

Zelenko Protocol¹²

Clinical Suspicion of Covid-19 Treatment Algorithm Risk Stratify Patients and Treat Based on Clinical Suspicion

Low Risk

Less than 45 years old
No comorbidities
No Shortness of Breath



Supportive Care

Elemental Zinc 50mg/day x 1wk
Quercetin 500mg bid x 1 wk or
EGCG 400mg bid x 1 wk
Vitamin C 1000mg qd x 1 wk
Vitamin D 50000iu qwk x 3 mo

High Risk

More than 45 years old
Less than 45 years old with comorbidities
Any age if Short of Breath



Elemental Zinc 50mg/day x 1wk
HCQ 200mg bid x 5-7 days
Azithromycin 500mg qd x 5 days or
Doxycycline 100mg bid x 1 wk
Vitamin C 1000mg qd x 1 wk
Vitamin D 50000iu qwk x 3 mo

Tx options based on clinical judgement and patient presentation

If patient is symptomatic >7 day, and/or appears toxic, and/or has
very high risk for complications

Budesonide 1mg/2cc neb bid x 7 days and/or
Dexamethasone 8mg qd x 7 days and/or
Ivermectin 6mg bid x 1 day and/or
Eliquis 5mg bid x 7 days
Home IV fluids and/or Oxygen

IF POSSIBLE, KEEP PATIENTS OUT OF THE HOSPITAL

¹ <https://doi.org/10.1016/j.ijantimicag.2020.106214>

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