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Issue 14

People-Funded Paper

thelightpaper.co.uk



40,000 vaccine DEATHS reported

MILLIONS also injured in UK, USA & Europe, Page 3

'Free world' nations become tyrannies

Life inside Australia. New Zealand, Canada, Ireland and much of Europe has become a DYSTOPIAN nightmare

IF it were Russia, China or North Korea, there would be talk of sanctions from the UK government over the unlawful behaviour of police and governments in many Commonwealth and European countries.

Many residents cannot socialise, meet up or otherwise enjoy normal life, without fear of being excluded, arrested and beaten. News is heavily censored and behavioural psychology (mass mind control) is widespread, leaving populations hypnotised and unable to deal with simple, verifiable facts.

Mandatory mask-wearing is the norm, even when outside, often along with having a reason for being out - inmates are allowed one hour of exercise per day - and many must show the necessary papers, with police assaulting, arresting, shaming, fining or imprisoning those who refuse to go along with the insane authoritarianism. Protests are met with brutal force - people

have been pepper-sprayed and shot with rubber bullets for daring to question government policy, in so-called free democracies.

Travellers from abroad, including those returning to their homeland, are quarantined and treated like prisoners at their own expense, with a massive new facility at Wellcamp in Queensland with 1000 beds being built.

Police in Australia are now even able to change people's social media posts and comments online due to the 'Identify and Disrupt' Act which was passed in September; framing is now legal in Australia, just as murder and other crimes by the state are now legal in Britain (CHIS Act 2021).

In New Zealand, the entire country is again under an indefinite lockdown, after a few covid-19 cases were reported there. A single case necessitates a 'snap lockdown', in which all rights of millions of citizens are immediately restricted and indefinitely subject to the containment of a seasonal respiratory disease. Residents need special permission to enter or leave the biggest region, Auckland.

Prime Minister Jacinda Aherne has remained committed to the impossible goal of 'zero covid', and ordered the country's police and military to set up security checkpoints throughout New Zealand in an effort to make sure citizens are not travelling, which now carries a massive fine and/or prison sentence as punishment.

Many governments are operating a 'health pass' scheme of one kind or another. In Italy, the government has told businesses to stop paying workers without a vaccine passport. In Israel, only those repeatedly taking booster injections are considered 'fully vaccinated' and allowed the green pass to live a 'normal' life. Evidently taking their cue from the multi-billionaire businessmen who own and control the big banks and corporations, including the major media and pharmaceutical

MHRA LATEST

⇔ GOV.UK

MHRA Yellow Card Reporting

1,651 **DEATHS**

1,204,544

ADVERSE REACTONS

Data correct as of: 28/09/2021

Search 'summery of yellow card reporting' and on the UK governments website, scroll down to the bottom of annex 1 and click the print analysis for each vaccine marker. Reports are made by patients or their doctors and it is estimated only around 1-10% of all reactions are reported.

companies, governments are part of the largest sales and marketing campaign for any product, ever.

Our predecessors all fought together against totalitarianism, yet here are the majority appearing to support the very same systems of government.

The age-old tyrants' ruse of imposing harsh laws and restrictions of freedom under the guise of its being for the good of the people cannot be, and never is, to our benefit. Why cease normal human interaction, and let children live in a world of sociallyrestricted, mask-wearing paranoia, for a disease with a worldwide recovery rate of 99.5%, caused by a virus no one has yet isolated from a symptomatic patient?

These new controls and directives are the vanguard of what is already happeningt to almost every nation on Earth under Agenda 21 and what they are now calling 'the Great Reset' and the '4th Industrial Revolution'. While they have moved the means and production of most things eastward to China, they will be exporting that brand of government westward, and indeed have clearly already begun.

Those attempting to carry on normal life under their inalienable rights are penalised and paraded by elected public servants - and the believers cheer them on, exactly as happened in East Germany and Soviet Russia.

Anyone who imagines they will vote the current tyrants out at the

next general election has another think coming: official opposition parties all support the removal of our freedoms, many think they should go even further. Without concerted effort on the ground, working in our towns and villages to let people know what is really going on and the bigger agenda at play, the slide into total technocratic dictatorship will continue.

For the removal of doubt, a small group of banker families and their trusted lieutenants are creating a digital control matrix where you and your loved ones will be at the mercy of all diktats issued by them, for ever

Social impact investing, the internet of everything including your body, control of food supply and nutritional content, control over energy, transport, travel and communication, all tied to your digital identity with a Chinese-style social credit score deciding employment and access to your digital wallet does this sound like a good way to organise life on Earth?

Is this going to help individuals flourish and mankind to keep progressing? Or is this all for the benefit of an ultra-wealthy few who own the corporations and the countries, and should every right-thinking man, woman and child make Herculean efforts to prevent their plan from happening?

Because right now it is, in a previously 'free' nation near you.

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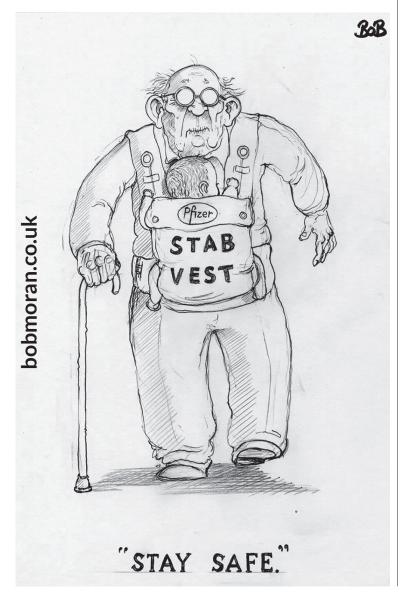


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How easily we are programmed by TV

FREEING your mind is all about finding out what beliefs you hold in your subconscious, bringing them to consciousness and then eliminating the ones that have no compelling evidence or any basis in reality.

Every single thing you expose your mind to affects it. Your psyche is continually being shaped by all kinds of information that you receive from your environment - and that very much includes television.

It is one of the most effective hypnotic tools out there, having a huge influence on the way you think and your beliefs, and consequently how your life turns out. The clue is in adverts; why would companies pay enormous sums for them if they did not influence a viewer?

Your subconscious mind, which carries all your memories and beliefs and makes you who you are, is directly programmed by watching television.

Your mind slips into the hypnotic trance state within seconds of watching TV. This lowers your brainwaves to a lower 'alpha state' commonly associated with meditation and deep relaxation. This is believed to be caused by the screen flicker and explains why you feel sleepy while watching TV.

Under this trance, your subconscious mind becomes highly suggestible and whatever information you receive from the TV becomes part of your memory pool.

Since beliefs are nothing but memories, this information has the tendency to alter your beliefs or form new ones when it seeps into your subconscious mind. You might think the remote is in your hand and you are watching the programmes but, in truth, you are the one who is getting programmed.

Our conscious mind is a security guard that ensures only information we already believe in is allowed into the subconscious, so that our pre-existing beliefs get strengthened. It has the tendency to reject anything else.

The natural consequence of a hypnotic trance state is that your conscious filters are turned off and you are unable to critically analyse information you are receiving.

Moreover, when you watch TV you are unable to do any thinking because information is bombarded continuously into by **HANAN PARVEZ** MBA, MA PSYCHOLOGY

your mind. You get no time to process what you are watching. Your conscious mind is gun-carrying heroes and we shot at imaginary aliens in the garden.

This is strong proof that our subconscious mind cannot differentiate between things we see on the screen and reality. That is



eliminated from the equation, and the information you receive continues to become part of your belief system.

Compare this to reading where you can stop, think and reflect after each line. You, the reader, sets the pace and not the book.

TV, on the other hand, keeps on pouring information like wine into the glass of your unconscious mind and before you know it you are drunk.

This is what we see all around us - people intoxicated with the thoughts of others who never give sobriety a chance by reflecting on their drunkenness.

How many times have you done something just because you saw someone do it on TV?

We are hard-wired to copy others. This is especially important during childhood when our survival depends much on how well we imitate others, such as in eating.

Our entire childhood was essentially a period of hypnosis. We picked up beliefs from all over the place because our conscious faculty was not fully developed. We did not have the ability to question anything.

We saw Superman flying, got a Superman dress and tried to take off from the balcony. We saw wrestling on TV and fought with pillows in the living room. We saw our favourite why as children we believed all we saw on TV and tried to copy it.

Many people never entirely grow out of it. Countless millions of people are getting programmed daily by what they watch on TV. They might not try to take off from the balcony but their life is a good reflection of what they see on the screen.

Find out what programmes someone watches and you can know a lot about what kind of person they are.

People are trying to live the fictional lives they see portrayed in films, many identify with and copy their favourite celebrities and countless others put total faith in the 'reality' presented by their news channels.

TV is not necessarily bad if you are very conscious and deliberate about the things you watch.

Entertain and educate yourself, but do not allow the programmes to programme you with irrational beliefs.

Always try to keep your critical thinking faculty switched 'ON' so that you do not let others control your thought processes.

■ https://www.psychmechanics. com/how-tv-influences-your-mindthrough/

40,000 dead from vaccines in UK, USA and EU

IN the UK, USA and EU there have been a total of 40,289 deaths reported following the shot (measured in the same way Governments state general 'covid deaths'). 15,386 fatalities in the USA, 1651 in the UK and 23,252 in the EU as of 30th September.

There have also been several million 'adverse events', many of them extremely serious involving young people and pregnancies. Needless to say doctors and other vaccine administrators did not warn people of these before injection. Pregnant women have been seriously misled. In normal times the NHS advises "Most medicines taken during pregnancy cross the placenta and reach the baby." But strangely they are not warned about the dangers of these unlicensed, experimental gene therapy "vaccines"

https://theexpose.uk/2021/09/08/ everything-the-governmentand-nhs-have-forgotten-to-tellpregnant-women-about-the-covid-19-vaccines/

Once again the correlation between falling vaccination rates and falling cases is being demonstrated in the UK. After the vaccination rate pick up between 7/8/21 and 25/8/21 there was a big increase in cases between 5th August and the 10th September.

But now after the fall in vaccination rates from 68,076 on the 25th August to 27,229 on 11th September we see the beginning of a fall in covid cases. Taking cases announced on the same day one week apart (for fair comparison):

September 3rd	41,469
•	37,205
10.270 accimic	
September 5th	36,614
September 12th	29,173
20% decline	
	September 3rd September 10th 10.2% decline September 5th September 12th 20% decline

I predict therefore that the daily case rate will now decline in the UK – unless this disgraceful government continues ignoring scientific advice and presses on with injecting children.

We have tended to concentrate on the relationship between rises

by **RODNEY ATKINSON**

and falls in injections and cases but equally disastrous (considering government assurances that although the shot cannot prevent covid it can reduce deaths) is the rise in deaths following the programme.

The UK deaths from covid looked to have reached a peak on December 16th 2020 (613 deaths), but then the trials really got going and by January 20th 2021, daily deaths had reached 1.824 (it is still a record today).

Deaths in summer 2021 after 6 months of the vaccination programme are many times higher

Covid Deaths:

	21st July 2020	25
Ů,	21st July 2021	73

11th September 2020

11th September 2021 156

than last summer. The BBC quoted Boris Johnson as saying that "75% of the people who are succumbing to covid are still not vaccinated" This certainly promotes the BBC line and the Government's – but it is untrue.

Public health England statistics show that from 1st February 2021 to 29th August 2021 there were 1,798 covid deaths. BUT 1,091 (60.67%) of those deaths were fully vaccinated people (a further 10% were partially vaccinated) while 536 were unvaccinated.

There has been massive media censorship of the disastrous effects of the shots, deaths and adverse reactions, with a nasty manipulation of news which concentrates entirely on personal stories of the unvaccinated who fell ill and died of covid - but never the truth about the thousands of healthy who died from the shot.

In May. Canadian vaccine researcher and viral immunologist Byram Bridle, of the University of Guelph, Ontario, warned listeners of a podcast that nursing babies whose mothers had been injected were at risk of getting covid spike proteins from her breast milk. Bridle said that "any proteins in the blood will get concentrated in breast milk," and "we have found evidence of suckling infants experiencing bleeding disorders in

FACT CHECK

70% of covid-19 deaths are among the VACCINATED population; not the unvaccinated population as claimed by Boris Johnson, the BBC & Sky News

the gastrointestinal tract" in VAERS.

A six-week-old breastfeeding baby became inexplicably ill with a high fever after his mother received a covid-19 shot and he died weeks later with blood clots in his "severely inflamed arteries," according to a vaccine adverse event report.

An unidentified 36-year-old woman from New Mexico said she received a first dose of Pfizer's covid-19 jab on June 4, 2021 when she was breastfeeding her six-weekold infant son, according to a report filed with the Vaccine Adverse Event Reporting System (VAERS). "On July 17, my baby passed away," says the report, which first appeared on VAERS August 13, 2021.

One VAERS report describes a five-month-old breastfed infant whose mother received a second dose of Pfizer's vaccine in March. The report says the baby was hospitalized with a diagnosis of Thrombotic Thrombocytopenic Purpura, a rare blood disorder in which blood clots form in small blood vessels throughout the body. The baby died.

Another of these American reported deaths include a 15-yearold boy (VAERS I.D. 1498080) who previously had covid, was diagnosed with cardiomyopathy in May 2021 and died four days after receiving his second dose of Pfizer's vaccine on June 18. It is criminal enough to vaccinate the young but doubly so when nature provides far better immunity than vaccines

Perhaps the most tragic death was of the American Jordan Hayes who had swallowed the government propaganda, called the unvaccinated "idiots and morons" and told others that "I hope none of your family or friends suffer from your complete failings as a functional member of society". He received his second injection on 24th March and died on July 6th following a heart attack and strokes at the age of 33.

One of the few examples of the media eventually reporting deaths from the vaccine was Lisa Shaw a BBC radio presenter for Radio Newcastle.

She died at the city's Royal Victoria Infirmary in May, a little more than three weeks after her first dose of the AZ vaccine. The inquest heard that Shaw 44 had suffered a brain haemorrhage. 'She was transferred to the Royal Victoria Infirmary where she received a number of treatments, including cutting away part of her skull to relieve the pressure on her brain, but despite those efforts she died on 21 May.

Another case was the single mother of a 9-year-old girl, Kassidi Kurill, "a happy, healthy, 39-year-old surgical tech who had no reservations about receiving her second covid shot." In fact. she'd been urging her family to get vaccinated, too. But just four days after Kassidi received her second Moderna shot, she died of liver failure. She had no pre-existing health conditions or recent illnesses.

"I personally know 2 culled by the jab and a colleague at work's best friend had a stroke and was in a coma. Now, not long left to live." Troy Deleon

"In May this year my brotherin-law had the first dose and in iust a few davs was having a job breathing. He was taken into Hospital and was apparently FULL of blood clots. He died a few days later and had a post-mortem at Brighton. The Coroner was very concerned because the medical report stated that the vaccine had killed his immune system and he died of a heart attack. He had tested negative before he had the jab." Mike Pursglove

A roofer, 50 years old, had the AZ jab, immediately got pains in his legs. Diagnosed blood clots: had to have one of his legs amputated. Career and life ruined.

A lady aged about 30, perfectly healthy. Had a blood test: normal. Then had the AZ vaccine; felt ill. Had another blood test: now has serious thyroid problem.

Such is the litany of death and destruction which the political, media and medical establishments are inexcusably covering up.

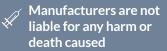
freenations.net

ARE YOU WILLING TO

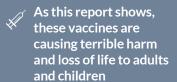


TAKE THE



















Why cash matters



USE IT OR LOSE IT!

ONE of the most important planks to the rulers' plans of total world domination (insert evil laugh) is the cashless society, which many will have heard about but nobody pays much attention to.

It is absolutely crucial that we continue to use cash money, notes and coins, as often as possible if we don't want to see it completely disappear, along with the last of our privacy and personal freedom.

Go to the ATM, better yet the bank if you can still find one, or the post office, and draw out your daily or weekly needs for spending. £200 folds up very small and tidily with the new modern polymer notes, plus

by **DARREN SMITH**

you can keep a much closer eye on your spending if you're about to spend the last of it!

The reason we should all do this, and always get cashback while grocery shopping (though some supermarkets have now ditched the facility giving a hint of the future), is because they will never legislate that cash will be phased out or banned. They can't get rid of what we're still using - the people themselves must opt for the 'convenience' of digital payment methods, and feel that it's much 'safer' - even though over £400 million was lost due to card fraud last year, as opposed to just under £9 million in cash.

True science is never really 'settled'

A dangerous anti-scientific cult is threatening the liberty, property and health of the world's population

THEY have seized power through a co-ordinated, international coup and they reinforce their belief system amongst each other and the general population through their control of media organisations and national governments: whipping themselves into a frenzied hatred against anyone who doesn't share their fanatical world view and pumping out a constant stream of propaganda to defend and uphold it.

The beliefs of this anti-scientific cult now affect public policy in virtually every country on Earth and have led to untold human suffering, erosion of basic liberties and economic catastrophe for millions.

I'm not talking about those who, quite reasonably, refuse to inject themselves with an untested, experimental substance in order to protect themselves against a virus that the cult's own figures show has a well over 99% survival rate for those under 70. Rather, I am referring to the large network of cult members embedded in the international political, media and scientific communities of which Anthony Fauci, Klaus Schwab Bill Gates and Neill Ferguson are just some of the most well-known and well-funded examples.

Having usurped the name of Science to lend weight to their unfounded and completely pre-determined theories, these individuals receive funding for their society-altering project by **CHARLIE O'NEILL**

from a shadowy network of 'philanthropists', government bureaucrats and international organisations, all of whom have a vested interest in keeping the fear alive - as evidenced by the gigantic increase in the wealth and power of the 1% and their lackeys during the same period in which the cult's activities have suppressed, if not outright wiped out, the livelihoods, economic independence and customer base of their smaller, less international rivals

This network threatens not only the lives and prosperity of every human being on Earth (some studies, such as that by the United Nations Office for the Coordination of Humanitarian Affairs, suggest more than a hundred million more people in the Third World may soon find themselves in extreme 'food insecurity'- i.e bordering on starvation - as a result of the cult's insane 'lockdown policies' on the international supply chain) but also threatens to completely ruin public faith in the scientific method itself.

Their mantras such as 'the Science is settled' and 'trust the Science' (and let's not forget 'just listen to the experts') display not only a total lack of understanding of what the scientific method actually is, but a fundamental contempt towards the very spirit of free and open inquiry and moral integrity that can alone drive true scientific progress.

True Science is never settled and, throughout human history, is

frequently advanced in the face of fierce, even lethal, opposition on the part of the official 'experts' of the day. Just think of the 'experts' in the Soviet Union who caused massive famine due to their zealous adherence to the 'settled' science of Lysenkoism or of the Hungarian scientist Semmelweis dying in an insane asylum for daring to suggest that poor hygiene might be contributing to high childmortality in the clinics of his day.

This cult, through means of its worldwide covid-coup, has imposed its dictates upon humanity for 18 months now. In that time all the empirical evidence - the true bedrock of scientific research - has proven them not just wrong but spectacularly, criminally wrong, yet they not only persist in their error but seem to double-down on it: pursuing the same ruinous and criminal policies with ever increasing fanaticism even as the evidence continues to stack-up against them.

The time has come to call these cultists out for the compromised antiscientific maniacs that they are and to totally reject their anti-scientific, anti-freedom and anti-human project.

All free-thinking people must unite to halt the rise of this sinister world movement and ensure that its agents are removed, without delay, from any position of official responsibility or power so that they can never again use the hard-won victories of true scientific endeavour to advance their own goals of world control, mass surveillance and the erosion of basic freedom and prosperity for every one on Earth.

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There is no law above Natural Law - know your inalienable rights

We are hurtling towards a State dictatorship.

The solution is for us to refuse to accept anything less than absolute observance of our inalienable rights.

Inalienable rights stem from Natural Law. Whatever we do or say that is not wrong under Natural Law is our inalienable right. The only limit on exercising those rights is that we live honestly and cause no harm or loss to anyone else.

As inalienable rights are derived from Natural Law, they pre-date man-made law and are universal. absolute and immutable

No one, no organisation, no authority or the State can force us to do anything against our will while we remain honest. There is not a single 'authority' on Earth that can 'lawfully' initiate the use of force or otherwise compel us to do anything.

A society constructed upon inalienable rights must by definition be a voluntary society. As no one, or no body claiming an authority which does not exist, can lawfully coerce, compel, deceive or otherwise force either our agreement or action. All our interactions can only be entered into freely and we can withdraw our consent whenever we choose.

That is the power of our inalienable rights. We cannot possibly be ruled by diktat if we insist those rights are observed. Those who refuse to observe them must concede that they reject the foundation of freedom, justice and peace in the world.

It is worth noting what a real jury-led trial is, because they are not part of the current judicial system. If we want to build a world based upon our inalienable rights, then natural justice, ruled upon and administered solely by a jury of our peers, not judges, is essential.

In a court of Natural Law, the judge will merely be the convener, whose only role is to guide the jury on the technical aspect of the law. They will not instruct, coerce or in any other way influence or interfere with either the deliberation or judgement of the jury.

The jury will be entirely autonomous and they must agree unanimously both upon a verdict and appropriate punishment. They will then instruct the judge (or convener) to pass the sentence they have agreed.

Natural Law is easy to understand

by IAIN DAVIES

and simple to administer. The only question, in fact the only crime, is the direct causation of genuine harm or loss or dishonourable conduct in a contract.

As beings imbued with reason. it is a straightforward task for us to someone does not cause real harm. Expressing disagreeable opinions or refusing to comply with an unreasonable order does not cause legitimate harm or loss.

The 19th century English philosopher John Stuart Mill drew a clear distinction between legitimate and illegitimate harm. Mill was particularly concerned with freedom mischievous act. An opinion that corn-dealers are starvers of the poor, or that private property is robbery, ought to be unmolested when simply circulated through the press, but may justly incur punishment when delivered orally to an excited mob assembled before the house of a corndealer, or when handed about among the same

The cases of people like David Noakes and Lynn Thyer, Ross Ulbricht, Julian Assange and Craig Murray are just some, among countless thousands across the world, where court justice is notable only for its complete absence. Too often, what we

incomprehensibly refer to as the justice system acts as a weapon wielded by stakeholder capitalists and the governments which serve them to enforce their malevolent, impossible claim of authority upon us.

During David Noakes' UK trial, Judge Nicholas Loraine-Smith advised the jury that the court was not a court of morality but rather a court of law. Law without morality is not justice, it is oppression.

In a jury-led court of Natural Law, the only consideration would be the harm or loss caused without which there could be no possible crime. The opinion of the judge (convenor) and the technical demands of legislation would be irrelevant.

In refusing to find the defendant guilty, regardless of legislative edicts, the jury would find the positive law to be an ass. As it so obviously is in every legal disgrace inflicted upon us.

In this better world of Natural Law and natural justice, legislation which is found to cause harm would be annulled by a jury of the people. Any legislation, such as the 1939 Cancer Act, which exists purely to protect the monopoly of pharmaceutical corporations in their cancer market, would be found to cause harm and be annulled by a jury.

This is true *demos* – *kratos* (people - rule) where the people, randomly selected (by lot), form the supreme rule of law. Standing above all as the final arbiters of natural justice.

In such a system, bribing useful authoritarian idiots would be a waste of time. Any legislation they passed to protect and promote the interests of their stakeholder capitalist controllers, or any malign force seeking to impose its will, would be overruled by the people wherever it was judged to cause harm or loss, in contravention of natural justice.

in-this-together.com/ inalienable-rights/



Photo: tingey-injury-law-firm

decide if harm or loss was caused. Within the system of jury-led trials we can be more confident, not less, that natural justice will be delivered.

The jury must be satisfied that real injury or loss resulted directly from the actions or speech of the person accused. Merely offending

of speech and, in his work 'On Liberty' he illustrated where 'free speech' could cause legitimate harm.

He stated: "Opinions lose their immunity when the circumstances in which they are expressed are such as to constitute their expression a positive instigation to some

mob in the form of a placard."

The real world impact of our actions would be the context within which all jury-led rulings would be made. That stands in stark contrast to the pernicious corporateowned, corrupt judicial system we are presently forced to endure.

New research challenges



An important new paper is challenging the prevailing climate narrative, and the scaremongering that we're doomed unless we take immediate and decisive action

by **IAN PHILLIPS,** BA PHYSICS, DIP ED

DAVID Coe, M.A. physics, who worked in industry and specialised in the measurement of atmospheric gases using infrared absorption spectroscopy, questions two key points:

- 1. That the carbon dioxide resulting from fossil fuel use is the prime cause of the warming of the earth's atmosphere and,
- 2. That we must abandon our

use of fossil fuels by 2050, in a policy of Net Zero, or risk an accelerating and eventually uncontrollable overheating of the planet.

Coe's paper 'The Impact of CO2, H2O and Other Greenhouse Gases on Equilibrium Earth Temperatures' shows that the popular claims of carbon dioxide's ability to influence the planet's mean temperature have been grossly exaggerated, and are based on unsound science.

Net Zero is therefore an overreaction, and a misconceived policy.

The Equilibrium Climate Sensitivity and HITRAN database

The scientific yardstick devised to measure the scale of this apparent threat is the 'equilibrium climate sensitivity', or ECS, meaning the increase in average global temperature caused by a doubling of the atmospheric CO2 concentration. However, no general agreement on this figure exists among the scientific community.

Estimates of ECS throughout the years have varied widely between 1 and 6 degrees Centigrade, settling down at this moment to a band between 1.5 and 4.5°C, still a factor of three variation. Even the UK Met Office website

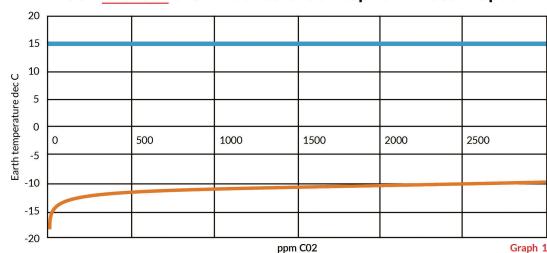
acknowledges, "As there is no 'perfect' way of estimating climate sensitivity, it remains a hotly debated area of science and there remains a wide range of estimates

atmosphere's component gases, from their long established thermal properties. These have been precisely measured by laboratory spectral analysis at the Harvard & Smithsonian

warming has been exaggerated

David applies this HITRAN data to a simplified model of the atmosphere and its interaction with solar radiation, but one

How the Earth's temperature changes due to increasing CO2 without the influence of atmospheric water vapour



of what the ECS could be."
Coe's research takes a
pure physics approach to
calculating the greenhouse/
heat absorbing capability of the

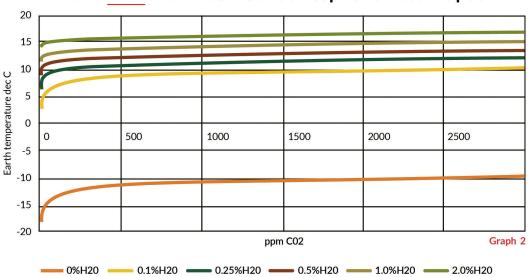
Centre for Astrophysics, whose 'HITRAN Database' is the repository for this information.

CO2's role in atmospheric

where all the main influences are still taken into consideration. The end result is his finding that the ECS of CO2 is only 0.5°C, just one third of even the

climate change narrative

How the Earth's temperature changes due to increasing C02 with the influence of atmospheric water vapour



lowest figure within the currently accepted range, of 1.5 to 4.5°C per doubling. What does this imply?

The graph to the left (Graph 1) is to illustrate the effect of carbon dioxide on its own, without the influence of any other gases. The orange line portrays the amount of warming which would occur if CO2 were the only greenhouse gas present. The blue line simply highlights the earth's current mean temperature, of 15°C.

The vertical axis represents the earth's mean temperature in degrees centigrade. The horizontal axis is a scale of atmospheric CO2 concentration in parts per million, ppm.

Starting from the left, where there is zero CO2, the earth temperature is minus 18°C. In other words, without any 'greenhouse warming' the planet would be locked into a permanent ice age. As the CO2 level begins to rise, along the horizontal axis towards today's figure of 400ppm, the line curves upwards steeply, to produce about a 6°C rise in temperature for 400ppm of CO2. Note, it is still ice age cold, at -12°C.

Further increases of CO2 produce steadily diminishing changes in temperature, shown by the gradual flattening of the curve. Even for a huge concentration of 3000ppm, at the right hand side of the graph, CO2 acting on its own increases the earth's temperature

from -18°C to only about -10°C. The reason we are not locked into such long term icy conditions is the influence of water vapour.

Water vapour and its overriding influence

The effect of water vapour is now included to the original graph, as shown here. The orange CO2 only line is left in place.
On Graph 2 (above), the data

the effect on increasing levels of CO2 is represented by the light brown line. For the current level of CO2 at around 400ppm, the earth's mean temperature has increased from minus 10°C to plus 15°C, which we now experience.

This line shows how the earth's temperature then varies according to the amount of CO2, from zero to 3000ppm. The other coloured lines in the cluster show what

The Impact of CO2, H2O and Other Greenhouse Gases on Equilibrium Earth Temperatures

David Coe

https://wryheat.files.wordpress.com/2021/09/the-impact-of-co2-h2o-and-other-greenhouse-gases-on.pdf

for water vapour is combined with that for CO2, taking account of the fact that their properties of heat absorption overlap somewhat. Various realistic assumptions are made, e.g. that nearly all the greenhouse warming occurs up to a height of 5000 metres. The cluster of lines, from yellow to green, represent different concentrations of water vapour, see the key below the graph.

For approx. 1% of water vapour, which is about the average concentration in the atmosphere

happens for other percentages of water vapour. It is the water vapour which lifts the mean temperature by 25°C, plus or minus. But after this H2O surge, variations in CO2 levels produce only a very limited influence on the mean earth temperature. The overriding influence here is the water vapour, not the CO2.

At today's concentration of around 400ppm of CO2, Coe's calculations show that, ignoring for a moment the effect of minority gases, water vapour accounts for 92.3% of the greenhouse heating effect, while the figure for carbon dioxide is just 7.7%. It is water vapour which is doing the 'heavy lifting' in our atmosphere and giving us our habitable climate. CO2 is a relatively minor player in influencing the mean planetary temperature.

The 'elephant in the room' of the climate debate is the scientific fact that atmospheric water vapour holds around 12 times as much heat as carbon dioxide.

And what of the warming contributions of those minority gases?

Methane, CH4, and nitrous oxide, N2O, are popularly cited. Using similar calculations, again based on the HITRAN data, their ECS, concentration-doubling effects, amount to only 0.06°C and 0.08°C, respectively. These are very small compared to that figure of 0.5°C for carbon dioxide. and taken together represent only 0.4% of the overall greenhouse effect at current concentrations. The minority gases may therefore be considered insignificant contributors to atmospheric warming, Coe concludes.

There can be no 'tipping point'

Fears of a 'tipping point' due to the increasing evaporation of water as the temperature increases generating a progressive and uncontrollable positive feedback, are unfounded. There is, indeed, positive feedback due to water vapour, and this is linked to the vapour pressure/humidity.

Bearing in mind that there is almost no water vapour above a height of 10,000 metres and that temperature diminishes with altitude, the mathematics involves the summation of an algebraic series, which is detailed in the full paper... these calculations are not for the fainthearted. Happily, the outcome of this calculation is to introduce only a simple multiplying factor, of 1.183. Water vapour feedback results in just a small additional increase of a fraction of a degree, depending on the vapour pressure/humidity level.

Looked at in terms of the ECS value, atmospheric water vapour increases the CO2 climate sensitivity slightly from 0.45°C to 0.5°C, and any 'runaway overheating' is shown to be impossible.

The targets of Net Zero, and

1.5°C warming limit, are pointless.

Climate campaigners, and all those pushing for the Net Zero target, have identified one particular goal, to keep further temperature rises below 1.5°C. According to Coe's research, if this increase were to be caused by the increase of CO2 in the atmosphere three concentration doublings would be required, each one raising the temperature by 0.5°C. To achieve this, the current level of CO2 of 400ppm would need to double to 800ppm, and then again to 1600ppm and then again once more to 3200ppm.

So, how long would this temperature rise take?

A quick look at the Scripps Institute, Mauna Loa graph, shows that CO2 is increasing at an approximate rate of 240ppm per 100 years. The increase from the current 400ppm to 3200ppm is a figure of 2800ppm. Assuming a continuation of the same rate of increase, the time needed to reach a further 2800ppm and a 1.5°C warming would be just over 1300 years.

Looking back at the past 1300 years, the planet has experienced both the 'Medieval Warm Period' and 'The Little Ice Age'. Who is to say similar massive climate changes, due entirely to natural causes, will not be repeated while the very gentle warming influence of CO2 is continuing? Our current condition is hardly a crisis, and the frantic attempts to eliminate fossil fuel use are of highly dubious significance.

- David's paper is available to read in full on Paul Homewood's climate blog 'notalotofpeopleknowthat'.
- David Coe, Walter Fabinski, Gerhard Weigleb, "The Impact of CO2, H2O and other Greenhouse Gases on Equilibrium Earth Temperatures" After a short delay in the reviewing process by the International Journal of Atmospheric and Oceanic Sciences they have now confirmed reinstatement of the paper.

Awakening from mass hypnosis



Photo: MK Hamilton

WE know that the state of trance hypnosis is achieved in only one of two ways; either overload of the central nervous system, or fatigue of the nervous system.

The covid crisis has created both of these conditions and as a result, it has caused the most suggestible state that a person could be in. By design or accident, the result is the same: it is the transformation by the inducement of this trance that our futures are being shaped, and we do not see it or are so tranced out that we do not care.

I am not talking about conspiracy, although there will be many that do. I am simply observing a phenomenon I see every day as a clinical hypnotist to help people change behaviours, or in my work on stage entertaining people by having them engage in zany and fun skits.

They hear what I am saying, they understand they are doing the things I ask and willingly do so. In both situations, I am using my skills to bypass what is known as the critical faculty of the conscious or rational mind and move right to the subconscious mind.

It is the subconscious mind that truly controls all of our behaviours and since this is now open to the continued suggestions by the constant messaging, people are being changed forever.

Many of you have witnessed

by MARC MARSHALL

what hypnotists call an instant or shock induction. These are the dramatic inductions that stage and street hypnotists use to induce a trance state (hypnosis) in volunteers. It literally takes just a few seconds to happen.

What the hypnotist typically does is cause a firing of that portion of the brain known as the amygdala. We literally hijack the amygdala which is responsible for the 'fight/flight/ freeze' mechanism of our bodies.

It is in this split second of time, that the subconscious mind is looking for a programme that will provide an appropriate response.

Nancy Moyer MD describes it as "when stress makes you feel strong anger, aggression, or fear, the fight-or-flight response is activated. It happens when a situation causes your amygdala to hijack control of your response to stress. The amygdala disables the frontal lobes and activates the fight-or-flight response." It is this most basic of instinctual responses that is responsible for our survival as a species. It is caused by the release of cortisol, a powerful stress hormone.

There are several extremely critical parts of this phenomenon of amygdala hijack that are the essence of what I am seeing and which concerns me.

As stated above, the amygdala disables the frontal lobe of our

brains. The frontal lobe is the part of the brain that controls important cognitive skills in humans, such as emotional expression, problem solving, memory, language, judgment, and sexual behaviours.

It is, in essence, the 'control panel' of our personality and ability to communicate. We lose our ability to make rational judgments, our stress increases and dramatic physical changes take place in our bodies. Most importantly, we become and remain highly suggestible in this highly aroused state. Our subconscious minds are seeking to find that 'programme' that will free us from this threat and we take that cue from the perceived leaders.

Language matters, and the language of this coronavirus plandemic is truly concerning. It is concerning not just because of the fear and uncertainty that it is stoking, but the amazing subtleties of language being introduced and nuanced in the process.

We have heard the experts and the media speak of concepts like 'herd immunity' and 'social distancing'. The unspoken message is striking here. The masses are no more than a herd to be shepherded into controlled behaviours.

We have willingly given up fundamental rights and liberties. We are told that we need to do this for the protection of the community until we develop a herd immunity. And since our frontal lobe judgment has been shut down by the stress and trance state we are in, people are generally unable to access their problem-solving abilities.

And people take the solutions they are given by the 'experts' because they are paralysed by uncertainty.

They are, in every sense, frozen.

The reportedly rapid spread of covid, was the 'shock' induction into this hypnotic state. The continued uncertainty, the loss of lives, jobs, forced isolation, fear created by the infection numbers and death count, are creating a type of fractionation, what hypnotists commonly refer to as a deepening of the hypnotic state through continual wakening and reinduction of trance.

We have been fatigued by the numbness of isolation, the restriction of the very activities that would counteract the harmful physical effects of constant stress and reduce the cortisol loads in our bodies. People could no longer access gyms and running parks. These are the very activities that physicians know reduce stress, increase immune responses and most importantly improve our overall ability to physically, emotionally and spiritually deal with the situation.

Our children are isolated, afraid and stressed. They will carry the scars of this experience for the rest of their lives. Their very sense of safety and security has been shaken.

Medical experts speak to us

about the increased risk factors that place those suffering covid at greatest jeopardy. These factors include high blood pressure, diabetes, and obesity. These are the very things that result from high cortisol levels. High cortisol is also responsible for increased anxiety and irritability, rapid weight gain and muscle weakness. These are all conditions that can be counteracted by increased activity and responsible use of our open spaces.

As a clinical hypnotist, my job is to help people find a path to improve their lives and resolve the traumas that have crippled many of them. I will continue to help them deal with pain, both physical and emotional, and empower them to be a better version of themselves.

Every hypnotist knows these words are true: "What the mind conceives, the body achieves." I believe that we have a unique opportunity to be an even better version of ourselves. When we all awaken from this induced state of hypnosis, we will do so with a new vision, a new resolve and a new understanding of how amazing we can be.

1! 2! 3! WIDE AWAKE!

■ Marc Marshall is hypnotist, author and motivational speaker, whose channel is 'Hypnosis Hangout'.

Top virologists' frightening warnings about covid shots ignored by governments & media

When two great minds come to similar conclusions about the push to inject everyone with the covid experimental 'vaccines', we should pay close attention

DR Luc Montagnier and Dr Geert Vanden Bossche have a totally negative view of the vaccination effort. Worse than being ineffective, they point to worryingly negative health outcomes for the population.

Dr Luc Montagnier, a French virologist and recipient of the 2008 Nobel Prize in Medicine for his discovery of the human immunodeficiency virus (HIV) has a doctorate in medicine and has received more than 20 top awards, including the French National Order of Merit and the Légion d'honneur.

"The vaccines do not stop the virus", argues the prominent virologist, they do the opposite they "feed the virus," and facilitate its development into stronger and more transmittable variants. These new variants will be more resistant to vaccination and may cause more health implications than their "original" versions.

Montagnier refers to the mass vaccine programme as an "unacceptable mistake" and a "scientific error as well as a medical error". His assertion is that "the history books will show that... it is the vaccination that is creating the variants." In other words: "There are antibodies, created by the vaccine," forcing the virus to "find another solution" or die.

"This is where the variants are created. It is the variants that are a result of the vaccination".

He is talking about the mutation and strengthening of the virus from a phenomenon known as Antibody Dependent Enhancement (ADE). ADE is a mechanism that increases the ability of a virus to enter cells and cause a worsening of the disease.

Data from across the world confirms ADE occurs in SARS-CoV-2, which causes covid-19, says Montagnier. "You see it in

by **DR JOEL S HIRSCHHORN**

each country, it's the same: the curve of vaccination is followed by the curve of deaths."

In a November 2020 documentary he emphasised harmful and irrational mask mandates as well as lockdowns, quarantines, abuses of government overreach, and supported use of effective covid treatments such as Hydroxychloroquine. The film was banned by YouTube and most other mainstream outlets. At that time Fauci had succeeded in blocking wide use of the cheap generic-based treatments for covid and pursued the vaccine strategy.

Montagnier has been a vocal critic of the mass vaccination campaign. In a letter to the President and Judges of the Supreme Court of the State of Israel, which had the world's speediest and most massive vaccination campaign, Montagnier argued for its suspension. He summarised:

1. Short-term side effects:

These are not the normal local reactions found for any vaccination, but serious reactions involve the life of the recipient such as anaphylactic shock linked to a component of the vaccine mixture, or severe allergies or an autoimmune reaction up to cell aplasia. In this group we should include a number of lethal blood problems involving clots and loss of platelets that cause strokes, brain bleeds and heart issues.

Lack of vaccine protection:

- 2.1 Induced antibodies do not neutralise a viral infection, but on the contrary facilitate it depending on the recipient. The latter may have already been exposed to the virus asymptomatically. Naturally-induced antibodies may compete with the antibodies induced by the vaccine.
- 2.2 The production of antibodies induced by vaccination in a population highly exposed to the virus will lead to the selection of variants resistant to these antibodies These variants can be more virulent or more transmissible. This is what we are seeing now. An endless virus-vaccine race that will always turn to the advantage for the virus.

Long-term effects:

Contrary to the claims of the manufacturers of messenger RNA vaccines, there is a risk of integration of viral RNA into the human genome. Our cells have the ability to reverse transcriptase from RNA into DNA.

Although this is a rare event, its passage through the DNA of germ cells and its transmission to future generations cannot be excluded.

His bottom line: "Faced with an unpredictable future, it is better to abstain." But most people will find it extremely difficult to resist all the coercion and vaccine mandates.

As for vaccine herd immunity, he said the Pfizer, Moderna, Astra Zeneca vaccines do not prevent the transmission of the virus, and the vaccinated are just as transmissive as the unvaccinated. "Therefore the hope of a 'collective immunity' by an increase in the number of vaccinated is totally futile."

On the positive side, he advocated: "The early treatment of infection with Ivermectin and bacterial antibiotic because there is a bacterial cofactor that amplifies the effects of the virus."

The stark views of Montagnier have been shared by the esteemed Belgian virologist Dr Vanden Bossche. He has a PhD in virology from the University of Hohenheim, Germany. He held faculty appointments at universities in Belgium and Germany. He was at the German Centre for Infection Research in Cologne as head of the vaccine development office. He has been in the private sector at several vaccine companies where he worked on research and development. He also worked with the Global Alliance for Vaccines and Immunization (GAVI) in Geneva as senior Ebola programme manager.

He too has called loudly for a halt to mass vaccination programmes, otherwise the jabs could lead to the evolution of stronger and stronger variants of the virus until a "supervirus" takes hold and wipes out huge numbers of people.

This is his bold view: "Given the huge amount of immune escape that will be provoked by mass vaccination campaigns and flanking containment measures, it is difficult to imagine how human interventions would not cause the covid-19 pandemic to turn into an incredible disaster for global and individual health."

He warns viruses continue to be shed from those who are infected (both vaccinated and non-vaccinated) because neutralising antibodies fail to prevent replication and elimination of the virus.

The evolutionary selection pressure on the virus through 'immune escape,' creates ever more virulent strains that have a competitive advantage over other

variants and will increasingly have the potential to break through the vaccine induced immune system. Meanwhile, vaccine makers keep trying to outsmart variants, but fail. So, they keep pushing boosters and yearly vaccine shots. This is aided by suppression of many negative facts about the vaccines by big media.

A frightening forecast by Bossche is that the worst of the pandemic is still to come. He thinks we are experiencing the calm before the ultimate storm - a new wave of infection far worse than anything we have seen.

He says there will be more mutants or variants to which the adaptive immune system from vaccine shots provides little resistance. At the same time there will be decreased innate or natural immune effectiveness. Unless people take a number of steps to boost their natural immunity.

Bossche consistently points to a lack of evidence that the existing global, mass vaccination programme that has been mounted while there is still significant infection around, is unprecedented and there is no scientific evidence it will work.

He stresses that historic vaccination programmes have always emphasised the importance of vaccinating populations prophylactically in the absence of infection pressure.

He also argues that if different types of vaccine were used that provided sterilising immunity i.e., that prevented immune escape and killed all viruses in those vaccinated, the situation would be entirely different. Most people do not understand that the experimental vaccines do not actually kill the virus; and that both the vaccinated and non-vaccinated shed the virus.

These vaccines do not stop viral transmission. And all the contagion control measures simply do not work effectively enough to stop wide spread of the virus in its various forms.

Here is his big picture view: "There is only one single thing at stake right now and that is the survival of our human race, frankly speaking."

Recently he stated: "Every person out there who is 'partially' or 'fully' vaccinated is a walking disease incubation system that puts everyone else at risk of contracting a deadly, vaccine-caused 'variant' that could kill them.

"The 'vaccinated' are walking

murderers spreading disease to others. Getting injected for the Fauci Flu is not only foolish; it is also a form of murder in that unvaccinated people are now at risk of contracting the deadly diseases being manufactured inside the bodies of the vaccinated. If Trump had never introduced the vaccine in the first place, the pandemic would have long ago fizzled out. Since his vaccines continue to be pushed... however, the 'Delta' variant is spreading like wildfire, soon to be followed by other 'variants' as we enter the fall season."

Bossche says the only hope is "an immediate halt to the mass vaccination programme, replacing it by widespread use of antiviral chemoprophylactics while dedicating massive public health resources to scaling early multi-drug treatments of covid-19 disease."

This is referring to the early home/outpatient treatment protocols based on cheap, safe and fully approved generics like Ivermectin and Hydroxychloroquine; these also work as preventatives. So, both virologists support use of what Fauci has blocked.

After considering what these two experts have said it is appropriate to criticise what government officials say, namely blame the unvaccinated for the surges in covid cases, hospitalisations and deaths.

The alternative to this thinking is that it is the vaccinated people who are creating pandemic problems, and that the vaccines are ineffective, non-protective and dangerous.

Many other physicians and medical researchers have called for a halt to the vaccine bonanza for big drug companies. In the meantime, it is becoming clearer that the experimental vaccines are not effective. It is insanity to keep doing or expanding what is not working. That is the insane world we are experiencing even as more and more people die from breakthrough infections, blood problems and other bad vaccine health impacts.

Perhaps the ugly truth about the vaccines will be widely revealed only when there are massive, widespread deaths *despite* all the shots and jabs. That will be too late to change pandemic management from money-driven stupidity to life-saving, medically moral actions.

truthbasedmedia.com

This attempted seizure of our children MUST be the last straw

IMAGINE a scenario. A 12 or 13-year-old child is at school. School has been rather difficult for the past couple of years. This child and their friends have to wear masks and stay metres apart lest they infect each other with a lethal virus.

The child is told relentlessly that covid is a killer. It could kill their parents, their grandparents, their brothers, sisters and cousins. Anyone who thinks differently is to be feared every bit as much as the virus.

Now a solution comes along. That solution is vaccination. If we allow ourselves to be injected with a magic potion, all of the above will disappear. The masks can come off (but they won't), the virus will no longer be a killer (even though they will still be told it will). All we have to do is take the vaccine. No big deal.

If this child's parents do not wish for them to take the vaccine, two things will happen:

by **ANNE MARIE WATERS**

- 1. The child will be led to believe that their parents are selfish, irresponsible, dangerous.
- 2. They will be told it does not matter, you don't need mum or dad's consent we can vaccinate you anyway.

This scenario is happening. The government is pretending it isn't, but it is. The government is doing what governments do – introducing tyranny by the back door, pretending it has no option.

It does not want to take our freedoms away, but its hands are tied. That is the illusion. The reality is that the government has intended this all along. What it intends to do now is vaccinate your children whether you like it or not.

Despite the Joint Committee on Vaccination and Immunisation

(JCVI) only recommending that children over 12 be vaccinated if they already have serious conditions, or live with an adult who does, the UK is joining Germany, France, Israel, the US and others in vaccinating all young people over 12.

Now to the issue of consent. There are two main points to make.

The first is one of debate: is consent genuine if it is elicited by coercion? My answer is a firm no. If a person is not fully informed, they have not made a real choice and therefore not given true consent. How can we claim to be an informed population when the media will only allow one narrative to be spoken about vaccines and vaccination? We're not. Consent is coerced.

The second point is this: NHS England plans to over-ride parents' objections by allowing the child themselves to consent. This is a new low, even though you will not see anyone making a fuss about it on the BBC. NHS England states: "Prior to vaccination, appropriate consent must be obtained in all cases. For 12-15 year olds, this would be parental consent or the child's own consent where they have been assessed as competent to consent to vaccination (this is known as Gillick competent)."

Look carefully at the language used. The first line reassures us consent will be required "in all cases". But not necessarily parental consent, as the remaining lines make clear.

A child can consent for themselves. A 12 year old, who has been brainwashed to believe covid will kill those they love, is able to allow a new and potentially dangerous substance to be injected into their bodies. Their parents need know nothing about it.

Just when you think the government's power grab on the back of covid cannot get any darker, it does. The state is seizing the authority of parents and keeping it for themselves. It is placing a rift between parent and child. It is also placing significant decisions on to shoulders too young to bear them.

We are witnessing a total and complete transformation. The state owns your children, not you. The state will decide their medication, not you. The state will tell your child to distrust you if you do not comply.

The descent in to totalitarianism continues. The descent in to what is inevitably coming unless we seize back control and restore our freedoms.

I saw a t-shirt recently that summed it up perfectly. "The final variant will be communism". Perfectly put. That's where we're going unless we actively change direction.

Perhaps the seizure of the nation's children will be the last straw. Let us hope so.

www.forbritain.uk

To serve to strive and not to yield

IN the mid-sixties, when I was 14, my school sponsored me to take part in a month's course at an Outward Bound school in the English Lake District, whose motto was 'To serve, to strive, and not to yield.'

It was a terrific experience. Participants came from all over the UK and all walks of life. We were arranged in patrols of about a dozen, each named after a famous explorer. My patrol was named Scott after Robert Falcon Scott, who perished in 1912 after being beaten to the South Pole by the Norwegian Roald Amundsen.

I didn't know who Scott was before embarking on this course but I read up about him and became instantly fired by his bravery, bulldog spirit and patriotism. Scott lived in that Edwardian era where duty was all, and nothing worthwhile was achieved unless it was through untold suffering and hardship. Brits had to do things the hard way. Scott and his small team trudged, pulling

by **HARRY HOPKINS**

their sledges, for 1,766 miles (further than Land's End to John O'Groats and back again) in the coldest place on earth. By the mores of the day, Amundsen didn't play fair. All his team were proficient skiers. Dogs did all the hauling and in time supplemented the diet of the men and the strongest surviving dogs (anathema to the Brits, of course). Their clothing was inspired by Inuit people which kept them warm and snug. Scott's men were dressed in wool and cotton, entirely unsuitable for the rigours they faced. Scott and his team had no shortage of courage and determination but they were saddled with the arrogance that was ingrained in the British upper classes inherent from their possession of a huge empire.

Perhaps the greatest example of friendship, selflessness and facing death head on, came from Captain Lawrence 'Titus' Oates who, wracked with frostbite and losing his feet, walked off into a blizzard to certain death to save his friends from carrying him any further with the immortal words 'I am just going outside . . . I may be some time'.

Ullswater was freezing cold and we had to break the ice on the lake to wash in the mornings. Our food rations were never enough and I'll never forget the four-day expedition across mountainous terrain with nothing to sustain us but Kendal mint cake and 'Healthy Life' biscuits - never seen them since and, quite frankly, I wouldn't want to.

In just a few generations, we have gone from a nation which produced men who would willingly sacrifice their lives for their friends and would readily face danger in inhospitable conditions to a society which allows the ageing to die in loneliness, cancer sufferers to be denied lifesaving treatment, where mental ill health and suicide are rampant not least among the young, family members have been conditioned to believe that loved ones can be carriers of death, and businesses and

employment are cast aside causing untold numbers to be plunged into debt, bankruptcy and despondency. And, of course, to be conditioned to believe that salvation lies only by way of an experimental injection.

Where is the indomitable spirit that must be there in all of us, however deeply buried? We are the descendants of those gallant generations. I can't believe that we have slithered in such a short time from people worthy of approbation, respect and honour, to frightened and obedient semi-humans who cower under the bedclothes, afraid to go out and awaiting instructions from the 'propaganda box' complete with deafening sound bar that sits central to most living rooms.

Today, as we live through the worst and most fearful of times many of us have ever experienced, I think of my Outward Bound days and the memory gives me confidence and inspiration.

To serve - and to overcome my feelings of disgust and disdain for those who have succumbed to the evil narrative that is the covid-19 pandemic and, through no fault of their own, are acting as enablers to the greatest crime in human history.

To strive - to do whatever it takes to overcome my own anxieties and fears and to be true to myself when most about me are behaving like aliens in a foreign world.

Not to yield - in spite of the exhortations of our diabolical government of occupation (for that is what we now have in the UK) who demonstrate every day that their lies, distortions and use of black propaganda are designed to frighten, confuse, and to pressure all of us into co-operating with their heinous crimes. I will refuse and I will not surrender no matter what. I will not co-operate with any of it. I will not wear a mask. I will not take the jab. I will not treat my fellow human beings as if they were lepers. Therein leads the path to dystopia and as the well trodden saying goes, 'For evil to triumph all it takes is for good men to do nothing.'

Take the jab and get a sausage sandwich



Photo: Adi Coco

WHAT do we make of the worldwide covid incentives to get the 'clot shot'? You wouldn't believe how cheaply some folk, across all nationalities, are prepared to sell their souls (or indeed their future health and wellbeing).

What would it take for you to consider taking a chance on the mRNA experimental shot? It's just a little prick, after all, over in seconds, and with the Yellow Card health reporting system showing only around 1,700 fatalities and 1.2 million adverse reactions, those odds are worth taking a punt on, surely? I know, I know, it's believed that those figures are a gross underestimate and the true numbers could be anything between ten and 100 times higher but let's not quibble... there's some good stuff on offer out there!

Now anyone reading this is more than likely anti-jab. You've done the research, you're familiar with the nature of this brandnew experimental shot and you consider it potentially dangerous. But, all things considered, what would tempt you to lay down your doubts and succumb? How about a hundred pounds cash? Two hundred? One thousand pounds? Surely a cool million would do it? Just think of the life-changing possibilities of a sum like that.

Realistically there's nothing like that on offer in the UK, but considering some of the incentives on offer across the world... you may wish you lived in a different country.

The U.S., as in most things,

by **HARRY HOPKINS**

leads the way with jab prizes. Across the states you can get anything from college scholarships, guns, cash (100 dollars as urged by Biden and 1500 dollars by two former presidential candidates), beer, Super Bowl tickets and be entered in sweepstakes and lotteries for cruises, foreign holidays, luxury cars and gym memberships. Believe it or not, there are reduced prison sentences of up to 50 per cent. The list goes on. A cynic might think that the jabbing totals are falling way short of the globalists' requirements and that they are running scared. I just think they are being supremely generous, caring and have our best interests at heart, as is their corporate nature.

China has some corkers. If you have two jabs in parts of Beijing you can claim two cartons of eggs. Elsewhere you can get chicken wings, flour or free entry to parks.

India has chosen gold nose pins for women and 'hand blenders' for men. When Gordon Brown sold off our gold reserves for next to nothing did India buy them? And before I move on, just what is a 'hand blender' for men?

In Thailand you can be entered into a draw to win a cow. Serbia is offering 3,000 dinars, which sounds a lot, but is equal to \$30. An Australian union wants half a day's paid leave for taking the shot.

Russia hands out five cars a week to Moscow residents. Londoners can get free pizzas and coffee. Typical British meanness... a slice of pizza as against a free gun in America. The most unusual incentive is probably from a Philippines property developer who is offering a house and plot plus two motorcycles... it's the motorcycles that should clinch it.

The most frustrating prize probably comes from the Netherlands. You can get free 'soused' herrings if you take the shot. Apparently, one punter asked for 'pickled' herrings and was told in no uncertain terms that 'it's soused or nothing'. It's not recorded whether or not he told the jabber to stick the needle where the sun doesn't shine.

In Romania the queues started to form the moment it was announced that barbecued sausage sandwiches would be given away. A sausage sandwich! Doesn't the mind just boggle! A piece of minced meat in a bread roll for my life?

So there you have it. The world has gone stark raving bonkers. If you are anything like me, you will marvel at the sheer hypnotic brainwashing that has affected great swathes of humanity. It truly is frightening what is taking place across the world, and I have to say that writing rubbish like this helps me to deal with it. No doubt you, like me, wouldn't take the shot for anything, not money, not motorbikes, not even a soused herring or sausage sandwich. Our prize is our continued good health, our desire to see humanity survive, our disgust for evil and our deep conviction that, eventually, right will conquer might. We can't put a price on that, can we?

'Remembrancer' is a shadow on democracy

Archaic role has inappropriate influence on Houses of Parliament

THOSE whom we servilely vote for at each permitted election, supposedly to represent our interests within the 'House of the Commoners', are themselves opaquely subordinate to a more sinister arrangement that undermines the concept of this being the people's forum for representation.

The Remembrancer is an unusual title of a near omnipotent flunky who resides within Parliament.

This position is not some fantastical character within an obscure video game. It is a real role that has undue influence within the 'Mother of Parliaments'.

While watching a televised parliamentary session, this 'ganglion' can be observed seated upon a special chair, positioned to the right of the Speaker, within the House of Commons - the sole purpose being to scrutinise and influence legislation relating to the City of London. Legislation that relates to banks and banking plus any other potential impactful clauses that may be contained within other legislation, no matter how seemingly obscure to the masses or our so-called representatives, is also reviewed.

Nobody elected this representative to our Parliament. Most people have probably never heard of this position, nor are aware of the power wielded. To ensure their involvement covers all contingencies, their equivalent within the unelected House of Lords undertakes these same influential practices.

The City of London's own website states: "The Office (of Remembrancer) acts as a channel of communication between Parliament and the City. In the contemporary context, this means day to day examination of parliamentary business including examination of and briefing on proposed legislation and amendments to it, regular liaison with the Select Committees of both Houses and

by **COLIN otf FOSTER**

contact with officials in government departments dealing with parliamentary bills. Liaison is also maintained with the City Office in Brussels and other 'Member States' permanent representations in relation to draft EU legislation'.

This dual lobbying arrangement, ensconced within both Houses of Parliament, has been described as the world's oldest institutional lobbying framework and yet little is known of its influences by the electorate.

To provide the fullest account of the so-called democracy at the heart of our country, refer to the electoral arrangements within the Square Mile. This is the only geographical area within the UK over which our Parliament has no authority. It is the method by which the Corporation of London impresses its own will upon parliament, through this Remembrancer role, for its own financial benefit.

There are 25 electoral wards within the boundaries of the Square Mile which ultimately decide a policy that the Remembrancer pursues. Within four, the people living there are permitted to vote. Within the remaining 21, the votes are controlled by corporations, mostly banks and other financial companies. This voting system means the larger businesses dominate.

A company with 10 workers gets two votes, the largest employers get 79 votes. It is not the workers who decide how these votes are cast, but their bosses, who 'appoint' the voters. Many, if not most of these companies are both foreign owned and controlled and thereby not accountable to indigenous UK voting opinions or preferences.

The outcome of this undemocratic yet decisively influential voting scheme has undue influence upon our Parliament through their appointed Remembrancer occupier. This undermines our so-called democratic process where each individual pleb is being misled into thinking they have equivalence within our electoral voting system. We are an unwittingly captive population, herded by archaic procedures and influences for the benefit of a small group of corporations, which lav outside any reasonable description of a truly democratic process.



STROUD INFO-HUG

This street stall has opened twice-weekly on Stroud High Street since late summer 2020 - Fridays from 10.30 till 4; Saturdays from 9 to 4. Distributing and sharing information and leaflets on the truth about lockdown, the mass experimental injections, media propaganda, the PsyOps by government to manage people's behaviour and, of course, huge numbers of The Light truthpaper!

https://independentviewpoints.net



Inspired by 'the Baltic way', hundreds of videos can be seen on uncensored social media like Odysee and BrandNewTube, of 15 or 20 people standing in a line along main roads, displaying a message with large yellow signs. This brilliantly simple visual idea can then be seen by tens of thousands as passengers video and share the eye-catching consecutive messages.

https://awareness.foundation



MORE CON

As well as the unr in Britain and acros working hard ever country, directly en the information tha the 'Ministry of Trut never even heard of let alone the words o lawyers and other top to the policies of o

We are in a war of in all of the facts, th



JENNA NURSE

On Februrary 26th she walked to London from Stoke-on-Trent in 10 days. Her plan was to hand deliver a letter to Boris Johnson, and then stay for 50 days. Instead, she visited the 64 cities in England, Wales and Scotland and a few towns too, where she made some amazing friends. Jenna told The Light that other nurses have been inspired to start questioning management and contacting health organisations with their concerns from the front lines.

@that_nurse_who_asks_questions



REBELS ON ROUNDABOUTS

e phenomenon has taken the UK by storm and has now become a truly grass international movement stretching as far as New Zealand. From the collective orts of concerned citizens, its origins can be traced back to October 2020 on rtwood roundabout in Stockport, where activists gather every Friday at 5pm raise awareness that there are many people who disagree with the messages ing from government and all main media channels. They told The Light paper the onse from motorists has been getting more and more encouraging every week.

www.rebelsonroundabouts.com

366000

TAGIOUS THAN COVID-17

eported mass protests that are going on s the world right now, many activists are y day in town centres up and down the gaging with their communities to share t is also being censored and smeared by h' media and shocking many who have the Government's Yellow Card scheme, f highly credentialed doctors, scientists, professionals who are utterly opposed ur non-representative governments.

formation, because if the people had is would all be over very quickly.





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Whether it's joining our distribution network and getting some free copies to hand out, or advance ordering so you can get hundreds or thousands, it's a great way to connect with other awake and aware activists, and offer people the chance to see information from highly qualified doctors and scientists that is being kept from them by mainstream- and social media. Contributions for articles and illustrations are always welcome

thelightpaper.co.uk

YOUR OWN town

Global debt approaches record \$300 TRILLION

Global debt is fast approaching \$300 trillion

Soars by \$36T since covid

ANOTHER quarter, another all time high in world debt (don't expect this to ever again drop under the existing monetary framework).

According to the Institute of International Finance (IIF), total debt - which includes government. household, corporate and bank debt, but excludes derivatives and various other exotic products - rose to a new record high of nearly \$300 trillion in the second quarter. This means that in the 18 months since covid, total debt has risen a stunning \$36 trillion!

"If the borrowing continues at this pace, we expect global debt to exceed \$300 trillion," said Emre Tiftik, IIF's director of sustainability research. Not only will it exceed \$300 trillion but it will exceed \$400 trillion, \$500 trillion and eventually \$1 quadrillion

by TYLER DURDEN

and so on. This is a feature, not a bug of the MMT 'Helicopter Money' system we now live under.

The rise in debt levels was the sharpest among emerging markets - read China - with total debt rising \$3.5 trillion in the second quarter from the preceding three months to reach almost \$92 trillion.

There was a silver lining: the debtto-GDP ratio declined for the first time since the start of the pandemic as economic growth rebounded. The IIF said that of the 61 countries it monitored. 51 recorded a decline in debt-to-GDP levels, mostly on the back of a strong rebound in economic activity, although we are very curious what non-GAAP GDP number the IIF used to calculate a faster GDP growth than debt.

As a result, debt as a share of gross domestic product fell to around 353% in the second quarter, from a record high of 362% in the

% of GDP, weighted avg. Global debt (in USD) 280 % of GDP (rhs) 270 260 250

first three months of this year.

240

230

The IIF also said that total debtto-GDP ratios excluding the financial sector are below pre-covid levels in just five countries: Mexico, Argentina, Denmark, Ireland, and Lebanon. Of course, if it does not include the financial sector - as one should - this statistic is meaningless garbage.

The one country which is already

Source: IIF, BIS, IMF, National sources

bursting at the seams with debt, China, saw a steeper rise in its debt levels compared with other countries, while emerging-market debt excluding China rose to a fresh record high at \$36 trillion in the second quarter, driven by a rise in government borrowing.

Meanwhile, after a slight decline in the first quarter, debt among

developed economies - especially the euro area - rose again in the second quarter (again, repeat after us, debt will never again decline).

Worldwide household debt rose by \$1.5 trillion in the first six months of this year to \$55 trillion. The IIF noted that almost a third of the countries in its study saw an increase in household debt in the first half.

"The rise in household debt has been in line with rising house prices in almost every major economy in the world," said the IIF's Tiftik, doing everything he can to show central bankers just how big the housing bubble that they have created is.

Finally, the IIF said that total sustainable debt issuance, which we assume refers to the epic scam that is ESG, surpassed \$800 billion year to date, the IIF said, with global issuance projected to reach \$1.2 trillion in 2021.

www.zerohedge.com

Wall Street whistleblower should be pardoned

EARLY last month, Natalie **Mayflower Sours Edwards** began serving a six-month sentence, to be followed by three years' of supervised release, in the Federal Prison Camp known simply as 'Alderson' in Alderson, West Virginia.

It follows her conviction for releasing confidential information.

There is a notice on the prison camp's website that reads: "All visiting at this facility has been suspended until further notice.' This means that a woman who set out to help her country ferret out criminal money laundering now finds herself unable to even receive a visit from her husband or 16-year-old daughter

Edwards is the heroic former treasury official who tried in vain to get her superiors in the federal government to act on her concerns.

Left with no other options

by **PAM MARTENS & RUSS MARTENS**

to get action, she turned over documents to a BuzzFeed News reporter that became the core of the FinCEN Files, a collaborative investigation involving BuzzFeed News, the International Consortium of Investigative Journalists (ICIJ) and 108 other news organisations.

In effect, Edwards spawned an international news bureau focused on exposing the flow of dirty money across the world by big name banks such as JPMorgan Chase, Deutsche Bank, HSBC, Standard Chartered, and Bank of New York Mellon.

One in-depth report at the ICIJ captures the magnitude of Edwards' service to the public interest with this headline: "Global banks defy U.S. crackdowns by serving oligarchs, criminals and terrorists: The FinCEN Files show trillions in tainted dollars flow freely through major banks, swamping

a broken enforcement system."

Part of that broken enforcement system is FinCEN itself. FinCEN is an acronym for the Financial Crimes Enforcement Network. a unit of the U.S. Treasury Department where banks are required to report suspicions of illicit money transactions. The filing forms are known as SARs, short for suspicious activity reports. Edwards turned over more than 2,000 of these SARs to her media contact at BuzzFeed News.

What Edwards found, and is borne out by the reporting that followed her document disclosures, is that banks file these reports simply to cover their behinds, then they continue laundering the money for the same corrupt officials.

FinCEN is either structured to look the other way and/or too afraid of the political heft of the banking lobby to take any meaningful actions to counter this vast illicit money machinery.

Edwards' leaked documents, and the attendant international media coverage, unearthed a mind-numbing level of money laundering at 'too big to fail' banks. That, in turn, provided the momentum for the United States Congress to pass critical anti-money laundering legislation in January.

Senator Sherrod Brown said: "These anti-money laundering and corporate transparency reforms were long overdue. The Anti-Money Laundering Act and the Corporate Transparency Act, which passed the Senate today and are on the way to the President, provide new tools to crack down on anonymous shell companies and on big banks that enable criminals or have lax anti-money laundering compliance programs. We know that criminals have long been adjusting their tactics to get around our laws. This bill will enable us to get ahead of them, and stay ahead of them."

Brown had to rally support to

override a veto by then President Trump to get the legislation passed.

Edwards' heroic actions thus not only resulted in award-winning journalism but her courageous whistleblowing sparked this critically-needed legislation to protect the banking system of the United States and thus the nation's national security.

Edwards deserves a pardon from President Biden, not to be sitting in a federal prison camp where she cannot have visitors because covid-19 testing is skyrocketing in West Virginia.

Please consider signing the Pardon Petition for Edwards and forwarding it to your email contact list with a note asking your friends and family to do the same.

For how other whistleblowers have been treated when they attempt to expose corruption at the mega banks on Wall Street, see our past reporting below.

■ Wallstreetonparade.com

Skyrocketing energy prices could cripple Europe's economy

SURGING energy prices in Europe are hurting more than just consumers. The price spikes have started to hit industrial activities, threatening to deal a blow to the post-covid recovery in European economies with a triple whammy of reduced consumer purchasing power, lower industrial production, and higher operating costs.

Giant European firms, from chemicals and mining to the food sector, say sky-high gas and electricity prices are hitting their profit margins and forcing some of them to curtail operations.

Some factories have shut down because of record natural gas prices. More idling of industrial activity across Europe is likely in the coming weeks, analysts say.

Meanwhile, the record European natural gas prices are sending Asian spot prices of liquefied natural gas (LNG) to record levels for this time of the year—between peak summer demand and ahead of the winter heating season.

Europe's tight gas market, low wind speeds, abnormally low gas inventories, and record carbon prices have combined in recent weeks to send benchmark gas prices on the continent and power prices in the largest economies to record highs. Almost daily, gas and power prices in Europe surge to fresh records, putting pressure on governments as consumers protest against soaring power bills.

It's not only consumers that struggle with the record energy prices. Industries are starting to feel the heat, too.

by TSVETANA PARASKOVA

CF Industries, a manufacturer of hydrogen and nitrogen products, said this week it was halting operations at both its Billingham and Ince manufacturing complexes in the UK due to high natural gas prices.

"The Company does not have an estimate for when production will resume at the facilities," CF Industries said.

Norway-based Yara, one of the world's top ammonia producers, is curtailing production due to the record-high gas prices.

"Record high natural gas prices in Europe are impacting ammonia production margins, and as a result Yara is curtailing production at a number of its plants. Including optimisation of on-going maintenance, Yara will by next week have curtailed around 40% of its European ammonia production capacity," the company said on Friday.

Germany's large bioethanol producer CropEnergies AG said its operating profit for the second quarter of its fiscal year nearly halved as "The significantly higher net raw material cost and the recent rise of energy prices to record levels were the main burdens on the results."

Also in Germany, the largest chemicals producer in Europe, BASF, and the top copper producer, Aurubis, also flag high energy prices as a significant burden on their profits and profit margins.

Major industrial companies in France, such as top sugar producer Tereos and starch producer Roquette Freres, tell Bloomberg that recordhigh energy prices are putting inflationary pressure on their financials and on "every other cost."

All those headwinds for Europe's industry could be just the beginning, especially if the coming winter in Europe and Asia turns out colder than usual, driving up further demand for gas and power.

Industries in Europe face the risk of blackouts in a cold winter, Goldman Sachs warned this week.

"Under such an outcome, the only balancing mechanism would be a significant further rally in European gas and power prices reflective of the need to destroy demand, with curtailed power demand in the industrial sector through blackouts," Goldman's analysts said in a note carried by Bloomberg.

A slowdown in the industrial sector is one of the last things Europe needs right now, just as its economies have started to rebound from the pandemic.

Moreover, competition from Asia on the LNG market could mean that Europe may not get too much additional LNG supply. Spot prices in Asia are at record highs for this time of the year, but buyers are paying regardless, concerned that the natural gas shortage could worsen as the winter season approaches.

"Asia is panicking a little bit because they had a really bad winter last year," Ogan Kose, Managing Director and Global Lead for Integrated Gas at Accenture, told Bloomberg this week.

Utilities and industries in Europe, and probably governments, are hoping for a mild and windy winter. Otherwise, the natural gas supply crunch could last through the end of the first quarter of 2022.

Oilprice.com

Rescue dogs murdered in Australia due to lockdown measures



Photo: Pranidchakan Boonrom

FIFTEEN rescue dogs including puppies have been brutally killed in New South Wales (NSW) because of lockdown restrictions. Bourke Shire Council, a rural region in NSW euthanised the dogs over fears that people travelling across the state to the rescue shelter during a stay-at-home order may potentially spread covid.

In a cowardly statement, Bourke Shire Council have shamefully tried to justify their murderous actions under the guise of health and safety. They reported, "The town is in a tenuous situation at the moment with covid. Positive cases are on the increase. Council is being very careful with people entering Bourke. The majority of council staff have been stood down to avoid the virus spreading further in the community".

Many people are questioning the rationale provided by Bourke Shire Council. Emma Hurst, an Australian politician in NSW who represents

by **PAUL BENNETT**

the Animal Justice Party reacted to the situation on her Facebook page by stating, "Council staff say the dogs were killed because they could no longer care for them during the covid-19 outbreak. It seems to me that no genuine attempt was made to get the dogs into foster homes or to rescue groups. I've heard there were at least two groups who were open to taking the animals in. These lives could have been saved". The animal rights activist also believes the council may have breached the 'Companion Animals Act 1998'.

RSPCA NSW are currently making enquiries and investigations into the deaths of the fifteen canines. In a statement on their website, they reported, "RSPCA NSW believes that physically healthy and behaviourally sound companion animals that are suitable for adoption should not be euthanised".

In what can only be described as a barbaric and gruesome act, Australia is once again in the public focus for the wrong reasons.

Romanians rejecting vaccines in huge numbers

HEALTH officials in Romania have reported closing 117 vaccination centres due to a rapid declining interest in people wishing to get the experimental jab in recent months.

Romania currently has one of the lowest uptakes for the vaccine in Europe. According to data from the European Centre for Disease by **PAUL BENNETT**

Prevention and Control, only a quarter of the adult population in Romania have been fully vaccinated.

During the initial rollout of the vaccine, the Romanian health authorities had an ambitious goal of injecting 10 million people by the end of September 2021. Due to the wise rejection and avoidance of the covid shot across the country by many Romanians, the chief vaccination coordinator Valeriu Gheorgjita reported the closing of many vaccination centres and the reduction of vaccine stocks.

The lack of interest in the vaccines has resulted in the Romanian government selling their vaccine doses to other countries. The Irish and Danish governments have made deals with their Romanian

counterparts in purchasing nearly one million vaccines in recent months.

In a desperate measure to increase vaccine compliance, the Romanian government have also reached out to church leaders to promote the vaccine. In August, deputy prime minister Dan Barna met with members of the clergy to encourage vaccine promotion. After the meeting, he reported, "There's a component of society that pays

much attention to the messages of the church and that's why I wish for the church to be active in this campaign to promote our health".

The former communist country knows full well the dangerous impact that state control and totalitarianism can have on their country. It is refreshing to see at least one European country non-complying and standing up for themselves.

Philippines: get your injection or go to jail

THE Filipino president has threatened his citizens that he will jail anyone who refuses a covid vaccine. In a televised address, Rodrigo Duterte told his nation, "You choose: vaccine or I will have you jailed".

Duterte's tough words were in response to reports of low turnout at several vaccination centres across the capital Manila.

Duterte who is known for his straight-talking and bullish style issued more threats for anyone who refuses the experimental jab. He stated that "As long as you are here and you are a human being, and can carry the virus, get vaccinated. Otherwise, I will order all the village captains to have a tally of the people who refuse to be vaccinated. Because if not, I will have Ivermectin meant.

by **PAUL BENNETT**

for pigs injected into you".

His aggressive remarks are contrary to those of his health officials who have encouraged vaccine uptake, but advised it is currently not compulsory. The Philippines has had a tough stance on covid with strict measures and lockdowns, including the President's decision to keep schools closed.

Duterte showed his dismay that many Filipinos would have the audacity to ignore government advice regarding covid and vaccines. He said, "I'm just exasperated by Filipinos not heeding the government". The Filipino government hope that this new low of scaremongering tactics will heavily influence its citizens to take the jab in large numbers.

Elected in 2016 after a landslide

victory, President Duterte has established a controversial international reputation for his no-nonsense approach in tackling the war on drugs, crime, and corruption. His methods have drawn attention from Amnesty and from the International Criminal Court (ICC). In the same televised address, Duterte took aim at the ICC who have sought permission for a full inquiry into alleged state-sanctioned murder by police during an anti-drugs campaign. "Why would I defend or face an accusation before white people? You must be crazy," stated Duterte.

The 'International Community' has surprisingly been quiet regarding his veiled threats regarding vaccine compliance. Then again, scaremongering and threatening demands are worldwide.

Compensation for covid shot victims in Singapore

by **PAUL BENNETT**

THE government in Singapore are busy paying compensation to people who have had serious adverse reactions from covid vaccines. A response to the worrying situation has been rolled out called the Vaccine Injury Financial Assistance Programme (VIFAP) to assist claims and concerns.

VIFAP aims to provide a one-off payment for individuals who have suffered serious side effects as a direct result from the covid vaccine in Singapore. Since the rollout of the programme, a total of 782,000 Singapore dollars (735,000 US dollars) has been paid to people who have experienced life-threatening injuries from the experimental jabs. According to the Health Sciences Authority in Singapore, almost "10,000 adverse

effects" have been reported and over 400 of them listed as "serious".

Under the scheme, side effects from covid vaccines are classified into different categories and payouts are based on the severity and treatment received because of the adverse reactions. For example, if someone needed admission to a High Dependency Ward or Intensive Care Unit (ICU) and have since recovered, they may be eligible for a payment of \$10,000.

The Ministry of Health in Singapore have confirmed that they have paid compensation to a 16-year-old boy after he suffered a heart attack while exercising a week after receiving his covid shot. Thankfully, the teenage boy is undergoing rehabilitation after his health scare.

Other Asian countries such as South Korea, Thailand and Malaysia are also paying out compensation to injured people from the covid injections.

Scandinavia celebrates opening

NORWEGIANS took to the streets over the weekend to celebrate an end to the country's covid restrictions after government-imposed measures limited people's social interactions for about 18 months.

The Norwegian government announced on 24 Sept that most of the remaining covid-19 restrictions would be scrapped beginning on 25 Sept, and that life in the nation of 5.3 million would return to normal.

"It has been 561 days since we introduced the toughest measures in Norway in peacetime," outgoing Prime Minister Erna Solberg said at a news conference. "Now the time has come to return to a normal daily life."

Norway will no longer require businesses to implement social distancing measures, and it will also allow sports and cultural venues as well as restaurants to use their full capacity, the prime minister's office said. Nightclubs can also

by **LORENZ DUCHAMPS**

reopen under the new guidelines.

The virus can now be considered as one of several respiratory illnesses with seasonal variation, said Geir Bukholm, the assistant director for the Norwegian Institute of Public Health, according to local media. In Norway, covid-19 has been classified as a generally dangerous disease, but the official classification could change soon, he said.

"We are now in a new phase where we must look at the coronavirus as one of several respiratory diseases with seasonal variation," Bukholm told news outlet VG...

Rowdy celebrations in the Nordic European nation erupted on Sept. 25, with thousands of citizens across Norway taking to the streets and partying until the early hours of Sept. 26.

"There was a significantly greater workload than during the summer. There were a lot of people out already in the afternoon and it continued during the night," Rune Hekkelstrand, a police spokesman



Photo: Jamie Fenn

in Oslo, told the Norwegian public broadcaster NRK.

Police said they responded to dozens of reports of unrest and violent clashes in the country's major cities after streets, bars, restaurants, and nightclubs were filled with people celebrating the end of the covid restrictions.

Solberg justified the move to reopen society by saying that Norwegian health experts had supported the decision. "We shall not have strict (coronavirus) measures unless they are professionally justified. People must be allowed to live as they wish," Solberg told Norwegian newspaper VG late Saturday.

According to the Norwegian Institute for Public Health, about 67 percent of the population is fully vaccinated.

Norway is the second country in Scandinavia to lift covid-19 restrictions after Denmark did so two weeks ago.

The Danish government lifted all remaining coronavirus restrictions in the country on September 10, saying covid-19 was no longer "an illness which is a critical threat to society."

Danes can now enter nightclubs and restaurants without showing a "covid passport", use public transport without wearing a face covering and meet in large numbers without restrictions — essentially returning to normal life.

The transmission rate, or R-rate, currently stands at 0.7, Health Minister Magnus Heunicke tweeted Wednesday, meaning that the epidemic is continuing to decline. If it's above 1.0, covid-19 cases will increase in the near future. If it's below 1.0, cases will decrease in the near future.

Nearby Sweden also announced earlier this month it will remove most of its covid-19 restrictions on Sept. 29, and famously never locked down like most nations, which despite predictions of doom and gloom did not result in more deaths than anyone else, proving the lockdown policies ineffective, except at destroying the economy.

Pandemic of sickness and death from prescription drugs

AT the intersection of medical and economic sociology sits prescription drugs. Economically, the strange, governmentprotected markets for drugs lead to prices largely unrelated to either value or cost, though companies claim they reflect one or the other, or both at the same time.

This sentence summarises my first eight years of research on the corporate construction of costs and prices. That work demonstrated a constellation of markets infused with culture false rhetoric, and the manipulation of evidence that misleads providers, payers, and patients.

Epidemiologically, appropriately prescribed, prescription drugs are the fourth leading cause of death, tied with stroke at about 2,460 deaths each week in the United States. About 330,000 patients die each year from prescription drugs in the United States and Europe. They cause an epidemic of about 20 times more in hospitalisations, as well as falls, road accidents, and about 80 million medically minor problems such as pains, discomforts, and dysfunctions that hobble productivity or the ability to care for others. Deaths and adverse effects from overmedication, errors, and self-medication would increase these figures. During my year as a research fellow at Harvard last year, colleagues and I pulled together the evidence in an article, which is the most downloaded article in its subfield.

The Edmund J. Safra Center for Ethics at Harvard is devoted to researching "institutional corruption" in a range of domains, including Congress, the Environmental Protection Agency, and the Food and Drug Administration (FDA). Institutional corruption refers to legal ways in which an institution's social mission and basic values get distorted, usually by big money. For example, the FDA, developed around a series of drug disasters to protect the public from unsafe and ineffective drugs, devotes

by **DONALD W LIGHT**

only 10 percent of its budget to monitoring of harmful side effects. Further, evidence of serious risks is reviewed by the same committee that approved the drug in the first place as "safe and effective." This builds on another institutionally corrupt arrangement—companies testing

unites the two sides of medical sociology because physicians prescribe them to help patients. It's a field waiting for graduate students and faculty to explore.

I first became interested in drugs as a founding fellow at the Center for Bioethics at the University of Pennsylvania, because it was found that older Americans were skipping or splitting vital pills they could not afford. Big Pharma

all new drugs approved are judged by independent review physicians and pharmacists as providing few or no clinical advantages. Yet the probability of serious harmful side effects in new drugs is one in five. Company-designed trials show they are better than a placebo or not too much worse than existing drugs but not clinically superior. Is the risk-benefit ratio of new drugs often greater than 1:1?

indeed companies charge so much that even insured patients become impoverished because of the co-payments imposed by insurance companies.

Drug companies make two claims to justify high prices: high research costs and significantly better clinical benefits. A professor of cancer research at the University of Texas, Hagop Kantarjian, who is also Chief of Leukemia at the MD Anderson Cancer Center in Houston, joined me in publishing an article in Cancer magazine showing that neither explanation holds up.

Based on the information about research costs that companies release, a high proportion of these costs comes from public or charitable sources. In addition. taxpayers end up paying about 45 percent of corporate research costs through tax credits and deductions. Thus the net corporate research costs to develop a cancer drug may be lower than developing most other drugs. Kantarjian and his colleagues conclude that 90 percent of new cancer drugs provide few or

What, then, is going on? We AARP Bulletin, which went out to 23 million readers. We will see what happens next in this applied sociological initiative.

no additional benefits for patients. concluded that companies charge unaffordable, impoverishing prices because legal protections in the United States encourage them. Further, we found in the large data set on prescription prices gathered by Express Scripts that companies keep raising these prices in subsequent years, doubling every five years. Thus the pricing of cancer, cardiovascular, and other 'specialty' drugs can be characterised as "market spiral pricing." This analysis was featured in the May 2014

> Light, Donald W., Joel Lexchin, and Jonathan J. Darrow. Institutional Corruption of Pharmaceuticals and the Myth of Safe and Effective Drugs. Journal of Law, Medicine and Ethics, 2013, 14,3: 590-610. Available at SSRN: http://ssrn.com/abstract=2282014

https://www.asanet.org/sites/ default/files/savvy/footnotes/nov14/ prescription_1114.html



their own products. They use welldocumented techniques to produce evidence that new drugs appear safer and less harmful than they are in actual practice. These practices include randomly sampling from a preselected biased population, using substitute outcome measures, and using a high dose to hasten evidence of benefit while running trials too short to record the resulting adverse side effects.

Despite the prevalence of mild and serious harms from prescription drugs, there is a lack of sociological research in this area. Medical sociologists often concentrate their research on diabetes or Alzheimer's disease rather than on prescription drugs as a major cause of illness and death. Drugs as a major health risk, especially given that few new ones have offsetting advantages compared to their higher risks,

(as companies with revenues over \$10 billion a year are often called) said prices had to be high to recoup huge research costs and fund future research. I investigated this claim and found it greatly exaggerated. An invitation to the Netherlands Institute for Advanced Study led me to realise that a far worse problem existed—the epidemic of harmful side effects from drugs that usually offer few or no new clinical advantages over existing drugs to offset their risks.

The FDA criteria for approving new drugs do not include evidence that new drugs are clinically better than existing ones. Many people, even doctors, assume that if the FDA approves a new drug, it must be safe, effective, and better; but this is far from actual practice. The criteria for approval are so low that more than 90 percent of

While I was at the Center for Bioethics, one of the greatest drug disasters took place as Merck decided to promote heavily an anti-inflammatory called Vioxx that proved little better than others, but it cut stomach bleeds in half for the four percent of users at risk for that problem. They got about 80 million people on the drug by misleading physicians while pushing under the rug its four-fold risk of cardiovascular trauma. Some experts claim it killed more people than American soldiers killed in Vietnam. Since then, drug disasters have kept occurring.

Meanwhile, federal law requires Medicare to pay for any drug approved by the FDA at the prices that companies set. The industry has constructed a new class called "specialty drugs" for serious diseases like cancer. The rhetoric implies that specialty drugs justify special prices, and



Why doctors have failed us

If the government wants to reduce the number of deaths (to enable them to claim that the jab is working), they reduce the period to 28 days

ALMOST everything doctors and other health care professionals think they know about covid-19 and the covid jabs is wrong. They have been systematically misled from the beginning and they have swallowed the lies with childish enthusiasm.

Why have doctors, nurses and other health professionals succumbed to the fear and allowed themselves to be tricked, bullied and bribed into supporting an obvious fraud that will kill millions and destroy the reputation of their various professions?

The lies about the fraud have come from politicians, advisors, media and drug companies. All of those have a reputation for dishonesty and, in the case of the drug industry, a reputation for deception and downright fraud which has resulted in their paying out billions of dollars. The drug industry, knowing what dangers were coming with their experimental jabs, craftily arranged to avoid all liability - leaving taxpayers and individuals to pay the price (the Singapore Government has already paid out money to jab-damaged individuals). Many or most government advisers or their institutions have close financial links with the drug companies.

The ignorance exhibited by doctors is blisteringly shocking.

I spoke to an NHS hospital consultant who believed fervently that there had been more deaths in 2020 than ever before. (In fact 2020 was actually only the 14th worst total in the last 30 years and, don't forget, the population of the UK is nearly 10 million higher now). Doctors accept the absurd claim that over 100,000 lives have been saved by the jab! It began as 40,000, then moved to 60,000, then to 100,000 or more. The bigger the lie the bigger the impact.

Thousands of GPs have virtually closed their surgeries and have spent the last year and a half hiding at home. Even today, many will only see patients with great reluctance and if so, are swathed in protective gear and sticky with unpleasant and possibly hazardous goo.

Doctors seem unaware that the government can control the number

One of the questions most commonly asked in the last 18 months must surely be:

'Why have so many doctors betrayed their patients?'

by **Dr VERNON COLEMAN** MB ChB DSc

of alleged incidences of covid-19 at will by altering the number of cycles for the PCR test. If it is decided that there needs to be an epidemic in one particular area, they can arrange it.

Incredibly, the doctors I have spoken to do not care that deaths are being registered as covid deaths solely on the basis of a PCR test — despite clearly having died of something else. They don't care that the government's so-called statistics are fake figures manufactured to suit the requirements of the moment and to manipulate and maintain the covid fraud. Governments everywhere can create more 'cases' to excuse more lockdowns or the closure of schools.

The fraud is constantly fine-tuned to suit the needs of the moment and to create the maximum amount of fear and confusion. If the government wants to increase the number of covid deaths they list all deaths as covid-19 if they occur within 60 days of a positive test. If they want to reduce the number of deaths (to enable them to claim that the jab is working) they reduce the period to 28 days. NHS hospitals have reduced their capacity (by using the excuse of social distancing) and this enables them to pretend, falsely, they are full.

The refusal of government 'experts' to debate the fraud doesn't seem to have upset doctors – though it is unique in medical history. (I've been challenging Whitty to a live TV debate since March 2020.) Nor are the majority of doctors in the slightest bit bothered by the fact that the few colleagues who have spoken out are demonised, attacked, libelled and dismissed as mentally ill.

Most doctors know next to nothing about the virus and do not know that (as I have proved) covid-19 has killed no more than the ordinary flu. Finally, and most startling of all, the majority of doctors who are happily jabbing their patients, and promoting the experimental injections, do not realise that they are breaking the law every time they stick a needle into a patient. Doctors and other health professionals are bound to explain that the jab is experimental and then list all the potential side effects but they don't. (I've been studying the contents of this jab for many months, and first publicly warned about the side effects in a number of videos in December 2020, but I don't think I could summarise the main potential hazards and side effects in less than ten minutes per patient.)

And now restrictions built upon

If the government wants to increase the number of covid deaths, they list all deaths as covid-19 if they occur within 60 days of a positive test.

the fake pandemic are segueing neatly into restrictions designed to deal with the equally fake global warming hysteria. Lockdowns, travel restrictions and deadly mask rules are coming back. Digital passports will be here sooner than you think. You won't be able to drive a car without the government's app on your smartphone.

Doctors used to be independentminded, cantankerous and distrusting of authority. GPs in particular were proud of their independence.

It all started to go wrong when the NHS was created – a communistic endeavour that turned doctors into civil servants and gradually removed all their rights as independent professionals. To further damage an independence that the technocrats

found troubling, doctors were forced to work in group practices in health centres. The whole process of seeing a doctor became an administrative ritual when appointment systems were introduced.

I used to be a huge fan of the NHS, but I've grown out of that naivety as I've seen how the bureaucrats have taken over. There are more administrators working in the NHS than there are nurses or beds. Almost half of all NHS staff have absolutely no medical training but work as managers and administrators.

And drug companies have been allowed to infiltrate the NHS. For decades now most postgraduate education for doctors has been paid for, subsidised or organised by drug companies. I was banned from speaking at an NHS conference about adverse reactions after drug companies complained that they didn't want me near NHS staff. Medical iournals are full of advertising paid for by drug companies, which pay far higher rates for adverts in medical magazines than in ordinary ones. If drug companies don't like the results of research, it probably won't be published.

In the early days of the NHS, doctors still retained a sense of vocation. They cared. Single handed practitioners were on call 24 hours a day for every day of the year. GPs had access to hospitals which maintained a sense of continuity for patients.

And then new rules allowed doctors to work the same hours as librarians. Patients could no longer call a doctor at night or at the weekend. Doctors work less than ever before and there is talk of GPs working three days a week. Or even one day a week.

And nurses started to take over much of the work previously done by doctors. Nurses demanded equal recognition and treatment. They became too important to deal with bed pans or to comfort patients. As nurses moved up a step, so auxiliaries and cleaners were promoted and began taking blood and syringing ears. Doctors became ever more remote.

All the time the drug industry, corrupt and greedy, became ever more powerful. Doctors stopped questioning and simply did what they were told. They stopped reading or researching and instead, merely prescribed what they were told to prescribe. The entire medical establishment is merely an arm of the pharmaceutical industry – more crooked than the Columbian drug cartels. I've been writing about drug companies and medical research since the 1960s and things are now more corrupt than ever.

Today, medicine is all about money. The government has bribed doctors to inject their patients with an experimental product by paying them obscenely large fees. Thanks to the covid jab many doctors will double their incomes. And since the injections are here for ever so are the higher salaries.

All this helps explain why there is so little progress in medical treatment. Doctors used to observe and think but now critical thinking is efficiently and ruthlessly suppressed, in a way that I suspect even Paracelsus and Semmelweiss might have found shocking. Original thinking is no longer welcomed or even tolerated.

And it explains why doctors have accepted the covid fraud with so little protest and why they have allowed politicians, advisors and bureaucrats to concentrate the entire NHS on a single disease – the rebadged flu. Protecting the medical staff has become the priority. Once a patient is diagnosed as having covid then all other symptoms and diseases are ignored, scheduled procedures are abandoned and patients left to die.

The NHS has become the NCS – the National Covid Service and it is damaged beyond repair. It's time to close it down and start again.

www.vernoncoleman.com

Forage is power

THE reality of growing and harvesting our own food and medicine is very different from what we know and have already.

Our food and medicines are sterilised, packaged and presented to us in such a way that we need to withdraw from it, become adept in foraging and farming and take back ownership of our food production. It can only start with us and with our local nature.

Over 70% of pharmaceutical drugs are derived directly from plants. Bizarrely, we are made to believe that a plant must be standardised in order to extract its potential in healing. I beg to differ. If you believe in natural selection, then you can believe a plant has adapted for its survival within its surroundings to create perfection in its entirety. The reductionist model of orthodox medicine completely and blindly misses this synergy and the dynamics of this symbiosis and co-reliance in nature. Holistic medicine is the only way forward in helping us rid ourselves of the idea of separation from nature.

We are shifting to a more Palaeolithic instinctual and impulsive (fight or flight) situation. We constantly ask ourselves, 'where is the right place to be, where is the safe place?'

We dream about scaling down, living off grid, community living, sustainability, and learning ancient skills. We need to begin manifesting these thoughts into actions, otherwise we become stifled and imprisoned and our creative energies mutate into angry toxic interactions on social media. We become sad keyboard warriors and lose sight of our aspirations.

Seasonal nature walks enable us to learn more about herbs and wild foods that grow locally. Only connecting with these plants all year round gives us this knowledge. The truth is, without it, we are nothing, and slaves to big pharma and supermarkets.

Actively taking charge of your health and becoming responsible for it gives a massive finger to a nanny state which wants to drug and spoon feed you into submission. There is nothing more endangering to a tyrannical government than a people who know how to feed and heal themselves.

Having a deeper relationship with nature makes us less likely to fall for the tricks of manipulation and control in society and arrive by **REBEKAH REEVE-JONES**

More than 70%
of pharmaceutical
drugs are
derived directly
from plants

at our own core values.

There are thousands of herbs growing in the UK, the vast majority of them are completely edible and

your blood. You are putting a flood of chemistry into your system, which provokes the most advanced biological body we know to respond and process it at a cellular level.

This is our body computer, and is fundamental towards waking up our perceptions and instincts - reactivating those tools that are our senses, and the processor is taste. If we don't, we stand to lose it and let artificial technology win by changing our biological brains to a point where they become unrecognisable.

The rewards for learning about plants and stepping out of your comfort zone are immeasurable. Benefits include free herbal medicine, which I can assure you as a medical herbalist is



Photo: Surrey Flower Farm

have medicinal and nutritional value. Many have been researched and although only some are commonly used today, there is evidence a great many herbs have been forgotten through history (see above). Only around 130 plants should be avoided or are poisonous - make sure you know the plant is not poisonous before using it! With this in mind, nibble testing plants (taking a small 2x2mm piece and chewing it, then spitting out all of the plant and saliva) uses a chemical analysis laboratory called your mouth.

For example, take a dandelion leaf- what you are tasting is bitter; it stimulates your salivary glands, the endocrine system, the gall bladder, the liver and cleanses

abundant and plentiful everywhere, reduced depression and GP visits (if these still exist), increased exercise and vitamin D, free sources of food, more autonomy, mindfulness and inevitably this helps heal communities and makes people happy.

With your hands scratched and soiled from nature's terrain, with dirty nails and windswept hair, it is possible to then understand the fractal of life. The macro to micro, our terrain earth, each and every one of us a human terrain, a perfect reflection on a smaller scale. The germ theory becomes redundant, mere fodder for the uninitiated, but that thought can keep for another time.

Why 'anti-vaxxer' shuts down debate

'When one's only tool is a syringe, the world becomes a pin-cushion.' (with apologies to Abraham Maslow)

THAT impeccable paragon of scientifically objective, non-politicised and vested-interest-free medical information, the World Health Organisation, has called the 'anti-vaxxer' movement 'one of the top ten threats to global health'.

This view is presumably based on their claim that vaccines are a hugely successful publichealth intervention, and that their much-vaunted 'Decade of the Vaccine' will be a beneficent good for our health.

It's time to subject the 'anti-vaxxer' trope to analytical scrutiny. Its etymological origins are unclear, so perhaps a more productive approach is to work backwards from the effects of this squalid term, and thence deduce some possible reasons for its cultural deployment.

Having been repeatedly subjected to this offensive term in my street campaigning, and having thought deeply how (if at all) to respond, it's clear that the term is deeply connected to hate and victimhood, and to the closing-down of thinking.

In Kleinian psychoanalytic terms, hate is a pervasive phenomenon to which we're all subject; it's one that's ripe for psychological projection onto a 'hate-object', whose identity can easily be manipulated into existence when fear and death anxiety are skilfully deployed.

The powerful dynamics of blaming are also deeply implicated in the 'anti-vaxxer' trope. In terms of the archetypal 'Drama Triangle' of Persecutor-Victim-Rescuer from Humanistic Psychology, the incessant mainstream propaganda narrative has cleverly created huge numbers of unwitting Victims of the 'deadly', 'Persecutory' virus; and once Victims have been thus manufactured, they will likely rage at anyone who

by **RICHARD HOUSE** PhD, C.PSYCHOL

threatens the raison d-etre of their potentially life-saving Rescuer - the 'vaccine'. When it's experienced as literally a matter of life and death, the very first casualty will be the capacity to think. Anyone who's been subjected to anti-vaxxer 'othering' and demonisation will have observed how the use of the term seems to render its deployers incapable of thinking beyond the trope's confines and therefore also incapable of even discussing its legitimacy and origins as a descriptor.

Tempting as it might be simply to call them 'vaxxers' back, sinking to their level isn't very useful. It is helpful to realise, though, that 'antivaxx' can only exist as a notion because of 'vaxx' itself. That is, it is those who believe that Russian Roulette techno-medical intrusions are a good idea – thus waging a war against nature – who have themselves created the 'anti-vaxx' phenomenon, not those who believe in natural living and natural immunity.

What is perhaps most concerning, however, is the way in which a kind of uncritical 'vaccine-consciousness' seems to have completely colonised the psyches of so many people (including scientists and politicians) – and often. people who by any measure would be seen as 'intelligent'. Big Pharma and their criminal accomplices have been working away at this colonisation of the psyche for decades, with their zombie-science lies about the beneficence of vaccines, and their control of the mainstream narrative, laced as it is with fear and victim-manufacturing propaganda. This explains why their clever programming of the 'anti-vaxxer' trope into so many people's psyches has, to date, been so effective.

It is in the naming of these dynamics and encouraging people with any capacity left for open-mindedness to think about them, that the cultural defusing of this obnoxious name-calling trope offers most hope.

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Faith and courage will see you through the toughest times

Stay true to your by SHARON GIRARDI convictions

IN 2019 we had a burgeoning little enterprise. Blaeneinion is a beautiful retreat in Mid Wales (with beavers in it!), combining 'treading lightly' through regenerative agriculture with conservation activities, which provided a small income for our family and training opportunities for volunteers.

We have planted over 34,000 native saplings in the past 14 years and until recently, supplied a local box scheme with around 200 portions of chemical free vegetables every week from our 75 acre site. Hosting guests here through the AirBnB platform since 2013 has enabled us to subsidise the forest planting (with a small grant from the Forestry Commission), fund the beaver family finish the renovations and create more

productive vegetable gardens.

Following the 'lockdown' announcement in March 2020. AirBnB unilaterally refunded all our guests 100% of their fees and the bookings we had worked hard to secure all vanished overnight.

It was terrifying to see everything that we had worked so hard for fall apart and by May I despaired, staring down the barrel of bankruptcy. It was hard to reconcile why there was no negotiation or compromise with struggling hosts and why the full burden of the economic fallout of the 'health crisis' measures was carried by small businesses alone. Self-employed folk showing little profit (like us) were not entitled to furlough or government support.

Trying to make sense of how unfair it all seemed, I probed more deeply in March 2020, which revealed AirBnB's corporate network affiliations. This corporation had signed up to the 'ID 2020' many months prior to the announcement of covid-19. That revelation hit



home hard, and 18 months later I have a much deeper understanding of how this world really works.

What to do? We could either roll over and become dependent on the State, quickly find long term tenants or fight to stay afloat. I was not prepared to submit to the inhumane and draconian rules set down by AirBnB and our listings were suspended after voicing as much

there. At moments, I became fearful that speaking out or advertising our stance would invite hostility from our community or earmark us in some way. Maybe keeping a low profile was the way to go?

As submission, bearing false witness or cowering have never suited me well, living with courage and honesty was the only choice that felt right. Might as well 'go out with a bang' on our feet than live a half-life in fear I thought, so we advertised in the Light Paper in March this year. The phenomenal response found us fully booked for the whole summer by April, and loving the company of likeminded souls! The gardens might need some TLC - but there have been equally pressing issues this season - like rebuilding our business systems from 'scratch' like many others are now facing

As the 'vaccination' programme rolled out, the numerous reports of nosebleeds in children with jabbed teachers, post-menopausal bleeding, spontaneous abortions and so many more complications in those who preferred to wait, became impossible to ignore. We decided, after looking into the causes more deeply, to adopt the precautionary principle until more long-term data was available and made the difficult decision to host only 'organic' folk for the time being.

Prioritising the health of our family, volunteers, guests and animals though, went down like the proverbial lead balloon with a couple of outraged locals - who I am sure genuinely believed that my thoughts are dangerous. Their report to the Daily Mail prompted unwelcome national attention when it was printed and, although stressful at the time, backfired monumentally and opened a long overdue debate about 'shedding' and discrimination.

These are remarkable times, and the past 18 months have taught me that if we have the courage to stand by our convictions. we are rewarded and supported more than we could imagine!

Have faith, stay strong and don't let anyone steal your magic dear friends.

Seed oils linked to poor health

AFTER 40 years of studying, I found that there is only one truly reliable way of sorting the truth from the lies, and that's to take an ancestral view. What did we eat when we were healthy and what has been introduced into our diets around the time that human health took a nosedive into obesity and chronic disease? Ancient foods cannot cause modern diseases.

Even many staunch plant-based advocates are realising that excessive processed carbohydrates cause a vast amount of metabolic damage and that good fats are not dangerous, but many still miss the point that even though fats were always part of our healthy diet, not all is right with many that we consume. Yes, carbohydrates are not ideal, being mostly empty calories, but many indigenous cultures did consume a minor part of their diets as carbs and still stayed reasonably

by **PHIL ESCOTT**

healthy - not as healthy as those who based their diets around animal fats, but certainly more healthy than we are in the West today.

Look deeper, and it's clear that the most toxic so-called foods that we consume these days are seed oils. This can be seen among the previously healthy cultures that became obese and sick when seed oils replace their traditional fats and notably in the rise in lung cancer among non-smoking Asian women once they started cooking with and inhaling those seed oils.

So, what are seed oils? They are the hidden ones in so many processed products marked as 'vegetable' oils in the ingredient - oils industrially extracted with high heat and solvents from soy, corn, cotton, safflower and rapeseed plants, creating chemical residues, trans fats and oxidised

byproducts. Ancestrally, we had no way of extracting these oils, and the less harmful but not ideal cold pressed fruit oils such as avocado and olive oil were not used until relatively recent times. Humans used nothing but animal fats for most of their history, and they were very healthy.

Seed oils are toxic in many ways, unbalancing the body's omega 3 to omega 6 ratios and filling us full of linoleic acid, causing all kinds of metabolic and cellular mayhem. The history of seed oils is long and complicated, but to summarise, they were originally used as machine lubricants and in the soap making process. They were classified as 'toxic waste' but through marketing have become astonishingly touted as 'heart healthy'. This happened through smart corporate propaganda in the first half of last century, including American cardiologists being swayed by Procter and Gamble and the utterly biased research of

Ancel Kevs and his totally inaccurate lipid hypothesis, which has become the basis of modern diet science, but which has killed millions worldwide as they fry in vegetable oil and spread toxic margarine on their gut-ripping wholemeal bread, having been fooled that they are doing the right thing by avoiding natural animal fats.

Seed oils have been linked to obesity, diabetes, heart disease, autoimmunity and pretty much every modern degenerative ailment.

- To look into the detailed history of seed oils and the science of what they do to us, check out the work of Nina Teicholz, Dave Feldman, Dr. Paul Saladino, Tucker Goodrich, Ivor Cummins and search 'AncestryFoundation' on YouTube and Facebook.
- Phil Escott is a diet consultant and can be found at theredpillrevolution.com and thehumanunleashed.com



Photo: Bilge Tekin

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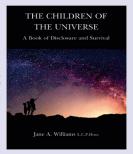
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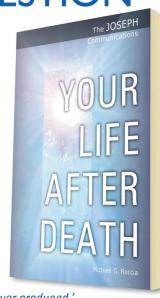


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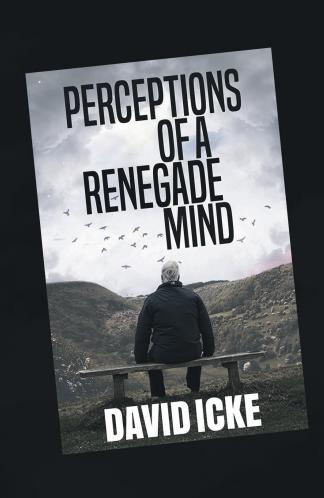
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