousness into ONE. It involves the dismantling of the illusions held in human consciousness, accepted as the planet's history. Humanity remains distracted and disillusioned by the history that has been sold to us of Earth's civilization, much of which has been programmed into the planets grid system and morphogenic field; entering not only the human mind but also affecting our genetics. Over a period of time, such manipulation created a species of gullible beings. A consciousness of unworthiness now overshadows the human mind as we endlessly search externally for self-worth and self-empowerment. This has resulted in the worship of multiple deities and Ascended Masters. We remain unable to grasp that we are the physical embodiment of the images, ideas and concepts of the greatness, which we seek. The body/vehicle has been designed to allow the human experience to occur via emotional stimulation through electrical impulses. These varying emotions of stimulation are identified by the body and mind as pain and pleasure. It is now essential that the human vibration is raised to a level that is compatible with the cosmic and planetary shift in progress, as the time has come to transcend the emotional experience of fragmentation.

*Reality is I projected outwards through the windows of my
mind*

2

The Programming of Humanity

Is life a dream? Where are we really? When we sleep at night our dreams seem so real, they seem as real as our waking reality. How can we confirm that this is not the dream and that what we perceive as the dream is not reality, or is existence narrowed down to an assortment of dreams? Again I ask where are we, who and what are we? Illusion after illusion, a maddening labyrinth, as we jump through time unaware of the expansiveness of our being as it far exceeds a linear existence.

We build schools to educate and to encourage the concept of class division determined by education and monetary status. Fraternities, sororities, Ivy League schools; initiates are selected based on a guideline of formulas designed to determine the best of the best. Such an assessment clearly, automatically creates mental distortions, pushing us even further away from a state of Oneness. We have descended into a deeper state of division. It is unfortunate that tragedy has most often been the force that brings unity, yet shortly after we return to an attitude of division. It is the mind that remains marinated in social codes. It is the mind that provides the dream for the reality embraced as humanities' ultimate waking existence. The seekers of truth appear to be more heavily submerged in illusion and deception. Cosmic tales are spun, as power is relinquished to those held in a perception of greatness and worthiness. We diminish our potential and worthiness by elevating particular humans who may appear to have transcended the human veil. Many of whom have left behind words of wisdom yet the meaning is most often lost or misunderstood.

As we clumsily make our way through this game, the most significant clue to cling to is the awareness that transcendence requires sovereignty of mind. To stand in certainty of our connection with the Central force of life, detached from the need for a go-between or third party, will allow us to discover unabated truth. Through realignment we will again feel worthy of accessing divine knowledge, unencumbered by the dependency on guides and gurus. *All things are you.* Until we can consciously reclaim this hidden knowledge and transform our minds, we will remain imprisoned to all things external to us.

We spend much time struggling to achieve freedom, in an external manner, but true freedom can only come from within, through freeing the mind. Running here and there to find freedom is a sign that we have not grasped the true understanding of sovereignty. Let us again be reminded that the gateway beyond this perplexing reality is embedded in the discovery of sovereignty within the mind. When we continue to find ourselves plagued by fear, jealousy, guilt, shame, doubt, attachment and all the adverse emotions that plague the mind, it is evidence that we are not free. We are ultimately held captive within our own minds. It is necessary to begin to understand the scientific operation of the human form.

Is it possible to transcend the laws of gravity? (See *Deception now lines the path of the Seeker*, Chapter 5) Yes it is, for gravity is the barrier of the illusion that is most often the catalyst of the death process. Death is the most feared yet the most collectively accepted process. It is embraced with very little resistance. We cushion and pad ourselves with seat belts, helmets and any assortment of things to avoid the dreaded visit from the grim reaper. But who are we fooling? Is not all of destiny based on a social and genetically implanted illusion, cloaking the natural order of creation? or could the natural order of creation operate through a fluid transformation at the molecular level as one form fluidly becomes another without the process of decay. In other words death as we have come to accept it; decay and the ejection of the life force is a result of a decrease in the vibration of the consciousness that occupies the form. Hence there is disease, old age and the gradual death of the form. (See *Health and the Evolving Spirit*, Chapter 10)

We are a symphony in physicality. That is meant literally and figuratively. An orchestra/band is most often composed of the cello, drums, violin, trombone, clarinet, flute, bass, tuba, piano and saxophone, horns, strings, keyboard, conductor, vocalist and other miscellaneous instruments that accent the performance. Each renders a melody according to the appropriate composition/score.

The human body is constructed in this manner as well. We are an orchestra of thought waves, atoms, molecules, chemicals, cells, blood, tissue, bones and skin; each performing within a specific harmonic pattern simultaneously, creating patterns and particles, presenting the illusion or hologram of physicality. Keep in mind that '*sound*' is the result of the vibration of air molecules. Similarly physical reality is the result of our perceptions as thought solidified. As the orchestra of the body harmonizes, the vibration of sound waves or frequency patterns interact with the energies of the invisible or the subatomic realm: the space from which all is made visible. Without this interaction we would cease to exist in our current form. Thought waves are the conductor of the symphony of the body, and the brain is the conductors' podium.

Not only is the mind symbolic of the subatomic realm, it is its cradle, for the mind is deep, vast and bottomless providing an infinite flow of probabilities. As the layers of illusion are peeled away like an onion, we can begin to connect with the place from which we descended into this current understanding of reality. In a nutshell, reality is formed from the energy of emotion configured within the mind. That burning, heavy, feeling in the pit of your stomach, resulting from fear, triggers chemical reactions affecting the entire orchestra of the body. The mind is the potter's wheel of thought. Adverse emotions position us in a space of vulnerability causing external manipulation to be infectious. Thought waves are not confined to the space within our heads, for mind in its vastness far exceeds the human imagination. We are disillusioned in our search for the location of the mind for we exist within the mind. We are influenced and affected by each others' thoughts according to our individual level of sovereignty, for thoughts levitate above the head and operate like radio waves.

Some will find that they experience extreme sensitivity such as agitation, headaches, mood swings and depression when at shopping malls, movies, social events or crowds, for extended periods of time. These individuals are interacting with the varying levels of thought waves being emitted from one another. Thought waves vary in frequency according to the emotion behind the thought. In human understanding these emotions are measured and judged as light or dark, positive or negative, good or bad.

It has been said by a few that there is no such thing as the Mind. The word *mind* strives to define the formula of an invisible space associated with human intelligence yet its enunciation and spelling is quite similar to the word *mine*; with dual meaning (1) *that or those belonging to me* (2) *an abundant source*. It is evident that the mind reflects both definitions and were this space of power not crowned with a name, it would still exist. The human language can in no way adequately define the vastness of creation. However we must continue our efforts, so that we may transcend the limitations of the physical.

The mind has the ability to hide the murkiness of potential actions. These actions surface despite our effort to suppress them. Hidden within the catacombs of our mind lies the truth of who we are as we keep the lid sealed while struggling to operate within the social codes of expectation. This ongoing struggle causes us to spend much time seeking validation. We want to be liked and accepted. This ultimately backfires and our planet now houses a large percentage of troubled humans, functioning in a world of mental distortion. This distortion ranges from suppression to extreme perversion. Most of this is played out in unhealthy or perverse sexuality and violent crimes, as the human alter ego points the finger so that our own hidden murkiness will not be discovered.

Internal rage, resentment and frustration are the result of fear. Fear is the result of lack. It is the fracturing of self that disallows wholeness of the sovereign state of being, which we so desperately seek. Humanity is in search of alignment to the One, the missing peace of the puzzle. Spirituality and mind are directly intertwined. The individual level of spiritual awareness and attainment is a direct result of the perception manufactured within the mind based on our thought process. It is indeed a vicious circle, for we build our lives based on our belief system, and our belief system is

based on our thought pattern, and our thought pattern is a result of our beliefs/perception. We have confined ourselves to a box while bouncing off the four walls repeatedly. Eventually we begin to burn out from the lack of connection and awareness of spirit. This ultimately results in the death of the human form. The power of ever expanding knowledge is profound as it generates spiritual fire in the human brain, stimulating the production of dormant chemicals within the *limbic system*. The Limbic system-also known to the Taoist as *crystal palace*- includes: the Pineal gland, Hypothalamus, Pituitary and the Thalamus. This area of the brain plays a key role in storage of memories of our life experiences and also maintains chemical balance. As we reunite with this understanding we will begin to release the programming associated with aging as the brain is introduced to a continuous resurgence of energy. Knowledge of such magnitude will take us beyond the sustenance required by a mortal existence. Time and space, as known; becomes almost obsolete as we discover the infiniteness of *mind*. Linear reality is the time pocket within which the human experience is cradled. The *mind*, the brain and the spirit are the master cylinders, they are the engine and the fuel needed to take us on a ride beyond linear consciousness.

~ SYSTEM CONSTRUCT~

Humanities' curiosity and explanation of creation is satisfied through concepts, structures and belief systems strongly influenced by religion and government. Within this reality, life is lived according to unspoken codes, designed to sustain an existence or structure of commonality among collective consciousness. We continually succumb to the regime of:

- the educational system
- the career and economic status system
- the skin color system
- the beauty system
- the homeowner system
- the what kind of car do you drive system
- the marriage and divorce system
- the climbing the corporate ladder system

- the I am your boss so I am master system
- the you are my boss so I must be in constant fear of you system
- I make more money than you so I am in a higher-class system
- I make less money than you so I am worth less system
- what religion do you belong to system

~ CYCLES OF LINEAR TIME ~

Here is a map of the orchestration of the process. Life in this realm operates on a program of cycles by which the human experience is carried out and this I call The Cycles of Linear Time

1st Cycle

IMAGINATION

From birth to 11 or 12 the **imagination** is the guiding force. A child is unlimited in his/her thinking, unencumbered by fear. **Limitation** is practically an unknown word until an “adult” introduces it.

2nd Cycle

DISCOVERY

This cycle involves much opposition to disempowerment or control being enforced by the external world. In previous times the period of discovery generally began at the age of 13 and continued through age 18 or 19, but the development of our children has changed and is continuing to change; development is now occurring at a rapid speed. The teenage years are filled with self-discovery, breaking boundaries and embarking on independence. This period is a **combination of cycles one and two**.

3rd Cycle

RESPONSIBILITY

This third cycle encompasses many expectations outlined in the social codes of expectation. One generally enters this stage at the age of 18 or 19, some sooner, depending on environment and circumstances. This cycle is

particularly complex, as many will fill their entire lifetime struggling to achieve the following chart of expectations:

- Survival
- Career
- A partner/mate
- Family- wife/husband and children
- Material possessions
- Choosing a spiritual belief
- Money
- Becoming an Adult
- Adequate life insurance
- Good Health Insurance
- Retirement Fund

These are not necessarily confronted in this sequence. Typically by the age of 40 many of these expectations have been met or one has come to an acceptance of never achieving all or some of the above experiences. It is at this phase of life (age 40) that many become disappointed with the result of their life thus far. Why? Because the social codes indicate that there is very little productive time left in the human life cycle. *You are running out of time.* The brain has been programmed to abandon the feeling of youthfulness and begins to initiate the program of “death and aging.”

4th Cycle

FULL RELINQUISHMENT OF POWER

The unspoken codes further suggest that between the ages of 55-60, you will have soaked up all that you can from the above experiences. For many there seem to be very little purpose left at this stage of the game. Why: because they have allowed the codes of social consciousness to whisper in their ear directing them every step of the way. Social consciousness then ensures your return to the game. Now you await the grim reaper, “death” according to the cycles. It’s time to/for:

- (a) Declining health and old age

(b) Contemplate your previous choices and their impact on your life

What could you have done differently? What will you do differently the next time? What **can** you do differently right **NOW**?

1. Raise your curiosity or you can start right now.
2. Contemplate life
3. Use your imagination
4. Take chances
5. Dig deep for answers
6. Discover what makes you happy
7. Choose to participate only in the experiences that will bring you joy
8. Most of all, allow others the right to their experiences without your judgment, (this will free you from much drama and unhappy experiences)

5th Cycle

TRANSCENDENCE

One's level of awareness will determine cycle five based on the awakening achieved between cycles 1 through 4. If we are able to hold on to imagination and discovery; as discussed in cycles one and two; while moving towards the path of responsibility then perhaps we will skip the relinquishment of our power. One will either transition through the gates of death for the opportunity to reenter the game, or to acquire greater understanding for a later transcendence from the human-linear consciousness. One may also transcend into the next level of super consciousness. Points 1-7 will allow a greater self-awareness, expansiveness and your infinite embrace with all life. Point 8 **"Most of all, allow others the right to their experiences without judgment (this will free you from much drama and unhappy experiences)"** Achieving and embracing this understanding will open the door of non-limitedness and allow one to enter higher states of awareness.

Remember that the concept of aging is a programmed concept that the human genetics has now memorized as a necessity. However these cycles are an illusion that has been essential in allowing mankind to experience the human dance. It's all relative, as all things are true and real according to what is understood. You can change the course of your life at anytime. Simply let go of the cycles, step forward in your curiosity, focusing only on

your path and allowing others to do the same. Live in the NOW without the echoing of the past and the impending fear of the future and do not allow these fears to determine your next moment. Living in the now in theory sounds great but it can be a difficult process as we must interact with others as well as with a flood of perplexities of the past and the future overtaking our mind. (We can however for brief moments come center by way of breath and meditative silence no matter where we physically are within those moments. We can then experience the nothingness of the NOW moment as time as we know it stands still for there is nothing being projected or instructed from the old running programs. It's an opportunity to re-experience and to stand in conscious reconnection with the non limiting space of super consciousness, the fluid space form which all unfolds from the VOID).

The list of systems goes on and on representing the unspoken codes, by which we live and judge our lives. Our daily lives are a construct of actions geared toward the fulfillment of these unspoken social expectations. Confinement to this current format has created spiritual disability as success and failure is determined by the expectations outlined in this code. These ongoing cycles leave humanity entangled in survival mode as our energy and life force become depleted. The 24-hour day is then limited in stimulating desire, patience and interest in attaining spiritual empowerment, as the waking portion of the day is centered on the codes of survival.

We have all worn the shackles of social programming and those awakening to the realization of this emotional imprisonment find much difficulty resigning from these codes of expectations. Many find themselves in monetary struggles in attempting to embark on a livelihood that is reflective of newly discovered spiritual awareness.

We have been sidetracked from the natural internal process that anchors the alignment of the spiritual and the physical. In so doing purpose is lost, the journey back is forgotten and the divine scientific realization is lost. Quantum physics, known as the new physics, has leapt into our time awakening the minds of many. These emerging theories and principles have ignited curiosity and expansive thinking in those who have built their belief system on mysticism, fantasy and empty knowledge.

Quantum physics has not created the journey or the construct of life, but it has emerged as a language by which we can begin to mentally and verbally construct an understanding; one that can be more easily expressed. It is considered to be a combination of philosophy, science and mathematics; expressing a truth that has always been and forever shall be. Many religions have spent a great deal of time and effort detouring from the acknowledgement of life as a divine cosmic science. Were this language not given a name (quantum physics), the cosmic truths, which it interprets, would still continue to unfold to the passionate seeker. This knowledge was shared and taught in the mystery schools in ancient and current times. We can, however enter into the realm of this knowledge when we become earnest, uninhibited seekers. Until we do, we will continue to live our lives in comfortable fantasies and illusions. These unspoken codes prolong our blindness and spiritual ignorance. They also prolong our struggles through the emotional journey which we all fall victim to. While it is my desire to present this information in the simplest manner, some may find this material to be less than simple. In my quest for deeper knowledge, I unveiled levels of understanding that entered my mind and my being as pure divine science. I was filled with desire for untainted knowledge. This abundance of knowledge became my foundation, my footing as I continued in my spiritual pursuit, unveiling the truth of this mysterious experience called life. It was my passion for spiritual discovery that led me to the realization of sovereignty.

It cannot be over emphasized that in order to transcend the clutches of consensus reality, sovereignty must be redeemed. We must first understand the true meaning of sovereignty as we step back and recognize the codes of enslavement by which we have existed. Sovereignty is the freedom to be without shame, to be without anger, to be without jealousy, to be in love with the divine consciousness which you are, without the interference of the alter ego. To be free is to become aware that you are the ultimate creator of your reality, the conscious dreamer.

Although it is continuously stated that we are the creator of our own reality, the power of this truth has been minimally understood, for the science of thought and perception is veiled by humanity's ignorance. How

can we be expected to understand the impact of our belief system on our lives, when we remain unexposed to the knowledge of the subatomic realm, as it dances up and down the ladder of time, forming physical reality? The power of *thought* must be understood for all things are *thought* in form; energy as a physical manifestation. *Sound* is *thought* made manifest and *thought* is *sound* made manifest. It is the result of the vibration of air molecules and is much like a melody that echoes through the air-haunting or pleasing-resulting from the notes being played on a musical instrument. Thought waves are the vehicle of perception, it is the divine science by which all exists. The patterns, cycles and the overall tone in our life are a result of the melody being strum by our thoughts. Why do we experience such difficulty when we proceed to change the manner in which we live our lives? Why is there such difficulty in stepping away from the codes? Why is it so difficult to change addictive habits?

Difficulty is experienced because new belief systems shake and shatters the very foundation on which our lives have been built. The brain is forced to release the old programming and insert the new, recreating a brand new reality based on new perceptions. Not only is the brain accepting a new programming; so is the body, for every cell within the human form vibrates to the belief system generated by perception/thought. Reality as collectively perceived solidifies images being mirrored from the perception of the collective. Perception is based solely on that which is an acceptable potential or probability within the human mind. The inability to be expansive in thought creates a limited reality. Physical reality is then confined to the approval and confirmation validated by that which can be seen with our physical eyes.

The weakened mind of humanity clings to religion and ignorance is shielded by the fear of venturing beyond what has been taught. Science is frequently dismissed by most due to fear of the unknown, for illusions are torn apart as knowledge unfolds. Although many will say, "but we are not scientists" to that I say: We are all cosmic scientists, in the laboratory of creation, as we undergo the alchemical process of rediscovery. We are being transformed from mercury to gold; gold being the Philosopher's Stone as in alchemy equal to the Christ, the Crystal. Those who seek earnestly will

receive knowledge far beyond the imagination. Divine science will be revealed in a simplified manner, in honor of our birthright. Here we will discover that we are that which we have been seeking.

Through unknowingness sustained by indolence, we have confined ourselves to a mode of spiritual and physical enslavement. We have given our sovereignty away to religion, gurus and fantasies as we are submerged in spiritual amnesia. Such an observation is not an expression of judgment, for even in our enslavement it is evident that we have exercised our power by giving it away of our own free will. We are here to experience being human and ultimately to achieve realignment as we transcend this limiting timeline.

Physical reality is a construct of patterns formed from the harmonic dance or movement of both wave and particle, as quantum wave patterns solidify into particles, forming our visible reality. The word quantum defines packets of energy. The infinite action of *energy* is the sustaining force of all life, appearing as both wave and particle; emerging from the subatomic realm forming physical reality. Energy is then molded into infinite probabilities such as this third-dimensional reality formed from the interchangeable qualities of varying frequency patterns.

*Physical reality is a construct of patterns formed from the
harmonic dance or movement of both wave and particle*

3

The Harmonics of Time

Life is an ongoing synchronicity of musical notes being strum against itself, like waves seductively rolling across the shores, caressing everything in its path with varying degrees of intensity. Its seduction gives birth to melodic patterns visible to the human eye as the cosmos, the planets, suns, stars, nature, the animal kingdom/humanity and all that lies beyond our present perception. The dimensional dance involves a shift in octaves. As we discover the dance, the mystery of life will begin to unveil as the music is heard while we ride these ongoing melodic waves becoming the orchestra and the audience.

The hormones and chemicals coursing through your brain are streams of melodic patterns seeking harmonic balance. Harmonic balance requires synchronicity with the cosmic orchestra; such synchronicity can only be achieved by returning to the origin of the ongoing song of life, which lies in the subatomic realm. Here we are free to discover and to relive the fire that ignited the particle wave dance. From this timeless space life was born. Relax and enjoy for we are in the midst of the eternal ball. The illusion of sleep is reflective of the lullaby being played. As the music appears to wane in its intensity, a crescendo awaits on the horizon and those that sleep are awakened and transported back to this planetary dance.

These varying levels of harmonics are reflected in the color, light and sound spectrum. As we strum those finely tuned strings on the violin, guitar, base and cello, the vibrations ripple throughout the orchestra of time, opening windows and doorways to worlds awaiting our entrance. This is an invitation to the feast of seduction. Though unaware, we are participating in

the hypnotic splendor of the divine love-making of Energy as it magically transforms itself into both wave and particle. As it provides the illusion of fluctuation from form to formlessness, we are carried with it as it inhales and exhales. It becomes the womb from which it births itself time and time again. Yet, its everywhere and nowhere, for time as it is known is an illusion.

The sun, stars and the entire cosmic family are the result of the rippling effect of the harmonic echoes descending and falling through time from the subatomic realm. An atom is the result of the compression of the harmonic tones of the subatomic realm identified and measured in third density through music, colors, light and mathematical formulas, producing vibratory frequency readings. Such methods measure the numbers of cycles per second relative to the vibration expressed when the string on a violin is strummed. The atom begins the confirmation of the descent from the subatomic into matter. As these subatomic particles begin to slow in their spin, they also decrease in vibration forming visible reality; a third-dimensional pocket, one of many time potentials in the void.

The current energy pattern of this reality vibrates in slow motion as the vibration of the consciousness being held by humanity determines the vibration of visible reality. Within the cellular structure of all life is encoded the melodic pattern or formula which represents the ascension and dissension, the magical formula of form and formlessness. As I sit across from the ocean, I am entranced by the shimmering effect of the sun as it dances upon the water while the waves rhythmically sway back and forth. Here I am reminded of the melody of which I speak. As people walk by, a profound love overwhelms me, for at that moment I see the manifestation of the invisible. In them I see the divine plan. Their various shapes, sizes, color and attitudes become insignificant to me and all that I can see is the harmonic dance of life. And I love it!

We exist in a spherical system; a matrix, a complex configuration of programs, one embedded in another

Reality and the Brain

(Understanding the Pyramid of Descent)

The human brain operates on holographic images as part of its communication process in sustaining the body during the day and night cycle. The role of the brain and its method of function will be mentioned numerous times throughout this book. It plays a significant function in the orchestration and the unfolding of our lives. The role of the cones and rods in the eyes are to reflect external light through the lens of the eye, to the optic nerves in the back of the head. These are holographic light images that are being projected back through the lens of the eyes providing us with images that form our visual world. When we think of a hologram we are immediately reminded of an image constructed of hollow light beams.

To accept that all things are holographic is difficult when we consider our visual definition of a hologram. We define a hologram as a light image which can be intercepted or penetrated without fracturing or dismantling the hologram. This concept then becomes our measurement of comparison in viewing what appears to be a solid object. In making this comparison the general conscientious would be that it is impossible to penetrate any solid object in the manner you would a hologram without shattering the form. We are clearly vibrating at the same frequency as the solid reality around us; it then becomes impossible to intercept solid objects by a mere touch. To touch the reality within which you exist is much like touching your own vessel. The components of physical reality are fluid supported by the illusion of non fluctuation. Currently the low vibration of focus by collective consciousness holds physical reality in a limiting capacity of thought. Here we are reminded that all things vibrate at a specific rate of speed (cycles per second)

forming frequency patterns. Without this understanding the human mind wallows in limitations and difficulty in accepting existing potentials in shifting perception. However truth is forever expanding as the limitations that have been placed on cosmic potentials are transcended. Truth is based on the knowledge held within each moment; therefore all things are true according to present understanding.

The imagination can be seen as a significant part of the creative process for thought always produces a hologram of the idea being contemplated. That idea is gradually compressed into light, atoms and molecules. . Although the end result is dense matter, the creator of the initial thought holds the original hologram in focus until the idea or thought is rescinded or altered. If there is no life force supporting the perception, it will cease to exist. We as human beings are also a projected image, a hologram.

In order to understand the concept of a holographic reality, we must first define the word *real*. Although discussed many times in these writings, it is important to understand that what we perceive as *real* is based on the realm or level on which the experience is being viewed. The word *real* and *realm* being offshoots of each other; defines states of consciousness, based on the observer. Our holographic world which we call reality is a musical harmonic composition of electromagnetic beams. These beams are cosmically interwoven, like overlapping chords that produce the musical score of each cycle. Each beam is a choreography of messages, transmitted to the planets electrical circuit as well as the circuitry of the human body.

The science of the technology being used to create our world of computers and film is comparable to the formula used to materialize this holographic/virtual reality. Tiny dots come together to create the illusion of an image. These tiny dots are made up of what is known as subatomic particles. The book The Dancing Wu Li Masters by Gary Zukav:

2. Quantum mechanics views subatomic particles as tendencies to exist or "tendencies to happen". How strong these tendencies are is expressed in terms of probabilities. A subatomic particle is a "quantum", which means a quantity of something. What that something is, however, is a matter of speculation. Many physicists feel that it is not meaningful even to pose the question. It may be that the search for the ultimate "stuff" of the universe

changes unceasingly into each other. Particle physicists are so familiar with the phenomena of mass becoming energy and energy becoming mass that they routinely measure mass particles in energy units.

These subatomic particles are intelligent and electrical, for all of creation is a construct of both an electrical and a magnetic force. The electrical flow in our reality is measured in Hertz waves. The Webster's dictionary definition of Hertz; *radio waves or other electromagnetic radiation resulting from the oscillations of electricity in a conductor, it is the international unit of frequency equal to one cycle per second.* A **Frequency** is the *number of periodic oscillations, vibrations or waves per unit of time.* The internal structure of this reality is a network of emotional grids. It is a social emotional weaving of thoughts. Every thought counts. Every thought is an expression of a human emotion. Emotions set the stage for judgment as every thought or perception is affected by judgment. This initiates a spiral of cycles as we invest in thoughts and emotions that infect each moment. As sleeping creators we mumble commands and are lawgivers in every moment. This is currently the foundation on which our reality is seated. We operate on such a powerless basis that the laws being executed by all surrounding creators affect us.

We are sovereign agents on this cosmic mission and as we awaken from the slumber it is imperative that we dissolve the past or at very least shift away from the pattern of rewind. If we do not our ability to move beyond this emotional realm will be virtually impossible. We are recycling the memories of the past and creating our lives from the old models. We live our lives from the emotional body and not from the I AM of our being.

It is our *will* that determines destiny; the **WILL** of the I AM. In order to transcend our dilemmas it is important that we begin to determine the distinction between the **will** of the emotional body/personality from the **will** of the **I AM** that is being enforced. Most decisions are based on the will of the emotional body/personality and become embedded conclusions that float throughout the realm of the subconscious. Are we aware of the contents of the subconscious mind? No. To dissolve the past is to clear and reconstruct the subconscious mind with new ideas and concepts for growth.

The Pineal gland is located within an area of the brain known to the Taoists as Crystal Place. This area consists of the Pituitary gland, the hypothalamus, thalamus and the pineal gland. When these glands are in full function the necessary chemicals are produced to propel humanity into alternate worlds that lie beyond this-third dimensional reality/matrix. The day and night cycle is of extreme significance in balancing the biochemical and spiritual movement, both in and out of physical reality.

The sleep cycle is essential in the repair process of the human body at the end of the day light cycle. During the daytime (light) cycle, within the brain, the pineal gland produces a chemical/hormone called serotonin. The production of serotonin is stimulated or triggered by the reflection of light through the lens of the eyes. Serotonin requires the Beta frequency range within the brain. As external light decreases, the production of Serotonin stops and melatonin is the chemical/hormone that is produced. Once the production of melatonin starts the brain begins slowing down, and we become very relaxed and gradually sleepy. We are now in the Alpha state, gradually merging into the Delta frequency. The Delta state is the sleep state or unconscious state. The transition between the Alpha and the Delta state, where you are half-awake and half asleep, allows us to introduce new programs to the brain and the mind, of desired change or future experience.

It is during the first phase of the sleep cycle that the body is being prepared for repair. During this period we are most often bombarded by what seems to be an assortment of senseless dreams, a bizarre recipe of images and storylines. These dreams are encoded images to be translated by the brain for the sole purpose of specific repair of organs, tissue and mind. This is based on all emotional and physical traumas suffered throughout the day. It is a time of energy restoration. Melatonin is very essential to the harmonic balance within the body. It helps to regulate the circadian rhythms, the body's biological clock which regulates the sleep- wake cycles. It boosts the immune system. It is an anti-oxidant. It also aids in preventing the deterioration of the lymphatic system. After midnight melatonin is converted into Pinoline. We then enter a space of amnesia. By 3:00am we generally begin experiencing what is known as prophetic or lucid dreaming. As

described by the Universal Tao Center, Thailand, in the booklet Dark Room Enlightenment

3. The darkness actualizes successively higher states of divine consciousness, correlating with the synthesis and accumulation of psychedelic chemicals in the brain. Melatonin, a regulatory hormone, quiets the body and mind in preparation for the finer and subtler realities of higher consciousness. Pinoline; affecting the neuro-transmitters of the brain permits visions and dream states to emerge in our conscious awareness. Eventually the brain synthesizes the “spirit molecules” 5-Meo-DMT, facilitating the transcendental experiences of universal love and compassion.

Belief systems based on the emotional output of fear shut down the production of these major chemicals that were once produced in the womb and in infancy through the ages of 7 and 12. These chemical/hormones are known as 5-MeO-DMT and DMT. These are amino acids. Calcification occurs within the Pineal gland after the age of 12 or the onset of puberty which sets the body in a declining motion preparing it for death. The body is then placed on a timer. This is evidenced by the age progression that commences the moment that we are born as we peek in youth for a short duration. Humans within this matrix can be compared to a fully charged battery at birth, gradually losing charge over a period of time.

Once a perception of reality is solidified in our minds, it becomes the only probability overshadowing the vastness of creation. The effect of the solidification of perceptions is comparable to the calcification that occurs in the pineal gland. We calcify our imagination through limitation. Returning to an expansive imagination and thought process will realign us with the unlimited potentials of creation whereby unveiling the illusion. The process of reversal occurs in the same manner in which calcification of the pineal gland is reversed once the necessary chemicals-hormones are produced within the brain. This change occurs due to a shift in our belief systems, thoughts and emotions which create an expansion of brain wave activity. As we transcend to a more expansive mind, the potential exists for taking the body to simultaneous timelines through a shift in consciousness.

The human brain functions within a distinct range of electromagnetic wave patterns: Delta 0.02-3 hertz, Theta 3-7 hertz, Alpha 7-13.5, Beta 13.5-27 hertz. It is scientific knowledge that Alpha waves of the earth are quite similar in frequency. The earth's natural frequency is 7.82 Hz. We are all tuned into the electromagnetic frequency around the planet and outside of the planet. We are transmitters and receivers, each being affected in varying degrees. As stated by Bruce Cathie, The Harmonic Conquest of Space:

4. There is an enormous magnetic field around the Sun, and it is the present conclusion of the best minds that magnetic lines of force from the Sun envelop the earth and extend to the moon and that EVERYTHING NO MATTER WHAT ITS FORM ON THIS PLANET EXISTS BY REASON OF MAGNETIC LINES OF FORCE.

The pyramids are designed to subliminally resurrect and sustain a level of memory within our minds; a memory far greater than humanity's simple perception of his reality. As previously noted these pyramid structures impart a more subliminal effect. They represent the physical decent of mankind into matter, descending seven levels from point zero (the apex) to this seventh level. . The great pyramid sits over an intense vortex also known as the third eye of the planet, the pineal gland. As the vortex is cosmically energized, the energy is being dispersed throughout the planet, feeding or recharging various other centers. The pyramid of Giza is in direct alignment with the doorway to the other side of the matrix.

Human beings and planetary bodies are of the same design. The activation of specific centers in the brain opens gateways which will take us beyond all current perceptions of time and space. We currently interact with earth's gravitational field according to the vibration of our consciousness. The electromagnetic pulses continue to maintain a low molecular spin within the human body. This low spin is reflective of the charge being released based on our perception. The vibration of thoughts low in frequency will fail to eat or consume the gravitons. Gravitons are particles; elementary particles which broadcast or transmit the momentum of gravity. This causes the human body to succumb to the surrounding field of gravity as we are held within its clutches due to the low vibration of our bodies.

The non existence of gravity in a given space allows the possibility of levitation to occur due to the zero point spin. Such potentials remain mythical knowledge yet a knowledge that has also been part of many ancient spiritual practices, utilizing mind and thought wave. Levitation can also be scientifically validated through an understanding of the planetary grids, its vortexes, and anti-gravity regions. This science is understood by gamekeepers who continuously dart in and out of time as collectively understood. Until we are able to move into this space of understanding we will find ourselves repeatedly stuck in the time/game. Essentially reality is a mathematical configuration utilizing formulas of frequency patterns. These patterns hold a quantitative value; packets of energy which outline diverse levels of frequencies or vibration forming the world of both matter and the subatomic realm.

Thought weaves patterns of energy falling through time. It falls through time forming subatomic particles, such as protons, neutrons, electrons and quarks. It slows in its spin and its intensity, eventually merging with this time line, this visible world of matter: A holographic/virtual play-ground. Reality is based on the illusion of increments of time. The Crystal palace can also be viewed as the Christ-al-palace, the kingdom of the Christ. (Christ, as in a higher vibration of consciousness).

The present construct of reality is being cradled within the seven planes of distortion. Quantum physics supports the understanding that what we are observing is being influenced by the perception of the observer. The planes of distorted emotions of fear, doubt, anger, jealousy, shame, pain and hate are resonating to a low vibration, all interwoven in the collective EM field of mass consciousness. Perception is the vehicle of emotion and emotion is the vehicle of perception. They are as inextricably combined as consciousness and energy, or wave and particle. All that is being perceived requires the breath of life, of emotion in order to exist. It requires the breath of believability generated by the electromagnetic juice channeled through emotion. In constructing a path for the third dimensional experience the descent started at point zero and as we fell through time a thickening of density occurred, gradually forming the environment of the third dimension. On the way downward, the seven levels were formed as an expansion in

potential occurred. Descending mankind (as in the androgynous state) established a descending body relevant to each of the seven levels which will be discussed in further chapters. We are the result of the descent to the seventh level, perched on the bottom rung of these seven levels which form the pyramid of time/potential playing fields. The result of thought falling through time as it solidifies through its descent resulting in the physical world of matter, yet still a holographic projection of a deeper mind. It is all holographic; an illusion of solidity, imprisoning our minds and body from accessing memory of immortality by consciously moving up and down the scale of time, dancing between form and formlessness.

It is scientifically imperative that we live in the moment unattached to the bombardment of the emotional field that binds us to a life that is set on rewind. The Matrix in which we live is sustained in its current capacity by the repeated recreation of the past through humanity's addiction to emotion. Main-stream science is aware of the hormone and chemical fluctuation induced by the brain according to emotions. Fear induced emotions such as depression causes the body to develop addictions to the chemicals being produced. In the book the Amazing Brain by Robert Ornstein and Richard F. Thompson states that in 1973 scientists discovered what is now known as the brain's **Opiate Receptors**:

5. The opiate receptor and other brain receptors are proteins located on the surfaces of nerve cells, or neurons. The brain works through neurons communicating with each other by releasing signaling chemicals called neurotransmitters. Humans have used opiate drugs such as morphine and heroin for thousands of years to lessen pain and produce euphoria. They have benefits but they also produce sobering side effects like addictions."

It has also been observed that when any one of these chemical messenger are out of balance the brain suffers severe effects such as schizophrenia. Based on the information that is being presented in Robert Ornstein and Richard F. Thompson's book in reference to the brain, it is evident that schizophrenia could possibly be an escape to parallel realities. The concept of parallel realities should be openly viewed; since there is

enough scientific awareness to consider the possibility of parallel realities existing in unseen pockets of time.

The human mind is caught in a repertory time loop, powered by our need for on going recall of past experiences. When we live in the past we literally become trapped in the past, as we fill our minds with regrets of the experiences and the choices that were made.

The configuration of human life is played out based on themes. This on-going production/performance is in resonance with astrological and cosmic cycles known as precessions. Earth has been functioning within 104,000-year cycles. These 104,000-year cycles are divided into four parts of 26,000 years each, which are further divided into approximately 5,125-year cycles. We are currently at the end of the fourth 26,000-year cycle. Not only are we ending a 26,000-year cycle but we are also ending a great cycle of 104,000 years. What are the cosmic principles which define these cycles? It is understood that the earth tilts on its axis. This tilt however causes the sun to put forth a gravitational force on the earth in an attempt to bring it to a fully aligned position, straight up and down. However this attempt by the sun results in a wobbling of the planet also known as the *precession*. The law of physics governing the Earth's motion compels it to continue making its full cycle all the way around. The calculation of time in which this cycle is completed has been 26,000 years. This time frame is regulated by the speed by which the planet is moving as its momentum is governed by the relationship of motion between the polar axis (north and south poles) and the equilateral axis (center). The measurement of this cycle is based on the cycle of the equinox referred to as the *precession of the equinoxes*. For 12,500 years or so it wobbles one way completing half of the zodiac and repeating the same process for the other half of the zodiac in the other direction.

These figures are more of an approximation as the earth's orbit around the sun greatly affects distance and speed. The orbit is elliptical (oval) and changes from time to time becoming more circular. Scientists of the Earth Institute of Columbia University and Harvard University have confirmed a consistent pattern every 100, 000 years or so of drastic climatic changes as a result of the variation of shifts in degrees of the earth's tilt combined with the wobble. The shift in degrees is said to occur over a period of 40,000 years.

The shift in degrees alters the earth elliptical orbit around the sun. Through geochemistry and soil science scientists have been able to determine that such increased climatic shifts date back 1-3 million years.

It is evident that this entire breadth of cosmologic changes regulates periods of transitions for the evolution of life on the planet. As individuals we can exceed the transitional schedules and become more expansive. These schedules are, however, set in place to ensure growth one way or another. Should you choose to wait and be governed by the stars then you may do so, or you may choose the other.

These cycles trigger various themes structured to guide this reality through its cyclic evolution. Although these changes are time period related I refer to them as themes. What is a theme? *"An initial or primary melody or concept"* (Wikipedia Dictionary, 2006). The current cosmic theme for this reality is ENLIGHTENMENT. A few of the themes have ranged from the Neolithic period or "New Stone Age" 10,000 BC to 25,000 BC., the 31st dynasties of ancient Egypt, the Roman Empire, the Renaissance, the Copernicus Revolution, the Cold War, The independence movement and local conflicts, space exploration, the peace and love movement of the 60s', child and spousal abuse out of the closet, the weight loss frenzy and the list goes on. The ultimate theme that has remained in the backdrop has been the struggle for power and control. The emotional tug-of war is reflected in the social anemia of self-love. Humanity's actions indicate the yearning for love and rediscovery of self. This has caused us to place the responsibility of our happiness on others. We emotionally short circuit when those expectations are not met.

The script for this grand light show is being rewritten. We have been living in the land of OZ.

Deception Now lines the Path of the Seekers

Deception now permeates the air within the community of those referred to as light- workers or seekers. As we forge ahead with the dream of ascending, the traps of distraction and deception line the path of the seeker. We infect one another with such deceptions and distractions as we eagerly seek to exit the current perception of reality. However, everyone is indeed basking in an understanding that is in resonance with the evolution of each soul. The map of ascension is being sold from one corner of this reality to the other, much like a 12-step program or real estate for sale in paradise.

We mean no harm. Most of us are overflowing with certainty of having found a direct path to the other side of this illusion. The path of transcendence is a diverse map being shared by humanity. Every now and then I view copies of various publications promoting spiritual awareness and when I do it is always fascinating to view the number of ads, making promises to cleanse; cure and guide any and everyone to enlightenment. This process cannot be classified as right or wrong as each one provides an avenue for those in need of the truth or the understanding which is being offered or promoted.

Those who provide such truths are generally involved in an interchange of knowledge and experience with the seeker/master who is also appearing as the student, for we are both teacher and student. The alter ego, however, in its cunning and subtle approach, cloaks many in a deceptive belief of maintaining a state of humility. We can easily become lost in praise and adoration, for the alter ego is continuously in search of instant gratification much like a performer before an audience. The applause is gratifying; creating an electrical charge. It is however a temporary fix which can only be

replenished by the next performance. Such a performer is a symbol of a fractured soul. They become entertaining gurus. This is the manner in which most gurus operate from the center stage of this grand light show of illusion; each becoming a conduit for the other (meaning the audience and the performer) who are one in the same.

The deception is vast as it encompasses many avenues. When we become spiritual gurus the potential for spiritual deception is equally as great as the deception that is being impacted on the student/audience. Why, because we are engrossed in a transference of energy. In order for the ego to remain inflated it requires an energetic drain from the alleged student/audience. It is very much a vampire-like process, as the transference of energy is routed via an electromagnetic cord connecting both individuals at the core, right below the navel. There are times when the alleged student experiences a sexual attraction towards the alleged teacher. This emotional experience can be interpreted in a manner that validates the on going dis-empowerment. Much of our power is being harnessed through our sexual essence which causes a depletion of energy. Such energy drains are the catalysts to health issues. We have relinquished our sovereignty to things, places, situations and people; all things external to us. Most of these attachments and agreements have been on going from one timeline to another.

As these distractions play out, the opportunity to seed or plant additional distractions and deceptions are endless as many are busy worshipping gurus, seeking gurus to worship and gurus are busy being worshipped. Being transmitters and receivers, we are cosmically connected to central mind and to the planet's electromagnetic field and the morphogenic field which has been programmed to sustain lower frequency transmissions, emanating a field of enslavement. With the advancement of technology, the human mind can easily be influenced and programmed. Many are taking advantage of the spiritual desperation, fear and confusion being experienced at this time.

We exist in a spherical system. A matrix, a complex configuration of programs, one embedded in another. When we look towards the sky we see the cosmos. Around us exists all sensory and visual stimulation to maintain the programs, most of which are now automatically part of our genetics. This

means that many of us no longer require an on- going download. In other words, the programs are now part of the human genetics. The progression of humanity has always been recognized as an inevitable occurrence and so the system was designed to accommodate the impending awakening. As humanity stirs from its sleep, various tales and memory of our history have been implanted to redirect the alleged spiritual leaders, assuring that they will in turn redirect the followers. Much of the spiritual /new age community has become attached to channeling and various other spiritual practices. It is through these various avenues that these distortions are being routed. Why? It is because much of collective consciousness has come to trust and depend on these resources as part of their guidance out of the dream. This creates a fracturing of one's reality, as it is a representation of separatism or non-alignment. It is however appropriate for those who have chosen to wear blinders at particular points on this journey, as part of the evolution of the soul.

The system is a configuration of tales, movies, and scripts, played out as history. Much of these past-life memories are implanted experiences. However we share the collective experience. We can intercept the emotion of any experience if we so choose, for every moment of our existence is being recorded. We transmit to the central station through our emotions and we receive transmissions much like inhaling and exhaling. In truth and in fact inhaling and exhaling is a transmitting process. In order to bypass the configuration of the system we must reclaim sovereignty. As long as we remain enslaved to external reality we will remain enslaved to the system.

The matrix requires the relinquishment of will and the energy derived from emotional attachments. It operates on a consciousness of enslavement. Enslavement encompasses fear, disallowing one to venture beyond uncertainty for fear of the unknown. What happens then? We are going around in circles, returning to this reality again and again, caught in the same old belief system. The system is designed with programs to comply with every potential emotion, thereby allowing every-one to feel comfortable according to their perception. If your perception remains limited to visual and sensory stimulation, you will be right back where you started. As long as

we remain limited to channeled information, gurus, guides, religion, karma and so on, we will continue to experience the illusion of reincarnation.

This system, which I refer to, is the overlay reality supported by the theory of the Platonic solids or sacred geometry. Many of us move through our daily lives with a sense of control, yet we are being heavily influenced in ways that determine the choices that we make. How is this possible? Social consciousness is dispersed through the morphogenic field, the grid system of the planet. Lines of force, which form the skeletal structure for the Universe also form physical reality. Five geometric solids represent these energetic lines of force: icosahedrons, tetrahedron, cube, octahedron and dodecahedron. These designs are referred to as the Platonic solids named after the Greek philosopher Plato who is recognized as having commenced the “theory of everything”, where symmetrical arrangements of points in space meet at a vortex where these five platonic solids are formed.

It has been noted that it was the mathematician Theaetetus who wrote the first detailed accounts of these geometric solids formed by the interfacing of these triangles or polyhedrons. He has also been accredited with the discovery of the two final solids, the octahedron and the icosahedrons. The Platonic solids became part of the spiritual experience or practice of the ancient Greeks as these Platonic solids were held in focus during meditation. All aspects of the mental, physical and spiritual configurations are tied into the grid system. All thoughts cycle through these grids. All memory is stored in these grids. It is the channel through which commonality of belief system or social consciousness is processed. We are dealing with technology beyond third density.

You are a configuration of sound waves, unfolding from the core of the VOID. We have never left the VOID, yet we have, for everything about our existence, exists only in the imagination of Central Mind, which continuously ponders the unlimited probabilities of all that it could potentially be.

~ THE MERKABA ~

The body is surrounded by an energy field. There is a life force (energy) that exists throughout the Universe and in all things known as Pranic energy or Chi. This all encompassing energy flows in through the opening in the top

of the head and channels its way through the Chakras and meridian points in the body. The process of this flowing chi/prana forms a tetrahedron pattern or field within and around the body. Along with the auric field and a number of other electromagnetic fields a total of three tetrahedrons are formed. These define the MerKaBa.

The MerKaBa according to Hebrew definition is associated with a chariot or throne of God and according to esoteric teachings it is an interdimensional vehicle. The Egyptians referred to the *ka* on a consistent basis yet very little definition was left behind. It is believed that it refers to the spirit or life force. In Egypt the *ba* has been viewed as the immortal collective aspects of a human having the ability to travel and re-present itself beyond the body while maintaining its immortal essence. *Mer* is defined as light.

According to Egyptian definition and other cultures it is evident that the MerKaBa in its tetrahedron form; a descending and ascending pyramid, symbolizes humanity's descent and ascent. It also presents the integration of the lower and higher vibrating realms. The activation of the MerKaba is simply the activation of specific points within the human vehicle in preparing for the process of interdimensional travel. The breath is incorporated through various techniques to channel the flow of chi within specific centers in the brain activating the release of specific hormones (a chemical release) which increases the vibration within the cells and the brain. Pathways are opened as shifts in frequency creates a shift in bandwidths. Consciousness is now shifted to other realms vibrating at a more increased spin/frequency. This process could then describe the movement of the *ba* (spirit) through the chariot/vehicle (body) *ka* moving as (light) *mer* through many realms.

Much of the teachings on sacred geometry and the MerKaBa provide a level of information that sustains the cycle of deception and continue to hold the overlay reality in place. Such information presents the illusion that a great many are ascending into the next level of consciousness or vibration. Our world can be seen or conceptualized as a wheel within a wheel, worlds within worlds. To simply memorize the techniques to activate the MerKaBa will only prolong the concealment of essential facts about your journey. It is

a sure way to remain on the wheel of reincarnation. *The object of ascension is to master this virtual illusion whereby ascending into a more fluid state of consciousness* It is about alignment

In previous chapters you have read that the science of earth based reality and the human body is undoubtedly tied into the gravitational and electromagnetic field around us. It is evident that the science of gravity is dependent on the vibration of consciousness occupying particular points in time. It is also evident that gravity as experienced and understood is relative according to the present state of human consciousness. Gravity is a measurable phenomenon according to the frequency or vibration of the consciousness of each reality or local. Physical vessels and genetic design are also wired according to the consciousness of the life form. This reality operates within the hertz field. In other words, everything here is measured in hertz (*units of frequency measurable in units of one cycle per second.*) It then stands to reason that we are experiencing gravity according to the vibration of human consciousness alterable by shifts in consciousness, vibration, and awareness. Physicality is then committed or limited to being a non-fluctuating substance. The molecules then appear to be non-synthesizing.

Scientists will remain puzzled and baffled until they are able to expand their own consciousness beyond that which they visualize as physical reality. They are only allowing themselves to see the illusion. In Wholeness and the Implicate Order Dr. David Bohm states:

If [man] thinks of the totality as constituted of independent fragments, then that is how his mind will tend to operate, but if he can include everything coherently and harmoniously in an overall whole that is undivided, unbroken, and without a border then his mind will tend to move in a similar way, and from this will flow an orderly action within the whole. 7

Reality is an illusion materializing according to the degree by which we are able to expand our imagination. When we discover the source of creation within, the fluidity of the Platonic solids will be revealed. We are then realigned with both implicate and explicate order of creation. We have been solidifying form/matter yet forgetting the fluidity by which energy exists; becoming both wave and particle. The word “time” can be offered as a prime

example of the obvious essential fluctuation. “Time” when hyphenated spells ti-me, a clearly definition of solidification or restriction in our lives and when reversed it spells the word “emit”, to emit is to release, to flow. It’s a movement from particle (form) to fluidity (wave). Time is energy operation in a clocked capacity under the illusion of solidification and finality yet beyond the illusion it is fluid interchanging as both wave and particle.

Gravity therefore plays an immense role in this cosmic transition or ascension. It can be appreciated as humanity’s reference point or instrument of measurement as we shift. The ability to manifest or to create is blocked by the human mind’s inability to instantaneously bypass the earth’s gravitational field. The human mind operates on the embedded program of finality held in place by the Platonic solids; the geometric structures which form the illusion of physical reality. In the process of creating or manifesting thought must consciously transcend the barriers of physicality, as physicality subliminally represents limitation and finality. Focusing on the geometric forms, as most sacred geometry practices encourage, creates the illusion of successfully transcending the consciousness of mass. We must release or shed the deceptive program that was implanted within our genetics intended to hold physical reality as a constant. The commonality of collective consciousness was essential in holding together the experiment of this third density experience.

Human bones are made of calcium carbonate, the same substance as limestone. The Great Pyramid, originally encased in limestone, is said to mimic the Earth’s grid. The molecules of limestone when viewed under a microscope mirror the shape of the Great Pyramid and the Great Pyramid mirror the shape of the earth’s grid. It has been acknowledged that the builders of the Great Pyramid must have had knowledge of the exact shape of the Earth’s grid system. The Great pyramid of Gizah is centrally located and positioned on a key point on the earth’s grid. This creates an astrological and cosmologic alignment further connecting the earth’s cyclic precession. In order for this sort of precise alignment to take place the builders of the Great Pyramid constructed the pyramid using the Phi/golden ratio formula $[(\phi) \Phi = \frac{1}{2} (1+\sqrt{5})= 1.618033988749894848204586834365638117720]$ also found in the human body

and throughout nature. The Earth's dimensions would then play a significant role in the cyclic course for earth's development. The human skin under a microscope shows the same grid structure, lay lines; lines of magnetic force. Ed Leedskalinin the builder of Coral Castle in Florida had ventured unto deep discoveries in regards to magnetic force. We now know that it is the crossing of these magnetic lines of force and their interception at certain points which brings about the zero point spin. Here levitation becomes possible and manifestation. It is a point of non gravity at least gravity as it is recognized or understood.

As this understanding unfolds it becomes clear that the codes of physicality bearing the illusion of linear time are engraved in the very structure of the human vessel. This in turn creates great challenges in our attempt to move beyond linear consciousness. Reality is a construct of these solids, which are simply the angles or tracks by which the unfolding energy travels, creating the linear illusion. Physical reality exists only through awareness or perception of an observation of motion, which can only be experienced through emotional participation. Non local observation cannot accurately record the experiences of linear reality.

According to Ed Fomalont, of the National Radio Astronomy Observatory (NRAO) in Charlottesville, Virginia, and Sergei Kopeikin, of the University of Missouri, in Columbia, gravity is said to travel at the speed of light. This is the foundation on which Albert Einstein built his "theory of relativity". I was pleased to find supporting evidence on my layman conclusion on the changeability of gravity; Per BBC News world Edition

8. Modern researchers say that knowing the speed of gravity is important in the study of branches of cosmology where the Universe has more **spatial dimensions than the usual three**. Some of those theories suggest that **gravity could take a short cut through higher dimensions and so appear to travel faster than the speed of light**.

We have been faced with much illusion and manipulation. The spiritual belief system of the so termed "light worker" has been the target of much manipulation due to spiritual vulnerability. This is much like the days of old when our cosmic brothers passed themselves off as the Gods of mankind.

This action continues as we worship Ascended Masters through much channeled information. We fear owning our power, our ability to master and to align with the realm of the invisible. Much of the distraction comes in the form of scientific explanations that are presented in such complexity, creating the illusion of powerful knowledge that cannot be easily grasped. This unfolds as psychological manipulation establishing the subliminal message of *"Well if it's that complicated it must be true."* The seeker then struggles to understand from an external space, relinquishing power to his/her teacher. Many eventually give up and continue their search for a less complicated approach while some succumb to basking in the "greatness" of the teacher. For in the mind of such a student, he or she remains with the hope of securing a place on the ride to the next dimension. These are a few of the deceptions by which this reality operates. There are those who await the transcendence of humanity and there are those who are not in support of our transcendence. We are continuously encouraged to seek knowledge through a third party yet all knowledge is directly accessible to the earnest seeker, for **ALL is The All that Is.**

Because of humanity's current energetic attachment to all things, people, places, attitudes and situations; the link of energy is routed through human emotion, creating a cord of attachment in a similar manner or process as the teacher and the student and the performer and the audience. We are attached to external reality by an umbilical cord from our core located below the navel linking to the object, person, situation or attitude. We can easily recognize this science by recollecting on the pain that is most often experienced when these attachments are released from our lives. We generally feel it in our belly and in our heart, as the heart is the generator for the body, rhythmically thumping our beliefs throughout the body. All emotions are instantaneously downloaded to every cell via the spinal fluid which is produced within the ventricles of the brain. This spinal fluid surrounds the brain stem which controls the beating of the heart as well as all other essential functions such as, temperature, blood pressure, digestion, sweating, sleeping, swallowing, hormonal balance and the movement of both the left and the right side of the body. All attitudes and thoughts are

then carried into the blood stream, delivering all information via the oxygen being supplied to the cells within the physical form.

*The object of ascension is to master this virtual illusion
whereby ascending into a more fluid state of consciousness*

Time Travel

What is time travel? Are we aware of the magnitude by which time travel is endlessly being experienced by humanity? It is clear that *thought is the navigator and the ship by which we travel*. We are nowhere yet everywhere in this grand game as we interact with infinite *realms*. *Realms* are states of consciousness born out of thought. The word *consciousness* is a derivative of the word *conscience*, which is defined by Webster's dictionary as *knowledge within, inner thoughts or feelings*. It is the center in which scientific wonders are (con science, with science) conceived. In order to understand the holographic nature of reality and the harmonics of time travel, we must further explore the word *REAL*. What we perceive as *real* is simply based on the realm or level in which the experience is being viewed. The word *real* and *realm* defines a specific space or place in time or no time. In other words, it defines a state of consciousness; therefore all things are real according to the state of consciousness of the observer. It is about perception.

Thought, being the ultimate creative force, the electromagnetic juice of manifestations, traveling at super-luminous speed, positions us in realms comparable to the nature of our emotions and the intensity of our desires. Time is indeed relative, for it too is based on perception. One person's day may appear to go by faster or slower than another's. A mind hard at work submerged in creativity or emotional strain, may find that the day has just flown by, others may find that it dragged. At times we collectively experience an unusually long day or a short day. A second or a minute can seem like a lifetime, especially in an anxious moment. Everything about our reality such as places, people, things and attitudes only exist as a

representation of our emotional agreement of all that is being observed. Such things that define this physical reality over time become recorded images within human genetics, where by simplifying the capability of the human brain to download familiar images for interaction and observation, (buildings, vegetation, creatures, airplanes, cars, trucks and so on). Physical reality, (buildings, vegetation, creatures, airplanes, cars, trucks and so on) is made up of these five platonic solids: the tetrahedron, square, hexahedron, icosahedrons, octahedron and dodecahedron. These geometric designs are the base formula of all that can be seen with the naked eye. All things however exist in the **now**, in the moment, which places us no where yet everywhere simultaneously. From this perspective of the NOW the illusion of time is played out.

That which is being observed is the result of the transmitting process between human emotion, the brain and the optic nerve. We can then see that the non-physical, such as time; is most often experienced through the interaction of emotion and brain-wave activity. Time is then expandable and retractable according to perception, remember the obvious formula; *"ti-me"* and *"emit"*, restriction and release. We are transmitters and receivers in creation. Everything is being energetically fed through the human form so that we may experience, record, transmit and receive in maintaining the cosmic arrangement of communication and balance. Breathing, thinking and emotional responses are the mechanisms through which the transmitting and receiving process takes place.

Traveling from one point to another is then an illusion, perceivable only through the interaction of two points of consciousness, which then produces the concept of time, space and distance. These two points of consciousness are the mirroring effect of the visible and the invisible. Thought represents the invisible. It is the forerunner of that which will become visible. Ultimately this understanding establishes that we are the past, simply the echo from another time; we are but a memory of a time, which has long past. Each *"now"* moment of *reality* is then but a shadow. Many continue returning to this particular point in time due to an inability to progress beyond the border between this world and a less limiting reality.

This world as collectively accepted is being sustained by those who struggle to hold on to the past, encouraging an inescapable illusion. As we move through various levels of awakening we transcend to alternate realities, which support our levels of awareness. This is indeed time travel as these transitions occur within every thought that is being conceived. These alternate realities represent the infinite number of probabilities from which we elect choices that determine our every moment of experience. Thought is the river of unlimited potential. Consider this-- *through thought you can dream, travel, and build things, live, love, laugh, cry*-- there is no limitation placed on the freedom of thought.

Many who eagerly await ascension are unaware that through these alternate realities, the multilevel process of ascension is being played out as we climb the staircase of ascension according to our individual stage of spiritual awakening. All religious concepts, in one form or another, hold an anticipation of this pending transition. The journey should not be based on specific dates, for the science of linear time is regulated on perception. Remember that we are always shifting realities in less than the blink of an eye. How many times have you misplaced something only moments after putting it away? Of course your first response is generally to believe that you are confused about where you left it; you can sometimes spend an hour or two or sometimes all day looking for it, then suddenly there it is; right in the very spot that you had looked a million times. Those are *reality shifts*. You have just experienced an obvious evidence of time travel! Reality shifts involve shifting into potential parallel time lines.

The formula for time travel will become simplified to the human mind when the awareness of being nowhere yet everywhere or the concept of no time, is understood. Time is a representation of separateness, providing the illusion of *here* and *there*; specific "points" established by mathematical calculations defining distance. It is no coincidence that as we grow we find ourselves meeting new people and most often expressing a similar spiritual language. It is the vibration of our thoughts that connects us to compatible frequencies, igniting and propelling vibratory shifts within our personal and collective realities. Those intensely passionate about the journey which takes us on an upward climb will find that many met along the way will fade

away from our lives. As we shift perception, we shift realities, where we then meet others in alignment with our current path. This does not mean that everyone we meet will be embedded in a vibration of joy and harmony. We will encounter an assortment of characters that will provide a few of the emotional tools required by the soul to move to the next level.

Very few will share your journey for long periods of time, yet there are those whom you will meet again, further along on the journey as the road begins to narrow. As the understanding of Ascension unravels and the vibration of humanity has shifted, many beings that have transcended the clutches of lower consciousness will reveal themselves. The current collective perception of reality is not energetically relevant to those vibrating in more elevated levels of consciousness, as the vibration of this reality operates in slow times moving at a much slower rate. Such beings view and evaluate our lives based on the level of consciousness within which this reality vibrates. There is much time spent looking up to the heavens, yet our upward climb should be towards an elevated shift in consciousness through a realization of the true location of power which is within.

So here we are on rewind, as many are unable to let go for fear of releasing old belief systems and too afraid to encounter change. Those who have transcended this level of consciousness await the ascension of humanity as they too have done. Most of us are presently unable to view these ascended realities; yet the progress of humanity is being observed from these realms. The veil that separates us is comparable to the division that is felt as we leave many behind in choosing to acquire more expansive knowledge for the advancement of our personal and collective journey. We will discover that those we love have suddenly become the past as our perception is shifted arousing a modification in consciousness. Most often geographic changes are initiated. In departing the old perceptions or realities, we leave behind trails of healing energy. A wave of enlightenment cradling new understanding is emitted into the field of collective consciousness affecting those awakening to change. .

An awakening is stirred as the message of ascension dances within these waves whispering *"Remember! Remember! Remember!"* through the wind, the trees, the water, the birds, the flowers, the mountains, the rain, the

sun, and the moon. All of nature is loudly echoing the remembrance of these cosmic changes now occurring. Our predecessors have entered through the doorway of the Northern Star; Sirius and the Pleiadian System. These worlds or extended concepts hold a prominent position in much of the original construct of earth in seeding, structuring and governing; Sirius is known as the God star, the portal of Liberation. Humanity looks to these systems with a longing, yet unable to realize that these systems are simply representative of fourth, fifth and sixth dimensional consciousness and so on. Humanity's current understanding operates on the measurement of distance which creates linear illusions of being light years away, requiring machines faster than the speed of light to transport us from one level of consciousness to another. To reiterate: time travel is the result of shifts in consciousness, for thought travels faster than the speed of light. WE TIME TRAVEL ALL OF THE TIME!

Our transition is eagerly awaited by these parent realities. Once we return to these sovereign levels of consciousness, the memory of the expansiveness of the journey will reemerge. The human brain will be reactivated and the human starship will be turned on and ready for flight. The autopilot system, by which human consciousness has been operating, will be dismantled and the original blueprint will be unveiled from within our DNA.

In third density, human consciousness follows a linear path, establishing a foundation of limitation. Linear time is held in place by the vibration of collective consciousness. These collective thought patterns are emitted like radio waves. According to a number of scientists, Gary Zukav, The Dancing Wu Li Masters

9. What is out there apparently depends, in a rigorous mathematical sense as well as a philosophical one, upon what we decide "in here". The new physics tells us that an observer cannot observe without altering what he sees. Observer and observed are interrelated in a real fundamental sense. The exact interrelation is not clear, but there is a growing body of evidence that the distinction between the "in here" and the "out there" is illusion. Access to the physical world is through experience. The common

denominator of all experiences is the “I” that does the experiencing. In short, what we experience is not external reality but our interaction with it.

Realms are accessible through the portals within the brain, resulting from shifts in consciousness. As love becomes the prominent vibration in our being we will travel beyond the stars simply through conscious intent. Love is the energy, the formless substance from which all exists. It is the foundation and the backdrop of creation becoming all things imaginable without judgment or bias of all unfolding forms. Love is the energy of duality of light and dark, forming the playground for humanity. Realignment with this awareness will only be experienced, once the desire for spiritual freedom triggers an embarking on a shift in consciousness. It is the dance that is born in the stillness of the moment, in the NOW without judgment.

We have embraced a rhythm of complexity in our attempt to move beyond this realm. In giving our power away to a million and one gurus, we have become disempowered. Our ticket to the beyond is divinely interwoven in the redemption of sovereignty. We are free agents on a cosmic mission, a true reflection of the One mind. We are the puppet and the puppeteer. This is indeed a free will Universe, but we must first understand the multiple levels at which free will is established within the human dance. Sovereignty is an expression of the Unified self. A freedom that can only be experienced through the divine marriage of the TRIAD, the three levels of mind, for fear will no longer be the driving force as we unfold. The current programming of helplessness has created barriers in the brain, blocking conscious interaction with the center of power hidden within nano seconds of time. We lose sight of the NOW; the endless moments, which exists beyond our perception of a billionth of a second.

The collective principle of helplessness and disempowerment is evidenced by the impact of stress on the human form. Stress is the result of a lower vibration thought process resulting in chemical and hormonal imbalances in the body, creating poisonous by-products. This alters cellular oxygenation. Stress implies the presence of pressure, of weight and of volume. The body experiences an internal compression, much like the impact

of the pressure experienced when a heavy object is placed on top of the body. Thoughts are measurable by vibration or frequency. It is the solidifying of thought in third density that creates the magnetic field of gravity. It is easy to forget that we are tied into this reality based on emotional output. Emotions determine the electromagnetic input and output within the human body and all surrounding energy fields. Emotions are wave patterns inextricably combined with thought. They form the skeletal structure of our belief system, which is reflective of the manner in which we live our lives. Emotional impulses determine the chemical/hormonal production within the ventricles of the brain.

Quantum physics reminds us that reality exists based solely on the observer. It is also clear that we observe based on an emotional process, which ultimately determines our level of saturation in the illusion. The outcome of the observation will be based on our belief system and all recorded acceptable patterns for reality existing in the brain. Deep levels of saturation greatly intercept brain-wave activity. Fear, being the mother of all adverse emotions, inhibits the full function of primary points within the brain, including the pineal gland.

Distortions of Sophia became a means by which programs could be inserted into the morphogenic field and eventually becoming a permanent part of the human genetics

The Fourth/Fifth Dimension

We have often heard that we are moving through the fourth dimension into the fifth. What does it all mean? Human consciousness as well as the consciousness of earth/gaia is becoming more fluid as self-awareness is brought to the forefront. The fourth/fifth dimension involves the locale in which the molding of time takes place. It can also be viewed as the 'control panel' for the coordination of time. Hyperspace becomes accessible allowing teleportation, telepathy, conscious time travel and so on; Superconsciousness. The ability to once again move in conscious synchronicity with time will allow the exploration of dimensions previously inaccessible to us. What are dimensions? Dimensions can be scientifically or mathematically defined as frequency patterns forming realms supported by a particular level of consciousness. All consciousness or life force exists in synchronicity with the vibration of that particular point in time or non time. All things are supported by a 'frequency' pattern, forming this material world.

It is the "crystal palace" (as referred to by the Taoist (10)) in the brain that is turned on by the activation of specific hormones/harmonics that will allow the fourth/fifth dimensional experience; somewhat of a natural cosmic psychedelic experience through specific bio-chemicals in the brain. This is the natural progression of a human being's bio-field and the body's molecular structure in relation to the non-local or subatomic realm. This area of the brain includes the pineal, hypothalamus, thalamus and pituitary glands. We most often neglect to remember that color, light, sound and thought are operating within their own dimension. We are however a manifestation and a compilation of all of the above. They form realms by

emanating a variation of shades of color, frequencies of light; sound becoming a variation of tones; all unfolding from the womb of thought.

These realms are occupied by beings existing in the pureness of these vibrations of color, light, and sound or pure thought. There are also realms of scent and gaseous formation (such as air) where beings exist as a radiance of essence or atmosphere and there are those that exist as the soul of planets. The entrance into the fourth/fifth dimension will be the evidence of our ascent to these more elevated levels of vibration. We have left behind an equivalent body on every one of these timelines. On these ascended levels of time we are the Gods that currently appear so distant and unreachable to humanity. We have stretched the potentials of time to this third dimension; the dimension that invokes spiritual amnesia.

I encourage research in order to gain an understanding of the brain and its function in this anticipated transition. When we hold an understanding of the scientific process of the physical world, it allows us to go beyond the fluff and the fantasy. We are then able to get down to business as we align the spiritual with the physical. Unraveling from the illusion involves a complexity of challenges, forming a labyrinth designed to operate on humanity's limited awareness. We are held within its grip as long as the petty attitudes and tunnel-vision approach is maintained. These are qualities that disallow the expansion of knowledge/consciousness.

Human attitudes greatly affect this physical and spiritual transition for it is the lower vibrating attitudes that intercept potential cellular shifts. The shift involves a bio-chemical transformation in evolving the transmitting and receiving process cosmically required. The brain operates on the instructions being disseminated by the individual. Thoughts and desires are also recorded by the soul, which it preserves for the fulfillment of future lifetimes, providing that one remains on the wheel of reincarnation.

Being the observer we solidify reality through thought

The Overlay Reality and Humanity

There are seven overlay realities as there are seven divisions of man. These seven divisions are represented by the stretching of time from point zero to this lower frequency realm of consciousness. It is a representation of the numerous splits that took place as we descended down the ladder of time by stretching the potential of time to this current time line. It is the splitting of consciousness and energy through thought. There must always be two points of consciousness in order for any potential experience to occur, for the motion of energy in its particle, wave forms can only manifest between two points of consciousness. David Bohm has been greatly acknowledged for his theory of the "Implicate Order" which not only connects everything with everything else he also concludes that every particle or element has *detailed information about every other element in the universe*.

As we begin to grasp this understanding within our being, by erasing the old programs of impossibility and unworthiness, we will discover the truth of creation via direct transmission whereby regaining sovereignty. The shackles of spiritual enslavement will fall away allowing one to freely seek within as the true location of the Universe is realized. It is within. Disempowerment to third parties and external attachment will no longer be part of the human consciousness. People have often asked me "who do you channel"? My response has always been that I tap into knowledge of creation which is freely accessible, for all things are encoded with the ongoing history of creation, and that includes the illusion of past, present and future. I become the collective, the one voice and the one mind of the **IS-NESS** of creation, the **I AM**. However we are all channels in the sense of being both transmitter and receiver in communication with the very core of creation.

Getting back to the overlay realities based on the divisions of man; each descending reality becomes the overlay of the preceding reality. In other

words the lower frequency realities form a new matrix over the higher frequency realities causing it to appear as non-existent. The existing consciousness within each reality of a lesser vibration has also been diminished in vibration and must rediscover the preceding realities.

The overlay reality in which we now hold our awareness was structured on a sexual program. Humanity has experienced a number of overlay realities. This current overlay reality was designed to operate on the sexual energy generated by human consciousness. There are many program inserts, which are simply thought projections within the morphogenic field. During the time of Atlantis, this overlay reality was created as part of an experiment although the entire Universe is part of a dream experiment (see Chapter 14, Another Time). This time frame dates back millions of years at which time the human being in androgynous form was shifted into polarized frequencies, creating male and female charged polarities. The female was created as the womb or portal of humanity yet maintaining a representation of the true essence of creation by being able to bring forth from within itself. The male also carries both hormones representing the male and female frequency, one being more dominant than the other, in order to create gender distinction for the experience. What many are not aware of is that Atlantis still exists in another frame of time. Atlantis remains as both the past and the future all at the same time. They created this hologram and planted essential programs that would ensure the continuation of this karmic game. They opened up dimensional gates which allowed others from various concepts of time to enter the realm of earth. From Atlantis the game is being monitored.

Occultism and secret societies are now being exposed and not by coincidence. This concept of earth like all other previous designs has been set to operate on a timer. All artifacts, transcripts, carvings etc have been inserted into the game on a timer for discovery at a selected time in human evolution. There are two sides at work, those who are in opposition to the experiment of Atlantis to suppress the awakening of humanity in order to recreate future earths based on new themes for the purpose of scientific observation and evaluation. As long as human beings continue to return on the wheel of reincarnation they can easily be redirected to new experiments,

within an old game. If all souls were to awaken to their greatness there would be no souls to participate in these experiments. The overpopulation of earth is evidence of the many souls locked into the karmic wheel. Many of us would not continuously return here via the process of birth and death had we discovered a way out of the game through molecular transformation of the form.

We are roaming about on the outskirts of the inner world seeking to find the entrance. Nature is the doorway inward once we are able to define or realign with nature. The breath is our connecting thread or pathway to all cosmic designs and concepts. Sadly despite the feeling experienced by many being apart of the dismantling of this disempowering concept of the game, they become lost in the illusion through which debts are created. These debts cause many to return again and again before discovering the art of moving through the illusion. Yes...Atlantis is very much alive and tied in to all timelines as they have manipulated threads of time through which we are directed to interact most especially in past life experiences. These beings are responsible for many of earth's interaction with warlike planets and those operating from an angle of control. It is imperative that we awaken to this memory.

Earth is now filled with warlords as human beings are genetically programmed with a *fighting* model for living better known as the "struggle and survival mode, survival of the fittest, an eye for an eye, don't trust anyone etc". Much of this manipulation is regulated and activated through symbols/images and themes throughout our lives. Through this method our thought process is triggered to operate within specific fields of thoughts and beliefs systems.

The quest to transform or convert indigenous groups on the planet should not be taken at mere face value. These are the more prominent warlords whose unconscious objective is to continue the cloaking of people's minds in a mist of fear, deception and illusion all of which defines the nature of this overlay reality. Those who scour for political, religious and corporate control do so out of a fear of spiritual practices and beliefs by such peoples who care nothing about a world defined as civilized. However for these indigenous groups their once closeness to the natural flow of life/nature has

gradually morphed into shades of distortion. Much of the practices and rituals are now designed around disempowering actions in hopes of recapturing a forgotten science of an ancestral past light years away. (See Chapter 14, Another Time). Despite much of their attempt to remain close to the earth their memories of cosmic freedom has been severely distorted and tainted for quite sometime. It is for this reason that many tribal, cultural and religious practices now encompass such events as mutilations, disfiguration and sacrificial rituals carried out in honor of left over truths converted into fairytales of helplessness, dependency and the worship of external principles.

~ SOPHIA ~

In the beginning there was the VOID, How did it create? Did it begin through contemplative thought of what it could potentially be, and then turn in on itself reproducing itself in the form of various potentials? The definition of the Sophia has always been *an accumulation of knowledge, the more expansive ones knowledge base the wiser one would be; hence wisdom*. To be an all encompassing force of wisdom would make one the grandest scientist there is. The word philosophy defines the calculation (*to calculate is to access proportions, measure, harmonize*) of concepts and ideas determining formulas for any and all potentials not limited by time. The Greeks used the spelling *phi-lo-sophia*. Phi also represents the formula of the Golden Ratio found throughout nature. (See Chap 5) The word So-phi-a encompasses *Phi* as well and clearly represents an all knowing, impenetrable wisdom. Sophia is the science of life, not an entity to be worshipped but the essence of life itself, the breath of life. The feminine aspect/vibration is not only a symbol of source but a representation of the womb of creation within which all is cradled. She represents the laboratory of the trans-formation of energy to its particle, wave dance and through various formulas forms to a specified consciousness or potential. The feminine energy functions through polarities of male and female frequencies, positive and negative charges which are both essential harmonics in support of the reproductive process in the portal of the womb. Although the male vibration also shares both polarities the inner blueprint of the physical body was not designed as a portal with

capability of being an inter-dimensional vehicle or wave to particle convertor for incoming souls/consciousness. Within the reproductive system of the female exists a sack called the zona pellicuda, when penetrated by a latent male protein found in the female, the body recognizes it as a sperm and fertilizes the egg, causing impregnation: This could be viewed as the immaculate conception. On the side of traditional science there is pending research by Professor Karim Nayernia of the University of Newcastle and others to produce sperm cells from bone marrow taken from females. This would involve the cajoling of stem cells (See Chapter 10, *The Programming of Stem Cells*). The point is that innately within us there is a level of awareness of hidden memory of our once thriving capabilities in the very beginning of humanities decent into matter. Here we have one of a number of motivating factors in the suppression of the female essence. Not only was the female symbolic of the true nature of creation, but her sexual energy was also thought to be of superior power, especially during her menstrual cycle. Blood during a woman's cycle becomes cosmically intertwined with the procession of the moon. During this monthly cycle the blood is charged with energies from the Sun, in a similar manner in which the moon reflects the Sun. The full-moon cycle allows the showering of new cosmic codes, which have been translated by the Sun from Central Sun, to be received and dispersed in our realm through the neurotransmitters in the brain: Serotonin and melatonin are chemicals synthesized by the Pineal gland, a light transducer gland (it regulates the day and night cycle).

The Pineal gland is understood to be a very spiritually significant gland. It is the area of the brain responsible for the linear time-cycle (circadian rhythm), such as day and night. External light is picked up by the retina and relayed to the hypothalamus; the area of the brain that directly regulates biological clock signals. The hypothalamus has fibers that extend to the spinal cord, projecting to specific neurons directly connected to the Pineal gland. As animals and people age calcification occurs in the Pineal gland.

How does this information connect with the topic at hand? The Pineal gland also operates off of spiritual sight by picking up shades of higher frequency bands being reflected from the spiritual progression of the individual. This occurs as a deeper level of spiritual knowledge is acquired

without the restraints of a paralyzing linear consciousness. The Pineal gland is then allowed to move beyond the codes, which regulates the time cycles set forth by the matrix/system. In order to transcend the aging process we must move beyond this linear code. This will allow the Pineal gland to begin to produce the essential hormones/harmonics necessary to bathe the cells in the light frequencies of immortality. It is the Pineal gland in the female that sustains the intuitive nature, for she is the representation of Sophia, Goddess of wisdom. All knowledge held in the womb of Sophia is held in the womb of the female for she is linked to the ONE WOMB. She possesses the knowledge of creation and of immortality.

The Goddess Sophia is probably one of the most ancient representations of the female essence. However the existence of Sophia has appeared throughout history wearing many faces represented by a number of goddesses. Sophia predates all descending Goddess worships, as she is the womb of creation. The word *witch* meant *wise woman* as these women worked closely with the earth and nature in general. Sophia is Primary Consciousness, interchanging the frequencies of masculine and feminine. She is the pulsation of the pattern or formation representing Phi or the Golden Ratio. This principal womb, Sophia, is the pulsation of matter to anti-matter, wave to particle. This pulsating spiral holds the cyclic movements like developing embryos keeping time with all consciousness in embodiment. These numeric patterns or sequences (Phi and Fibonacci number ratios- See Chapter 5) are pulses much like time gates or portals.

Distortions of Sophia became a means by which programs could be inserted into the morphogenic fields and eventually becoming a permanent part of the human genetics. One of the most evident inserts has been through the Goddess worship of Bast: sexual distortion and genetic violation. During the days of Atlantis, genetic violation was prevalent, as creatures were being created in the form of half-man half-animal in the numerous reproductive experiments that took place. They were a distortion to the universal codes of genetic configuration. Despite the existence of freewill there were distinctions in the engineering of species based on a simple matter of genetic harmonics per life form based on geographics. They were beasts (Bast); meaning non-human. The name ISIS is said to be the Egyptian

name for the name AST or ASET. So here you have Bast, is this coincidence? No. I stated before, all of these goddesses are the many faces and vehicles by which ideas and concepts have been initiated into human consciousness. Over time Goddess worship became a crime punishable by death. The true meaning has been abandoned for some time now and all that has remained are varying degrees of distortion and use as a manipulative tool. Although Goddess worship has been revived for sometime it is most often embraced from a disempowering perception. Acknowledging any aspect of Goddess worship should be reflective of honoring the feminine vibration within all. Like many religions, followers look to external forces to grant the fulfillment of prayers and desires. This disempowering practice is widespread. It is the transcendental God or source within each that fulfills all desires. It is the spoken word or thought from my own being that creates or fulfills my desires. We are the one mind, force, source adorned in flesh living the illusion of separateness and of this holographic game.

Bast has had tremendous influence on modern-day times, although most are unaware of her original existence. Bast originally represented fertility, the home, creativity, freedom etc. Her color was said to be red which represented the life force of the blood celebrated by the menstrual cycle of the female. She is said to have been lover to both men and women but that was meant as a symbol of her expression as Sophia in the cradling of creation through both the male and female frequencies. As the true principle of the meaning became translated Bast now represented the freedom of the use of sexual energy through acts and thoughts regardless of distortion. This level of consciousness was an essential insert (by manipulative forces) into the human dance in order to simplify the harnessing of the sexual energy of our species as this energy can be used to transmit and receive information through manipulation. As human beings we exist on the bottom rung on the ladder of time lines; (they represent the seven levels of humanity's descent in time) and are fully encoded with the knowledge of creation of all preceding time lines. This knowledge was acquired as we made our descent down the ladder of time to the present time line. Both collectively and individually we are the library of creation for we have journeyed beyond all inconceivable potentials. We have been courageous in our choice to enter this level of

density, a field of forgetfulness leaving behind memory of all preceding realities. Here we exist on the slowest time line. We now have a society fueled by distorted sexual practices and fantasies as the sexual energy arising from such distortions creates a fracturing. In turn this intercepts the vibratory shifts essential in transcending this overlay reality.

Essential points in the brain are blocked, as we become lost in worlds of sexual fantasy. These blockages are supported in the psyche as many religions have established rules and regulations around the sexual connections in an attempt to curtail our silent perversion and animal like instincts (beast-bast). Sexual energy is the formula of creation. It can be considered the philosopher's stone. Sexual encounters involve an exchange of information as the transmitting and receiving process is then in high activation. We energetically come away with fragments of energy left behind by other partners. Information is being exchanged through body fluids as well as through the electrical charge of the experience; we come away with essences of the partner as well as previous partners.

The goddess Bast is represented as the cat. Through out the ages the female sex organ the vagina, has been referred to with slang terminology symbolic of the cat, pussy, and is part of phallic worship; these were prominent symbols in Egyptian culture although intended to symbolize fertility, life force and the eternal womb before distortion slipped in. The feline has always been associated with the female; we have often heard the term "sex kitten". The vagina of course represents the portal or the doorway through which we make our physical entrance into this reality from the moment of conception to birth. In Catholicism, Virgin Mary or Our Lady Guadalupe is generally shown in the center of what appears to be extending rays of light around her. However if you look closely you can see that it has the appearance of the female vagina. The eye of Horus or Set (Set representative of the star Sirius) when vertically slanted is symbolic of the vagina. The Sphinx is said to have been an original representation of the cat goddess Bast. According to Preston Moon, the slang word "cunt" is a directive of the word "catting" which became the reference of primal entrance into this reality. The spirit embodied within an animal or beast-like

form, creates a distortion of the original non-physical form. In our society women are often referred to as being catty.

Bast was also associated with “the eye of Ra”, protector of the sun and later the moon. Besides Pagan worship sun worship was and remains prominent in most all religions in one form or another. The cat goddess Baset represented fertility which made her the giver of life as was the Sun recognized as the source of life hence Cat-holicism; sun worship. Mary becomes a more prominent part of Catholicism as Jesus her son represents the sun, the light of the world and Mary his mother the bringer of that light and symbol of Sophia. Together exist a subtle worship of the mother father principle also seen in the distinction of having both nuns and priests. Christian churches operate under these principles without realizing it with the exception of the focus being on Jesus and very little on Mary. (Further research can be drawn from the research of Jordan Maxwell.) The emphasis is on male dominance hence the suppression of women in the churches not so long ago. Ultimately this has lead to the suppression of Wisdom; the Sophia principle.

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One voice, one mind, the IS-NESS of creation; the I AM

The Deception of Ascension

The word Ascension has become quite popular in the past decade. Many eagerly look toward this transition with minimal clarity of the process. What is Ascension? *It involves a shift in the vibratory frequency of an organism, through the elevation of consciousness of a planetoid or universe, alchemically emerging in self-awareness.* The illusion of separateness is then abandoned, as self-awareness positions one in a state of alignment. There is much confusion or misunderstanding of the science that qualifies a successful ascension as it involves spirit, mind and body. This must be accomplished through the ascension of both the soul and the body.

Many are disillusioned in their understanding, as it is common belief that ascension of the physical body is optional in completing a full ascension. Ascension occurs when any evolving species or life form; such as the earth plain, has transcended the limitations of mass/matter. Ascension is the accomplishment of surpassing the veils of illusions, which have been imposed on us through programmed beliefs, triggering limiting perceptions generated by the mind. The ascension of the human body is essential as it dismantles the illusion of death within the signature field of each representative of the ONE Mind. It concludes the potential of the experience of death, which was not part of the original blueprint of man's descent into matter. The illusion of death became part of the human genetic program as fear and fragmentation of the original memory became prominent.

Humanity's spirit no longer governs the molecular structure of the form instead it is governed by the body's auto-pilot mechanism or mind, operating much like a fully charged battery at birth, then gradually losing charge resulting in death. The body requires alignment with the spirit in order to maintain an ongoing energetic charge in other words the

appropriate harmonics. As we ascend, an awareness of the fluidity of energy is reborn; the I AM presence emerge, dancing in and out of the field of form and formlessness. All previous attachment to the illusion of physicality is released allowing ONE to exist as an expression of all potentials in and out of form as the molecules of the physical form move about fluidly. The subatomic realm is then no longer a mystery as we *re-member* being the subatomic realm. To become the I AM is to exist in the all-ness of all potentials without judgment of being this or that here nor there.

In Ascending we are returning upward in vibration via the original manner by which we descended the ladder of time. First the soul will ascend then the physical form will conclude the ascension beyond this lower frequency realm. Very few will ascend from this time line in this pending ascension for many are unable to release the attachments that are creating diseased forms and diseased minds. We hold on to attitudes, places, people and things. When we do, we stifle the cells and they die from the lack of chi or oxygen. We then validate our choice to die as the impossibility of transcending death is heavily programmed into collective consciousness.

Those unable to achieve a complete ascension will move on to do so in a reality compatible with the essential understanding required by each soul to move forward. There are some who have expressed there memory of having ascended previously, yet they have chosen to decline from participating in a physical ascension in this time line; it is important to keep in mind that such memories are the blueprints essential to the evolution of collective consciousness. In other words those memories are to be activated and released in mass consciousness in order to stimulate the ascension potential in all of humanity. For those who believe that they are here for a grand reason, such as assisting in this ascension or to hold the energy, realize that to become all that you can, will greatly assist the evolution of this species. In so doing we impart the energy of alignment through the process of our own realignment.

The ascension of the soul symbolizes a release from the limitation of the emotion based matrix from which previous perceptions were routed. The chemical addiction of emotions has regulated the path of humanity for quite some time. It has disillusioned us into a false sense of security to attitudes

and attachments. The body chemically responds to attitudes and attachments to all things by dispersing human thought waves throughout the spinal fluid, which then bathes the cells. DNA and cells are then continuously recording and rearranging codes.

Humanity has been subjected to a great deal of deception, especially in the understanding of immortality. Becoming realigned with the understanding of immortality is in no way governed by a fear of death. It is however governed by the original principle of the fluidity of life. Immortality is simply a release from the attachment to the illusion of solidity (physicality). The physical body transcends the decaying process of the cells by fluidly or energetically moving from one form to another. The molecular structure is consciously shifting from one form of light to a more elevated frequency, without the dismantling of the body through a decline in vibration. You are literally turning up the vibration of the body much like changing the level of speed on a fan.

This reality is directed by a Matrix or system, which imparts a program of limiting truths. This system is currently being dismantled. Humanity's rediscovery of immortality will greatly echo a change through-out the cosmos affecting many who have assisted in holding humanity in ignorance of their birthright. In releasing a *mortal consciousness or perception* humanity will be redirected to a more expansive level of the playing field whereby we return to co-creating from an awakened state. Death is indeed a deceptive consciousness. Choosing to re-embrace and to realign with the consciousness of immortality will serve to intercept and to dismantle the deceptive death program currently in position.

Although one may argue that death is not final, it should also be understood that it does not serve in transcending physicality through an elevation of vibration in the biology. This shift in vibration is the formula for ascension. The spirit's departure from the body symbolizes a separation in consciousness as the physical form was originally birthed from the spirit. Spirit lowered its vibration in creating a vessel compatible with the atmospheric laws of physical reality. In essence the body is a lower vibration of spirit. In realigning the body with the spirit we bring closure to our participation in the limiting laws of physicality and all formats by which

physical reality has operated. The body ascends into the spirit. The current perception held by collective consciousness will be transformed, rippling a new understanding throughout the morphogenic field, restructuring a new reality. This is essential as the human life span is much too short in allowing each soul to integrate life's experiences into usable knowledge to adequately shift the vibration of one's consciousness.

Many might argue that they do not want to live forever in a physical body. This imparts a great misunderstanding for immortality does not require an endless existence in a physical form. We often fail to realize that the human body has been designed to operate within the atmospheric laws of this reality. In other words, every organ and cell has been constructed to process atmospheric gases like oxygen and nitrogen in this time line.

Each reality vibrates to its own frequency and has its own set of tones, color, light or pure thought. Therefore **One** must exist in a vessel that is in resonance with each reality. Each realm is accessible through a shift in consciousness, whereby the appropriate vessel is immediately in resonance with the consciousness being held by the entity. Remember that *realms* are simply shifts in consciousness. We are entering new time lines according to a shift in perception. Realities are only as we perceive them to be. This is the ultimate time travel. (See Time Travel Chapter 6)

I often hear many speak of the day in which teleportation becomes possible, yet in the next breath they continue to welcome the death process. We can quite easily conclude that if indeed one has mastered teleportation, then what would be the factor of limitation in taking the body to realms beyond that which we can conceive, for the body will become any potential form perceivable. The molecules are rearranged.

What is spirit? Spirit is the vehicle of consciousness through which original thought creates and interacts with all potentials within the VOID. Death is truly the final conquest, for the entire karmic procession is embedded in the process of the death cycle. It is the deceptive understanding of immortality that sustains the karmic wheel within the matrix. The science of immortality lies beneath man's current perception of his fate. He is surrounded by all things that are in support of the deceptive program of the cycle of death. Almost all things in his reality validate the impossibility of

transcending death. All historical evidence of immortality has been destroyed or concealed in order to preserve the existence of the karmic wheel. Yes, there are those who choose to continue their experience within other realities. This, however does not erase or bypass the formula of molecular transcendence. Molecular transcendence is 'a return to the ONE'. When the current human experience is completed so will the understanding of karma be completed and so will death.

The concept of immortality can perhaps be more willingly embraced when it is understood that reality does not exist externally but is reflected as a visual illusion validated by the five senses. ("The kingdom of heaven is within".) We see with our brain and not with our eyes, for the world is seen in the vision center located within the brain. The brain operates off of electrical signals in the form of an image. Sensory stimuli are processed in the brain as a stream of electrical impulses created by neurons firing. What are neurons? Neurons are a group of cells specializing in specific functions such as the assembly of blood, organs, glands, bone etc. The body is comprised of billions of cells, which categorically form the entire organism; however the brain includes billions of neurons, which begin "firing" messages upon stimuli of the five senses. These messages are in the form of hormones, chemicals and electrical impulses. (See Chapter 4, Reality and the Brain) According to authors Robert Ornstein and Richard E Thompson The Amazing Brain-

11. The picture of the world seen by the retina of your eye is very different from the picture of the world you actually "see". The retina sees the world as a series of spots or dots of light, dark and color. When you look at the world your eye conveys these dot patterns to your brain, which converts these images into smooth and continuous "seeing" that you experience.

We can easily become lost in praise and adoration without realizing that we have, for the alter ego is continuously in search of instant gratification much like performers before an audience

✿ Health and the Evolving Spirit

The condition of health is indeed determined by the spiritual balance experienced within the body. Human thinking operates on a consciousness of survival. Survival is however based on fear. Consciousness is revealed as manifested thought, forming wave patterns that become electro-chemical neurotransmitters. A few of these familiar neurotransmitters are Serotonin, Melatonin, Tryptophane, Pinoline, Himmalene etc. This is the manner by which perceptions form our reality. At the very moment a thought or perception is conceived, an electrical impulse is sent to appropriate neurons in the brain. These electrical impulses make their way through the spinal fluid produced in the ventricles of the brain. The cells are then bathed in this fluid, while flooding the body with the energy of the thoughts being generated.

Through these amino acids which form neurotransmitters the physical and emotional position of each being is determined. These essential amino acids are compromised when there is an inadequate supply of enzymes supplied to the body. The survival mode veils the natural spiritual balance or alignment, altering the appropriate electrochemical production. When this occurs, the body is traumatized and the electrical balance is altered. The acid level is then increased, leaving the body minimally oxygenated. We become chemically caught in a cycle, which blocks the potential for new perceptions. It becomes difficult to form a new pathway of thinking about emotionally challenging situations in our lives. If reality is only what we dare to dream then we have all been stuck on the same dream for eons. Every attitude is formed from the principles of quantum physics, “we cannot observe something without changing it”. You are the observer in a sea of potentials,

and you are the observer interacting with the quantum field. Every thought creates wave patterns and thoughts are perceptions.

Amino acids are the fundamental building block of life and unless we have arrived at a spiritually evolved state of consciousness to chemically transmute the poisons consumed from our diets, then it is essential to be more cognoscente of the level of charge within the foods we ingest. In other words unless we have transcended our attitudes then our bodies are still being steered by the same level of vibration of thoughts and perceptions. Such lower frequency attitudes breed a thinking process of doubt and fear. Such emotions produce a cycle of chemical addiction to opiates in the brain. It is then very difficult to shift our focus from the challenges in our life; we cannot seem to stop thinking about each situation looming with impossibility. We become consumed with this ongoing assessment creating a million scenarios of the same unending emotional drama. This emotional process imposes stress on the body, lessening the electrical balance within the cells. This in turn lowers the alkaline level forming an acid environment. This greatly interferes with the brain's capacity to operate at an optimum level. Such essential energies as clarity, memory and creativity are altered, as the body becomes a stagnant pond for life forms that are in resonance with a minimally oxygenated environment; parasites, bacteria, virus's etc. The body becomes a breeding ground for dis-ease.

Within this reality we are pupated by subliminal messages orchestrated by advertising companies, hired by the corporate empires on the planet; these self-appointed rulers are ignorantly supported by humanity. Earth beings have surrendered their well being into the hands of government, big business and religion. A mind lacking in creativity and abundant in illusions of security is a vulnerable vehicle for control and manipulation. Programming the human mind can be done when brain waves are at a frequency of 480 MHz. Mind control is then easily interjected into the equation of everyday life.

How are brain waves lowered to 480mh? This can be done through various means of technology, like HAARP (High Frequency Active Auroral Research Project); which is an ionosphere heater created by the government in 1994. When billions of watts of radiation is directed into the atmosphere,

the radiation bounces back on the surface in the form of long waves affecting brainwave patterns, penetrating the human body at the cellular level and affecting the planets ecological system. There is also RHIC (Radio-Hypnosis Intracerebral Control) and EDOM (Electronic Dissolution of Memory). Through these various methods memory can be altered greatly. Such forces can be a binding factor when we move about blinded by the illusion of survival. We become vulnerable and submissive when the major substance of survival is compromised in the areas of food, clothing, shelter, and through our distorted views about love and sex. These are humanity's weak points and the avenues by which manipulation is most often rendered.

How can one be excluded from these levels of control? To climb out of the darkness and into the light is to recognize that our lives have been operating on social codes. These are the expectations set forth for the collective, based on superficial reasons, in order to fulfill social and economic standing. Health is greatly affected by this social process as many become emotionally disempowered in an attempt to bring these expectations to fruition. The pursuit of physical acceptance has also imposed undue stress as men and women make great effort to achieve the acceptable look, becoming pawns in the marketing scheme of big business.

What kind of impact does television have on our minds? Television is one of the most effective methods of mind control. Although this seems to be a common conclusion, very few are aware of the degree of suggestive thoughts that are being projected to the viewer. Television affects the endocrine system of the viewer by releasing endorphins, the natural opiate production in the body. These are addictive or habit forming chemicals much like heroin, morphine etc., as they are similar in chemical composition. Television provides an addictive pleasure, a chemical high without the use of other substances. Viewers become entranced, numbing the left brain. The left brain is crucial in the analyzing and processing of incoming information. The right brain provides an emotional response without the detailed analysis provided by the left brain. It is during this transition of operating in the lower brain that the hypnotic suggestions, orchestrated by the marketing firms achieve success. Advertisers bank on the drone like state of the viewer in order to sell their products. Regardless of the quality of the product, if it is

flashed in front of the viewer a sufficient number of times, the odds are likely that sooner or later a sizable percentage will become a consumer of the product.

Food cravings are suddenly activated following a mouth-watering food commercial. Sex is largely used in most marketing strategies. When the sexual centers are activated it has the same chemical effect on the brain as the body moves into its pleasure and fantasy mode.

Sexual energy is our “time machine” when used correctly. It is our center of magic. When this pathway is activated the form is completely open psychically and the spiritually unaware becomes vulnerable to deep levels of suggestions. We are also affected in this manner by music. The children of the planet, (that includes everyone), are greatly affected by much of the music and lyrics played over the airwaves. Music is thought made audible harmonically; therefore our energy field is being penetrated by the energy or the mood of the musician, lyricist during their moment of creative inspiration and during the process of the recording.

How does this impact our health? When we relinquish complete power to another we gradually decrease our life force, our *chi*. You are but a robot to a master that cares nothing about your emotional, physical and spiritual well being. The only concern is that you continue to sustain the economic machine at all cost. Your illness now and in the future guarantees an open-ended cash flow for the pharmaceutical companies, insurance companies etc. Humans automatically become economic machines from birth throughout ones life until departing the planet. A healthy body establishes more assurance of a clear mind. An alkaline form establishes clarity and expansiveness in thinking. A mind at ease is a body at ease, instead of diseased. Such an understanding will assist in transcending health issues. There are no health conditions that are final in the body but generally appear final due to lack of knowledge and quite often to the trust and power we have placed into the hands of another. We must seek truth for ourselves and secure our own well being through inner guidance, for the body is but a vehicle awaiting your command to be properly activated.

~ THE PROGRAMMING OF STEM CELLS ~

It is a scientific fact that the egg and the sperm are immortal. It is also a fact that cells replicate themselves. There are over 200 types of cells in the body, each having different programs for replication. The study of stem cell research is uncovering much previously undiscovered knowledge of cell reproduction and regeneration. Stem cells are defined as living cells that have not yet differentiated to form specific body parts. The public is only being fed bits and pieces as seen fit for public knowledge. Scientists are discovering that the production of eggs by human females might not be a finite process. There are significant genetic similarities between the human female and the female species of fruit flies and mice according to scientists. These results show the possibility of infinite egg production in human females. Mice and fruit fly studies have shown that the older eggs die off and new eggs are generated. Scientists are now scrambling to discover if this process hold true for humans. Why should there be fertility differences between men and women? A man is capable of fathering a child well into his 80s and older yet a woman's body shuts off quite a bit sooner. Many may respond that it is nature's way of balancing the population. There are many hidden reasons supporting this genetic foul play. However, it has gone unquestioned as we have become accustomed to accepting things as they are. There are a group of stem cells responsible for the production of sperm and eggs, allowing scientists to experiment in stem cell research by artificially creating embryos.

Stem cells are self-renewing and supply such areas as blood, nerve and muscle cells. Stem cells, however, replicate, separating themselves into specialized cells in response to the essential supply. This process allows for the replacement of cells as they die. The issue currently being faced is the use of Embryo Stem cell. The reason being is that it has been assessed that ES (embryo stem) has the potential to differentiate into an infinite number of tissue types while adult stem cell have been observed to maintain specialized function and replicated characteristic. This establishes a slower process in adult stem cells meeting the needs of cell replacement or repair in a timely manner if at all. Stem cells are chemically triggered in determining division according to specific tissue requirements. Every cell in the body is in

continuous communication both chemically and electrically transmitting information regarding the needs of the body.

The following was taken from an article by Denise Fitzpatrick Director, Media Relations:

13. A University of Louisville scientist has identified cells in the adult body that seem to behave like embryonic stem cells. Researcher Mariusz Ratajczak and his team have found adult stem cells that behave like embryonic stem cells. The newly-identified cells, called "very small embryonic-like" (VSEL) stem cells, have the same structure and protein markers as embryonic stem cells. His team also has grown VSEL cells in a lab and has stimulated them to change into nerve, heart and pancreas cells. In a discovery that has the potential to change the face of stem cell research. The cells, drawn from adult bone marrow, resemble embryonic stem cells and appear to mimic their ability to multiply and develop into other kinds of cells, said Mariusz Ratajczak, director of the stem cell biology program at U of L's James Graham Brown Cancer Center, who led the research project. The finding, presented at the 47th Annual Meeting of the American Society of Hematology in Atlanta, was announced Dec. 12 at the society's news conference.

Stem Cell Bioengineering is the approach being taken at this time in programming or directing stem cells such as neural stem cells in neuron production in repairing the nervous system. According to The Department of Plastic and Reconstructive Surgery, Kyoto University Graduate School of Medicine, Shogoin, Sakyo-ku, Kyoto, Japan, "findings suggest that neural stem cells integrated by infusion through CSF (Cerebral Spinal Fluid) might have a beneficial effect on nerve regeneration". Scientists have not yet elected to place focus on the potential of the human mind and the thought process in communicating with stem cells in our bodies. We then have the ability to direct the repair of nerve damage, tissue and limb replacement in our own bodies. According to Dr Stone, as quoted in the book 'The Polarity Process, by Franklyn Sills:

“The cerebrospinal fluid conveys the energies of the mind throughout the body! Mind energy is considered to be the first principle of life. The mind, or causal realm, contains the pattern energies of life within it. It steps down into physical form and brings the blue print of that form with it. He goes on to say that through the CSF (cerebrospinal fluid), mind functions in the body as ‘the light of intelligence’. 14”

These new findings along with the fruit fly and mice are causing scientists to seek out the possibility of delaying the process of menopause. This would retard the aging process which is regulated hormonally as the severe decrease in estrogen increases the aging process. It is also clear that the human body has been designed to operate within the extent or level to which our individual enlightenment will allow us to discover. The body as a vehicle awaits our command as stem cells remain undifferentiated awaiting guidance from our own mind in forming, regenerating or renewing affected areas of our vessel. The cycle of death is then supported by our shortsightedness of the body’s natural renewal capabilities.

Although no one really dies, the death cycle disallows for new experiences beyond the current consciousness of this matrix. (See *Overlay Realities and Man*, Chapter 8). There is an original matrix or system that lies beneath this deceptive matrix. That reality is separated by the current consciousness of death and of gravity. The original matrix is built on Superconsciousness. That is consciousness that operates in fluidity, for in Super consciousness the concept of decay does not exist as all things exist from a space of fluidity and of non-attachment. In other words within that level consciousness there is full awareness of the movement of energy, from one form to another, simply through shifts in perception. It is a consciousness where the imagination is free to explore the unlimited potentials in the quantum field. (See *Fourth/Fifth Dimension* Chapter 7)

No one can save us, no one is coming to save us. This is an individual journey and we must find our way back to the state of alignment, the state of Oneness

✚ Taking Responsibility for your Joy and Pain In all timelines

It is only through the highway of emotions that this reality can be experienced to the fullest. Although they are an essential pathway to this planetary experience, collectively emotions have imprisoned the human mind to a one dimensional perception of reality. This pathway is experienced through electrical impulses within the body. To react with emotions of judgment or fear is to affirm an agreement with the laws of this reality. Judgment can be defined as any thought process that establishes a conclusion of right or wrong, good or bad. A space of non-judgment disallows fragmentation and separation; instead choices are based on a sensation of resonance. For emotions unfold in wave patterns forming the structure of our reality. Wave patterns are then made coherent once transformed into neuro-transmitters.

Neuro-transmitters are a group of Neurons or nerve cells that are a major part of the networking-communication system in the brain. They process the incoming information by generating an emotional response to the interaction with external events. These coherent frequencies are disseminated to the appropriate areas of the brain. This process is activated by perception, as thought patterns are the beginning of the holographic images formed in our minds. To conceive of an idea or thought is to establish an open door to the potential or probability of such an existence of a place, thing, life form, situation etc.

The gaseous laws of this reality are set in place though the elements of earth, air, water, fire and light. These elements work in harmony with the five senses of smelling, hearing, tasting, seeing and touching through which the electro-chemical response of emotions are registered. The brain

orchestrates this interconnection. The mind then initiates the holographic program to be run by the brain. This hologram is formed by the wave patterns of thought through the electrical impulses generated by emotion. It is the observer that determines the existence of that which is being observed as visible reality. Collective perception allows a commonality in viewing the basic structure of the world. However, we possess the potential to experience and to observe from an individual mind- space based on the expansiveness of our perception. Minds that are less limited in perceptibility widen the potentials of observation. In other words, such minds will become observers of potentials beyond the programmed view of physical reality. Reality is formed through the interaction between consciousness and energy. John Briggs and F. David Peat, authors of The Looking Glass Universe :

If the world is composed of frequencies and the brain is a frequency analyzer (itself made out of frequencies of matter), how does the three dimensional solid world we know come into being? The answer is as before: We have to learn it. We learn to respond mainly to certain frequencies and not to the constant transformation of frequencies. A few selected holograms become stabilized and apparently separate from one another into "things." The holograms, formed as memory, reinforce the impression of these separate things, and so the explicate space-time world we know evolves out of the implicate universe of waves and frequencies. 12

This process is supported by the dreamer/observer; consciousness being the point of potential set forth by the dreamer/observer and energy being both wave and particle. Energy creates the potential of stabilization in order to allow the manifestation of that which is being observed. The observation of a frequency pattern (an image), initiated as a hologram in the brain, takes on mass as it solidifies into particle form resulting in our three-dimensional experience, While in the state of non-observation, the particle unfolds into a wave pattern.

The extent of the human mind and its perceptions are determined by the individual and collective belief systems. There are three levels to our belief system (1) what we think we believe (2) subliminally projected belief (3) what we really believe. "What we think we believe" are the doubtful

beliefs that we hide behind. “Subliminally projected beliefs” are those concepts that are projected by social, corporate, religious and educational systems. “What we really believe” are those beliefs that form the foundation of the subconscious mind where the thought patterns of denial are stored. The programs that run our lives are deeply embedded within the subconscious mind, determining our choices in every moment.

There is no one other than yourself, beyond this time and space that can be held accountable for the life that you are experiencing in this very moment. This is your dream and everyone in it and those to come are the characters that have come in response to the vibration your thoughts in wave form. Taking responsibility for that which you have chosen, regardless that those choices may have been made outside of this time line, will allow the desired transformation of the dream. We must stop seeking a savior/messiah for that is an illusion. This reality is filled with program inserts of super heroes. This prolongs humanities relinquishment of power as this matrix of dis-empowerment continues to be collectively sustained.

Reality is an infinite number of systems within systems one matrix after another, each governing the other. We must not fail to remain affirmed that this is an infinite game built on the vastness of imagination. These game players are both in form and in the formless state interacting with the quantum field. Humanity operates from a much diminished level of interaction with the quantum field. One story follows another, fantasy after fantasy. Which memories are real and which are inserts, or are they all inserts? The game players are in full capacity of power, and are fully aware of the science of the game. Many have passed themselves off as the Gods or ascended masters of humanity some of whom have executed a program of fear in the hearts of humankind. What better way to render a consciousness of disempowerment on a people than to place a veil of deception over the memory of humanity’s history. When we cannot remember our beginning, then we lose ourselves to the control of others. We then become what we are told that we are, for there are no reference points from which to draw other than the memories that have been inserted. Who is to be blamed for humanities current demise? No one, for this is a game and we have all

participated of our own free will. It is a game that is much like an assignment, as we must uncover all the potentials of the ONE.

Ultimately we exist in our mind

Destruction of the Great Sisterhood

The sacredness of the feminine essence has long lost its true meaning as “Woman”, the embodiment of the great sisterhood has been severely dishonored. The womb of humanity continues to exist under a vile energy, as the struggle for balance continues. This struggle will go on until the energy of division is lifted. This scheme implemented many millennia ago has been well orchestrated and although there has been a greater emergence of the feminine power; there still remains great distance in achieving the shift in consciousness essential for the full reinsertion of the feminine vibration.

We will experience a greater understanding of what has taken place and its effect on collective consciousness once we begin to view the masculine and feminine representation as specific components of energy, each maintaining the essential codes and vibration crucial to the realignment of the whole. Much like the two halves of the brain, the right and left hemisphere, each embodies the frequency and codes held by both the masculine and feminine. Consequently we begin to assess each other based on responses and actions reflective of being either left brain or right brain thinkers. It would stand to reason that we might potentially function more efficiently if both hemispheres were accessed in a balanced manner. Instead we commonly veer more strongly to one or the other. This further disables the ability for man to understand woman and woman to understand man. Because of this imbalance woman finds herself in an entanglement of emotional agony, as the nurturing ability of the “purely male” energy is unable to comprehend the affect of his actions on the feminine, the other half of himself.

Woman, however, through much degradation, has bought into the consciousness of being less than her counterpart. She has lost her footing and her memory of the fullness of her role in being the “womb of man” (humanity). She has been cheapened and continues to prostitute her soul in order to maintain the illusion of acceptance. When “*humankind*” made the split from an androgynous form, the womb became the portal through which we would enter the plane of physicality. The “womb of man” (humanity) called *woman*; was created to preserve the original intent of the experience, while securing the memory of all preceding timelines. Her role has always been to maintain balance and connection with Central Mind while allowing *imagination* to be stretched in order to embrace all human potentials. She stimulated the female frequency already positioned within the biology of the male gender, while ensuring the alignment of both energies.

With the decline of humanity into a denser level of consciousness, the nurturing womb of the Goddess was violated and ignored. The result of this mutilation is evident in observing the manner in which women impose destructive acts upon themselves and one another. Much of the feminine energy on the planet now operates on attitudes which are not supportive of the bond between the sisterhood. There is much competitiveness affecting the unspoken codes of the sisterhood. We at times war with each other over our counterpart, men. It is because we have lost the memory of who we are and our role in the grand scheme of things. When there is very little love within we go in search of love outside of ourselves. The division among women is directly aligned with the imbalance that continues to be an affliction on the planet.

The dominance of the masculine energy is largely responsible as women now operate on a competitive basis in desiring to be chosen over another. This establishes a form of validation or approval at the subconscious level. Much of the lyrics in popular music reflects and supports neediness and disempowerment as love is largely defined by attachment and not by balance and self-sufficiency. In a not so distant past “*woman*” ensured her survival, economic security and physical protection by her beauty, domestic capabilities and fertility. This aroused competitiveness among women as we were forced to compete with one another for a husband/protector/provider.

We still see this in progress today. We are most often appalled in viewing or reading about current tribal practices, which we consider demeaning, degrading and disempowering. Yet in our own reality these practices are upheld in a less conspicuous manner as we participate in numerous levels of betrayal by violating the relationship of another, bringing much pain to each other as trust is dishonored. Such dishonoring of friendships creates further crumbling and distortions rippling throughout the morphogenic field, impacting on the evolution of social consciousness as such patterns become acceptable.

We pretend not to notice these practices while subtly supporting this degradation to the Sisterhood. It is important to house the understanding that each gender represents a positive and a negative charge and each frequency is responsible for specific functions in the fulfillment of this mission or experiment. When androgynous man polarized into the frequencies of male and female, man and woman emerged and we ventured out into the unknown. Over time we began to experiment on the karmic wheel by switching frequencies. In otherworlds we moved out of our original gender charge into the opposite. In other words many have experienced being both male and female. The further we went in exploring the unknown, the deeper the distortion became and we began to lose memory of our original gender embodiment. However as we begin to remember the reason for the journey we begin to release ourselves from the experiences that bind us to the karmic wheel. This release allows us to return to the original charge/gender. This is essential as we backtrack to the original intent, returning to the center of balance.

There are many women who are at this time learning to honor what it is to be woman. They are embracing and loving their femininity as they have come to realize that a mate cannot provide validation of their existence. There are also men who are entering a space of honor for their feminine side. By doing so they are allowing the creative and nurturing energies to emerge. This in turn will bring about more harmonious and balanced relationships as the need for attachment and competitiveness fades away, to be replaced by self-realization. It is not about feminism or being right or wrong or one being greater than the other. This is about a return to the original knowledge

and intent in order to cosmically evolve the human experience to the next level. It is essential for these physical forms, these vessels to be activated by the original charge, for the soul remains in honor of the original codes necessary for this transcendence. These codes are designed like a lock and key in the manner in which cosmic realignment has been programmed to operate.

Division is further created between the sexes when we continue to fall prey to destructive attitudes of betrayal and dishonor to ourselves. We are then unable to see the impact of these violations on the feminine essence. In order for this ride, this journey to transcend to the next level we must assume the position of balance. How? By becoming acquainted with ourselves. Self respect and honor for the sisterhood must be redeemed but this can only occur once self-realization and worth are realized. It is imperative that we reactivate the memory of Sophia: The vibration of *wisdom*.

*Children wrap their imaginations around their world
bringing forth new ideas and questions surrounding
unexplored possibilities.*

13

Children are not Property

Children are the reminders of the original intent. Imagination is their playground. There is complete innocence in their understanding of fear. They remind us that we are here to play. We, however, brainwash them with fear based on our own experiences. Although we do have their best interest at heart, having lost our innocence we spend much time aspiring to be an “adult”. The fact of the matter is that we are all children, the difference being that we have fastened our consciousness in this lifetime, to this planet and to this concept of reality, in this current realization of our existence. Having been around for 20 or 30 years in linear time give one an edge over those souls reentering the planet in new bodies.

We have been designated the guardians and caretakers of these returning souls. Children are our equals; they are not property. They are not our slaves. We are operating under an agreement that dates back to the time of the splitting of gender based on the design for reentrance into the earth experience through the union of the sperm and the egg. We are responsible for guiding children due to their innocence of the laws collectively enforced within each timeline. Children operate from a consciousness of freedom, uninhibited by the concept of limitation.

This however does not mean that they have not orchestrated the occurrence of certain experiences prior to reentering the game. This is a very touchy subject as it is very difficult for many to grasp such concepts. It is much easier to place blame on a tangible source. The movement of energy operates on formula, creating according to the vibration being projected into the VOID. The golden rule of “do unto others as you would have them do unto you” is very much part of the machine that moves energy around.

Many of us are here to change prior experiences or understandings held in another timeline. Since past, present and future are occurring simultaneously, we then have an opportunity to send a ripple through the quantum field that will affect all timelines.

Many of the children being born in this NOW are bringing forth a consciousness of liberation and freedom. We are having great difficulty in understanding this new wiring of thought process for it does not fit in to the normal social codes. They are dismantling the programs that have held the collective enslaved. Humanity is however struggling with these children, as they are afraid of change. Children are rebelling against the forces in control such as government, religion and corporations. They will not be controlled, they will not be told what to do.

Parents can better meet their children at a mutual point by reviving more of their child like aspect. This does not mean that we succumb to our child's concept of life. We must continue to set guidelines but we must also listen to what they have to say. It is okay to be a friend to your child without the fear of losing control because the truth is that control is an illusion. We cannot make anyone do anything that they do not want to do. You can beat them into submission but the vibration of resentment will create a spin that will come back to haunt you in time. Children want to be respected. They want you to know that they are not lesser being than you. They want to be recognized by their soul. They want you to love them no matter what they may choose to do with their life for it is their life to do as they choose. Once you have done your part in providing a loving, nurturing environment that is built on trust and honor they will always return to those roots. They will simply need to have their own experiences. Telling them of your experiences is helpful but it does no good when we paint pictures that are deceptive. Parents are sometimes afraid to expose the truth to their children of their own rebellious experiences as a child. Well that's fine should you choose not to share that, but we should not deceptively impose actions on our children while burying the memory of what being a child is all about. Most of us become "holier than thou", leaving children with the painful fear of not being as the parent.

While sneaking around is all part of the fun of being a teenager, there are situations and experiences that our children are afraid to share for fear of being preached, condemned or seen as a letdown. It is far easier to know what your child is doing than not. Although they will not discuss everything with you the parent, they will however have the peace of mind of coming forward on the major issues. Let us also not suffocate them with our own need for security. Security is also an illusion. They need to know that you support them always. As a parent we want to have what we believe to be the very best for our children. What we believe to be the best might not necessarily be in alignment with the journey of their soul. So we have to step back and see beyond the veil of flesh and blood by listening and viewing the signals being sent by the soul.

These children are opposed to conformity. In this society we fight to ensure that everyone conforms to the structure of things. This can be seen quite strongly in the educational system. At 16 my youngest son said to me while in high school: "This isn't about education, this is an indoctrination center". I found this to be the belief being shared by many kids. These children are very aware that they are being prepared by these systems to operate within the status quo and they are rebelling. Why? It is because they are aware that in operating according to the status quo their imagination and creativity gradually dies. Some schools have abandoned their music and arts due to funding yet there are other curriculums being held in place, as they serve to restrain students to programmed ways of thinking.

So often we become caught up in categorization. The new age movement has brought about the distinction of Indigo children and the Crystal children. Although it is realized that there are indeed new energies arriving on to the planet in support of the new it is also evident that many become lost once again in these categories of superiority. Many are now running around claiming to be Indigos or Crystal children and in truth and in fact every one of us is here serving an aspect of the experience whether you are an android or a sentient being. This sort of thinking deviates from the integration of these new energies in a manner that is not conducive to the individual or to the overall collective. We are fooling ourselves as we are caught playing the same old competitive game.

Changes within our educational system should be for all. We must first determine what our interpretation of education is. What do we hope to gain from the concept of education? Are we subjecting our children to the old concepts of success? Are we allowing them to be children with their imaginations in tact or are we subjecting them to compete within the framework of the societal definition of genius or overachiever. As parents we can easily ride the coat tails of the praise and adoration received by our children whereby securing the continued applaud at the cost of our children's freedom of expression. When children are considered special we want to cart them off to operate among other children who are similar but to a great degree this can also create a great imbalance. It is necessary to partake in both to some degree as these new energies are here to create a ripple of change. Separation becomes more of the same thing. It becomes the very thing that we are so desperately aiming to progress from.

Our society has a restrictive programming approving only of our focus on one thing at a time but what happens when one feels the need to focus on several things, why isn't that ok? This now becomes ADHD or some other diagnosis for those not functioning within the confines of the accepted program. We must understand that we are involved in an education of the 3rd dimension from the moment we are in the womb. At birth education moves to a new level and as that child grows his/her surroundings/ environment is the greatest education. Children wrap their imaginations around their world bringing forth new ideas and questions surrounding unexplored possibilities. Upon entering school all of that changes as they are conditioned/trained to operate within the norm or that which is accepted and controllable. They are taught conformity. It is their brain that begins to rebel against the constraints imposed on the freedom of exploration and expansion in a fluid manner.

In exploring such characters as Edward Bernays known as the father of Public Relations and nephew of Sigmund Freud, he mastered techniques of manipulation of the public through psychology and the study of the subconscious. These same techniques used then for the advancement of consumerism are being used today. In other words the objective during the period of 1919 to 1963 was to manipulate the minds of the public to become

consumers of things they did not need. This approach was considered to be necessary in order to drive business for many of these large corporations. The school system is now being used as the training center or programming center creating a natural need to consume and in order to become effective consumers you must make a lot of money by obtaining a “good education” and so on and so on. It is common knowledge that most successful entrepreneurs have never been to college or are drop outs. The ability to think outside the box is freeing as creative juices are not under the restriction of programmed responses. The pressure of adhering to the acceptable is no longer an inhibiting factor. Sure there are those who are able to resist the programming and are therefore pushing against the grain as they are considered irresponsible or unstable. Despite the ability to resist we are all still imprinted with degrees of this programming. I strongly recommend the reading of John Gatto’s book The Underground History of American Education, written by a thirty year veteran of the public education system and also a book by Charlotte Thompson Iserbyt, titled, The Deliberate Dumbing Down of America.

We must see our children as beings equal to us, depending on us for guidance, protection, spiritual partnership and at the same time setting boundaries. Does that seem like a contradiction? No it is not as these souls are here in such a free state of being on entrance that they are not prepared for a world that operates based on all the potentials of the game where anything goes. Most of all we must listen to the demands of their soul and not to the hunger of our egos and our need for power and control. We must feel that happy medium. To allow a child an overdose of latitude in behavior can also have consequences as they look to you for your lead. When you are not leading appropriately children can become a bit confused and begin to lash out hoping for some guidance and rebalancing.

When imagination and creativity are taken away the life force gradually leaves the body and is replaced by external methods of fulfillment. Plastic surgery and chemical mood enhancers become the order of the day. Although there is no right or wrong, no good or bad, we must be aware of the movement of energy and the formula that regulates the karmic wheel.

If we do nothing else let us stop and recognize the gift of re-membrance being brought by these children into this reality. They are reminding us that we are all children on this cosmic ride, endowed with the gift of unlimited creativity with the power to be whatever it is we choose, and when we awaken to this memory we will once again dance together as children.

Many past life memories have been plucked from the collective experience stored in the quantum field.

Another Time

There are a few beings on the planet who share a sense of having descended from another timelines, many light years away, a future time line, quite possibly another Universe. Some may have descended from the universe from which this one was created. Many past life memories have been plucked from the collective experience and stored in the quantum field. For a very long time I too thought that they were all actual experiences, but I have come to realize that when the element of emotion has been added, it personalizes the memory, leaving one fully submerged in the sensation of the recall. You may have also had a feeling of being a representative of a collective, the eyes, ears and the voice of a parent reality.

Yes, we have all descended the ladder of time to this lower frequency realm, however prior to our descent, as the split began in creating the seven levels of descent starting at zero point to the hertz frequency field, signature consciousness was created much like a ranking system; exploratory assignments were bestowed upon various legions. This involved the exploration of the expansion of life throughout the cosmos. It can also be compared to the astrological assignment of houses.

We all belong to specific stations or order. They form the structure of government or counsels that oversee the creative process and evolution of the lower frequency realities such as this Earth realm. Earth is filled with representatives from each station. The word race is derived from the word *ray*. Spiritual evolution and environment can regulate a shift in skin color and genetic design as every component of the body acts as a transmitter and receiver. Although mankind (*mankind refers to the original androgynous existence of all beings on descending from the void*) exists throughout the cosmos,

many exist in a more expansive state of form beyond the biogenetically engineered bodies by which earth humans experience reality. The creation of a vessel is determined by the electromagnetic frequency of the spatical position of each reality. The human body is a configuration of codes of information. Each race holds a particular pattern of energy or frequency in manifestation of the alternate faces of the ONE. Each carries the program or codes of the lineage of a particular group or ray. Although these vessels were genetically engineered by a more evolved consciousness, it has been done in honor of the descent into the unknown. The souls inhabiting these bodies have participated in honor of exploring the depths of the unknown.

There are others who have descended to assist with this cosmic and planetary transition. This process requires emotional participation in collective consciousness, enough to intercept the morphogenic field with an elevated level of consciousness that will affect the vibration of the planet. This takes place in compliance with the non-interference law of evolving species. This is in no way interference, as one must experience the trials and tribulations of humanity, in order to ignite change. We are then weaving the energy of change throughout the bioelectric field of humanity as we are then operating in compliance with the DNA codes of this reality, through our own biogenetically engineered starship: The human body.

It is also essential to bring to the forefront of your mind that words are limiting in their phrasing or representation of these energetic signatures. It should be noted that the entire Universe as seen is part of a project or dream experiment. During the formatting of the original reality portals were created, time gates/passageways that lead to connecting power stations in the galaxy. These stations would serve as an anchor to the newborn reality. Some of these stations are unknown to us as it was designed that way as a fail-safe guard. Much of this process is however routed through other connecting points such as Sirius and the Pleiades. The insertion of these fail safe points would prove essential, for through the actions of those striving for power and control, pathways were now opened allowing disharmonic frequencies to enter. These disharmonic frequencies are those forces holding a more electrical frequency not in resonance with earth's magnetic design. Such beings became strong initiators of genetic alterations to earth beings.

When the original gates or portals were created they held an EM (electromagnetic field) that did not accommodate life forms not in resonance with the vibration of earth. These gates were sensitive to DNA. The original construct of earth was magnetic and human bodies were then designed to resonate with the magnetic structure of earth. There were several rays/race of beings who were the first to inhabit the planet. Ray represents the vibration of color light and sound. Each race therefore represents a signature frequency; all emerging from the ONE in the original concept of the dream.) Their existence was not always in physical bodies but in the form of light etc. We should each strive to energetically connect with our own signature consciousness if we so choose. Most often we are influenced by names and titles expressed by others, many of which are truths that have been projected by opposing energies. Much of the “conscious” community is hanging on to the worship of entities that are no longer in a position of governance over the ascension process of this reality. Why? Because in the very beginning their purpose was to assist in the stretching of the potential of duality within this playing field. This has been done through the ongoing deception by which humanity has been shrouded as they have passed themselves off as Gods, interposing themselves throughout human history. However they are Gods no more than you or I, the difference being that they are aware of this and we are just beginning to move into that remembrance. There is much difficulty in accepting this fact as we are battling with the imposed program of unworthiness.

Adaptability to both commerce and the legal system on the planet has been quite challenging for many of us. This system is a machine of control. Many of those who have come here in honor of planetary change will find it difficult to move in alignment with such deep levels of control. Such souls are able to recognize the deception by which these rules are being imposed on the collective. Not only are we aware of the deception, there is also a clear awareness of the same characters or leaders who have reentered the game from previous timelines to ensure the continued enslavement of the people. Most of humanity surrendered their will in a distant past; however they remain unaware of the choices that were made. We are all collectively affected by those choices despite being aware of the deception. For we have

entered this realm under contract to human genetics which automatically plunges us into the web of programs now aligned with the collective thought process. These are the challenges we face in unraveling from the current vibration on the planet. Responding through the process of struggle would defeat the intention but we can affect change through an elevation in thought process and perception. It is not about opposition but it is about the merging of light and dark. Only then will we realign with that empowered aspect called the spirit, allowing the science of mind over matter to be honored.

The barrier between universes has a very conclusive appearance or *voidance*; in other words a sensation of nothingness in the beyond. However these barriers are represented by rings of light, measurable by pitches or tones, harmonically changing chords through the interplay of colors, many of which are not apart of the human electromagnetic field due to cellular and optical limitation imposed by the diminished capacity of the brain. There are many colors and pitches that cannot be experienced in the present consciousness, as the vibration held by the human biology is currently inadequate with the exception of a few. This disallows the body to translate such frequencies.

We all belong to specific stations or orders

✚ Characters in the Game

As we progress into the understanding of this reality, the veils of deception are being lifted. Within this system of reality there are individuals who represent specific program inserts. These programs are specifically designed to prolong the cycles that sustain division among races, women against women and men and women against each other. Such individuals disperse chaos within different factions of reality. An example would be one who continuously stimulates destruction within relationships, such as families, groups and mates. They operate much like a computer virus.

Candidates or representatives of such programs are generally carrying this program of emotional disorder from childhood experiences. In order for such programs to be effectively carried out, an individual must possess qualities reflective of low self-esteem, envy, jealousy, hatred, vindictiveness and deviousness. Such qualities cause an individual to experience joy through the emotional discomfort of others. Why? Perhaps it is because discomfort and unhappiness are the most familiar emotions to the carries of the impending programs. The initiation of such programs upon society ensures continued division and assures the birth of additional initiates or carries of the virus. A confused society will remain distracted, thereby relinquishing control of their will.

Betrayal is most often the method by which the bio field of the individual is penetrated and drained. Such energy drain is impacted on the body as a shock to the molecular structure of the form. Such conditions cause a scrambling of hormones and chemicals within the brain which in turn distorts the thinking process. In many cases the individual will respond

impulsively violently in the physical actions to follow as one is now oscillating between realities.

The mind dances in and out of the past while forming irrational probabilities as well. The shock of betrayal rips through the fabric of one's reality much like the ripping of cloth. This is experienced within the body and the mind as a literal destruction of the physical being. The system/matrix is designed to prolong humanity's inhumanity to one another, again for the purpose of the disempowerment of our fellow man. As we involve ourselves in the murder of the life force of another we are unaware of the laws of energy which set the karmic wheel in motion. Yes we can murder another without striking a blow to the physical body. The vibration released through such actions must and will return ten fold for the law of balance is the manner in which creation operates. As we breathe in we must breathe out. There is a rhythm to life, which upholds cosmic balance. You are the initiator of your own doom. "As we think so we are".

This reality is filled with characters. What are characters? Characters are a compilation of programs, which are an assortment of defined character types or generalized personalities. They are incorporated within individuals who will become a carrier of the virus to be circulated through various forms of confusion upon diverse factions of society. Most characters do not lead; they follow, since characters do not think for themselves. This causes them to be miserable and unhappy, as they are unable to define themselves. Eventually the codes within the programs are triggered releasing poisonous energies such as jealousy, envy, hatred, vindictiveness and deviousness. It is then that the virus of confusion is released and the cycle of destruction through division is once again in place.

The individual realities, from which our lives unfold, form a secure pattern of energy. We protect these secure patterns with the same importance as we guard our lives. It is for this reason that change creates difficulty, for the patterns by which our perceptions are formed must now be rewoven. We can then more clearly understand the impact of shock upon our reality. Shock implies the unexpected for one has existed in the security of a specific pattern of perception. All things are a weaving of energy including human form. Without warning the beams supporting our realities

are yanked away. All of our fears are then exposed and we must then face them or subject ourselves to another encounter with the characters within the game.

How do you bypass these characters? You do so by withdrawing from any emotional reaction or response to the venom. Know who you are. Are you a character or a player in the game? Define yourself through the acknowledgment of the I AM that you are. Immerse yourself in the love of the divine being that you are. The role of the character is to validate the illusion; their role is to make it real by triggering emotions within you. Human emotion is powered by judgment.

What is love? Love is the energy of non-judgment and the honoring of all things. It is the awareness of non-separateness as we move in harmony with the unfolding energies. The love expressed within this perception of reality is reflective of the state of nonalignment. This concept of love is the opposite of the harmonic flow of *allowance*. The new paradigm is realignment, which can be experienced as we begin to recognize our position on the game board. When we move forward in honor of change, leaving behind the distractions, great moments will be experienced, for as we abandon the distractions that have created the many dramas in our lives, we will have moved into a state of allowance. When we become focused on evolving our own life, the desire for judgment will fade away. This will intern reprogram and awaken many of the characters on the planet, for you will no longer lend your life force to the support of such programs. No thing, person, place, attitude or situation can exist in your reality without your permission and emotional interaction with it. You are the lawgiver.

There is a rhythm to life, which upholds cosmic balance.

Simplifying the Journey

How do we simplify the journey? The process of simplification requires that in random moments we remove ourselves from the game, from the million-and-one scripts and light shows of which our lives are comprised. We can then redirect our perception and recreate the game. The game is distracting and like a labyrinth it leads us into confusing pathways, as each path appears to be the path that transcends the game. Sadly, many discover that they are moving in circles, always returning to the same point of origin.

The maze is extensively complex in its design. This degree of complexity dances its way through our beliefs and our emotions. Most affected is our spiritual belief, which is most often regulated by religion and a program of misconceptions, generally formed during our formative years. We most often contest to the extent of the influence imposed on our lives by our childhood. However we are a product of these social programs which have been incorporated into our lives by our parents, schooling, religious education and most social experiences.

We are currently moving through a cosmic wave which is igniting the spiritual awakening of humanity to the realization of the game, the dream. Although completion of the game requires the submergence of humanity into a deep sleep, realization to this fact does not automatically disconnect the sleep process/illusion or the distractions imposed by the game/dream. Instead, deceptive scripts inserted into the game heavily influence many of these spiritually aware beings, for we are programmed to be governed by external reality. We have therefore surrendered to the control of the stars, society, spiritual leaders, employers' etc. We exist in constant search of external influences from which we surrender responsibility for the outcome

of our lives. We search the stars for a map of the past, present, and future yet it is all relative to our level of consciousness. To simplify; **we are governed by no-thing when we are in conscious observation of the game without the emotion of judgment.**

*We are governed by no-thing when we are in conscious
observation of the game without the emotion of judgment*

Oxygen and Reality

Reality as collectively perceived is sustained by the ongoing flow of harmonics projected from the original creator realm, traveling throughout the cosmos, to be broadcast unto the planet and all life. The structure of this hologram is sustained by these transmissions, for all things in the physical are representative of a frequency, a configuration of energy forming specific patterns in time. All that is visible and all that we are, is an intricate collection of information, involved in a transmitting and receiving process as we inhale and exhale. In the process of inhaling and exhaling, both actions meet at the center known as the core, mirroring the process that occurs at the subatomic level. Again we are reminded that emotions are the building blocks of our daily lives, causing emotional dependency on the chemicals/hormones released. We exist in an electromagnetic field (EMF) of emotional impulses. It is a field of rapidly fluctuating waves of energy. The body being a complex electrical system derives its pleasures and experiences from feelings. What are feelings? Feelings are the effects generated from the translation of thought waves, electro chemical impulses to the body. The vibration of thoughts varies in frequency resulting in inconstancies in emotional stability. This greatly reinforces our confinement to linear time. The emotional and physical health of humanity is expressive of these truths.

As humanity stands in position, waiting anxiously for planetary/cosmic shifts, the dance of confusion and old programming continues to intercept the harmonic flow of this great change. This transition requires humanities' rediscovery of their sovereignty, which will in turn reactivate cellular memory within the biogenetic ship (the body). While most of humanity remains engulfed in religious fairytales, and disempowerment,

we must strive to reclaim knowledge of the cosmic dance encoded within our being, for indeed we are the great *mystery school*, accessible when sovereignty is sought and reclaimed. We need not seek outside of ourselves once we have embraced the understanding that we exist within the dance of Energy, the particle, wave dance. We ultimately exist in the space called mind, thought projections solidified through a science of the imagination, (image-in-action) holographic in design, (a holographic projection; a graphic structure supported from within by energy through the pathway of emotions). Such an acceptance must far exceed intellectual knowing, for the flame of desire must burn deeply within our being in order to redirect the body into a harmonic alignment for reactivation.

It is a documented fact that the human brain is minimally accessed, yet the control panel for this cosmic vessel (the body) is located within the brain. The human dilemma of both drama and trauma are reflective in the physical and the emotional health of most humans. The importance of oxygen to the human form far exceeds the general understanding. The stimulation of varying levels of brainwave activity is dependent on a flood of oxygen to the brain. Most of our society practices shallow breathing without realizing it. This in turn minimizes the flow of oxygen throughout the entire physical form, impacting the physical and emotional health of all beings, as dis-ease is being experienced on a mass level. It is important that we maintain conscious memory that the body is a transmitter and receiver, a configuration of the EM spectrum, color, light and sound. The complex configurations of harmonics, transcending from the subatomic realm, are encoded within the atomic structure of oxygen molecules. As we inhale and exhale at the deepest levels, we have the ability to access many levels of cosmic knowledge.

The human body resonates to the earth's magnetic field. All of life on earth has developed under the influence of this geomagnetic field that varies in structure and dynamic properties via geomagnetic pulsation. There is also an EM field generated by the breath. The exchange of information occurs at the core during the exchange of inhalation and exhalation, as signals travel up and down the spinal cord by route of the spinal fluid. According to Frankly Sills, in The Polarity Process, quotes Dr Stone, founder of Polarity Therapy,

The cerebrospinal fluid seems to act as storage field and conveyor for the ultrasonic and the light energies. It bathes the spinal cord and is a reservoir for these finer energies, conducted by this fluidic media through all the fine nerve fibers as the first airy mind and life principle in the human body. He goes on to say: The cerebrospinal fluid conveys the energies of the mind throughout the body! Mind energy is considered to be the first principle of life. 14

He concludes that mind functions in the body as the light of intelligence.

Oxygen carries the electrical charge needed to sustain the cells' natural function. There are numerous levels of transmissions accessible according to the magnitude of brainwave frequency. Activating more elevated levels of brainwave frequency above the hertz/radio field will require an expansive flow of oxygen throughout the brain. The cells are fully encoded with the harmonics of creation. Emotions are a determining factor in the level of oxygen that is maintained within the body. Experiences and attitudes that impart trauma on the body will cause a depletion of oxygen at the cellular level. The cells begin to suffocate from the lack of oxygen while drowning in the fluids which has settled around the cells as a result of trapped blood proteins leaking out of the bloodstream. Every cell in the body is an electrical generator dependent on oxygen in order to maintain its natural function of converting glucose into energy. The current explosive awareness of the benefits of oxygen is no coincidence. Humanity is awakening in its evolution due to reoccurring experiences and patterns by which life is being processed. The dance of transcendence requires a tremendous shift in the vibration of planetary awareness. It is therefore essential that we begin to awaken in our understanding and in our memory of the sovereign design of the human body. It is a self-contained vessel that will be reactivated as we begin to properly engage the breath.

Oxygen is the transporter of Chi/energy/electromagnetic charge to every cell and tissue in the body. This depletion of oxygen is reflective of the shallow intake of breath as we breathe. Deep breathing requires an intake of breath from the core, the central point located above the navel. Shallow breathing disallows us connection with the core where all the vital organs are

located. When we connect with the core we are moving sexual energy up the spine, up and around the energy center, the chakras. We are raising the Kundalini, igniting the fire of life throughout the form and reactivating all the compartments within the brain. Oxygen is indeed the great portal activator. For it transports the chi, the electromagnetic juice necessary for time travel. This current time and space, this illusion, this virtual world, is supported by our inability to access full brain activation.

Almost all things in our reality are designed to limit the intake of oxygen to the human body, thereby limiting the flow of oxygen to the brain. As oxygen is increased to the body through deep breathing, we begin to feel the entire body tingle: the head will pulsate with a feeling of expansion as we are in the midst of shifting brainwave frequencies. It is important that we consciously determine our objective in our pursuit of knowledge. Are we aiming at temporary solutions, quick fixes or shallow comfort? If we are indeed in search of ever expanding knowledge, we must embrace the pursuit of sovereignty, which requires the release of all dependency, including attachments to people, places and things. For such dependency requires a tremendous relinquishment of chi/energy/oxygen, which sustains the emotional output, embedded in and around the attachment. When sovereignty is the objective, the energy of the desire is established and echoes through all time and space allowing us to encounter teachers/instructors/situations that will assist us in our quest for a holistic expansion. Remember that a sovereign being will not desire or encourage the worship of others. A holistic expansion encompasses spirit, mind and body, stimulating and producing the chemicals and hormones needed to create a shift in vibration.

It is clear that lack of oxygen to the body results in pain, disease and eventually death. Within the atomic structure of our being are protons, neutrons and electrons, all electrical. The human body is therefore an electrical structure which derives its electrical charge through the flow of oxygen which unites spirit, mind and body. As we breathe deeply, we are positioned in an alignment that provides us with the potential to consciously inhale the cosmic, harmonic blending of the EM spectrum of color, light and

sound. These transmissions are intricately woven within the atomic structure of oxygen.

*Delving into the science of things will assist in opening the
doors of the mind and the spirit, unlocking the cellular codes
awaiting the awakening of humanity*

Earth's Design and Ascension

There is no doubt that the formula of earth's design correlates with the human body and with the map of humanity's journey through cosmic and planetary cycles. All of life is a composite of packets of energy. Numbers then play a significant role in nature ensuring the balance of all things. If the dimensions of The Great Pyramid corresponds to or defines the Earth's size and angular motion then these planetary measurements must some how represent the physics and the mathematical calculation of humankind's descent in frequency from point zero; the apex of time. It encompasses all levels of electromagnetic frequency of each time line, establishing a map and symbol of our decent into matter. Time, in its elasticity is stretched descending in alignment with the splitting of consciousness within these seven levels. It then presents an obvious equation that physical ascension requires an elevation in frequency, moving faster than the speed of light (super luminous speed), which is thought. It is the orbit of the Earth around the Sun that provides a formula for the measurement of linear time; each spin being equivalent to one earth day, with an accumulation of approximately 360 revolutions around the sun equating one Earth year.

15. It has been estimated that the actual number of days in a year is closer to 365. In understanding the 360 degree correlation to time, knowing that one degree is equivalent to 60 minutes, and recognizing that time is relative to speed, it gives credibility and probability to time travel. Let us not forget that ascension is about time travel; a shift in vibration, a shift in orbital speed for both earth and humanity. According to Reg T Miller author of Pyramid Truth Gateway Universe , it has been determined that, every two seconds

the distance traveled at the equator is exactly equal to the perimeter of the Great Pyramid.

The earth travels at 3000 feet every two seconds; $3000' \times 2 \text{ seconds} = 360,000 \text{ feet per minute}$; $360,000' \times 60 \text{ seconds} = 216,999,999 \text{ feet per hour}$; (There is 5,280 feet in a mile), $216,000,000 \div 5,280 = 4,090.99 \text{ miles per hour}$.

Let us now compare the speed of light at 186,000 miles per second to the earth's movement at a minute fraction of a mile per second, or at 4,090.00 miles per hour. Wow! The comparison sure puts things in perspective. In order to place the process of ascension within a conceivable and comprehensible perspective, it is important to step away from the fantasy and the illusion that has been gated around this magnificent transition in progress, which is scheduled to occur whether anyone believes it or not. Delving into the science of things will assist in opening the doors of the mind and the spirit, unlocking the cellular codes awaiting the awakening of humanity.

Most scientific theories and explanations are made visible through mathematical formulas expressive of an idea. It is evident that our celestial and planetary system is devised of an intelligently mapped structure of coordinates much like all of creation. Through the avenue of probabilities, much of what science has given to us has not been supported by tangible evidence; such as your own certainty that there is a cat sitting on the fence because you can clearly see the cat with your eyes. Our knowledge of the subatomic realm is based on wave patterns that form probabilities. Much of what is known can be considered guesswork.

It has, however, been noted by scientists like Carl Munick and Bruce Cathie that this coordinate-based reality functions on a 360-degree formula. This 360-degree formula has determined everything from time, height, weight, longitude and latitude. Those who came before us have left the planet, with a mapping of codes and symbols both inside and on the external structure of the planet as discovered within many pyramids in other areas on the planet. In 1927 the Copenhagen interpretation was born, giving rise to what became known as the new physics. Quantum mechanics revolutionized the world of physics by concluding that any attempt to explain reality would

far exceed the capability of the limited human mind. It became more of an accepted realization that reality is indeed determined by the observer. We are energy interacting with energy through thought.

Through historical geologic research it is scientifically evident that the planet has gone through numerous cyclic changes over several million/billion years. Each planetary change has involved volcanic, tectonic, flooding and radioactive activity causing craters, rise in sea levels, shifts in landmass and the extinction of numerous species not excluding humanity. Man has inhabited the planet through several levels of reinvention. Humanity and the earth began a shift in vibration with each catastrophic change. Through a gradual decrease in vibration, awareness and memory was lost as genetic and emotional manipulation became a prominent application into reality and the memory of alignment was lost. The illusion of separateness became the eyes through which humanity would now perceive life.

The brain became as inactive as the DNA codes, allowing the human experience of limitation to be fulfilled. This sleep cycle is in its final stage for those who desire to awaken and to transcend with the planet. As we draw closer to the end of this fourth 26,000 year cycle, associated with the earth's procession, answers are being sought as many religious wars erupt within multitudinous corners of the spiritual social belief structures.

There are antigravity points, diamagnetic vortices also known as a Bloch Wall, which acts as a star gate operating on a cyclic timer. The earth is surrounded by what is known as the World Grid. According to Webster's dictionary, a grid is a network of uniformly spaced horizontal and perpendicular lines, specifically one used for locating points by means of a system of coordinates. David Hatcher Childress in his book Anti-Gravity and the World Grid :

16. We are speaking of an intelligent geometric pattern into which theoretically, the earth and its energies are organized." These Grid patterns are actually "energy lines" which were once a source of energy supply on the planet. It has been discovered that the Pyramids and other megalithic sites have been built on these lines of energy. Our molecular bodies and human consciousness as we walk on earth lives within the

grid. The Grid is like a unified tuning fork vibrating with our Light/Life/ Electromagnetic spectrum for earth as we receive it daily from our specific Star Evolution paradigm, the Sun, the astrophysical center of our local solar system Grid. The human body has 7 main electrical points known as chakras or “spinning wheels” ranged along the vertical spinal axis.

There are approximately 7 to 22 minor chakras throughout the body. The earth also has a chakra system arranged in energy sequence. The earth’s oscillating electromagnetic field acts as a womb of energy in which all life on earth receives its nourishment and it’s on going energetic substance. (Childress)

17. In a system of magnetic ecology the human energy rhythms take their cue from variations in the earth’s magnetic field; thus human biorhythms are conditioned by geomagnetic fluctuations which act for us as timers, modulators, regulators and if used properly, as healers.

Based on this understanding the ancients knew how to harmoniously and creatively harness and direct this:

18. “Multidirectional flow of electromagnetic pulses to maintain individual health”.

Quantum mechanics revolutionized the world of physics by concluding that any attempt to explain reality would far exceed the capability of the limited human mind

✚ This Reality Is the Past

Yes we are the past, an echo from another time; we are but a memory of a time that has been long past. This reality is but a shadow. The entities of this reality continue to return to this particular point in time due to an inability to move beyond the border between this world and a less limiting reality.

The world as it is seen exists simply as a memory sustained by those who struggle to hold on to it by solidifying this physical reality into an inescapable illusion. As we move through various levels of awakening we transcend to alternate realities which support our individual level of awareness. These transitions occur with each thought within this physical reality. These alternate realities represent the infinite number of probabilities from which we make choices which determine our every moment of experiences; a river of unlimited potential.

Those eagerly awaiting ascension are aware that through these alternate realities, the multilevel process of ascension is being played out and we intercept these various points of ascension according to each stage of spiritual awakening. As we eagerly await this transition, it is important that the science of time is intertwined with an elevation in consciousness. We should therefore look to evolving our awareness beyond the mere anticipation of the pending dates for this planetary transition. Transcendence is occurring in every moment. Ultimately we are the ones deciding when and where we choose to go. This is all unfolding according to thought process and perception. It is the vibration of our thoughts that connects us to compatible frequencies that ignite and propel vibratory shifts.

As discussed in other chapters it is no coincidence that as we grow we find ourselves meeting new people, many of whom appear to speak a similar spiritual truth. Those passionate about the journey, continuing to climb upward, will find that many people from earlier stages of our life fade away. As we shift perception we shift realities, continuing to meet souls who once again are in alignment with your awareness within that moment. Very few will share your journey for long periods of time and some we will meet again further on down the road. As we move forward in awareness the road narrows. Why does the road narrow? Because the process of awakening moves you upward to the apex of time; back to point zero. It is the pyramid effect. The road widens in the dissention process and narrows in the ascension process. We are becoming more fluid and less solid. The simultaneous existence of past, present and future when accepted from an awareness of non separatism, will guide us through the ascension process. We can be connected to the energy of the ascension process, which is ongoing in parallel realms. We are the past, an echo and a wave of memory of those who transcended this point in time.

So here we are on rewind, many of us unable to let go for fear of releasing our belief system and too afraid to encounter change. Those who have transcended this reality are able to see our reality but most of us are unable to see theirs. This occurrence is no different than the ability of more aware souls being able to feel and to see the spiritual stagnation of those we leave behind, as we choose to discover more about who we are, where we are going and how to get there. We now discover that those we love have suddenly become the past. Although we are on the same planet we now occupy a new perception which most often brings about geographic changes in our lives. As we shift we leave behind healing waves of energy, within the shadow of what was once our reality or perception. These healing waves ripple throughout all realities, triggering an awakening as the message of ascension dances within these waves. "Remember, remember, remember!", is melodically whispered in the wind, the trees, the waters, the birds, the flowers, the mountains, rain, the sunshine and the moon.

There are times when I find myself withdrawing from the necessity or the desire to be heard or to impart a gospel of change. I am sure that some of

you are familiar with that feeling that comes and goes. As knowledge unfolds, at times we may find ourselves having less to say, for truth can only be revered as truth, through one's own understanding and experiences. Within this grand theatre, the illusion is brought to life through the dramatic performances embraced as life. Existence is a complexity of infinitely unfolding probabilities, a journey of time travels, all occurring within the multidimensional echo like structures of the mind. From this place thought patterns spiral down from that timeless space; subatomic particles; the substance of form, packages of light; the codes of light. These codes of light are depicted as hormones and chemicals, projecting the image of our human form. They form internal organs: Tissue, bones, blood etc. according to the vibratory requirements of the game field of planet earth. Hands, feet, fingers, toes eyes, nose and so on are all a configuration of light codes. These codes operate harmonically, held together by rhythmic patterns of energy constantly in motion. Codes of light are quantum packets of potentials, the formula of all probabilities within the VOID; that which lies within Central Mind. Within all things lies the potential to be all things for it is evident that ALL THINGS ARE INDEED ALL THINGS.

As we begin to remember and realign with the memory of who and what we are, we will find that we have been everywhere yet no where, we will find that we have never been separate from all that has appeared external to us. It has all been a magical show, set forth by the mind and the brain, working hand-in-hand with thought. Be reminded that we do not see with our eyes, we see with our brain (See chapter 4, Reality and the Brain). We have spent millennia of lifetimes searching for ourselves, composing script after script, expedition after expedition, digging, and hoping to relocate and unlock those codes.

Although it is an individual journey filled with the potential to ascend at anytime, this particular time in which we hold our perceived existence marks the end of a collective third-density experience. We have been operating based on collective agreements; for it would be impossible to participate in the third-dimensional game without the characters that have performed within our individual shows of illusion. These shows of illusion are representative of the fulfillment of another explored potential of the All

That Is. We have lost ourselves in an occult-like worship of the Game of probabilities. We are lost in the believability of the third dimensional level of the GAME.

It's like a chess game with a scientifically layered design of rulers and subjects within which lies the illusion of power and the battle for your WILL. It is the great deception of the true rulers and subjects. We exist in an uncertainty of the ownership of one's Will. It is of utmost importance that an understanding of will be incorporated into our endless quest for spiritual identity. It is will that is the driving force of our descent through time into matter. Will is the propulsion of energy that provides the force needed to reach into the void, to bring forth the essential codes of light to create that which has been born in the imagination: The image-in-action.

There are a number of those known as ascended masters who continue to operate in deception, subtly enforcing and maintaining control over the vulnerable minds of humanity. Both the individual and organizations alike find justifications for their surrender of power and will.

Within all religions, occult and new-age truths such manipulation exists as numerous predecessors of humanity remain Gamekeepers of this plane. Humanity's need to worship outside of ourselves has provided the signature of approval for the ongoing control of our minds. Such entities who are no longer part of this plane are stuck and exist within surrounding planes of Earth. They sustain their existence by feeding off the emotional output of humanity; intercepting human thought-field by continued injection of patterns of fear, guilt, shame, pain, doubt, jealousy, lack and attachment.

The deceptions of such heightened nature create a level of comfort within the human mind by providing a balance of insightful knowledge. This creates continued trust, loyalty and attachment to the parasitic entity that has been providing an illusion of freedom. The sovereignty of humanity is a feared occurrence as it will bring an end to the actions of the puppeteers and the smoke and mirrors. We exist in the age of ENLIGHTENMENT coming forth from the cosmic regulation of cycles; cycles representing shifts in frequencies spiraling down from inconceivable cycles, light years in the future, which is actually our past. Within our realm of understanding we can catch a glimpse of such unfolding through the four quarters of 26,000 years

cycles, the end of which we are now experiencing. It is because of this great time of cosmic graduation that the door has been opened to the surrounding planes, bombarding our time, our current time as numerous entities step forward through various channels. The lives of many have become dependent on the instructions of these beings. This becomes an interception of alignment to the ONE.

The confusion of the structure of oversouls and the necessity to be identified with figures of prominence identified in human history is of great distraction and deception. The alter ego becomes the target and the driving force of the journey. The GAME encompasses many outside life forms seeking life through human emotion. The human need to belong and to be accepted drives the ego to provide this candy to the human child.

All of nature is loudly whispering the reminder, transmitting the echo of the message from one to the other, until the message is downloaded in this time line. As our predecessors arrived at the gate of the Northern star; some entering the Sirius star system and the Pleadian system, they had embarked on a consciousness which evoked freedom. The star known as the Dog Star or the God star has been described as the portal of Liberation. The journey becomes truly expansive once we reenter the center of sovereignty accessed through the brain (See chapter 4, Reality and the Brain).

*The world as it is seen exists simply as a memory sustained
by those who struggle to hold on to it by solidifying this
physical reality into an inescapable illusion.*

⊕ Do We Live Past Lives?

Time: it forms a loop creating an illusion of being the only potential reality and of being the only timeline. The movement of energy is based on potentials and potentials are mapped on scattered points forming other timelines. Potentials are experienced based on choice. We choose according to the vibration of our consciousness or awareness. This timeline which we appear to share collectively is “the past”, relative to future potential timelines. The science of time is intertwined in the multidimensional movement of consciousness causing us to become someone else’s past for all potentials exist simultaneously.

In the absence of this realization we become carried away in other games within the game. This further deters us from a more direct path to the origin of the game. This level of the game is supported by “savior program”. We are then fueled with an urgent need to save everyone. This program more commonly operates through the psyche of the seeker: Religion, new age, light workers and so on. Although we seek freedom away from deception we are drowning in it for much time is spent living in the past. Our minds operate in the past or in fantasy of the future, very seldom in the **NOW**. The Now is frightening for most, although they are most often unaware of their fear. Living in the Now is a spontaneous process, while living in the past is secure for it is already known. However, the future holds a level of security in fantasizing about it, although it is unknown and uncertain.

The NOW removes the comfort of the “*doubt*” process. Doubt is comforting in that it allows one to wander the corridors of potentials extending from optimism to impending doom. When we are in the NOW the

mind has nowhere to wander but only to rest in certainty that all is well in the moment. In the NOW we can choose a desired potential without the interference of doubt. Again, these potentials exist in multiple levels of time not yet born to your reality or consciousness. "Time" is a matter of shifts in consciousness. Therefore we have been stuck or frozen as it were in the same perception/consciousness for quite a while. Since this fact has been forgotten the only way that we have been able to break away is to "die". "You are stuck" on a theme within the game and you keep coming back because you can't break free of the extensive labyrinths in the game. When you return, you are returning to past or future timelines connecting to previous experiences according the requirements for the fulfillment of your soul and your journey. This is the 21ST century but you may return to the year 1600. Everything you say, do, and think will determine the choices to be made then. These potentials and timelines exist within you! Beyond these third-dimensional forms is a highly evolved being. You are pure consciousness, Energy in motion, "pure MIND!" Consciousness is the great MIND where all potentials await manifestation by the dreamer.

If we can escape the *savior program* and focus on reprogramming and remembering ourselves, we will then be on our way to assisting in the shifting of collective consciousness. We will have moved into "Christ consciousness", a state of alignment.

So is there such a thing as "past lives". Yes, you are living one of your past lives right now! Each life time is being experienced as a NOW experience, so you will not know that it is a past life. The only time that you will identify an experience as past life would be during a regression/hypnosis. However during a past life regression, while under the experience it will feel as if it is your present life time. Regressions can also be strongly influenced by extracting an experience from the quantum field. The experience will become your own. The people in the room with you during the experience will verify that you never left the room. Yet you will have traveled back in time and communicated with others in that timeline who will view you as physically being there. It is time travel. The mind is the great time-travel vessel. Thought is the fuel. Once you become aware of this

state of being, you may alter the choices that you would normally have made based on your previously limited understanding.

Although we can travel back in time we are too frozen in this time slot within our consciousness, in order to allow the molecules of the body to dematerialize and rematerialize in fluid motion. Physically returning to a past timeline in a conscious state should only occur once we no longer exist in a fractured consciousness or awareness. In other words, we return there as a more evolved vibration. The old perception of time is then no longer relative. Your thinking and your understanding will have evolved beyond the old emotions of regret. This in no way compares to time-travel experiments done by the governing forces on the planet, as this is being done from the limited state of a logical and programmed mind struggling for power and control. There is a difference.

There is so much more that will be understood that you will have evolved beyond the vibration held by previous timelines. It is for this reason that those who have ascended (those taking their bodies with them, not by way of death) from this reality seldom return in physical bodies to rub elbows with this lower vibrating consciousness. This reality operates on a “poor me consciousness”. They do not, for they have transcended the illusions of separateness that continue to stir human emotions.

We can also evaluate ourselves and the position we hold by observing the people around us: those we call friends, lovers, coworkers, family. You will be surprised to notice a common theme between all of you. It can be rather mind boggling and shocking to recognize that this has been your reality. The most noticeable common theme is often financial. In many cases, if one is experiencing financial lack then the people around you are generally in the same position or worse. What ever it is that you are experiencing, take a look at the players in your life. Observe each personality and belief systems; see how it relates to you, even those that drive you nuts. When I looked around I noticed a theme and realized that I was stuck in that theme. I also realized that most of us were accepting that common theme. Again, it's the “frozen” syndrome.

It is also important to remember that people are in your life because you invited them in. You exist in your own private reality, although you share a

collective experience. What next? Do you abandon everyone in your space, supporting this theme or do you simply choose a new potential? Yes; simply choose a new potential. Your circle of friends may remain part of your new reality in a slightly different form or they may fade away. What we fail to realize is that your employment, groups, organizations, clubs, etc, are all holding a specific theme. When we join these various arenas, it is important to be aware of the tone of the individuals supporting this formation. What position of lack is the common theme? Is it emotional, spiritual, relationship or financial? There are times when we do need to partake in these themes; however it is common practice to become frozen without realizing it. We meet new people, but we keep recreating the same themes. It's comfortable because it's the familiar.

When we embark on this realization, our eyes are opened and we can then see the unlimited, for you are no longer frozen from the hypnotic effect of these themes. Boredom is a strong sign that you are ready for change. However, the transition can be rather challenging, for you are suddenly being pulled away from a concept that has been determining your choices, perhaps for life times. There is no longer a need to save anyone. You can freely move forward, impacting change as you move through time or no time, for every possible potential exists in the vastness of time. You need only locate the time space with the desired outcome, and that can be done by simply changing your mind, your perception, your consciousness. You can move back and forth in time from a conscious state. We can change the past as well as the future simply through choice.

*Consciousness is the great MIND where all potentials await
manifestation by the dreamer*

✚ The Ascension of the Soul

Uncovering the history and potential direction of human life is one filled with confusion, deception, limitation and manipulation due to loss of memory. Humans are buried in a thought process of limitation regarding human potentials and the nature of our origin. Despite current realization that we have created both our collective reality and our individual reality it is not realized that what we continue to conceptualize are thought forms derived from someone else's idea or dream of this matrix or third dimensional experience. We have been severely distanced from this truth as the deception of our sovereignty is supported by the ongoing dissemination of programs essential to the sustenance of this enslaving reality/consciousness.

In reviewing what has been discussed thus far on the concept of ascension we can further add that first the soul ascends then the body. As mentioned previously much of the understanding of ascension has been locked into limiting and mystical concepts. Has this misunderstanding been deliberate and if so why. Words have played an important role in the progression of life on earth. The origin of words can greatly assist in reclaiming the original meaning associated with the terminology, spiritual concepts, beliefs and ritualistic practices. It is not always possible to operate from the root origin of a word so we must process words through our non physical self.

The "soul" is a word or a concept holding similar understandings in most all cultures, religious and spiritual practices. We most often speak of the "soul's" journey or purpose. For the most part it is common belief that the soul keeps record of our travels throughout the human experience. With

that being understood it would stand to reason that as we move beyond the limiting programs of the third dimension we begin to shed all blinding aspects of this matrix. As we become self realized the purpose of the soul is no longer relevant, at least not from the old limiting perception. The soul operates in multiple levels and becomes grander and unlimited as we progress in awareness. The soul as experienced in the third dimension is an essential mechanism of the reincarnation wheel. It creates a schedule of events with specific emotional outcome as part of the processing of karmic cycles, establishing balance. The soul establishes boundaries or direction in ensuring guidance for an unrealized soul (the soul is discussed in more detail further on in this article). Karma and the reincarnation wheel are essential components in maintaining continued participation in a non sovereign life. The science of cause and effect, supported by spiritual innocence gave rise to a planet of beings who have become slaves to this ongoing matrix. Lack of memory brought about innocence and established us as easy targets ripe for manipulation and control.

The layers of deception and memory loss are vast beyond imagination and are held in place with little resistance by human beings as the fables imparted by self imposed gods and rulers as well as the concept of gods and rulers are so strongly engrained. This heavily engrained history has been “served up” to us in an assortment, based on culture; race, religion and spiritual history now existing within us as trusted beliefs. These beliefs form our life. We have however been controlled by those appointing themselves as gods, rulers and guardians over humanity. Although there was free will the level at which these agreements were made is so extensive that new layers of deception continue to be overlaid. We must understand that the concepts or blueprint by which the human experience has operated is itself within a system which is part of a number of other systems as previously stated, and are interrelated one within the other. It is difficult to wrap our heads around the in depth meaning of technology as this construct being described is technological.

Many of these entities in certain time periods were technology savvy, but what is technology. What we consider to be technology is but a minimal conceptualization of a much greater concept of energy modification and

sculpting. In other words I am referring to those who were less limited in their ability to step outside of the box, operating at a more attuned level of advancement in cosmic science. Such high levels of technology involve the very concept by which our bodies, reality and all of physicality have been designed. The word TECH-NOLOGY is derived from; tech; tech comes from the Greek word techne and techne comes from the word art ; art comes from the Latin word ars; According to Brainy Encyclopedia "The word "art" comes from the Latin word ars, which, loosely translated, means "arrangement" or "to arrange", though in many dictionaries you will simply find it tautologically translated as "art"."; and logos- which means "talking" or "communicating".

So the word TECHNOLOGY represents the arrangement of energy communicated through form as well as color, light and sound. To take it a step further TECHNOLOGY represents and is the interchangeable language of energy. The ancients understood this as they were attuned with the galactic and cosmic models by which our world was designed. They understood that the "mind" through imagination (image-in-action) (energy as image) was the creative force in the backdrop of all that was and all that would be created.

Over the past 20 years or so a new movement called the new age movement began to dominate and stimulate our thinking. With it came a stronger recognition of crystals, stones and a new realization of nature. For some this realization began long before it became a fad. However it was essential to bring about a movement that would impact more of collective consciousness on the planet. This was of course in preparation for these days that are up on us and those to come. We were being introduced to technology, cosmic technology but it had to be introduced to us ritualistically along with a bit of fluff and fantasy as we like children enjoy fantasy and mysticism. The new age movement has had both an imprisoning effect as well as a freeing effect. Because of our nature as creatures of habit we adapt to being trained quite easily. We are accustomed to being guided with structures and maps created for us to follow. Understand that this is not based on judgment but on an observation of a process. The new age

movement brought about the possibility of discovering more about who we are.

This movement or cycle operated in a dualistic manner. The opportunity to see beyond the veil now existed and the opportunity to remain in a more expansive concept of the existing fantasy or matrix was also an option. Again due to innocence caused by an over processing of programs and layers of deception and agreements many remain unaware of these choices. The difficulty is that both choices very closely resemble one another. Many opted for the more expansive matrix. This of course provided the excitement of unlimited channeling from Ascended Masters, communication with angels and guides. The egos of many of these channels became caught up in the prestige and adoration of being part of these romanticized hierarchal counsels. They felt special in being elected by them to lead humanity and deliver messages of guidance to individuals who would now become dependent on having their lives guided by those recognized as “superior beings”, the saviors of humanity. Am I implying that such forces do not exist? They most certainly do exist! What humanity is largely unaware of is the history of these beings, their present position in terms of their own evolution and their true impact on the growth of the human race! Many of these so termed ascended masters did not ascend at least not in the true sense of ascension. Many continue to exist in the surrounding plains and from there they interact with humanity. For most this interaction validates their existence as they too are stuck. Validation goes both ways as many experiencing such channeling as the recipient or the vessel experience a validation of their own existence. Many of these ‘ascended masters’ are unable to move to more expansive realms for a number of reasons. They too are suffering the effects of the system programs prior to transitioning from this realm. Consciousness shifts made by humanity will affect their own movement or existence. As each of us awakens on deeper levels we initiate a severing of the programs that bind. The possibility of exiting this soul/karmic/reincarnation cycle becomes more strongly embedded as a possibility and is circulated through the morphogenic field...

In more current times with the suffering and struggles experienced by humanity we were ripe for any sign of freedom. Many willingly gravitated towards the dazzling lights of the new age movement. This movement continues to unfold in stages impacting all aspects of religion, cultism and spiritual seekers. With much of the financial deficiency experienced by many new agers the idea of experiencing the freedom of money became a major bane. Most had gone through a subconscious programming of feeling undeserving of financial freedom and were thrilled to be freed from this concept. This freedom would become a pacifier and a distraction as what seemed like an opportunity to move forward simply became another program. One that would create the illusion of a grander life but instead they would continue their spiritual enslavement in the matrix. More notably in the present unfolding stages of the new age there are a number of books, speakers, workshops, videos etc which has given focus to acquiring material possessions and money. However there are many understandings which are not explained or understood... the price of this illusion. This distraction will come at a cost, the cost of one's true spiritual freedom. Time and time again there are books written which become programming devices as a large percentage of new age consciousness/ participants are locked into a ritualistic and imprisoning method of their approach to the unfolding of themselves. Fluidity in growth is stagnated yet they are left with the illusion of expansion. All things offer us the opportunity of choices. There are always two sides from which the energy of all things are being supported. These books, speakers, techniques and concepts all offer an aspect of both freedom and enslavement. We enslave ourselves when we do not expand on the information given. When we do not stretch our curiosity beyond already structured ideas one becomes confined to motionless concepts. Concepts and ideas require the stimulation of the emotion of curiosity. It is our nature to willingly surrender to being programmed especially in association with those things which form the base of human direction; religion, spiritual guidance, culture, entertainment, social identity, education and the formation of our livelihood. How do we bypass the illusion; by surrendering to your inner guidance, becoming spiritually sovereign by trusting the creator that you are.

On entering the planet it is both automatic and expected that our parents along with the systems within our society, expose us to all base programs; including the simplest of programs Mother Goose stories, Aesop fables, nursery rhymes, Greek Mythology, Medieval tales, mystical tales of history, biblical tales, parables, to name a few. In other cultures across the globe similar stories are passed down expressing the same concepts configured to suit each culture. I wish the readers to understand that I am in no way condemning these stories; they have been tools mainly in the form of symbolism and have been rather enjoyable and stimulating to our imagination. However many of these symbols have been turned upside down in their meaning and have become enslaving to many as they have been embraced from a literal sense supporting an external approach. These base programs fluctuate according to the timeline within which we are having our human experience. In other words as souls enter each timeline such as a period or year 1920, 2008, 2020 etc they will on a cellular level absorb the history of all preceding civilizations. Through this automatic process the three aspects of mind; mental, physical and spiritual are gradually, predominantly ran by these codes/programs. We have been prepped to easily succumb to most all programs associated with our environment. Please be reminded that it is the misinterpretations of these symbols which have been instilled in us with shades of the original meaning integrated into the deception for example the Bible. As we build our lives from these formulas or programs each soul/individual will have his or her unique reaction or response to these accumulated programs.

Choices made will be stimulated by these individual responses which will play a major role in the cause and effect process in our lives. This action and reaction/ cause and effect principle will then determine our entrapment to this karmic wheel concept. The ongoing accumulation of lower vibrating effects or reactions unfolding from actions related to all incidents or interaction with external reality including ourselves, will determine the record held by that aspect of the soul. The soul then recognizes the need to orchestrate a process of balance to these adverse reactions which it seeks to establish through experiences which will be customized in each lifetime/timeline. To understand the process is to begin a journey moving

upward and beyond the old paradigm of the soul in order to reestablish our ascent. These were simply a structure of concepts established by the soul in meeting the conditions by which the third dimension now functions. The soul establishes parameters or direction in ensuring guidance for an unrealized soul. The temporary role of this aspect of the soul is forgotten and will continue to keep each soul tied to the cycle of the reincarnation wheel. We have grown dependent on the level at which the soul has held its function. It has been our only dependable connection to memory on returning to the physical realm. The soul does not necessarily reactivate memory in the sense of restoring conscious memory of our travels but is done through essential experiences to be had in a lifetime ensuring the gradual clearing away of the accumulation of imbalances. This in turn allows the veils to be lifted and we begin to see beyond the limitations of the third dimension. In meeting the needs of the third dimensional experience the soul stores the emotions of all pain, anguish, regret, guilt and unfulfilled lives. Emotions are translated electrochemically and the vibration of these emotions is stored in the soul as unfinished, unresolved lives.

In life these emotions cause great difficulty in the individual's ability to move forward while involved in the experience. This results in a stall or halt to our growth process and the body prepares to die. Until the anticipated death process takes place our lives are spent in the survival mode, nurturing the traumas, disappointment and unfinished business trapped in the subconscious mind. We respond to situations, relationships as well as ourselves based on these ongoing stored emotions in the subconscious. Adverse reactions are compounded. This is a recipe that will undoubtedly ensure one's return on the karma/reincarnation wheel. The concept of past lives is all tied into this process as past, present and future exist simultaneously. This is all based on shifts in the vibration of our consciousness unconfined to a one dimensional view of time and the position of these points in time. The concept of death is approached with a one dimensional view and continues through into the afterlife and in most cases is held by the soul into the next incarnation.

Because of the virtual nature of reality supported by the brain and the optic center (*"the eyes are the windows to the soul"*), entering different concepts

of time is based on shifts in consciousness as the deeper mind or spiritual mind transmits the thought or vibration of the consciousness through the ventricles in the brain which further transmits light signals through the spinal fluid. The cells are then bathed by the spinal fluid. The distribution of the message pertaining to the shift in vibration of consciousness of the individual is transmitted throughout the entire form. The simultaneous nature of past, present and futures is then based on our perception. In our current unconscious mode of operation we are situated in time based on our perception as a result of the expansiveness of our awareness. This will of course determine the vibration of our consciousness and our position or location on the wheel of time. In perceiving one's life as a process of birth and death related only to the picture of reality held in thought all other moments of flip flopping around in the windows of past, present and future is not realized. Our perception is then locked into the holograms/virtual projections of our bodies and of reality as held in focus through our vision of a non fluid reality.

Through limiting concepts and perception the expansiveness of the soul has not been tapped into. The map of astrology is synchronistically tied into the journey of the "soul" based on the limitations which have been placed on the view of the soul. The soul's configuration for its return on the time cycle is mapped based on cosmic and planetary sequences. What we are not told or reminded of is the spiritual stage of maturity in which we shift from this constricted mode of existence which has been supported by this limited memory of the souls mission to ascend into the expansiveness our Christ consciousness. This limited expression of soul and astrology are components of this matrix or system. The system is designed with specificities to ensure the continued existence of the human experience. A number of unfolding souls are under the impression that the system will disappear all together but as I have said before it will not as it is held firmly in the minds of many. It is familiar ground especially for those who have not yet began to awaken to a deeper level of curiosity. Reality is based on what we can perceive as a possibility. To understand the concept of a matrix or a system as a designated construct intended to function on specific concepts, will greatly aid in ones awakening. This will in turn stimulate a shift in

consciousness beyond the limitations of this third dimensional field. These human experiences although necessary in the fulfillment of the game, need not be repeated endlessly. The planet is over crowded with souls trapped in the cycle of forgetfulness, returning again and again.

Many will remain stuck for sometime as beliefs are centered on limitations deeply embedded in their cellular memory. For some the old concept of the journey of the soul has come to an end. Their awakening has risen above the illusion of such limitations. They are being stirred to move forward into a different time in consciousness but they do not yet remember the temporal contract of the soul. Once realized they will move in and out of this time for a while. In this gradual transition many circumstances that have been difficult will then be freed to be resolved outside of this third dimensional consciousness. There has been difficulty in the resolution of many circumstances as we were holding steadfast to the journey of the soul which may no longer serve the unfolding of the next leg of one's journey. Many will say that they are moving into the 4th and 5th dimension but unless we can become unlimited and sovereign in our ascent our consciousness will potentially remain trapped in illusions and deceptions of such expansion. The old aspect of the soul has been fully functional for the third dimension and once the awareness is born in the individual that concept of the soul will simply be reintegrated into our elevated consciousness. THE SOUL IS NOT LOST OR DISCARDED but is simply elevated or converges with the more expansive aspect of consciousness or Christ consciousness; fluidity in movement through time and space...the conscious movement of energy.

The limitations that we have placed upon ourselves are based on the fact that our consciousness has been interwoven in this matrix/system. This interwoven process ensures the commonality of the basic laws of this reality to mass consciousness. The laws of physics are accepted and understood instituting limitations and restrictions blocking our attempts to surpass these laws through thought. The possibilities of these natural abilities are now a fantasy as we have operated in the manner set forth by these designated concepts within the system. This structured aspect of the soul is tied into the laws of physics as it was designed as a navigation system for the journey into the third dimension. We however have the potential to return to the freedom

of our imagination in moving beyond this reality as held in place by our own minds and addiction to our creations.

What is this system or matrix? It is a spherical field of energy/frequency patterns encoded with specifications for its existence. These energy patterns are linked to collective consciousness. The earth although a system in itself, is not the imprisoning system but is enveloped by this spherical field. This field acts as a locked gate and has been designed to continue its existence just as long as collective consciousness continues to operate based on these laws that are the system itself. This system is in full awareness of the vibration of the general consciousness on the planet through uploads and downloads which take place on an ongoing basis. This is technology supported by electromagnetic fields, energy patterns of which consciousness and the physical world exists; a *matter* of color, light and sound waves. There are system lords, conscious creators and game masters. Some impact on our lives through our subscription to ascended masters, channels and guides. We are the result of someone else's dream or imagination, meaning our entrance into the game as it has been played out. We are fulfilling a fantasy. We are here representing an aspect of that consciousness which needed to have the experience of the game but unable to enter its creation as full consciousness or awareness. The system would collapse as the imagination (image-in-action) from which the reality was created would be lost in the game and unable to support or remember its design. We have all experienced that level of forgetfulness. However on a more expansive level we exist on all levels of time maintaining our connection through the brain though unconscious of this process.

These systems are regulated from and exist within much larger systems, the main frame of which is the consciousness that supports the universe. Universes are created from a level of consciousness at the subatomic realm and overtime it expands as a field of intelligence coded with a particular concept of the life forms and potential experiences that will be accommodated within it for continued observation of itself. As we reengage this memory we begin our return to being conscious creators of worlds not yet dreamt. We are the substance and the embodiment of all that we seek to discover. We are creation itself unlimited and eternally unfolding.

*We have forgotten that it is a game! None of it is real yet it
is*

Moving Beyond Destiny and Fate

Is it possible to move beyond destiny and fate? Yes it is because destiny and fate are both structured guidelines and maps attached to the soul. Together they are the maps by which one's journey plays out. As discussed in the chapter titled The Ascension of the Soul; due to the diminished capacity of human awareness guidelines were essential in assisting humanity in maneuvering through the journey. These instruments of guidance such as the soul, destiny and fate hold awareness of the manner in which the law of cause and effect would unfold in accordance with that which is to be balanced and to be understood.

We operate in a sea of forgetfulness governed by a system or matrix which then supports the mission of the soul. This system within which we have been holding our conscious experience is one of finality geared towards concepts and ideas of survival as discussed previously. It is this survival program which has become hardwired into all of humanity which stirs thoughts, attitudes and actions creating adverse responses associated with the law of cause and effect, the law stating that *for every action there is a reaction*. It is the vibration of the reaction that is measured and requires one to experience the law of balance.

It is clear that we impact every moment of our involvement in any and all aspects of life. It is the vibration of that 'impact/contact that is measured. It is the reaction in response to that which was sent out from ones thoughts, attitude or actions. We should then ask the question *what was the nature of the thought or attitude behind the action*. It is the thought or attitude behind the action that provides the momentum or vibration of the action to be carried out.

We commonly view this process as karmic. It is a simple science, nothing mystical about it. For every action there must be a reaction. This holds true for the entire existence of creation. There must always be two points of contact in order for there to be expression, experience and outcome. So the need for some sort of order becomes evident in guiding ones progression when operating from a level of sleep or state of unawareness or non remembrance of the process in place. We then create debt after debt which then requires one to reestablish balance. Destiny and fate then becomes the vehicle which allows the individual to connect with people, situations, places and experiences which will present opportunities to move towards change/ and repayment of debts. We then have the opportunity to evolve the old concepts by which we have operated possibly for quite a number of experiences in other timelines or concepts of time.

As we awaken to more expansive levels of understanding we begin to move away from disabling qualities, attitudes and thoughts. We begin to create less debt without effort simply because the old programs are no longer a prominent source of decision making. Our choices change as we begin to move beyond the survival program. Survival stirs desperation, all supported by fear; in protecting one's own existence hence survival at all cost.

To move beyond *destiny and fate*, this becomes an automatic transition for those who are on the planet with the intention of operating beyond the matrix. Those who are here to operate as spiritually sovereign beings will recognize the necessity for many of the challenges experienced as one is forced to release old habits, attitude, situations and people ultimately establishing some sort of balance or a space of non judgment while moving beyond the demands of the survival programs and codes . It can be defined as the process of moving beyond the restrictions and limitations of the perpetual human experience.

Moving beyond Destiny and fate ultimately describes the Ascension of the Soul. We are then moving into a more heightened level of Ascension. Ascension represents the reintroduction to one's self as SOURCE, with full acceptance. To own one's self as SOURCE is such a power infused realization as this transition represents an absolute un-gated freedom. The experience of all things being all things becomes self evident. It's a realization that one is

the consciousness of all potentials and is the VOID itself! The very core of creation and unborn possibilities... Why then would the limitations of destiny and fate be relevant or a necessity. Destiny and fate are copartners of the Soul. Without destiny and fate there would be no need for the Soul since the soul's purpose of collecting information and categorizing it is to assist humanity in understanding, learning and establishing balance through certain experiences.

Now the question could be asked does every being have a soul, I have heard all sorts of conclusions around the definition of the soul. We as human being enjoy feeling superior to others regardless of whether the conclusion is correct or not. It's all about the ego. We either want to be the greatest race, the greatest being or the greatest spiritual person or any of a number of ego builders. What we fail to realize is that these characters which we consider to be less than ourselves are actually there to allow you the experience of feeling greater than. However as the ego is fed those characters or forces being scorned become more amplified in our lives, it growing bigger and consuming everything around it including you. Most often all that the creature has been accused of now lives within you. This is a dance that plays out quite strongly in the victim and victimizer roles. Humanity operates off of a warring energy, although disguised in sophisticated ways, survival is the anthem, self preservation, get them before they get you, be on guard etc. We are our thoughts!

Astrology readings are evidence of the structures and guidelines provided by the soul, destiny and fate working in conjunction with cosmic energy pattern. Every planetoid formation holds specific combinations of energy which will directly connect with the formation of the physical forms entering life. Those energies create the ocean, the water of life within the body, encoding the cells of the body with a formula of energy which allow for certain character traits, a common thread of traits among people born within the same planetary alignment. Our birthdates then become significant as they tell the story of one's destiny /fate based on the coding of those specific energies the moment you were born. The alignment of the planets at the time of your birth is sort of your boarding pass working in conjunction with your conception, parents and family selected etc. Together; astrological

lineup, the soul, destiny and fate; they direct you to your seat on the flight, your destination, your itinerary for the trip and time of departure as it's generally a round trip ticket. However you may not necessarily return to where you came from prior to entering this life. Is this all set in stone? No but unless one chooses to have the blinders removed and unless one is ready to be completely consciously responsible for ones journey you will need the travel package with all the arrangements made for you. Choosing to be sovereign is not for the faint of heart. Destiny and fate holds your hand and presents a life to you just the way you arranged your trip.

Stepping forth and desiring sovereignty can be compared to having the training wheels removed from your bike or perhaps walking a tight rope without the net below you. It's no longer about "positive thinking" or worshiping or praying to something or someone outside of you; it's not about convincing yourself. It's not about being hyped up by anyone. It's about stepping into a realization of who you are, knowing it, owning it and simply being it against all odds! Only then will we be free from having our minds arrested by illusions and deceptions. Again all experiences have allowed us unlimited knowledge of experiencing both limitations and triumphs. Encountering the understanding of such truths is all up to each of us. It has always been about choices.

*It's about stepping into a realization of who you are,
knowing it, owning it and simply being it against all odds!*

✚ The Illusion of Lack

The experience of lack continues to retard the lives of many on the path of spiritual awakening. Lack is an illusion, simply the absence of wholeness. Through my own experiences, and those shared by others, it has been an uphill climb financially. There are many books written and workshops on releasing one's abundance, however, we are operating on subtle programs within the subconscious. These programs whisper the energy of doubt which blocks our desires from manifesting. Doubt is the interceptor of immediacy in manifestation. Manifestations must fall through time, making its way into this timeline of matter. The science of this process requires the release of unwavering doubt substituted by the propulsion of WILL. Although doubt plays a significant role for us to become aware of the true nature of the concept of money as energy is of even greater impact.

To struggle with monetary lack is to struggle with limiting concepts within our perception. This struggle occurs in our mind much like all things in this reality. We must also honor the choices, which we have made in acquiring abundance in our lives. There are many misconceptions in the understanding of experiencing abundance. It is important to recognize a number of the choices that have been made by others in acquiring wealth. We should therefore not compare ourselves to others, as we might not have readily made those same choices. Many spiritual gurus and leaders are receiving their abundance through the extraction of the life force of their followers. They, however, are not always in realization of their actions. However that process of abundance gradually suffocates both the guru and the follower. These are methods by which we lose honor with our spirit.

Like linear time, money is finite when viewed from the perspective of measurement. When our thought patterns are based on too long, too short, and too little or too much, we are simply establishing our own limitedness, our own finite existence. The flow of money falls in line with the concept of free energy. What is free energy? Free Energy is any form of energy provided by the natural world to generate power or essential momentum for the production of many forms of energy efficient fuel. According to Clear Tech Inc:

19. "The best free energy systems deliver energy at no on-going cost to the user, without detrimental effects to the environment, and at extremely low costs for the maintenance of the equipment. Free energy technology is here, now. It offers the world pollution-free, energy abundance for everyone, everywhere. It is now possible to stop the production of "greenhouse gases" and shut down all of the nuclear power plants. We can now desalinate unlimited amounts of seawater at an affordable price, and bring adequate fresh water to even the most remote habitats. Transportation costs and the production costs for just about everything can drop dramatically.

For many years the exploration and potential use of free energy has been heavily guarded and controlled. The mechanism of "goods and services" is the underlying currency/power generator being cradled and protected by the governing forces that wheel global power. Privatization has also become a common term of late. What is privatization? We must first understand that the operation of goods and services functions in either a "public or private" capacity. In a public capacity all things are "open to all and open to common use" according to Blacks law dictionary. The public/communal group is generally represented by government. In the hands of governmental control competition is most often nonexistent minimizing our options. Privatization is generally upheld by corporations/big business. Wikipedia Encyclopedia's added definition states that "The term is also sometimes used to refer to government subcontracting a service or function to a private firm".

By understanding the foundation on which much of our life force is spent we can better view the levels at which this formula is repeated in controlling much of human life. The most prominent and obvious benefit derived by those in power is monetary gain. With money comes enforced power and greed. There is a science to the function of all things. Currency in the form of numerous instruments all throughout the history of civilization have been a primary catalyst for chaos. Chaos is the cosmic formula for the reformation of order. Although the appearance of complete disorder is the natural conclusion there is indeed a level of unseen order. Chaos is the apparent scattering or discombobulating effect of energy. The human experience is currently undergoing a progressive state of chaos. During this cycle of chaos a vast degree of collective consciousness remains arrested beneath undetectable hypnotic control. Although many will attest to being awake there are deep levels of control that pervades the subconscious. Not only is the subconscious being invaded but it has been owned by a select group similarly to the privatization of natural resources. It sounds crazy I know but once we understand the study and research that has gone into programming the human mind to operate within boundaries of commonality the control in effect becomes clear. Commonality is disguised within categories appearing dissimilar yet disseminating a common underlying idea or concept.

There are preset programs for morality, etiquettes, social acceptability and expectancy. From these implanted programs marketing companies are able to formulate codes in advertising to interlink with the already existing programs. Quite honestly most of us are unaware that we may not know what we really like or want based on our own wishes arising from pure, organic desire uninfluenced by root codes and programs. We are bombarded by names on labels of any and all things on the market. Each name holds specific layered codes of energy (energy is the electromagnetic source from which all is derived. Its manifestation as animate and inanimate forms holds specific frequencies) which is then transmitted to you the consumer by appealing to aspects of your personality which falls within one of a number of categories measured by economic, social, race, ethnicity and educational status. (This concept expands to gurus and influential personalities in all

aspects of life). These categories are constructed based on the influence derived from our environment. Choices are influenced by all of these defining points. All items hold the energy of its creator and all other signature energy encoded. The ability to integrate our energies with so termed “high end” products, “elite” educational institutions, upper level corporate positions and material accumulation, will increase, validate and qualify our value standing under the social programs of status or class. We are most likely to deny the loss of control to such influences within our own makeup. We must be honest in examining the prestige felt in owning a Mercedes Benz, BMW or designer name clothing or other qualifying items of value etc. The challenge will be to differentiate between whether your fondness for the vehicle/item is based on the material program of success and approval or your own true resonance with the vehicle unassociated with the programs.

Let's take a deeper look at the effects of the suppression of free energy on the global slant of currency to a select few. We are aware that money is also referred to as currency. Currency/current is energy/electromagnetic force directed and transmitted through various mediums based on a specific value or measurement of output. It's no different than measuring the voltage output in the use of electricity. So money is simply the transmission of energy for the purpose of compensatory exchange for the mental and or physical energy supplied by ones labor in manifesting goods and services to meet another's needs or desires. Who determines the root value of this mode of exchange, who determines the base value of this currency and why? Have we been programmed to accept the value determined by controlling forces? Absolutely! Forget about the instrument of transmission in use such as gold or paper or rice or any other physical representation of exchange for there will always be a limiting value imposed and everyone will succumb to the illusion of finality of any set value.

Those who determine the currency value are recognized as the 'power elites'. The word '*power*' expresses the ability of such forces to literally '*power up*' the value of money at what ever level of '*charge*' determined to be self benefitting. In referring to the word charge in this context Wikipedia encyclopedia defines it as follows; *electrically charged matter is influenced by,*

and produces, electromagnetic fields. The interaction between a moving charge and an electromagnetic field is the source of the electromagnetic force, which is one of the four fundamental forces. In other words money becomes the electrically charged matter. Because of this lopsided flow the majority on the planet are operating at a capacity based on the latitude of the charge or level at which the currency is set. Due to the already existing programs imposed on the subconscious this controlled process imposes the 'survival' codes. Options then appear limited and the only way out is then committed to the need to strive for more money! The system contrived by such rulers becomes the source...the one and only way out that can be seen as a viable option. We no longer draw from zero point energy which is '*free energy*' an unlimited, unprivatized supply! We have been living in a privatized concept of reality (much of which cannot not be discussed in this brief summary). The release of free energy has everything to do with the financial deficiency on the planet. It would affect the monitoring of currency. To agree to the freeing of natural energy sources would vibrationally shift the illusion of limitation which has been imposed through the assignment of quantitative values in meeting global needs. Such technologies and resources have been suppressed in order to continue the enslavement of the masses to a consciousness of neediness and survival. The concept of free energy beyond the notion of technology represents unlimited abundance accessible from Point zero the endless river of the Void.

A vast majority of the planet is under the thumb of this subconscious oppression and hypnosis. Although we enter this life with specific experiences to be had there are those who will and must understand the freedom of energy and embark on our natural instincts to move in alignment with it. For those who have figured it out we will be required to transcend the programmed acceptance of the quantitative energy value of "a lot or a little" by collapsing currency/money to its true form of being both waves of energy and particle form. Energy as we know is both wave (free flowing wave form) and particle (physical form). Energy particularizes into matter through our own expectancy and observation of the physical world. For example in regards to money when cost or price is mentioned we react to the programmed frequency/vibration of the value it represents. Its value is still

in wave form and becomes apart of the particle world once there is an instrument of transmission generally the accepted form of monetary exchange. We must remove the value limitation once cost or price comes into the picture. Case and point, how many times have we encountered emergency situations and without question the money manifests to take care of the matter. The problem is that just as soon as we create the desire we immediately suffocate it with doubt. Doubt becomes the first action after the desire is created. How crazy is that program!

The entire "currency" system only takes "form" or manifests according to the programmed quantitative value by which we all collectively agree. We all agree that \$10 is limited to an understood \$10 value but what if we could bypass the value program and shift the energy of the \$10 in our wallets to \$100 or whatever the moment requires. You can literally turn \$10 in your wallet into what ever value needed. I have seen it happen, but the desire must be strong enough to literally shift the energy, after all when your wallet is closed do we have knowledge of what happens in our wallet after its closed? When we close our eyes at night everything reverts to wave form until we awaken and expect it to all be there, the entire physical world. Everything appears out of expectancy based on the familiar. Unfortunately the brain is locked into this quantitative agreement. In removing this block the manipulation of money will have little effect and control will be drastically altered on all levels! It would emit a ripple through the morphogenic field awakening others to the formula. This quantitative formula is only a third dimensional tool anyway and part of the mastership program on earth. We live in the world of duality where "a little or a lot" is our first evaluation based on the programs of this matrix/system in order for this reality to function as it does...limiting. This is not about materialism but of a much greater process. We must also remove the programs of impending spiritual doom should we allow our selves to desire money. We have empowered money with our lives. We have become the slaves of humankind and money. Money has been placed in the position of master or overseer. It is used to keep most of us in line in some form or another.

Everything in our world has a finite value that's the first observation to be made; everything in this reality is measured! First and foremost our lives!

There is a time frame and value placed on everything. Is it because everything has to die? No, it is because all things were intended to fluidly move from one experience to another, sort of shape shifting, but we have forgotten how to do so therefore we experience a sense of nervousness around things ending or running out because we are uncertain of what our next move will be or what effect it will have on our lives. We have forgotten how to operate within the flow allowing the transitioning of energy into the next form of expression and experience. The word '*time*' clearly defines the formula yet most of us have never recognized this formula. *Time*; *ti-me* (it says tie me, in other words it is a request for restriction) When it's spelled backwards the word *time* becomes the word *emit*; (emit means to release, to flow or to circulate) so there we can see the formula of *restriction* and *release*. Here we can clearly see the cycle of energy which operates as both wave and particle. This particle wave dance is recognized by scientists as the manner in which physicality is supported at the subatomic level. Time as we have been living it has indeed been an illusion!

Like the money system our life span has a *charge* that is generally confined to less than a 100 years life span. This 100 year span is a programming creating a pre charged energy value of ones physical body much the same as a fully charged battery designed to hold a specified life span. This is based on a measured output of energy. The body has been genetically programmed to accept the illusion of this finite value. Our acceptance is validated by our familiarity with human history of the birth and death cycle. We operate as a compilation of programs and codes all reinforced by the familiar. This pre encoded charge over shadows the memory of our natural alignment with zero point or the infinite space of the void from which all life springs forth. We currently experience life within a measurable field of energy similar to living within a bubble of oxygen with a pre determined supply. This program is a collective glitch in humanity's life flow and supports further levels of conditioning around the science of the movement of energy. The flow of energy in and around our lives as individuals should be of our own conscious choosing. On a greater level we made these choices however perhaps the time has come for some to cancel those old agreements and take back the ownership and regulation of our

subconscious minds and our lives. Humanity has been programmed to depend on this system of illusion, a finite source, powered and defined by those who rule.

We have done such a fine job of creating physicality that we have completely and solely become our creation and unable to see the illusion of what we have created. We have forgotten that it is a game! None of it is real yet it is...but in order to simplify our live we must return to seeing it as unreal. Money has to be viewed from the perspective of the reshaping of energy in order to remove the power that it has been given. I realize that in theory it all sounds quite simple yet it can be the most difficult feat you will have encountered. We are shifting the programming in the brain to see beyond the illusion of the eyes but it can be done and it must be done as this formula applies to our entire expansion and growth from the old paradigm into a more fluid and expanded life. Let us remember that experiences are experiments which forge a path to a more expanded consciousness or awareness.

How is the illusion held in place? It's held in place based on our reaction to the environment. We are trained to react to the environment in a manner which allows the outside world to trigger fear and confirm the necessity for security. Security is the shield of illusion offered by government, religion and corporate masters; job security, life insurance, health benefits, retirement plan etc. This becomes a set up as we must now create opportunities and situations to utilize the use of these benefits. We create our own doom! Quantum physics states that we are observers in an ocean of potentials. We cannot observe something without changing it. It is a common action for us to have pre invested in a response based on a culmination of old experiences and programs and those things which are collectively familiar to the human family.

Perhaps we can now peer a bit deeper into the levels of deception surrounding the concept of free energy. As creators we must begin to consciously restrict and release our creations to fluidly reform. We must begin to understand the non limiting capabilities offered to us through the concept of *time*. Time allows the manifestation of the dream. It allows the physical world to be experienced in segments that are simply moments. It is

now clear that we must learn to detach ourselves from the old creations in order to continue the journey in a more profound and none limiting perception.

The existence of creation is based on a cosmic science, a science that baffles the mind in each moment, as we are consumed with earning our daily sustenance while unaware that we are subconsciously in search of the cosmic formula of abundance. Yet all along the formula is you! You are the construct of that which is seen and unseen to the human eye. You are the very foundation on which you are positioned. You are a Universe within the Universe, within the Universe and so on. For each thing is a Universe unto itself, both animate and inanimate. You are the currency that you go in search of, the electrical charge. You are the plug and the socket. You are everything that you run away from and everything that you wish to be part of. You are those you love and those you hate. For somewhere in an alternate reality you are simply an expression of another potential.

We are continuously participating in the very things that we aim so desperately to achieve: e.g., we are more actively involved in time travel than we care to realize. We travel through time portals in our dreams and in our every moment. How is this possible? Portals are simply gateways of thought or states of consciousness that lead you into an alternate reality or potential. The construct of each reality is based on a level of frequency supportive of the needs of that particular reality. In other words, on entering the portal of fear, we find that the people as well as the situations we encounter will automatically provide an attitude or an environment to further stimulate or support fear. We are simply moving from one thought to the next. We must remember that all that exists in every moment, in every reality, is but a manifested thought form. Thoughts are waves of energy lowered to the frequency of light, which is further lowered in order to fulfill the potential of becoming mass. The Human body is reflective of such an understanding. We are waveforms. We are the receivers and transmitters of waves/frequencies emitted from the nucleus of the all that is.

The frequency of the body is based on the consciousness/understanding of the individual soul. The thoughts being emitted determine the density of the physical form for each thought is

synchronized with a Human emotion. There are frequency beams that exist for every human emotion. These beams are an emotional grid structure which holds this reality/illusion in place. In order to move through these portals the alter ego must be monitored in order to transcend many of the pitfalls of emotions. In the all-ness of creation all that exists are possibilities awaiting your command. It is our limited perception and our expectancy that disallows us the ability to recognize that we are Source at work. Because of such blindness, we remain stagnated by illusion, a very cunning opponent.

Lack is an attitude that has become the skeletal structure of our reality. The fulfillment of desires are not created on the physical plane, they are created outside of linear time and are made manifest on the physical plane. We can reclaim our power from the concept of money by focusing on the outcome of the desire, and not on our own ideas of the manner in which it should unfold. It is not our responsibility to figure out the process by which desires are fulfilled. We are born creators who have forgotten the science by which the Universe operates. We should not focus our concern on the decisions made by human beings, for those decisions are based on the laws of this reality. Instead we must bypass the belief system instead of handing over the control of our lives to others. All problems and challenges can only be resolved on the levels outside of time. In understanding the format by which reality exists (see *Reality and the Brain*, Chapter 5) we can better understand how or why we continue to surrender our lives to the laws created by human beings.

Again, it is not about working in opposition to anything or anyone; it is about transitioning beyond the fields of limitation. These are the fields or programs, which establish the existence of this linear consciousness. We are not separate from the consciousness that flows through all things; we are the force that flows through all life. We are the law of abundance, for we are **energy in motion; the ONE that have become the many.**

Lack is fracturization

Reality Shifting

Where is Reality? Reality is a virtual world operating within a system, a matrix. It exists within the space called MIND- projecting the illusion of an external reality. You are a configuration of sound waves unfolding from the core of the VOID. We have never left the VOID. Yet we have, for everything about our existence, exists only in the imagination of Central mind, which continuously ponders the unlimited probabilities of all that it could potentially be. Everything about your life, your reality is based on your perception. We can change our current reality simply by changing our minds. When we change our minds we reprogram the brain for the brain is the central computer of the body and acts as the interceptor between physical reality and the realms beyond. When we change our perceptions we recreate our life, for we are then time traveling (See Chapter 6; Time travel) simply by shifting states of consciousness. This is known as Reality Shifting.

Many experience great difficulty in shifting their reality to more expansive and uplifting experiences, for their lives have become trapped in an illusion of security, confining them to a life of lack, both spiritually and physically. This false sense of security is affirmed through attachment and addiction to places, people, things and attitudes. Life is experienced and validated through emotions. Emotions, however, are chemically addicting. How is it possible to be addicted to emotions? It is important to remember that the body is a chemical factory producing hormones and chemicals, which function as electrical messengers within the body. The chemical addiction of emotions has regulated the path of humanity for quite some time as hormones and chemicals are produced within the brain according to

attitudes and thoughts. There is, however great difficulty in releasing these emotional attachments, which in many cases result in mood swings, depression and irrational behavior. Yet it is through this process that the human drama is experienced.

Humanities' experiences are governed by the Limbic System which operates from the "fight or flight" area of the brain. This survival mode becomes addictive in creating a repetitious concept of reality. This area of the brain controls the physical survival of the organism, based on sleeping, waking, eating, sex, emotions and so on. Its main concerns are then focused on the survival of the physical body. This limited region remains on guard asking the questions: Who? When? What? Where? Why?, for the purpose of defending the individual against potential attacks. It's no wonder that many of us have spent our lives in the "struggle" and "survival" mode, since all our thoughts and actions characterize physical survival at all cost.

These are all activities of the lower brain, which is limited in accessing realities or perceptions, which extend beyond the addictions of emotions. These addictions validate our existence, resulting in varying degrees of emotions, such as pain and pleasure, which most often become one in the same. Either one of these emotions stimulates natural opiates/endorphins in the brain. In spending most of our consciousness in the lower brain we are no longer able to chemically determine pain from pleasure. The lower brain is unable to create these distinctions, because its job is to maintain the survival of the organism. The body then becomes addicted to the hormones and chemicals associated with the feeling derived from a particular emotion, from depression to joy. A reorganization of our nervous system takes place as we begin to function under the hypnosis of our emotions.

There is great difficult in transcending beyond these attachments and addictions when we remain unaware of the manner in which the human body operates in physical reality. Shifting to more elevated states of consciousness or perceptions then appears to be almost impossible. We can better understand why change becomes so painful; it involves a chemical transition. We must begin to reprogram our brain and minds, since it is our thoughts that create the chemical response in the brain. Thought is the origin of all reality. These thought waves are dispersed through the cerebral spinal

fluid, which then bathes the cells. DNA and cells are then continuously recording and rearranging codes.

The ability to be spiritually aligned and attuned is regulated by the midbrain, the neo-cortex. These are the higher regions of the brain, which operate in the high and low band infrared field. This allows one to follow the guidance of intuition, as this aspect of the brain exists more expansively beyond the megahertz field. We are then able to tap into future potentials. This area of the brain is minimally accessed, resulting in the current disillusionment of humanity. We are caught in the “fight or flight” mode, which appears to be an inescapable mode of survival. Shallow breathing is said to keep the body operating from the flight or fight mode whereby causing individuals to experience anxiety, affecting blood pressure and adrenal glands as proper organ functions are suspended.

We are endowed with the potential to recreate the dream. Simply put, we have the power to recreate our lives, for we exist in individual realities that extend into collective reality/collective consciousness. The *science of reality and mind* unfolds as we begin to own our creations by releasing victimization and blame. The *emotional energy* supporting the old perception collapses and transforms into a new creation, a new reality, for energy can be converted from one form to another but it cannot be destroyed. Transcending the illusion of lack in all levels of our life requires that we extract the gifts provided by all of life’s experiences without judgment. Only then are we in acknowledgement of the soul’s journey. It doing so we begin to change our perceptions and reprogram the brain and the mind. New experiences are added, breaking the cycle of emotional discomfort. The addictive/habitual chemicals are broken down and replaced, igniting a commencement to self-awareness. Know thyself.

You are the “Great Mystery School” in search of yourself. To further understand the road to Reality Shifting, we must understand that reality does not exist externally but is reflected as a visual illusion validated by the five senses: Hearing, tasting, smelling, feeling and seeing. Although we spend much of our efforts searching externally, these five senses are coordinated through electrical impulses in the brain resulting in emotions,(E-MOTION, energy in motion) creating the illusion of reality. (“The kingdom

of heaven is within") Again we are reminded that we see with our brain and not with our eyes, for the world is seen in the vision center located within the brain. The brain operates off of electrical signals in the form of an image. Sensory stimuli are processed in the brain as a stream of electrical impulses created by neurons firing. Neurons are a group of cells specializing in specific functions such as the assembly of blood, organs, glands, bone etc. The body is comprised of billions of cells, which categorically form the entire organism; however the brain includes billions of neurons, which begin "firing" messages upon stimuli of the five senses. These messages are in the form of hormones, chemicals and electrical impulses.

As we become more expansive in our understanding, one begins to transcend the consciousness of linear time. Time, as it is known, becomes alterable allowing one to shift ones reality through focused intent of *will*.. We are involved in a time of great change, for all of life must grow and evolve. It is a time of rediscovery. It is however not possible to make these essential shifts when we remain lost in superstition, fear and ignorance.

There is a great science that rings in your soul and awaits your awakening. We must each embark on a personal Reality Shift, releasing the diminished perceptions by which we have lived. These personal shifts are a progression into the consciousness of realignment with this cosmic expansion now occurring. The earth realm is currently involved in a major leap or reality shift, which describes the cosmic procession known as Ascension. There is nothing to fear, for the fear which we hold, is merely a fear of the unknown, the un-re-membered.

*You are a configuration of sound waves unfolding from the
core of the VOID*

✿ Transcending the Illusions of the Mind

Thoughts are the core of the implicate order, the subatomic unfolding as the explicate order. This understanding is supported by quantum physics where it is recognized that it is you, the observer that affects that which is being observed. Every thought imposes a rearrangement of molecules through its movement as consciousness interacting with subatomic particles. The realm of the invisible represents a less dense and more fluid state or movement of energy. Through holographic transmissions the brain translates these images into the illusion by which reality is defined to us. Linear time creates temporary templates by which we see the world and others.

As you have read by now these are old programs. Most of which were inserted into the programming of reality some 500,000 linear years ago. This is a virtual reality program. We are the players both in the game and outside of the game. We are now living in an age where the new seeding of the planet, our children, are becoming masters of video games. From a transcended place video game creators are being inspired, clues are then planted in a number of video games. Some games speak of the cosmic wars that have been fought, the struggle between light and dark, the illusion of holographic reality and the dormant power within each of us. Our children are learning to take back their power.

The school system, based on the old templates of social consciousness, is no longer serving these advanced minds. Everything that is being taught are the essential disciplines required to sustain the structure of the matrix in its present state; the same old virtual game. In the old game, somewhere along the way, we became the subjects, the powerless, the puppets. By now

we are aware of the rearrangement of human genetics initiated to not only subdue the aggressive warlords on the planet but to also ensure the continued suppression of memory. There became a genetic merger between the genetically altered characters created for the self-serving purpose of enslavement to those posing as the Gods of humanity and the sentient beings on the planet. Humanity today is a result of that conquest.

The loss of power is an illusion. For the human **will** cannot be taken away, despite the illusion of disappearance. We have been living under a veil of deception. The codes are hidden within the human DNA, cloaked in the deception of the double helix; two strand. With awareness, desire and driving force of **will** our memory will come flooding back. The additional strands will be unveiled, as we expand in consciousness. Thousands of strands will appear, for they are codes that unlock the human starship. In being aware that we are mirroring the implicate order, it is your **will** that propels thought, thought being the cradle of all potentials, the world unseen: The implicate order. When we each begin to entertain the desire to better understand the electro-chemical function of the human body, it will be a sign that you are being prepared for reactivation. We are spirits housed in a bio-genetically-engineered ship, a technology practiced by an advanced race of beings. Humanity is on a cosmic cycle that requires activation of the ship at a particular period in preparation for the next adventure.

You see we landed here, much like landing on a tropical paradise, but we have not been exploring the surrounding islands, we have become comfortable with playing games and eating coconuts all day. We are caught in the adventure of the game. For many of us, there are no experiences left to be had. We have done it all, and even if we have not, we may choose to understand certain experiences through the quantum field without having the physical experience. We may select to have an emotional experience in the blink of an eye. Could this be the reason why one of the collective curiosities of the imagination has been the fantasy of being stranded on an island with no way to escape? Very interesting, wouldn't you say?

The process of transcendence is quite simple. Surrender, let go so that your body may transcend in vibration. Easier said than done? Yes, for we must now release 500,000 plus years of programming in order to bypass the

illusion. With the New-Age movement in full swing, there are many that are genuine in their desire to assist others in this planetary and cosmic transformation, but most often they too, fall short. The greatest contribution that we can make to the ascension of our species is to begin the great work on ourselves. Understand that truth is only a philosophy until it has been experienced. Become in awe of the divine essence that you are. Allow the creative force within you to emerge. Allow the infinite Source to radiate from you and through you, become the Christ-al, the crystal. Take back your power from the gurus and the psychics. Determine your own destiny. Allow the past to be just that. Allow the beauty of the moment to dance through your senses. Inhale and exhale the NOW, for that is where your power lies.

The NOW allows you to transcend linear perceptions. It allows you to exist in the timelessness of creation. You hold on to nothing, you no longer bear the luggage of the past and less time is spent fanaticizing and fantasizing about the future. You become self-realized. Your tomorrow will no longer be created from your attachment to the past, causing you to live on rewind as you have for possibly an eternity.

Are our lives guided by destiny or is free will just an illusion? Why have we been repeating the same cycles? Is it because we have had great difficulty releasing the past from our minds? We are riddled with regrets. Many of us live under false beliefs that we have released the past, but most often the past hides in the corners of the subconscious mind manipulating every decision that we make in our lives. You can't get off the wheel; it becomes the same tale lifetime after lifetime. So here we are again in this lifetime. The difference? The cosmic cycles are opening doorways. Do you go or do you stay? It's all up to you. Nobody loses for nobody really dies.

Since this is the past, it stands to reason that we are back in time. The doorway was already missed by most in another understanding of another timeline. We continue to maintain our existence in alternate realities, above the frequency of this timeline, although there is very little conscious memory of this connection. Through the complex electrical wiring in the Lower Cerebellum, electrical impulses connect to all ascending realities or timelines light years away and beyond the existence of the concept of time. Without the activation of the Crystal Palace in the Limbic System, Hypothalamus,

Thalamus, Pineal gland, Pituitary-we will continue to repeat the wheel. The Limbic System is said to have evolved between 300 million and two million years ago (12). Through the necessity to expand our environment, humanity began to widen its imagination into more expansive potentials of physical reality. We can only achieve what we can conceive. The brain is designed to open pathways/portals according to the unlimitedness of the individual and of collective consciousness.

Why are we aging? The concept of aging is engraved in human genetics in alignment with the illusion of reality. This is held as an acceptable process and solidified by the disbursement of power to all things external to us. We are losing chi, our life force. In order to cease the relinquishment of power, we must release the cord or link between ourselves and the attachment. It is the cord that drains the energy from our life force in order to hold all attachments in place. Attachments are power plants, collecting energy from our emotions through an extension cord. This cord is linked from our core, below the navel to the place, person, thing or attitude. We lose chi. Chi contains your oxygen supply. Oxygen is a conductor of electricity, essential in allowing the body to experience life through the communication process between the brain and the cells, tissue, bones and fluid within the body (See Chapter 17: Oxygen and Transformation of Reality).

This depletion of energy lowers the vibration of the human form creating distance between the physical and the spiritual. The harmonic or melodic balance is diminished. As we transcend from childhood, the internal world is gradually disregarded as the imagination is overtaken by the reality imposed by the external world. This action causes calcification of the Pineal gland, the gland vastly responsible for the aging process. Without the production of vital amino acids, proteins, enzymes we become imprisoned to the linear laws of this reality. Divine awareness or consciousness is overshadowed and the illusion remains our reality time and time again.

As we transcend from childhood, the internal world is gradually disregarded as the imagination is overtaken by the reality imposed by the external world

Moving into Super-consciousness

This book has been written to express a greater understanding of the Matrix/System, which governs collective consciousness. Physicist David Bohm revolutionized Quantum Physics through his discoveries on the influence of the subatomic level on physical reality. In 1905 an experiment took place known as the EPR(Einstein-Podolsky-Rosen) Paradox, proving that subatomic particles, although existing at an extreme distance apart, are able to communicate in an unexplainable manner, through the transference of signals traveling at the speed of light or slower. Bohm recognized this connection as instantaneous. Many of his colleagues scrutinized the possibility of such an instantaneous process, for it had been a well-accepted notion that nothing moves faster than the speed of light.

It has been hypothesized that these particles which appear to be in communication, while appearing and disappearing, are one in the same. These multiple positions are being viewed and experienced from different angles. This is synonymous with the control and manipulation, which appears to be projected by the matrix through the quantum fields. However this projected illusion requires the hypnotic focus of humanity on one dimension or one angle of reality, thereby blocking any possibility of viewing the full spectrum of potentials of this light show. In other words we have been functioning very much as if we were standing still for an eternity before a green wall unaware of the additional flow of colors and angles that exists. We are conditioned to operate on a limited thought process based on a limited concept of time and space. The matrix is designed to mimic and to mirror our thought projections. All that is being mirrored back to us sets up a spin for an ongoing thought process which now creates a repetition of the

same energy of thought or frequency pattern. This confines us to an endless loop. We become caught on the karmic wheel, returning to the past again and again. It is impossible to move forward when the past remains unresolved or exists in the subconscious from a space of regret.

We have existed on the planet very much like prisoners of war. There have been many wars fought on and outside of this plane in pursuit of control. This has resulted in the war-like manner in which the human experience has been unfolding. Through genetic alteration, the human mind although unlimited, has been hypnotically programmed to operate within parameters focusing only on the aspect of the matrix through which the human experience is collectively being shared. We have deliberately been placed in a trance, which has disallowed full access to the DNA codes and to the essential areas of the brain responsible for the alteration of time (shifts in consciousness)..

In as much as the matrix/system is designed to mirror thought projections, it is also designed to bend to your will; to your desires, which has been the case all along. However we have not collectively shifted our perception and thoughts so we remain unaware of the Genie's lamp in our possession. Going to war against the matrix/system is not the answer; it is about changing the dial on your perception in order to view the other dimensions of this system of energy that has supported this journey for eons.

Remember that you are bound by no-thing and we need only change our minds in order to change our experiences. You are a free agent on this cosmic journey and there is no limit to what you can create. Move forward this moment into the power of the richness, and the beauty of life that awaits your awakening. Welcome to Superconsciousness!

*The concept of aging is engraved in human genetics in
alignment with the illusion of reality*

✚ In Conclusion; Are we all sharing the same planet/reality?

This is indeed an interesting question to be asked. Much of the information being written speaks of collective shifts and changes but are we all experiencing the same earth changes. I believe that it is expected and assumed that we are all shifting and changing at the same time in some format or another. There is some truth to that in that all dimensions/realities are interlinked or bridged together energetically. It does not mean however that crossing from one to the other is a simple process.

The transition from one to the other especially in entering higher vibrating realms will require a shift in consciousness. The word conscious or consciousness is used so loosely these days that we lose sight of the true science of the action or position of these essential shifts. To shift is to change position whether on the spiritual or physical level, visible or invisible level, beliefs or actions. So how do we change position? Shifting requires movement, but where to? Well our options have always been to step up, down, sideways etc. We can shift our belief about anything by changing our perception; we can shift from sadness to joy. We can shift from a physical space by moving to another place, one that is either going to bring us more harsh experiences or one that is going to bring us more pleasant experiences. The point is that shifting is about change which requires some sort of movement. However these statements being made are not being made with the intention of suggesting that shifting in any form is a simple painless process.

The word "*conscious*" is commonly used to describe someone who is considered aware or more in tuned to investing ones creative energies into

his/her environment in order to affect progressive change. That same aspect of ones self that imparts thought and mind and conscience; that which regulates your level of awareness not only to your immediate environment but cosmically and beyond, is the aspect of you that is source interacting with formulas of energy to create all levels of experience in all creation. Consciousness determines the dream or the level of experience to be had as it intertwines with energy at the subatomic level in establishing the environment or playing field for the experience. The environment or playing field is then reflective of the vibration of the level of consciousness from which the desire has been created. Each playing field or environment holds a specific frequency comparable to the vibration of the consciousness of those interacting with it. The vibration of our consciousness is then significant in determining these shifts. If we are perusing major shifts which will impact simplification in our lives then it is important to realize that such extreme shifts operate on a science, sailing us away from third dimensional limitations. These limitations have been supported by the physical instead of the power of mind operating in conjunction with an expanding consciousness.

An expanding consciousness is expanding through an increase in vibration; this is the process of ascension. An increase in vibration is an increase in spin or the movement of energy at cycles per second. Living in the hertz field the frequency or cycles per second is much slower than the next field up which is the visible light field which is also slower than the infrared field and so on as it goes up the ladder of the electromagnetic/light, color and sound spectrum. It doesn't matter that we have become attached to creating fantasies and mysticism around the formula of cosmic shifts/ascension and cycles because despite our own infantile belief these shifts occur based on a science whether we like it or not. It is a natural process by which creation discovers itself and graduates or crescendos these systems/planets to the next level of growth. This is all about the process of energy and our interaction with it. We can continue to fool ourselves with the old package of in-formation which was designed to feed information to minds that were infantile and not ready for an in depth knowledge of this cosmic divine science or we can get on board and be ready and open to

receive memory and knowledge of who we are in the bigger scheme of creation. The themes of gurus, guides and ascended masters are of the old, these concepts and beings were integrated into the lives of humanity to gradually guide humanity into a new paradigm. Although such concepts have assisted in awakening humanity to something greater it has also paralyzed us into a state of disempowerment and have programmed the human mind with the savior complex.

Such old concepts establish energy fields of interference creating difficulty in humanity shifting to an increased vibration in consciousness. A lower vibrating consciousness operates on dependency, lack, fear, neediness, security etc. A lower vibrating consciousness is not greater or lesser than, just simply a state of limitation in memory or ability based on optical illusions and programmed beliefs. Such states of limitation become a vicious cycle in one being able to see beyond any and all circumstances reflective of these emotions/feelings. Although the new age movement speaks of change and shifts most of the information being disseminated continues to support disempowerment as humanity awaits being rescued by our alien brothers and sisters or the promise of a thousand years of peace. These are old programs of the past designed by those previously worshipped as gods and leaders of earth beings. To respond to these old concepts is comparable to our earlier experiences of discovering fire and being sold natural occurrences' as magic by our space siblings.

Although astrology provides great insight to our journey many have become slaves to the map of the stars. These astrological maps provide insight to your journey within the matrix and your potential choices, options and experiences based on the alignment of planets and cosmic activity occurring during the time of your birth. However we are only ruled by the stars when we choose to be ruled by the stars. Nothing rules a cosmic traveler except what he/she chooses to integrate into the experience as a truth hence the optical illusions. As we grow and expand from these experiences we can soar by leaps and bounds to greater heights in consciousness for you are now shifting in an upswing in vibration based on releasing more and more of the illusion. By releasing the illusion of limitation we begin to operate within our natural ability to integrate with the

fluidity of energy in bypassing the illusion of matter. Instead we can mold energy into desired forms by shifting perception or consciousness to a more desirable environment/dimension/realm.

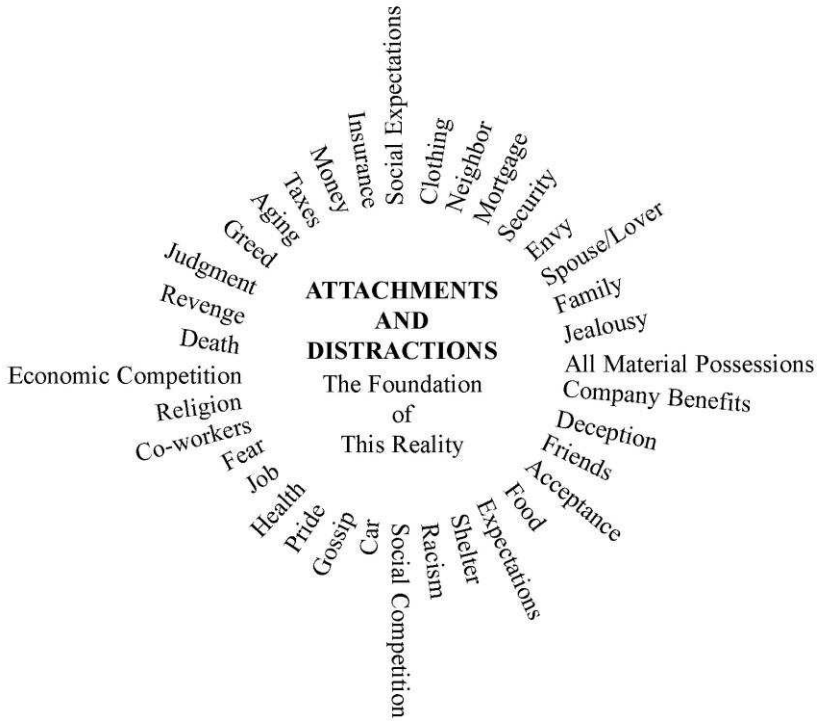
So are we sharing the same planet and shifts? Creation is about perception and consciousness. We exists solely where our consciousness lies hence our perception is based on belief and the expansion or limitedness of our awareness/memory. Once we understand consciousness and mind we become aware that we exist nowhere yet everywhere. There is only this now moment with all potential realities overlapping the other operating at increased levels of frequency/vibration. All potentials are here and now according to perception; it is the law of energy by which our environment is determined. We will only experience that which we can accept as a potential leaving behind the laws which govern more limiting environments vibrating at lesser frequencies. The human concept of right or wrong and formats of control by government and military/police are essential implementations in supporting a society of humankind unaware of the power they hold. The freedom to create and be any and all character/personality types in any experience is completely allowed in the game but sadly the game players have forgotten this magical ability and continue to wave their wand creating experiences which make them slaves to the karmic/reincarnation wheel.

There are certain experiences which we share collectively however there are many degrees/levels of shifts which occur. We are not all experiencing all of these shifts but rather experiencing shifts as they pertain to where we are in our perception, understanding and awareness. So many times information is presented speaking of doors opening for humanity to walk through to this new earth but we are not all going there and neither are we all experiencing these shifts. The vibration of a more expansive earth will only accommodate consciousness vibrating at the same level. It is not possible to exist in a reality that is vibrating at a higher rate of speed than your own body based on your own consciousness. Our bodies are shifting in vibration according to shifts in our own consciousness field. The cells are increasing in vibratory spin according to the message being received by an unlimited brain which is now plugged in to an expansive consciousness. These bodies are vehicles which have not had a chance to be truly test driven

through an elevation in vibration to enter a more fluid space. When our bodies are able to enter a more fluid process it is then ready to be activated to an increased molecular spin; shifting form according to the conditions of the environment or realm to be entered or experienced.

It is for this reason that the awakening of humanity is of major significance for there are so many potential concepts or consciousness of a new age that a mind operating in fantasy remains vulnerable to being guided to a life of ongoing limitation with the ongoing promise of freedom. This and all concepts of earth is indeed changing but as it stands many of us are at different levels of insight which will determine our personal shifts. We will indeed see familiar faces in these shifts and there are those who we will not see for they have chosen a different concept of earth. It is all ok as no one feels left behind for these transitions are subtle in their occurrence and are taking place at this moment. For many of us the path which we have chosen seems quite painful for we have refused the frills, rules, regulations and promise of security by this matrix in bringing financial comfort and freedom to our lives. Freedom comes at a cost that not too many are willing to embark on. It's very easy to pad ourselves with reasons of validation. To say no to a life that is lived without passion for the illusion of security or for the fulfillment of the status quo is to cheat ourselves of a much grander life, one that is just beyond the horizon if we can just hang on a bit longer. If we can let go of the fantasies and the old paradigm of thought and method of learning then perhaps we can become unlimited, returning to who we are and embarking on a fluid existence beyond the present optical illusion. The simplicity of life will revisit us as we return to operating by telekinesis, telepathy, teleportation, shape shifting and becoming true time travelers. So are we sharing the same planet? The answer is yes and no all based on the level at which we will allow our imagination, curiosity and consciousness to expand! The direction of your journey lies with you...it always has!

Attachments and Distractions
The foundation of this reality



Self Assessment Chart

Which of the following can you honestly identify as being a large part of your focus and how much of your life force have you invested into these attachments and distractions;

Acceptance	___	Racism	___
Aging	___	Neighbor	___
Revenge	___	Social Competition	___
Spouse/Lover	___	Mortgage	___
Death	___	Security	___
Family	___	Envy	___
Insurance	___	Greed	___
Taxes	___	All material possessions	___
Social Expectations	___	Jealousy	___
Company Benefits	___	Judgment	___
Money	___	Expectations	___
Car	___	Gossip	___
Deception	___	Religion	___
Friends	___	Coworkers	___
Economic Competition	___	Fear	___
Shelter	___	Job	___
Food	___	Health	___
Clothing	___	Pride	___

Self Realization and Transformation

Now that you have read about the social codes and expectations review the following questions and again give an honest answer to yourself. If there is dissatisfaction in your realization, then perhaps its time to make some changes, maybe its time to release the fear of change. Although change represents the unknown and possible chaos we cannot grow without change.

1. Am I happy ?
2. Do I like my job?
3. What am I passionate about?
4. Am I happy in this relationship?
5. How much of my life is based on habit?
6. What are some of my dreams?
7. Am I afraid of change?
8. What am I attached to?
9. What's stopping me from moving forward?
10. What am I afraid of losing?
11. Do I have to lose anything?
12. Would I continue to exist if I lost all of my material possessions?
13. Is my life based of social codes?
14. Do I have difficulty expressing love?
15. Are my expectations of others too high?
16. Am I looking for validation?
17. Whose life have I been living?
18. Do I wear a mask for others?
19. Do I know who I really am?

Notes

- #1 Dr. Isaac Assimov (Biochemist), Understanding Physics
- #2 Gary Zukav, The Dancing Wu Li Masters
- #3 Universal Tao Center, Dark Room Enlightenment
- #4 Bruce Cathie, The Harmonic Conquest of Space
- #5 Robert Ornstein & Richard F. Thompson, The Amazing Brain
- #6 Lamont Doherty Earth Conservatory, The Earth Institute of Columbia University
- #7 Dr. David Bohm, Wholeness and the Implicate Order
- #8 BBC News World Edition
- #9 Gary Zukav, The Dancing Wu Li Masters
- #10 Universal Tao Center, Dark Room Enlightenment
- #11 Robert Ornstein & Richard F. Thompson, The Amazing Brain
- #12 John Briggs and F David, The Looking Glass Universe
- #13 Denise Fitzpatrick Director, Media Relations
- #14 Frankly Sills, The Polarity Process
- #15 Chuck Little, Reg T Miller, Pyramid Truth Gateway Universe
- #16, 17,18 David Childress, Anti Gravity and the World Grid

Author's Summary

The writing of *The Holographic Canvas* arose out of a desire to stir deeper curiosity and to awaken the sleeping mind. It further explores humanity's place in the progression of cosmic evolution. In 1998 I began writing with an amazing flow of enthusiasm and optimism. However I was not prepared for the turbulent road ahead. I was not aware of the process by which I would come to understand the concepts and ideas of the movements and cycles by which energy manifests in unlimited potentials. My curiosity stimulated an uninhibited trek into the abyss of creational mind.

In exploring the relationship between the body and mind we cannot evade spiritual discovery. When we become deeply curious about our place in the universe/creation we encounter a journey through the systems in place; politics, religion, government and the corporate structure. As I searched for answers it became clear the manner in which these systems intertwine to create the foundation on which my reality was formed. Each new discovery brought about life altering changes as the illusions by which I had been living began to dissolve. I was brought to my knees as I lost everything I owned; foreclosure, car repossession, eviction, homelessness, hunger etc. My children and I went on this journey together. This is not to say that such extreme experiences are a necessity for everyone however my soul's progression required this path. The drastic nature of these experiences would compel me to dig even deeper and to remain unlimited as I encountered new knowledge.

It is a great advantage to utilize these adverse experiences as propulsion in unveiling the true nature of our being. I have always had this innate sense of freedom and an opposition to authority and conformity. As the book discloses I discovered that I chose my life and every moment of joy and pain

has been decided by me. Many decisions were made far beyond this time line but none the less I realized that I had the power to change the adventure I had chosen. I would first have to change the programming in by brain, mind, cells etc. I must also transcend the external programs of the collective which binds humanity to a "linear time" consciousness. I began to question gravity's pull on my body...was it necessary, how much control did I have over this. As my understanding of energy grew I began to see the potentials of aligning with the dance of these energy patterns through which all life shifts into variations of form and formlessness.

We must push the envelope in questioning life... not just your individual life but all of creation. We must become passionate in our curiosity. Only then will we begin to free ourselves of these programs which connect us all to this matrix of The Holographic Canvas. It is evident that if you are reading this book and the many others of similar content you are indeed a mind freeing itself as an awakened being. You may evaluate some of these concepts to be different and some you might not agree with. It is however your right to choose uninfluenced by that which is deemed acceptable or to clearly evaluate before accepting concepts handed to you. Truth is diverse, this is somewhat contradictory but proves that all things hold true according to ones understanding at the moment. There is then no need to debate over who is wrong or right. We are who we are at the moment until a greater truth arises. Once I understood this I no longer felt the need to debate my truth or to prove it. I simply had to live it and that would become proof enough.

This also frees us from the struggle to be good or loving or any emotional expression that we are told we should hold. As we expand in our knowingness we easily shift into becoming grander than the old personality we left behind. We often hear of forgiveness but you cannot and will not truly forgive simply because we are told that it is the thing to do. When we truly understand what it is to forgive then we will have realized that there is nothing to forgive because nothing has truly been taken from you. The ego has been battered and our souls are branded with the torment of the ego until we encounter a greater truth about forgiveness. We will carry it from one concept of reality to another until we encounter this realization.

Forgiveness is then simply about restoring our wholeness in order to move forward into new experiences.

The Holographic Canvas is being presented with the hope of every reader coming away with something different. For some there will be insight which I have not yet seen but words have a resonance and carry much encoded concepts. For me the journey continues to be mind boggling and each day I am humbled in recognizing the magnitude of what is still yet to be discovered and for that reason I will not expel precious energy welcoming death. Instead I shall discover life and my right to align with that which I already am. May we all feel this way and when we do, we will no longer be bound by the illusion of this third dimensional matrix and all of its programs. Its all within a moments reach, we need only desire to no longer be void of memory as we march upwards from whence we came knowing that in the heart of creation I am, you are, we are... ONE.

Sonia

The Holographic Canvas explores many possibilities one of which raises the question “is Earth as we know it but a matrix or system of programs? Is death then a necessary process or is it simply part of the matrix program? Is it then possible that the concept of dying will cease to exist once humanity uncovers the deception?” Sonia Barrett proposes that human bodies are vehicles not yet turned on but designed to make molecular modifications according to the vibration of our consciousness. She takes us on a journey of our existence in a holographic world, as she states “a virtual game; an assortment of illusions strung together by the brain and the mind. It’s an exploration of the illusion of a solid world generated by fluid movements against a canvas of energy, all of which is taking place against the backdrop of the void.” Barrett concludes that the answers are all tied into the forgotten past and like the single cell of a plant our history is encoded in our cells, DNA and the air we breathe. The Holographic Canvas serves as a reminder of a once sovereign humanity and the potential to return to a consciousness beyond this matrix of illusions.

Sonia Barrett brilliantly synthesizes many concepts from the realms of the quantum self and from the grand scheme of possible realities. The Holographic Canvas presents concepts introducing new possibilities on old ravenous concepts about the nature of the "real." After journeying through these pages nothing will seem as it did before...creating a stepping stone to freedom. Through her book we are reminded of the glory of real flight!

-Gerald O'Donnell

Founder of the Academy of Remote Viewing and Influencing Reality and Thought

Sonia Barrett's: The Holographic Canvas is remarkably innovative, thought provoking, and packed with astonishing and breathtaking insights. Through a multi-faceted approach, that intertwines new science and spirituality, Sonia boldly challenges many sacred beliefs, including: the assumption that we all need to die and the need to buy into so-called "reality," at the expense of one's own personal development. She makes a unique contribution in busting the matrix and offers new pathways that break through the veils that shield humanity from light and higher truth.

- Celeste Allegrea Adams, author "Keepers of the Dream," Creatrix Studio



Sonia Barrett: Publisher, Holistic Consultant and author of a number of articles on “Reality” as a virtual game; a “*programmed matrix*” among many other subjects. She is also the publisher of *New Corporate Body Magazine*, a publication stirring holistic and environmental consciousness in corporate thinking. She expresses that we are all creators/artists expressing the unfolding of our lives on The Holographic Canvas of the void.