

THE COSMIC MATRIX PODCAST

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THE COSMIC MATRIX PODCAST



EP 129: DETRANSITIONING, SUB-PERSONALITIES AND SPIRIT ATTACHMENTS W/ LAYTON *PART 1*

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Laura and Bernhard talk to Layton about her journey of de-transitioning. Having left a religious cult and then the cult of gender ideology, she is passionate about educating others about mental health, healing, and spirituality in a way that is founded on the principles of Occult Science and heavily emphasizes personal autonomy, wholeness, embodiment, and self-transformation.

Layton shares her experiences, what caused her to de-transition, how trauma, sub-personalities, and spirit attachments played a role, how she healed, and her advice for anyone who is or who you may know who is going through something similar.

Layton's links:

- Website: <https://psychicsomatic.com>
- Youtube: <https://www.youtube.com/@PsychicSomatics>
- Twitter: <https://twitter.com/originalange1>

Video:

[Detransitioning, Sub-personalities and Spirit Attachments w/ Layton | TCM #129 \(Part 1\)](#)

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Self-Work To Embody Your True Self**

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Show Notes Part 1:

Layton's background

The importance of somatic work for psychic development

Trauma, dissociation, addiction, and Layton's experience in a religious cult

Layton's Near Death Experience and hitting rock bottom

Encounters with demonic entities from the lower astral realm

Layton seeing a therapist and being diagnosed with Dissociative identity disorder (DID)

Layton's Introduction to Occult Science

Layton being encouraged by a therapist to embrace that part of her that feels like a man and change her gender

Sub-personalities [based on Trauma] and entities/spirit attachments that "inspired" her to "become a man"

Layton's confusion and how the gender clinic ignored her hesitancy and pressured her to change her gender via hormone therapy

Layton's physical and psychic experiences once she started the process

The detrimental effects of testosterone therapy

Different kinds of entity attachments and how they enter us

How earthbound spirit attachments of the opposite sex result in gender confusion

How locations can be hosting locations for entities

The social contagion of transgenderism and gender diversity

The importance of knowing the difference between a wounded part of yourself as opposed to an entity attachment

Any entity attachment/inference needs an entry point

How Layton learned to protect herself from entity interferences via somatic work

How artwork, used things/furniture, and clothes can contain malevolent energies

The teaching function of the occult hostile forces

There is a necessity to recognize the spiritual reality with the psychological work

In Part 2 (only for members), we go deeper into:

How the political Left and Right both don't understand or misuse Trauma

The trap of identifying with Trauma

The Ahrimanic materialistic impulse in psychology

How Layton was surrounded by people who "affirmed" her decision to become a man, which made things worse for her

The work of Occultist Dion Fortune

How Layton's spiritual connection was interfered with the more she "progressed" becoming a man via hormone therapy, resulting in more entity intrusions

How her brother and aunt gave her a "reality check" that she's traumatized and not a "man caught in the wrong body."

Layton's long healing journey on a physical, psychological, and spiritual level

Egregores and group-thought entities

What true support actually entails from friends and family

Layton's story of getting off psychiatric drugs

How SSRI drugs shut down psychic abilities

How Christian Mysticism, along with Rudolf Steiner's work, helped Layton regain her connection to Spirit

Developing psychic abilities via spiritual science and somatic work

The issue with the rise of dogmatic fundamentalist Christians

The lessons Layton learned on her journey

Layton's mission to help other Transitioners

The most important part of any healing is to connect to the body and awaken the somatic intelligence

The backlash and death threats Layton experienced from the Transgender community

We're up against a legion of egregores that are being fed over and over

Spiritual protection suggestions and techniques

The esoteric meaning of "Be wise as serpents and gentle as doves"

How do you detect wetiko working through you or being overtaken by an egregore

The Ahrimanic impulse, Transgenderism and how it relates to Transhumanism

Layton's advice for parents and children so they don't get taken over by the Woke Transgender agenda

Go **HERE** to listen to Part 2 if you're a member or **REGISTER** to become a member to have access to the membership section (including the membership forum.)

[Intro and outro music clip by Seeded Vision]