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INSTRUCTION

Levels of Monitoring

When viewer has a monitor who is listening to and guiding the remote-viewing session, then the degree to which the monitor is involved with the data-collection process needs to be explicitly recorded before the session begins. This is normally done by writing the words "Level 1," "Level 2," "Level 3," and so on after the monitor's name on the first page of the session. These levels are defined below.

Type 5 Data (both viewer and monitor are blind to the target)

Level 1: The monitor does very little guiding at this level. The monitor's primary role is to suggest movement exercises when the data flow slows or stops. The monitor also corrects any deviations from authorized procedures. The monitor can also guide the viewer with respect to a script that specifies movement exercises at certain points during the session.

Level 2: The monitor is actively engaged in directing the remote viewer by suggesting numerous movement exercises whenever they may seem appropriate. The data flow does not have to slow for the monitor to suggest a movement exercise. The monitor also corrects any deviations from authorized procedures. The monitor can also guide the viewer with respect to a script that specifies movement exercises at certain points during the session.

Type 4 Data (the viewer is blind to the target but the monitor knows the target specific)

Level 3: The monitor's primary role is to suggest movement exercises when the data flow slows or when the viewer no longer seems focused on the target. Using occasional movement exercises only, the monitor should ensure that the viewer achieves the maximum degree of target description possible by the end of the remote-viewing session. The monitor also corrects any deviations from authorized procedures. The monitor can also guide the viewer with respect to a script that specifies movement exercises at certain points during the session.

Level 4: The monitor is actively engaged in the data-collection process by offering numerous movement exercises that assist the viewer in focusing on the most important target attributes. The data flow does not have to slow for the monitor to suggest a movement exercise. The monitor also corrects any deviations from authorized procedures. The monitor can also guide the viewer with respect to a script that specifies movement exercises at certain points during the session.

Level 5: The monitor is actively engaged in all aspects of the data collection process. This includes an evaluation of all or most data entries. This type of monitoring level is appropriate for occasional use only, or in certain instructional situations. The monitor can state the word "check" after each datum that is appropriate for the target, or the monitor can remain silent if it is unclear whether or not a datum is appropriate. The monitor can state the word "reject" if a datum is inappropriate for the target. The viewer records all data, but puts a line through all rejected data entries.