

May 18, 1997

Methods

The Essene: You take saltwater and you hang electrodes in it. And a 6 volt voltage potential. I use titanium electrodes. The chlorine comes out. The reaction between the sodium and the NaOH lowers the pH and down comes the m-state. But you can do the same thing by just stirring a little lye into the solution. But the electrical potential will do it all by itself. And now the gold goes over and hangs on the negative plate. And now if you take the m-state and try to electroplate it, just the m-state, to get the gold out of it the gold always sticks on the positive plate. It goes over to the positive plate because it's got the negative sodium on it, and it sticks to the positive plate because it can't redissolve and leave it. It's not soluble in alkali solution.

X: So, if you actually expected gold out of seawater you would put a couple of titanium electrodes in, put 6 volts on them, then it would evolve out some chlorine gas, and you would have some m-state form on the negative pole?

The Essene: No, you would have some diatomic form on the negative pole. It will actually look like cornflake chips. It will come right off. And the m-state will just settle out as a white slime. But you can do the same thing by adding just a little bit of lye solution to it and watching the pH.

X: O.K., and then when it settles out and you want to convert it back to metal?

The Essene: Then you would electroplate it at a pH of about 13 in a lye solution with titanium plates at 5.5 volts and the gold goes on the positive plate and nothing goes on the negative. You strip the positive plate by dipping it into aqua-regia.

X: O.K., you're working with seawater though and you're probably going to have a mixture of "stuff" like a little rhodium, a little osmium and all these kinds of things. Will they behave the same way?

The Essene: They step right out as gold.

X: Everything works its way to gold?

The Essene: Yeah, everything works its way, in that substance, to gold. Any time you get ANYTHING in the m-state, the white slime solution, it will come out as gold - if you want to take it out as gold.

Barry: Now, how do you get it out as gold?

The Essene: Well, that's what I've been saying! I've been electroplating it out as gold, or I've been firing it in the furnace. Either way will work.

X: Now, when you fired it - o.k., we're at the point of having a slime, what procedure did you use to fire it?

The Essene: I dried it in the sunlight, got it nice and dry, out on a sheet of Dacron cloth (it's completely unreactive to any acid or alkali). Then I take the dry material and put it in a microwave and microwave it. Then I put it in the furnace with sulfur and a little bit of soda ash and bring it up to 2200 centigrade and I hold it at 2200 and add silver to it as a collector, and then it makes a sulfide mat. Then I reduce the sulfide mat with iron and pour out the gold.

At 1100 centigrade silver goes to the m-state.

Barry: Is silver fairly stable in the m-state?

The Essene: No, it's the LEAST stable. It will give up its spin and convert to diatomic the very first. Any of the other metals will steal its high-spin.

Barry: We want a simple way to do it.

The Essene: How about how King Solomon did it. That's about as simple as you can get. They went out and swept the playa. Now the playa they were talking about was a dry white powder from dry alkali lake beds. They swept that with a broom. They collected all the top stuff. They just wanted the stuff on the very surface. They fired that with sulfur. They put silver on top of it and restirred the iron in it and poured 100,000 talents of gold, in a reverberatory furnace.

[missing stuff]

8:56

You would take and DIG up the playa, boil it in lye solution, and precipitate it down with any acid. Now, I use HCl because it turns all the alkali to salt. You wash the salt out, and no matter what, it's not poisonous.

Now there's only 10 metals that will go into this solution.

If you are making gold, the simplest way is to get sweepings from the salt lakes. If all you want is the m-state you don't mess with the sweepings, you just get the playa and boil it in lye and precipitate it with HCl. The neutral range around pH 7 is where it comes out.

According to the Bible the world will accept the m-state in 1998 as an aid to health and longevity. In Bible times they expected to live 1000 years on m-state.

Barry: Can you list the other ways to make m-state?

The Essene: You take and you boil it in the lye solution! Or, in acid solution. Either way, it don't really matter, and precipitate it. It will either come down in the right pH range or it won't. Now, we're not talking about a Gilchrest precipitation. We're talking about a controlled precipitation.

K: One of the misconceptions a lot of people have is that adding the lye creates the m-state. It's already present. It's just a matter of isolating it from everything else. I guess essentially you could go out and drink as much sea water as you could stand. You would max out on NaCl before you got much m-state.

42:23

Barry: My friend was using ozone in place of cyanide and getting 4 times the yield out of a mine's cyanide settling pond than they were getting at the front end.

The Essene: Right. I have taken so many cyanide heap-leaches you can't believe, and I just take the solution and step it down to the m-state and it will be just FULL of m-state gold. I mean MANY times what they get from the cyanide solution.

Barry: But in addition to the gold he was also getting a bunch of snot in the bottom.

The Essene: The ozone oxidizes the sodium off of the m-state. Once the sodium is released the gold is diatomic. Ozone together with UV light will drop it REAL quick.

Barry: He was getting a lot more of the snot than the metal. And the metal was precipitating out inside of carbon.

The Essene: The lady from Israel doing the Dead Sea salt said it was taking A LOT of lye. They were pumping it from 100 feet down and the pH was 2.31.

K: The Dead Sea salt pillars are about one fifth the weight of ordinary salt. Any source that has minimal exposure to sunlight and ozone and is coming through the mineral layers of the earth is going to carry this. 98 % of the gold on the earth is likely to be m-state.

The Essene: Any sulfur hot springs will have none.

The astronomers have been saying for many years that the gravitational balance of the universe points to a lot of unseen matter. It was determined to be isotomic matter.

isotomic is another word for m-state. The m-state is falling constantly on the planet as space dust.

K: You've got the titration, the heat up and drop down reverse direction titration, and then you've got the kiln process...

The Essene: No, no, you've got a couple of other methods floating in there. With the acid, chemically, you either raise the pH up or reduce it. Your window on the alkali side is 10.78. And this only works because there is magnesium hydroxide in it. Without magnesium hydroxide pH 8.5 would be the end.

X: So if you were putting more alkali in the gold after you fired it with sodium you would go to 8.5 instead of 10.78.

The Essene: Yup. Or, you can bring it up. You could boil it in HCl and then use the lye to bring the pH up to 8.5 and it will precipitate just the same.

Barry: Suppose you start with gold chloride. How would you get that to the m-state?

The Essene: You wouldn't. It's diatomic. It won't do nothing.

Barry: Suppose you put H_2O_2 into the AuCl?

The Essene: Well, that will reduce AuCl to an oxide. But it is still very happy to remain diatomic.

X: So, you would have a colloidal suspension?

The Essene: Most likely. But it would settle. It would precipitate as brown, light tan, or black, depending on the purity.

Chromium is green. Aluminum-gold is blue. If you dry with carbon you can get it to go to monatomic on the acid side. I catch fumes in a vacuum bottle of distilled water and titrate the m-state out the usual way.

K: someone I know in New Jersey makes m-state and where he keeps it stored it has a volcano appearance that won't go away instead of a meniscus. It doesn't settle down flat. We know m-state has its own attitude about gravity.

The Essene: Mine does it all the time too.

K: He stores his in a refrigerator.

18:19 (side 2)

The Essene: Iridium m-state, that's the one that Hudson likes to play with and I do too. Hudson made arrangements for me to go to a flying saucer meeting. And what they did, they took a table and put this foam plastic with m-state iridium bonded in the foam over the top of the table. Then they put another table upside down over that. And they put 300 lbs. of barbells on it. You could walk up and put your hand under the bottom table and the top table would float away. The Meissner field in your body is enough more to make that top table float.

Barry: Jim got a material he called "fly ash" because it would fly away when he reached for it. It still does today inside its bottle.

The Essene: It's m-state iridium. It does that. When it's in metal form it's the heaviest metal on earth. When it's in the m-state it's the lightest, in classic form.

X: Is it the only m-state that does that?

The Essene: No. But it does so to the greatest degree. Gold m-state floats half of its weight. If you take a half oz. of m-state gold and fire it down you get a whole oz. of gold.

Two counter-rotating discs facing each other create a zero time-base. The m-state sits there with a cooper pair. And this cooper pair means null time. Zero time. The container does not exist to it.

That little cone there has doubled its weight since I made it. In a little while it will be pure gold. It's the m-state and it's sitting there reacting, it's absorbing gravitational and magnetic energy, it absorbs light, and it actually is stepping all along. It is emitting neon gas, a small amount of radiation, and it's doing a nuclear change all the time.

We didn't believe those nuclear changes could take place outside a nuclear reactor 10 years ago. But now we're finding out they do all the time.

You saw that rhodium my daughter put out on the table. That isotope is 106 rhodium. The CRC says it has a lifespan of 6.5 hours. Well, Mother Nature made that a couple million years ago, and that's been sitting there in that bottle for 2.5 years now. When Mother Nature made it she kept it. When we make it in a cyclotron it blows apart in 6 hours.

If you freeze it and try to mix it back up again, you'll find that it will never mix again. It will come down as a powder and it will lay there. It's dead. There's nothing you can do with it after that. It's still m-state, but it's dead.

With m-state gold you have 4 corner dots and 1 center dot. That center dot happens to be deuterium (D2). It ties them all together. When you freeze it the D2 is knocked out of

there. Then the material will never go back into any solution again. It is dead. I've seen this structure because I have access to a good electron microscope. One that can look at a single atom.

X: How does the m-state molecule get a D2 in the middle?

The Essene: D2 is a hydrogen and a neutron tied together. It gets there from something that decomposed. Sodium has a habit of decomposing to make it. Most likely it loses an ion somewhere causing it to decompose. We froze the material and the D2 went away. We dried it and it went away. Once either of those happen it won't go back into solution.

Hudson thinks he has the pure element but he doesn't. It has the sodium tied to it like mine. I used the same electron microscope he used.

(Tape 2 Side 1)

The Essene: The way I identify which material I have is through heat of vaporization, otherwise I distill it at different temperatures. Another method is disassociating it back to metal and reducing it to find out what it is. We do that with a laser beam. Gold distills out at 425 C., then I reduce the flecks of gold to metal.

The green gold is 192. It's an isotope of gold. Red gold is 195. And the white is 197. There are 13 isotopes of gold. They have different colors, different positions coming out, the whole works. They do different things. I don't know what all of them do. I'm talking about nuclear isotopes, not electronic. I'm talking about the inner nucleus weight. How the atom stores its Ping-Pong balls on the inside determines what the attractions of the electrons on the outside are. When they are stable they are structured in layers, or "shells". But when they are jumbled up by being created with a big hammer they never do stabilize again. In my process they can drop from one isotope to another by shucking marbles from the inside, and they stabilize at another place. And then another one will come along and pick them up freely.

Barry: How do you do that?

The Essene: I use nuclear stability. I literally drive off helium, for instance, to get from 197 to 194. To do that I cause it to deform by magnetic field. A high speed collapsing magnetic field, an induction field. I take a coil and wrap it around my container and put a real strong solenoid coil on it and drop it instantly. Sometimes I drop it just 1 hydrogen atom at a time. When the magnetic field cuts across it, it shakes a hydrogen loose. It grabs an electron and floats off as hydrogen gas. I watch color as I step it down from one isotope to another, and control the speed of collapse.

All I use is a magnetic solenoid with an absolutely stable D.C. power supply on it. The speed of collapse is what's important. My storage capacitors range from 5 to 20 mfd. Many times I energize them with a 9 volt flashlight battery. I use 4 to 7 turns on my coil. I speed up the collapse by removing 1 or more turns. The material is in dry form. I use an SCR to trip my capacitor to create a sharp spike.

You can't have chemical shock in this process! One drop too much in one spot and she is GONE. You don't want any localized spots of pH 11. When I'm out there at the ocean doing this I take a large plastic barrel and a stir paddle. I dribble it in real slow as I'm stirring and watching the pH meter. The pH will come up to a line and just sit there. When it starts to come over that line I drop it.

X: You put a capacitor in parallel with the coil windings?

The Essene: Yeah. With a switching diode. You trigger the silicon diode and short the circuit. The capacitor is a ballast for the battery. If you put the switching diode on the other side of it you get a sine wave instead of a peak. I want as sharp a wave as I can get. A collapsing magnetic field puts out a terrible lot of power.

X: How did people make red or green gold 500 years ago?

The Essene: The alchemists used various buffers to do it all. Say you are going down from pH 13 with acid. It will buffer out naturally at 8.5. It would take buckets of acid to go any further. It just hits 8.5 and starts foaming up. Then they knew it was ready to consume. They would raise the pH to about 12 with ashes and then drop it back down to the center (8.5) with fruit acid, vinegar, or lemon juice. They could fine tune with soda ash to reach the foaming point. They got the different isotopes by adjusting the pH with different buffers. But it's a lot easier to just handle the nucleus like I do.

All the isotopes listed in the CRC are wrong because they were made with a cyclotron.

I do quite a bit of work with tritronium (between H and He). They discovered that it was available on the moon in the volcanic ash. The moon has about 30% of volcanic ash all over it. It's actually coming from the sun. It radiates He3 and it's absorbed in the volcanic ash. There's enough there to supply the Earth with energy for ever. All the power we could possibly ever need.

Lets say you want something the consistency of topsoil. I would use a blast speed of 1/100,000 sec. burn time. 1/1000,000 sec. burn makes ash floating in the air. St. Helens was not a steam blast. There were no big chunks of rock coming up. It was a detonation. Our group of scientists were thoroughly convinced that it was an m-state lasering, a blast at the speed of light.

Carnele (sp?) is using m-state right now to build a magnetic motor for an electric car. He's using a fuel cell and alcohol. We are pushing him toward rhodium instead of palladium because it doesn't poison with CO. 1200 degrees is high enough to disassociate water.

The man who invented the lithium battery, and wrote the Star Trek script about "Dilithium crystals" ran the North American power grid for 9 hours on 3 grams of lithium. And it did NOT use up the lithium.

You can put ANY amount of energy into a superconductor. Light does NOT take space. You can store any amount of electricity when it is converted to light.

My purpose is to get this information out. In my normal life I didn't care. But right now Hudson stumbled and screwed up. So I'm putting the information out instead of Hudson. This is the way. Because Hudson decided to keep it secret, make big guy in little world and the whole thing, and that made me upset. So right now I've blown him clear out of the water. He will guarantee you how far I blew him out of the water.

IN this life and before I've always been a teacher. In this life I SWORE I was going to change it and I wouldn't be a teacher. But I'm right back into the same old stew!

The M-3 gave me clarity. It really did. It took all the unassociated facts that I had picked up in the last 30 years and made them all click. All of a sudden I understood.

Barry: What would happen if the pH dropped all the way and was left there?

The Essene: It would all go into solution, 100% of it. If you eat m-state gold in the undried form the HCl in your stomach puts it in the acid cycle and it will go into your body. If it doesn't go into your body there then it goes into your small intestine where it is changed to alkali which will also make it 100% soluble so it can go into your body. So, you get 3 chances to get the wet form into your body. But if you dry it, you only get the fat layer in the small intestine to absorb it.

M-state is always in suspension rather than solution. Even in the clear "solution" it will settle out, but you just won't see it.

Barry: I've seen a layer of clear liquid underneath another clear liquid. The liquid on the bottom is real oily. If you spin a magnet under it the container will jerk around in response.

The Essene: Yeah.

K: Do you see any point in people taking colloidal minerals?

The Essene: Yes, I do. They are already in solution and they've got an electrical balance to them. They are considerably easier to absorb. But you have to get them in the right combination in order for body to be able to use them. In my opinion, colloidal silver is stupid. If you were working in a foundry they would take a urine test on you every so many days. When your diatomic silver or gold levels get too high in your urine they give you another job for awhile outside of the plant until you get back in balance. Because it WILL kill you. But they are only testing for diatomic, not m-state.

Barry: The size of the cluster is very significant in terms of the effect of the colloidal silver.

X: I experimented with colloidal silver for awhile. I would start with 2 strips of pure silver. At first it would produce a yellowish suspension. Then, after you use it for awhile the suspension changes to a relatively clear. If you keep using it, it eventually gets to where it won't make ANY colloid. You can tell if there is any colloid by shining a beam of light across it. Colloid will disperse the light.

(tape 2, side 1)

The Essene: If you can see the colloid it's not m-state. The yellow in this case is usually palladium 107. If you could see light dispersion in the clear solution then it is diatomic silver and is quite poisonous.

Silver will stay in the m-state forever if you keep the light away from it. Light will drop any m-state back to metal, including gold.

Barry: The great pyramid supposedly had a gold-glass capstone.

The Essene: It actually had a rosetti stone. There are only 3 pyramids in the world that still have a rosetti stone on them. They are in the Gulf off of Florida under water. And they're BIG pyramids. And they still laser. They were transmitters. I know because I worked on the equipment to do it. We tried to put a telephone relay station on top of one of the pyramids in order to satellite-bounce portable telephone communications. But we couldn't, because it would absorb all of the radio signals going to it and beam them to Mexico. It would NOT bounce them to the satellite. We had to move the transmitting station clear away from it because just like a magnet it would absorb ALL radio frequencies and beam them to Mexico.

Our station was mounted literally on top of the pyramid with copper bars bolted to the surface like an umbrella.

You can use any white precipitate from any dry lake bed, step it up with lye, step it back down with HCl and get the m-state. You titrate as close to the target pH as possible in order to get the best yield of m-state with the least contaminants as possible. By the time you do 3 rinses, cutting the contaminants in half each time, you are at one eighth the contaminants you started with. You have to stop at a happy medium.

When the sodium makes the tie, it causes one of them to go nuclear; one of the others present. And it drops it down to carbon, giving off a neutron to make the deuterium.

K: So what is it about the hydroxide? Is that complex already present and the hydroxide makes it soluble? Or, does the hydroxide help to form the complex?

The Essene: It forms the complex.

K: So, what state is it in before the hydroxide is added?

The Essene: Then it's in the dry state. The deuterium isn't there. It hasn't sacrificed a sodium yet to make a carbon.

K: So what you have then is a bunch of monatoms that are coordinated with the sodium prior to the addition of either the acid or the base...

The Essene: No, no. The acid won't do it. It's got to be the sodium. It's the only one that will do it. Each one of these procedures involves sodium at some point because of the nuclear reaction.

K: So then, when you are doing the seawater and adding the NaOH, in a sense you are doing 2 steps at once. You're adding the sodium AND you're taking the pH to the target point.

The Essene: There's enough sodium in the seawater that you don't have to add any more. The reaction still occurs and Carbon 12 is made. When I do a furnace burn, the Carbon 12 shows up in the slag.

K: So, in seawater, the m-state is associated with the sodium but not the deuterium?

The Essene: Right. It hasn't made the cluster yet. When you add the hydroxide one of the sodium atoms breaks down to make the deuterium and then it makes the tie.

K: Now, that happens when you're firing it with the sodium metal and you have that whole complex in the batch, and then you titrate it down, first with the water and then with the acid. Why is the acid in there?

The Essene: The acid takes the oxygen off of the lye solution for just a second. When this happens you have a second reaction where the chlorine takes the sodium. The hydrogen has already scrubbed the oxygen. When this occurs you've got a double chemical reaction going on and now it's stripped clean and it won't re-tie. Now it's a complete individual deal. Then it grabs a deuterium and it makes a cluster and then you see the white cloud form and the cake.

K: So, the deuterium is the focal point of the whole cluster. And it forms during the titration step when the sodium loses its bond to the hydroxide which was keeping it stable in solution.

The Essene: Right! Simple, but complicated.

Barry: The spot that Jim trapped with the magnetic trap: we got slag that looked like yours after we got to the metal. In that slag were these little pure white popcorns.

The Essene: That's normal. It's probably palladium metal. I make it all the time. It's brilliant, whiter than white. I always give my palladium buttons away to all the pretty girls.

K: I wonder if the higher salt content of the Dead Sea helps to stabilize the m-state further from sunlight degradation.

The Essene: I feel that the sun does drop it down but then it re-reacts in a continual cycle. Otherwise, it would be precipitated and gone. That's one of the oldest seas on Earth. It's the sodium in the salt that helps to stabilize it. Jim's stuff that acts so energetic just has unfinished bonds. If you have one missing sodium bond, then she's wild and goes all a talkin' an' screwin' around. It will gas off and do everything! But if you stabilize it with all 3 or 6 bonds, which ever you're making, then it's quite calm. Silica gel desiccant will help hold it.

Police mistake the white powder for coke all the time.

Any alkali material will make the m-state. I use sodium and HCl because they are friendly to the body. All your skin compounds are chloride.

K: The body deals with sodium better than potassium. A lot of the wood ash is potassium. Si Baba eats the ash and regurgitates it back up premixed with HCl to make Vibhuti. A lot of Native American tribes eat ashes.

The Essene: Sai Baba sweats m-state oil because he eats so much of it. People receive miraculous cures from touching him and picking up some of the sweat or oil. That's why he's so famous. "Oil

of Gold", etc. was just m-state mixed into something like olive oil. It will go right in.

Barry: When Jim was doing his ozone process in a garage the gas in the vehicles gelled with little gold flakes in it.

The Essene: The m-state was locking up in the gasoline and he didn't have all the ties done.

Barry: Where do you get the sodium?

The Essene: I go to the chemical supply house and bleed a little and they come out with a little can of it. It requires 3 times as much sodium metal by weight as the metal you want to convert to m-state. It cost \$4100. to make 10 oz. of gold into m-state.

Barry: What's the quickest, easiest way to metal from m-state?

The Essene: Well, all of Hudson's processes take a year. If I start with a fresh batch, my processes take about 3 days.

K: If I was Hudson I would sell all my lab equipment and get a place down by the sea.

Barry: (the blue glow) Jim claims he sees it all the time.

The Essene: He does. I see it. Anybody can see it, if they're standing there next to it when they do it. But, they don't live long after that.

pond water he was glowing in the dark...

E on the phone: Only iridium does this. So, you are working with m-state iridium.

This is what makes it. Without this happening you wouldn't get the white flocculent.

You can put it in a beaker fairly concentrated, put a stir stick in it, and you will find that it stirs easy one direction but like it has brakes on the other direction. All the poles line up with Polaris, the North Star on the spin. And it depends on the time of day you spin it. When Polaris is highest in the sky it gets real definite which way it's going to spin. It's a superconductor. It takes as much energy to spin it as it does to lift it, because if you spin it, it WILL float. The left-spin electron is time-reversed and the right-spin electron is time-forward which makes a zero-time base. The m-state molecule doesn't KNOW time once it is stabilized. The atoms are all spinning in alignment to Polaris all the time. The CLOUD spins.

It spins clockwise freely at night, counter-clockwise freely in the morning. You could use it for a compass.

The Earth is getting ready to turn, on 5-5-2000. I don't really know. The south pole is off balance.

The Essene: The blue glow has killed 3 scientists so far. It is a 100% beta decay. Jim must be seeing the Meissner field. If it was overwhelming his vision at night then he must be close to a critical level of m-state in his body.

NASA launched a satellite a year ago that didn't have the hydrogen peroxide jets to position the antennas towards Earth. Instead it had 3 little motors, and on these motors they had a little porcelain/iridium disc. They were heat treated several times, hot-cold-hot-cold, etc., to position the iridium in the ceramic. Running out of H₂O₂ is what used to kill all the satellites. Now, with the iridium discs, they have one that never needs fuel.

When the iridium is just 1 or 2 degrees off from Polaris it will spin easy both ways. I do this with the iridium gel. It just naturally comes out gelled when my daughter makes it. I keep telling her to use more water.

A unipole magnetic coil is used to focus microwaves in certain applications. It sends the lines of force straight out with no end-curl. Right here is the real zero-point. There's no time, no heat, no light, no energy in this point. I don't know if you could take m-state through the zero-point. It would probably all stay in the zero-point, no matter how much you pushed into it. This was proven with the Philadelphia Experiment.

(tape 2, side 2. Skip past B.'s preachin')

X: Would you detail the exact procedure for taking mercury to m-state and back to metal again?

The Essene: I take the mercury and heat it and react it with sodium metal, 3 parts sodium to 1 part mercury (200 Centigrade for 2 minutes). This gives off a beta release, so I stay in the other room while it's cooking. When it quits roaring it's done. Then, after I neutralize the excess sodium by adding a little water till it stops sparking, I take this mercury/sodium amalgam and boil it in lye (pH 12+) for about 2 hours. This takes all the rest of the mercury and ties it into the m-state with the sodium. I use distilled water to avoid picking up ligands. Then I strain it through several filters and titrate down to 8.5 with HCl. Then I dry it. Now it is 197 m-state mercury. It has the same nucleus as gold. All I have to do is change the electron configuration to make gold metal. I do this with microwaves. You have to really cycle it and watch it close! I use 1 minute on and 10 minutes off till it quits smoking. (no extra radiation hazard in this step). You could also

change the electrons to gold configuration by spreading thin and placing material close under a strong UV light for 2 days (I use a black light).

I have a routine worked out where I can bring any m-state out at any of the 10 metals I want. What seems to be happening is that the metals are quite unstable when the electron shields are out. When they are out they absorb whatever neutron particles I have shaken loose. They are not radioactive or running around. Metals like these platforms. The build and settle on the next platform. One of the easiest platforms to reach is 107 Palladium. The next one after that is 197 Gold. The next easy platform is Platinum. If I want to sell Palladium, I step 106 Silver up 1 notch.

Barry: How do you move silver to palladium?

The Essene: A little sulfur and a high magnetic field. All 106 needs is a hydrogen molecule from the sulfur, turning it to argon. It takes the proton and the electron is wasted. That's where you get your 100% beta discharge. I do this in the induction furnace. I use about one third sulfur, by weight. This isn't critical because palladium is soluble in HCl and silver is not. So it makes a real clean division. I metal-exchange the palladium out of the HCl with zinc dust. A 30 KHZ furnace would be ideal. I've been using 10KHZ. I'm making a new furnace that I can dial in from 10 to 30 KHZ.

Barry: The 0-6 ring supposedly (according to Gary), fits around the gold atom like a tight bracelet. Jerel uses a carbon ring. The valence funnels are paired at each end, as if it were spinning from thermal energy. A magnetic field is needed to break the ring and release the gold.

The Essene: That's what I do with the magnetic field too. We are doing the same thing with the magnetic field. A rhenium ring works real nice too.

If I'm making palladium from silver I heat it at 2700 C. That's as high as I can go with palladium to keep it from gassing. Silver volatilizes at 1800, so when I reach 2700, there's no gold or silver in there.

M-state rhodium volatilizes at 1950 F. M-state gold volatilizes at 425 C.

Palladium from silver comes out totally stable. Gold from mercury is not. It goes through a hot period and has to be shielded. 206 to 197 is a LOT of Ping-Pong balls. If you don't get rid of them all, it has to go through a decay process.

Barry: What's the process for silver to gold?

The Essene: Burn the silver with sodium metal (Or, boil powdered silver in lye for a week). Then you step it down with fruit acid, if it is for consumption. (HCl would make

some silver chloride, which is also a white flocculent but is poisonous). What you are after, with the acid, is a hydrogen donor. You can also get m-state from compost by dribbling water through the pile and then stepping the water down with lye. The green in plants, chlorophyll, is m-state copper.

Back to the procedure: After you precipitate the m-state out with the acid, you dry it. Then you mix it with sulfur (1 third

The Essene: Some people react good to copper. Copper deficiency is what kills most of us.

X: How stable is copper in the m-state?

25:12

The Essene: Quite. I've worked with 4 women who had breast cancer, 2 with tumors, 4 with lupus. Lupus is not actually a cancer. Lupus is where the white corpuscles attack the red corpuscles in the bloodstream. It stops it. I give all my patients a 2 once bottle and they consume it over a months time, There was 100% remission on all of them.

Barry: We supplied material for 2 women with brain tumors and they both reported severe headaches. Apparently when the DNA reverts to normal it is less dense, so the tissue expands and if it's in a confined space -. One of them had 2 brain tumors. She had a brainstem tumor, which I guess is pretty hard to treat, and another tumor in the frontal lobe area. Both of them seemed to have gone into remission.

The Essene: Do you know the composition of the m-state you treated her with? This is the difficult part about it.

Barry: We started with pure gold and pure rhodium pellets from Ford catalytic converters.

The Essene: Well, then you had platinum and palladium in it also. The rhodium content is real, real small in that. Now this woman that you treated, if she took a drink of alcohol she'd be TERRIBLY sick. Because platinum is an anabuse for alcohol. If you do that to a person you've stopped them from drinking for the rest of their life! It makes them sicker than hell. I gave m-state platinum to a group of people with severe allergies. It gave them a new life. Then they all went to a new year's party. They thought they were going to die!

X: In David Hudson's talk he mentioned that when he was first working with this stuff he would put a sample of his material in the sunlight to dry and when the UV hit the dry material it would give off an intense gamma burst and go away.

The Essene: Yeah, that particular substance is rhodium. When you put rhodium out in the sunlight it goes off like a million flashbulbs. No explosion, no implosion, just a brilliant

flash of light and its done. The Pharaohs in Egypt used to commit suicide this way. When they were ready to meet their God, they would dope up real heavy on the rhodium, they would walk up this long hallway into the rising sun in the morning. They'd last about 10 minutes and then they'd blink out of existence. They didn't explode or implode. They were just gone in a BIG flash of light. We're talking about a massive overdose. You couldn't afford that much rhodium.

In Bible times they expected to live 1000 years on the m-state. Osteoporosis, especially in women, it completely reverses it. What they make is this salve oil, and they rub them down with it in a massage. It causes the body to assimilate it and to reform the bones. It completely reverses osteoporosis.

Your blood is super high in calcium. There is a control factor that keeps the calcium in your blood, not to be absorbed and used by your body. This control factor is what kills all our astronauts. They all come back from outer space with osteoporosis. It's a downhill slide until they die from it. They think progesterone is the control factor.

The M-3 that I make was tried on a group of Alzheimer's patients in a nursing home. In 30 days at 2 oz. per patient they were all released back to normal.

... give them a little bit and test the difference in frequency. Now her machine said that the normal person's energy was 65. If you hand that normal person a cup of coffee it drops to 50 even before they drink it. So she gave standard doses of my material to a different person for each test, because the effects linger for quite awhile. The C-11 raised them from 65 to 300. The M-3 raised them to 800. And m-state gold went over 1000.

K: Remember, we don't really know what the numbers mean. We are just assuming that higher numbers are better.

The Essene: I don't know if the numbers correlate to anything at all. But I do know that even with C-11, people who take it for the first time are going to get a terrible rush.

When the m-state is in its dry form, as most of it always was, the only way your body can assimilate it is through the fat lining of the small intestine. If you take it in the wet form you have 3 chances to assimilate it, in the acid cycle, the alkali cycle, or the fat lining.

Barry: So, for the medical product you convert to metal, purify the metal, then convert metal back to m-state? Isn't that expensive?

The Essene: Yeah. That way I know what I'm making. The sodium I use for the medicine cost \$500. a pound. It's chemical grade. I weigh it down to pure metals to start with, because how much price are you going to put on a human life? And since I'm doing it for

free, I'm going to do it right. Nobody pays me for this. I don't ask for money. When I need money I just go sell some gold.

M-state is used in the nervous system. The only time it is found in the blood is when the body is cleaning itself up from deformed cells. Cells subdivide to create new cells. Any mistakes in the DNA gets replicated. The body takes rhodium and iridium in to clean up the damage. The iridium reads the DNA strip. Then the rhodium goes into the cell. If everything is clean there is no problem. If the cell does not fit the DNA strip after it is cleaned then the rhodium kills the cell.

Barry: There was a recent study in the publication "Science" where they put a rhodium on each end of a DNA strand and it repaired the DNA in the strand.

The Essene: It shouldn't have. Rhodium is an executioner. If your cell is perfect it won't bother it. If it's not it can't stay in the high-spin state and it drops down to metallic where it's a deadly poison and it kills the cell. The white corpuscle grabs a DNA strip and it goes out and gets a T-cell. These 3 then go out and get a red corpuscle and they convert it to a protein building block. Meanwhile they clean out the dead cell and they put the new building block in with the new DNA strip and you've got a brand new cell like you were originally programmed with when you were born. It's the ultimate silver bullet drug.

Hudson did it WRONG! The iridium goes in and marks the cell, cleans the DNA strip. But that's all it does. If it's already clean, nothing happens, and it just goes on. But if it's a foreign cell like cancer, the iridium is going to mark it. It takes all of the ligands off the DNA. The ligands kink the DNA so that the white corpuscles can't go up and read it. If the cell isn't perfect the rhodium can't stay in m-state so it drops to low-spin state and kills the cell. This is why the old-timers said this material would make them 25 years old again. The rhodium is the undertaker and the iridium marks out what to do. You must have them both.

There's another problem in an aging body that people don't realize. That's the fact that the cell walls get thicker. It gets to the point that the cell can't assimilate what it needs to keep operating. That's where the essential oils come in. They cut the thickness of the cell wall back down to a young age. Then the other things can go into it.

I've been on the m-state for a year and a half. I don't have much problem with large doses unless it's in the dry form. Then it shocks me. I had these visions all day of what was going to happen about 2 hours before it happened. First I just let them go and they followed right through and happened as seen. I saw the events just like they were happening now. Then, later I started doing things to change the outcome. It was actually a shock to my system that caused it to react that way. I gave it to a gal in Yelm, the hot stuff, and she went into, I don't know what state you'd call it. But, anyway, she could here everybody talking around her. She said it was a state where anything in her mind was

real. She was scared stiff. She didn't want any more. And she was one of the higher-ups in the school, in learning.

K: I have noticed that emotional energy output seems to decrease the effect. If someone takes C-11 or M-3 and then gets angry their positive results are diminished.

The Essene: I was in a real calm position when I started taking it. It changed my personality. You wouldn't recognize me as the same person. I calmed right down. It's about impossible to get me excited no matter what you do.

Dry m-state tastes just like dirt. It's REALLY hard to get down.

X: What are people's experiences taking monatomic copper?

The Essene: Gray hair, wrinkles, sagging breasts, pot belly, varicose veins, cerebral hemorrhage, and hardening of the arteries, these are all a result of copper deficiency. Read "Dead Doctors Don't Lie". With copper, the body can use/take it in either m-state or metallic (colloidal) form and convert it to the other as needed. It stores it till then. The body will use whatever m-state is available for nerve receptors if the preferred one is in short supply. Copper is the essential mineral for operating the pineal gland. If it's not going into the gland in the right form you have Parkinson's Disease.

M-state gold will usually stay in your body for years. It gradually goes out as it gets contaminated with ligands (like: chlorine, nitrous oxide, sulfides, etc.). These slowly drain the light out of the m-state. Then your brain slows down in it's directing of body functions. A healthy body/ mind is not likely to accumulate a toxic level of m-state (most of the 10 metals are lethal when they drop out, but the body uses this to its own healing benefit.)

Now, gold totally changes your personality. Your significant other won't know you in a year, unless you both go on it. If just one does it the marriage is doomed. The one who takes it knows the hearts and minds of those around him. If you were on a teaspoon of powdered gold a day, there is no way anyone could get within 3 miles of you without you knowing what their full intentions were. It gets real hard to sit with a bunch of liars and thieves.

August 19-21, 1999

Essene – Visit-2, 8/19-21/1999, Tape #1, Side A (Side B is almost completely blank)

August 19, 1999, 10:27 PM

Mike: This is a discussion of the Hudson Australian patent which appears to have errors in it to me and R has confirmed that and she has said that [the Essene] can give us details.

The Essene: Well, why don't go over the procedure for just doing it. What I did is took one ounce of gold, put it into 700 ml of aqua regia, made with three parts hydrochloric acid and one part nitric acid. I boiled it in an Erlenmeyer flask till all the gold was dissolved.

Barry: Did you cut the gold up or was it a coin?

The Essene: It was a coin. When it was all dissolved I turned down the heat to about 140 degrees and I added formic acid; approximately two ounces. I had 700 ml of aqua regia in it and an ounce of gold. Then it frothed just like a glass of Seven Up; you see the little bubbles in coming up all over in it but there were a million of them. When they quit, all the nitrates were gone and then I evaporated it down to 100 ml. I added hydrochloric acid back up to 700 ml and evaporated it down again to 100.

Mike: Concentrated hydrochloric acid?

The Essene: Concentrated. All of this is concentrated, no water added. Alright, after the third time down I filled it back up to 700 and capped it with a solid seal. I left it at 121 degrees Fahrenheit for 21 days and nights.

Rita: In the dark.

The Essene: In the dark. After that time I opened the container which had the gold solution in it and I added one and a half grams of table salt. And then I sealed it up and left it set for another 21 days in the dark. Now when you took and swirled it around, you could see snowflakes all through it. Then I took and opened it up and added another one and a half grams of salt. Now it all turned forest green---dark green.

Barry: Was it dark green solution, precipitate or what?

The Essene: It was dark green solution, dark green everything. But you could still swirl it and see the green snowflakes in it.

Here R brought out a mason jar with a very dark green--almost black--solution in it. It was so dark green that the only way you could tell that it was green was to slosh water up the sides and see the green it left there. The light from a flashlight would not pass through it.

The Essene: It's turned a lot darker since I did it; it didn't start out quite that dark green. It just turned a darker green.

Rita: It was an emerald green and it's gotten darker.

The Essene: After it turned green and seven days were up, I added one and a half more grams of salt. It turned brick red.

Barry: Now is that brick red the m-state? That's not the red lion is it?

The Essene: It is the red lion.

Barry: How do you get to the white?

The Essene: Well you precipitate it up the twenty one days and you add the first salt.

Barry: The first salt?

The Essene: The first addition of salt. After that it sets seven days. The first addition of salt it precipitates like when you use sodium in it. You can take and add lye to precipitate it instead of acid.

Barry: Now does this process work with each of the m-state elements or just with gold?

The Essene: All the m-state elements. There's a window. If you're coming down out of a lye solution the safe window is 8.5.

Barry: Going up, it's 10.78.

The Essene: Right. And the only time you have to worry about that is if you've got magnesium in it then 10.78 is where the window is.

Barry: If there's no magnesium--what is the magnesium--does it come out at 10.78?

The Essene: No it just triggers everything. A little magnesium . . .

Rita: It triggers the [...] and the lead and the garbage.

Barry: Oh, it'll trigger everything else above . . . ?

The Essene: No, it keeps it out if you don't go over 10.78.

Rita: But it'll trigger it to fall down if you do.

The Essene: Right.

Barry: Ok now, when you put lye water in your solution, if you lye water is above a certain pH you'll create a local pH phenomena.

The Essene: That means you stir like hell and you use a very dilute lye solution.

Barry: How dilute a lye solution do you use?

The Essene: We never use more than four to one.

Barry: Four parts water to one part lye?

The Essene: Right.

Barry: That's a fairly concentrated lye solution.

The Essene: I know but we're working in a barrel, we've got a boat paddle and we're stirring like mad and she's up there with an eye dropper going zip. You've never seen her precipitate, it'd scare the hell out of you.

Barry: That's precipitating the m-3?

Rita: I do all of it that way. I get tired of waiting.

Barry: But you know there's nothing else in there?

Rita: I don't care if there is or there ain't; I ain't going to over shoot my pH.

Barry: But you create little local high pH areas?

Rita: Not if you stir it right.

Mike: If you stir it fast enough you won't.

Rita: Not if you get your vortex going.

Barry: I built a vortex stirring thing...

Rita: I get a tornado vortex down the heart of it and go for broke.

Barry: Do you use an electrical stirring device?

Rita: No, I use that big spoon. [She pointed to a two foot long plastic spoon.]

Mike: When you get the pH down to 8.5 what do you do with it.

The Essene: When you get the pH down to 8.5 it'll stay there forever. All your rinses and everything will not change the pH.

Mike: Do you isolate the precipitate and wash it? Because I checked the m-3; the pH of the m-3 that you sent to me was 7.00.

The Essene: Shouldn't have been.

Mike: Should have been 8.5?

The Essene: 8.5 is where it always goes. We've got a \$550 meter to tell us.

Rita: Unless our water changed it when we rinsed it. Maybe I didn't get distilled water that time, I got shit water that was supposed to be distilled. That would be the only thing that would change the pH. Sometimes some of the distilled water you buy ain't really distilled water and there for a while, I wasn't checking the pH of my distilled water. That could have thrown it off.

Barry: So it'll stay locked on right at 8.5?

The Essene: Yes.

Mike: What happens if you go below 8.5?

The Essene: It doesn't matter.

Barry: It won't go back into solution till you get down to about two, right?

The Essene: Right.

Mike: I'd say it [the M-3 that Mike purchased] was a good 40-50% precipitate in that when it settles.

Rita: Yeah, but you're not supposed to be decanting it off either cause usually the water is imprinted with the m-state also.

Barry: Yeah, the distilled water on the top--whatever is on the top--is just about as good as whatever is on the bottom.

The Essene: There is another reason we decant it off to a certain level and then we don't any more.

Rita: I take it to a certain strength, its human assimilable, it's just fine for the human body and I leave it there.

Mike: So you take it to pH 8.5 and that's how you ingest it?

Rita: After it's rinsed, yes.

Mike: What do you mean after it's rinsed?

Rita: Oh God, we'll go through all this tomorrow; I'll show you a complete burn.

Mike: Ok, good.

Rita: But basically what you do, you do the burn, you boil it in lye, you precipitate it, you put it under a towel in the dark till it settles. You pour off the clear liquid then you take distilled water and fill the jar back up. Put it in the dark again under the towel and you let it set till it has clear liquid on top and you pour it off again.

Mike: How many times do you do that?

Rita: Three.

Mike: What do you do with the clear liquid?

Rita: Pour it off, get rid off it. It's salt water, what do you want it for?

Barry: You keep taking the liquid off till you get the salt all out?

Rita: Three times.

The Essene: You don't want it all out.

Rita: You don't want it all out cause if it gets x-rayed you kill the m-state.

R showed us two different jars of precipitate. Both had about two inches of precipitate in the bottom. When she swirled each bottle we could see a difference in the way the precipitate behaved.

Rita: C-11 is milkier than M-3.

Barry: Oh yeah, it sticks to the ground better.

Rita: See how thick it [the C-11] is? And see how light and snowy this [M-3] is?

Barry: C-11 is 11 m-state or just 11 minerals including calcium and magnesium and they're not in the m-state?

The Essene: They're not in the m-state. See, salt water has got all of the m-state in it and contrary to what everybody thinks, properly made m-state mercury drops to gold.

Barry: That's what Hudson says; properly made m-state mercury if you heat it will go to gold. And that's the way to know if you have properly made m-state mercury is if it does that. And he says that in his lectures.

Here there was a discussion of the relative merits of Hudson's chloride solution vs. the product of the sodium burn method. The Essene and his daughter expressed the opinion that Hudson's product might be doing more harm than good.

(05 001 2A) (visit 2, first evening)

(1:00 min)

The Essene: They shot him through his windshield. They have come to my house twice.

Jim: I had a visit myself. We were producing rhodium from mono. We did our second payment shipment. He took it over and had the check in his pocket. Then on I-84, which he drove every day in a log truck, he supposedly failed to merge with traffic and got pushed into the end of the bridge and died. We had the visit from the suits literally less than 18 hours before that and he was a smart ass with them. I was "yes sir, no sir" with them.

Well guys, I would love dearly to sell the chloride paste. We finally found a buyer.

The Essene: (holding out a sample) This is 7 - 9's pure platinum. If you sell 3 of these at one time they will kill you for it. They will send a man out to shoot you.

Jim: And here we are with a damn plant where we could be working tonnage of this and we are trying to work out a deal with the devil, if you will. Good stable production...

The Essene: This is iridium-gold. Both of these samples weigh the same amount. But look at the difference in the size. They're exactly the same weight.

Jim: That's nice!

Mike: How did they turn lead into gold?

The Essene: There is a computer program put out by NASA that has a periodic table showing all the m-states of all the different metals that make m-state. And it's got the radioactive decays showing how one metal converts to another without nuclear fusion.

Barry: Where does one get that computer program?

The Essene: It's on the web, is all I know. I had it, but I lost it when I lost my hard drive. I've got it on the cassettes now. As soon as I get a new computer I'll plug it in.

Barry: So do you just melt lead and...

The Essene: Well see, the induction field squashes the electrons down to a saucer shape. Then the nucleus of the atom is bare at the poles with no electron shielding at all. The housekeeping inside the heavier atoms is not satisfied to stay that way. So just as soon as they find themselves with naked poles they will clean house by pushing out the particles that are uncomfortable. The heavier materials all drop to 197 gold.

Mike: If you heat antimony, which is heavier than gold, in an induction furnace it should drop with the emission of some kind of particle. All you have to do is calculate and you should be able to figure it out.

The Essene: You want your furnace tuned with some harmonics. It's not that hard to do. All you need is a tank coil.

Jim: I have some neat ideas for parts I'll talk to you about later.

The Essene: You didn't know I could talk electronics with you, huh?

Jim: I didn't know you were into it so deep.

The Essene: I took 6 sciences when I went to college. They were: bio-chemistry, inorganic chemistry, nuclear physics, electronics, clinical psychology and astronomy. Astronomy was the most important.

Jim: Did you have Dobson at Berkley? He runs around now teaching people how to build telescopes. I took one of his classes when I was a 7th grader and hand-ground a mirror myself.

The Essene: You take a telescope and there is 1 pinpoint of light. They teach you how to be like Sherlock Holmes by doing the tests to figure out something about that pinpoint of light. Like how far it is, how massive, it's age, etc.

(9:30 min)

As far as our college class was concerned the "Big Bang" never happened. They discovered that a black hole sucks everything in, including light. But it's magnetic field rotates around it's equator. This ionizes all the gas cloud coming in around it and causes it to give off a radio signal. That's how we can spot them. Otherwise, there's nothing there. Most black holes are a mile or so in diameter and their radio frequency is around 30 khz.

Jim: Now they're finding that there are anti-particles coming out of the pole ends too.

The Essene: Right. When those anti-particles come out of the pole ends they get about 280 light years away and then they start forming mass. They start turning to hydrogen gas. So, black holes are recycling units.

We determined a long time ago that the stars that were red-shifted were supposed to be traveling away from us and the ones that were blue-shifted were supposed to be coming toward us. But that was also wrong. So when light leaves a massive star it is red-shifted because the gravitational pull slows it down. It has nothing to do with the speed the star is moving at. If the light is being accelerated toward you for some reason or another it will be blue-shifted.

Barry: And if you're looking at one of these black holes pole-on it's going to be blue-shifted and you will see a bright blue star.

The Essene: It was real important for me because it taught me how to work from just one little point of fact.

Barry: I am wondering if this anti-gravity coming out of the black holes is related to the spinning iridium discs that you make. Like spin coherence?

The Essene: No. The beam coming out doesn't form into matter until it slows down. They say that the core is compressed so hard that it is pure energy. I don't think they know any more about it right now than they did 20 years ago.

I'll tell you a story that you may be interested in. Nikola Tesla got a group of scientists together and rented Madison Square Gardens in between fight nights. They had the ring set up and the chairs, etc. All the scientists were filing in to hear the lecture when this little kid came in over their heads riding a snow saucer. He flew all around over the audience and then finally settled down in the ring. Then Tesla stood up and said, "This

concludes the demonstration for the night. Thank you, gentlemen". Not a single one of those scientists asked Tesla how that thing flew.

M-state iridium is a gravitational shield. It won't allow the gravitational force to penetrate it. I don't really know why. There is no force field of any kind. I went to Ashland to listen to David Hudson. Right after that I went to a UFO meeting in California. Now this wasn't just a bunch of phonies. It was scientific people. The lecture was in an auditorium. I paid real good attention. For the demonstration they took a table like this and laid a sheet of plastic over it that was about 1/2" thick. They turned another table upside down over this table and put a whole pile of barbell weights on it. Then they had people from the audience come up and put their hands underneath the table and the top table would float away. The plastic sheet had unannealed m-state iridium in it. It was the peoples' auras that were actually picking the top table up.

Barry: This is the principle that Jim's magnetic trap works under. It expels the m-state iridium, probably.

Jim: You spin the water over a magnetic field. The mono levitates against it and you pull it out with a wicking material that is hydrophobic.

The Essene: Same thing.

Barry: We got one for ya that you can put on your mantle piece. It's a work of art, let me tell ya.

The Essene: Let me show you a magnet.

Jim: That looks like a samarium cobalt magnet.

The Essene: There are no rare earths in that.

Barry: Those are the ones that Byron Fox gave me a couple of.

The Essene: Those will give you a blood blister if you pinch your finger between them. General Motors developed them for their starters. They contain platinum and palladium. They could make a starter that was 2" in diameter and 4" long, but they just cost too much money.

Barry: Does the government know about m-state?

The Essene: In 1987 the Navel Research Lab got into full research on it. They developed the SQUID helmets that could fly planes by thought because the pilots' reaction time was too slow to fly the planes. They also found that they could take a person with a damaged

spinal cord and they could put a SQUID patch over the damage to jumper the signals. They can also hear you talk from outer space with a SQUID unit. They can literally hear anyone talk that they focus it in on. This is all done with light.

(21:19 min)

Jim: If you start playing around with magnetic pulse... They are now looking for the high slew rate magnetic pulse stuff. If you want to get some visits from the suits start playing around with 1200 to 1600 volt per microsecond slew rate magnetic fields and you'll get a knock at your door asking, "What are you trying to do with that?". And you say, "I don't know. Just trying to enrich some nuclear fuel".

The Essene: A friend of mine built a nuclear bomb the size of a walnut that could take out 4 city blocks. He has a weapons lab in Sacramento California. He's the one who made the fuel-air bomb where they put propane and the double explosion on them. One to break the propane tank and the other to ignite it. They used it in Viet Nam. The next thing he came up with the stinger missile. Then he came up with the cruise missile controls where you drive it with a joystick and a TV camera. Now he's no longer a free man.

Jim: Weapons development is what they educated me for.

The Essene: Anyway, he developed these little nuclear shells for a grenade launcher that would take out about 4 city blocks. They don't dare harm him. But he's basically a prisoner anyway because he is too valuable to risk letting any other country get a hold of him.

Jim: Have you ever played with scalar waves much?

The Essene: No. But I have worked with gamma rays a lot.

Barry: What is the process for getting m-state iridium into a levitating disc?

The Essene: First you make up your m-state iridium fresh. And you mix it into ceramic clay. I use porcelain clay. I mix it very, very thoroughly. The idea of annealing it is to spread the iridium molecules out so that they are even. Because any place where they are clustered they lose their spin. I anneal it in a toaster oven or a cupelling furnace. As you anneal it they push apart from each other and spread out evenly. This is the whole idea of annealing it. Iridium will only work if it is set in something that is holding it apart like an egg crate. Yes, it will also work in a gas oven. I use about 10% iridium.

Jim: Can I buy some iridium from you?

The Essene: I'll give you some iridium sand and you can clean the damn stuff yourself. I've been on the gold m-state all the way through. I've been on the C-11 all my life. I've taken the M-3. If you try to stump me with questions you might be surprised. I know what's going to happen before it happens. Still sometimes I ignore that and do what I want anyway.

(27:35 min)

The Essene: Let's talk about religion for just a second. Everyone talks about God, death and the final judgment. Do you know who the final judge is going to be? You and nobody else. We are all God. You are here to go through the tests and lessons you already set up. If you go up there to the 4th level you see large groups of entities planning out their whole lives together. The lessons are meant to teach us to act properly automatically.

One time I wanted to go and do a test on some water for making m-state. But I couldn't afford to go. No money. So, I used astral projection to go to Salt Lake City. By my recollection of time I was out there for about 2 hours getting the water, doing the precipitation, etc. I brought the information back to a few 1000 people, told them how to do it, where to get it, what kind of m-state it was, the whole works. GSL has a lot of m-state in it. There were about 15 people I knew who witnessed my astral body in Salt Lake. They all swore I was there all day.

(33:00 to 35:20 min) (More personal stories)

The Essene: Being a clinical psychologist makes it easier for me to help people now. I did my internship and then walked away from it. The only people I treated after that were little kids.

Barry: I did past life regression hypnosis for about 50 people. I got a lot of interesting information out of it.

The Essene: When I came into this life I kept all of my past life memory. I only had one other life where I wasn't a teacher. This time I refused to be a teacher again. But I kept having these real serious accidents, until I went back to teaching at least a little bit. I go over and run the school for 6 months at a time and then I escape for awhile and then go back again.

I haven't trained a group in just about a year now. The first thing I do is to blindfold half the students and then give the other half little wooden sticks. The guy with the blindfold on just stands there while the guy with the stick says, "hey" and then reaches out and touches him with the stick. The blindfolded guy also has a stick which he uses to block the other guy's stick. After about a week the blindfolded guy can block all the touches directed at him. Then in the next step they learn to sword fight with the sticks with just

one person blindfolded. It takes about another week to learn that. The Samurai, etc were all taught blindfolded. That way they know their opponent's moves before they do them. It teaches you knowingness. Then I teach them how to see without their eyes like I do and to understand what's going on.

Many years ago, before the Catholics put us down, they made the C-11 type m-state, where they could. In other places they used wood ash to make it. You can take wood ash burned at low temperature and boil it in water. Then you filter this through cloth to get a clean solution and titrate that to get m-state.

Jim: Oh! Those cheap briquettes I used in the carbon air cell to collect precious metals from my ozonated water already had m-state in them!

The Essene: That's right. As long as you don't burn them too hot. Anyway, everybody took a little m-state every day. It raises your immune system to 5 or 6 times it's normal level and you never get sick. They didn't have any doctors back then so if you got sick you died. So everyone took it to stay healthy. Then the Catholic church came along and said that if God didn't want you to get sick then He would heal you. They got rid of a whole bunch of people that way. They also killed all the midwives as witches. If a baby wasn't born normal they killed the midwife.

(41:26 min)

The Essene: ...couldn't turn the motor off. The idea behind it was to plug it into your house when you come home. Or, when you go downtown you plug it into a parking meter to put the power onto the grid. The car worked beautifully. It had plenty of horsepower. But it ended up...

Jim: Did you ever play around with thorium batteries?

The Essene: Oh ya. A whole lot. Did you ever try thorium beryllium batteries? They're neat! When I lived in Seattle I took a 55 gallon barrel and put a bucket full of lead in it with a heating coil around it. I put radiators in the house. {?} there a minute. [?] oil heater had a little [boiler?] in it. When it got nice and hot I'd turn off the oil heater and it would be about 6 months before I had to run it again.

Jim: Beryllium is some weird stuff. It reacts with every particle that comes along.

The Essene: But it was kind of neat. It kept the house real warm all winter so I didn't have to buy any fuel. And in the summer I just ran the heat up the chimney.

Jim: The local lime plant outside of Baker has a nice brown thorium deposit running right through the lime. After all the years it's been operating there are no neighbors there any more. I guess they all died from lung cancer.

The Essene: Thorium isn't really as unsafe as everyone thinks it is, unless you drive it.

(44:15min)

What's neater than that is, you take a small chunk of beryllium and you wind a [yetter myr??] on it. Then you put a 9 volt battery on it and it will make a connection that you CANNOT disconnect without it going off like an a-bomb. It collapses the magnetic field when the [yetter myr??] is losing it's power and that disassociates all of the beryllium to hydrogen.

Jim: I didn't know that one! When they were playing with the atom bomb technology they sent some beryllium plates to a reclamation outfit in San Jose, CA. Someone there decided to take one out of this jig they used to take measurements with and he hit it with a hammer. It released enough neutrons on the plane of it's axis to fry everyone within about a 40' radius there by cutting them in half. You can load beryllium up with particles and hit it with the right pulse and it's out of there.

The Essene: No, beryllium does not have an m-state. The elements that do are: Hg, Ag, Au, Cu, and the 6 platinum group elements. No, silica does not have an m-state, but it does precipitate out in the m-state window. So does magnesium. But we don't include Mg in our products. [because?] we use titanium containers to cook it.

Jim: I'd like you, if you get a chance, to try the peroxide method, using only 2 ½% acid, to make m-state.

The Essene: If I want red gold I make red gold. The red gold I make is the real thing. Read about it real carefully and think about it, and then don't do it. I've had a quart of Red Lion sitting here for years and I've never even considered taking it. The Red, Green, and White Lions will all get you to the same place. The White Lion is slower. It takes about a year to get you there. The Green Lion will get you there in a month. The Red Lion will get you there in one taste.

Jim: Been there.

The Essene: When you are here in this realm you tend to think that this is all there is. But there are 11 other places you can go.

Jim: I can remember talking physics with Abraham and then being called back here to answer questions about the ozone equipment.

The Essene: Anyway, on any one of the Lions you can go from this realm to any of the others and come back again. I would suggest that anyone who is totally healthy consider visiting these other realms.

Jim: I thought I had totally lost it because I couldn't tell what was real and what was 'memorex'. I didn't know if what I was experiencing had already happened, I dreamed it, or if I was going nuts. I absolutely couldn't tell reality from a dream.

The Essene: That's what happens when you start. But after you get proficient at being somebody in the other realms this realm doesn't hold that much interest for you. The only reason I am here is to straighten out [name]. Time flows quite differently there. One day here equals 7 years there. You're not restricted there. You can do anything. The timelines are completely at your control. To get [name] out of trouble once I had to manipulate the timeline. Then I repaid the person who stepped in for me by supporting him in a new life for a year and blanking out his past history. I had to go back 4 years in his past to prepare him to do the job.

Jim: Did you ever have any experience like I did talking physics with Abraham?

The Essene: Well, that's the 4th level world. Everyone here, as the people we think we are, is controlled by the entities on the 4th level. We all come down here for a specific reason. When that reason is fulfilled we release the animal body we are controlling and go home. Unfortunately, the body you are has nothing whatsoever to do with the entity you are. In fact, the body doesn't even like the way it is being treated. It's of very low intelligence and it will hurt itself in order to hurt you. Your entity is controlling your body but it doesn't really stay here all the time on this plane. When you dream and you feel that you are somewhere else you really are. You actually do go there. You have absolute control over that, but most people don't realize it.

Barry: Mike [Pons?] made the magnetic trap that we will be giving you tomorrow. Since he's been taking the water from the traps he says he has had more conscious/lucid dreams where he is in control than he has ever had before in his life.

The Essene: That's due to the fact that he is getting closer to his body. A person's body does everything against them that it can when it's against them. But once you get it on your side it will do everything it can to help you. The book, "Astral Traveling" by Llewellyn (sp?) is an excellent guide for getting the body on your side.

Gold has 3 valence spaces with almost +3.5 volts on each one. If you tie a -2 volt sodium atom to each of these there is no natural chemistry on earth that can tear them apart because the Na is a single valence and nothing can grab a hold of it to pull it off. You can only do it with electrolysis, radiation, laser beam, etc. You have to use something that can

generate enough energy to vibrate and break those bonds. Normally they cannot be broken. When you do the sodium burn all 3 valences of the Gold get filled with a Na. Now that makes the White Lion.

Now, to get a little fancier, as a chemist you know that the color is due to the size of the molecule you are looking at. Or, it can indicate the pH. A neutral molecule is always white and a colored molecule is usually alkaline. Anyway, if you want to get green gold you tie a couple of gold atoms together and put the sodium around it on the other valence arms. That makes it a partial m-state.

(end 05 001 2A) (59:33 min)

(05 002 2B visit 2)

The Essene: What Solomon did was to manufacture the gold and then pay people big money to build the temple for him. He raised the economy so high that there was no other country in the world that could come any where near it. He didn't care about the gold. But he hired the priests to make the gold and run the furnaces. And he hired all the laborers to make the temple. And he kept the money in the country. Anyway, what he did at the Dead Sea was to take the water and titrated it to pH 10.78 with wood ashes and then filtered it through cloth. He knew he was at 10.78 when no more precipitate formed with more ashes. They were very careful with it.

His plant it still there today. It wouldn't take very much to put it on line again. They would take the precipitate out and run it into a large vats that were about 20' high and the size of a football field where it would dry in the sun. Then every day they would sweep the top layer of dust off and fire it in reveratory furnaces. The furnaces were charged with brimstone (sulfur) mixed with the m-state. What happens at high heat is that the sulfur grabs the sodium off of the gold and makes sodium sulfate. Then they used silver ore for a collector. Then they stirred it with an iron rod to reduce it. I didn't know they had iron then.

Jim: The sulfide mat is thick like tar. It's just a gnarly black mass in the bottom that you can't do anything with. But if you throw in iron or hematite it scavenges up all the chemicals and leaves the noble elements.

The Essene: It leaves the gold and silver behind. Then they would pour that metal into water from about 10' up to make shot. They would spread the shot out on big plates and beat the hell out of it with hammers to flatten it. From there it would go into large tanks that were about 10'x10'x15' deep where it was layered between green manure all the way up to the top. Then they kept this wet for 7 years. This parted the silver out of the gold making silver nitrate and leaving fine gold metal behind. I don't think you could get a higher purity of gold than that.

(9:10 min)

The Essene: Anyway, you impregnate carbon with rhodium powder. Then you put a regular fuel inside of a hole in the carbon. Use any hydrocarbon fuel like gasoline, alcohol, etc., with or without sulfur. It's not particular. Put potassium hydroxide gel on it and a string of silver on the inside. As long as the fuel is in it you will get a discharge of 2000 amps per square foot. And you [?]. Yes, potassium is usually required for iridium salts.

CO, CO₂, and sulfur won't poison it like all the other fuels do.

Jim: I was fooling around with a rhodium fuel cell, using a charged screen one with ethanol, and compressed air. Working in a garage I got 150 amps per square foot just running on alcohol vapor.

The Essene: You could run it just as good on liquid alcohol if you put the tube inside of the carbon. What I do when I make them is I compress the carbon with a plastic tube in it and then I roast the plastic out. This also anneals the rhodium. And then I press it in with bitumen (asphalt tar). I press it real hard and then I cook it in the furnace. Now it's as hard as stone. You put your fuel line into it and it wets the carbon and spreads out...

(12:05 min)

Rhodium black is real, real easy to make. You take your rhodium precipitate, or, lets say you have a piece of rhodium ore. You crush it and add a little bit of sulfuric acid and aqua regia. This will leach the rhodium out of it. Then you precipitate this with ammonium sulfate (fertilizer) and you get a yellow precipitate. You filter it off rinse it. Then you put it in a metal can and heat it up to 1500F with a hydrogen shield (you keep adding hydrogen and letting it vent out). This takes all of the contaminants out of it. You keep heating it like that until you get a blue flame coming out. Then when you open it you have rhodium black.

(13:14 min)

Jim: Thank you for that. I still got it with my iron in my process. I was thinking about using ammonia to separate the iron from the rhodium, but your process sounds much easier. My SO₂ injection pump failed yesterday.

The Essene: What I do is use a fish aquarium bubbler stone and adjust the gas flow so that the bubbles just make it to the top. I use an aquarium regulator. So what are you trying to do?

Jim: Yes I'm trying to drop Palladium and [?] before I do my iron drop. My source material is basalt that is 25% iron. First I run it through a dilute HCl and chlorine to get the iron out of the way. Then I use a straight HCl and peroxide leach and it comes out looking like beach sand. It's absolutely clear.

The Essene: Ya, but what are you doing with it? What are you trying to recover?

Jim: Currently, I raise the pH to get values out of it. I raise the pH... ..it's going to drop iron if I over-apply it.

The Essene: Well, ammonium sulfate will just drop rhodium and that's all.

Barry: How do you precipitate the gold?

The Essene: That depends on what's with it. You can use ferrous chloride, sodium bisulfate, oxalic acid, or zinc dust.

Barry: You said that if you are going to do an analysis in the m-state you said you take it up to a certain temperature. How do you determine temperature?

The Essene: I do it by color and refer to a chart. Yes, you can melt m-state in an induction furnace. It comes out a glass. Yes, Rhodium is 1950 and Gold is 425 and Iridium is 5400. You can go to 10,000C with an induction furnace. Before it vaporizes it goes to glass. You have to be very careful when you start playing with these materials in an induction furnace because it squashes the electron fields of the atoms. It squashes them to the shape of a saucer with a little ball in the middle. When the atom is in that shape you no longer have a shield around it. You can add protons and neutrons at will then and go from one metal to another with no nuclear reaction. Everything above gold in mass drops right down to gold. The left over neutrons will join with lighter mass materials and go up together. Gold is an absolute platform for both heavier and lighter elements to transmute into to. Palladium is the other stable platform.

Jim: That sure makes a lot of sense considering the yield I'm getting.

The Essene: You can throw silver in an induction furnace and shake it for awhile and it comes out half palladium.

(19:39 min)

Jim: I don't do any smelting. I do strictly wet chemistry.

The Essene: I understand. We're talking wet chemistry now because that's the only way to tell. You'll see that when you put it in a nitric acid or sulfuric acid solution the silver

turns yellow. And, you can precipitate the silver out of that with HCl and you will still have a yellow solution. That's palladium. You throw some zinc into it and you get a precipitate down that turns to palladium when you fire it.

Jim: I know somebody who is trying to pursue the palladium they use now in photographic developers as a catalyst to speed it up.

The Essene: They can speed it up massively if they... See this bar of silver that [name] made? It was silver when [name] started but it isn't silver any more. It was held at about 2250.

(21:40 min)

Barry: (showing some beads?) What does it look like is in with the gold in that funny one? We got these out of magnetic trap water.

The Essene: This one is rhodium for sure. So is this one, Rh/Au.

Jim: The smelter beat me about the head and shoulders for having 5% iron in it.

The Essene: Iron is quite easy to get out. "The Sampling and Assaying of Precious Metals" by E.A. Smith gives the complete procedure for it. You ought to get a copy of the book.

(personal computer talk)

Jim: Are there slow neutrons in this model?

Barry: Do you want me to turn the tape recorder off for this?

The Essene: No. In 1959 I was going to college in Berkley. I was taking nuclear physics. We were accelerating beryllium particles through a super-magnetic field in a linear accelerator. This was for the government. They came with paperwork and we set it up. At one end of the machine was a 12' pipe lined with firebricks 6' thick. We were instructed to accelerate the beryllium particles through the magnetic field and into the pipe for just 1 second. In 1 second it melted every fire brick out of that pipe. Yes, I was at Lawrence Livermore. My teacher was Lawrence. I saw him drop 2/3 of the class in one session. He talked about gravitons and they poked fun at him. So he dropped them from the class.

Anyway, in 1969 everyone who was on that first test was given the call to show up in White Sands, NM to do another test on it. But this time we accelerated lithium. Lithium decomposes at 11 million electron volts per atom while beryllium decomposes at 17 million, so we didn't need as many bricks. We put 6 - 1½" holes on each side. We poured

the room below it full of concrete and rebar and bolted the engine to that. This one had a great big fan on the back of it. Then we broke a hole through the wall out over the parking lot where it was supposed to vent for a 10 second burn. We fired it up and for the first 8 seconds the beam coming out of it just kept getting hotter. Then the hydrogen, which all of the lithium was turning to, went off and it went thermonuclear. The beam of light coming out lit the desert on fire for a ways. The whole end of the building was pulled off. Concrete blocks were thrown out into the field and the engine itself sheared off the blocks and went out there a long ways too before it settled down. It ripped up all the wiring connections, etc. They figured the thrust was about 1.5 million pounds. They determined that that engine could never be flown in the atmosphere.

(33:26 min)

So a few years ago both McDonnell Douglas and Boring contracted with the government to make an airplane. Right now both planes are sitting at Edwards Air Force Base. About 2 years ago they flew one of them out over Death Valley at about 100 miles altitude. It turned the ground to daylight. When it went out of sight at Phoenix, AZ it was 2 a.m. and still as bright as daylight. Yes, it was piloted. It made the B-52 look like a toy.

Barry: You spend a lot of time and money making m-state for people. Why?

The Essene: Well, a few years ago I was involved with Hudson through Ziggy Bremmer, the main assayer I was using at the time. Ziggy had a non-disclosure agreement with Hudson. But he was reporting all my work to Hudson without my knowing, and I was paying him. I got kind of upset about that so I checked out Hudson. I bought some shares in his organization so I could keep track of him. Then he went over to Yelm and took JZ Knight and her group for 3 million dollars to build a plant. He promised he was going to bring m-state to the world. But he didn't.

So I decided one day to put an end to his little operation. I went over to Yelm and in front of 3000 people I laid it all out on a blackboard in an 8 hour seminar followed by another 8 hours the next day. I showed them how to make C-11 and all the other m-state formulas.

Barry: Not a word leaked out of that group to anybody else. They still keep it secret. You can't get any information from them at all.

The Essene: They are all making C-11 and a lot of them are making the M-3.

Barry: They didn't put the knowledge out. They kept it to themselves because they see themselves as the chosen ones.

The Essene: Anyway, a lot of people know how to make it.

Barry: Everything I have learned from you has gone out on the Internet and is fully available.

The Essene: Right now my hero on the Web is Raven Silverwolf.

(break 41:20 min)

The Essene: Take a little sample of material and see if there is any gold in it. I take a hundred grams of the material I want to test in a quart food jar. I add 500 ml of distilled water to it. I add sulfuric acid; bring the pH down to point five (.5) and I screw the lid on the jar (after the reaction time, you know) and I shake it around a little and loosen the lid to let the pressure out of it. Do this a couple of times. Now I've got all the carbonates and stuff neutralized. Then I check my pH and make sure it's still around point five. This isn't too important but it's got to be close.

Barry: All right.

The Essene: Then you get you some thiourea and put about fifteen grams in it, put the lid on it and shake it for about, oh, a couple of minutes. Then you take the lid clear off of it and blow in it and you take and put the lid back on it and shake it again. You do this for about 20 minutes.

Barry: Why you blowing in it?

The Essene: To get oxygen to it; get some air in it. It takes oxygen to make it work.

Barry: Ok.

The Essene: The jar's only a little over half full.

Mike: One of those jars over there?

The Essene: Um hm. Now you take and after you've shook it for about twenty minutes, you take and you filter it out so you've got a nice clean, clear solution; a slightly green solution. And you hang two lead strips down the jar. I use this assay lead--it comes in rolls. And I put it on about four volts and I let it sit there for half a day or so and I pull one of them out and it's gold plated. Wad it up, put it in the furnace, cupel it, and I've got my gold. If I've got platinum family with it you gotta put it in a crucible and put some calcium chloride with it, just a little bit and it volatilizes off all the platinum and all you got is gold. It works every time on anything.

Jim: Calcium chloride boils of your platinates?

The Essene: Um hm.

Jim: D won't like hearing that. He puts it in everything so he can pour it, you know. Instead of working on his flux mix.

The Essene: Now if you want to know how to make fluxes that work you get [this or Bugsby??] and read the chapter on fluxes.

Barry: Now this will work with all the . . . you can assay the platinates and the gold on the lead if you want and it will read out gold, platinates, lead and so on?

The Essene: Um hm. You can have the lead shot if you want with ah, they shoot the lead with neutron bombardment, they shoot the lead with ah, ah, or even an AA machine will shoot the lead. We've got a solid-state one at the plant where I worked that burns the sample on what's put up. You can AA the stuff, ICP--you can put in solution with it.

Jim: Currently we're just producing chlorides. I wanted to talk to you about reducing the ORP because nobody could read my values until I got the excess chlorine and oxidizers out of there. Is there something better to use than SO₂? I hate the stuff.

The Essene: What is your starting material?

Jim: It's a basaltic rock with very little free metal in it. But it does have some free platinates.

The Essene: It always does.

Jim: The way we're going about it now we're pulling 640 on the Rh, 400 something on the Pd, 60 on Au, and my assayer doesn't read the others.

The Essene: O.K. And how are you trying to leach it?

Jim: First of all, chlorine in an HCl solution. . .

Break in recording.

Jim: Rare earths is giving me hell too.

Barry: Why don't you just go through what you already . . .

The Essene: Now let me explain to you an important thing to you about rare earths. Rare earths are only soluble in acid solution. They precipitate when you go to neutral. As you go through seven point they are all out. They will not stay soluble in an alkali but gold will. So will palladium.

Jim: Ok.

The Essene: Before you precipitate your palladium, you have to get the gold out or it will kill you. It blows up.

Barry: Hmm. You're making ah . . .

The Essene: Gold fulminate.

Barry: Gold fulminate, yea.

The Essene: Very explosive.

Jim: Um, you're saying to use the copras converted to chloride to do the gold precip and that's at six and a half?

The Essene: That at any place you want after you've gotten your rare earths out.

Jim: Ok.

The Essene: Cause otherwise it contaminates your rare earths puts the iron back in it.

Jim: So after I drop the rhodium just take it to six and a half, basically is that?

The Essene: No because you want to get rid of the iron.

Jim: Oh, I missed a step there.

The Essene: Right, you start out . . . you bring it up to 2.65 and you put in your ammonium sulfate now your rhodium precipitates as a yellow cake on the bottom. Kind of a reddish-yellow cake. Alright, when you've got it all out then you raise your pH up and your iron all drops.

Jim: At least to four and a half or something right?

The Essene: Ah five; five and a half is where I go.

Jim: Ok.

The Essene: And then you filter all that out and when you raise your solution pH again you're rare earths drop. Now they're out of there. And then you take your gold off. If you throw oxalic acid in it now it drops your gold and palladium together.

Jim: No thanks.

The Essene: Well it's easy to separate.

Jim: Nitric acid?

The Essene: Palladium goes back into solution with nitric acid; no gold.

Jim: Makes sense. Very good.

The Essene: If you want to take the palladium out like you're doing an assay, you get rid of your gold, you take your palladium suspected solution and you add titanous chloride to it and down comes your palladium.

Jim: Or . . . use the . . . I can't even say it.

The Essene: Just a minute. The other method is, after you are sure you've got the gold off, and you're at a pH of seven you add dimethyl glyoximine, a pinch, like a half a gram or so and a fifty-fifty solution of ethanol alcohol and that will precipitate it right down. It will turn kind of a purple red and you will start getting black precipitate.

Jim: Does iridium fall after it if you are not careful? I'm told they have crossover problems with it.

The Essene: Iridium takes twelve hours to precipitate. You've got plenty of time to get everything out before your iridium comes down.

The Essene: Iridium m-state is a neat metal. You ought to play with it sometime. I take iridium and turn it into m-state. It's not a stable m-state, it won't stick around very long. Six months to eight months, it'll go back in at that time if you have a quart jar of it. But while it's in m-state I take and I mix it with porcelain clay. And I mix it all up like [?].

Barry: How much porcelain?

The Essene: Just enough to bind it. I stir it up real good and put it out and dry it. Then I put it in the furnace and start annealing it. On the 8th or 9th annealing you open the furnace door and it will be setting in the middle of the furnace. Yes, the annealing temperature is about 800C. Not too high. The gravitational field will not go through that

disc any more. Neither will an electric or magnetic field. Alright, you spin it and there is no energy force that can penetrate it. If you have 2 discs spinning with a wire down the middle of them and a lamp connected at the other end, the lamp cannot be energized. The electricity will not flow in that wire.

Barry: Jim was using ozone on some mining waste. He was getting a lot of gold and some clear snot in the bottom of the whole thing. It was m-state. When he dried it out in the dark it would float away.

Jim: We put it in bottles as a joke. We called it “fly ash”. It would levitate in the jar. You reach for it and it would move away from the side of the jar you were closest to.

The Essene: If you took that and mixed it with porcelain ceramic before it goes to hell... In 6 to 9 months it's dead.

(54:55 min)

Jim: What's the best way to isolate monatomic rhodium other than to start from metal?

The Essene: I would start from metal.

Barry: Is there any other way to do it? Pure rhodium and iridium metal is pretty expensive.

The Essene: Yes, it's expensive. How much do you want? I just shipped off 5 pounds for free to a guy today. I shipped him iridium ore. He will have to clean it.

Jim: What's it worth these days? Only \$60./oz isn't it?

The Essene: \$1500 for iridium and \$800 for rhodium. Iridium has always been \$1500 for years. There is only one buyer in the world. That's a guy in Switzerland who buys it to make steel for piston sleeves in cars. That enables the cars to go 300,000 without wearing out. You may remember that the normal cast iron engines used to wear out after just 40,000 miles. Now it's the iridium alloyed steel that keeps them from wearing out.

Jim: So, it looks like the refinery is going to take my chloride. So, maybe after I do the iron drop I should drop the platinum? Where does platinum drop now? Am I going to get that if I ...

The Essene: You don't want a Gilchrest platinum. If you're after platinum you've got to aqua regia it, get rid of your nitrates with formic acid, and then ammonium chloride it. Then you've got to take your crystals back into solution and re-precipitate them again.

You've got to go through your procedure 6 to 8 times to get it clean enough to make good platinum.

Jim: I guess what I'm looking for is way to just drop out the rare earths so I can send them all the platinates as a chloride.

The Essene: All right. Have you got any idea what it's like selling PMG's? It's a real bitch. I've got tons of it.

Jim: I'm finding out that it's difficult. The Europeans want it but they don't want to pay much for it.

The Essene: No matter what you make, they won't admit that it is.

Jim: I noticed that.

Mike: Nobody wants to buy platinum!?

Jim: It's a very controlled group of metals.

Mike: The platinum group elements are controlled!?

Jim: Absolutely! The suits come and threaten you and kill your partner, which is what happened to me with sales on rhodium.
(END 05 002 2B at 58:30 min)

Essene – Visit-3, 8/19-21/1999, Tape #2, Side A (evening)

Tape starts with random tape problem stuff and then talk about selling rhodium.

The Essene: ...they shot him through his windshield.

Jim: I had the visit myself. We were producing rhodium from mono; did our second payment shipment, took it over, he had the check in his pocket and on a road that— Interstate 84—that he drove log truck on every day for six years, he failed to merge with traffic and was pushed into the end of the bridge and died. And we had the visit with the suits literally less than eighteen hours before and he was a smart ass with them and I “yes sir, no sir” and he was...

The Essene: He didn't have to die.

Discussion of some metal samples including a sample of some seven nines platinum.

The Essene: If you sell three of these at one time they will kill you for it. They'll send a man out to shoot you.

Mike: So, how'd they turn lead into gold? Did they really do it or is it just talk?

The Essene: There is a computer program and it was written by NASA and it's on the periodic table. It's got all the m-states and all the different metals that make m-state. And it's got the radioactive decay of how one metal converts to another without nuclear fusion.

Barry: Is that right? Where does one get that computer program?

The Essene: It's on the web, is all I know. I had it. I lost it when I lost my hard drive. And I've got it on the cassettes now as soon as I get a computer again I'll plug it in and have the new . . .

Barry: Now, this computer works, doesn't it?

The Essene: Yeah, the hard drive in it does. That computer is pretty old now.

Mike: You just take and heat lead and something else?

The Essene: Well, see, what the unit is on that is the induction field forces the electrons down like a saucer and the nucleus of the atom is bared on the poles. It's got no electron shielding at all on it.

Barry: It's a naked nucleus, so to speak.

The Essene: Yeah, and the house keeping inside the heavier atoms is not satisfied to stay that way. Just as soon as the naked poles [are exposed] they clean house and they push out the ones that are uncomfortable and the heavier materials all drop to 197.

Barry: 197 which is gold.

Mike: You could take antimony which is heavier than gold and heat it in an induction furnace and it should drop with the emission of some kind of particle.

The Essene: Yes.

Mike: All you have to do is calculate and you should be able to figure it out.

The Essene: Um hm.

Barry: Do you have to tune your induction furnace to frequency or . . . ?

The Essene: Yeah. What you want is to have one with some harmonics. It's not that hard to put the harmonics in it. All you need is a tank coil.

Jim: Infinitely variable.

Barry: All you need is a what?

The Essene: Tank coil.

Jim: I've got some neat parts I'm going to talk with you about later.

The Essene: You didn't think I could talk to you on that huh?

All: Laughter.

Jim: I didn't know you were into electronics so far.

The Essene: Well I took six sciences when I went to college. Six. Biochemistry, inorganic chemistry, nuclear physics, electronics, clinical psychology and astronomy. Astronomy was the most important one, absolutely the most important one.

Jim: Did you have Dobson?

The Essene: I don't think so; no.

Jim: He taught at Berkeley. The one that runs around and teaches people how to build telescopes now. Yeah, I took one of his classes when I was a seventh grader and hand ground one myself.

The Essene: Well the deal was, you take a telescope and all you see is one pinpoint of light. What they teach you to be is Sherlock Holmes. You figure out how to do the test so you know something about that one point of light. How far it is, how massive it is and ah . . .

Barry: And spectrum and all that.

The Essene: It'll tell you the age of the star. But we had a problem and we knew it was wrong then. See, as far as our class was concerned, in the college I was going to and all that, the big bang never happened. See, cause what they discovered, a black hole sucks everything including light. But its magnetic field rotates around its equator and this ionizes all the gas cloud around it coming in and it gives off radio signals; so we thought,

otherwise there's nothing there. Most black holes are a mile or so in diameter and they are spinning at 30 thousand times a second.

Jim: Now they're finding that there's anti-particles coming out at the pole ends too.

The Essene: Right, and when those anti-particles come out at the pole ends they get about 280 thousand light years away and they start making mass--they start turning to hydrogen gas.

Barry: Kind of a little recycling . . .

The Essene: A recycling unit.

Jim: No way to talk about my sister.

The Essene: And we determined a long time ago that the stars that were red shifted were supposed to be traveling away from us and the stars that were blue shifted were supposed to be coming toward us. That was also wrong because gravitation--see light beams are actually particles and they actually react to gravity. So if light's leaving a massive star, it's red shifted because there's gravitational pull on the light; it slows it down. It has nothing to do with the speed the star is moving at. And if the light is being accelerated toward you, for one reason or another, it gonna be blue shifted.

Barry: And if you are looking at one of these black holes pole on, it's gonna be blue shifted and you're gonna see a blue source.

The Essene: Um hmm. But it was real important for me because it taught me to take one little point of fact and work with it.

Barry: You know, this anti-gravity thing out of the black hole, I'm wondering if it's related to the spinning iridium disks that you make?

The Essene: No.

Barry: Like spin coherence or something like that?

The Essene: No.

Barry: Well, what do you think that is?

The Essene: The beam coming out is--they know it's coming out but it doesn't form into matter until it slows down.

Barry: Right.

The Essene: So, they're saying that the core is compressed so hard that it is pure energy.

Jim: Yeah the rules are out.

The Essene: Right now, I don't think that they know any more about than they did 20 years ago. I think it's still out there.

Barry: Yeah.

The Essene: But I'll tell you a story that maybe you'll be interested in. Because my hero done it--Nicholi Tesla. He was getting a group of scientists together and he wanted particular ones, you know, some sharp men. So he rented Madison Square Gardens and he treated them quite nice so that they had a ring he set up and they had the chairs and the audience in place and everything. He was going to give a lecture. Well, everybody was filing in; all the scientists from all over were filing in there getting ready to sit down with four people in the ring with the loudspeakers and mikes and all this kind of stuff. They were milling around while they were filling the auditorium. And over the head of all of these [people] a little kid came in riding one of these snow saucers that you ride in the snow with--over their head. And he went out and he went all over the audience and finally he went over to the ring and settled down in the ring. Nicholi Tesla stood up and said "this concludes our demonstration for tonight; thank you gentlemen--good night". Not one of those scientists went and asked how that thing worked.

Barry: Only one?

The Essene: Not one.

Barry: Not one. Oh my god.

Jim: Of course not one of them would understand what he said either.

The Essene: Well that's not the point.

Barry: That sort of brings up the next question. So how is it different?

The Essene: How did it fly?

Barry: How do they fly? What is the m-state iridium? Is it a gravitational shield?

The Essene: It's a gravitational shield. It won't allow the gravitational force to penetrate it.

Barry: Why?

The Essene: I really don't know.

Barry: Hmm.

The Essene: But there is no force field of any kind [which can penetrate it].

Barry: Um hmm.

The Essene: Now I went to California, I went to Ashland, actually, to listen to David Hudson speak. After David Hudson's speech was done I went to California to a UFO meeting. Now this was not a bunch of phonies. This was scientific people. We had the lecture in the auditorium and I paid real good attention. Well, come demonstration time they took a table like this [he pointed to his kitchen table], only it was clean, (mine never is). But anyway, they took and laid a sheet of plastic over this table. This plastic was about half an inch thick. They turned another table upside down over this table and they put a whole pile of barbell weights on the top table. Then they had people from the audience come up and stick their hands underneath the table, like this. The top table would float away--with the weights.

Jim: Back to the fly ash.

Barry: Now the sheet had the m-state iridium in it?

The Essene: Right, exactly. And it was your aura that was actually picking the top table up.

Barry: Now, that m-state iridium wouldn't have been annealed?

The Essene: No.

Barry: So it was just the moving magnetic field that caused it to move?

The Essene: Your moving aura.

Barry: See this is the principle that this magnetic trap that Jim developed works under. It magnetically expels the m-state iridium, probably, from water. A lot of it's iridium and ah.

..

Jim: Run it through the turbine, spin the water over a magnetic field, the mono levitates against the water and you pull it out through wicking material that's hydrophobic.

The Essene: Same thing.

Barry: And we've got one for you and it's something you can put on your mantle piece and it's a work of art.

Barry: What's the process, step by step, for getting m-state iridium into a levitating disk?

The Essene: All right, you take and make you up your m-state iridium fresh and you mix it into a ceramic clay--I use a porcelain clay--and mix it very, very thoroughly. The idea of annealing it is to spread the iridium molecules out so they are even because any place they're cluster they loose their spin.

Barry: You anneal it in what kind of a furnace?

The Essene: I use a toaster oven--a cupelling furnace. And the idea of it is that as you anneal it they push apart from each other and spread and they get even. This is the whole idea of annealing it. Now, iridium will not work if it is all together, it has to be set in an egg crate situation with something holding it apart.

Barry: A matrix.

The Essene: Yeah.

Barry: And your annealing oven is an electric oven?

The Essene: Yeah.

Barry: Will it work in a gas oven?

The Essene: Certainly.

Barry: You've done it that way too?

The Essene: No. When I was playing with that I didn't have my gas oven.

Barry: But you think it will work in a gas oven.

The Essene: I'm certain it will.

Mike: You made it in an egg carton?

The Essene: No, visualize in your mind how eggs set in a carton. Each one is separate. You're using the porcelain to isolate the iridium that way.

Barry: Particles.

Jim: Just like ferrite for a magnetic core.

Barry: How much iridium [is mixed into the clay]? You said about ten percent. Is that it?

The Essene: About it.

Jim: Can I buy some iridium from you?

The Essene: I'll give you some iridium sand and you can clean the damn stuff yourself.

Barry: Mike, do you want some iridium too?

Mike: Yeah.

Jim: Well the iridium mono, as a medication, that's the only one I think is okay to eat.

The Essene: Let me put it to you this way, I've been on the gold all the way through. I've been on the C-11 all of my life. I've taken enough of the rhodium-iridium-gold. You ought to try to stump me in my field.

Jim: Yep, you're real sharp and I like that in a person.

The Essene: That comes with it. That's what happens to you when you take it.

Barry: One other thing that comes with it is that you know what's going to happen before it happens.

The Essene: Yes, but that has nothing to do with whether you'll listen to it or not.

Barry: That's right.

Jim: And it's confusing.

The Essene: No, it's not.

Jim: It was to me. Of course I had a mega dose of lead and arsenic with it.

The Essene: But the point about what I'm saying is that you know but a lot of times you push it off and do it anyway.

Barry: Yeah.

The Essene: Like a little kid.

Barry: Yeah.

The Essene: And don't do that! You've gotta do it or die.

Jim: And I'm never in denial.

The Essene: Right.

All: Laughter

The Essene: Well if I screw up, big deal, I won't next time or if I screwed up on purpose then it was what ...

Jim: Did you gather some data when it happened?

All: Laughter.

Jim: It may have been worth it.

The Essene: Yeah, it depends on what it is. If it's worth it I'd do it. But let's talk about religion for just a second.

Barry: Um hm.

The Essene: Just a second, I'm gonna ask questions. Everybody talks about God and death and the final judgment. Do you know who the final judge is gonna be? You. Nobody else.

Barry: Yeah.

The Essene: So who does that make us?

Jim: Like it says.

The Essene: Yes, we are all Gods.

Jim: Resonant superconductors.

The Essene: But the point about it is, you are here to get a body, to learn to control the body and to go through your tests and trials you already set up.

Jim: I am pissed. [Laughs]

All Laughter

Barry: You volunteered. It wasn't like . . .

The Essene: You begged to come.

Barry: Yeah, exactly.

Jim: Probably, but my folks wouldn't do it again.

All Laughter

The Essene: No but that's actually true.

Mike: You probably did beg to come Jim.

Jim: I think so.

The Essene: You go up there on the fourth level and you see large groups of entities planning out their whole life.

Mike: A great talk.

The Essene: And then when they get it all planned out--you're supposed to do this to me and you're supposed to do that to me--you're supposed to build me and teach me so that I react automatically properly.

Barry: Um hm.

The Essene: That's the whole idea of coming down other than getting a body and learning to operate it.

Barry: It's a very creative play that you're the author of and you're all the actors.

Jim: I would go for two out of three.

Mike: Yeah, but there's shared reality too.

Barry: Well yeah but I mean it's like there's a shared reality . . .

Jim: Ah let's talk about reality for a minute. Like I say, this facade is here at a great deal of expense of energy.

The Essene: Well, the deal about it is, that book on astral projection and stuff like that. The witnesses aren't around now, here. But there's quite a few all over the country. But ah, one time I wanted to do a test on some water to make m-state out of it. Well, I couldn't afford to go because I'm poor, I'm broke, no money. So, I used that astral projection deal. I went to a place called Salt Lake City. I went out and I worked out there--my recollection of the time was about two hours to get the water, do the precipitation and stuff like that so that I could bring the information back. Alright I brought the information back (this was two thousand people) I showed them how to do it, where to get it, the whole works. Great Salt Lake has got a lot of m-state in it.

Barry: Um hm.

The Essene: And I told them what kind of m-state it was and all this kind of stuff. Alright, when I went down there, there was about fifteen people I knew that were there to witness me coming and doing work and they all swore I was there all day. But my own passage of time was about two hours.

Jim: Um, astral projection is very real to me. I worked with a guy who was very much so into it, couldn't get any communications out to his old lady, if you will, his wife. They were doing a project and I called BS. He say's "okay tonight, what do you want me to have my wife write in the letter that's gonna be here?" And I say, da ta da da da da you know let's do this little formula thing that I had to do today. Something that you couldn't just wing over the phone. And sure enough, "tell Jim, ah, surprise."

Barry: I did a lot of past life regression with hypnotism, fifty people or so. I got a lot of interesting information that way.

The Essene: The trouble of it is, with me, on this life and the other lives, I've kept my memory.

Jim: Only technology for me.

The Essene: Well, the deal about it is, I've only had one time when I wasn't a teacher. This time I refused to be a teacher. I kept having these real serious accidents till I went back to it. Now I do a little bit; not very much, just a little bit. I go over and run a school six months or so at a time and then I escape for a while and then I go back again.

Jim: Makes perfect sense to me. Do the sabbatical and . . .

The Essene: You know what, one of the first things I do when I train a group and I have to say I haven't trained a group for just about a year now. But the first thing I do is I take half the students and I blindfold them and I take the other half of the students and give them little wooden sticks. And the person blindfolded is supposed to stand there and the guy without the blindfold says hey and he reaches up and touches them with the stick. The person blindfolded has a stick in his hand and he's supposed to move it and block the touch. And in about a week, you can't touch them without them blocking it.

Barry: Hmm.

The Essene: And then they go to the next step, they learn to sword fight with those wooden sticks; blindfolded and the other guy doesn't have a blindfold. It takes about a week to do that. And the Samurai and all of those groups are all taught blindfolded so that they know the reaction you're gonna do before you do it. That's part of their training.

Jim: And sense the presence, not necessarily to see you.

The Essene: But that teaches you knowingness. It teaches you to understand your knowingness. Because, you know before it happens, you're just ignoring it. And, then I teach them how to . . . like how I get by in deep and understand everything that goes on and how to see without your eyes.

Barry: Tomorrow I'd like to talk a little bit about how you figured this out when you were young and your memories of being an Essene and all that.

The Essene: The deal about it is, how I figured it out is I remembered it.

Barry: That's right. But like get some . . .

The Essene: Many, many years ago, before the Catholics got involved, because the Catholics is the ones that put us down. They made C-11 type m-state, where they could. Other places used wood ash to make it. You can take wood ashes, burned at low temperatures and boil them in water and filter them through cloth so that you've got a clean solution and you can titrate it and get your m-state out of the wood ashes.

Barry: I'll be darned.

Jim: Hmm.

The Essene: And everybody used to have a little leather pouch on the belt.

Jim: You mean those briquettes already had the m-state in it?

The Essene: Huh?

Jim: Those cheap briquettes I used already had the m-state in it?

The Essene: Sure, as long as you didn't burn them too hot.

Jim: I didn't burn them at all. Catalyzed them. But we'll go through that tomorrow.

The Essene: But anyway, everybody took m-state--a little bit every day. The idea was, you never get sick when you take it. It raises your immune system--five to six times normal. They didn't have any doctors back then. You got sick, you died. So everybody took it so they wouldn't get sick. And then the Catholic Church came and they started to talking about if God wanted you healed He'd heal you. They got rid of a whole bunch of people and they also killed all the midwives. They burned them at the stake for witches. If a woman had a baby that didn't come out right, they killed the midwife.

Jim: That's pretty harsh.

The Essene: So they got to the point nobody could get help.

All: Discussion of what elements are m-state elements. Magnesium and silica precipitate in the m-state window.

Jim: I'd like you, if you get a chance, to try the peroxide method with only two and a half percent acid.

The Essene: If I wanted red gold, I'd make red gold.

Barry: Does that make red gold?

Jim: You can make white or red.

The Essene: I know that the red gold I make is the real thing, the Red Lion. And read about it real close, think about it and then don't do it. I've had a quart of Red Lion sitting here for years and never consider taking it.

Jim: You're preaching to the choir.

Mike: What does it do?

The Essene: Well, let me give you a little talk about it and you guys can think about it. Now the Red Lion, the Green Lion and the White Lion will get you to the same place. The White Lion is slower; it takes about a year to get there. The Green Lion will get you there in a month. Red Lion will get you there in one taste.

Jim: Been there.

The Essene: Being here on this realm, everybody normally thinks that that's all there is but there is eleven other places that you can go.

Jim: I'll buy it, I remember talking physics with Abraham and being called back to answer questions on this ozone equipment; "Jim, Jim" you know.

The Essene: But anyway, you've got any one of them when you go to it you can go from this realm to the other realms and come back again.

Jim: Could you speak very well or were you very broken in your English? Like just key words when somebody would ask you a question.

The Essene: Well ah there's a whole things about that. A whole lot. But, ah, I would suggest anybody going on, that's fully healthy and all that kinda stuff to consider playing in the other realms--the other worlds.

Jim: I thought I had totally lost it because I could not tell what was real and what was Memorex. Had it already happened or did I dream it--was I going nuts. You know, I absolutely couldn't tell reality from a dream.

The Essene: That's what happens when you start. And after you get proficient in the other realms and then you can come and be somebody in the other realms and this realm does not have that much to offer. There's only one reason in the world that I'm here.

Barry: And what's that?

The Essene: [The Essene mentions a member of his family.]

Barry: You're also trying to help out a lot of other people too.

The Essene: Oh yeah, but that's a side point. I would step over into another realm in a minute if it wasn't for [obligations to the family member]. Cause, I'm not crippled, I'm not blind, I'm not nothing there [in the other realm]. And time flows quite a bit different there.

Jim: Aye!

The Essene: One day here equals seven years there and you're not crippled, you're not restricted, you can do anything.

Jim: That helps explain--a lot of people say "well when did this happen", when I got nuked, you know, doing this gold project. And I'd sit there and I couldn't tell them when because all the timeline stuff was so chopped up that I couldn't.

The Essene: Well the timelines are completely at your control. Completely. You might think that I'm talking through my ass but I'm not. To get [the family member] out of trouble once, I had to play with the timeline. And I couldn't get to [the family member] so I had to play with the timelines and get a person that was there so he would step in, put his life on the line and get [the family member] out of trouble. And then I paid the guy back by supporting him for a year and getting him started in a new life, blanking out his past history and getting him started again.

Jim: That timeline thing is real different.

The Essene: I had to go back four years and start changing up. Then I had to keep the SOB alive long enough so he could do the job.

Jim: Do you have any . . . for me, I have recollections of talking physics with Abraham and this type of thing.

The Essene: Um hm.

Jim: Do you have any . . .

The Essene: That's fourth dimensional work--I mean fourth level work. I'm sorry, not dimension, fourth level work. The entities of the people that you know here--the control entities are on the fourth level. Now, you--all of you--myself, we all come down here for a specific reason. When this reason's done we'll release the animal that we've got, that we're controlling and go home.

Mike: You mean this [?]?

Barry: The body.

The Essene: No, the body.

Jim: This three dimensions.

The Essene: Unfortunately, the body you are has got nothing whatsoever to do with the entity you are. In fact the body don't even like the way it's being treated. It's a very low intelligence thing and it will hurt itself to hurt you.

Jim: This three dimensional facade is here at a great deal of energy.

Mike: Yeah but it's pretty solid. [Knocks on the table.]

The Essene: No, but that's not the point. The point about it is, the body that you've got, you took when you came down on this plane. Your entity is controlling this body. Your entity doesn't really stay here all the time on this plane.

Barry: Yeah, when you dream, you're not here, you're someplace else. And you know you're someplace else.

The Essene: You're right and you [control?] it. You are there. But the point about it is, you've got absolute control over that; most people don't realize that.

Barry: That's one thing that Mike, he's the guy that made these magnetic traps that I'm going to give you one of them tomorrow. Since he's been taking the water from the magnetic trap, he says he's had more conscious dreams--more aware dreams where he's in control--than he's ever had before in his life.

The Essene: Well actually that was, ah (I'm trying to figure out how to put it) that was due to the fact that he's getting his body to where he's getting filled with this stuff. Cause his body, as I say, does everything against you [that] it can, as long as it's against you. But if it's on your side it will do everything it can to help you.

Mike: So how do you get it on your side.

The Essene: Well, a whole bunch of ways. Llewellyn makes about the best book there is on it.

Barry: Now Llewellyn's ah . . . ?

The Essene: Astral Traveling by Llewellyn. . .

Barry: He's also an astrologer.

The Essene: Llewellyn publishers.

Mike: So, on an atomic level; a molecular level, what's the difference between the White Lion, the Green Lion and the Red Lion?

The Essene: Well, if you put on your chemist's hat, I'll tell you.

Mike: Zzzzt. [Sound of Mike putting on his chemist's hat.]

The Essene: Alright, gold has got three valence spaces, right? It's actually got a plus three volts on each one of them, actually it's damn near three and a half. Alright now let's say we tie an alkali to it.

Mike: Like sodium.?

The Essene: Like sodium. Sodium is at a minus two volts and it's only got one valence, one ion. Alright say you tie three sodiums on a valence gold. Now you've got a five and a half volt chemical tie to that gold molecule. To pull that sodium off you've got to have that much in there. There's no chemistry on earth that'll take them apart so you have to use electrolysis, or radiation or a laser beam or something to generate enough energy to vibrate them hard enough to break these bonds. Normally they cannot be broke. Are you with me.

Mike: That's what happened in Sodium Burn Method.

The Essene: Yeah, because you actually burnt the sodium right to the gold. And ah, all three valences are clamped down to a sodium.

Mike: You got three sodium's and one gold.

The Essene: Um hm.

Mike: Okay.

The Essene: Now that's the White Lion.

Mike: That's the White Lion.

The Essene: Now let's say that you get a little [?] in that. As a chemist, you know that the color is actually due to the size of the molecule you are looking at. That is essentially what causes color. It's either that or it's an unstable . . . ah, an acid molecule that's got one color, a neutral molecule is always white and an alkali molecule's got every color. But

anyway, (we're talking about metal colors now). And let's say you want to make your green, you change it--you take and you tie a couple of gold together and you put the sodium around it, the diatomic gold with the sodium on the other end and you've got green gold.

Barry: Okay, now, the diatomic gold is still an m-state in that case, right?

The Essene: Partial m-state.

Barry: And partial metallic.

The Essene: Yeah. And now the red gold . . .

Mike: So you have diatomic gold with one sodium on one gold and [End of Tape Two Side One]

Essene – Visit-3, 8/19-21/1999, Tape #2, Side B

On side two the conversation did not take up from where side one left off. We did not know that the tape had ended.

Side two starts with a discussion of Solomon and how he accumulated gold by making it from Dead Sea salt.

The Essene: What he did, he manufactured this gold, then turned around and paid the people to build the temple for him. And they would go spend this money all over because they were making big money. And it raised the economy of the whole country to the point that there was no country in the world that could come anywhere near it. He didn't care about the gold but he hired the priests to make the gold for him and run the furnaces and he hired all the laborers to make the temple and he put the money in the country.

Jim: You want to [?] all this, don't ya?

The Essene: [Laughs] But anyway, what he did at the Dead Sea--he took the Dead Sea water and titrated it to 10.78 with wood ashes they had filtered through cloth.

Barry: So how did they know when it was 10.78?

The Essene: When you add it [and] you get no more precipitation you quit. They were very careful. Have you ever titrated the Dead Sea?

Barry: I have.

The Essene: You know what happens.

Barry: Yep. It looks like cottage cheese.

The Essene: Right.

The Essene: His plant is still there today and it would not take very much to put back on line; it's still all together.

Barry: Un huh. You've seen it?

The Essene: Lori went there and had a video cam and she took pictures of the whole plant.

Barry: Wow. And so you knew exactly what everything was for and what it was doing.

The Essene: And how to operate it.

Jim: It was a picture you had in your mind?

The Essene: Um hm.

Barry: Okay.

The Essene: But anyway, uh . . .

Mike: So what is it?

Barry: What's it a picture of?

The Essene: A chemical plant. They would take the m-state out of the precipitating container by pipe and run it out into a large raft. And they actually filled these rafts which were about twenty feet high and the size of a football field. They had several of them. Alright, they would dry in the sun.

Barry: Un huh.

Jim: The precip at ten point seven.

The Essene: And every day these guys would go with brooms and sweep the top layer of dust off of it into a fire. We worked until the furnaces were charged. Now the furnaces were charged with brimstone (that's sulfur).

Barry: All right.

The Essene: Mixed with the m-state. And what happens is the sulfur grabs the sodium, at high heat, off of the gold and turns to sodium sulfate. And the gold is free. For a collector they used a silver ore and for a reducing agent they stirred it with an iron rod. I never knew they had iron at that time until [?].

Jim: The sulfide mat, if you will, is so tarry you can't pour it, you can't work with it. It's gnarly stuff in the bottom; it's black, it's ugly.

The Essene: Um hm.

Jim: You throw in iron or hematite and it scavenges up all the chemicals and leaves the noble ones.

The Essene: It leaves the gold and metal behind. Alright, the silver came down with it. Then they had these other dishes where they would pour this [molten] metal into water and it makes shot. They pour it about ten feet down to hit the water. They would take the shot out of that and they had these plates of stuff out there and they would spread the shot out on it and then they'd beat the hell out of it with hammers--thin it out; flatten it.

Barry: Um hmm.

The Essene: They would go from there to these large square tanks. They were about ten foot by ten foot by about fifteen foot deep. They fill full of green manure and they [layered it with the beaten metal] and more green manure all the way up. And they kept it wet. That's how they got the nitrates to part the silver out of the gold.

Jim: I'm kinda surprised that beating at it didn't separate it just because of the . . .

The Essene: They didn't care.

Jim: Yeah. Urea separation huh?

The Essene: Um hm.

Jim: That's cheatin'.

The Essene: But anyway, after seven years they would take and wash all the manure out of it and take the metal and have the finest beaten gold.

Jim: And that the term.

The Essene: Seven years . . .

Jim: In the bible it says beaten gold repeatedly--I wondered what that meant.

Barry: How pure is that gold?

The Essene: After parting and the nitrates in manure for seven years, I don't think you can get it any purer.

Barry: Hmm.

The Essene: Slow parting but it's quite effective.

Mike: Gold metal?

The Essene: Yes.

Mike: Not salt; gold metal?

The Essene: It won't go into a nitrate solution.

Jim: All this urea will tear the silver out in a heartbeat, and leave the gold.

Mike: Urea--nitrogen.

Jim: Manure. In this particular case they are doing a conversion, instead of with a nuclear reaction with the nitrogen and carbon. This one's a good old fashioned sulfur stealing the sodium away from gold at high temperature chemistry.

The Essene: Now, let's say that you take and want a battery. [His cat jumps up in his lap.] (Yes black cat. Everybody's got a stroke for you.) But anyway, you take carbon and impregnate it with rhodium powder and then you put regular fuel inside a hole you got in the carbon. Gasoline, alcohol; anything like that. It can be any hydrocarbon; it can have sulfur in it, it's not particular. Then you put a calcium hydroxide gel on it and a screen of silver on the inside. And a good air flow through it.

Taping break.

The Essene: But what happens is that as long as you have fuel in it, it will discharge at two thousand amps per square foot. [This is independent of the fuel.] And CO₂, CO or sulfur does not poison it like all the other fuel cells.

Jim: I was playing around with a rhodium fuel cell (using a charged screen one with ethanol and compressed air) and the best thing I got, in a garage, was 150 amps per square foot out of a fuel cell running on alcohol vapor.

The Essene: Yeah, but you could run it just as good on the alcohol if you put the [fuel] tube inside the carbon. What I do when I make it is press the carbon with a piece of plastic in it and I roast it out and this also anneals the rhodium.

Barry: So you press the carbon with the rhodium?

The Essene: Yes, and then I press it in with bitumen (it's like asphalt tar). And you press it real hard and you put it in a furnace and you cook it. Now it's hard as stone. You put your fuel into a line into it and it wets the carbon and it sweats out through the carbon.

Jim: Use rhodium black for the catalyst. No, I've never seen that in the books at all. They use palladium black, platinum black--never mention the rhodium. It's kind of a . . .

The Essene: Rhodium black is real easy to make.

Jim: That's the first time I've ever heard of it being . . .

The Essene: But it's real easy to make.

Mike: Someone must have investigated it. I worked with palladium black in graduate school. I never heard of rhodium black.

Jim: Me neither.

Mike: I mean you can't buy it anywhere, anyway.

Jim: That's how come I . . .

The Essene: Rhodium black is real, real easy to make. Do you want to know how to make it?

Mike: How?

The Essene: You take your rhodium precipitate. Let's say that you got a rock. You pound it up. You put a little bit of sulfuric acid in aqua regia--now it'll leach the rhodium right out of it. Then you precipitate it with ammonium sulfate, fertilizer, now you've got a yellow precipitate. You filter it off and rinse it. Then you put it in a metal can and you

heat it up to 1500 degrees Fahrenheit under a hydrogen sphere. And you gotta vent it. You put the hydrogen in and you vent it out. It will carry all the contaminants with it. You heat it like that till you've got a blue flame coming out. And then when you open it, it's rhodium black.

The Essene: I got tanks of SO₂ and what I do is put them on one of these fish aerating stones. I open my carboy flasks so that the bubbles just barely make it to the top.

The Essene: I just use a regulator.

Jim: Can you use a regulator--regular old brass or would that be stainless?

The Essene: I use a chlorine regulator on it.

Jim: Okay.

Barry: Is there any substitute for that?

The Essene: Well what are you doing, precipitating gold with it; dropping palladium?

Break in taping.

Jim: cause it's gonna drop iron out on the fly.

The Essene: But, the ammonium sulfate and just drop the rhodium and that's all.

Mike: How do you precipitate the gold.

The Essene: Well it depends on what's with it. Use salt chloride, you can use sodium bisulfate, you can use oxalic acid, you can use zinc cups if you want.

Barry: You said that if you are going to do an analysis in the m-state you take it up to a certain temperature.

The Essene: I said that's the best way.

Barry: Okay and how do you determine the temperature?

The Essene: I determine the temperature by color. I've got a chart that give you color and what temperature it is.

Jim: The radiated color.

Barry: Okay, the radiated color. And what do you heat with?

The Essene: It depends on how hot I want to go.

Barry: Does the m-state work in an induction furnace?

The Essene: Yeah, you can melt it in an induction furnace. It comes out a glass.

Barry: So if you're gonna assay . . . say, rhodium was what--1950 degrees and gold is 425 and iridium is what?

The Essene: 5400

Barry: 5400. How do you get up there?

The Essene: Induction furnace.

Barry: And it will go over, it will evaporate at 5400?

The Essene: Oh yeah; it's easy to go to 10,000 C with an induction furnace. No problem at all.

Barry: And before it goes, it'll go to a glass?

The Essene: Yeah. You have to be careful when you start all of this mess when you are playing with an induction furnace because it squashes the electronic shield around the nucleus of the atom. Once you get the electronic squashed down--it actually squashes it to look like a saucer and you got a little ball in the middle--when you get it in this shape you'll no longer have a shield over the nucleus of the atom. You can add protons, neutrons, whatever you want to the atom then and convert it from one metal to the other with no nuclear reaction.

Barry: Um hm.

The Essene: Everything above gold in mass drops right down to gold. And all the rest of the neutrons are floating around free and they will join lighter mass materials and go up to gold.

Barry: So gold seems to be the . . .

The Essene: Gold is the absolute zero level. If it's got too many it'll drop down to gold and the others will join other things trying to make gold. Gold is one of the stable platforms on the line. Palladium is the other stable platform. Everything comes up to palladium or drops down to palladium on the lower end.

Jim: I didn't know that. It sure makes a lot of sense with my yield.

The Essene: You put silver in an induction furnace and cook it for a while and it's half palladium, isn't it?

Jim: I don't do any of the smelt work, strictly the wet chemistry.

The Essene: Wet chemistry. Now we're talking about wet chemistry because it's the only way to tell. You'll see when you put it into a nitric acid solution or a sulfuric acid solution it turns yellow.

Barry: Silver?

The Essene: The silver does. And you can precipitate the silver out of it with hydrochloric acid, you still have a yellow solution; that's palladium. You throw some zinc in it and you get a precipitate down, you fire it and you get palladium.

Jim: I know somebody that is trying to pursue the palladium that they now use in the photographic developers.

The Essene: Um hm.

Jim: Because they want to speed it up by using the catalyst action.

The Essene: They can speed it up massively . . . Over there by you setting in the window there should be a . . . right there by that white cup I think that there's a bar.

Barry: Is this bar? That is heavy.

The Essene: That's R's first attempt at it.

Mike: Palladium?

The Essene: No, that's one of her first attempts at playing with the induction furnace. That was silver.

Barry: Un huh.

Jim: That silver is a weird one isn't it.

The Essene: That was silver when she started, it ain't silver no more.

m How hot did she get it?

The Essene: How hot? Oh she didn't get it too hot on that. She probably went, ah, oh she held that silver about 2250.

Here Barry brought out some of his metal samples.

Barry: What is that in there with the gold on that funny one, big one?

The Essene: This one?

Barry: Un huh.

The Essene: Rhodium. I need a glass or something to look at the little one.

Barry: This is one we got out of magnetic trap water.

The Essene: This is rhodium for sure.

Jim: Gas phase transferred and precipitated.

The Essene: So is this one; rhodium-gold.

Mike holds up R's sample from the window sill.

Mike: So what is this now?

The Essene: Rhodium-gold.

Mike: It went from silver to rhodium-gold?

The Essene: Um hm. Take a look at the color.

Mike: It looks like gold for sure.

The Essene: Put them together with the [???

Jim: [??] the wrong chemical, it's ammonium sulfide.

Mike: Look at that pattern on it.

Barry: That's what I thought, that pattern looked so much like this pattern.

Jim mentioned problems with getting iron out of metal concentrate.

The Essene: Iron's quite easy to get out. This book will give you the complete procedure to get the iron out. You ought to invest in this book.

Jim: I think I'm going to!

Mike: What's the name of the book?

The Essene: Uh, "Sampling and Assaying of Precious Metals by E. A. Smith. [The Sampling and Assaying of the Precious Metals by Ernest A. Smith \$79.95 <http://www.lacywest.com/42books.htm>]

Jim: Yes. I think I'll dig one up someplace.

Conversation on getting a computer and computer problems.

Jim: Is there slow neutrons in that model?

The Essene: Is there what?

Jim: Slow neutrons in this model?

The Essene: Do you want to talk about a power drive I worked on once for the government?

Jim: Sure!

Barry: Do you want me to turn this off?

The Essene: No.

Jim: I love project stories.

The Essene: In 1959 I was going to college in Berkeley and what I was doing is taking nuclear physics. And we were taking and with the linear accelerator, accelerating beryllium particles through a magnetic field. Super magnet.

Barry: Um hm.

The Essene: Alright, and uh this was for the government. They came with the papers of what they wanted us to do and we set up the machine. We took and set up the machine in the room and on the end of the machine we used the ten foot pipe, ah, twelve foot pipe, or anyways a big pipe; it had to be more than twelve foot. And it was lined in fire brick, sixty six. And our instructions was to activate the whole machine and take a lineal accelerator and accelerate the beryllium particles through this magnetic field and into this pipe for one second.

Jim: What pipe?

The Essene: The insulated pipe. We fired it for one second. It melted every firebrick out of that pipe.

Jim: That's what I meant by [?]. You were over there at Lawrence Livermore huh?

The Essene: Right.

Jim: Yep.

The Essene: My teacher was E. A. Lawrence.

Jim: You had Lawrence? You dog! Lucky dog at that.

The Essene: Oh no, I seen him drop two thirds of the class in one session.

Jim: He just wanted to teach someone who was going to learn something.

The Essene: He was not going to take no shit from his students. He dropped them just like that. He went up there and he talked about a little subatomic particle called the graviton and they poked fun at him and they weren't no longer in the class.

Jim: You know how they talk about the new Star Wars [sounds like war blower]? You know with the magnetically pumped plasma by using a magnetic field and a [late?] motion in order to get it to excite to a higher level?

The Essene: Yep.

Jim: That's how they do the new high powered lasers. Laurence was playing with that stuff like in the fifties, probably. Also direct conversion of nuclear to electricity with non-fissionable materials, lithium and beryllium.

The Essene: We done that when I was in his lab. We were doing it in [89?].

Jim: That's the neatest one I was aware of.

The Essene: Well anyway he's got a neat one. He came up with an awful neat one. But anyway, in 1969 we all were give a call to show up in White Sands, New Mexico to do another test on that. They got a hold of everybody that was on the first test to go there. That time the linear accelerator shot lithium and we all bitched because lithium doesn't have the power that beryllium has. See lithium decomposes at 11 million volts per atom and beryllium decomposes at 17 million.

Jim: I like lithium though because it is direct to electricity. No heat no. . .

The Essene: Well anyway, we took and took the machine up. Had it built to prints; it was another print job. And we put six inch and a half bolts on each side. We poured the room below it full of concrete and rebar. They had the concrete blocks and bolted the engine down on it. And this system here had a great big fan on the back of it. And then we took and broke a hole right in the wall out over the parking lot and we were supposed to have a ten second burn with it. We were venting it right out off across the desert. We fired it up and the first eight seconds or it just--the beam kept getting hotter coming out. And then the hydrogen that all the lithium was turning to went off and she went thermonuclear.

Jim: Yep, from alpha capture to . . .

The Essene: The beam of light went out across the desert there for a ways; lit the whole desert on fire. The whole end of the building was pulled off. Concrete blocks were going like this across the field. The engine sheered off the concrete block and it went out there a long ways before it settled down. It ripped off all of the connections and wires and all that kinda shit.

Jim: Beryllium and cesium does the same to the iridium one you were talking about.

The Essene: It's a different principle but anyway, when the hydrogen let up and went to hydrogen fusion, the thrust was about a million and a half pounds. They determined that that engine could never be flown in the atmosphere. So two years ago McDonald Douglas and Boeing under the government was contracted to make an airplane. Right now both planes are setting at Edwards Air Force Base and they have been flown. Uh, you might remember two years ago when they flew the one of them, uh, when they come out across

Death Valley they were about 250, uh, a hundred miles high, I guess it was and they lit 'er up.

Barry: Hmm.

Jim: Still too low eh?

The Essene: And it turned the ground to daylight. And when they went out of sight at Phoenix, Arizona, they were tipping up and it was still daylight. Two o'clock in the morning.

Barry: Was it piloted?

The Essene: [Nods yes.]

Barry: Boy, the G's that that guy must have been pulling.

The Essene: You ought to see the size of that plane. It make a B-52 look like a toy.

Barry: Huh.

Jim: Why would they want to burn something like that in the atmosphere anyway?

The Essene: Launch to get it off. But, no they were way out of the atmosphere. They were a hundred miles out when they lit 'er up. Yeah, we were talking about 500 hundred miles high and they lit 'er up at a hundred miles high. That's the first time they fired it.

Barry: I've got a question about . . . you're spending a lot of time, a lot of energy making the m-state for people and you're also spending a lot of money on it too. Why are you doing it? And, you seem to want to get this information out to everybody. Could you talk about that a little?

The Essene: Well, a few years ago, I was involved with Hudson. And I got involved by Hudson because of my assayer and the assayers I was using. Ziggy Bremmer was the main one. He had a secrecy agreement with Hudson. All of my work he was reporting to Hudson and he wasn't reporting back to me and I was paying him. I got kinda upset so I checked out Hudson. Alright, I bought some shares in Hudson's outfit so I could keep on tracking him. Then he went over to Yelm and this JZ Knight and that group he took them for three million dollars to build a plant and he promised he was going to open the m-state to the world.

Jim: It was his lot in life, even.

The Essene: Um hm.

Mike: It was prophesized he said.

The Essene: And, he didn't. He kept going but nothing was going. So, I decided one day to put an end to his little operation. So I went over there in front of three thousand people, took a black board and laid it all out. Done an eight hour seminar, unbroken. And, ah, the next day, held another eight hour seminar.

Jim: Can I get a video of that? He he he.

Barry: Did you ever get a video tape of it?

The Essene: No.

Mike: Did they video tape it?

Jim: That's a shame because that would be. . .

Mike: Did they video tape it?

Barry: I'm sure they did.

Jim: Hudson probably lost it though, it's his meeting.

Barry: No, he wasn't there.

The Essene: Anyway the whole idea was I took covers off of everything. Told them what it would do, how to make it, how to precipitate it, even had all the stuff prepared up on the table to do it with in front of the audience and it wall all out. I showed them how to make C-11. I showed them how to make the m-states, how to make the gold m-states. They were all of it.

Jim: Yeah, take the fraud out of it.

The Essene: Right.

Barry: And what did they do with it? They kept it secret.

The Essene: No, ah, everybody had to change the procedure and get all carried away and do all this other shit.

Barry: You know not a word leaked out from that group to anybody else. They still keep it secret. You cannot get any information from them at all.

Mike: Are they making it?

Barry: I don't know. You know not from . . . [The Essene] says they are.

The Essene: Yep, everybody's making C-11.

Mike: Are they making M-3 or M-1?

The Essene: Oh, a lot of them are making the three. I counseled against the one till they had learned the full route on the three.

Barry: See, it's not public knowledge, it's Ramtha knowledge now.

The Essene: Um hm.

Barry: That's the thing is they didn't put it out. They said well we're going to put it out to the public and now . . .

Jim and Mike: They're the chosen ones.

The Essene: But anyway, at least there's a lot of people know how to make it.

Barry: There is a lot of people. And you know everything I have learned from you has gone out on the internet and has gone on the web and is where it can be seen.

Break in taping.

The Essene: Take a little sample of material and see if there is any gold in it. I take a hundred grams of the material I want to test in a quart food jar. I add 500 ml of distilled water to it. I add sulfuric acid; bring the pH down to point five (.5) and I screw the lid on the jar (after the reaction time, you know) and I shake it around a little and loosen the lid to let the pressure out of it. Do this a couple of times. Now I've got all the carbonates and stuff neutralized. Then I check my pH and make sure it's still around point five. This isn't too important but it's got to be close.

Barry: All right.

The Essene: Then you get you some thiourea and put about fifteen grams in it, put the lid on it and shake it for about, oh, a couple of minutes. Then you take the lid clear off of

it and blow in it and you take and put the lid back on it and shake it again. You do this for about 20 minutes.

Barry: Why you blowing in it?

The Essene: To get oxygen to it; get some air in it. It takes oxygen to make it work.

Barry: Ok.

The Essene: The jar's only a little over half full.

Mike: One of those jars over there?

The Essene: Um hm. Now you take and after you've shook it for about twenty minutes, you take and you filter it out so you've got a nice clean, clear solution; a slightly green solution. And you hang two lead strips down the jar. I use this assay lead--it comes in rolls. And I put it on about four volts and I let it sit there for half a day or so and I pull one of them out and it's gold plated. Wad it up, put it in the furnace, cupel it, and I've got my gold. If I've got platinum family with it you gotta put it in a crucible and put some calcium chloride with it, just a little bit and it volatilizes off all the platinums and all you got is gold. It works every time on anything.

Jim: Calcium chloride boils of your platinates?

The Essene: Um hm.

Jim: D won't like hearing that. He puts it in everything so he can pour it, you know. Instead of working on his flux mix.

Barry: Now this will work with all the . . . you can assay the platinates and the gold on the lead if you want and it will read out gold platinates, lead and so on?

The Essene: Um hm. You can have the lead shot if you want with ah, they shoot the lead with neutron bombardment, they shoot the lead with ah, ah, or even an AA machine will shoot the lead. We've got a fellow at the plant where I worked that burns the sample on what's put up. You can AA the stuff, ICP--you can put in solution with it.

Break in recording.

Jim: Rare earths is giving me hell too.

Barry: Why don't you just go through what you already . . .

The Essene: Now let me explain to you an important thing to you about rare earths. Rare earths are only soluble in acid solution. They precipitate when you go to neutral. As you go through seven point they are all out. They will not stay soluble in an alkali but gold will. So will palladium.

Jim: Ok.

The Essene: Before you precipitate your palladium, you have to get the gold out or it will kill you. It blows up.

Barry: Hmm. You're making ah . . .

The Essene: Gold fulminate.

Barry: Gold fulminate, yeah.

The Essene: Very explosive.

Jim: Um, you're saying to use the cuprous converted to chloride to do the gold precip and that's at six and a half?

The Essene: That at any place you want after you've gotten your rare earths out.

Jim: Ok.

The Essene: Cause otherwise it contaminates your rare earths put the iron back in it.

Jim: So after I drop the rhodium just take it to six and a half, basically is that?

The Essene: No because you want to get rid of the iron.

Jim: Oh, I missed a step there.

The Essene: Right, you start out . . . you bring it up to 2.65 and you put in your ammonium sulfate now your rhodium precipitates as a yellow cake on the bottom. Kind of a reddish-yellow cake. Alright, when you've got it all out then you raise your pH up and your iron all drops.

Jim: At least to four and a half or something right?

The Essene: Ah five; five and a half is where I go.

Jim: Ok.

The Essene: And then you filter all that out and when you raise your solution pH again you're rare earths drop. Now they're out of there. And then you take your gold off. If you throw oxalic acid in it now it drops your gold and palladium together.

Jim: No thanks.

The Essene: Well it's easy to separate.

Jim: Nitric acid?

The Essene: Palladium goes back into solution with nitric acid; no gold.

Jim: Makes sense. Very good.

The Essene: If you want to take the palladium out like you're doing an assay, you get rid of your gold, you take your palladium suspected solution and you add titanous chloride to it and [?] palladium.

Jim: Or . . . use the . . . I can't even say it.

The Essene: Just a minute. The other method is, after you are sure you've got the gold off, and you're at a pH of seven you add the methyl glyoximine, a pinch, like a half a gram or so and a fifty-fifty solution of ethanol alcohol and that will precipitate it right down. Kind of a purple red and you will start getting black precipitate.

Jim: Does iridium fall after it if you are not careful? I'm told they have crossover problems with it.

The Essene: Iridium takes twelve hours to precipitate. You've got plenty of time to get everything else out before your iridium comes down.

The Essene: Iridium m-state is a neat metal. You ought to play with it sometime. I take iridium and turn it into m-state. It's not a stable m-state, it won't stick around very long. Six months to eight months, it'll go back in at that time if you have a quart jar of it. But while it's in m-state I take and I mix it with porcelain clay.

[Missing transcript segment till end of tape]

Essene – Visit-2, 8/19-21/1999, Tape #3 Side A (not transcribed yet)

Essene – Visit-2, 8/19-21/1999, Tape #3 Side B

(dead air to 2:18)

Mike: How do you go from the Green Lion, which Hudson got to through an elaborate process, to the White?

Rita: You lower it down through the valences. To precipitate the Green Lion your pH has to be over 10.5. To precipitate the White Lion your pH has to go down to 8.5. To precipitate the Red Lion your pH has to be up around 11.

The Essene: The White Lion is 3 sodium atoms and 1 gold atom. The Green Lion is 4 sodiums and 2 golds. The Red Lion is [? Sodiums and 3 golds] (he draws the configuration)

(about 7:00 to 9:15 too noisy to make out clearly)

The Essene: So, to make the White Lion put 1 ounce gold in 700ml aqua regia and 2 ounces (60ml) of formic acid to get rid of the nitric. Then evaporate this down at 140C (should be "F"?) to 100ml. Then add concentrated HCl back up to 700ml. There is no water involved in this, yet. You evaporate this down to 100ml a total of 3 times to make sure there are no nitrates left in it, each time refilling to 700ml with HCl. Then after you have added HCl to 700ml the 3rd time you seal it up and store it in the dark at 121F for 21 days. Then you add 1 ½ grams salt, reseal it and return it to the dark at 121F for another 7 days. If you want the White Lion you raise the pH to 8.5. Allow to settle, decant and add distilled water.

(20:50 min)

Barry: We want to show you the magnetic trap, on the well water.

The Essene: Don't. When we dug this well we struck an ore deposit at 557 feet. At 620 feet we were still in that ore body and pumping out 3oz/ton of metallic gold, plus lead, silver and everything else.

For the Green Lion you add another 1 ½ grams salt and incubate 7 days at 121F. The pH should raise by itself to 10.5. Then it will be forest green and have green snowflakes floating around in it. For Red Lion you add another 1 ½ grams salt and go another 7 days at 121F in the dark. It will turn to "brick" red.

Rita: That right there is Red Lion made from Hudson's Australian patent. You don't realize that all the analyzing you want to do on this stuff is going to over-expose you so extremely that you are still going to have the psychic and mental reaction to them.

The Essene: If you even take the lid off of it for an hour everyone at this table will be spaced out. (to B): You should read the book “The Red Lion” by Maria Orsi before you play with it. You know what an alchemist did at a drunken party? This whore was there and she said they could have all of her that they could paint with gold. So they painted her with the Red Lion. It killed her, but her skin turned to gold. I knew someone recently who got some on their hand and the skin turned to gold. They had a terrible time.

(30: 10 min)

Jim: Been there, done that. Except I got mine out of [?] when we were doing a carbon air cell. You know how to clean up a settling pond without moving any material?

Mike: ... Ideally you need to get this thing assayed by an independent laboratory, and, preferably, fire assayed.

The Essene: What good is it going to do have them tell you how much gold you put into it in the first place? You get it back.

Barry: Hudson always said that with the m-state you can't assay it.

The Essene: Under normal procedures you cannot assay it. But all you have to do is put it out under the bright sun on a sheet of glass. The UV rays of the sun trip it right back to metal.

Rita: If you try to fire assay any of the Lions without first exposing it to UV it will just turn to glass. With my silicon carbide cups it just goes into the wall of the cup and you end up with a big old radiation hole.

The Essene: You won't detect it in an assay unless you step it down first. We do that with a microwave.

Rita: When Hudson assayed the white gold I made for JZ it came back silica and alumina.

Jim: They did [zap?] tests on some rhodium samples we sent them. It came back AlO and AlSiO.

The Essene: They always do. It bonds together and the whole thing vibrates at the weight of the molecular mass.

When a person is working in a gold refinery they do a urine test on him every week. When the gold content gets too high in their urine they give him 2 months off. Because the gold is toxic in diatomic form.

Barry: Not as toxic as silver, but it's plenty toxic.

Jim: Not like rhodium though.

The Essene: Rhodium in the m-state it's not toxic at all. But in the diatomic state if you get on your hands and under your fingernails and you don't wash them your fingers will turn red. It will feel like somebody walked on them. They hurt like mad. The next morning they start to turn black. Then you take a needle and poke a whole bunch of holes in the ends of your fingers and you swing your arm around real hard to bleed the 'blood poisoning' out of your fingers.

Rita: If you don't wear gloves with rhodium you're just asking to die. Whenever it touches your skin you should wash it off immediately! Even a pinhole in a glove could kill you by the end of the day.

The Essene: How do you think they discovered this about rhodium in the first place? They were doing an autopsy on a chemical glassware washer. One night he washed out some beakers with hot water that had contained rhodium and they found him lying dead in front of the sink the next morning. He was probably wearing gloves because it was a professional chem. Lab. But the hot water facilitated the rhodium getting into his blood.

(38:00 min)

Jim: ... he does it by distillation. He goes directly to a gas phase. He collects the gold gas by bubbling it through HCl as he pulls the fumes off. The higher its energy the more volatile it is, the more sensitive it is to magnetic fields, and the more intoxicating it is. And it is quite intoxicating. Before I started using magnetic stoppers on the glassware, whenever I hit it with ozone I would get nuked out of my gourd so that I could hardly think. I would have to leave and come back to it. Yeah, very, very intoxicating. I mean even micrograms of this stuff. When we boiled off some of the vapor in the shop the 2 who were with me literally had out-of-body experiences while walking back up to the house. They were watching themselves walk up the stairs from 5 feet up and 3 feet behind type thing. Scary.

John Leverage, he's a kick boxer I knew a very good kick boxer who got his leg snapped off above the ankle. Being the bulldog he was he finished the fight. But he ground gravel into the bone in the process. Not only did he develop a severe limp down the road but he also developed bone cancer. He took the monatomic iridium. And uh, I think we also had some gold in that mix. He took it via a single dose. I had him hold a container of mono. He was interested in it, he took a magnet and went like this by the bottle once and it dosed him severely. Within 5 minutes he took a 20 minute nap, which was very common. He got up feeling good but still tired. Within a week his apprentice said, "hey, John, what happened to you; you quit limping!" He went back in, his bone cancer was definitely

taken care of within 2 weeks. Pulse normal, the whole 9 yards. Within the matter of a month his leg was straight, he didn't walk with a limp, and he had feeling in his foot. Everyone who takes our mono for cancer has the 'sleepy' reaction.

I take that back on the time table. His cancer was gone and he was complaining about a dull ache in his leg. Then it was some 10 days later that he wasn't limping any more. Every one of the cancer patients complains about dull aches in their old injuries. It works on it chronologically. It's very strange. When they start complaining about dull aches in their old injuries, consistently the cancer was already gone at that point and it was working on something else.

(45:11 min)

Mike: O.K., so we've got the trap water and we add salt to it and allow it to evaporate?

Jim: Right. Literally to a greasy thick salt solution. It doesn't dry completely. It stays wet unless it's really provoked. If I hit the stuff with acid without salt in it you can literally see heat wave-like vapor coming off. You get a higher yield with salt. It likes to go to gas. Sometimes it's the mind's eye that sees the vapor.

The Essene: I put some m-state material under an electron microscope. I saw gold with 3 sodiums. The 5th atom in the center of the cluster turned out to be deuterium. We don't know where the D2 came from.

Jim: Every model that I recollect from my little visit had a hydrogen ion attached, or on the end of, the gold.

The Essene: Your deuterium is actually a hydrogen atom with an extra proton [neutron?]. It's a neutron and a proton together.

Jim: Like I say, my conversations on [?] the first level definitely always had the hydrogen ion in the model when it strung together. [... in a string...]

The Essene: When I looked at it with the EM it was 4 atoms plus the D2 in the middle.

Jim: That's a good thing, to hold down that Hudson patent, ya know.

Mike: OK, so that's the solution chemistry of the White Lion. Does that also have a D2 associated with it?

The Essene: I never looked at that. You've got to know somebody to use the EM and it costs a lot to use it. I had to convince them that they would want to see what I wanted to see.

Jim: Something that I did notice a great deal of when I was nuked was that I was protonizing organic material at a vicious rate. Even holding on to it. I could grab Diet Coke, a beer, or if somebody had a drink, I could put my hand over it and it would literally start separating out as an oil coming up to the surface.

The Essene: In Yelm, when I was teaching at the school there, I'd walk into the store and everybody wave and walk over to me. I'd be asked to leave because I was disrupting the flow. The people would say they could see my aura for a block when I came into the store.

Mike: How did you dry the M1?

The Essene: I put it on a plate inside of a drawer and just left it there in the dark until it was dry. Then I peeled it off, broke it up and put it in a jar. That was made of gold dust and the sodium burn. But the dry form is probably 100 times more potent than the wet form. When you dry it you lose the D2 and it becomes Na_3Au and it does not want to go back into solution at any pH. If you boil it for a long time it will go back into an alkali solution because you have seeded the D2 back from somewhere. Or, maybe there is more D2 in water than I think there is.

Yes, if the M1 has never been dried and you drop it from pH 8.5 down to pH 1 or 2 it will go 100% into a clear solution with no precipitate. That's an oil that sinks because it's heavier than water. The deeper you go in the oceans the more concentrated it gets. Yes, you could say that is the 'oil of gold'. But in the alchemy books it is always referred to as the "milk of the gods".

It is real easy to get the oil, and it won't evaporate unless you really work on it.

Jim: When I was doing the trap rhodium it was very much so like the gold, as he describes it. I had a vacuum chamber and I would put that trap mono in the vacuum chamber and literally pull a vacuum on it and the water would boil out and it would leave me with this oily stuff that's like hi-vac grease. It's thick, very, very tough to wipe off; to clean up. It went into plastics, it went into everything.

Essene: And glass like it was welded.

Jim: Exactly, it ruined the glassware. And when I did conversion it's just like cutting the glassware right where my water level was when I [?][?]. Like neutron tunneling does...

That's exactly what this stuff does when I would pull it from that grease state into something that I could precipitate.

(end 60:00)

Essene - 3B.mp3

2000 visit

01 004 3B

Barry: I've taken red gold precipitate. I made it electrochemically by Jerel's method.

The Essene: That's entirely different. That's metallic gold. The best way to make it is to put gold into an aqua regia solution with salt. Then work out all the nitrates by slow evaporation over low heat. To do this I would evaporate (not boil) 750ml down to 250ml and add more HCl. I did this 3 times. Then when you have all the nitrates out of it you seal it up tight. Then I add 750ml HCl to the AuCl and store it for 21 days at 121 Fahrenheit degrees. Then when you pick it up and shake it you see all these white snow flakes swirling around just like snow globe. Then you open it up and put 1 ½ grams of salt in it and close it back up again for another 7 days. Then it turns from clear to all milky white like clabber. Then you add another 1 ½ gram of salt and seal it back up again. Then it turns forest green. Then if you want the Red Lion you add 1 ½ grams salt for the 3rd time and store it for 7 days at 121 degrees and it turns a murky bright red (not brick red). Then it is Bad news! I've made it but I don't know anyone who has ever taken it. I'm not that foolish to take it myself.

This lady had an inoperable heart problem. The back half of her heart had clogged arteries and had died. They told her she had a few months to live and sent her home. I gave her the green gold. That's the Green Lion. One step before the red. She was a kind and sweet lady before taking it but had the nastiest personality I've ever seen after taking it. I don't know why the green gold had that effect on her.

Red Lion will cure ANY disease. The white m-state gold takes a year to do what the red gold can do in 1 day. I take the magnesium out of C-11 before I give it to people.

(17:00 min)

The little beasties that live in the pancreas have to have chromium and vanadium and B6 to work.

(20:00 min)

When we ship M-3 we leave a little salt in it for stability.

(24: 40 min)

I get sodium in a 20 pound bucket for \$500.

(31:00 min)

Every time I quit teaching I have a terrible accident.

The White Lion is the normal m-state gold that we sell. The Green Lion is a lot hotter. After that woman that got nasty on it I quit giving it out. We have about 25 people who took the M-3 and then went to the gold.

(36:40 min)

To remove the magnesium from C-11 you do a rinse with pure 31% HCl. That dissolves the Mg but doesn't touch the m-state. But if you dilute the HCl it will take everything back into solution.

You should never take m-state copper on an empty stomach or it will make you feel sick.

(41:30 min)

I see through other people's eyes, literally. Anyone can do it. You send out a 'watcher'. Not a 'familiar'. Our military had about 250 people trained during the cold war to send out a watcher to see the documents of the enemy. It will huddle in the corner until it's alone. Then it will go through a file cabinet or something and return with a report of what it saw.

Barry: Jim said when he evaporated that liquid with a magnetic field the vapor cloud went over and just hung out in the corner. He said you could see it as a mist.

The Essene: That was someone watching him. That was not an m-state product. I use watchers all the time. I use them to keep people safe.

Copper keeps blood vessels from expanding and blowing up into a great big knot because of weak walls. The discs in your back get even weaker than your blood veins. When the blood veins start showing like that then it's easy to end up with a herniated disc in the back. M-state copper will heal the disc right up. Now selenium keeps capillaries and blood veins soft and pliable, while copper keeps them strong. Cerebral hemorrhage is caused by a lack of selenium.

On the iridium discs, I found out that spinning it cut all the gravitational lines to anything above it. When a disc was at rest I could I could put 5 lbs. on top of it on a gram scale and it wouldn't weigh it. The weight would stay there and not float away. When I got through

annealing the disc in the furnace it was floating. When I took it out and it cooled down it settled back down. But if you got your hand close it would tip and move. I annealed it 8 times to 850 Celsius. When I spun 2 discs in opposite directions and swung a lead pendulum in between them the pendulum would stop right dead center. The discs were about 9" diameter and 4" apart. When I stopped the spin of the discs the pendulum would resume its swing as normal.

When one of these discs is spinning it doesn't matter how much weight is above it. It will levitate any amount. It just cuts the lines of gravitational force. It does not change the mass. Actually, this is very old technology. In modern times Tesla made levitating discs in 1908. He was giving a speech in Madison Square Gardens. All the scientists were coming in and finding their seats when this kid came flying in over their heads on a levitating snow saucer. He flew all around the auditorium and finally set down in the boxing ring. Tesla walked up to where he landed and said, "Thank you gentlemen for coming. This concludes our demonstration". And nobody came up and asked him how he did it! I guess nobody was interested.

Barry: There's a Russian entomologist who was trying to figure out how a certain beetle could fly when the laws of aerodynamics said it shouldn't be able to. He collected a whole bunch of them and found out that the chitin powder on their shells would float. So he built a little platform he could stand on and coated the bottom of it with this powder. The story and a picture of him hovering over the ground on this platform are on the Internet, but it is in Russian.

(59:45 min)

The Essene: About 4 years ago a flying saucer went down between Argentina and Brazil. The story goes that the U.S. government went down there and actually landed at the airport and bullied the people around quite a bit and then went to pick up the craft. They had recovered 1 person out of the saucer and took him to the hospital where he died. The rest of the occupants were loose in the woods. The U.S. troops went shoulder to shoulder through the woods until they found them. They took them and the saucer back to the runway where they got in trouble. Anyway, this saucer was made like a top. The outer shell of the top spun real fast and the inside stayed still.

Barry: Alexander Shpilman figured out that if you spin a magnet you create a spin field. Spin fields are really good for concentrating the m-state. He's developed a device that actually does this. He has a web site that has information about his m-state and the results he's getting with people who are holding sticks containing his m-state. He uses a resin from a pine tree to store the m-state and he says he's getting incredible results with the spin fields and with the sticks.

The Essene: I believe chlorophyll is a chromium material, and hemoglobin is an iron copper material. All life in the upper oceans is strictly iron/copper. Everything below 30 feet in the oceans is copper and above 30 feet is iron. The chromium in chlorophyll is an m-state with only 1 or 2 arms tied to sodium instead of all of the arms. Chromium's arms just don't come out at the right angle for them all to tie. In hemoglobin the iron is not m-state but the copper might be.

(end: 66:40 min)

October 4-5, 2000

Essene – Visit-3, 10/5/2000, Tape 2 Side A [01 001 2A (continued from 03 002 track 9 - October 4-5, 2000)]

The Essene: He died from pneumonia because he had no immune system, because of the chemo.

{Dr.}Q: Do you find that the tumors swell before they disappear?

The Essene: They seem to swell when the body attacks it.

W: Yeah, there's a time period somewhere around the 3rd or 4th week when things escalate. The cancer escalates in [value ?] and people go, "it's not working!"

Q: How about [?] markers in the blood? Do they go up?

W: Yeah, they go up. [?]. And they think the M3 is not working. But you give that another week or 2 and you see the downside of it. [?], and the cancer is cleared. But there is that, just like a [volcano?] on there.

Q: How about people with lung [?]. Do they spit blood? Like in the process do the tumors break? Or, no?

The Essene: The tumors don't seem to break that way. It just withers in the sack and disappears.

Barry: Now in a brain tumor if the volume of the tumor went up it could put some pressure on...

The Essene: Yes it would.

Barry: What have you seen in that situation?

The Essene: We've been lucky all the way. Everyone we've treated. We've been lucky. We've probably treated a dozen all total. I don't know if we got medical reports on any of them though. We were supposed to have. That's one of the things that goes with buying it or getting it for free, is the fact that we want the medical report. Out of about 350 we actually received 45 of them back. 5 of them were unsuccessful. and 40 of them were successful.

Barry: Of the other 350, you did keep track of them and you can say they were successful, or not?

The Essene: They just quit contact with us. But they took enough that they should have been alright.

Now, I have been on it all my life. Since I was 6 or 7. Something like that.

W: We had one patient who took it and was well but his markers went up 3 times higher than normal.

The Essene: Yeah this is normal.

W: He was so much better. But then he started vomiting and having diarrhea after 1 month. Is that normal?

The Essene: Not from the M-3. The M-3 won't cause vomiting.

The M-state is a pretty stable situation. Chemically it's inert. The way we make it is so the body has 3 chances to absorb it. We make it in a liquid form and it is soluble in the stomach acids.

Q: You mean in your Chloride Form?

The Essene: Yeah, it goes right into it. The stomach is full of HCl to begin with and it goes right in. Alright, then when it comes out of the stomach and into the small intestines that changes it to an alkali. You've got a fat layer along inside your small intestine. When it comes out of an m-state solution in alkali it's still soluble in the fat layer.

Barry: It's the oil form that gets picked up then.

The Essene: Right. But then when it goes more alkaline it's again soluble and it can go through the other way. So it gives the body 3 chances to absorb it.

Barry: Some people notice that when they put it right under their tongue they get an immediate hit from it.

The Essene: Yeah. But like if you're taking gold or something that would replace drugs. The hit is that strong. Powdered m-state gold is such a shock to you it makes you dizzy and gives you all the side effects of good drugs. And then the other things happen from taking the gold. Like, #1, you'll never eat a good meal again. You'll eat like a baby. Just a few bites and you're done. You won't get hungry for 2, 3, 4, 5 days. They'll have to tell you to eat. But you don't lose weight. I go sometimes a week at a time without food. You think, "maybe I'd better have something" but you just aren't hungry.

Barry: Is the M1 you made from Dead Sea Salt or the sodium burn?

The Essene: The sodium burn. The Dead Sea salt will not work to that degree. It has a lot of magnesium in it. Yes, there's a difference in energy levels between those 2 forms of M1. I find that for myself, when I was taking the gold I went through a whole lot of changes. Like my diet and the sleep I needed. I stayed up late at night. Now I'm getting to where I get the rest I need. A lot of the spiritual changes all came [forthright?]. Like psychic. When someone would set across the table from me they'd better not try lying because I would catch them instantly.

(26:26 03 002)

Q: I heard you can do bi-location. Is that from the gold?

The Essene: I don't know whether that's all from the gold or if a lot of it's spiritual. Gold seems to help it. Bi-location is fairly easy to do once you learn it.

Barry: Did you ever see him do it?

W: Yes. He came for a visit once.

Barry: Was he physically visible?

W: No but I know him. We were together a lot.

The Essene: Like with my daughter, when I gave it to her I could basically appear to her and give her my orders. Like, I was in Lovelock, NV and she was on another job and she was out partying with another girl and they had had a few between them. And I told her it was time to go home. The other girl had seen me too. But when I came back home she came up to meet me. I went there to get my daughter's nose out of the bottle and go home because she had work to do. She was working on another job as a consultant and she didn't need to go there with a hangover.

Barry: Didn't you assay the Great Salt Lake water that way too?

The Essene: Yes I did because I couldn't afford to go there. I had 15 to 20 witnesses. But I had to fully materialize to do that work.

Q: Because of the restrictions of time I would like you to go over a few things you covered today. You felt that because of the medical work you would need some kind of an assay for m-state in natural foods, etc.

(end 03 002 tape)

Essene – Visit-3, 10/5/2000, Tape 2 Side B (01 002 2B Essene - October 4-5, 2000?)

The Essene: If they take copper they don't have varicose veins. That's the first sign of copper deficiency. Either m-state copper or colloidal copper will work. I've tried both and I think they work about the same. Copper also helps restore hair color. M-state copper is quite easy to make. You can use the sodium burn method. The lye method is cheaper but slower.

Barry: So if I put 3 parts lye to 1 part metal in a pot and heat it to 600-800 degrees over a flame, is 2 hours enough time?

The Essene: Yes. Most of the time it is. Then when you precipitate it, any metallic copper left will precipitate out at pH 3 and all the rest of it will come down as 1 cloud. You can filter it out. pH 3 drops copper.

Barry: I got a lot of really cloudy stuff that wouldn't drop out. What would that be?

The Essene: Usually it's sulfur that's entrained. The only way sulfur will come down is if all of its valence arms are tied with sodium. You just decant it off, clean up the source of sulfur with [some crum?], and go on.

If you give platinum M-state to someone with a drinking problem they will never drink again. If they drink after that it will make them very very sick. The way I found this out was, I was using a black sand that had some platinum in it. It made beautiful m-state and everyone was getting beautiful results. These people all went to a New Years party and drank alcohol. They were all screaming that I poisoned them. They were throwing up and everything. It works like anabuse except that it is permanent. In every other way it is very much like m-state rhodium and iridium.

Barry: I've heard that m-platinum regenerates nerve tissue better than the other m-states.

The Essene: I think gold does that best. But for enlightenment I start people out on M-3. They've got to do that until their body is clean, and then they go on the gold. Because once you start on gold you set your mental abilities right where they're at.

W: Then you can not transcend to higher levels. It sets you right where you are at.

Barry: David Hudson chose the name "White Powder Gold" for what he was promoting and yet he never made white powder gold. He never used it or sold it. This was what the ancients talked about therefore this was what he was going to use. And this is the problem I'm having with people on the internet. Everybody says, "how can I get some white powder gold"? And I say, "nobody has ever taken any white powder gold, that we know of". You don't take it as a powder! You take it as a liquid. So nobody is taking white powder gold and nobody recommends it.

(9:00 min)

The Essene: (Gold): It's too severe. It's too shocking. What happens is, if you were to take it in your present condition you would have a baby's intelligence with a god's abilities. And, with a couple, if one of them takes it and the other one doesn't they will be saying goodbye to each other because it changes your whole consciousness. You can grow into it with the other m-states. But the gold by itself is too much of a shock.

Let's say you are a healed person. You've got no problems in your body. You take the M-3 and it opens the paths in your brain. All your life you burned in one path to think with. Anybody who knows you can predict what you will do because you don't change it. But if you take the M-3 then you are using your whole brain to think with instead of 10% of it. Then all of your life experiences come into play in every one of your decisions. Then nobody can out-guess you. Your moods are different. You get real placid. No matter what happens you can walk away from it. And this is what upsets man and wife if only 1 of them takes it. The 1 who takes it gets to the point that they don't care.

E's Mother?: He's more placid now than he ever was when he was younger. Things that used to make him real mad, and me too, just don't phase him now.

The Essene: If you are working with your mental abilities, the way you are defeated is if someone makes you upset. If you cannot be made upset you cannot be defeated.

Barry: That's what happened with me and [wife's name]. As I took the m-state I got more and more placid. She didn't take it until she got sick. She had a real problem with anger and when I quit reacting to it she just didn't know what to do.

E's daughter?: Now with so many cancer patients, every time he does a burn I have it all going out before he gets it done. So we don't have a bottle for the house. I've got one in his bedroom for when he goes out. I've got too many cancer patients wanting it.

Barry: I had a friend in Baker who took an herbal mud which is sort of a redroot relative. You spread it on external cancers, or take a different version of it internally. It's m-state. It's got a lot of rhodium and iridium in it. He had breast cancer, and he put it on the tumor. He has a series of pictures showing that it just sort of shrunk up and fell out. Then he had this pink hole in his chest that sort of healed up over time. But it didn't take care of the surrounding tissue. So he started taking Jim's m-state and that's taking care of that. He says he feels a whole lot better.

Q: Do you tell people on your material to stay away from magnetic fields?

The Essene: All I do is tell people to cut their sulfur intake down because sulfur and m-state don't mix. Garlic is fine. But to have sulfur in elemental form, as in a supplement, we tell them not to take that until they are finished with their m-state. What people don't realize is that their bodies run on m-state. If you don't have m-state in your body you die.

(18 min)

Now [Dr. K...] is a real good friend of ours. What he does is the tests and preparation on people who are going in for an operation. He found out that when he does his urine samples on people he can immediately tell if they are sick or not because sick people don't have any m-state in their urine. You precipitate it just like you do seawater and if you're well you will get some m-state. When you are healthy your body continually gets rid of damaged m-state and takes new m-state from your food. But if you are sick your body holds on to every bit it's got. The lye will also precipitate some magnesium hydroxide out of the urine. So if there is no precipitate in the urine at all then the person is dying.

Have you ever seen where a grass fire has just been and the ground is all blackened? Come back in about a week and you'll see [?] leaf plants coming up all over even in the dead of summer when there's no water. That's due to the m-state in the ashes.

Barry: Now the living plant has m-state in a diamagnetic water solution and it becomes paramagnetic in the ash state. And the paramagnetic ash is a concentrate of the m-state that didn't go up with the smoke. I think some of the m-state may even help the plant move water through osmosis.

The Essene: M-state is used by the plant.

(24 min)

If you put m-state on the soil of a plant it will grow itself to death. (he brings out the giant walnuts) You don't want to get anything stronger than C-11 on the soil because the stronger m-state makes the tree grow so fast it grows like it's in the dark. I took all the

salt out of the C-11 because salt kills plants. M-state doesn't do any cleaning. It is a stable compound. M-state is a catalyst for light. It catalyzes the light processes.

When I was in China the soil was red. There was no humus in it. It was like red sand. It grew a very poor crop. It didn't take me very long there to figure out why the Chinese [?] were made the way they were. The country is literally starving and they are having to use food sources that are not normally considered food. They've got this soup that they make from a leach that they bleed to make the broth.

(28:30 min)

dead air

(32:00 min)

Barry: Some of this will go on the internet and some of it's for private use only.

The Essene: As long as you don't put a name on it. I have a bad enough....

....What got me started on that (C-11 on plants) was the mudflats where the river deltas come out into the ocean. They use them for truck gardens and they grow monstrous vegetables on them. Everything grows to unreal proportions.

W: Does m-state change to metal or metal to m-state in nature?

The Essene: No. Everything goes to m-state and stays there. In nature those little arms on each of these molecules gets a hold of an alkali metal and it will hold it for ever. There are no other arms on the alkali metals that anything else can pull them back away with. Like gold has 3 arms. Once each of those 3 arms acquires an alkali metal it is out of play and will never lose them again naturally.

Q: How does m-state react with metals in the body? Does it help clean those?

The Essene: M-state is probably the largest detoxifier there is. If a person is poisoned with heavy metals you put them on m-state and it will chelate the metals right out, if the kidneys are working properly. What hydrogen peroxide does is if an m-state molecule gets a ligand on it and the body can't use it the H₂O₂ will strip the ligand off. 6 drops of 35% food grade H₂O₂ in a glass of water will release the ligands and the m-state will go back into operation again. You will feel a lot better after you do that. Anyone who has had chemotherapy or radiation treatment can get tremendous benefit from H₂O₂

W: We have several people taking the HR material and [?] they have arsenic.

The Essene: That must have been in the water or something. It's not in the m-state. Arsenic doesn't make m-state. Now in years past all the girls used to take arsenic every day for birth control. They did it because their men weren't staying home. They were out raping and pillaging in the neighboring towns and stuff like that. So if they had enemies come into their town the girls would cook them a fine meal and it would be party time. They would put arsenic in the dinner and it would kill the invaders. But their own bodies were used to it and it didn't hurt them a bit. Because they had been taking it in small amounts every day they were immune to it.

I came into this life with the full memory of my past lives. I know how rare that is, but I don't brag about it. I knew how to do things all my life. When I was in school they'd put me in the back of the classroom and give me something to play with so I wouldn't disturb the class. They'd give me a test once a month, and that's how I went through school.

Barry: So when you were 6 years old and out fishing and dumped the fish out and got some water instead. You took it home and...

The Essene: I precipitated it with some of my mom's lye from under the sink. I just knew how much to use. And then I ate it, and I kept eating it. My parents weren't mad. My dad was relatively enlightened. Also, he was a college professor. It was alright. And I've been eating it all of my life.

Years ago the women used to make the m-state. They filtered the water through cloth. Then they made the m-state and they filtered that out with cloth. They put that in the dark and they dried it. Everybody had a little leather pouch that they put their m-state in and they took a little of it every day. The whole idea was not to get sick because if you got sick you died. So it was just like taking a vitamin for them. Nobody thought anything of it except that they knew they never got sick as long as they took their m-state.

Barry: Then the Catholic Church found out what they were doing ...

The Essene: And they said, "If God wanted you healed he would have healed you!"

Barry: And if God had wanted us to fly he would have bought us tickets.

W: This was when?

The Essene: Oh, 30,000 years ago.

The Essenes had this knowledge too until the Romans attacked them at the Dead Sea in 60 A.D. or something like that. In this life my past life memories started just a few years after I was born. I remember 10 past lives.

(44:05 min)

I have no way of dating my earliest past life memory, but we lived in a compound. The compound was a big square building. Out side of the building were these little boxes made on it. And the drawers (doors?) went into the main compound. All the cooking and everything was done inside the compound. Later on in the evening they danced and played music and played like little kids. The people each had a little cubicle. You could invite somebody into your cubicle. And you could also tell them to leave. And nobody entered your space. All the children were raised by the elders that were too old to do the work outside. Everybody else was kind of herded together. They had their chores. When their chores were all done they'd come back to the compound to eat and play and do what ever they wanted to do. It was very kid-like. The better the manager of the compound was the better everybody's life was. If the manager wasn't any good then life was real hard, they had to work real hard and they got nothing for their labor, and pretty quick they would vote him out. But when they voted him out he could not come back to the compound. He was out on his own. The manager was responsible for everybody there. If some of his people did damage to another compound the manager paid the punishment. This was in the desert where we had to pull moisture from the air. I would turn over stones at night to collect the moisture on them and cover them in the day. There was a water system but no well.

Barry: You had more than 1 life as an Essene, right? In 1 life it was during Solomon's time.

The Essene: I don't know if Solomon was actually there, but he was the 1 they were looking up to as the leader. He was almost like a myth. None of us actually ever saw him, but I was involved in precipitating gold from the Dead Sea for King Solomon. We were making metallic gold in furnaces.

(49 min)

[name] was the 1 who took the pictures of where King Solomon's equipment is still standing. With very little repair it could be put back into use. They had big tanks where they precipitated the m-state. They would drain them down and let it evaporate in the sun. We fired what we could sweep up off the top with a broom every day. The sun's energy breaks off the ligands and turns the m-state into metal. That's why all our m-state now is in dark bottles and we keep it out of the sunlight. The sun turns m-state to metal real quick.

We would mix soda ash, sulfur, and the m-state together and fire it down as a sulfide mat. Then we used silver as the collector and we reduced with an iron rod. Solomon made 100,000 talents of gold with this method. A talent weighs 92 lbs. That's more gold than

the U.S. mint ever held at any 1 time. Israel was the richest country then that the world has ever known.

Barry: 1 thing we'd like to do is to get some m-state assayers trained that can convert to metal.

The Essene: That is difficult! Even Hudson will tell you how difficult that is. The Solomon method works, but you lose a lot to volatilization because of the high heat.

Barry: We don't care about efficiency for qualitative assays.

The Essene: A lot of times they will bring me a ton of m-state to fire at my lab. It eats cups like they are going out of style. The cups are \$50. a piece. That's too complicated for me. The best way to do your assays is distillation. Like Gold starts distilling at 425C and quits at 600C. Then rhodium distills at about 1050C. That's as far as I go in the m-state. On the black sand I do the assay before it is burned while it's still in the metal state. That's easier. I don't really care about the impurities that don't make m-state because they won't get in the way.

Barry: Your black sand is magnetics that were separated out. Right?

The Essene: Right.

Barry: Jim has some source material he calls Hot Rocks. It seems to be more magnetic than your M-3 sand. But it's got quite a bit of iron in it.

The Essene: That doesn't matter. Iron doesn't make m-state. Magnetic field has nothing to do with m-state. IMO, the fact that something is magnetic does not mean it is iron. These super magnets here are platinum/cobalt. But platinum by itself is nonmagnetic.

(59 min)

Barry: Could I have some of your high iridium ore for Jim? You could. But... you know what it is like working it out.

Barry: We would probably just do a sodium burn and use the m-state.

The Essene: Well, the rest of the materials in it will go into m-state too. You should clean it up first if you want to play with the gravitational and time fields. It has to be quite pure. I make a dry iridium m-state powder and stir it into the ceramic until it won't hold no more and then I dry it and fire it in the kiln. It's probably close to 50% iridium m-state. The ceramic makes an egg carton to keep the iridium m-state molecules separate from themselves. That's the whole idea behind the ceramic. You want as much iridium m-state

in there as you can without the molecules touching. If they touch you lose the high-spin state. Iridium m-state decomposes in 6 months back to iridium powder if the molecules are touching.

These discs would only float when you turn them. They were not pure enough to float on their own. When you make them in the furnace they float and as they cool off they come down. I don't know of anyone else who has done this besides Hudson and myself. I put the discs on a record turntable at any speed and they float up. When it quits turning it comes back down.

Barry: I've got some pure m-state gold that Jim made using ozone. I spun a magnet under it and the stuff would jump away from the magnet. So I put a little video movie of this on the web. Of all the demonstrations I've done that's the most convincing one to skeptics.

(65 min)

The Essene: If you take wet iridium m-state it will hang in an orange-shaped ball. If you stir it real good it will come down as a flat disc all together and then ball up again. Yeah, it's kind of oily/snotty. See, it won't let gravity go through it. And it won't let time go through it. And it won't let any electrical power go by it because it stops the magnetic field. You can set an m-state iridium disc on the power cord of a lit electric lamp and it will go out. It will not allow the magnetic field to form. And without the magnetic field you cannot have electric current.

After 6 months iridium m-state starts releasing its sodium ions and forming metal bonds with itself.

(67:17 end 01 002)

Essene – Visit-3, 10/5/2000, Tape 3 Side A (01 003 3A - October 4-5, 2000)

The Essene: You had 1 little wheel under the wagon. When the wheel turned it turned that iridium disc that levitated the wagon. When the wheel didn't have contact with the ground to make the disc turn the wagon would come back down. This was big. This was [?]4 feet in diameter. I went there to see it to determine why it floated. This was about 1956. I actually saw this thing in an archeological dig. I don't know where it ended up. It had wooden dowel gears and it was on the front wheel.

I went to a UFO meeting in California and they had a demonstration. They had this foam plastic impregnated with m-state iridium. I think Hudson was there but not at the meeting I was at. I think he has seen it though. This foam was a solid sheet that they laid over the table. Then they laid another table upside down on it and they put 300 lbs of weight on this 2nd table. They had people from the audience come up and put their hands under the

table. When they did this the top table floated. The peoples' auras actually lifted the table. The m-state iridium cuts gravity entirely. In the rest state m-state gold cuts gravity down to about 65%, and in the moving state down to less than 1% of gravity.

Your nervous system works on gold m-state. That's what makes it work. In 1987 the Naval Research Laboratory in San Diego did a whole lot of research on m-state. They made a pilot's helmet with little m-state blocks on it. When he thought about making a movement with the plane it would do it instantly without the usual human reaction time delay. 1 to 2 seconds on these high speed planes means a lot! So now the planes are flown with these squid helmets. All the new fighter helmets are this way. They have superconducting squids mounted around in the helmet that go to the computer to fly the plane. It is probably gold m-state that they use in the squids.

Barry: I just met a fellow in the Navy in San Diego. He's got security clearance. I might talk to him about that.

(6:20 min)

The Essene: At the Naval Lab they are also using m-state gold in medical research for nerve patches. They can put a squid over a piece of damaged nerve, like even a spinal cord, and actually 'jumper' it. It's a nerve bypass. They're doing the research on that now.

Barry: Is m-state osmium the only m-state that will store energy?

The Essene: All the m-states take up energy from the earth's magnetic field, its gravitational field, from light, from any source. Light damages it badly. When they are filled up with energy and they get triggered they go off as different frequencies of light. It's not free energy. It's actually pulling it from the earth.

Mt. St. Helens was an m-state explosion. Look at how fine the particles of dust were. That was micron-sized dust. That explosion was instant. Otherwise there would have been rocks falling on Yakima.

Barry: The problem with solar power is saving the energy for winter.

The Essene: I just got power a few years ago. I always used solar power before that. I had TV and everything on one 4'x8' solar panel. I had no problem even in winter.

(personal talk)

(12: 20min)

The Essene: H3 is an isotope of helium that will go through cold fusion at real cold temperatures. The dust on the moon has soaked up enough H3 to supply the earth with all the energy it needs till the end of time. Helium 3 is a gas that's absorbed in the solar dust. The sun radiates it out and we call it the solar wind.

(confidential – solar dust)

(13:50 min)

Barry: Titanium gets brittle from the sodium burns. That's why we just use a cheap stainless steel pot. Use distilled water for making m-state and well water for making metal.

(18:00 min)

Q: How do you get rid of silica in your ore?

The Essene: It doesn't dissolve, so I don't have to worry about it. It just comes out as a snow white sand. It doesn't bind to the metals. The leach takes them all apart.

I usually get 5 sodium burns out of a pot. A heavier pot is no better. Stainless steel gets brittle from the heat. Because it turns red hot. We do 3 layers: sodium metal/black sand/sodium metal/black sand/sodium metal/black sand. The batch is quite small.

6 fibromyalgia patients all responded real well to the m-3. The native vanadium and chromium in C-11, along with B-6, cures diabetes. We've had maybe 400 lifelong insulin users cured this way. If a patient wants the C-11 I give it to their doctor. M-3 had no effect on diabetes. I had 2 successful cures of multiple sclerosis with M-3. C-11 is best for diabetes, allergies, asthma.

(25:00 min)

I went to a rest home/hospital that had 23 Alzheimer's patients and we put them all on M-3. The ones that were at the animal level came back to being able to care for themselves.

When m-state is made from atomic mercury the entire electron field goes to holding onto the sodium atom, leaving the electron shield open and spinning in a flat saucer shape. The poles at both ends are bare clear to the nucleus and the neutrons can drift in and out. So they just drift around until they make a new atomic configuration they're happy with. Palladium is one of the lower stair steps it wants to go to and gold is the upper stair step it wants to sit on. As they rearrange themselves no violent action is involved. The neutrons just float from one configuration to the next because there is no shielding at the poles.

Yes, the Dead Sea is mostly gold because the m-state wants to end up as either gold or palladium.

(28:50 min)

Iridium and palladium-107 are 2 of the baselines of the universe. That is the zero point in nuclear energy. It takes energy to make a nuclear reaction either way from there. It shouldn't give off any energy when you split that atom. I have a bachelors degree in nuclear physics and I worked in the field for [2?] years. I couldn't make a living at it so I got out of it. But I enjoyed the subject. 10 years ago I would have denied that any of these transmutations were possible. But later I did it myself, so I can't deny it anymore.

[?] Lawrence of Lawrence Berkley Lab was my instructor.

(31:00min)

A fully healthy person can assimilate the m-state in powder form 1000 times more than the liquid. But a sick person cannot assimilate the dry powder at all. You have to have that fat lining in your small intestine to handle the dry form.

Barry: Where do you collect your ocean water?

The Essene: I talked to a fisherman who wasn't getting anywhere with his fishing boat anyway. He set it up so he could put a 300 foot line down 50 miles out to sea. He has a bank of [soaps?]. He filters it through and he puts the salt back and sells the water to us for \$60. per 5 gallon bucket. That makes quite a bit of m-state. You've noticed how m-state settles when it's visible? Well, it settles the same way when it's not visible. So when you collect it from deeper in the ocean you get a higher concentration. There is also a higher concentration at the bottom of a large barrel of seawater.

Barry: Jim set up a pulsed magnetic field over the green liquid on the acid end and it started to bubble just like boiling gasoline, but it was cold. He condenses this in a shielded container and it makes a grease. As soon as he takes it out of the shield it evaporates. He says that when it evaporates you can see it move around the room like ectoplasm. We thought about using this method to concentrate m-state out of seawater.

(E: I have absolutely no feeling in my face now. I was walking down the street one day a long time ago. This guy had a piece of metal on his roof and it slid off and caught me in the face. It cut my nose and upper and lower teeth out. I had my 2 little boys with me. I went to this woman's house and knocked on the door and made her aware of what I needed. She took care of my boys and called the sheriff and an ambulance. She watched my boys until they sewed my face back on and got me back to work.)

(more personal info.)

(43:40 min)

The Essene: Pure 31% HCl (muriatic acid) will pull all of the magnesium out without taking any of the m-state. But if you dilute the HCl then it will all go into solution. The “milk of the gods” in ancient alchemy was what we know now as milk of magnesia.

(47:00 min)

Feel that? I was balancing your aura. That means I was making this power point in your hand the same brightness as a certain power point in your head. It takes 2 people like this to balance one's aura. A balanced aura makes your day happy and trouble free. If someone makes you real mad this power point down here will get red and out of balance. Then your whole day will go badly.

(personal talk and energy work)

(54:20 min)

Barry: So, if all the m-state elements store energy....

The Essene: All of them store energy but at different frequencies. I don't know what those frequencies are. M-state does not store chemical energy. It stores light energy in tremendous amounts. You can transmit an unlimited amount of power through fiber optics coated with m-state of the right frequency without any loss. I haven't done this but I know laboratories are working on it. Right now my focus is on making high oscillating magnetic fields for induction heating.

Ideally I need a vacuum induction furnace that I can control the atmosphere in. That is very essential.

Barry: We know a guy using plasma arc who gets a ball of green glass that is almost pure m-state.

The Essene: All m-state elements will make a glass. Gold glass is soft . You can scratch it with your fingernail. The Brown's Gas generators we bought never impressed me much because there wasn't much you could do with them. You could work down a little tiny bead but you couldn't get any real volume. Something that may be exploited in the future is hitting m-state gold with a laser. It turns it into pure metallic gold. But, like Brown's Gas, the yield is small because you can only shoot 1 little target at a time and then you have to reload more material. There is a guy making a living at this doing 11 oz a day.

Barry: How do you identify the Red Lion?

The Essene: The Red Lion is red in color. It is gold m-state. One dose of it will put you into complete enlightenment. You will have all the powers of a god, without the proper training. It's very shocking to your system. According to the alchemists once you take it you will never die. You just go through total hell until you learn to handle it. If you make m-state gold and it comes out cloudy red then you have the Red Lion. The early Jews, Essenes and 'great ones of old' all claimed to have taken it. St. Germaine was supposed to have taken it.

End Essene – Visit-3, 10/5/2000, Tape 3 Side A

The Essene: The only way I can assay m-state is to distill it. Each one distills at a different temperature.

Q: So would a large number of samples present a problem?

The Essene: Yes, it would but you could do it. But it would have to be distilled out.

Barry: At first you have to get the organic material into the m-state.

The Essene: Which is not that hard.

Barry: How do you do that?

The Essene: Usually by ashing it, in the absence of air. Put it all into a container, boil it in lye and precipitate it as normal. Then you have to distill it out to find out what it is. Yes, you boil it in lye and water. No, I'm not saying it's accurate, because you've got heat involved in ashing it so your gold's always going to be lower. But it will be fairly accurate on all the rest of them. Yes, you heat to sublimation.

Q: ...FDA?

The Essene: They have got it to where you can inject the m-state now. That's what ---- is doing.

Barry: What about just heating pure lye? I did a sample of rock with the sodium burn and then I did the same rock with pure lye. It was 3 parts to 1 with the pure lye. With the sodium burn it was much less. I got 3 times the output of material with the pure lye as what I got from the sodium burn.

The Essene: This is normal in rock.

Barry: Is it a matter of literally heating the lye up till it liquefies?

The Essene: Well, if you understand what you're doing. Let's go to gold: Now gold is a molecule with 3 arms on it. Picture a little ball with 3 gloves hanging out of it. That's all the chemical bonds that gold can make. When one of them reaches out and grabs onto a sodium atom... The sodium atoms only have 1 arm, so when they reach out and grab a gold there is nothing left on them by which they can be pulled off again. You've got a -2 volt pull on the arm of the sodium. And a +3 volt pull on the arm of the gold. And the sodium has no other arm to get a hold of. You've got a 5 volt connection on that NaAu molecule. That's stronger than any chemistry you can get. There is no chemistry with a high enough voltage to pull it back apart. And so it's permanent.

The lye actually decomposes back and forth. Salt's worse than lye. Those 2 sodium compounds are not stable. At 1 instant it's 1 Na and 3 O. At the next instant they're connected together. It just bounces back and forth like that. Salt is worse. NaCl and NaOH are the only 2 chemicals that can do this.

Barry: So if I put 3 times as much salt as gold in a pan and melted it I would get m-state gold from that?

The Essene: Yeah. That's what was used by the ancients.

(20 min)

(03 002 track 9 visit 3) (Distortion. Record volume too high)

Barry: What kind of cancer did [name] have?

The Essene: She had internal cancer in her intestines. [...?...] I tried the M3, then pure gold (M1?), then Green gold and then Red gold.

Barry: I have some m-state that's been successful that Jim made. You are welcome to try it.

The Essene: If he would go down to Mexico first and try it down there it's legal. They have a cure down there called laetrile that's illegal in the U.S. It's made from apricot seeds. It's quite efficient... I never tested laetrile for m-state but I'm sure it is probably high in it. Another cure that's been around for about 6000 years is to just eat the apricot seeds. Almonds also have some laetrile in them. Maybe that's why green almonds are such a magic [?] cure. M-state when it's dry seems to change its ability too because it will not redissolve in acid or alkali solutions. Yes, it will redissolve in hydrofluoric acid, but I refuse to keep that around because it is so dangerous.

Barry: You can also redissolve m-state in HCl and hydrogen peroxide.

The Essene: That's one of the leachants I use on some ores.

Barry: Jim has noticed that keeping the ORP at around 700 with the HCl/H₂O₂ works the best for getting m-state out of ore. If you want to go after the metal then you want the ORP to be either higher or lower.

The Essene: I find that with my leach I am pulling a tremendous amount of m-state. It doesn't interfere with my metals.

We get the sand up in Canada and bring it down here. I've assayed this one particular sand that has just exactly the material I want in it for making M-3.

Dr: Is M-3 the most potent formula you make?

The Essene: Each one has its own particular job to do. The C-11 can cure asthma for life and make the patient immune to poison oak and poison ivy at the same time. 350 to 400 people have done this. I have not had much luck treating skin allergies with anything I've tried. Palladium softens the skin, but I have never tried pure m-state Palladium for anything because you have to separate it by distillation. Pure palladium metal is very hard to come by. All the palladium the U.S. had was not pure palladium. It was [?] made up to sell as palladium. I could make pure Palladium quite easily and sell it for \$700./oz, but I would have to set up to do it. My assays have come back as 100%, even though there is no such thing as 100%.

Iridium's the hardest to separate. It can't be assayed. What they have to do is assay the impurities and then figure that what is left must be pure iridium.

W: You mentioned earlier about people who have stopped taking m-state for a period of time and then started again?

The Essene: Yes, we lost 4 people who did that.

W: I'm not convinced that stopping the m-state is what causes a relapse, because I know too much about the mental, emotional and spiritual worlds. We can't just look at the physical without considering them all. When we talk to patients going through the dying process we could tell that they were going to die just by their attitude, the words they speak, and the energy they emit. So I ask, from a scientific perspective, is it the m-state?

Barry: It's very clear now that [name] did that. That was her intent to die and she was ready to move on. She went to the Simington Center where they have learned that people lived longer and recovered from cancer better if they had certain attitudes. He teaches

those attitudes in a week long intensive class. She tried to internalize that, but didn't really do it. She had a lot of anger.

The Essene: This may have nothing to do with it, but I'll tell you about a school in Yelm. They were teaching "manifestation", or, how to make things happen. The hypochondriacs in the class started dropping out like flies. We got a whole lot of them on the m-state. Some of them survived and some of them didn't. They were manifesting their own disease. They thought they were sick, so they were. I took clinical psychology and one of the first lessons the professor taught us was this: We were to pick some person out in the class that we knew pretty well and we were to tell them, collectively, that they looked sick. So we all did this and that person never even made it through that day.

(9:35 min)

W: We are all vulnerable on a subconscious level. So I don't want to say it is the m-state only. We have patients who start and stop on the m-state and there are no problems.

Barry: I've found that since I began taking the m-state that my ability to manifest my intent improved considerably. So I always ask people, "are you sure you want the ability to manifest whatever you think of? Are you sure you won't think of monsters"?

The Essene: This is very important when you get involved in this. Yes we can manifest monsters if we feel it. And cancer is a monster. All I need to do is to make contact with a person to tell if they are going to respond to the M-3 or not. There was a girl in Canada awhile ago who had breast cancer running from her breast underneath her arm to her lymph gland. She was all set up for an operation when we talked her into trying some M-state. She went in for the bisectomy (?) as scheduled after being on the mineral supplement for about 3 weeks. When they opened her up all they found was a sack of water. Every trace of the cancer was gone.

When a cancer patient starts taking the m-state the iridium marks the cancer. The M-3 raises the immune response about 15 times higher than normal. I don't know how that was measured. Then the body attacks the cancer like crazy and the cancer goes away.

We had another lady with a tumor that went from her shoulder down to the nipple on her breast. We put her on m-state all the way through because she didn't want chemo, radiation or surgery. The pain level from the m-state got too high for her to tolerate and she started cutting the doses. She cut it down to 1/2 and then down to 1/4, but she kept taking it. The tumor ruptured so they took her in for surgery. They found that the cancer was all gone. They did reconstructive surgery only. You usually see marked results within a month.

This 23 year old lady found out she had uterine cancer right after she got married. They had just bought a house and were ready to start their life when a pap smear showed she was in trouble. She took 1 bottle of m-state. She went in for the pre-op tests and they couldn't find anything. 2 weeks later the doctor sent an ambulance to get her at work to do the tests again. After they came back negative again the doctor said she had to stay at the hospital so they could do it yet again because they couldn't find the cancer. She refused. She's o.k. now.

We have lost just about every patient who took the m-state and then went on to do chemo or radiation.

W: Because the chemo and radiation weaken the immune system so severely the m-state just doesn't have a chance to work. So we tell them to take the m-state either before or after, but not at the same time as chemo or radiation. The m-state doesn't interfere, but it is rendered useless by the chemo and radiation.

The Essene: One of our own relatives ended up with a cancer running down his backbone and tying into his stomach. He opted to take the M-3 at the same time as chemo/radiation. He had a complete remission of the cancer, but 2 weeks later he died of pneumonia because he had no immune system.

W: There is a time period somewhere between the 2nd and 4th weeks on m-state where things escalate because the tumor swells as the body attacks it. The markers in the blood go up and that scares everyone. Then people say, "It's not working!" But if they give it another week or 2 then you see the improvement.

(19:30 min)

(continued on 01 001 2A)

(05 003 3A Visit 3)

The Essene: ... I made the suggestion of going out into the ocean 2 miles from shore to keep away from contamination. It enhances life.

W: (looking through personal notes?) ... Great Salt Lake water: Gold 33%; Rhodium 30%; Iridium 5%; Magnesium Hydroxide 10%; 22% Silica and other minerals.

The Essene: These assays were done by bubbling sulfur dioxide through the m-state and taking the material that came down and then doing a chemical assay.

W: These are from a long time ago:

M3: Gold 15%; Iridium 15%; Rhodium 70%. The directions for taking it are: First week ½ teaspoon in the A.M. on an empty stomach. Second week ½ teaspoon ‘bid’ (twice a day); Third week ½ teaspoon ‘tid’ (three times a day); Fourth week 1 teaspoon ‘bid’.

The Essene: We were having trouble with the people taking it. It would wire them so they couldn’t go to sleep.

W: After chemo or radiation, if you have anyone like that, give them 6 drops of hydrogen peroxide in ½ glass of good water to reactivate the m-state. I would take it once a day for at least a week.

The Essene: If you take too much of it (H₂O₂) it will give you diarrhea.

W: I would do that with any kind of medical cancer treatment. When the H₂O₂ bond breaks you are freeing up oxygen to re-oxygenate internally.

C-11 is (I don’t have the proportions): Platinum, Iridium, Osmium, Palladium, Ruthenium, Copper, Silver, Gold, Mercury, Magnesium.

The Essene: Yes, the C-11 proportions are different in different locations. The only place that was dead was the Gulf of Mexico. Yes, you bubble sulfur dioxide through the m-state and all the metals precipitate out and then you do an assay. Yes, SO₂ is nasty stuff.

Barry: There is no magnesium m-state. It just comes down with the m-state. It is the 11th ingredient in “C-11”. Did you test for cobalt?

The Essene: Yeah, but it wasn’t there. I didn’t do a quantitative analysis on C-11 because it takes too long. Rhodium was the highest, followed by Gold and then Iridium. The others were all pretty low. I ignore the others except for Palladium which is easy to check for. Ruthenium I always ignore entirely in all my work because it isn’t worth much, and it gases off when you heat it anyway. I can’t afford a proper furnace to work it in. Some times I do sell small amounts of Ruthenium, but I’ve never been able to sell a large amount.

If someone ordered a large amount of m-state, like 5 gallons a week, we would give them a break on the price and set up to do it. But right now we are only making a couple gallons a week, sometimes a little more.

W: When we first started out we always put the patients on C-11 first because it tones the body and says, “wake up, we’ve got something coming”. And then we would start the M-3. We used to say start on the C-11 for a month, if it’s not an acute situation and then start on the M-3 after that.

The Essene: When we start a terminal cancer patient on M-3, a teaspoon in the a.m. and a teaspoon at night, their system gets quite a shock. They don't sleep. They sit up and they walk in circles.

W: You just have to find someone responsible in the area to make C-11 because people have been poisoned. It's not worth the risk, particularly to your career. I would only deal with someone that I knew.

Normally when you first make it it will come like you see in the bottle, very flaky and fluffy.

The Essene: This paste form will be completely taken back down and the magnesium will be taken out of it. Then it will be cleaned up and redone. I do Not want anybody taking it dry. There are way too many reactions. People really have to have both feet on the ground before they start taking it dry, and then sometimes it doesn't work. My daughter weighed 80 pounds when she was 14. She weighed 114 pounds when she was 7 months pregnant. She would lay down on the couch and sleep all the time. She could hardly stay awake. But she could hear things far away...

Barry: Jim got enough of it on his hands that he said he slept 22 hours a day for 18 months and was discussing physics with Abraham. He didn't care what anyone had to say in this world because it was just total nonsense. We couldn't get more than 2 or 3 words in a row out of him. He could take his finger like this over a drink and stir the drink. When he took a shower electrical shocks would hit him. When he pissed it was like bolts of lightning going between his toes and the bolts of the toilet. Totally electric...

The Essene: Well, my daughter was this way for about 3 months. She could not close her eyes unless she was in my aura and everything was still. Because otherwise when she closed her eyes she would see a big whirlwind with stars. Like bright lights in a whirlwind. She would have to stand up and keep walking around until I got home. That was m-state gold.

W: At least when the cancer patients take it they will not be sleeping. It depends on the person. If they need more sleep... We can't say...

The Essene: It forces you to do what your body needs. My daughter was very run down before she took it. It forced her to eat and sleep until she was through it. She weighed 130 and none of the fat showed. The circles were gone from under her eyes and she was happy-go-lucky then. Until then you couldn't keep her awake with a hammer.

Barry: That's the one thing we've noticed with this. Everyone has such a different experience with it. If it was just the power of suggestion people's experiences would be more similar. But their responses and effects are just all over the map.

JY: You said the Gulf of Mexico has no m-state?

The Essene: It is low because the sulfur content in the water is so high. The world's largest sulfur deposits are found in the Gulf of Mexico. Right, hot springs that are full of sulfur don't have any.

(18:05 min)

Barry: Jim has tested, using the magnetic trap, extracted the oil form. And the oil form doesn't seem to be contiguous with the precipitate. The oil won't precipitate out. The precipitate is a whole separate entity. These streams will have the precipitate, they will have the oil. You can remove them both and get metal from them both. But the process for converting to the metal is different with them both. Jim says that some of the oil will convert to metal quickly, within a day or a week. He says the oil taken from the Powder River, which runs through Baker City, took a whole year before it dropped out as metal. It is totally variable and I don't know what the reason for that variability is.

The Essene: You know, I went down and looked at the Powder River because I had heard about it all my life. It was in the middle of the summer. It was about 4 inches wide and about a half inch deep. (laughs).

JY: Do people experience different energy states with different forms of m-state or is it just a matter of the product's concentration?

The Essene: No. The different m-states give me different signals, but not enough that I can tell which is which by the signal. I just get a different feeling from them. The powder just about doesn't give me a signal at all. I'm not talking about feeling a signal from ingesting it. I mean just sensing it by touch.

W: The dry form is far more powerful. Too powerful.

(21:45 min)

JY: I like the idea you mentioned about C-11. I have been doing that with Mountain Manna [?] each charka...

Barry: The Mountain Manna, Bruce Curtis's Purganic Liquid Manna, and the C-11 seem about equivalent to me when I take them. And I've probably taken more different m-states than just about anybody. They all have a very even slow feel to them. The M-3 is much more energetic. I get a buzz from it.

W: In N. America people want instant cures and I don't think that is the right attitude.

JY: Do you think it would be good to couple something like an herb that cleans you out with the M-3 or some other m-state?

The Essene: I don't know. There was a gal once who poisoned me with herbs. It closed off the valve to my small intestine.

W: It put it into a spasm.

The Essene: I thought I was going to die with it.

(looking at m-state samples)

JY: This feels powerful!

Barry: How did you dry this?

The Essene: Put a cloth over it and put it in the dark.

Barry: I'm dense to this stuff. I've been taking it for 4 years.

The Essene: You take a spoonful of this dry stuff and you won't be immune to it, I guarantee!

Barry: I'm going to try that.

The Essene: Dry it in the dark. It reacts with light and turns to metal. Yes, it takes a week or so to dry it. Yes, even when it's dry the light still affects it. It needs a lid.

JY: I don't understand. The sunlight shines on the oceans, so why don't they have more metal?

The Essene: The sunlight only reacts on the surface. When it goes down the saltwater re-acts it the other way.

Barry: You mentioned that you could use a sodium burn, a lye burn, or a salt burn and that any one of them will get the same effect.

The Essene: Right.

Barry: Cool! Salt is easier for some people to get a hold of than lye. Is 2 hours long enough?

The Essene: I don't know. I just tried them enough to see if they worked. I didn't keep track. It was just for my own information.

W: Do you know anything about the cars that just run on water?

The Essene: I have looked at the research and the work done on it. There's been a lot of work on it. But I'm still a physicist and I say you can't get something for nothing. They make the electric units that enable them to run on water. But I think your total power is going to end up to be the same.

Barry: I've heard that you can actually get power out by generating Brown's Gas. And that the generation process actually generates electricity.

The Essene: Well, do you know how a Brown's Gas generator is made? You've got 2 electrodes in potassium hydroxide and they give off oxygen and hydrogen together. You use A.C. to drive them with, not D.C.. With a high powered transformer. As I said, all of ours blew up. Because they got over-heated and ignited. The [kindling?] temperature of that is fairly low.

Barry: So the key is to keep it happening at a low temperature. To cool it.

The Essene: Right. Very small diameter lines leaving it.

Barry: A friend of mine and Jim's, named Dan Moeck, who you haven't met yet built a Brown's Gas generator. He ran it for quite awhile and never had any problem with it. He was very careful about designing it in a way that it wouldn't do that.

The Essene: I think what happened to all of ours is that we were using such a flow out of them that they actually over-heated. It's the kindling temperature of that which is fairly low.

Barry: Well, you may be able to cool them with the water going into them or something like that.

The Essene: No. It's not enough. They turn hot.

Barry: If you're taking the heat out and using it to do work then that might be...

The Essene: Well, what we were doing is running about 500 amps into them and they weren't cooling themselves. We were trying to get production metal out of a little hand torch.

Barry: We're working with a fellow over in Seattle who says he has a technology that will literally crack water into hydrogen and oxygen and burn it and get energy out of both processes. He doesn't have a prototype but the people who designed it do.

The Essene: Well, there's another one where they put the water vapor inside a piston engine and they put an electric spark above it and it runs. Yes, it's with a rhodium spark plug. But I'm still a physicist and...

Barry: The problem with it is that the hydrogen burns so fast that it will destroy your bearings in weeks.

The Essene: Well, they had to change the pistons to stainless steel [eggshell?] because of the lubrication. It would burn all of the oil off of the cylinder walls every time it goes off.

(32:00 min)

Barry: What he said is that if you add as little as 20% alcohol it slows down the explosion sufficiently to make it run pretty much like gasoline.

The Essene: Well anyway I don't know. I've always kind of scoffed at it. I wasn't interested in looking at it too much. I don't see getting something for nothing. Conversion of energy maybe. But it has to be something.

Barry: So if you were going to build a storage battery do you think it might be possible with some of the other m-states other than osmium?

The Essene: I will give you this 1 fact and you can go on it any way you want. It is my opinion that if it is true m-state it is un-reactive. As I said before it's very easy to get the energy off of it but it comes off the m-state as light. So you're going to have to convert that light.

Barry: Unless you can get it in and get it out with electrical resonance the way the put energy into a superconductor and take it out.

The Essene: I saw a tape of Mt. Saint Helens the night before it blew. It was a steady lightning storm on top of that mountain all night long. He took a camcorder and for 2 hours there wasn't a single moment that there wasn't at least 25 or 30 lightning bolts coming down on that mountain. There was just steady lightning coming down on it.

Barry: So what do you think about atmospheric m-state and the generation of atmospheric electricity? Do you think they're related?

The Essene: I don't know. [...power grids on the ? ... were fairly dead...]

Barry: I've heard that if you take the kundalini energy that can sometimes collect in your head and you dump it out in your hands that it can make your hands way warm.

The Essene: Well, I think... (laughs) (gives personal reading for someone present) The M-3 hasn't seemed to correct her circulation problem.

Barry: Some other m-state may be the answer then.

The Essene: Well, I think she's got constricted blood vessels. They shut off. It's very common in women. What causes it is what I'm trying to figure out. Like in the end actually coffee or tea does it. They'll constrict the blood vessels to where the hands and feet will freeze. When the trunk temperature gets low the body automatically shuts off the circulation to the arms and legs. And I think this control system is at fault in her.

(37:00 min)

JY: What about the power transmission line idea?

The Essene: The whole idea we've been working on is the frequency that the m-state emits. It actually collects the energy from the earth. The trigger on it is what makes a superconductor. {...little trigger on it is the trigger?} and then the whole load unwinds and then the next cycle is ready to go again. It's all optical fiber that is impregnated with the m-state.

Barry: Apparently they haven't perfected it yet?

The Essene: The Navy has. And Bell Labs [has?].

JY: So you impregnate the fiber optics with m-state? What does that do?

The Essene: It makes a superconductor for a particular frequency of light. In fact it's more than just a superconductor because the earth actually charges it. In other words it steals power from every other source.

(39:00 min)

See, the m-state charges up to 80%, even in your nervous system. The spacing of the m-state in your nerves determines the amount of energy your brain has to produce to trigger these light impulses. If they are real close together it takes nothing. If they're far apart it takes a whole lot. When I was going through biochemistry and biology, etc. they thought that the nerve fiber, the little white cord going down the middle, was the nerve itself. They would put electricity in it and it would jump the muscle. But if they put in a lot of

electricity it didn't work. What the Navel Lab actually discovered was that there is m-state in the fat sheath around the nerve. It was the sheath that was actually transmitting the signal. All the nerve fiber did was to maintain the sheath. Then they found that they could jump over damaged spots in the sheath with m-state. And also, they could put a superconductor by the nerve and it would trigger when the nerve triggered.

Barry: So, if we want to do m-state assays...

The Essene: My suggestion would be to distill it. And go on to the rest of the list that I haven't done...

Barry: Now has Bob Fisher done any of that?

The Essene: I doubt it. I have only gotten to talk to him one time person to person.

Barry: He has a hydrogen torch that he claims can get up to 3000C.

The Essene: Then he's got a better one than I've got.

Barry: He's got a way good one. What he does is he points it into a small opening in marble. It's a marble top and a marble bottom. And in the space in between he can get that temperature. He says he's gotten m-state glass.

The Essene: I can make glass too. But I make it at 2000.

Barry: Well, he knows he's getting 3000, at least.

The Essene: Well, as I say, I know mine doesn't. Mine will just barely, barely melt platinum and that's it.

Barry: Jim has a semi-conductor thermocouple that he designed, and someone else is building, that is stable and linear up to 3000.

The Essene: Well, normally at higher temperatures they use a light meter with a filter lens on it.

Barry: This is an actual thermocouple...

The Essene: Mine is only stable to about 2500. We use thermocouples all the time. They break down and we make new ones. I can't afford to buy the expensive stuff.

JY: ...Mt. Saint Helens exploded...

The Essene: Yeah, I watched a 2 hour film of the most spectacular light show you've ever seen. I think the light show was caused by piezoelectric action of the crystals on the mountain when it was rumbling. I think that was causing these lightning bolts to jump out of there.

You take a crystal and put pressure on it and it creates electricity. A lot of these lighters that have no flint in them are actually piezoelectric. When you pull the trigger on this butane lighter (here) it snaps down on the crystal and creates a 2000 volt spark.

JY: When you are working with m-state ores do you get any piezoelectric effects?

Barry: No, because he is always working with them wet.

The Essene: I always work with them wet because all the m-state I make is for medicine, except when I do a job for a company to convert some to metal.

JY: If you walked around with an electrostatic meter would you be able to detect it?

The Essene: I don't know. I haven't done that. My problem is I've been so busy. This is a vacation for me!

JY: I will make a bet with you. If you walk around with a bulb it will light the bulb just like it did at Mt Saint Helens.

The Essene: Well, we could do a test and find out. It would be easy to do. When my little girl was about 4 years old, the size of her, I used to give her a fluorescent bulb at night. I had an electric field generator in the house and everywhere she went that was her flashlight. She could go any place in the house and it would be lit.

JY: What about assays by evaporation (distillation)?

The Essene: That's the only way I know.

JY: Do you think this could be used for a variety of natural products?

The Essene: Well, if I had a pot of m-state and I wanted to pull the gold out of it I could heat it to 600 and suck the fumes off of it. It smokes [?]. I just suck the smoke off, put it into [water?] and [?] it. That's how I would make it.

Barry: And you can determine how much is gone by the weight change.

JY: Talk about natural products like roots and herbs and stuff. Is there a good way...

The Essene: What I do on that if I can is burn them down. And I boil them in lye and precipitate it. But to tell which one is which it is best to distill it.

Barry: Once you get it to the precipitate then you can identify which is which by... Also, you could easily take a laboratory standard of Iridium or Rhodium or Pd, convert it to m-state using the sodium burn, and then figure out what temperature it sublimates at.

The Essene: Right. Then it would be fairly easy. But I've never done that part of the research.

Barry: It's not a problem. It's just a problem getting the money to pay somebody to do it.

The Essene: Right. I've got to pinch a dollar too tight to do all that. We've got that plant we're building to get on line.

Barry: And another way to identify which m-state elements is to do that with the powder and also to convert the same powder to metal and do an assay on the metal. And you need to do it both ways. Start with the pure metal to get a really good idea where everything happens.

The Essene: Well, I bought the lights and I found that I could spread the m-state real fine and real thin and they're 4 foot UV lights. And it would convert it in about a month. The light was about a foot over it. The microwave will convert it to metal. I went down and I bought 2 4 foot black lights. Then I bought that microwave in there and that will convert it. Not all of it but some of it.

W: Which m-state did you do? C-11?

The Essene: I did the C-11 to see if I could recover the gold out of it. That's what [Dr. Rhodes?] is working on right now. He's trying to find something for nothing.

Barry: Whatever method we come up with for testing has to be too expensive for extracting metal so that if we publish it nobody will be tempted to use that method to make money.

The Essene: Well, I find that if I just bubble sulfur dioxide through it that knocks it all out of the m-state. And then I do a regular assay on it.

(51:30 min)

Barry: Well, that's dangerous. And it would be best if I don't give a dangerous method.

The Essene: Of course, I have no sense of smell, but everyone else can sure smell it.

W: Do you ever give anyone pure m-state rhodium?

The Essene: I have never made it for anybody. I could, but I never have.

Barry: That's another series of tests, maybe animal tests, maybe people tests, that need to be done to see what the pure m-states do individually.

The Essene: To my knowledge, on the m-state the rhodium is the executioner. It actually kills. The iridium marks what is to be killed. And the gold strictly goes to repairing nerve damage. Yes, I determined that it is a combination of the 3 that is needed.

(53:20 break in audio)

JY: I'm writing his biography. You had 5 [?]?

The Essene: Chemistry, biochemistry, nuclear physics, astronomy and clinical psychology. And I served my internship as a clinical psychologist. As soon as I got my internship paper in my hand I walked out of the place never to return.

W: Why did you take psychology?

The Essene: I thought it would help me deal with people. I have a difficult time. Astronomy is the most important class I ever took in my life. I thought, when I signed up for the class, that they were going to point me to a star and tell me the name of this star, where it was, and all about it and that I was supposed to memorize all of this. I thought that's what the class was about, but it wasn't. You've got a little speck of light out there. How do you break this light down to get the facts about what you are looking at. ... and the different instruments and...

JY: In your Essene life what do you think your role or lesson was?

The Essene: My role was to be a teacher. I taught sorcery. I taught it for military uses. Like, how to make people see something that wasn't real. How to make large groups of people see things that weren't real. Stuff like that, to protect the community. That's what my main chore was in most of them (past lives?).

W: What is your role here now?

The Essene: I would try to avoid teaching. And every time I did I got hurt. So, yes, I'm still teaching, if somebody wants to learn. I was a head miner for many years. For 30 years underground. I would give my men their chores, what I wanted them to do and I would not allow them to do anything they weren't told to do. I was responsible for their

lives. If I caught a man out of line I fired him instantly, the first time. He never got a second chance. We were there to do the job and make money. My job was to get them out alive.

(end 05 003 3A at 59:30 min)

Essene – Visit-3, 10/5/2000, Tape 1 Side B (begin 03 003 track 11 duplicate)

Barry: There's a couple of different M-3's. There is 70% rhodium / 15% iridium / 15% Au.

The Essene: The other M-3 has more rhodium and less iridium because iridium is a key factor in the way it works. Now, can I tell you a story? There's a doctor in Houston, TX who's been treating cancer for quite awhile. He takes a hypo needle that is iridium (all hypo needles are iridium) and he hooks it to a battery. He grounds the patient with an arm strap. Now this is only a volt and a half. He injects the needle into the cancer. Then he applies positive electricity to the needle so that the needle is the part that plates. That causes the needle to erode in the cancer and turn to m-state.

Barry: Now electrochemical methods, especially with low voltage and weak electrolyte can be a very effective method of converting to m-state. I think the body does a certain amount of conversion to m-state like that.

The Essene: Iridium is one of the most common metals. It's not rare, in the m-state!

Barry: M-state gold is 1 million times more common than metallic gold.

The Essene: In the older cars, like 60's and before they would only get 40,000 miles out of an engine before they wore out. Now they use an IrFe alloy and they don't wear out for 200,000 miles. This is the way they harden the steel. You take iridium and mix it with copper. The Norsemen used to make weapons with it. They could chop a steel suit of armor in 2 with one of their copper swords and not damage the sword. Because iridium hardens Cu that bad! You can't even drill it with a drill. Say you're going to buy the pretty lady a nice diamond and she wants it mounted in gold. She can take her thumb and push the diamond right out of it because the gold's so soft. So they mix the gold with some iridium or rhodium and it makes it hard enough to support the diamond. And then you can't get the diamond out. Iridium isn't rare but nobody can do anything with it. And those that do have so much money involved in getting it that it's beyond everybody's reach. It's \$1600./oz. by the time you get it purified.

(30 min)

The Essene: I used to have a quart jar of rhodium precipitate on the shelf and if I put it on the table for everyone to look at pretty soon the house would be vacant. They couldn't

stand the energy field coming from it. This was metal, not m-state. But when I refined it down further they didn't seem to have a problem.

What I'm trying to do now is develop rhodium and iridium for the pollution control market. I spent 6 months in China. It was very polluted. There was never a time at night that you could look up and see the stars. This was loe Yang. When I flew over China at 3000 feet during the day you could Not see the ground. It was like flying over a cloud.

34 min

Barry: Somebody said they were having really good luck with m-state in the eyes for that condition where the solution in the eye kind of gets cloudy.

The Essene: One thing I noticed: you have little black spots in the solution in the eyes compared to the age you are. They can actually tell the age you are by looking at the black spots. It does not affect them at all. I still have them.

Barry: I still have them but I think I have less of them.

The Essene: What I was doing in China was I built a platinum refinery, a plant, and had it on line. But nobody will accept the product from the plant. They won't even try it. China won't accept it because nobody will tell them it is Rhodium, Platinum, Palladium. They will not do any work with it until it is positively identified. The cartel, of course, will not sell these metals to China. They're sitting back there laughing at them. Yeah, I was overwhelmed by Chinese food.

Barry: What about the use of m-state for pollution controls?

The Essene: I don't know about the m-state, but the metals are another thing. Now if you took the radiator of a car and painted it with a paint that had powdered rhodium in it, due to the fact it's hot it increases the reactivity of the metal by the square of the temperature rise. So they figured if they painted just the radiators on the new cars that were produced, that in 4 years it would clean all the pollution in the entire world.

Barry: When you paint the outside of the radiator with rhodium it reacts with the air being pulled through it as the car drives and reduces the hydrocarbons in the air, or converts them in some way to something else that's not as toxic.

The Essene: CO reacts with O₂ and comes out as CO₂. The big point that everyone misses on this is that it breaks down all nitrogen compounds in the air. The earth's atmosphere right now is sitting at 1% nitrous oxide and at 2% we all die. This would stop this problem. We get nitrous oxide from many things we do.

Barry: Jim says he has a new process for painting rhodium onto metals. It works just fine even for high temperature nozzles and stuff. It will literally bake on.

The Essene: There's several ways you can do that are quite efficient.

Q: You paint the outside of the radiator?

The Essene: Yeah. As the air is pulled through it cleans the air not of particulate but of compounds. All nitrogen compounds decompose in the presence of rhodium and it does not affect the rhodium at all. You can take a cyanide pond, throw a little piece of rhodium in it, come back the next day and drink it because the cyanide will be completely neutralized. And it doesn't affect the Rhodium. Yeah, clean the whole planet up that way.

Barry: So 1 big problem right now is nitrogen fertilizers getting into aquifers.

The Essene: Well, this was China's problem. We were trying to use the water out of the wells to run the plant with but there was too much nitrogen in the water. So we put a rhodium catalyst in there so we could use the water. We had to make the catalyst, which was nothing but some of that material in a plastic pipe with a sock in it. The stuff was in the sock and we put the water through it.

What we actually do is produce the metals, And these metals is how we make a living.

Q: So China has a refinery for these metals but they bring the metals in from elsewhere?

The Essene: They do now. Which is very stupid because China has all the raw material they need to do their own. But they don't recognize it because nobody can assay it. All of this technology has been forbidden to the whole world.

Rhodium applications are: fuel cells, air conversion (Like those coal chimneys in China, if they put a rhodium catalyst in them in a dust bag they wouldn't have any more pollution. It would clean their country right up. It converts the SO₂ to acid.)

Iridium is: hardening of alloys, its chemical resistance is a great plus for it. Nothing will eat it. Rocket nozzles, etc. are all made out of iridium because it holds its mechanical strength quite hot. Its refining temperature is about 5400C, and its melting point after it's refined is about 3400C.

Palladium is a very, very important alloying metal now. For a few years they were talking about the Fact that palladium reacted with cold fusion. But in later work they found out it wasn't the Palladium metal that was reacting, it was the palladium m-state. It would actually blow up. What happens to any m-state is it will charge 80% of its trigger voltage just sitting. It just takes a little trigger and it reacts. Some stays one way and some goes

the other. They all react within the light spectrum. With palladium it's the very low light spectrum that it goes off on that generates a lot of infrared heat. That's what they found out was happening in the cold fusion reaction.

Krakatoa, St Helens and other volcanoes that blew up were actually m-state explosions. It's been relatively proven so.

Barry: Which m-state elements were they?

The Essene: All of them. What happens is they charge 80% of their trigger voltage and then they go. Let's say that you take rhodium and mix it with rhodium leach solution and zinc dust, and you filter it out. You set it out in the sunshine to dry. Then when it gets just about dry it will trigger and go off in a flash of light. But it goes off molecularly. There's nothing left. If you've got a couple ounces of it out there you've got such a brilliant light you won't see again come Monday. But there's no explosion. It's just light.

Palladium goes off in the infrared spectrum.

Barry: What's the uses for it?

The Essene: Palladium is used for fuel cells in space ships and satellites. Ballard has done the research on them. They've got a bus running around Vancouver. But rhodium is much better for fuel cells. Palladium poisons with any sulfur, Co, Co₂. So they have to use pure bottled gases to run it on. Nothing poisons rhodium. Rhodium has about 800 times the catalytic value of palladium.

Barry: Would it be useful in Brown's Gas generators to crack water?

The Essene: I don't know. Our company bought about 6 BG generators and we have 1 left. All the rest of them exploded.

Super fine catalytic metals are used now for semiconducting because they react faster than any other thing and we want more and more speed on our computers. And another thing we want on our computers is less noise and so they use a rarely known metal for the noise level on the computer called rhenium.

Barry: Does rhenium have an m-state?

The Essene: I'm sure it does. But I haven't really got the rhenium to sell. I make it here now and then. It's not a rare material. The whole world supply of rhenium goes into making light bulbs. So it's a very important metal. If there were more of it refined it would really enhance our state of living, because any metal alloyed with rhenium will never metal-fatigue.

Ruthenium: the only thing I know it's good for is water treatment. You take 2 strips of ruthenium and put them on a small power supply. In Alaska they've got these large water bladders in the basement of everybody's house because the water systems don't work in the winter. For 6 months a year they are trying to drink that stale water. They put the 2 ruthenium strips in the bladder and they ozonate the water and keep it nice and fresh. The ozonated water it makes is also used in AIDS research. I have stayed away from AIDS research 100%. I do not like how they get it and I don't want to know the people who do get it. I have successfully treated several AIDS patients who had a good excuse for having it. They might have lied but I didn't think they were. They take 1 bottle of M-3 every 30 days (that's a teaspoon twice a day on an empty stomach. The empty stomach is very important.). I treated maybe a dozen patients all total. They are no longer HIV-positive at the end. (And they were under doctor's care).

Q: Do you think chlorinated water interferes?

The Essene: All of our work is about getting metals out of water. Our solutions are a lot of times clean. They're pure, and yet we get tons of metal out of them. I don't think anyone on a well system is getting the water they think they are. The people over there at that house have a well. Everyone who lives in that house has about 10 to 12 years of normal life. Then they get a real bad case of arthritis and they get bedridden and they lose their sight. It's because of lead in their water. We do not drink our water here. We use distilled. The government tested the water in all of the biggest cities in the U.S. They figured if they spent \$10 billion on water clean up they could get 10% of it fit to drink. (we have 2 bottles of "leach solution" on the table here. It is lye or Na burn material and is ready to drink)

(59min)

Q: When you use distillation in your assays is that also how you purify it?

The Essene: No. What I've done, and this is terrible, I've worked it down in a procedure that, it works. And after that I did not mess with it. Because, if I put the product out too strong and someone has a severe problem it will kill them immediately.

Barry: Because the healing process is happening so rapidly and all the toxins are coming out at once that the toxins will kill you.

The Essene: Now, do you know how the m-state actually works? What the m-state does when it goes in your body it goes into your immune and lymph systems. It is not carried in your blood. The white corpuscle grabs a rhodium and an iridium atom and it carries them to the cells. The immune system can't recognize a damaged cell because the DNA strip is kinked because of a carcinogen, or ligand, hanging on it that folds it up. Then the

white corpuscle can't read that DNA strip so it assumes it is fine and it leaves. The first thing the iridium does is to take the carcinogen off the strip. Then the white corpuscle can read it. If the strip is not normal the white corpuscle leaves a rhodium m-state behind in the cell. It takes the DNA strip out of the cell. Then it goes out into the lymph system and gets a T-cell made from the thymus. It gets a red corpuscle and it makes a new born cell out of it. And then it comes back. The rhodium has already killed the cell it was in and the other white corpuscles are cleaning up the mess. It puts a new cell in it's place. This new cell has a very thin wall. As cells age in your body they grow thicker and thicker walls. But the new cell is thin, like a baby's cell. But your body can only stand so much of this killing going on at a time. Plus, the thymus only produces so many T-cells at a time. I don't know any way yet to fight the thymus.

Barry: Doesn't the iridium boost the thymus?

The Essene: I don't know.

Barry: Hudson says it does but I don't know where he got that research.

The Essene: I know where he got most of his research. At my [?!] Ziggy.

W: [name] drinks a lot of alcohol. When he takes the material he gets a lot of facial breakage.

The Essene: This is not connected at all with [?]. What he ought to do is take care of that problem. That's a very simple problem and it kills just about everybody. It's copper deficiency. His liver isn't working right. Alcohol poisons the liver.

(End Track 01 001)

October 12-13, 2001

(04 001 1A) (Visit 4 - October 12-13, 2001)

Arthur: I had an idea for doing what you are doing with microwaves. After talking with John Milewski I tried doing the metals stuff in a microwave. I built a collar and a hearth out of refractory cement that would hold a 20 gram crucible. Then I would use a flux with litharge and no reducer to put everything into solution. Then I would pull it out of the oven and drop a railroad spike in it and put it back in. This has enhanced assays tremendously.

The Essene: I use what they call a Solomon Assay when playing with that kind of stuff. It totally breaks all the rules of assaying. What you do is mix your ore and powdered sulfur

together and you fire it all down to a sulfide mat. Then you throw in some powdered silver and cook it for another hour. Then you throw a nail in it to reduce it. The sulfur comes out of it and mixes with the iron to form a black slag. The metals come down with the other sulfides and form a mainly gold-looking puddle that you pour out. Then you have to let it set for awhile until it satisfies its nuclear reconfigurations. Then you can go ahead and part it out.

Arthur: Can this be done at normal fire assay temperatures, or does it require an induction furnace like yours?

The Essene: Well, I just do it HOT like a normal fire assay. But I burn up furnaces regularly. That gets most of the m-state.

See, King Solomon used this process when he wanted to build his temple. The man was quite a politician, and nobody realized what that meant. He had a poor country and he had a vast supply of m-state. So he made the m-state and put it out in fields to dry. Then he swept just the dust off the top every day that was exposed to the sun and that's what he fired. Then he used a reverberatory furnace to cook it down with sulfur, or what they called "brimstone". Then when he got it cooked down he stirred it with iron rods to reduce it. He made 100,000 talents of gold this way. A talent weighs 92 lbs. The gold was so plentiful in Israel at the time when Solomon was cooking it that silver was completely worthless. The silver was part of his process, between the sulfur and the iron. His parting process was unique. They poured the metal into water to make shot. They smashed the shot with hammers and mixed it with green cow manure in large stone/concrete vats. Those vats are still standing today. A lady went over and videotaped the whole site where they did that. With very little repair it could be put right back on line. All the tanks, flats and plumbing are still there.

Barry: It would be nice to get a hold of that videotape and have you narrate it.

The Essene: Get a hold of Lori Barta in Yelm. She brought back mud and water samples and I showed everybody how to run it. That was at the Qumran Essene community.

Arthur: Where did you get the idea of burning m-state with sodium?

The Essene: It's not really my idea. It's just chemistry. Gold has a +3 potential and sodium has a -2. You combine them and you have a 5 volt electrical tie. There is no other chemistry on earth that strong. So when gold grabs a sodium it's going to hang on to it unless it's hit with something more powerful like UV radiation.

Arthur: I used to use sodium as a reducing agent in my fire assay. So I was actually making m-state?

The Essene: Yes. That would really throw off your results. Sodium will even convert glass to metal.

Barry: John Milewski gets gold out of just plain Pyrex glass when he uses his microwave process.

The Essene: Gold is in everything. The art is to get it out. And that's what I work on.

Arthur: They put sodium in silica and aluminum to alter the crystalline structure to strengthen them.

The Essene: Anyway, I've been working on what they call "schist", or, solidified ocean mud. There is a schist line that goes from Mexico to Alaska. You can amalgamate the gold in it using ['ishival'? should be "ethyl"?] alcohol instead of water. You can get about 9 oz/ton gold out of it that way. With the leach I can recover about 230 oz/ton. I leach with 'saltwater'. I hardly use amalgamation any more. Everyone has gone to salt leach.

Barry: How do you get it out of the saltwater?

The Essene: Charcoal, zinc, etc.

What's nice about it is you can run AA samples from the leach and get an instant reading. When you've got a pregnant solution you just pull it. The trick is the leach has to be alcohol with salt at a pH of about 8.5 or 9. It is very simple, cheap, and environmentally friendly because it uses up the salt. The leach starts at about 9.5 (adjusted by adding lye?) and ends up at about 8.5. If you add HCl, as part of a 2 stage leach, you get your salt back. The salt leach on the shiest pulls about 118 oz/ton. Then I do an acid leach or firing on the tails because whatever stopped it from working is no longer there.

Arthur: Yeah, I've seen things open up with a pre-leach.

(15:49 min)

What we are considering is the gold that's mixed with sodium silicate. Gold gets coated with it. The alkali leach dissolves the sodium silicate off of it so it can be leached. That's what we think. We may not be right, but it works.

I've been in 2 gun fights so far over the platinum metals I produce. So far they have just sent idiots. When they get serious about it all they would have to do is take me out with a rifle when I'm on the road or as I'm walking back to the house. That kind of puts the fear in me.

Arthur: I had a good friend that coated his liver with osmium. He put a lot of time and money into developing his recovery of 154 and then couldn't market it once he had it.

The Essene: Vitamin K, the stuff you get from parsley, etc., takes osmium out of the body. If you're firing it and you start to get an itch, that's the first sign that you're getting too much. Take vitamin K immediately and go to the doctor.

Arthur: They had to open my friend up and scrape the osmium off the outside of his liver.

The Essene: He was lucky. Osmium turns to metal inside the human body. It is 1000's of times more active than any other catalyst. It makes everything in the body work wrong.

Arthur: What is the effect of m-state mercury in the body?

The Essene: When you convert mercury to the m-state there is quite a bit of energy released and it actually steps down to 195 gold m-state. Then if you step that back up to 197 you will have pure gold metal. You can do this without fear of nuclear radiation because the electron cloud is pulled back. The nucleus is bare and you can add and subtract protons and neutrons easily, at low temperatures and relatively quickly. So if you make pure m-state mercury it is safe to take. But if you don't get it right it can kill you. You have to get all of the unreacted mercury out of it. I do that in a glass distillation retort. At 500C the 195 volatilizes out and forms a white powder when it condenses. That's pure m-state.

(21:48 min)

Barry: [name] has parted gold, iridium, etc out of seawater with the microwave furnace setup and got the same numbers you got.

The Essene: That's how I got them.

Barry: He dissolved everything in acid and what didn't dissolve he parted by heating it to 500.

Arthur: I'm doing the partings in very narrow pH ranges with a little ammonium chloride. The chlorine in is just transferring back. I use real super-dilute acid, very slowly.

The Essene: This is the problem. You can make the stuff up and it won't work until you get it diluted fine. I dilute mine 20:1.

Arthur: Then I've got to dilute even more. The slower I go and the more dilute I get the better it works.

(23:09 min)

The Essene: I put a plant up in China and they process [Nevada?] ore into each individual metal. They hit it first with ammonium sulfate to precipitate the rhodium. Then they hit it with ammonium chloride to precipitate the platinum family and a little palladium. A little bit of gold comes down with it. Then it goes to the 3rd stage where it's hit with ferrous sulfate to drop out the gold. Then in the 4th stage the pH changes from acid to 7 and is filtered and hit with powdered zinc to get any more gold missed in the process, which is quite considerable. Out of a 150 ounce sample I get 50 [m-state?]. It's an iron ore mined at Lovelock, NV. That's an iron oxide ore.

I turned 6 flasks of mercury into gold and then I quit messing with it. It's easier just to get the gold out of rock. Nearly all the gold I get is converted to m-state for medicine for people who need it. I'm old. I don't worry about it. I'm not rich, but I have enough to get by. When people with cancer and debilitating diseases come to me they haven't got any money left. They've got their kids in hock and the whole works. I want to help them because they're pretty far gone when I get them.

Barry: Does gold work better than M-3 as a medicine?

(27:00 min)

The Essene: Each one of the m-states does a different job. Gold is more or less for enlightenment. For years they thought that nerve signals went down the center of the nerve. But it doesn't. It goes down the fat sheath around the nerve. It is actually m-state gold in little spots all through that sheath that carries the signals. It builds up a charge from the earth's gravitational and magnetic fields. The brain triggers the stored energy in this fat sheath with light. When one trigger spot on a nerve is activated they all go off. If that m-state gold gets contaminated it goes out and won't work as a light receptor any more. This means you have to use more energy to trigger the nerve signals. When the contamination gets too heavy the nerve signals can't get through at all and you start having organ failures. Multiple Sclerosis and Hepatitis C are examples of this nerve contamination. They are very easily treated with m-state. So I do not make too much for AIDS patients because I don't like how they get.

Now, if you did not have rhodium, iridium and gold in your body you would be dead. Those are the only thing that make the brain work. Gold is strictly for easy of nerve control. If your nerves aren't working well your health starts to deteriorate. Rhodium is the undertaker of the whole body. The white corpuscles pack it around in your body. A white corpuscle examines each cell of the body and reads it's DNA strip. But if you've got a carcinogen that is kinking that DNA strip the white corpuscle can't read it. But if you have an m-state iridium atom accompanying that white corpuscle it will take the carcinogen off the DNA strip. M-state can also increase your T-Cell count by about 150

times. So the m-state iridium examines the whole cell while it is there and if the cell is bad it takes its DNA strip with it when it leaves. Then an m-state rhodium atom is left behind in the cell. It cannot stay in the m-state in an unhealthy cell and drops to the metallic state. In the metallic state it is highly poisonous and it kills the cell. Then other white corpuscles come and carry the mess away. The one of them that takes the DNA strip goes out and gets a T-cell and from that gets a red corpuscle. It puts that all together to make a brand new healthy cell to replace the old one. This newborn cell has a very thin wall and the nutrients are able to flow into it freely. As we get older our cell walls thicken and that restriction of the nutrient flow causes further aging. So when the T-cell count is elevated your body has a real good chance to do its repair. So you actually get younger as you take the m-state.

Iridium takes the carcinogens of the cells. The energizing effect people feel with m-state iridium is from the cleaning it does. We constantly poison ourselves as we go through life. If we don't clean it up from time to time it will eventually get us. If you are interested in this kind of stuff you should read "Journey of Souls" written by a master clinical hypnotist in California named Michael Newton. The book is strictly case histories of patients. It draws no conclusions. His work in hypnotism is beyond anything I had even considered before. He started out by regressing pain sufferers to find out where their pain started. This led him to the patients' past and in-between life memories. The book is good. It's worth reading. Anytime a person is all broken up about a death in their family I give them a copy of the book. It helps them to accept it and to move on. The book makes clear that there is no heaven or hell. We, as souls, set up the lessons of each life ourselves. The only hell I believe in is hell on earth. The entity comes down here to learn a lesson. When it has completed that lesson it is going to leave. All the efforts to keep that person alive beyond their time isn't going to do any good. When it's time for that soul to go home it doesn't care about the body. Someone in my family took the m-state and cured their cancer. But 2 weeks later he caught pneumonia and died.

(39:45 min)

(Personal stories)

(41:05)

The Essene: Chemotherapy has a 10% cure rate and 90% death rate

(42:25 min)

The Essene: About 5 years ago when I first publicized this m-state stuff a shaman came from Australia to see me. He hadn't heard of me directly. He just showed up. They don't hunt down an address first the way you or I would. They just go. So he came driving up my driveway. He spent the day here talking to me and going over the processes. I made some m-state while he was here. He was very interested. He said their people had been on it for several thousand years. They would pan gold out of their creek beds in the rainy

season. Then they would boil that for 2 weeks in a solution they would make from fire ashes. That would be potassium hydroxide. Then they would precipitate it and they would ALL eat it. If it wasn't for that they wouldn't have survived.

There is a book called "Mutant Message" that a woman wrote about her past life as an aborigine. Everyone would overdose on this gold m-state they made and then they would sit in a group. They would choose 1 person from the group and they would each tell them what they wanted to eat and that person would lead them to it. The first one might be a certain animal which they would find caught in a snare of some sort. Then it would be the next person's turn to have their wish manifested. They would go on with this process until the gold m-state effects diminished to the point that they needed to do it again. They took it in liquid form. They used acidic berries to precipitate it.

I've got another shaman from Alaska that I'm working with. Her name is Skipper.

Barry: She does the fire method. The wood ash method. I like Skipper. She's a sweetie.

The Essene: I treat her real good. I thought I would scare the hell out of her at first. When she first put her call out to me I answered her call and presented my face and upper body in the sunset. It didn't scare her in the least. I do a lot of that kind of stuff. It's one of the advantages of taking the gold m-state. You can present yourself in what looks like physical form. They can touch you but you're not actually there.

I presented myself to my daughter once when she was in a bar with her girlfriend. I told her to go home because there was work to do. The gal she was with saw me. So later she came here to meet me in person. I do it to my daughter all the time, when she gets out of line. The first time I appeared to her was when I was in Yelm. I sat down by her bed and woke her up and I talked to her for awhile. I was just checking on the place to make sure everything was alright. She spent the whole day looking for me. She just knew I was there. (laughs).

Another thing I did from Yelm by astral projection was an m-state assay of the Great Salt Lake in Salt Lake City. They asked me at the Ranch if I knew what the GSL water was. I said I didn't know but that I would find out. So I filtered the solution out, raised the pH to 10.78 and it all came down. Then I distilled each material out and [?] it and weighed it. A lot of people there saw me. While I was on that trip I was also out cutting and stacking wood. If you don't want to be missed when you take that much consciousness with you on an astral journey, then you have to busy yourself with a menial task. Other wise you are missed because your body would be comatose until you got back. It's not a safe thing to do. Several such comatose astral travelers have been buried for dead.

Arthur: Worse yet you might be given medical treatment!

The Essene: I'm blind today because of medical treatment. I was involved in a serious accident and they decided that I didn't have enough money to pay for my treatment. So they didn't give it to me. When they found out I did have the money it was too late. They had 24 hours to do it and they didn't. I get around pretty good because I know that a crippled person is only crippled in their mind. I can see well enough to read and do other necessities. But my actual physical vision is equivalent to looking through a pinhole in a card. The law says that if you stare at a girl for more than 10 seconds that you are committing a crime. I cannot even find her in that time. But I have no trouble reading and getting around. As long as I have someone with me I can even work on very small things. I just have them look at it for me.

Barry: How would you do a mercury m-state conversion?

The Essene: I take the mercury and make a sodium amalgam and then I boil it in lye. Then I filter it out and titrate it. Then I start rinsing my titrations until it's clean.

Zinc is for when you are doing it with impure products. It gets the sulfur out. It's just as easy to put a little quicklime in it rather than zinc because that will precipitate the sulfur too. You would do this step before the precipitation of m-state mercury. You would boil it in quicklime first. The sulfur and calcium, etc. will come down as a sludge. I do a pound of mercury at a time in a little saucepan. I tried titanium but it didn't last. It's very expensive and it got brittle from hydrogen embrittlement. I just use cheap stainless steel. I put the lid on it quickly. I don't care if it starts reacting before the heat is on. All you have to do is heat sodium metal to 100C and it goes off. I just heat it long enough to get it started reacting on it's own. About 3 pounds of sodium metal should convert 1 pound of mercury.

(57:00 min) (end 04 001 1A)

(04 002 1B - October 12-13, 2001)

The Essene: ...after that they wanted to make sure they didn't fart wrong.

Arthur: When mixing the mercury and sodium to get as efficient a mix as possible...

The Essene: Don't worry about it. I get my conversion. I boil it in the lye and the mercury that stays in the bottom as mercury I just pour back and redo. You can convert all of it if the proportions are right. It has to be 3 parts sodium to 1 part mercury. I don't really worry about it all converting in the first run.

Arthur: How much of the m-state mercury can you microwave at a time?

The Essene: I don't know. A lot of times I distill with the microwave. Some of it converts in 1 pass and most of it doesn't. I just set the stuff that distills aside as product. I really don't worry about it.

Arthur: Have you ever fired the mercury down as gold and then taken it back up as m-state?

The Essene: Whenever I have gold in my hand I turn it all into m-state. But when you make mercury amalgam you are playing with something that has killed a whole lot of people. If you use it correctly to make the m-state it is unreal! But if you make it wrong you've just killed everyone who takes it. It's just not worth the gamble. It would be safer to convert metallic mercury to m-state mercury, convert that to metallic gold and then convert that to gold m-state. I don't mess with mercury because it is so easy for me just to get the gold out of ore. If I was in it for the money I could really upset the gold market. So I just do enough to keep going with what I do. All I need is the love of a pretty girl. That's all. When you're sitting in front of the TV on a lonely evening and she's curled up next to you, that's heaven. That's what it's all about.

Arthur: Have you ever sent any of the gold you made from mercury out to be assayed?

The Essene: I am a certified assayer. I have a little gold ticket [?] assayer. I used to assay for Hitler. And I am certified for gold. My assay is good anywhere in the world. The gold I used when I started making m-state was about 99.999% pure.

You'd be shocked to see how much sulfur and nitrates is always in your water. Almost all water except distilled has both. If you want to screw up a precipitation just get some nitrates in it. When I set up the plant in China I didn't think I would have a nitrate problem, but it was in their well water. China is literally starving to death. They have plenty of food, but there's nothing in it. Instead of sequencing crops like we do in this country they grow 5 or 6 crops a year on the same ground. They have done that for 1000's of years. They are desperate for production and they don't realize how depleted the soil is.

Some of their people put on packs and climb the mountains up above the tree line to scrape lichen off of rocks. They make a soup out of it. That's one of their main course foods. It's considered a Chinese delicacy. But in truth, there's nothing else to eat. They don't have onions there, but they have a fruit that looks like it. It is actually a tulip bulb. Any spot of ground as big as this table will have a crop planted in it. Everything is used. My female interpreter went to the ladies restroom out there at the plant where we were working. She was afraid to come out because our guard dog was at the door and she wasn't sure what it was. They talk about dogs in China but there are very, very few of them to actually be seen. But if you order a pork chop in a restaurant it will have lots of little vertebrae in it. So I lived on stir-fried chicken while I was there.

I tried to eat with them several times, but what they consider good manners turned my stomach. They sit around a big table with a 4 foot diameter lazy susan in the center. You just turn it to serve yourself the rice, tea, and chopsticks. Then you choose a fish out of an aquarium and they boil it, head included, right on a little burner on the table. Then everyone reaches over with their chopsticks and takes a piece of the meat out. Then when they've finished with the white meat they start on the head. Then I get sick. They actually fight over the head. They like the eyeballs and the brain.

(11:00 to 13:40 min was small talk)

Barry: If money was no object what would be the best method to assay m-state as metal?

The Essene: I have 2 methods. One is precipitation with sulfur dioxide. That breaks the bond and it comes down as metal. You can precipitate it out of just about any acid with sulfur dioxide. Even out of saltwater. The other method is with near-ultraviolet light radiation. That is the only band of light needed if you are using sunlight. I used to hang a 4 foot fluorescent fixture with black light tubes in it over a tray of m-state to convert it. That only converts the very top surface. It's the very longest wavelength of UV, known as UVA, that does the conversion. That also happens to be the safest UV to work with. The fluorescent tubes work real well but they only convert the surface material. That's why Solomon only swept the very top surface of m-state each day. They would precipitate the m-state with either wood ash or trona (sp?). That's soda ash from dry lake beds.

I've been on m-state all my life. I thought I could get David Hudson to bring the information out to the world but he got greedy with it and it didn't work out. Yes, he went off the deep end. At first I thought I could stay in the background when Hudson started presenting his information, because I don't want publicity. I like living my own life. You'd be surprised what trouble I cause when people bring pretty ladies to my house, because I treat them right (laughing).

I was 7 years old when I started making m-state. I lived at Manchester where the naval ships came in to get the crude for their boilers. They had a ferry dock out there where I would launch my little pontoon boat and go fishing. I came back with some seawater one day because I just remembered how to make it. My dad was a scientist and mathematician. He taught college. He was also an electrical engineer at the naval yard when we were at war. So I always had access to the proper stuff to work with. I took the seawater precipitate for 55 years before I started working with other source materials.

When I was a lot younger I used to have lots of girls around all the time. I was like a dad to them and they would stay at the house. They all thought they needed to lose weight. But the ones that really did need to lose weight I would make up a drink for in the morning and they would lose weight like mad. The ones that didn't need to lose weight I

made up a different drink for and they didn't lose weight. I could take about a pound a day off of them with just an eggnog. It was just 3 or 4 raw eggs with whole milk and sweetener. The human body cannot use the fat it has stored if it doesn't have enough protein to do it with. An egg is just about a perfect protein meal. The cholesterol in eggs is the good kind that your heart needs to stay healthy. So this eggnog will kill your appetite for 6 to 8 hours. They all wanted big breasts too. So the ones that actually needed it I would slip a little estrogen into their drink.

(26:20 min)

Once you have taken gold m-state you no longer lose your memory between lives. Your past life knowledge is always there in the back of your mind if you want it. I was a teacher in Solomon's time. This is the first life where I was not a teacher. Yes, I have a few students now. Like [name] now. She can point out a spot in a clear blue sky and a bolt of lightning will strike it. She went to her high school reunion and her old girlfriends started belittling her. She didn't like that. So she ended up pointing out their houses in town and striking them. She damn near burned the whole town. There were 5 strikes. I told her she was a bad girl to have done that.

Her little girl has been on m-state since before she was born and she has an I.Q. of about 200. It's not real fun when your 3 year old can out-think you. Her daughter had been her grandmother previously, so there was a little bit of dispute about who was the mom. One day in the car the daughter directed her to where the grandmother's house was and said, "We used to live there when you were little, but we had a big car". On another day the mother brought a cat home that peed on the bed. So she got rid of the cat. The daughter put her hands on her hips and said, "When you were little you peed on my bed and we didn't get rid of you!" The mom and dad are no longer able to correct the daughter. They are only able to control her with bribery.

(31:35 min)

Arthur: When you bring the m-state out of solution as metal with sulfur dioxide are the metals separated?

The Essene: It makes a red powder. It always comes down as compounds. If you go through the parting procedures in ['abe smith'??] book you can get it. He's great. He was the curator of London School of Mines. I've tested all of his procedures and I know they work. If you fire it with silver nitrate and reduce it with iron you will get 100% of the gold. Then you have to beat it real fine and lay it out in the sun for awhile before you part it. Or, you have to use a channel parting, not a severe parting. It takes awhile to stabilize it. Solomon's parting with the green manure took 7 years. They didn't have nitric acid. I find that ['socleric' ??] acid parting works badly with [tron?] I use little or no nitric acid or nitrates for that kind of stuff at all. I don't use nitric acid or lead.

Have you ever played with osmium? You put it in a beaker so it's half full and it will climb right up and out. Any osmium will do that. But keep some vitamin K on hand if you plan to play with osmium. If you start to get an itch that feels like bark dust slivers take the vitamin K right away. Don't let the itch develop. Osmium kills the vitamin K in your body and once it's gone you've got shingles.

(37:20 min)

The Essene: Many years ago the women used to be evaluated by the amount of gold they wore. The ladies all got together and bitched about it. They didn't like walking around with 20 pounds of gold hanging on them. They wanted it lighter. This was 6,000 to 7,000 years ago. So this guy made a tea out of peaches and distilled it. Then he put an iron and a copper rod in a bottle necked jar and added the fruit juice. Then he electroplated gold onto light base metal. It made him real rich and the women didn't have to pack all that weight any more. Those batteries are in a museum now and they still work.

(39:15 min)

(in the lab)

(39:57 min)

Barry: The first time I came here I took some video of you, just showing your hands, doing the sodium burn. Is it o.k. if I show that to some people?

The Essene: Sure, that's o.k. What I Don't want is to have you shooting video in the rest of my lab.

Barry: Everyone I've ever given your phone number to I've asked you first.

The Essene: If anyone's got a computer they can get my phone number in 2 minutes.

(taking pictures of walnuts)

(44:00 min)

The Essene: The m-state makes everything grow so big because it enhances life. It never helped me that way though.

(dead air)

(51:40 min)

The Essene: ...adjust the flame to where I want it and run hydrogen gas through into it. That reduces all the precipitate to metal.

Barry: If you want to hydrogen reduce the precipitate and keep it in the m-state...

The Essene: You can't. Once you reduce it it's reduced.

Barry: Hudson talks about hydrogen reducing it when it's in the m-state and that's how he gets it to the...

The Essene: He's actually just distilling it.

Barry: To the high purity form?

The Essene: Right. He's just distilling it. But hydrogen hurts. It doesn't help.

(showing a (hydrogen reduction furnace?) made of fire cement around a chimney liner)

It's a high temperature chimney liner.

Arthur: Do you know what the [Lawnsenburg?] Process is? You saturate a material in potassium nitrate, or some other nitrate salt. Then [?] and dry it. Then you put it in a rotary kiln so the blast goes around it. Then you run the (off-gases?) through a tunnel with spray bars...

The Essene: If you used (oxalic?) acid through the spray bar then you captured all the gold. Otherwise it all goes up with the smoke.

Arthur: I didn't use (oxalic?) acid and I didn't get any gold.

That looks like one of the tilt furnaces that Bill [Hauglunds?] used to build.

The Essene: It probably is one of them. Yes, I know him. I do a lot of work in Nevada. This is the lab where I work out the procedure. Then I go to the big plant to run it.

(56:02 min)

The Essene: Yes, at pH 12 to 14 all the good stuff is in solution and it is absolutely clear. This over here is pure HCl that I boil the palladium precipitate in after I've taken the gold out of it. It's metallic palladium. The m-state Palladium softens your skin and makes it real baby-smooth.

(End 04 002 1B) (57:00 min)

(04 003 1C) (visit 4)

The Essene: ...[sorcery?] training. And we did a crossover if we could (?)

Barry: This was when you were in college and he was a guest speaker?

The Essene: He just came there. He took a group of us out and trained us. He was a real intelligent man. He was real good at what he did. He already had a new body because he did a 'walk-in'. Some guy didn't want to live any more and he had a beat up old body so he took it over by agreement. He didn't steal a body. I'm really nervous about walk-ins that I know of, wondering if they were really consensual or not.

(looking at M.H.'s report) Now all of the rats in this whole test were injected with AIDS.

(dead air)

(4:42 min)

Barry: (name)'s [nutrifil?] count went way up. And her T-cell count went up too. But it was too late. It didn't come up far enough soon enough.

The Essene: She screwed up when she went off of the m-state. It would have worked for her if she had stayed on it.

Arthur: The standard medical treatment for cancer is a death sentence.

The Essene: (looking at report again) Right in there it tells how high the T-cell count went over normal.

Arthur: I think it was 200% over normal.

The Essene: He gave me a big lecture about making my m-state with better filters, etc. because he wanted it to be injectable. I make mine for oral use only.

Arthur: I'm making a mineral supplement from sea water with no health claims what so ever.

The Essene: ...simply playing with it. Otherwise you loose all your precious metals to volatilization before you ever get it warm enough to work. After boiling it in lye I rinse all the salt out of it first before I do any chemical separations.

Barry: You could put like a lobster trap over the side with a bucket and some electrodes...

The Essene: You need the current. But the current carries the precipitate away so you have to protect it. The m-state falls and you keep new ore circulating over it so that it keeps working. We tried several different designs.

So you have a plastic bucket with a bunch of holes drilled around the top. The electrodes are held up from the bottom so they don't short out from the sediment. But, it was fun.

(8:40 min)

Many years ago I wanted a large amount of m-state. So I took my diving gear out and I had a parachute over the top of a barrel of the water. Then I bubbled a lye solution right through it. I got this white snow that fell on the parachute before it went on down in the barrel. I was making it by the barrel. I was just playing with it.

Arthur: The stuff that's plated out there is the mixed metals. The gold is the only thing I could possibly market.

The Essene: Or palladium. It's not cartel controlled.

Arthur: What is the best wet chemical method to just save the gold?

The Essene: I go in with aqua regia to digest it. Then I cut the syrup with water and start the standard precipitation method. Let me show you a book. It is "The Sampling and Assay of the Precious Metals" by E.A. Smith. It has it all laid out step by step. The only thing it doesn't tell you is the pH's. Rhodium precipitates out first at pH 1.85. Then platinum at pH 2. Gold is at pH 2.05. Then you Gilchrest it to a pH of 7 and zinc dust it at just above 7. The solution has to be filtered real clean before you do that. You have to re-filter between each step. The zinc is to remove the palladium and the excess gold. That's what you do with the precipitate at the bottom of your electrolytic cell. The stuff I drop down originally is precipitated with SO₂.

The precipitating agents are: ammonium sulfide for the rhodium, ammonium chloride for the platinum, ferro-sulfate for the gold, and the palladium is metal exchanged by the zinc. Then you can wash your palladium precipitate with HCl. The Palladium will go into the acid and the gold is left behind. Then you can re-precipitate the Palladium with any of the chemicals listed in the book. They all work. I like titanous sulfate because it gives a clean precipitation of metal and you don't have to go any further.

(14:04 min)

Arthur: In the m-state you said that ruthenium comes first at 200C and then the gold at 425 to 426C. Where was the palladium?

The Essene: I've never nailed it down for sure but I think it's around 1200C. Rhodium is 1900.

That gold button there is made for a particular use. Notice that it isn't domed. That alloy there is close to 10 times harder than steel. Its melting point is close to 2500C. They induction cast it. It's iridium gold. It is used for setting very expensive stones in jewelry because it won't let go. I get \$800 per oz for it.

When I'm checking a platinum bearing material I do a copper assay and it makes a copper looking button like that. Copper's nasty. It's too hard to separate the chemistries because they are too close together. You never get it clean.

Barry: At what temperature does m-state platinum sublime?

The Essene: I don't know. I usually cook it at about 2500. I never did any real tests on it. I just work it where it turns out good.

Arthur: How efficient is this method without a collector?

The Essene: Real efficient, if you've got a furnace that will do it.

(19:57 min)

Remember we were talking about that car alternator that you had taken the 2 leads out on? You spin that at high rpm's and rectify it. Use 12 volts to excite the coil. You wind your coil just big enough to put your cup in with a "kind of tight" fit. I use 3/8" copper tubing and go probably 4 turns. I usually put refractory cement around the outside. A lot of times I use what they call 'wet blanket' alumina silicate insulation to wrap the inside. I use a lot of it for my microwave work. I can put 5 lbs of gold in that little microwave in the lab and pour it 20 minutes later.

Arthur: That method melts everything real good! J.M. was doing everything in little tiny amounts and preheating it. I just put a crucible in cold and turn it on and it goes.

The Essene: You have to use a cooling fan, etc. to make sure it can take the constant high heat. I always use stainless steel lined microwaves. The commercial ones that boil a cup of water in 10 seconds are great.

Arthur: So, you've got this alternator turning at 10,000 rpm with the diodes taken out?

The Essene: The rotor is where the 12 volts goes. It's a generator, except that the rotor is the field and the stator is on the outside.

You get the gold glass at about 1100C. Once it turns to glass it doesn't evaporate unless you break it up. You heat it quick to make the glass.

You've got to put a capacitor across the coil and adjust it to make a resonant circuit on the cup. It's like tuning a radio. When you've got it tuned right the cup heats up fast. You are making tank circuit and tuning it to the generator's frequency. I use oil filled caps at about 20 mfd.

I was involved in making most of those National Geographic films with the mini-sub off the Pacific coast. I was on the crew in the mini-sub. My wages were free. We had a catamaran for a base boat but we weren't even allowed on deck. They had a party going on there. Alcoa would send their prominent people out for vacation doing "ocean research". So we were stuck 'below deck', but it was still worth it. Anyway, we were about 2000' deep off Alaska where there were lots of walrus. There were just mountains of clam shells on the bottom. The walruses would dive all the way down and dig the clams up with their tusks. Whatever stuck between their tusks they would wash off and sit on the mountain of shells and eat. They were staying at 2000' for 45 minutes or so just eating one clam after another.

Arthur: I tested oyster shells for m-state but I didn't find much in them.

The Essene: you can take wood ashes from just a particular plant and boil them in water and precipitate the m-state out. That tells you how much of which m-state metal is used by which plant. That Sai Baba in India eats wood ash straight from a particular plant that's real high in iridium. He has so much iridium in his body that he sweats an oil. If someone with a disease touches him they can pick up enough oil to cure them.

Barry: For awhile if Jim would brush against a gold plated picture frame with a particular sweater he always wore it would brush the gold right off the frame. The oil was such a good solvent.

(34:08 min)

Arthur: Last night when I bottled the C-11 I got shocks off of it. Heavy shocks. I was standing on a wood floor at a wooden table.

The Essene: It takes it's energy from the gravitation of the earth, the magnetic field of the earth, and even the time flow. It alters all of them. It converts them to electricity and you get zapped. Didn't I start something terrible by bringing this information out?

I remember in my past lives how the girls made it and dried it in the dark after they filtered it out with cloth. Then they kind of led us around by our noses to get us to take it.

The object was to never get sick because they didn't have doctors. If you got sick you died, and they didn't like that idea.

Barry: What do you do with the gold glass you make?

The Essene: People want it. So I send it to them.

Arthur: Don't they have this huge slab of green glass at the temple at [Beilbek?] that they don't know where it came from or how it could have been made?

The Essene: Ya. And they found several of them in India. They dug one of them up. It was solid human bodies under it that were all more radioactive than the bodies at Hiroshima. It was a nuclear blast. 30,000 years ago they had a nuclear war on this planet and the people were literally annihilated. When they excavated it they even found people holding hands lying side by side underneath the green glass. Not very nice. So, nuclear war is not new to this planet. It's been here before.

Barry: What would it take to get you to make some gold glass that I could show around, take pictures of and put on the Internet, and play with. And an iridium disc.

The Essene: It doesn't make a very good glass. You can scratch it with your fingernail and it turns to a powder. The iridium disc is the problem. I've got to get enough iridium cleaned up to do it. The last iridium I had went to [Cox?] in Florida. I sent him 12 pounds. It's \$1500./oz and I gave it to him for free.

Barry: See, what I do is put information on the Internet at 3 different levels. There is one level that everyone can get to and that all the search engines know about. Then there's another level that a larger select group knows about. And then there's a level that I reserve for only those I absolutely trust.

The Essene: I'll help anybody. But the reason I want to be kept out of it is that I get a whole bunch of fanatics. As soon as they find out what enlightenment is and what this stuff does to you then they've got 10 million reasons why they'll die if I don't give it to them. Most people can't handle it. If they start out slow on it anybody can take it and learn as they develop. But you don't want to open the door and get slammed in the face with Red Gold or something like that. The way I drag somebody through enlightenment is this: I start them out on C-11. And then I move them to the M-3 until they go through their stage where one day they are a normal person and the next day it's a whole new world for them. Then they're ready for the gold. If you don't prepare them for the gold then when they take it the gold will lock them in to the consciousness they are at and they can't progress any further.

Then when you take the gold you find out the whole world minds you. If you want good weather it happens. You can make the sun come out and shine any day you want. If it's pouring rain you can turn it off, etc.. But the thing is, you'd better not be a hypochondriac because whatever you fear will materialize. When on the gold you can manifest anything in your own body. You cannot have an [incure?]. If you work that out and use your abilities correctly then you will find out how I see.

(end 04 003 1C at 42:09 min)

(04 004 track 11) (visit 4)

The Essene: When I'm purifying it I start out in a tube furnace at about 400F. You start getting a few little white flecks. Then when you get up to 600C it's all gone.

Ruthenium comes off at about 200C. It's worthless though. I collect it as fumes in a distillation tube. But I usually just don't even mess with it. I know it's ruthenium by chemical analysis. Once I do extract it I just drop it to the diatomic state with sulfur dioxide so I can weigh it. You can't weigh anything in the m-state.

After gold distills off there is a big jump. There is a little palladium smoke, but normally I skip past that to the rhodium. Out of the Oregon ocean schist I am recovering 118 oz/ton of gold and 6 times that much palladium. Then I take the sludge that didn't go into solution and acid part it to get another 120 to 130 oz./ton gold.

(break in audio from 2:52 min to end)