

AS WE ARE LIBERATED FROM OUR OWN FEAR
OUR PRESENCE AUTOMATICALLY
LIBERATES OTHERS
MARIANNE WILLIAMSON

**DOSSIER OF THE ASCENSION:
A PRACTICAL GUIDE TO
KUNDALINI ACTIVATION**

By

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INTRODUCTION TO PART ONE

'Come to the edge,' He said.
They said, 'We are afraid.'
'Come to the edge,' He said.
They came.
He pushed them
...and they flew.

Guillaume Apollinaire

Hello and welcome to this Dossier of the Ascension (DOA).

I would like to start off by welcoming everyone to this ascension tutorial. Now that you have advanced past the basic spiritual truths of this planet, you are now ready to formally begin your energetic activation process. That is, you are ready to step onto the Path of Activation and begin a process that will forthwith, and with most excellent haste, lead you to the reclamation of your spiritual power. After you have completed this process you will take your place as an activated energy worker helping to ascend this planet and initiate the seventh creation.

The material that you now have in your hand is designed to be a *walk through* for your individual activation process. It is designed to provide a set of short notes and discussion materials that will help you through the sometimes difficult, but always liberating, *spiritual stages* that lie just before you. I wish I could tell you that your activation and ascension will be a cakewalk, but I cannot. There are significant spiritual hurdles that lie just ahead for many of you.

These hurdles take two forms. They are intellectual and energetic and consist of the conceptual and energetic blockages that must be cleared if you are to fully activate and ascend in the glorious Divine process now underway on this planet. They are also practical and experiential and consist of the skill sets and abilities which you need to remember you have in order to properly use that spiritual power tool (your physical body) that you currently inhabit.

Do not let me scare you away from the process here. Although the obstacles are significant and challenging, in truth you all have the skills and the capabilities you need in order to overcome these obstacles. Though you perhaps are not aware of it at this instant, nevertheless, you have been practicing for this moment in the ascension activation process for a very long time. Through countless lives and countless harrowing challenges, you have built up the skills and abilities that need to overcome the deepest, darkest fears and the most twisted, horrible misconceptions easily and with grace.

You just need a gentle reminder of what you know.

So steel your nerves and begin your forward march.

Trust the process.

The skills you need are there for you when you are ready.



Before we start, I would like to take the opportunity to more formally introduce myself and explain to you who I am and what my role will be in the process that is now unfolding on this planet.

As you already know, my name is Michael Sharp. I am what you might call a spiritual emissary. I realize that this is a very loaded term (although not as loaded as some others that I might use) and can mean many things. However, if you boil it right down to its essence, my job and the message that I bring to this planet can be expressed very simply.

I am here on behalf of God to bring you the *Good News*.

I am here to show you *The Path* home.

I am here with some of *The Tools* you will need to move yourself (and others) forward on The Path and, finally I am here to help orchestrate the energetic activation process and, a bit later, the larger mass contact mission that will usher this planet into a new era of galactic peace and prosperity.

Let us examine in more detail each of these tasks.

The Good News

Let us start with the Good News first.

The Good News that I bring is simple.

Your work (our work) on this planet is complete.

The long dark night of your soul (our soul) is over.

You have completed your collective ascension preparations and now everything is perfectly arranged in order that we may safely orchestrate what will go down in the Annals of Creation as the single biggest creative event ever initiated in the entire history of creation. What is more, you may now return home to the light and love that is your birthright and spiritual heritage.

This is the good news and when you think about it, this really is **GOOD NEWS** because it will mean some significant and positive changes will occur on this planet now and in the very near future that will bring this world more in line with the standards of enlightenment, prosperity, and technology enjoyed by all other advanced star nations throughout the universe. The fact that we have completed our ascension preparations and no longer have to live in duality will mean, in short, an end to poverty, hatred, war, disease, famine, and all the other Annunaki supported nonsense that has been an inevitable, but necessary, condition of our ascension work.

Be patient though. The utopian unfolding will not happen overnight. It will take time. Your own activation will take between six months and two years. It will take longer to get the entire world up to the point where they will consider stepping onto *the Path of Activation*. All together, we are looking at between four and five years for the entire process to unfold (I mark this time from the end of 2004 when this book was first published).

Do not be discouraged by this.

Already we are seeing major political and social shifting, major economic shifts, and major global changes. Already we are seeing the next wave of energy workers (the second wave) begin to rub the sleep from their darkened eyes. Already the energies flowing into this earth are rocketing the molecular vibration of this local area of the universe higher and higher. These changes will only accelerate in the next few years as more and more energy workers come online.

So be patient and do not be discouraged.

You will see, if you look, that the revolution is already underway. As time passes, it will only become more obvious. Soon, even the sleepest of sleepy heads will not be able to deny the significance of the changes unfolding around them. Until then, have faith and keep moving forward. The farther each of you get along with your ascension process, the faster we will all get to where we are going.

The Path Home

This brings me to the second reason I am here. In addition to bringing you the Good News, I am also here to help lend a hand so that you might pick yourselves up out of the darkness that you have been walking around in for so long and move with *speed and facility* into the full light and power of your own higher consciousness.

In other words, I am here with the way and the means and through me you will move from being an unconscious energy worker/lightworker engaged in ascension related work to a fully conscious, fully in control, fully activated Spark of the One God engaged in ascension related work and you will do it **in record time**.

Sounds like fun right?



Technically, you do not really need me for the process of activation and awakening that now lies before you because you are a powerful spiritual co-creator already and are quite capable of picking yourselves up without my help. The thing is, though, without my help, it would take you more time than we currently have. You would have to go through the same onerous and difficult process of awakening that I went through, for example, and you would have to claw your way through the muck and the mud of Annunaki seeded misconceptions into the light of Spirit. Depending on how much time you have away from your family and job responsibilities, this could take you several decades.

Obviously, we cannot have that.

You see, we are under a bit of time pressure to get things moving.

Do not misinterpret me here.

Our pressure to get things done quickly does not arise because there is any danger we will fail or that the process can be halted. At this point, the energetic process of ascension is very far advanced and nothing can be done to halt the process.

Our *pressure* is only a question of *timing* and *comfort*.

The issue is a technical issue. You see, The Ascension will be accomplished in waves. To be specific, it will be accomplished by the sequential activation of *three waves* of energy workers. Each wave will provide the additional energetic momentum necessary to raise the vibrational frequency of this planet up toward the quantum boundary that separates the dimensional levels. Each wave will be larger and more powerful than the previous. Each wave will bring increasing pressure for forward movement and vibrational ascension.

The issue for you (and everyone else) will be an issue of timing and activation. As each successive wave activates, it will bring increasingly magical manifestation capabilities to you and increasingly revolutionary changes to this planet. More importantly, as each successive wave of powerful energy workers activates, the *energies* around you will become **increasingly intense** and uncomfortable if you are not *moving forward*.

Put in more practical terms, this means that if you are not raising your vibration, throwing off the illusions of duality, and incorporating your higher consciousness into your body as you have been **called to do**, you will experience growing difficulty with the ascending energies of this planet. Your difficulties will start with a mild sense of unease but the sense of *urgency* and unrest will, as the vibration of the planet continues to ascend, rapidly increase.

The bottom line here is simple.

As the process advances, those who are not moving forward will find it increasingly difficult to live on this planet. Unfortunately, some (who knows how many at this point) of your kindred souls will not be able to move their bodies through the difficult fears that block their initial progress and as a result will simply choose to exit this planet and return in a fresh body that is not filled with fear and misconception. This choice they will make rather than go through unnecessary panic and discomfort. This is already occurring and the exits will only accelerate as the vibration increases.

The basic problem here is that this planetary ascension cannot now be stopped or even slowed. And while five years to project completion might seem like a long time to you, it is not when you consider that all people on this planet **must move** from almost total spiritual darkness to complete spiritual enlightenment in a matter of only months and years. This is a gargantuan spiritual task that will be made even more difficult because the human body is a physical thing and as such is subject to the same inertial pressures as any other physical thing in this slowly vibrating physical universe.

So here is the deal.

Given the rapidly rising vibration of this planet, pressure to expand your consciousness and increase your vibration is going to become very intense very soon. Very soon, the geo-political changes that are now occurring subtly and just behind the conscious awareness of the masses of this planet will no longer proceed at a subtle or comfortable pace. Very soon, people will be confronting their fears and misconceptions in massive waves of transformation. Very soon, it will be very uncomfortable for a very many people.

It might help to think of this with the following metaphor. Think of this whole process like having a big house party where everyone brings their own personal heating system taped firmly to their bodies. As the party progresses, people inexplicably begin to turn on their heating systems. First one, then two, then five, and then fifty people light *the fire*. As more and more people turn on their energy systems, pretty soon the ambient temperature in the room starts to rise.

At first, it is only toasty warm but as more of the party goes tune in and turn on, the temperature gets hotter and hotter until eventually (if you cannot adjust to the extra energy around you) you will become so uncomfortable that you will either be forced out of the party because of the heat (not a good thing) or you will desperately claw at your clothing (here used as a metaphor for the illusions of the 3D world) in order to remove them so that you can adjust to the rising vibration. The desperation that people will feel is not a good thing but as long as they do not choose to leave the party, then those who have gone ahead will be able to help them find the path and remove all those multiple layers of illusion.

Of course, as any lightworker who has ever tried to activate another person knows, getting people to remove those layers of illusion even when they are willing to can seem downright impossible. In other words, showing the path is not enough. Pointing the way only goes so far.¹ Which brings me back to the point. Given the fact that we are under a fair bit of time pressure, and given the fact that there is a real need to move people forward on The Path as quickly and efficiently as possible, we need someone to provide a short-cut path from darkness to light so that we may move, as quickly as we are physically possible, forward into the full light of Spirit before things get too uncomfortable.

Which brings me to the third reason for my presence on this earth at this time. As you have by now guess, I am here with the tools that will help you (and those around you) get rid of the spiritual darkness as quickly and efficiently as possible.

This is in fulfillment of a promise made to you at the outset of this great creative adventure.

Welcome to the lightning path.



The Tools

For your information, here is a list of the ascension assistance I bring.

The Book of Life: Ascension and the Divine World Order is the first tool. Consider it the basic introductory spiritual textbook for the new age of ascension. The Book of Life is an easy to read, easy to understand, spiritual summary and textbook for the new age. That book contains all the basic corrective material that will allow individuals to quickly throw off all the conceptual fluff that has kept them vibrating at

¹ In the visual language of the Tarot, in addition to the hermit holding the lamp, you also need the magician holding the tools.

a low level of consciousness. The Book of Life is the *first step* on the Paths of Activation and Awakening. Reading the Book of Life will move you from spiritual darkness to light (i.e., a broader understanding of the process) relatively quickly.

After the Book of Life, the next step on The Path involves activating your energy system. For those who do not yet remember, your body is a very sophisticated, very powerful, and very capable creative manifestation tool. For reasons outlined in the Book of Life (and in later sections of this work), while incarnated on this earth our energy systems are handicapped and cut off by systems of energetic control that prevent access to the full power of the body. However, with the ascension work completed, we can now move towards full awareness of our bodily power and full activation of our energetic systems.

You can initiate the activation of your energy system (your body) quickly by meditating with *The Great Invocation*. The Great Invocation (see Appendix One) is an easy to use and very powerful chakra and kundalini activation sequence. The Great Invocation is what you use to immediately *activate* your energy systems at an astral level in order to *participate* in the great energy worker activation.²

At the point of activation you have two choices within the systems of awakening and activation that I represent. If you wish to approach your ascension and activation in a more systematic fashion (complete with deep esoteric lessons on the nature of this planet, the ascension, and your role in it) then I would recommend you read *The Book of The Triumph of Spirit* as part of your activation cycle (that is, read it at the same time that you activate with The Great Invocation). This book, which I call *The Book of Triumph* for short, is a compilation and expression of the transformative energies of the spiritual emissary training system known in the popular consciousness as Tarot cards (whew, that was a mouthful). You do not have to understand what all that means at this point. Choose this path if you have ever shown an affinity for the Tarot cards (i.e., have been drawn to them) or if you are interested in a detailed esoteric spiritual study of this ascending planet and your role on it.

Alternatively, if you are not interested in all the “deep” esoteric truths of this planet and just want to get on with it and get back to your life, then use The Great Invocation along with this book you have in your hand. This *Dossier of the Ascension* is a necessary companion to the tumultuous phases of activation immediately in front of you. It is designed to help walk you through the powerful process of activation and clearing that will be initiated when you begin meditating on The Great Invocation.

In the end it does not matter which path you choose. You can choose the more esoteric sub-branch of this Lightning Path (the Book of Triumph) or the more practical orientation represented by this *Dossier of the Ascension*. In truth, you do not even have to choose this path or my writings to move forward. There are several alternatives available to you and in the end, all *modern* paths will lead you home.

I will say this though.

If you want to get from “there” to “here” as quickly as possible, then you have come to the right place.

² Note, lightworkers are also energy workers so nobody is excluded from the great work.

We Time the Process

So now you know that I bring the Good News and Tools for your return home. This brings us to the third part of my job on this earth at this time which is to help time the activation process. Here my role is less as a spiritual teacher and more as a member of a managerial team tasked with organizing and implementing key ascension markers. It is my job to help initiate the ascension acceleration (which happened in November 2003), help manage the timing of energy workers coming online, and help orchestrate an “as smooth as possible” transition from the spiritual darkness of this former slave planet to the new spiritual light that is now an emerging reality on this world.

As part of the ascension management team, I am also responsible for initiating a global mass contact. I will go into detail about first contact (i.e., the collective realization of extraterrestrial contact) at a later date. For now it is enough for you to know that first contact cannot occur until the majority of fear and paranoia has been cleared from the mass consciousness of the people of this planet. Without that clearing, the appearance of space ships in the skies would only cause mass hysteria, panic, and chaos. This is not something that anyone is prepared to risk so first the clearing of fear and paranoia is necessary. As it stands now, mass contact (i.e., ships in the skies) for the majority of the world to see is *at least* a year away (marking from the end of 2004).

Initiating The Process: Activating The Body

That about brings us to the close of this introduction. Before moving on to discuss the details of your activation process, a few final worlds are in order.

First of all, if you plan to follow through this Dossier of the Ascension, then you should immediately begin meditating with *The Great Invocation*. Do this meditation daily and with conscious intent to move forward. Practice it in your car, in your bed, while you are at dinner, and wherever you think about it and are free to give over a minute or two of your time. Practicing *The Great Invocation* will begin the process of activation and initiate the round of manifestation that will see you clear all the blockages that have prevented your full-scale energetic activation in the past.

Second, as you meditate on The Great Invocation, you should also repeatedly affirm your intent to *take your power back*. This is important. One of the outcomes of energetic limitation and spiritual darkness on this planet is that you have, from time immemorial (or at least since the end of the Atlantean ascension attempt) handed your power over to the ruling classes of this world so that they may use that power to oppress your energies. There is no judgment implied here. This whole process of giving away our energy has been a voluntary part of the cooperative and collective strategies of energy control that we all developed after the difficulties we experienced in Atlantis.

However, **now it is time to take your power back**. Taking your power back is, in fact, critical especially since your creative power will expand exponentially as you move through the activation process. As your chakras begin to spin and you eventually connect your kundalini, you will become one of the most powerful creative forces in the universe. Trust me when I tell you that you do not want the power that you

generate to be used by someone else (anyone else) anywhere. There are too many people on this earth who actively look for “loose energy” so that they can use that energy for their own nefarious and oppressive purposes.

So, just as you must now practice your chakra and kundalini activation in order to step into the energy of the ascension, you also need to intentionally reclaim the power that you have given away.

Oh yes, and do not be afraid.

There is **no chance** that your use of your power will result in another end-of-the-world conflagration as it did in Atlantis. Do not believe those who tell you “the end” is just around the corner.

It is not!

We stand at the beginning and because we all worked so hard to arrange conditions for the ascension *just right*, there is no way in heaven that your power will be misused, misappropriated, or turned to purposes other than the highest good of all people on this planet. You know deep in your heart that this is true and you will recognize it as truth when I tell you that everything around you is now perfectly arranged.

All is in place.

Nothing can go wrong.

So, give your intent.

Initiate your activation by meditating on The Great Invocation and **demand your power back**.

Remember, you are the ones with the power and you must use that power to ascend this planet.

Pray (repeat) with me.

“I TAKE MY POWER BACK.”

“I CLAIM CONTROL.”

“HENCEFORTH, ONLY I MAY USE MY ENERGY.”

“HENCEFORTH, MY ENERGIES WILL ONLY BE USED FOR THE HIGHEST GOOD OF **ALL** SOULS IN THE UNIVERSE.”

HENCEFORTH, **I AM** IN CONTROL

Practice this daily for a few weeks along with your daily meditation with the GI. This will ensure that you retain control of the growing power and glory of the energy that you release and manifest in this world.

Oh yes and hang on to your hats....

Your ride is just beginning.

Chapter and Section Outline

The Dossier of the Ascension is laid out in two major sections. Section One consists of three chapters outlining the basic truths that you require to successfully activate your energetic system (i.e., your body). Section Two consists of an introduction and seven chapters. Each of the seven chapters outlines, in some detail, the blockage and proper functioning of each of your Divine energy portals (i.e., your chakras).

In section one, chapter one discusses the nature of the spiritual path that you are on. In chapter one I discuss the twelve grand paths and distinguish between the Path of Activation and the Path of Awakening. As I note in chapter one, this book takes you deep into the *Lightening Path* or the *Path of the Phoenix*. I also discuss, in chapter one, the fact that this Dossier, while providing you with a degree of intellectual foundation for the work you are about to undertake, is really more of a practical guide to getting your body working at full creative efficiency.

Both chapter two and chapter three take you on a tour through your deepest fears. Chapter two explains in some detail the nature of fear. In chapter two you learn that fear is the primary obstacle to initiating a bodily *ignition sequence*. Although we are all capable of instantly opening our chakras (while using a tool such as The Great Invocation for example), few of us are able to keep the chakras open. As we learn, when we turn on our energy system, we immediately manifest the fears embedded in the genetic structures of our manifestation device (i.e., our body). When we face these fears and do not walk through them, then we immediately close our chakra system. No amount of intellectual jiggery can change this basic fact. If you don't clear your fears, you don't activate your body.

In chapter two we also learn why we carry the fears we do. Our deep and powerful fears are basically put there to prevent us from taking back our full power before we (and by we I mean all of us) have sufficiently prepared for the process of ascension. Fears function as a sort of emergency stop button and we have all agreed to have these stop buttons implanted in order to prevent another Atlantis like debacle.

Chapter three provides a deep look at the nature of our fears. In chapter three we look at the actual form and content of the fears. In that chapter I distinguish between the big and little fears and show how the little fears are socially bred and the big fears are genetically based. It is my hope that by providing a conceptual rubric for understanding the form and content of our fears, those who are on the Path of Activation will have an easier time facing, walking through, and integrating the powerful and deeply embedded fears. In the end, of course, walking through your fear is something you do alone.

Trust is the key.

Trust facilitates clearing.

If you can bring yourself to trust me, trust Spirit, and trust that those around you are interested in your long term spiritual and bodily well being and happiness, then walking through your fears will be made considerably easier. In some ways, it is true, you walk through the fears of your body alone. However, when you trust, you immediately open yourself to the love, support, and understanding that is available to you as part of the cosmic family of Spirit.

I do not know about you but I would rather face my darkest fears with a little help from my friends.



As already noted, section two takes you on a detailed, and practical, tour of your energy system. The introduction to part two provides intermediate instructional material on the nature of your energy device, its

multidimensional nature, the rules under which it operates as a powerful manifestation device, and the *control clauses* which govern the expression of your energies under the rules of the old world.

Now, while it is true that your creative expression is controlled under old world conditions (and this because of the need for ascension control), under new conditions, you are free to take back your role as co-creator and brilliant Spark of the One. In line with this new dispensation (which arises because we have completed our ascension work), section two also provides a detailed exposition of each of your seven chakras.

Each of the sections on your chakra provides a wealth of information on chakra blockages, improper thinking, proper functioning, and efficient manifestation. For best effect approach each of the chapters in a random and recursive fashion. This means simply that you should read what you want to read. That is, rather than following a linear path through section two, simply read the chakra descriptions you want to read (i.e., if you are drawn to the sacral chapter than go there first). Also, read the chapter recursively. There is a lot of information packed into each of those descriptions and it may take you several iterations before you extract all of the useful information from the descriptions.

Although looking at this book, and considering what I have told you about the contents of this book, may lead you to believe that the Path of Activation that lies ahead of you will be difficult and onerous, that is most certainly not the case. The path that you are on, the Lightning Path, is designed for powerful manifestation, rapid clearing, and lightning quick integration of truths. You will find that following this path brings you both better understanding of the world, and more power over it, in quantum leaps forward. Given the nature of this path, one thing you will never say about it is that it is boring or onerous.

It is my sincere hope that you find my grand path, this Lightning Path, a most liberatory and joyful experience. It has been a long time coming and boy is it the gospel truth when I tell you, considering the sacrifices that we have all made in completing this Divine work that we have now completed, we all deserve the fastest path home that God can possibly provide.

Namaste

Michael Sharp

CHAPTER ONE: THE GREAT SPIRITUAL PATHS

The wise man in the storm prays God, not for safety from danger, but for deliverance from fear.

Ralph Waldo Emerson

Introduction

At the close of the introduction to this dossier I advised you to do two things. I advised you to begin meditating with The Great Invocation and, simultaneously, I asked you to reclaim your full power and set conditions whereby you will be the only person allowed to use this power.

If you are reading this part of the dossier now then you should have been doing daily meditations with The Great Invocation for at least two weeks (preferably one month). The reason for this is simple. Meditating with The Great Invocation is the necessary **first step** that initiates the process of activation and energetic acceleration that will culminate in the ascension of your body. I realize that many of you may expect a more difficult path towards activation given the obtuse way many teachers speak about these sorts of things. Fortunately for those of us with families and other responsibilities, it does not need to be that way – especially now. All you really have to do to start your own process of vibratory acceleration is meditate with *The Great Invocation* and set your intent to move forward (say “I wish to move forward”).

Sound too simple?

That is your misconception.

In truth, there is nothing complicated or un-natural about things spiritual. In fact, one of the criteria that I use to judge whether or not a spiritual text or practice is worth learning from is to look first at how complicated and onerous the requirements for advancement and enlightenment are. The more complicated and difficult the requirements, and the less interesting and potentially *fun* the path offered, the less Spirit I see in the teachings.

You may disagree and that is up to you. However when it comes to *this path*, and the assistance provided in this dossier, meditating with The Great Invocation is the key activity you engage in. It comes down to this. If you do not do the meditation, then you do not step onto this path. If you do not step onto this path, then the material in this dossier will come to you as mere words on a page with virtually no experiential weight.

You can avoid this pitfall by actively meditating with *The Great Invocation*. Trust in the process and have faith (you will need it at least initially) and before too long your body’s activation and ascension process will begin to make the words in this book spring to scintillating life.

Assuming that you are now well into your meditative practice with *The Great Invocation*, let us now step with vigor and purpose onto *The Path*.

The Paths of Activation and Awakening

If you have read *The Book of Life: Ascension and the Divine World Order*, or if you follow the writings on my website, you will have seen me repeatedly refer to something I call *The Path*. I talk a lot about *The Path* in the Book of Life and, in fact, in all my writings. I know most will know that this path that I am always referring to is about spiritual growth of some kind. But other than that basic understanding, and other than the more esoteric (means buried and unexplained) comments and direction that I have offered in *The Book of Triumph*, I have never gone into much overt detail about what constitutes this path that I am always talking about. In this chapter, I wish to overcome this lacuna and provide a more detailed, upfront and informative discussion of just what I mean by this thing I call The Path.

The first thing I need to do if I am to accomplish this goal is to break this “path thing” down into two separate, but related, walkways. The first of these two walkways I will call *the Path of Activation* and the second I will call *The Path of Awakening*. Together, these two minor paths make up what we might call a *Grand Path*, *Great Path*, or *Great Corridor*. This grand path, like the others that are available to you during the end times unfolding, leads you from spiritual darkness and ignorance of the true nature of this physical universe (and your role in it) to full awareness of your role and full power as creator and brilliant *Spark of the One*.

Let us deal with the left hand Path of Awakening first.

The Path of Awakening

By and large, The Path of Awakening is an intellectual or cognitive path. Walking this path mostly has an impact on how you understand the world, the physical universe, all of creation, and your place in it. However, do not get the mistaken impression that this path is merely about intellectual understanding. It is not. Intellectual or cognitive understanding is really only a *side effect* or outcome of the deeper process that occurs when you walk this path from initiation to completion.

What is this deeper process, this deeper meaning of *The Path of Awakening*? Really, this path is all about how you self-interface with your physical body and mind. It is about how much of your spiritual consciousness you can get into your body at any one time. It is about bringing your “self” more fully into your body. When you step onto the Path of Awakening, you basically begin a process of bringing the truth of *your* Spirit into your physical body.



Sound like a lot of new age mumbo jumbo?

It is not! The process is not that hard to understand and not as esoteric as you might have been led to believe and in any case, I am not teaching you anything that you do not already know and you will see this if we recall the typical metaphors used to understand this process in the various world religions. If I was to say

that *Spirit = Light*, then we could say that The Path of Awakening is really the process of en-lightening your mind (i.e., bringing the light of your Spirit into your physical body). You will know it as the path to nirvana (i.e., the experience of the bliss of Spirit), or the move towards ego death (i.e., the merging of your bodily ego with your spiritual ego), etc.

In western teachings it is more accurately reflected in ideas about the descent of the Holy Spirit where the Holy Spirit is to be understood as your higher self and descent should be understood to mean the entrance of your higher self (your higher consciousness) into your “lower” body.

Fundamentalist types like to moralize about this part of The Path and say things like it is the path to salvation or the path to redemption or other such nonsense. In truth you are not lost or damned so there is nothing to find or save. So you can comfortably put those notions aside.

In the end, it does not really matter how you have been taught to verbalize the process or how guilt ridden and fear based it may have become for you as long as you understand that it is a process of bringing your consciousness (your Spirit, the Light of your self, the Holy Spirit, the Christ Consciousness, etc.) more into your body.

Simple, elegant, and absolutely Divine right?

Obviously, the question now foremost in your mind is, “how do you do this?”

It is simple really.

You basically just embrace the truth in whatever form it comes to you.

Without going into a lot of detail about why this is necessary or how this works, suffice it to say that your higher self can only enter your body when your body is able to fully embrace the truth. This means that you have to be fully open to the truth and not *freak out* when you hear truth. This means that if someone comes up to you and says, “hey, I have the truth,” your body and mind’s first response is to **listen** and not reject. You do not have to accept what everybody says, but you really must listen, consider, and if it is true (i.e., if it resonates), then accept and integrate. If you want to experience *the descent of the Holy Spirit*, you must prepare the way by learning to face the Truth.



Why does your body have to be able to face the truth in this manner?

Simply because your spiritual consciousness, your higher self, understands only the Truth. Your holy spirit exists only in the light.

Your self (your real self) exists in a glorious, interconnected web of consciousness and has instant access to all available knowledge about itself and all other things. As a result of this profound spiritual interconnectivity, your higher self knows only the truth about things and cannot play the ridiculous cat and mouse games that we all play with the truth on this planet.

The bottom line is this. If you have done something wrong, if you have been bad, if you have molested children, if you have done “evil” things now or in past lives, you cannot hide this from your higher self.

Your higher self simply knows when something is true or something is false.

Your higher self knows everything there is to know about you.

No amnesia, no Freudian repression and displacement, just the plain old gospel truth.

Period.

The problem for many people is simple. When you start bringing that level of truth into the body, when you start bringing your full spiritual history into conscious awareness, , “cognitive dissonance” (to put it mildly) often results. This dissonance (more often than not terror) happens for a couple of reasons. On the one hand it happens because your bodily consciousness, which is used to the limited, isolated, ego consciousness of the mundane 3D world beneath *The Veil*, feels “dwarfed” by the power and glory of its own higher spiritual self. For many of us who are used to the isolation and seeming irrelevance of the ego inside of the great big vastness of the physical universe, the sudden realization that we are in fact the core of the universe, that our intelligence and understanding is far greater than we have ever been led to believe, and that creation literally exists *inside* of our consciousness, represents a *mind blowing realization of reality and creation* that is so far outside our normal experience that our limited bodily ego can *flee* from the experience out of fear, surprise, shock, and awe.

However, the awesome spiritual truths about creation and your place in it is not the only or even the most intractable problem we have to deal with when bringing our higher self down into the body. More of a problem for those wishing to *draw down* their full consciousness is the damage to your self-esteem that has been accomplished by the socialization system of this world. Your schools, churches, priests, and teachers (and to a lesser extent your parents) have taught you things that make you afraid of your own higher self. They have taught you things that make you cower away from the truth. How do they do this? There are many ways. You parents teach you conditional love (i.e., they will love you more if you do the “right” things). Your priests teach you that making a mistake (stealing, lying, etc.) are damnable offences needing parental (in the eyes of the priest, God is the ultimate parental authority figure) forgiveness. The schools teach you the importance of following the rules and getting the right answer and the media shows you what happens to people who do not conform. As a result of this anti-spiritual socialization process, we become terrified of making mistakes.

The thing is, while under the influence of *The Veil* and while only a portion of our consciousness resides in our bodies, we all make mistakes and lots of them! It is inevitable. Unfortunately, by the end of the socialization process, we are so afraid of making mistakes, so terrified that we will be *cast out* or lose the conditional love of our parents, that we desperately deny our flaws (while at the same time pointing out everybody else’s) in a frantic attempt to prove our self worth in the grand earthly hierarchy of conditional acceptance taught to us by the Annunaki systems of social control.

It is terrible, really. This twisted socialization process of accusation and threat leaves you pretty much totally incapable of looking at the truth about yourself. Take a look at the people around you. Take a look at your own behaviors. Do you know what your flaws are? Your weaknesses? Can you admit your mistakes with your children? Do your parents face the truth about how they raised you? Do you know in what way you oppress others? Do you know the truth of your so-called democracies. Can you admit to the brutal murders

and rapes you may have committed in past lives? Can you admit the dark, oppressing parts that you and those around you have played in this ascension drama?

If you are like everyone else, chances are your first response to knowing *the truth* about yourself, your society, your family, your government, and this world is defensive. You react against the truth because you have been taught that in the end, **you will be judged** and following this judgment, you will either fail/go to hell/be cast out or succeed/go to heaven/become one of the chosen. More often than not, we condemn ourselves and feel we deserve damnation.

Now, couple this fear of the truth with the fact that as you bring your higher self into your body, you also bring into your conscious awareness *the truth* about yourself, others, and this world and you can see where the problem arises. You react in fear to the truths about yourself. You lash out, reject, and scream “go away” at your higher self. Of course, your higher self, which is not interested in traumatizing the body in this fashion, obeys. Your higher self will **never never never** enter the body until your body is capable of welcoming it without trauma. To force its way in, to sit in the body without the body being prepared, would only cause difficult to heal psychological damage. In the worst of cases, forcibly seating the higher consciousness in the body can result in total mental collapse whereby the organism responds in a sort of *fight or flight* reaction. In situations like this, Spirit loses control of the body and the body goes screaming through the streets in utter horror, disbelief, and/or panic. As Immortal Spirit, we only hope that if this happens (and as *The Veil* continues to disintegrate and the bodies on this earth continue to get glimpses of the higher realities, it will happen more and more) the body does not have access to weapons, access to vehicles, or access to other artifacts that may injure innocent individuals in the path of the person.

As you can now understand, the Path of Awakening is not about learning or growing or anything like that. It is about removing the fear of yourself so that you can face who you really are. Walking the Path of Awakening is about preparing your body to face its animating soul. Walking The Path of Awakening is about opening your eyes to your true nature. If I were to give you a quotable quote I would say

Enlightenment is the process of facing yourself.



I am sure you will agree this puts the whole process of spiritual growth into a much different light. Enlightenment, awakening, or whatever you want to call it is not about growing or learning and becoming good little God children. It is not about fixing your broken wings or avoiding the evil temptations of some twisted dark soul. It is simply about overcoming your fear of judgment long enough to be able to look at your own dark shadow and then see past the darkness to the truth that underneath all that blackness and soot that you carry around with you, there is indeed an angel with wings.

As already noted, seeing the truth about yourself is only part of the process. You must also face the truth about your social, political, and economic world. For those of us in North America, there are going to be some very dramatic *revelations* in the next couple of years (oh thank heaven for digital technology) that are

going to shake our belief in the goodness of our democracies. As that happens, do not turn away from the truth. Simply accept it and our role in these things without judgment and without guilt. Once you have accepted the truth about the systems we have believed in, however, it is time to change. Remove your energy from the support of the Annunaki systems (as you have already been taught how to do) and **begin intending new systems.**

Keep firmly in mind this truth.

Nobody blames anybody for anything that has been done up until this point. However, also remember, it is time for change. There will be no more tolerance for old world systems.

I will not kid you; there are significant challenges to walking *The Path of Awakening* not the least of which is our inbred tendency to flee from the truth. Do not sweat the details here though. Simply intend forward movement by repeating things like “I wish to know the Truth about everything including myself” and keep reminding yourself that there is no judgment and no damnation (and certainly no hell) and you will, gradually at first but with accelerating momentum, traverse the short walk that is *The Path of Awakening*.

The Path of Activation

As noted above, the Path of Activation is the second component of a grand spiritual corridor that leads from spiritual darkness back to the full light of Spirit. Unlike the cognitive (but still emotionally charged) nature of The Path of Awakening, the Path of Activation is different. Indeed, the Path of Activation has little to do with a conscious or rational embracing of the truth, intelligence or understanding, or anything like that. Instead, the Path of Activation is that part of the **Great Path** (or Grand Path) that refers to the activation of your physical body’s energy manifestation system.

By now, most of you already know that your body is an energy manifestation device. What you perhaps have not fully realized is just how powerful your body really is. You must understand at this point, your body is not *just dust* as so many of your world religions and power brokers like to tell you. Your body is not *just meat* (though your body *is* just a vehicle of Spirit). **Your body is a powerful creative tool that has been specially designed by Immortal Spirit to allow fine grained and focused control over the physical universe from within the physical universe** (it is worthwhile reading the last sentence a few times in order to get the basic truth to sink in).

Walking the Path of Activation means activating your body. Just like you must turn on the lights in your house or the heater in your car, so it is with your body. In order for it to function in its full capacity as a spiritual manifestation device you must turn it on, warm it up, and finally blast its energy into the world around you.

I discussed the nature of your bodily manifestation device briefly in *The Book of Life*. There I noted that your physical body contains seven chakras or energy portals.³ These portals are the *windows* through which

³ Your body’s energy system is actually more complex than that. In fact, there are hundreds of chakra points throughout your body. However, for most purposes (and certainly for our purposes here), an examination of the seven main chakras is sufficient. If you want more detail, study Chinese medicine.

the *energy of creation* passes into this physical world, where it is then used **by you** to manifest the things that you want. As you are by now also aware, manifestation of the energy is governed by the basic energetic principle summarized in the aphorism,

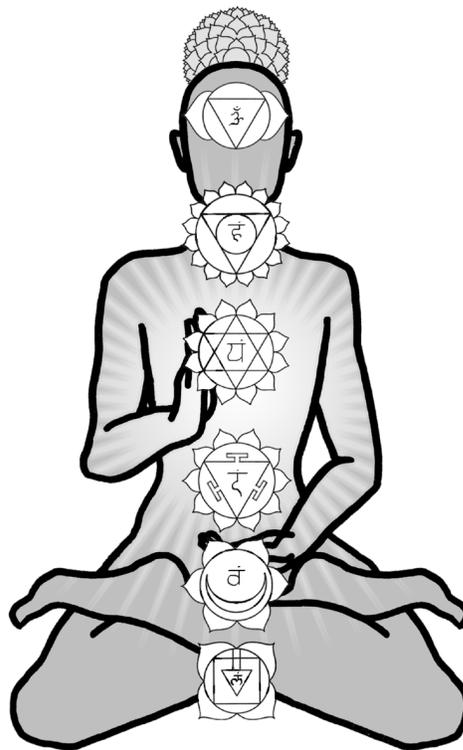
*As above in consciousness
So below in matter*

Or in the equally pithy,

Energy follows intent.

The figure below provides a visual representation of the seven main energy portals associated with your physical body.

Figure I: Spirit's Power Tool of Creation



Under normal spiritual conditions, activation of your body occurs as a regular part of the body's maturation process. That is, under normal conditions, activation of your chakras and connection of your system is just another developmental milestone like learning to walk and talk. However, as you are no doubt aware, on this earth we have not enjoyed normal spiritual conditions for some time. For technical reasons

enumerated in *The Book of Life*, in the past (i.e., up until the end of 2003), while we were incarnated on this earth, our body's energy system was intentionally handicapped and restricted. The short reason for this restriction was to prevent a premature collective kundalini activation leading to disastrous premature ascension and a necessary termination and reconfiguration of this world's ascension tapestry (e.g., another Atlantis). The restriction of your energy system was accomplished in many ways from outright physical and psychological oppression (see next section, the discussion of the Annunaki) through manipulation and modification of the planetary energy fields around the seven principal planets in this solar system.

Prior to 2003, walking *the Path of Activation* would have been difficult to say the least. Social and political conditions, the restrictions placed on the global energy systems of this planet, and the deliberate obfuscation of the technical details of activation, would have made full activation of your body virtually impossible. The onerous nature of activation under the old conditions was recognized by traditional spiritual teachers who usually advised you to be prepared for decades of sacrifice, discipline, and meditative practice before reaching full activation. They were right about that! Under old energetic conditions, walking *the Path of Activation* usually required you to give up your job, family, and all the other distractions of the mundane physical world. It is an understatement to say that under old energetic conditions, activation was difficult.

However, things have changed. Now that we have arranged all the ascension conditions just right we no longer have to worry about too many activated bodies messing up this experiment. Now, it is no longer necessary to create conditions that prevent your activation. Now, we can create conditions that encourage activation and now **we have**. Indeed now, with the new energy systems in place and old world social and political conditions rapidly disintegrating, conditions have changed so much that it is now impossible to prevent activation of your physical body and movement towards full power. A fact that has caused (and will continue to cause) world rulers quite a bit of indigestion.

Which brings us back to this dossier and the reason why I have distinguished the two sub paths on the Grand Path of Awakening that you have stepped onto. This dossier is not designed to help you with the whole Grand Path. In writing this dossier I am primarily concerned to help you walk *the Path of Activation* as quickly and as uneventfully as possible. This dossier is designed to provide assistance in understanding and overcoming the obstacles that you will encounter as you work at clearing away the old conditions and restrictions and moving yourself towards a fully activated, fully empowered energy system.

In short, this dossier is going to help you raise your vibration and complete your ascension process. If I were to use the esoteric and unnecessarily "mystical" language of another time I might say that this dossier is going to provide you with the keys to the kingdom of heaven (remember, Christ *ascended* into heaven). You already have the first key in your hand which is *The Great Invocation*. The rest of the keys will be presented in due course.

Although the focus in this dossier is on the practical details of activation, you will also find lots of material here that will help you understand this process. That is, even though this dossier helps you walk the Path of Activation, it also helps with the Path of Awakening. Still, the emphasis here is on providing knowledge in the context of practical activation. I will take up a more systematic study of the creative process in subsequent books.

The Master Paths

A few final comments, by way of explanation and orientation, are appropriate before moving on. At this point you should know that there is no single *Path of Activation*. Just as there are many ways to discover the truth about this world (you can read books, go online, find alternative media sources, meditate and open to Spirit, etc.) so there are different paths towards the ascension of the body. If we want to be technically accurate, I would tell you that there are exactly twelve Great (or Grand) Paths (a great path consists of one *Path of Awakening* and one *Path of Activation*). Together, we call all 12 Great Paths the *Master Paths*.

The energy for each Grand Path is held by one of twelve *Master Teachers* (or just *masters*) for short. If the master has already completed the ascension process the master is called an *Ascended Master*. Each teacher associated with a path is responsible for holding and advancing the teachings of that Grand Path.

In order to ensure the purity and accuracy of the systems, there is only *one master* for each individual path at any given time. However, you should also know that masters come and go. Technically, being responsible for one of the Grand Paths is just a job and those who step into the job (by undergoing the requisite training) are free to move on to other jobs and other responsibilities at any time they wish (assuming they have fulfilled their obligations). In other words, nobody is stuck in this position.

The point here is that if you want to know who the master of a Grand Path is *at this moment*, you look to the documents and writings of *this moment*. You do not look to, for example, ancient Egyptian texts to see who were the twelve masters back then. That's ok if you have a historical interest, but not ok if you have a practical interest. Masters always write in the language of their time and its always impossible, no matter how good the translator, to adequately convey the vibrational intent of ancient writings to a modern sensibility. It is just not possible. So stick with extant teachings.

You should also know that sometimes the master responsible for holding the energies incarnates on the earth and sometimes they do not. Sometimes they prefer to work directly in physicality, and sometimes they prefer to work through incarnated "disciples." Because of the importance of this particular period in the Divine history of this universe, at this time, **all** masters of the twelve paths are incarnated on this earth to help move the populations through the process of activation and awakening.

As you are no doubt aware (or as you at least expect) each of the twelve Grand Paths leads to exactly the same place (i.e., activation and enlightenment). However, not all paths are created identical (what would be the point of separate paths then?). Some paths are fast. Some paths are slow. Some masters prefer service. Others prefer magical practice. Some require discipline. Others require flexibility. The list of differences in the twelve Grand Paths is quite long but there is no real reason to enumerate the differences. You choose the Grand Path that you choose for reasons understood, at least initially, only by your higher self. Although you may be aware of what Grand Path you have stepped onto, you typically do not understand why until you have moved a fair distance along that Path.

Which brings us to the question that is now burning in your mind which must be, "What Grand Path am I on?"

The answer to that is straightforward.

If you have been drawn to my writings then I can tell you with absolute certainty that you have stepped onto *the Lightning Path*.

What do I mean by lightening path?

I mean just that. As I have said elsewhere (i.e., *The Book of Triumph*) the path that I represent at this time is the fast path to ascension. Of any of the twelve paths available to you, my path is the one that gets you from darkness to light, and from oppressed energy system to connected kundalini, the fastest. My path is distinguished from all the others by the rate of transformation. It is associated with the sign Scorpio (the sting of rapid transformation). The Phoenix (the fiery rebirth into Spirit) is the mythological animal that represents the alchemical truth of this path.

My path is transformation through flaming ego death and fiery rebirth.

Sound scary?

It is not really. It is just dramatic. When you step onto *The Lightning Path* you sign up for quick transformation. It is much like pulling the band-aid off the wound. You either pull the band-aid slowly (and distribute the discomfort over a longer period of time) or you pull it off quickly (and feel a sharp sting, but then it is over quickly). Long and drawn out or quick sting but over fast? How you want to do it is entirely up to you.

The potential of this path is striking. On this path you can move from darkness to light and from dead energy system to kundalini connection in as little as a single yearly manifestation cycle. Those of you who are really motivated (and who perhaps do not have family responsibilities) can do it in as little as six months. Compare that to the decades of discipline and effort required in the old energy and you will get a sense of just how fast this Lightning Path really is.

Those of you who have started with The Great Invocation (which is my activation “ignition switch”) and who are doing that meditation on a regular or semi-regular basis will know what I am talking about here because I have no doubt that since beginning The Great Invocation your life has exploded into a rapid series of creative manifestations. With just a few minutes a day (hardly any effort at all really), you have transformed your life from the relative peace and calm that characterizes the life of a dormant energy worker to the chaotic and seemingly out of control manifestation mess that characterizes the life of an energy worker *in transition*.

If you have been using The Great Invocation and you have not yet made the connection between your use of this activation sequence and the creative explosion in your life, pause and consider the events of the past few weeks. Notice how so many dormant issues that you have manifested and suppressed over the years are now being manifested in the external world. Notice the rapid-fire sequence of these events and the short circle of the manifestation cycle. Notice how people are popping in or being pushed out of your life in a rapid succession. Notice the fears that are coming to the foreground. Notice the destruction of the old and the creation of the new.

Is your head spinning?

Then welcome to the Lightning Path.

For those who have never seen or been aware of the profound spiritual realities of this universe, and the profound creative power that you hold within you, surprise! As you can see, there is a direct connection between your bodily activation and the creative cycles occurring around you. The spiritual truth (which should now be obvious to you) is, you are a powerful co-creator and you are creating the world around you in magical ways on a minute-by-minute basis. You do this even when your energy system is not fully activated. However, things change when you begin activation. At that point, the connection between your body as a manifestation device and the world around you becomes clear.

Final Comments

A few final comments are in order here before moving on.

First of all, you should know that as you walk the Path of Activation, **balance** is important. When you meditate on your chakras, it is possible to meditate on one center more than another. It is possible to do exercises that strengthen a single energetic portal. As a rule, this sort of practice is inadvisable and this is for two reasons. One the one hand, activating just one or two chakras can lead to terribly skewed perspectives and orientation in the physical world. For example, meditate on only your third eye and you may develop strong psychic sensibilities, but these sensibilities will not be grounded in physicality and you will come off like a psychic fruit loop. Similarly, meditate only on your solar chakra and you may develop a keen sense of your own personal power, but your body will have neither the wisdom (crown) or sense (root) to use that power for spiritually appropriate purposes.

On the other hand, if you do not activate in a balanced fashion, your kundalini connection (which is the prize at the end of the Path of Activation) will not be activated. There is a safety mechanism built into your systems on this earth that prevents you entering into your full power until you have adequately demonstrated that you have activated and cleared in a balanced fashion. This sort of spiritual testing rubric is not a universal thing. As noted above, on most worlds and under most physical conditions, activation and connection are default processes. However, for technical reasons related to the ascension process on this earth, this safety mechanism is required to prevent activation before you are fully ready. In this case, being ready generally means completing a balanced walk on the Path of Awakening. The bottom line here is this. We do not allow monads to take full power until they fully understand their position on this planet, their purpose on this earth, and the true nature of the ascension work they do.

So remember, balance in all things.

My second closing comment here is this. In order to complete the Grand Path that you have stepped onto, you must walk both the Path of Awakening and the Path of Activation simultaneously. That is, you need to advance your understanding of all truth at the same time as you advance your access to power. The reason for this is practical as much as it is technical. As you are already aware, stepping onto the Path of Activation leads to *unusual* changes in your life circumstances. If you are to avoid getting scared off the path, you need to rapidly discover the reasons why these changes occur in your life. Otherwise, your own confusion will hamstring your ability to make progress.

Likewise, as you walk the Path of Awakening, you must also advance your energetic activation. If you do not, then all the words that you read about power, manifestation and all that jazz will have, as already noted, no experiential weight for you. If you do not activate your energy systems and actively demonstrate your own power to yourself, you will not see the truth of this whole process. At that point you will be in danger of stepping off The Path simply because you do not believe the things that are said about The Path. If you do not trust the process, use the meditation, and intend forward movement (say “I wish to move forward”); before too long you will return to the *disenchantment* that has plagued us all during the long course of this ascension experiment. At this point we all want to avoid a return to the disenchantment that we have lived with for so long.

Third, you should also know that stepping onto any one of the twelve Grand Paths does not commit you to that path. You are free to *shop around*, try one or another, change your mind, and otherwise muck around as much as you want. As long as you are honestly committed to moving forward, the time that you spend on any of the Grand Paths will not be wasted. As always, follow your heart, do what you want to do, and be very wary of any master that tells you that their way is the only way.

Finally, and more as a historical comment for those interested in the deeper esoterics of all this, while you may not have heard much about the Grand Paths, the Path of Awakening, or the Path of Activation, the same cannot be said of the world ruling elites. The real world rulers (the ones whom you do not know by name or deed) know, in great conscious detail, all about the Grand Paths and their potential for empowering the bodies of this planet. Of course, for technical reasons related to the ascension experiment, they have kept this knowledge safely out of the hands of the masses and hidden within their own ultra secret old boys’ networks. They have kept this knowledge to themselves and they have used this knowledge in what can only be described as collective hi-level voodoo practices. The practices are designed to maintain their power over the hearts, minds, and bodies of the people of this planet. You will be happy to know that by stepping onto any of the Grand Paths, you are immediately ending their monopoly on power and setting in motion a revelatory process that will bring the truth of their old boy networks of power, privilege, and voodoo creation into the full light of day. Truth will out but remember, as the nefarious nature of their activities are inevitably and finally revealed to you and then the world, there is to be no judgment. They did what they did for technical reasons related to this ascension experiment and they are not to be condemned to damnation (even if that is what they would have done to you) but are to be invited home into the loving arms of Spirit just as you are now being invited home.

Remember, we are all family and nobody gets left behind.

Conclusion

In this chapter we have learned that spiritual “progress” and movement forward into the light and love of spirit involves stepping onto one of twelve *Grand Spiritual Paths*. Each of these paths, which is protected and nurtured by one of twelve spiritual masters, consists of dual segments of awakening and activation. As we

have learned you must choose a Grand Path and walk both segments of that path simultaneously in order to successfully activate your chakras and, finally, connect your kundalini.

In this chapter you were also introduced to the *Lightening Path*. The Lightening Path is one of the twelve Grand Paths and is unique in the speed at which you progress from darkness to full light and activation. As you have learned, the Lightening Path is associated with my writings.

Those interested in stepping onto the Lightening Path do two things to initiate the process. They read *The Book of Life: Ascension and Divine World Order* to get them started on the Path of Awakening and they begin meditation with The Great Invocation.

Since this dossier is intended to help you walk the Path of Activation, in the next chapter I wish to move on to discuss the obstacles that you will face on your journey of activation. In the next two chapters I will discuss the primary obstacle that blocks everybody's progress forward on the Path of Activation – fear. I will discuss the nature of your fear, how you came to be filled with fear, how best to approach the clearing of your fear, etc. Following this discussion of fear I will move on and discuss each individual chakra (from root to crown) in detail in order to reveal their deep creative functions and help clear the issues and misconceptions that block full activation.



CHAPTER TWO: ATLANTIS, ANNUNAKI AND YOU

I must not fear.
Fear is the mind-killer.
Fear is the little-death that brings total obliteration.
I will face my fear.
I will permit it to pass over me and through me.
And when it has gone past I will turn the inner eye to see its path.
Where the fear has gone there will be nothing.
Only I will remain.

Frank Herbert, Dune

Introduction

In the last chapter we covered in broad outline the great spiritual paths of awakening and enlightenment. Hopefully, I talked about the nature of awakening and enlightenment enough to shed significant light on the process, demystify it, and bring it “down to earth.” This is the way it should be. There should be nothing mystical, difficult, or esoteric about spiritual progress of any kind. We are, after all, spiritual beings and spirituality is something that *comes naturally* to us. Under normal conditions enjoyed on the majority of life bearing planets in the universe, there is no sense in which we need *training* or *assistance* in spirituality. Spirituality is simply the natural and inevitable outcome of the body’s maturation process.

Of course, things are different on this earth. We here on earth do not enjoy normal spiritual conditions. This earth, as you know, is the crucible of the universal ascension process. Because of this and because of the peculiar requirements for managing the energetic ascension process, the situation is a bit different. On this earth, we have our understanding and energies blocked so badly that becoming awake to the truth of Spirit literally involves intellectual, emotional, and spiritual struggle out of darkness and into the light. In the last chapter I talked about this need for struggle by talking about *The Path*. As we learned there, *The Path* is a figure of speech that I use to point to the dual process of spiritual awakening and bodily activation that we must all struggle through as part of the process of *remembering* our true spirituality.

Just how much struggle can you expect on these dual paths? Not as much as you might think. A lot of you coming from older esoteric schools will want to believe that the process forward is difficult, time consuming, and full of spiritual *tests*. You may believe that only the select few are able to navigate the mazes and bypass the pitfalls to eventually reach the Holy Grail that waits in the center of the labyrinth. If you are one of those who believe that spiritual awakening and energetic advancement is some kind of intellectual, moral, or sociological test that only a few can pass, it is best if you put that kind of thinking aside right now. **The truth is that spirituality is as natural to us as breathing air.**

Still, there is struggle and it can be difficult. However the difficulty does not arise because of the nature of awakening or activation or because of any need to temper our soul in the fires of experience but because of

the obstacles deliberately placed in our way to prevent understanding and activation. The bottom line is this. At the time of this writing (June 2004), there is more garbage about spiritual advancement and energetic activation out there in the 3D world than there is truth. For every one book that teaches the truth there are ten more that have been written to deliberately confuse and another ten that unwittingly take up the confusions and propagate them. For every one spiritual teacher with your best interests at heart there are ten more who seek only your spiritual, psychological, and financial bondage.⁴

Why all these obstacles? You already know the answer. It is because of the nature of our work on this planet. All the obfuscation and misdirection has been necessary to keep us from our power. It has been necessary in order to prevent another Atlantean debacle. In short, our energetic and spiritual impotence has been required. Remember, we are, by nature, spiritual beings and without all that effort, without the hundred to one ratio of lies to truth, without all those people seeking to keep you down and away from power and understanding, you would *naturally* find your way home with little effort and little assistance. I know I am being repetitive here but this bears repeating. Spirituality is as natural as breathing and without constant oppression and repression, without constant lies and constant attempts to obfuscate the truth, your consciousness is so bright and so capable that awakening and activation are as inevitable as the next breath you are about to take.



By now you should already suspect this truth or at least be able to accept the plausibility of it. After all, you have already read the Book of Life and found the truths in that book to be simple and straightforward. Strip away all the verbiage, all the deliberate lies, and all obfuscations and you are left with simple spiritual truths that even a child could understand. The Path of Awakening is easy and elegant when the intent is not to confuse and disorient. It is the same way with the Path of Activation of your physical body as well. Strip away all the imposed darkness and even kundalini activation is a simple and quick process that any adult can accomplish (under normal conditions) in as little as three weeks.

Just how simple is activation of your body?

It is as simple as a five-minute/day meditation. On this Lightening Path of Activation all you have to do to move forward and activate your body is use *The Great Invocation* to light up your chakras and move towards kundalini activation. That is all there is to. Activation is as easy as that.

Well, not really.

⁴ Because our game is over here these obstacles are rapidly disintegrating. Those individuals with the power to deceive are having their power removed and those teachers who cannot move forward into a more authentic teaching mode are losing their students. It is only a matter of time before no *external* obstacles remain. At that point, those who wish to advance will only have the *internal* obstacles (which I talk about in the bulk of this book) to deal with.

There is one rather significant problem that stands in the way of ongoing activation. Although it is deadly simple to activate your chakras with something like *The Great Invocation*, it is not so easy to *keep them activated*. There are, as we shall see in the rest of this book, several obstacles that have been placed in your way to prevent your body from functioning at peak energetic potential. These obstacles are of two types. There are, on the one hand, obstacles that force you to *shut down* your energy system after you activate. These obstacles are the **fears** that have been placed in your mind and consciousness by the Annunaki system that you are embedded in. There are also, on the other hand, obstacles (in the form of misconceptions and wrong headed thinking) that trick you into shutting off your system or using your energies in ways that you perhaps do not agree with.

We will cover both sets of obstacles in the rest of this book. In this chapter and the next we will cover the biggest single obstacle to full functioning of your chakra system, fear. We will examine the nature of fear, how fear is implanted in your consciousness (and why), how it shuts down your system, and how to walk through your fear and move to a spiritual place where you can enjoy the natural activation of your energy manifestation device. By the end of Part I of this dossier, you should have walked through your fears and integrated the experiences enough to be able to activate your energy system and keep it activated permanently. In Part II of this book we will look at the second type of obstacle and see how *ideas* about this world are used to trick you into manifesting individual, social, and political conditions on this planet that do not support either your personal best interests or the best interests of the human race as a whole.

Plugging in the Body

Now that you have been meditating with the GI for over a month, let us take a step back and look at the process of activation and what actually happens to your body when you use that particular meditation.

As you can probably intuit, the GI is all about activating your energy system. It does this through the simple process of intention and visualization operating at the astral level. The process is straightforward and *identical to the bodily process of moving your arms or your head*. Pause and think about how you get that physical body of yours to move. You do it by simply thinking about it. It is your body and when you want your body to move, you simply intend movement and that part of your body responds instantly to the application of your will. As I sit here and type all I have to do is think of the words that I want on the page and *there they are like magic*. It is the same with your chakras at all physical levels. All you have to do to activate them is think about them activating and they are activated.

Intend their opening and they will open.

Sound simple?

It is.

So if it is that simple, why use The Great Invocation?

You can think of The Great Invocation as *the power tool* of activation. It is a tool of rapid activation and manifestation. It is a tool of power and strength. It is designed, we might say, for spiritual bodybuilders. It is

designed specifically to teach you to activate quickly and safely even from a position of total spiritual darkness.

The GI does this by providing a heuristic visualization pattern that ensures your intention and visualization intends three things. First of all, it ensures balanced and “safe” opening of chakras. Opening chakras in balance is very important to your self-preservation, the preservation of your sanity, and adequate control of your environment. As suggested earlier, when you open in an unbalanced fashion, you get into all sorts of creative difficulties. Second, the GI has several powerful safeguards to ensure that as power exits your body it does only good things. The GI ensures that the energy you portal into physicality and take control over (or own) is used for only *light* purposes. Third, and finally, activation with the GI is fast. In fact, it is the fastest available way to signal opening to your chakras. Other methods (even regular intent) are slower (by design) and require preliminary energy work, exercises in self-control, etc. Not so with the GI. With the GI you blast those chakras wide open and signal full energy flow in the spiritual *right now*. As you can see, the GI is the premier tool for those on the *Lightening Path* to awakening and activation.⁵

So now that you understand how the process of opening your chakras works let us focus on what actually happens when you get your body running at full steam. In order to understand the answer to this question, you have to remember that your body is a multidimensional device. Your multidimensional physical body is designed as a creative tool to help Spirit (that’s you) manifest Spiritual will (A.K.A. Divine will) in physicality. Your body is designed to make creation of the physical world easier by allowing us (and by “us” I mean Immortal Spirit) to work *from the inside* of physicality. This is the basic principle you have to keep in mind. Your body is a tool we use to create. It is an energy manifestation device and, what is more, it is an energy manifestation device that you *plug in* and *turn on*.

Think of your body like a power saw. When the power saw is not plugged in, it is not much more than a heavy lump of metal. You can cut things with it, but only with intense effort and patience. However, potentials change when you take that power saw and plug it into an electrical outlet. When you do that, immediately the saw begins to cut through wood (and metal if you have the carbon tipped blades) like butter. When you activate your body it is exactly like plugging your power saw into an electrical outlet. Immediately, what was a heavy and inefficient tool of creation becomes a vibrating and humming *power house* that cuts through the creative morass of this dense 3D universe and begins manifesting your creative intent with ease, grace, and **power**.

That is about all there is to it. Again, the truths here are simple.

However, there is one difference between plugging your body in and plugging a power tool into an electrical outlet. The power tool can only draw so much power without burning out. Your body, on the other hand, has no practical limits on the amount of power it can draw. Unlike the power tool which is plugged into a standard 120 or 240 volt outlet, your body gets plugged into a variable power outlet that gives you as much

⁵ As a side note, it only became possible to use something as powerful and direct as the GI toward the end of the year 2000. Before that, conditions on this earth would not have supported the safe use of a meditation of this nature.

or as little energy as you want (or can handle). The equation here is simple. The more power you pass through your chakras, the more energy that you personally portal into this physical universe, the more power you have over this 3D world and all matter and molecules in it.⁶

So, there you have it. When you use the GI you plug your body in and rapidly begin manifesting to your full potential. Now the question we need to answer is this. What happens when you start to portal such massive energies through your chakra system? What will it mean for you when you begin “manifesting to your full potential”?

You already know the answer to this question. As you access your power you immediately begin to manifest the contents of your consciousness into the 3D world around you according to the basic spiritual principle,

*As above in consciousness
So below in matter*

How long it takes to manifest the contents of your consciousness will depend on the amount of power you draw, the complexity of the task you are undertaking, how far you are along in your individual ascension process, and how far *we* are along in the collective unfolding. The more power we draw, the simpler the manifestation task, and the farther along we are as an individual or as a collective, the more immediate is our manifestation. The more complex the manifestation task, the less energy we draw, and the earlier we are in the ascension process, the longer we take.⁷ However, even under the most complex conditions of manifestation, fully activating can reduce what might take decades or years of creative effort (intent and physical labor) to months or even days.



This brings us to the point where we can discuss the first obstacle you will have to overcome as part of your activation process. Remember, as soon as you plug in that creative power tool of yours you are going to immediately begin manifesting the primary contents of your consciousness. Practically, that means that on this planet and with these ascension conditions, and under these Annunaki systems, you will immediately and inevitably begin manifesting *your fear*.

⁶ Breathing is the key here.

⁷ Ascending this planet is going to take a few years and many very powerful and fully activated energy workers. We began this process in November 2003 and it is now well underway. As you read these words you can already sense the energetic changes that are occurring as awakened souls begin to blast this planet into ascension. These changes will become increasingly obvious as time passes.

The First Obstacle – Fear

It is not an overstatement for me to suggest that fear is the single biggest obstacle we all face in our process of awakening and activation. It is certainly significant in our quest for truth (the Path of Awakening) because we often turn away from the truth when we are afraid of the implications. Fear is even more salient on the Path of Activation where it literally causes you to close your chakra system and run away from Spirit screaming in terror.

The operation of fear is simple. Whenever you are afraid of something, you *withdraw* from the thing you are afraid of. If you are afraid of fire, you do not go near fire, correct? It is the same with manifestation and creation. If you are afraid of aspects of this physical universe, if you are afraid of your Divine self, if you are afraid of the creative process, you withdraw from these. In your physical body you withdraw your arms and legs. On the astral level and higher, you withdraw energy from your chakras.

Consider your throat chakra as an example of how this works. Without getting into a lot of technical detail we can say that the throat chakra passes the Divine creative energies of expression into this physical world. Someone with an activated throat chakra *tells the truth*, tells their personal truth, and finds respectful and uplifting ways to communicate the truth. However, make someone afraid to tell the truth (by punishing them whenever they speak up without raising their hand), making them feel stupid whenever they tell their truths, or teaching that communication is linked with hierarchy and authority, and they will resist the expression of their energies or express them in inappropriate ways. This restriction of speech (especially when you *know* you should say something but do not) has a profound impact on your physical body and your chakras. Withholding speech is a clear signal of intent and tells the chakras that you do not wish to express their energies – so they close gradually but inevitably.

Consider the crown chakra as another example. The crown chakra is your bodily connection to the hierarchy of consciousness. Through the crown chakra, you get full and unrestricted access to our massive and powerful spiritual consciousness. In a normal functioning body this means that your brain/mind is able to connect to the hierarchy via the neural pathways in the brain. With the pathways operating at full efficiency, you basically become connected to everyone in the universe who agrees to communicate with you. This can be an amazing experience and the full opening of this connection is highly prized by *mystics* and others on The Path.⁸

If you are afraid of this connection, you will not use it. You will restrict your chakra energies, deny the connection exists, and even shut it off completely. There are many reasons you will do this. You will do it because you are afraid that you are *going crazy* (you begin hearing voices, experiencing thoughts that are not yours, or hearing ringing noises), or are afraid you are demonically possessed (for the more archaically Christian bodies out there). You will also shut down the energy when you are *afraid* of God/Spirit. This weird (but all too common fear) occurs when you are taught that God is authoritative, patriarchal, and punishing.

⁸ Incidentally, opening to the higher realms and enabling higher forms of communication is what is meant when spiritual teachers talk about *going inside* for the truth. When this connection is operating efficiently, you have no need for external authority.

After all, why would you willingly face something that is going to judge you and might, potentially, damn you to eternal suffering? Nobody in her or his right consciousness would move willingly towards that kind of obscenity.

Importantly, no matter what your background, most of you reading this will have some fear of Spirit. This is true whether or not you actually believe in Spirit or not. You cannot help it. The association of authority, punishment, and judgment with Spirit/God is so complex and so complete that even desperate atheists harbor these fears at very deep levels and to one degree or another. As a result, we all close our crown chakras to communication with Spirit. What is worse, most of us have these connections profoundly closed, meaning we are totally isolated and cut off from our Spiritual heritage.⁹

It is the same with all your chakras. Fear in any form blocks the energies.

So why all the fear?

The short answer is that fear is our *ascension emergency stop button*. Fear prevents premature activation of your energy system. Fear prevents ascension before we are ready and, most importantly, fear prevents Atlantis from reoccurring.

Allow me to explain.

Those of you who have read *The Book of Life: Ascension and the Divine World Order* will know what I am talking about here. As explained in the *Book of Life*, we are all energy workers and we are all here performing a Divine and exalted creative task known as The Ascension. We have been working on The Ascension for a very long time. In fact, we have been through two previous (and failed) ascension attempts and we are currently working to complete our third (and successful) attempt.

Interestingly, it is in our two previous failed attempts, which go by the name of Lemuria and Atlantis, that we find the reason for our fear. As noted in the BOL, both of our previous ascension attempts failed for energetic reasons. Lemuria failed because we could not generate enough energy to ascend the planet and Atlantis failed because we generated way too much energy and we could not (for reasons outlined in the BOL) control things when we tried to ascend this planet. The consequences in Atlantis were disastrous and the entire global civilization had to be destroyed in order to prevent the negativity and destructiveness of the activated Atlantean citizens from bubbling through the carefully guarded boundaries that protect the rest of this universe from this ascension experiment.

After our failed ascension attempt in Atlantis, we realized we would need a way to control the energies in order to avoid a bodily activation before we were ready to handle the powerful energies that are invoked. We realized that we were just too powerful to activate without some form of control mechanism in place that would allow us to safely time the activation process and, more importantly, shut down the ascension acceleration if things got out of control. The basic idea was to install an ascension control mechanism that

⁹ Again, this isolation was part of our ascension experiment and nothing more. Like spiritual awakening and activation in general, this connection to Spirit is something that opens *naturally* in a maturation process that is not interfered with. On this planet, however, the Annunaki imposed fears to ensure the connection remains closed. It was all part of the game. Of course, as you know, you are reading these words and learning the clear path through all that because *the game* is now over.

would allow Immortal Spirit to press a sort of *emergency stop* button that would halt activation and slow down the ascension train if it became necessary.

That is what fear is all about. Fear, as already noted, is your ascension emergency stop button. Invoking your fear is the button we (and by we I mean Immortal Spirit) push to halt the ascension process. Fear, as you already know, closes your chakras in a most efficient and effective manner.

So, now that you know why you are full of fear, the next question becomes, how did you become so fearful.

Enter the Annunaki.

Those of you who have read *The Book of Life* will be familiar with the Annunaki as a race of off-worlders who came to this earth over 12,000 years ago on a Divine mission to function as ascension energy gatekeepers. Their job, basically, was to prevent another premature ascension and Atlantean debacle. Of course, when the Annunaki came to this earth they did not know that they were functioning as energetic gatekeepers. Their consciousness was veiled to their true Divine purpose just like yours. They believed, at the 3D level of consciousness, that they had come to *colonize* the planet, enslave the people, and extract the wealth. At a mundane level, they were tyrants that oppressed the people of this planet. However at a spiritual level, they performed a divinely sanctioned role as energetic gatekeepers.

How did the Annunaki perform their role as colonizers/energy gatekeepers? At this point the answer should be right at hand. They used fear to control the slave population both physically and energetically. Indeed, they have prevented, more than once, the premature ascension and untimely termination of this third ascension attempt. I know it may seem harsh (and those of you reading who are familiar with the military, psychological, and sociological details of this process will know it is harsh) but it was the only way to control the process. I am sure you agree (because at a spiritual level this was a consensus decision), in the end it is far better to invoke terror *in the mind* than to have this planet and all life on it go through another *extinction level event* as you did in Atlantis.

We will discuss the fears placed in your consciousness by the Annunaki in more detail in the next chapter. Right now I want to return to a discussion of your bodily activation process. As noted above, when you begin to use the GI you immediately begin to manifest any and all fears that are embedded in your consciousness and you do it with incredible efficiency. Of course, this manifestation of fears happens whether you use the GI or not. However, if you are not actually intending the activation of your body, you only generate enough energy to manifest your fears once every 12 years or so. However, that changes when you fire up the body. When you start to work those creative juices, the pace of your creative work changes from decades and years to months and days.

It is important to emphasize here that once you start to activate your body, **you do the creating**. Nobody has to do anything to help you. You are powerful enough to create your world exactly as you intend it (consciously or unconsciously) and this goes for the fears and issues that you will begin manifesting as soon as you begin applying the astral visualizations provided in The Great Invocation. You will have experiences that highlight your fear, you will have them in rapid succession, and many of them will make you quake in your shoes. However, in no sense can you say that this is being done to you. It is your fears embedded in your

consciousness that are governing the process. As you activate, you will arrange situations, draw materials, and organize relations in such a way as to highlight and invoke your fears in the most magical and creative way possible. In the final analysis, it is even you who willingly gives your power away to elites so that they can use your energies to actuate and enhance your experience of fear. I realize this might sound twisted from a certain perspective, but from a wider perspective that incorporates knowledge of the ascension, it all makes good sense.¹⁰

Facing your fears

When you begin to activate and face your fears, you will have only one of two choices. Either you will face your fears and walk through them, or you will run from them.

I cannot sugar coat the process for you. Facing your fears is difficult. As many of you are now aware, we (and by ‘we’ I mean Immortal Spirit incarnated in a human body) are literally filled to the rim with fear. We carry around so much fear inside that if we could invent a fear camera that could show black dots wherever fear was present in our bodies, most of us would show totally black with ooze dripping from every pore.

At this point, you know what happens if you run from your fear. You will lose the opportunity that you have created for yourself to walk through your fears and finish your activation process. If you choose to flee from your fears then inevitably your chakras will close and you will have to begin again. That’s all. There are no more serious consequences for you than the need to *start all over again*. This can be difficult emotionally

¹⁰ Now as I noted, your fears function as an ascension emergency stop button. Press the button, invoke the fears, stop the process. This may come as somewhat of a shock to many of you but the top level Annunaki leaders know about *the button*, have known about it for centuries, and have used it several times in the past to halt the ascension and prevent the loss of their power. They know that when you begin activation, and your fears rise, if you cannot face them, the ascension will not proceed. Because the Annunaki are terrified of losing power over the people of this earth, they do everything in their power to make your fears as real and visceral as possible. To be as blunt as possible, they try to scare the shit out of you. This is the deeper meaning of the war against terrorism, the global blackouts, the many plagues that seem to be popping up here and there, and the general rush to manifest a bloody duality. These events are all designed to heighten the fears associated with activation by causing real physical death. These are the Four Horsemen of the Apocalypse and if you will pause a moment and think about it you will realize that The Book of Revelations is **not** the word of God but is in fact an Annunaki instruction booklet written by ancient Annunaki to all future world rulers explaining to them what needs to be done to halt the ascension process and prevent the emergence of the Divine World Order.

Some of you may now be asking whether or not the Annunaki will succeed in halting the ascension process and the answer is no. None of the wars, the diseases, the constant attempts to invoke fear and hatred are working for the Annunaki. When the massive east coast black out hit the US and Canada, there was not one iota of fear or hatred to be found in any one anywhere. People used the event as an excuse to party and have a bit of fun. Everybody *gathered together* to help each other out and the event passed without incident. The same failure can be seen in Annunaki attempts to spread disease. The bottom line here is that the vibration of this planet is already too high. None of the diseases that they are manifesting will be able to take hold in the population. Even SARS fizzled without much of an impact much to the chagrin of the major world media that tried desperately to prop up a global fear of virulent death. Even the scare stories of a horrible terrorist evil are rapidly being exposed for what they truly are – Annunaki efforts to keep the children of God terrified and energetically impotent.

The disintegration of Annunaki power will begin to accelerate as their power to invoke fear is gradually and irrevocably removed. However, just because their power to scare us has been removed does not mean we will not have to deal with the fears that block our activation. We still do and there are some pretty terrifying fears. Hopefully the following discussion will help you with your process.

and intellectually but other than that, the consequences of running are no more serious than that. This last point is very important. When you run you do not obviate the requirement that you will face your fears. You just put off for a time what is, in the end, inevitable. Everyone who chooses to stay on this earth in their current physical body has **no choice** but to face the darkest of their fears. Even if you just sit there and do nothing, you are staying in the current body, the day will come whether you use The Great Invocation or not. It will happen as the inevitable result of the planetary ascension process. That is, eventually the vibration of this earth will get so high that you will be manifesting your fears on an almost daily basis whether you activate or not.

I say this not to discourage you but to point out the cyclical nature of this process so that you will realize that if you fail the first time, there is no need to worry. If you have chosen to stay, you will get as many opportunities to walk through your fear as you need. The opportunities only end when you choose to leave your current body and you will only make that decision if the fears are too overwhelming and you cannot overcome them. There are people who will make this decision, but you are not one of them.

Remember the old Chinese proverb here...

Fall down five times, get up six.

You will eventually make it through your fears.

As for advice on how best to overcome your fears, there is not a lot I can tell you. Anything I say here is intellectual and verbal and when it comes right down to it, facing your fears will be emotional and visceral. The words I will say here will only help so much. In the end, it is a simple act of will.

Be that as it may, there is one thing that will help. There is one key that will raise the possibility of you walking through your fears.

What is this key?

When it comes time to face your deepest and darkest fear there is only one word that you need to remember and that word is TRUST.

You must trust in Spirit and trust in God. You have to trust in the basic goodness of the universe, trust there is no judgment, and trust there is no damnation. You must trust that God does not choose only a few “worthy” ones and that all souls are welcome *on the other side*. Trust in yourself, trust in your basic goodness, and trust that Spirit has only good things in store for you.

I know this does not sound like much now, but invoking trust at the point where you face down your deepest fears is extremely important, not to mention difficult. After all, you have been conditioned from the time you were born to trust no one and when the times comes it will be very difficult to overcome all that religious and scientific conditioning.

It is not going to be easy.

But there you have it.

This is the bottom line.

This is the key.

You must trust.

If it helps, remember my words. Trust me when I tell you, God is a God of love, the universe is a universe of prosperity, and all this that you see around you has been *just a game* we have played.

No matter how deep and terrifying your fears are, they are mere illusions created by your own consciousness. Recognize them as such and step through them to the other side.

When the time comes, take my hand.

I will be with you energetically and you may draw on my energy to assist you.

Remember my words.

Remember to trust.

Conclusion

To recap, in the last chapter we learned about the dual paths of *activation* and *awakening*. As we learned, spirituality on this earth is a struggle out of darkness and into the full and natural light of Spirit which is our birthright. In this chapter we began a focus on the practical aspects of the Path of Activation. As we have learned, the Path of Activation basically involves the process of chakra activation and kundalini awakening that we must all go through as part of the individual ascension process. As we learned, plugging our selves in and activating our body is like plugging in a power saw or power tool. By activating our body we begin to *realize our full creative potential*.

Although it is true that activating your body is easy (especially with a tool like *The Great Invocation*) we also learned that keeping it activated is difficult. Under the peculiar spiritual and social conditions on this earth, activating your body means manifesting your fears. This manifestation of your fears is immediate and powerful and comes as the inevitable result of activation. As was noted you only have two choices when your fears manifest. You can either trust in Spirit and face them or can give into them and run away. Unfortunately, running away does not obviate you of the need to face your fears. It simply gives you breathing space before your next required attempt.

By now you should have fairly good general ideas about the nature of bodily activation and the major obstacles (i.e., fear) that you need to overcome to maintain activation. In the next chapter we are going to continue our discussion of fear at a more intellectual level by going into a bit more detail about the types of fears you can expect to face. Although as noted, facing your fears is an emotional and visceral process (and not an intellectual and rational one). Hopefully, by going over the type of fears you can expect to face (or have already faced) you will see how predictable and well known your fears are. Even if this only marginally helps you actually face the fears, it will at least help you integrate and move past the rather profound and soul shaking experiences many of you will have (or have already had) as part of the necessary and inevitable process of bodily activation and individual ascension.

CHAPTER THREE: THE NATURE OF FEAR

There's nothing you can make that can't be made.
No one you can save that can't be saved.
Nothing you can do but you can learn how to be you in time.
It's easy.

The Beatles

Introduction

Recall that in the last chapter we began looking at the primary blockages to full activation of your body's energy system. As we learned in that chapter, the first and primary obstacle that you have to overcome if you are to fully activate your body is fear. We learned quite a bit about fear in the last chapter. We learned where fear comes from (i.e., the Annunaki), why we have it (i.e., it is an ascension emergency stop button), and what we have to do to get over it (i.e., trust in the basic goodness of Spirit). As I noted near the conclusion of the last chapter, walking through your fears can be quite difficult. Indeed, it can be literally a hair-raising experience.

Unfortunately it does not matter how difficult it might be for you or how scared you are of approaching your fears. You must walk through them. That is just the way it is. There are no outs here. You knew when you signed up for this that in the **end-times**, you would be called upon to face all your fears. It is part of your original contract with the creator which you signed before you were allowed the honor of participating in this important creative work. Now, since we are all at "the end"¹¹ so to speak, we must now walk through our fears in order to complete our activation process and ascend the planet just like we planned.

That is the bottom line and there is no getting around it. It is the one thing that Spirit/God made sure you understood before you got anywhere near incarnation on this planet. Why? Because fear is, quite literally, the showstopper and if too many people fail to confront their fears, the ascension stops. So you had to agree, at the start of all this, that you would prepare and, when the time came, allow yourself to be dragged (if necessary) kicking and screaming through the fear filled way-points of your own ascension process.

Incidentally, preparation is **one** of the reasons you have incarnated so many times on this planet in such horrible conditions. You have been undergoing *training* in order to increase the odds that when "the end" came, you would be able to stand up to your deeply embedded fears and face them down. How much training you underwent, and how horrible were the experiences you have willingly lived (and died) through is entirely a function of where you agreed to activate in the process. If you activate earlier, you have a more complex "fear capsule" to deal with. If you activate later, the constellation of fears are less complex (though

¹¹ Which is really just "the beginning" of the 7th Creation.

still powerful) and less etched into the genetics of the human bodies owing to the cleansing that those who go before you accomplish. There is no value judgment in any of this. No “I am better because I am first” mentality allowed. Your timing is nothing more than the expression of an agreement you made with the creator that is based on the technical requirements of the ascension.



Even though we covered a lot of ground in the last chapter, still there is more that can be said about fear and in this chapter I am going to conclude our discussion of fear by providing you details on the type of fears you are likely to encounter as you proceed with activation. To be specific, in this chapter we will talk about the “big” and “little” fears that are embedded in your consciousness (or unconsciousness) and genetic structure. We will look at the big fears, like the fear of God or the fear of damnation, as well as the little fears that govern so much of our responses to daily life. In our examination we will look at the sources of the big fears (i.e., their genetic roots) and little fears (i.e., the socialization process) and see how best to approach integrating the experiences and knowledge that comes from facing down our fears.

In the end of course, and as I have repeatedly stated, no amount of reading or intellectualizing about these things will help you *walk through* the fears. When the times come, it is a solitary experience. A simple act of will and trust will get you through. Still, the information you find in this chapter will help you understand the process, recognize the fears for what they are, and provide you the grist you will need to integrate the powerful experiences that have (or will soon) come to you. More importantly, recognizing the fears and running through their typical patterns will help you overcome the programmed responses that you have developed. As you will learn, as you think about and integrate your experiences, our lifelong responses to our own fear creates habitual response patterns and it is, unfortunately, possible to stay programmed in these response patterns even after the primary fears are cleared.

Overcoming these programmed responses is important not so much because it is a bad thing to respond automatically to the environment (we all do it and it is an essential feature of our getting along in the physical world) but more because of the maladaptive nature of our programmed responses. As you will discover as you consider the details of this chapter, fears make us easy to manipulate. When we are afraid of something, we follow anyone and everyone that has the gumption to suggest that they can save us from your fears. This should come as no surprise and you will see it is true if you pause and think about it. If you are afraid of growing older, you follow those companies that promise to keep you young. If you are afraid of rejection, you follow those companies that promise to help you fit in by providing you with the proper fashion. If you are afraid of God and death, hell and damnation, you follow those companies (e.g., the church) that tell you they know how to save you from the wrath of God.

It is true that fear creates followers out of all of us. Of course, as adults we are not aware of our own sheepish behavior (if we were, we might take steps to change it); nevertheless, it is there in our habitual responses to the environment. Our lack of personal leadership exists “between the cracks” of our conscious

awareness and in the patterns of our responding to the fear that we keep buried inside. This sort of behavior was once an acceptable, even necessary, part of this ascension drama. However, now the time has passed when we need to be following anybody and it is now important we understand our fears in order that we might stop being led around by them all the time.

This then is the purpose of this concluding chapter to Part One of this Ascension Dossier. This chapter is written to help you integrate and understand your fears, help you break out of maladaptive and fear based patterns of behavior, and show you the way towards spiritual independence. Ultimately, this is the end goal of the ascension process – to make of you what you already are – a Spark of the One – a brilliant and autonomous creative force.

The Big and Little Fears

Let us start off this final leg of our journey away from fear by making a distinction between the “big” and “little” fears that we all carry around with us. If you are like most people reading, this is probably the first time you have ever heard a distinction made between big and little fears. This is not surprising. Although we all have them to a greater or lesser degree, our fears are not normally a topic of coffee table discussion. Indeed, in our society, fear is not something that anybody really talks about at all. Not even psychologists have much to say about it outside of some simplistic discussion of the pathological phobias some of us have. I suppose you could say fear is our society’s dirty little secret. We all have fears, our corporations, politicians, and priests depend on them to sell you things, but we all pretend they do not exist in us. Though it is true we may admit they exist “in others.”

As a side note, there are signs that this is changing. A couple of recent psychology articles, one in the journal *Psychological Science* and the other in the *Personality and Social Psychology Bulletin* have pointed out how fear is useful to our political leaders.¹² As it turns out, a lot of our world leaders use fear to scare people into voting for them. And while we don’t need to wait for the rather primitive scientific establishment to catch up to the basic spiritual truths of this planet, it is nevertheless nice to see signs they are catching up.

With that said, let us start our discussion with the little fears.

¹² Both these studies are reported in this CNN news article (<http://www.cnn.com/2004/TECH/science/07/30/vote.psych.reut/index.html>).

Little Fears

The little fears are the fears you normally think of when you think of fear. These are the fears that we learn via the lessons of our parents, teachers, and world media. Your little fears come to you as part of the socialization process¹³ that we all go through as part of being raised in the societies we are raised in.

All of us who live on this earth carry many little fears with us and this is especially true of those of us who live in the industrialized “developed.” world. Our little fears are, after all, the intentional result of an Annunaki based socialization process that implants fears into us in order to make us easier to control. Indeed, fear is a ubiquitous tool used by the elites to force compliance of the worker race. This is especially true in western type developed nations where the Annunaki system exerts the most control over our lives and where implanting and reinforcing fear has been raised to a vile and despicable form of art.¹⁴

To put a wider, more spiritual perspective on your little fears, I could say that your little fears are the fears that you develop in your *current lifetime*. That is, your little fears do not come to you from past life experiences like being burned as a witch or falling from a mountaintop. Little fears emerge exclusively as part of your current life socialization process. This is not so with your Big fears that, as we shall see below, come to you as part of the genetic heritage of the body you currently inhabit. But I am jumping ahead.

As you will realize, your little fears are Annunaki bred fears. They are part and parcel of the system of physical slavery and spiritual energy control that ensures that the people of this earth remain docile,

¹³ When sociologists use the term *socialization* we basically mean the process of growing up, learning about society, and learning how to fit into the social order. Socialization includes the lessons you incorporate from your parents and teachers for sure; but, it also *includes* the lessons and information you incorporate from the media and various authority figures in your life.

On this earth, socialization has been an *externally* rooted process. That is, we learn about the world from people *outside us* with the assumption being that there is nothing *inside* the child that could be used as an aid with the socialization process. That is, children are generally seen as empty or *tabula rasa* (save perhaps for some genetic coding) and it is the job of the *agents of socialization* (parents, teachers, grandparents, the media, etc.) to fill in the empty child by teaching it all the rules and regulations of living in this world.

Although this seems sensible, in fact, from a spiritual perspective, it is a totally backwards approach that evinces a total lack of understanding of the spiritual nature of this universe or our own core spirituality. On worlds where the truths of Spirit are not quite so veiled as they have been here, socialization is not an external process. On advanced worlds, children are taught, from an early age, to *go within* and *draw down* their full consciousness into their physical body. In those places where monads have a less veiled understanding of essence of this universe, the parent’s primary responsibility is not to teach the children how to be good (little workers filled with marketable skills and pathological ambition) but to *awaken the Divinity* inside.

Those of you with children would do well to consider the fact that your children have had as many (or perhaps even more) past life experiences than you and it is not your job to *fix them* (original sin) or mold them so much as it is your job to help them remember who they are and where they come from. You will do less damage to them if you honor their vast experience, wisdom, and understanding.

¹⁴ Before you go getting all judgmental on the Annunaki pawns and elite peons of this world, it is important for you to realize that we all participate in implanting these fears to one extent or another. Our parents, our teachers, those who work in the media, and everyone around us (including you) plays a role in the creation and re-creation of the little fears. Parents use fear of punishment to control their children, teachers use fear of failure, the media uses fear of crime, and the list goes on and on. It is important for you to realize your own participation in this Divine energy control system so that you do not condemn or hold anger at those around you who have implanted your little fears. There are no innocents on this earth. We all have participated in the energy control mechanisms at one time or another.

controlled, and energetically impotent. It is a simple process really. Fill someone with enough fear and you eventually have someone who is incapable of independent thought or action and who will follow a system that promises to protect them from their deepest, most deadly fears.

The Power of Fear

How does this work? How are you controlled via your fear?

It is because of the bodily nature of fear and nothing more. Fear is not something that we experience as Immortal Spirit. We are, after all, Sparks of the One, pieces of God, and as such what could possibly harm us? The answer is no thing. However, the same cannot be said of our bodies. Our bodies can be harmed by many things in the environment. So, fear is something we experience **only while in body**. Fear is the result of the body's own internal survival mechanisms. That is, your body's ability to feel fear is a tool it uses to increase its chances of survival. Fear is something that the deeper unconscious centers of your brain use when they sense that your body is in danger of experiencing physical or emotional pain or physical destruction. Fear is a basic "root" emotion and your body will use it whenever it feels itself threatened as an efficient way of getting those legs of your to run away.

In order to understand how fear functions as a sort of survival aid, you have to understand how your body responds to fear.

When your body experiences fear it can do one of two things. It can either panic and flee or freak out and lash out. Psychologists call this the "fight or flight" syndrome. However, calling the bodies aggressive response to fear a fight is a bit of a misnomer because when organisms choose to fight in conditions of great fear, it is less of a co-coordinated attack and more of a chaotic lashing out. This may seem like a minor distinction to some psychologists but it is not. Viewing the fight or flight syndrome as the *fury or flee* or *panic or flee* syndrome will help you understand the wacky behavior (i.e., mass suicides, family murders, armor plated bulldozers taking out entire town centers, etc.) that you see happening around you as the ascension unfolds and people respond instinctually (i.e., without conscious control) to the fear they are manifesting.

Obviously, neither of these responses is pleasant. Nobody likes to run away screaming from something (it is bad for the self-esteem) and nobody wants to flip out and "lose it" in daily situations (this is also bad for the self-esteem and, ultimately, survival). Of course, in the normal run of our daily lives we do not experience fear in its fully conscious form. If we did, we would spend our days running away and/or lashing out. Still, just because we do not experience our fear consciously does not mean it does not affect our behavior. Because fear is such an unpleasant experience, all organisms work very hard to avoid fear. That is, all organisms do their darndest to stay out of situations where they have learned that fear may be invoked. It is this *avoidance and control behavior* that is most relevant for our discussion of fear in this chapter.

Avoidance and Control

Organisms (bodies) can avoid the experience of fear in one of two ways. They can avoid fear in a negative fashion by simply avoiding situations that might induce fear altogether or they can avoid fear in a

positive fashion by actively searching our “safe” situations and exerting as much control over these situations as they can. As individuals we are all practiced in the avoidance of fear and we all use both approaches (i.e., avoidance and control) to manage the fear in our lives.

Consider some typical avoidance behaviors. If you are afraid of being beat up, you avoid the playground. If you are afraid you are stupid, you stay out of intellectual debates. If you are afraid of snakes, you avoid snakes. By avoiding those situations that raise fear, you thereby avoid the experience of fear. I will not bother to list any more avoidance behaviors. It is up to the individual reader to work out their own fears and recognize their own *avoidance patterns*.

As noted, the other way you avoid fear is by positively working to control your fear. When you are positively avoiding fears you are not avoiding situations and life circumstances, you are embracing them in one way or another. We all use forms of positive avoidance to stay clear of our fear. We have to. After all, you cannot go around hiding all your life, can you? If you did, you would not get anything done and you would not be able to survive and would eventually end up homeless and destitute. Thus, survival dictates that our primary response to fear is a positive one and therefore we actively try to put ourselves in situations which we can be certain are safe situations.

There are basically two ways in which you can avoid your fears in a positive fashion. One is to become, to one extent or another, a control freak. That is, you can increase the probability of finding yourself in safe situations and staying safe in situations by exerting control over the situations you place your self in. In a society where you **must go out** and confront the social fabric every day, engaging in controlling behaviors is a common and excellent method of avoiding fear. I will not belabor the reader with examples here for I am sure that with a little thought and introspection we will find in ourselves many examples of our fear rooted need to control the environment around us. I will say this though, the level of control we seek in our daily lives is fairly well correlated with the level of fear we bury in our unconscious mental structures.

The other way we can positively avoid fear is by “following the leader.” Following the leader is as common an avoidance strategy as exerting control. In this case what we do is check out our environment and look for those people and those situations that can guarantee our safety. We follow the leader because the leader knows what to do, when to do it, and how to avoid putting us in situations that might manifest our fear for us.

Of course, not all of us are so obvious in our submission. However, there are various subtle ways in which we submit and one of these is to kowtow to convention. When we depend on social convention, the rules of behavior, and routinized action rather than honoring our own truths and values, we cave into our little fears. I mean, if everyone else around you does things a certain way, then these things must be right! If other people act in a certain way, then you can be fairly sure that the things you do will not create situations where fear may be elicited. Following sheepishly in the middle of a flock is an excellent way to avoid presenting yourself to the world in a manner that would elicit your basic little fears.

As human beings living in an Annunaki system, our tendency to follow what others do to deal with our deep fears is a deeply embedded, powerful mechanism.

Just how powerful is this approach to dealing with fear?

So powerful that people in the know (i.e., the Annunaki elites, the world media, the corporations) use your fear and generalized anxiety to get you to do things. Does a corporation want to sell you soap, then raise a fear of bacteria in you and you will follow. Does a company want to sell more face cream, then raise the fear of aging and death in you and you will follow. Does a corporation want you in church every Sunday for regular indoctrination, then raise the fear of God and damnation. Do the Annunaki want to keep a certain politician in power, well, you get the idea. Fear is a pervasive method of control and you cannot walk five steps out of your house without some illuminated individual (somebody who knows the ins and outs of the vile Annunaki system) trying to scare you into one action or another.

It is very worthwhile considering in some depth what I have just told you. When you avoid confronting your fears, when you hide from them (which is, as noted, the natural tendency of your body because it does not like the experience of fear), when you choose to seek out safe patterns of existence in order to avoid your fear, you become very easy to control and manipulate. This is especially true for people who know you and/or know your fears and it is why our system is fear based. A skilled manipulator of your fears can pretty much get you to do anything and everything they want you to do. They can even get you to pick up a gun, a tank, or a nuclear bomb and kill innocent people. All they have to do is make you afraid of the other person, the other society, or the other religion and you will do just about anything they tell you to do in order to be safe from the bodily experience of terror.

Sound a bit harsh? Nevertheless it is true. The last thing the most powerful nations of this world want are independent thinkers and independent doers. The ruling elite only want people who do what they are told and what is expected of them and the best way they have found to keep you doing what they want is to ensure you are so scared that you will blindly follow any individual who can convince you that they fight on the side of good, they can prevent judgment, and they can alleviate your fears.

Incidentally, these comments also apply to those whose preferred method of dealing with fear is to exert control. These people are invariably co-opted by the system and used as the managers, priests, and military commanders needed to enforce “the rules,” create conditions for fear, and otherwise serve the deeper interests of Annunaki based systems of control and slavery.

Now of course, this whole system that has you running from your little fears is not really about slavery or control (though at one level it appears to be). All of this is about energy control. Remember, fear is an emergency stop button and fear controls how much energy you express in the world around you. The question now becomes how does the physical act of binding you in fear in such a way that you become a follower (or leader) translate to *energy control* and ascension management.

Plugged in and Turned Off

The answer to that is simple though unpleasant. Basically, when you embed yourself in the *social matrix* and take your cues from that matrix or from some other individual designated as the authority figure, you become a robot devoid of self-expression. Embedding yourself in the matrix makes you into an automaton incapable of manifesting anything personal in the real world. Relying always on what others believe is right,

what is socially acceptable, or what the authority figures in your life tell you to do *trains your body to shut down*.¹⁵ When you respond to external stimuli, when you respond in patterned and predictable fashions, when you act “without personal will,” you become an automaton devoid of expression and when that happens, **energy no longer follows intent** because “THERE IS NO INTENT.”

Adopting roles from the social matrix (i.e., adopting a robotic or purely reflexive interaction with 3D reality) has a profound impact on your chakras. Putting your physical body in program mode in order to avoid fear gradually reduces energy flow through your chakra system. Think about it. If you are not *expressing* your will in the world around, you are not *expressing* your energy in the world. If you are not expressing your consciousness, you are not using your chakras and not pumping energy. This outcome follows directly from the basic spiritual principle that *energy follows intent*. If you do not intend anything on your own, then no energy can flow to your intent.

Put another way, if there is nothing “above” then there will be nothing “below.” When you do not act, when you do not listen to your own desires, when you follow others, when you do not express your own will, you are not creating in this universe. Failure to act independently in the world sends an unequivocal signal to your chakras that tells them to shut down. Of course, some energy gets through. You need some energy to survive and some energy to maintain your physical surroundings. However, when you are plugged into the matrix, that energy flows to maintaining the social order. It does not go towards creating desirable conditions for you.

Of course, it is always necessary to repeat, this process of energy control was a necessary feature of our post-Atlantean ascension work. However, the time has come to release these mechanisms of control, release our little fears, and reverse the process.

So how do we reverse this process?

Simple.

We begin to wish, hope, pray, act, and react according to our own wishes and desires. In order to do this we must recognize the fears that keep us robotic and deal with those fears as we manifest them. This might be hard at first because after living years or decades within “the system” we may have no clue who we really are and we may have no idea what fears have shaped your behavior. Our patterns of behavior, and even our responses to fear, become so automatic that we are no longer conscious of the fear and our survival habits and

¹⁵ Incidentally, leaders within the Annunaki hierarchies of power and authority are also inevitably followers. All organizations that follow the Annunaki para-military model of top down hierarchical control require submission from everyone. Workers submit to middle managers, middle managers submit to upper managers, upper managers submit to executives, executives submit to chiefs, and chiefs submit in the hierarchies of the old boys networks they inevitably find themselves in as payment for being allowed to ascend the corporate, military, or political hierarchies.

At some level, we all submit to “the system” and in this submission we all shut off our own creative potential. No ifs ands or buts about it.

Of course, there are ways to lead, engage in entrepreneurial behavior, and create without bowing to the Annunaki hierarchies. However, this sort of leadership **requires** the constant empowerment of those you lead. True spiritual leadership, in business, in politics, and in life in general, is a process of *uplifting* and *empowering* those around you. To do anything else is to embed yourself within the Annunaki system.

we simply do without thinking. The challenge in this case is to drag all that unconscious material up to the surface in order to change your patterned ways of behaving.

Actually, it is not as hard as it might sound. Once you start meditating with something like *The Great Invocation*, you immediately begin to give yourself the power and energy you need to create in the world around you and as soon as you do that, you begin manifesting the contents of your consciousness. Once you begin the process of creating your world, you will inevitably manifest all those little fears that have kept you in a constant state of heightened anxiety where your only desire is to *control or follow* in order to avoid fear. In other words, as you meditate with The Great Invocation, experiences will come up that offer you opportunities to recognize your little fears, process them, and clear them. Watch for those opportunities, recognize the fears that keep you immobile, and heal them. Practice until you get it right and eventually you will learn positive expression of your spiritual consciousness.

Though it might seem overwhelming at first because of the wide variety of little fears we carry around with us, just take small steps to start. It will not take long before your raise, recognize, and release all your little fears. It is really just a matter of time and practice.

The Big Fears

As noted above, the other type of fear that we have to deal with as part of our activation process are the big fears. The big fears that you have to face are quite different from the little fears. Unlike the little fears that are a product of our socialization process *in this lifetime*, the big fears are fears that come to us from past lives. What is more, they do not come to us necessarily from our own experiences (though they can) but simply are ours because we inhabit physical bodies with a genetic lineage traceable to Atlantis and/or Lemuria.

What does this mean? It means the big fears are embedded in our body's genetic heritage as a result of some very bad things that happened to this planet a long time ago. An overview of the mechanics of our genetic memory is provided in *The Book of Life*. Here, it is important for you to understand that in order to have the big fears in your body, you personally (and by you I mean your spiritual consciousness) did not have to actually experience the events when they occurred. All you have to do is live in a body that has a genetic link to the extinction level events that ended the ascension experiments of Lemuria and Atlantis. If you live in a body that has such links (and all bodies on this earth have, because of cross breeding and genetic drift, this link to a greater or lesser degree) then you will remember the cataclysms and experience the echoes of those fears almost as if you actually lived through the events.

Fortunately for all of us, there are not as many big fears as there are little fears. Unlike the cornucopia of little fears that we all walk around with, there are really only two *core fears* that we have to worry about as part of our activation process. These two big fears were embedded in our genetics at the conclusion of our two previous failed ascension attempts (i.e., Lemuria and Atlantis) and are the result of the global level *termination events* that were required to halt the experiment and reconfigure the planetary conditions to allow for a clean experimental start.

To be perfectly clear here, the two big fears that you have to deal with were caused by the violent death of millions of bodies as a result of earth changes in Lemuria and the catastrophic extinction that resulted from asteroid impact in Atlantis.

See why I call these fears the big fears?

There is nothing quite so terrifying as looking up to the skies, seeing a fiery ball of flame strike the earth, hearing the sound of one million atom bombs explode in your ears, and then experiencing the incineration of your body or the long slow death of planetary winter. The end of our previous ascension experiments was not pleasant and those bodies that survived have had a powerful fear of termination burned into their genetics ever since.

These fears, which we inherit from lifetimes lived thousands of years ago are *core fears* that are so terrifying we normally only allow ourselves to glimpse these fears in myth and legend. That is, generally we are not consciously aware of our big fears. If we were, we would not be able to function within the system. So unless they are directly activated through the psychological operations of members of the world's secret societies, or through media generated fear patterning, we generally only experience these fears as diffused and unsettled anxiety (i.e., generalized anxiety) and, sometimes, dread (which we often try and Prozac to death). This diffuse anxiety is useful to the ruling classes who use this fear (along with all the embedded little fears) to control our social, political, and consumer responses. However, these deep and buried fears are no good to us or to our bodies. Not only do these big fears reinforce our docile or ultra-controlling behavior, they make us perpetually uneasy, prone to disease and illness, and, what is more important, they prevent the energetic activation of our body's chakra system.

Let us now take a detailed look at the two big fears. We will start with what I call the Lemurian fear and finish with an examination of the Atlantean fear.

The Lemurian Fear

The Lemurian fear is the **fear of sacrifice**. More specifically, it is the fear of being sacrificed. More specifically, it is the fear of being lied to and led to the slaughter by those you love the most. This fear was implanted in our bodies when earth changes, (volcanoes, earthquakes, massive flooding, etc.) reconfigured this planet and destroyed Lemurian civilization. Obviously, part of the Lemurian fear is a fear of earth changes but there is a deeper fear of sacrifice here and you cannot understand this deeper fear unless you also understand the peculiar conditions of the Lemurian experiment and its bitter termination.

Unlike our current situation, and the situation in Atlantis, where we find ourselves almost completely cut off from our higher consciousness, in Lemuria when we incarnated in body we retained a very powerful and very open connection to Spirit. The technical and strategic reasons for this open connection, as well as the technical reasons for the failure of ascension in Lemuria, are outlined in *The Book of Life* and I will not go into much detail about it here except to say that one of the more profound benefits of being connected to Spirit is *instant knowledge transfer*. When you are connected to Spirit and the spiritual hierarchy of consciousness, you have instant knowingness. For example, if you are a scientist working on a problem and

someone discovers something somewhere else relevant to your problem (even on another planet!), then that knowledge becomes instantly available to you through the interconnection of consciousness that we all share.

Sound fantastic? Of course it is. But this is, in the end, the nature of our creation. **When you come right down to it, creation is magic, pure and simple.**

Anyway, there are a number of implications of the *instant connection* that we experience as spiritual monads. The important thing to understand in the case of the Lemurian experiment is this. When fully connected, you cannot lie to people. You cannot talk negatively behind their back nor can you make fun of them because if you do, the next time they see you, they will *just know* that something has been kept from them or that some duplicity has been arranged. When connected to Spirit, you simply know and it comes to you like a smack in the face.¹⁶

In any case, this was the state of consciousness in Lemuria. Lemurians were connected to Spirit, had instant knowingness, and could not be lied to. As a result of this connection, Lemurians had instant and accurate insight into the ascension plan. Unlike you and I who have walked around in spiritual darkness for all these many thousands of years, Lemurians knew exactly why they incarnated and exactly what they were doing on this earth. They knew they were energy workers, they understood they were here to ascend the planet, and they realized that their work had implications for all of creation. Because of their connection to the spiritual hierarchy they were privy to all the knowledge and all the tactical and strategic decisions that were made concerning the ascension attempt. Nothing was kept from them.

Now remember, under normal conditions you cannot lie to a connected monad. This only changes when you deliberately cut them off either by blocking your spiritual consciousness or by manipulating physical conditions to prevent connection. Interestingly, this is exactly what happened in Lemuria. One fateful day, the local spiritual hierarchy, realized the energy workers on Lemuria were not going to be able to accomplish the ascension. The bottom line was simple. The duality was not sufficient. The energetic conditions were not conducive to traversal of the ascension boundary. As a result, the decision was made to reconfigure the system and start the process all over again. Everyone in the spiritual hierarchy understood this was not going to be pleasant because in order to start over again, conditions would have to be altered drastically. The only way to do that would be to make a clean start and the only way to make a clean start would be to obliterate Lemurian civilization, knowledge, and technology and scatter the survivors over the earth. To make a long story short, it was finally decided that *earth changes* would be the best way to destroy Lemurian cultures and scatter Lemurian people.

However, there was a problem. As we have discussed, Lemurians were connected to the spiritual hierarchy and this meant that they always knew *in advance* when volcanoes, earthquakes, or other major geological events were going to occur. Why? Simply because Gaia (mother earth) is also a spiritual monad and Gaia is also connected to the spiritual hierarchy and Gaia, because she loves her children, always lets

¹⁶ You want to pay attention to this as your own activation proceeds and as you develop stronger connections to Spirit. You will want to put aside **all** negative communications with people otherwise friendships and family will be sacrificed in the reawakening.

them (i.e., the humans, the animals) know when something is about to happen so that people have time to get the heck out of the way.

The problem was of course this. The Lemurians could not know what was going to happen and could not be allowed to prepare otherwise the necessary reconfiguration of civilization would not occur. The Lemurians would have to become victims of the earth changes. It was the only way and therefore some way had to be found to *disconnect them* from the higher spiritual levels where knowledge of earth changes and knowledge of the status of the ascension attempt was kept. Eventually, a solution to the problem was found and the Lemurian connection to the spiritual hierarchy was severed so that they would not know the experiment had failed and they would not hear the warnings that even the animals would be able to hear.

How did this happen? Simple intention. Although we are all connected to the spiritual hierarchy, and we all have access to the sum total of all knowledge, this knowledge, and access to the consciousness of others, must be freely given. There is no sense in which you are able to take from others what they do not freely give. In the case of Lemuria, there was a collective “cutting off” of the stream of consciousness from those people incarnated in body. That is, the spiritual hierarchy, the disincarnated monads, and the individual guides of all incarnated Lemurians one day simply stopped telling the truth to the incarnated souls and, in order to avoid raising suspicion, began lying through their spiritual teeth.

Now it is true that a few people (represented by the mythic Noah) were warned in advance. The reason that some people were told was simple. The life preserving actions of some were needed in order to preserve the human body and other forms of life and thereby avoid having to start the process at the very beginning. Although you might have gotten the idea that complete termination of the human race was required in Lemuria, this was not so. All that was required was the termination of the advanced culture and technology and the erasure of the high spiritual knowledge of the Lemurians. In order to safeguard against the accidental extinction of the human race (nobody could really predict how cataclysmic the earth changes would be), some individuals were asked to safeguard life on this planet against total destruction.

Most people know the story of Noah, which is, as you will now recognize, a sort of archetypal communication about the events of Lemuria. Noah, as you will recall, got a message from God (a.k.a. Spirit) to build an arc to preserve life. The church has corrupted this by suggesting that God was about to destroy the earth out of vengeance and wrath but that is not true. The earth changes were simply being allowed to occur without warning in order to reset the experiment. Anyway, Noah went about building his ark and everybody who was cut off from the warnings of Spirit (and this was the vast majority of those in human body) thought he was crazy. Of course, what else could they think? They were not getting the same warnings as he was from their fully developed connection to Spirit. In fact, they were being lied to. Their guides and others they had a connection to from the Spirit realms were actively reassuring them nothing was wrong and that Noah, and others like him, were in fact mad.

The reassurances were effective. Even as the earthquakes began to rumble across the entire face of Gaia, even as the storms grew in ferocity and the volcanoes blew their tops, the Lemurians trusted that everything was ok. Even despite the fact that they could see **with their own two eyes** the rising violence of the earth changes and just how screwy the weather had become, they never suspected a single thing and when their end

finally came in a violent explosion of earthquake, tidal wave, flood, volcano, or storm, only then did they look up to the skies and cry to their spiritual guides, the spiritual hierarchy, and even the creator GOD,

WHY HAVE I BEEN FORESAKEN?



Sound familiar? It is because your churches reinforce this deep fear whenever they can.

The termination of Lemurian society was a huge, but spiritually painful, “success.” The termination was not without cost. For example Gaia, who was prevented from saying anything to her children, still weeps over the loss.

This brings us to a point where we can discuss the Lemurian fear which is, as was noted above, the fear of sacrifice. We could also call the Lemurian fear the fear of betrayal and now you will understand why. The bodies that were terminated at the end of the Lemurian experiment experienced the **biggest betrayal of Spirit** ever experienced anywhere. The earth changes that wiped out Lemurian civilization were experienced as a massive and stunning psychological blow. Put yourself in their shoes. Imagine you are living just to the left of a volcano. You do not fear this volcano because you know that if there were a danger from it, Gaia would provide you with ample warning. Because of the connection to the spiritual hierarchies, you and all the living bodies around you would *just know* when it was time to leave. So you lived your life in joy and confidence until one day, to your total horror, that volcano blows. You know you are going to die and in the hours or days that it takes for death to overtake you all you can think is...

WHY HAVE I BEEN FORESAKEN?

Of course, after you are dead, the process is explained to you and you are ok with that. You understand the need and, in any case, ascension is what you came here to accomplish and if it was not going to happen in Lemuria, then a new start was needed. In Spirit you do not retain any fear of betrayal and sacrifice but (and this is important) the body does and it is this Lemurian fear of betrayal and the irrational bodily fear that you were lied to and led to sacrifice like innocent lambs to the slaughter that you must *heal* in this life time by re-experiencing that betrayal and walking through that fear. Only then will the energy of your higher connections begin to really sparkle with your original creator energy.

It will not be easy. The paranoia, lack of trust, and feelings of betrayal are very deep and very difficult to identify unless fully invoked. What is worse, we often pin these feelings on our families and close personal relationships in ways that obscure the fear and prevent us from seeing the root of it. Of course, as noted, once you begin to meditate with The Great Invocation, you will do everything in your power to raise this fear. The challenge for you will be to recognize the fear for what it is (i.e., an echo of the Lemurian tragedy and not a fear of men, women, or your family), and heal the mistrust and paranoia that you perpetually walk around with. Once you do that, your higher connections to Spirit, which remain closed as a result of this particularly powerful fear, will begin to open and sparkle in ways not experienced in earth bodies since the days of Lemuria.

Remember when the time comes to TRUST.

We are not going to relive the tragedy of Lemuria. We are all now positioned to heal that fear and move beyond that previous limitation.

The Atlantean Fear

The other big fear that we have to heal in this lifetime is the Atlantean fear. This fear is the **fear of power**. More specifically, it is the fear of having power. More specifically, it is the fear that some great power (God, Spirit, an Alien race) will smite you dead for taking control of your own life, claiming your co-creative power, and presuming to consider yourself *an equal* of God.

Like the Lemurian fear, this fear is a very powerful and very visceral fear. It was implanted in our genetics when the Atlantean ascension attempt was shut down by a direct hit from a very large asteroid. The impact of this asteroid killed millions of Atlantean citizens directly and also raised a cloud of dust so thick that it *darkened the skies* and caused a perpetual winter that eventually wiped out nearly all life on this planet.

Sound drastic? It was! However, the drastic measures were necessary. In order to understand this you have to understand the peculiar experimental conditions of Atlantis. As you will recall from *The Book of Life*, Atlantis was our second attempt at ascension and it was set up differently than Lemuria. In order to overcome the energetic limitations experienced in Lemuria (i.e., the fact that we could not generate enough energy to ascend this planet and this universe), in Atlantis duality was enhanced in order to allow us to generate **more energy**. This enhanced duality (i.e., distinction between light/dark, good/evil, black/white, etc.) provided the conditions necessary for generating the extra energy that would be required for the ascension. However the extra duality, along with some additional energetic adjustments, also had the additional effect of cutting off the Atlanteans from the direct contact with Spirit enjoyed in Lemuria and most everywhere else in this universe.

It is important to realize here that cutting off the Atlanteans from direct contact with Spirit was a necessary and *voluntary* modification to the experimental conditions on this planet. This is fully explained in *The Book of Life* where it is noted that the imposition of *The Veil* allowed the energy workers to work with the duality of this planet. As explained there, while connected to Spirit, playing this childish game of good and evil that we all play (this game of duality) is impossible. However, when cut off from Spirit and the full power of our consciousness and placed in an isolated physical existence, it becomes easier to buy into the spiritual nonsense of duality, good and evil, and all that other jazz which is a necessary requirement for generating the extra energy needed for universal ascension.

This then was the condition of Atlantis. Energy workers experiencing duality in amnesia.



Things went OK for a while. The physical angels worked diligently and stored the energy they generated until one day it became time to initiate the ascension acceleration. At that point we (as Immortal Spirit) sent a messenger to bring the good news. This messenger came with an explanation of the divine purpose of life on this earth (i.e., it was all ascension related), an explanation of the energy process, and the tools (i.e., meditations) whereby the energy workers of this world could initiate the ascension acceleration.

As the word spread and the workers began to shrug off the duality and activate their energy systems, the ascension acceleration began. However, it was not long after the acceleration began that something went horribly wrong. As a result of working in the enhanced duality, the energy workers had created a lot of *negative entropic energy* and when ascension was initiated, the negative energy that was attached to so many Atlantean bodies corrupted the attempt to ascend this planet.

The scenario unfolded something like this. As Atlanteans activated their energy systems, they began to take back their power as co-creators. However, as they took their power back there was (because of all the implanted negativity) a strong tendency towards negative manifestation. As activation progressed and as their power to manifest grew, negativity exploded on this planet in a surprisingly powerful manner. People who did not like their neighbors, for example, would manifest negative experiences for their neighbors. The neighbors would then lash back and the cycle spiraled rapidly down into a black pit of hatred, paranoia, violence, fear, and panic. In fact, it got so bad that the life systems on the planet began to collapse. The food supply became diseased, the ecosystem began to disintegrate, and disease ran rampant through the Atlantean bodies.

It was a horrible and painful descent into chaos and darkness.

The creative power of the Atlanteans, coupled with the lack of connection to Spirit, coupled with the preexisting negativity, caused a rapid downward spiral that got so ugly for so many bodies on this planet that an asteroid hit was seen as a kindness to the energy workers caught up in the debacle.

This is, of course, where the Atlantean fear comes in. It is difficult not to look up in horror as a huge ball of flame descends to the earth and crashes with the noise of 10,000 atom bombs. However, the Atlantean fear is not simply fear of a catastrophic celestial termination event. The key to the Atlantean fear is to recognize that termination of the experiment occurred at the pinnacle of Atlantean activation and **return to creative power**. When the asteroid hit, Atlantean citizens, while they were not completely aware of their divinity, were totally aware of the extent of their power. They were bright people and they saw the connection between their creative intent and the manifestations occurring in their personal lives. Their emerging power was awesome to behold. They understood their power and when the asteroid hit, those who survived the initial impact had a lot of time to come up with a rationale for the destruction of this planet. They eventually (and naturally) concluded that their civilizations had been destroyed by a God (or Gods) as an act of punishment for their presumption of power and misuse of creative potential.

It is not true of course. The Atlanteans were not destroyed by a vengeful and wrathful God seeking their punishment for presuming to be equal.¹⁷ The Atlantean civilizations were destroyed for technical reasons

¹⁷ It is true, however, that religions prop up the fear of vengeance at the hands of a spoilt, patriarchal, and power hungry God. It is their contribution to efforts to prevent the ascension from ever occurring on this planet.

related to the ascension. However, the people did not make the connection. They did not know the higher spiritual reasons for the asteroid. They simply saw the obvious association between the **return of their power** and the **death of their civilizations** and this association inevitably set up this equation,

Taking back your power = Destruction of your body

Or,

Power = Death

And the important and elite manipulated association,

*NEVER TRUST A SPIRITUAL EMISSARY
BECAUSE THEY BRING DEATH*

As you know, these associations are programmed at a genetic level and ever since the terrible termination events of Atlantis, the bodies on this earth have been afraid to return to power (and deeply afraid of spiritual emissaries carrying ascension messages). These are very deep and irrational fears that we all carry around with us (and that are reinforced by Annunaki propaganda). These fears prevent us from ascending the planet by scaring us away from taking our power back. At this point you will understand this because ascension requires activation of your body's energy system and activation of your body's energy system is exactly the process whereby we claim our power and take our seat as Divine Sparks of the One and co-creators of this physical universe. If you are scared of power, the last thing you want is the ascension to proceed. We fear that if we allow full activation, if we take power, if we manifest too efficiently, we will be destroyed.

Conclusion

That about does it. These two fears, the Lemurian Fear and the Atlantean fear are the two main fears that we have to deal with as part of the activation process. As you will gather from my descriptions above, these two fears are very potent and no amount of intellectualizing will help when the time comes for you to face these fears. They are big, powerful, and potentially overwhelming.

As I have repeated constantly, *trust is the key* to overcoming these fears.

So why the extended discussion of fears if no amount of intellectualizing will help? For several reasons. As noted in the introduction, going over these fears in detail is useful to help us integrate the knowledge and overcome the programmed responses so many of us engage in. Learning more about our fears is also helpful if we wish to recognize the root of our maladaptive behavior patterns like our tendency to over-control the environment or our tendency to submit to anyone who promises to save us from our fear. It is true our ascension experiment has needed energy control. However, outside of the limited experiment on this earth, creation needs neither control freaks nor submissive followers. Creation needs fully conscious co-creators.

Besides learning about your fears and overcoming your maladaptive behaviors, there is one final reason for spending so much time discussing your fear and that is so you can help others when the time comes. If reading a book is not going to be much help to you, talking to others will. Reaching out and re-assuring those

who you can see are experiencing *the fear* will go a long way towards encouraging them to trust in Spirit. It is our growing communities of knowledge, Spirit and light that are going to make it possible for masses of people to clear their fears simultaneously.

This is really important.

Even if walking through your fears is something you do alone, understanding the fears, their origins, and understanding their relations to ascension is very important in the process of understanding and integration and very important when it comes time for you to help others. Rest assured, that time will come. Even now, people are reaching out and asking for help and it is inevitable that you will be called on to help these. It is, after all, one of the jobs you signed up for and it is one of the reasons you are reading these words. There is no other way to put it. You are here to help others.

Believe me, your help is going to be needed and this will be especially true as the earth changes continue their dramatic increase in frequency and severity and as the Annunaki continue to raise the specter of global war and global annihilation. A lot of people are going to need your assistance so talk to them. Help them understand and integrate, Help them trust and walk through their fears.

I cannot overestimate the need here. It is your actions and your assistance that will prevent people from entering panic mode. As noted above, the big fears can be overwhelming and I mean this quite literally. The core fears are terrifying, life and death, hell and damnation fears that rip through your being to the very core. As the ascension advances and our ability to manifest our fears increases, Spirit will need all the help it can get to minimize the number of people who enter panic mode, *lose control* of their body, and endanger themselves and others.

Incidentally, this loss of control is already happening to people. You can see it in the media as people armor their bulldozers and take out entire towns, as men snap with fear and go on shooting rampages, and as parents kill their children and their spouses. Let me be perfectly clear when I say nobody (except members of the Annunaki and their minions) wants to see anybody go into panic mode. It is critical that the ascension proceeds in a calm, controlled, and smooth manner. It will, of course, proceed in this fashion because that is what all the preparations have been about. However as automatic as it will be you have to remember that the process still depends on you. You are incarnated to help with the process and the more people that help, the smoother (and faster) the ascension will be.

So do not be shy in getting the message out. The time for polite inactivity is over.

Conclusion to Part One

This brings Part One of this dossier on the ascension to a close. In Part One I have discussed in some detail the nature of fear, how fear blocks the ascension process, and some of the dangers of giving into fear. At this point you should have enough information to be able to face your fears with trust, integrate the experiences that you have and, most importantly, help others with the process as they arrive at their own ascension crossroads.

In Part Two of this ascension dossier I am going to put aside our discussion of fear and talk in more detail about the individual chakras and how they function (or do not function) in the activation and creative process. In Part Two, I will take each individual chakra in turn and discuss the chakra's true functions, the individual blockages we have, and the maladaptive expressive patterns we engage in. I will also provide extensive guidance on *right expression* and *right thought* in an effort to help you tune your chakras to the highest possible energetic expression. By the end of all that you will have a very advanced practical understanding of your own energy system and you will be able to translate this knowledge to efficient activation and manifestation in the physical universe.

INTRODUCTION TO PART TWO

We are shaped by our thoughts. We become what we think.

Buddha

As noted in the introduction to this book, this dossier is intended to be a practical guide to creative manifestation. That is, this dossier is written to teach you how to make best use of your energy manifestation device (i.e., your body). Up until now we have been focusing on the gross aspects of this system. We have learned that in order to initiate the activation of your system you have to direct intent at activation (i.e., you must visualize it activating with a visualization tool like *The Great Invocation*). We have also learned that once activated your system begins to manifest the contents of your consciousness more efficiently. Because of the status of this planet as an ascension center, and because of the influence of the Annunaki who have functioned as energetic gatekeepers, the very first things you begin to efficiently manifest are the unconscious fears that have blocked your energy flow and prevented your body from functioning in its full power. Manifesting your fears is the natural and **inevitable** result of the initiation of ascension.

In Part One of this dossier we learned about the nature of these fears and why clearing them is an important part of your activation process. We learned that if you do not clear your fears, then as these fears rise up in you as part of your energetic initiation, the energies that you started flowing will become constricted by fear, your ascension will be blocked, and you will have to begin again (after a suitable rest period). Thus, walking through your fears is the **necessary first step** required to ensure continued functioning of your system.

In order to help demystify the process of confronting your fears, we discussed, in some detail, the nature of your fears. We learned about the big and little fears and how these fears block your energy flow and limit your creative power in this 3D universe. We also learned about the primary *key* to overcoming your fears which is *trust*. In order to walk through almost all your implanted fears, you must trust in Spirit and God. Trusting in God can be very difficult for those who have been brainwashed into believing that God is a God of hierarchy, punishment, judgment, and damnation. Hopefully, if you have been blocked from proceeding because you are *afraid to face your fears*, Part One will have provided enough rational context for the process to allow you to brace yourself and begin the move forward.

In Part Two of this dossier I am going to move beyond a basic discussion of activation and the clearing of fears in order to talk in more detail about the individual activation of your chakra centers. My assumption here will be that you have already experienced your big and little fears and have by and large processed and integrated these fears so that they no longer block energy flow through your system. Obviously, you need to confront your fears before moving into this section. However, as a practical note, moving forward into Part Two of this dossier does not mean you have to be totally clear of fear. However, you should have progressed far enough along *The Path* to be able to clearly and honestly enumerate, at least to yourself, the actual fears

that blocked your ascension. If you can do that, then you are well placed to continue movement forward on this *Path of Activation*.

The rest of this dossier will follow a well rehearsed formula. In each of the subsequent chapters I will focus on one chakra at a time and provide a detailed exposition of the practical aspects of manifestation with that chakra. We will learn many things about each chakra as we progress through the chapters. We will learn about the quality of energy that each of your chakras portals into this 3D reality and how each of the creative centers work individually and collectively to manifest the physical world around you. As we shall see, the operation of your chakras and the way they support physical manifestation is more nuanced and complicated than the ancient teachers were able to express.

However, before we get down to the nitty-gritty of this chakra guide, I wish to make a few general comments about the usage and functioning of your chakras. The general comments I make here in this introduction are necessary and provide a foundation upon which we shall build an accurate understanding of your body's energy transmission and manifestation system in the rest of this book.

The Rules of Energy Manifestation Function

My first set of comments concerns the actual functioning of your chakras and what we might call the *Rules of Energy Manifestation*. What are the rules of energy manifestation? These are the rules that *govern* the way the energies of creation are manifested as they pass into this physical universe. You need to know these rules if you want to make best use of your energy system. Knowing these rules will give you the information you need to acquire and retain *full control* over your energies.

Now, as I have said repeatedly, and as most people who study this sort of thing will tell you, **chakras are energy portals**. In the *Book of Life* I described them as vortexes or conduits for the energy of creation. It is through your chakras that the universal creative energies enter into physicality. It is helpful to visualize this process by seeing your chakras as *openings* through which energy (here visualized as light) flows out and into the world around you.

If you focus on a single chakra, say your crown chakra, the flow of energy into creation looks much like an expanding ball of light. Visualize this light expanding up, down, out, and away from your crown chakra in an ever expanding ball of energy that encompasses first your body, then your local environment, then an ever increasing sphere of containment. If you are able to look down on your body from a Spiritual height above your body, this expanding ball of light moving out and away from you is exactly how you would see your energy entering into physicality.

The question now becomes, what happens with your energy once it leaves your body? The answer to this question comes in the form of the *Three Rules of Energy Manifestation*.

Rule One: Energy Follows Intent

The **first rule** of energy manifestation (which you are likely already familiar with) is that **energy follows intent**.¹⁸ I know I repeat this often but it is an important rule. What you think about is where your energy goes. Put another way, energy moves to whatever your consciousness focuses on. Under normal spiritual conditions and when we are aware of the spiritual nature of our existence, this is a conscious process. However, on this earth where we descend into amnesia and forget our roots in Spirit, we often do not *pay attention* to the energy as it comes out of the body. In cases like this where we do not consciously choose to apply intent to the energy that passes through our systems, then energy follows the unconscious mental structures of our physical bodies. **This is very important** and it is worth pausing for a moment to consider. Even if you are not focusing your intent on your energy, even if you are not willing it to do something, your energy nevertheless goes out and *finds* something to do. It does this by following your unconscious ideas about things.

Importantly, energy follows intent in a totally literal fashion. It is exactly like the fairy tales try and teach you. You get *exactly* what you wish for. A lot of people who want to prevent you from taking responsibility for your energy will tell you that this is a dangerous thing and that wishing in these conditions can only lead to ruin. In this way they trick you into ignoring your energy and not paying attention to it. They implant a fear in you that you are incapable of dealing with the power that this energy of creation represents. This fear of your own energy, this belief that you cannot control your own power, is seeded in you by the Annunaki children's stories that emphasizes the inevitable path to ruin that occurs when you wish to use your spiritual power.

You can put those fears aside. Unlike what you may have been taught, being a powerful co-creator and having a world where the energy of creation responds *exactly* the way you wish is a **good thing** because it means that how you create and what you create is **absolutely predictable!** It is true you might make mistakes, but because things occur literally, you will be able to trace the cause of the mistake one hundred percent of the time. When energy follows intent in a literal fashion, everything works *in the light*. Everything works *above board*. There are no deep magical secrets to uncover and no hidden magical corridors to navigate.

Those of you trapped in the convoluted mazes of the world's secret societies take note.

IT IS ALL ON THE SURFACE.

As noted, we may make mistakes because we do not specify our desires correctly, or we may omit important features, or we may fail to understand or anticipate some related aspect of the physical world, or we

¹⁸ I might add to this that "energy follows intent *without limitation*." I would consider this extension to represent the full esoteric truth. Nothing is impossible and there are no *immutable laws of physicality or creation*. Everything about the physical universe is totally under the control of our consciousness. Even gravity would wink out of existence if Spirit decided that such a force was no longer necessary for physical creation.

Indeed, it is even possible to change the *rules of manifestation* if Spirit so desired and even erase or re-write the most fundamental rule of energy manifestation which is that energy always follows intent. However, that kind of shift requires agreement at the level of God consciousness and does not normally occur during a period of physical manifestation.

may not follow the consequences of our manifestation through, but we do learn and the more we learn, the more our control over creation expands.

As you can plainly see, this is a wonderful way to organize the energy of creation and I can tell you with absolute certainty that we (and by we I mean all of Immortal Spirit) would not have the energy of creation respond in any other way. It is easy and elegant this way. I can also tell you that at this point in our creative experience, **we do not make mistakes**. We (and by we I mean you and I) have been doing this for so long that we get pretty much exactly what we want one hundred percent of the time.

Rule Two: Your Energy Belongs to You

If the first rule of energy manifestation is that energy follows intent, then **the second rule** of manifestation is that the energy that passes into physicality through your physical body belongs to you and only to you.

Got that?

When the energy of creation enters *through* your physical body, it is automatically stamped with your unique (in all of creation) genetic signature. This signature is very complex (far more complex than even the most advanced cryptographic signature currently available) and serves to identify the energy that passes through your system as *uniquely yours*. This fact is extremely important and worth meditating on. This rule means, among other things, that the energy that you manifest and that has your body's signature **only** responds to your intent. Think of this like your personal genie responding only to your wishes and tuning out the wishes of everyone else. If you pass energy in to this earth, *only you have control over it*. This fact is the basis of *The One Law* that was outlined in *The Book of Life: Ascension and the Divine World Order*. Again, it is worth meditating on this in order to draw out the full implications.

Under normal spiritual circumstances this law operates in a totally unambiguous fashion. That is, if it is your energy, you control it and you are responsible for the manifestation it creates. There is, however, one important exception to this rule and this exception occurs when you *intentionally* give your power away to other people. As noted in rule one, energy **always** follows intent. If you intend that energy to respond to someone else's intent, that energy then belongs to the other person you designate for as long as you specify.

There are basically three different ways that you give away your power and lose control of your energy. The **first way** is to consciously give control away. You can do this by simply intending control to pass to another person. As always, it is quite literal. You can say, for example, that 10% of the energy you pass into physicality can be used by such and such a person for such and such a task. Your brother, for example, may be having difficulties at work. You can *give of yourself* so he can cope with the problems. You can give your energy to him *in general* by allowing him to use it in any way he sees fit or, if you are uncomfortable with giving such latitude to your energy (after all, who knows what your brother might do with that energy), you can give it to him only if he uses it for specific purposes that you agree with. How you give away your energy and under what conditions is under your total control.

If the first way that you can lose control over your energy (i.e., give it away) is consciously, then the **second way** that you lose control is unconsciously. This occurs in one of two ways. The first way is when you are not paying attention to your energy and your intent. This happens when, for example, you do not believe in the power of intent or believe that consciousness controls the physical universe. When you are not paying attention to your energy, control of your energy passes to your unconscious ideas (mental structures). You can think of this as the *fallback* action of energy. If you are not consciously in control, you are unconsciously in control.¹⁹

The second way in which you lose conscious control of your energy is when you are tricked into *intending* things that you would not normally agree with. This is not as complex as it may at first appear. You may not agree with war, for example, and may not wish your country to move towards war. However, you can be tricked into intending support for the war despite the fact that you have a conscious aversion to it. There are many ways to do this. The most recent example of this can be seen in the constant use of the threat of terrorism. If you are afraid of terrorist attack, and if your governments argue that they must take action to prevent attack, then out of fear you may end up providing unconscious energetic support for their actions even though you may not agree consciously. We will speak more about the mechanics of this trickery below when we speak about Chakra Control Clauses.

The **third way** in which you lose conscious control is also a case of trickery. In this case you are sold ideas that fool you into releasing your control of power to others. Basically what you do here is to *give up your power* and give it over to some unspecified *other* in the environment. The unspecified others are usually the authority figures in your life. To make a long story short, this transfer of control occurs when you *submit* to authority or *transfer* responsibility for action to those in authority above you. The ideas that support this transfer of your power are taught by parents, teachers, and the world media and there really is an endless variety of ways that we have been tricked into giving away our power. I will also go into more detail about this process when we discuss Chakra Control Clauses below and in the body of Part Two.

As you can see, the operation of the second rule of energy manifestation (which is that the energy that passes through your system belongs to you and only you) can get complicated with all the ways you can *lose* control over energy that is, by definition, only yours to deal with. It might even seem a contradiction to have a rule like this that is so easy to break that it appears not to be a rule at all. However, if you recall rule one which is that *energy always follows intent*, you will see there is no contradiction. Nothing in rule two violates rule one. Even when someone else (like an authority figure) gets control over your energy, you must have intentionally given that power away (even if you were tricked into it). Even this is still a strict application of rule one.

Remember, energy always follows intent even if that intent is to change the subsequent rules of energy manifestation.

¹⁹ This sort of unconscious control over energy really only occurs on planets where a veil (*The Veil*) has been placed over consciousness while in the body. The unconscious control of energy is most definitely not a universal condition. When the body is allowed to evolve and mature naturally, and when no energetic limitations are placed on it, there is no such thing as an *unconscious* mind.

Rule Three: Power is Equal to One Over the Distance Squared ($p = 1/d^2$)

This brings us to the third rule of energy manifestation that you need to be aware of. This third rule of energy manifestation is familiar to anyone with high school science and simply states that the farther away the energy is from source, the less influence it has. In other words, **distance from source is important**. It is important to note here that when I say “source” I mean *you*, your consciousness, and your energy system (body) and not some abstract and impenetrable source of all things (i.e., God) Remember at all times that you are the point of entry. You are the source of the energy that flows into this universe. You are the creator and it is your energy’s distance *from you* that determines its strength.

The application of this rule is simple. As energy moves out from *you*, as it expands further and further from your center of consciousness, the energy’s “influence” on physicality declines. Energy that you portal into this world through your body has its greatest influence immediately around your body, your home, and your work. The impact of your energy declines as the distance from your center grows. By the time you get to the social and political levels, we normally have only a modest influence and that influence is normally shared by the modest influence of everybody else with a conscious interest in politics or the social world.²⁰

This third rule is easy enough to understand and in fact reflects the inverse square law that applies to energy of all types (i.e., $\text{power} = 1/\text{distance}$). However, there is one important fact that you need to keep in mind here. When I say that the distance from source is important, I am not talking about physical distance. Physical distance (and for that matter temporal distance) is largely (though not totally) irrelevant when it comes to energy and manifestation. The distance that I am talking about here is a distance measured by **your interest** in a thing. The more interested you are in something, the more you think about it, and the more you focus intent on it, the *closer you are* to that thing. The less you think about something and the less you focus, then the farther you are away from it.

Chakra Control Clauses

As soon as you come to understand the three basic rules of energy manifestation you can claim to have acquired an advanced practical understanding of the creative processes of this universe. In addition, you have enough information in your head to be able to take total control over the process of manifestation. At this point, there should be no reason why you cannot use that energy manifestation device that your consciousness is sitting in to get total control over your body, your local environment, and even this world. This is especially true now that you have cleared your fears and have an activated chakra system.

However, we are still not quite done with our work. Although you now have the majority of the blockages cleared, and although your understanding of the process of manifestation has advanced very far indeed, there are still issues to deal with.

²⁰ If you think about this you will understand why the media expends such effort on shaping mass opinions. When they are doing that, they are, in reality, shaping and controlling the social and political life of the society they operate in.

Do not worry. The issues that you have to deal with now are not anywhere near as difficult as the fears that you have already walked through. The dragons are dead and only the vaporous wisps of your original fear now remain. There is nothing of the deep terror and isolation that you felt before. In order to fully activate your body, all you have to do is clear away a few erroneous ideas about the nature of this world, of physical creation, and of Immortal Spirit. This will not be hard at all. I can compare the process ahead of you to the process of scraping the crusts of sleep out of your fuzzy eyes in the morning. The road ahead is no more onerous than that.

So, just what are these issues that you now have to deal with? As noted, the clearing that you have to do now mostly centers around correcting erroneous ideas that block the full Divine functioning of your energy system. To be as blunt as possible, the erroneous ideas are wrong-headed ideas that trick you into manifesting your energies in ways that do not support either your best interests or the *Divine World Order* but that instead are used by the powerful to manifest the slave system of this planet and extract the wealth of this planet with the sweat of your brow. It is a basic spiritual truth that you should understand by now that on this planet, the energies of your system are used against you in order to secure your slavery and prevent your empowerment.

I realize that after reading through all the materials on fear and blockages in Part One of this dossier you might have gotten the idea that fear totally closes your chakras and completely prevents energy flow. This is not true. Complete restriction of the energies of creation through your system *is not possible*. No matter how repressed and oppressed your energy system is, your chakras must always be open at least a little. Your body has such intensive energy requirements that your Spirit simply cannot maintain the conditions for life without at least a minimum of creative energy flowing into the body.²¹ No matter how blocked you are, some energy flows.

What happens if your energy flow is blocked through your chakra system? That depends on the extent of your blockages. When even a little energy is blocked, your body immediately begins to react to the constriction of flow with disease. When blockages are minimal, your body responds with minimal disease usually in the form of aches and pains and other chronic (but not debilitating or life threatening) conditions. Of course, as doctors are beginning to understand, long term restriction can turn these chronic complaints into more serious diseases like arthritis, cancer, and the like.

Serious energy blockages lead to the physical death of the body. The death of your body may occur in the short term if the blockages are severe or you may die over the long term if the blockages are less severe. What your body dies from will depend on where your blockages are. If your heart chakra is blocked, you tend to develop heart disease and die from heart related problems. For reasons too obvious to explain, this is

²¹ However, energy flow is restricted and the amount that is allowed to get through your fear is not enough to maintain the long-term health of your body. That is, while living beneath fears only a fraction of the possible energy portals in through your chakras and this is not enough to keep you healthy. As our chakras become closed as a result of the socialization process, your body slowly begins to die. A restricted flow of energy shortens your body's lifespan and causes, because of the restricted energy flow, all sorts of degenerative cellular diseases.

Indeed, one of the symptoms of a partially blocked energy system is aging of any kind. It will not be long before your earth scientists realize your body was not designed to die and it only does so because it lives in conditions of perpetual energetic starvation and environmental toxicity.

typical of men in our society. What diseases manifest, and how fast they progress, depends entirely on where the restriction (or combination of restrictions) occurs. In all cases, the solution to disease is unblocking your chakras and allowing the energy to flow (of course, always consult a medical doctor in addition to any energy work you undertake).

It is true that on this earth, eventually, everybody dies. That is because on this earth, everyone experiences chakra blockages. However, the day is coming soon when every body will have a fully functioning chakra system. When that happens for each of us (individually and then collectively) the body will no longer die from disease as it does now. It will die only by choice or by accident.

There is another wrinkle here and it is not a pleasant one. It is true that on this earth you already start off in a constricted body that does not generate enough energy to maintain long term survival. What you also need to know is that on top of this restriction, a portion of your energy is taken from you to support manifestation tasks that are not in your best interests.

Just where does this stolen energy go?

I will be blunt here. It is stolen from you and used by the ruling classes in order to build and maintain the energy control system that we are all embedded in on this planet.

How does this work? In order to understand this, recall *rule one* of energy manifestation which is that *energy follows intent* or

As above in consciousness,

So below in matter

Remember, whatever is in your mind, whatever concepts your consciousness contains, will inevitably and literally manifest in the world around you.

Also, recall *rule two* of energy manifestation. Remember, this rule states that you are in control and responsible for your energy unless you give away control. The default condition is that you are consciously in control of your energy unless of course you have been tricked into releasing control. When that happens, control over your energy defaults to your unconscious mind where the structures of your unconscious mind then governs the way your energy is manifested. Once control of your energy is passed over to your unconscious mind, then the ruling classes can work to implant *unconscious ideas* into your mind that control how you think about the world and, as a result, how your energy manifests in the world.

I like to call these embedded ideas that you may or may not be aware of *chakra control clauses*. Why? Because the ideas are like sentences (clauses) that shape your intent and thereby determine (control) how the energy that manifests from your chakras goes into creating the world. The sentence “we live in a world of good and evil” is one such control clause that helps us manifest the world of duality but there are others specifically designed to support the slave system we all find ourselves in. Some of these control clauses are *general* clauses and govern how the energies from your entire system manifest and others are *specific* clauses that work on a single chakra.

I will not go into any detail about these control clauses in this introduction. Uncovering the numerous control clauses that trick you into supporting a system of duality and energetic oppression will be the work of our individual chakra discussions.

It will be worthwhile for you to spend some time thinking about the nature of control clauses by way of preparation for the chapters on individual chakra function because our primary task in our individual chakra discussion will be to unearth and dispel the various control clauses that impede your ascension and the manifestation of the Divine World Order.

A Note Against Standing Still

At this point some of you might be getting the idea that continued forward movement is unnecessary. You know, based on your work in Part One of this dossier, that you have cleared your fears and activated your systems. It is true. The point on *The Path* where you are standing now is a point of bodily activation. You already have enough of your power back to ensure you live a long and satisfying life. You already have more control over your life and the manifestations in it than ever before. Why not, you are asking yourself, just get off *The Path* now. Why go through all the trouble of uncovering and clearing all the deeply hidden *control clauses* that manifest the old, non-divine world order.

I will be honest with you here. At this point, there is no Divine reason for you to continue on with the clearing. You can stop right here if you want and, now that you have overcome your fears, go on participating in the illusions of the 3D world except with more vigor and health than in the past. This is your choice and you are free to make it. However, it is my responsibility to tell you what you will be missing if you choose to not move forward. As you will see, there are some benefits to completing this process.

The first thing that you will miss if you decide to *get* off now will be full activation and kundalini awakening. The bottom line is that while there remains even the slightest sliver of darkness (i.e., misconception) in your consciousness, you will not be allowed to fully activate. I realize there is a bit of a contradiction here. I generally preach the truth that you have total control over the parameters of your physical manifestation and for the most part that is true. However, there is one exception to that basic truth and that occurs when you are dependent on others to assist in some creative task. In cases where others are involved, you require the consensus of those involved. This is the way of it when it comes to full activation. On any planet, full activation (which in this context means grounding and kundalini awakening) is not something that you can achieve on your own. In order to achieve full activation and kundalini awakening you need the assistance and permission of Gaia.

Why is this? It is because of the nature of final activation and kundalini awakening. Final activation requires that you *connect* your body's energy system into a type of energetic circuit that includes a ground into Gaia. You can think of this process like connecting an electrical appliance. The appliance only works if you connect the appliance into a circuit with a positive side and a ground.

How do you connect? Just imagine you are a battery with the positive side (the copper top) at your crown chakra and the negative side at your root chakra. The process of connecting is facilitated by visualizing a wire extending up into space through your crown and down into the earth through your root. When those wires meet the terminals provided for them, you go *live*.

The problem for you is that *grounding* (i.e., connecting your root terminal into Gaia) is not something that you can do without the consent of Gaia herself. This is the way it should be. It is, after all, Gaia's body that you are grounding into and she has the power to prevent you from connecting if she does not want you to connect. The thing is, she will not give you permission unless she is sure that you will not use your power to harm life on this planet. She can only be sure of that when you have cleared all the Annunaki control clauses.

Why?

It is because final connection of the cosmic circuit gives you incredible power. It literally gives you rapid life and death control over physical manifestation on this planet (physical bodies are, after all, just another part of the physical universe). What is worse, when you are fully activated, wrong intent (i.e., belief in such crazy notions as "survival of the fittest" or such other nonsense as "nature red in tooth and claw") can make Gaia's job of sustaining life on this planet very difficult because your intent works at cross purposes to her intent (which is to create a gentle, loving, and prosperous ecosphere). The bottom line here is this. Too many fully empowered monads with wrong-headed ideas and Gaia would not be able to maintain life and the ecosystems would collapse. As a result, no individuals are connected and no individuals attain full power unless these individuals are fully enlightened.



At this point you may still be thinking so what. So I will not be able to fully activate. Big deal. I still have a lot of power when compared to the impotent state of existence I am currently moving out of. I have progressed far. However, before you make that final decision and step off the path, consider these final facts.

If you do not fully activate, you will not be able to develop the ability to *ascend* your body. That is, you will lose your opportunity to *beat death* by taking your body and realizing its potential for eternal life and multidimensional travel. You will lose, in short, the Holy Grail of the whole process; that is the ability to ascend and descend the dimensional levels without restriction. It is true. This power awaits us all as the vibration of the planet continues to ascend. There is magic in that body of yours. It is up to you whether you want to access that magic.

It is your choice. There are no pressures and no expectations. Enough people are moving forward to ensure the unfolding of the Divine World Order and you are free to do what you think is right for you.

However, whatever you do, do not say you were not warned about the consequences.

Multidimensional Body

With that out of the way we are almost finished with this introduction. However a few final comments about the functioning of your system are in order.

Before you can realize the full potential of your physical manifestation device, you must be aware of the fact that your physical body exists on multiple dimensional levels simultaneously. Your physical body is

multidimensional. That physical vehicle that your spiritual consciousness is sitting in right now (the one with the eyes, nose and mouth) is only your **lowest level body**. It is only the densest part of your physical vehicle. It is only your 3D body. You actually have several additional bodies that your spiritual consciousness inhabits simultaneously and which function as integral parts of your multidimensional energy manifestation system.

In order of ascending vibration you have...

Your physical body

Your emotional body

Your etheric body

Your astral body

Your light body²²

You do have more than just these bodies. However these five are the ones that you should be primarily concerned with. The bodies beyond these are primarily inhabited by the soul level of consciousness and not very relevant to us here as we manifest as the *little ones* of physical creation. So just ignore them.

There are two things that you need to understand about your multidimensional bodies in order to tease out the practical implications here. The first is that your energy portals, your chakras, extend through all of your bodies simultaneously. Your chakras pierce your body from the highest vibratory level of creation (source of consciousness) through all dimensions of physical creation right down to this dense physical level. This is worth repeating. Your chakras extend through all dimensions and portal energy in to all dimensions simultaneously. You may not be aware of this just yet, but you will eventually.

The second thing you need to understand is that the work you do on one dimension of creation affects the work you do on all others. All creation is interrelated. All dimensions interpenetrate. This is important for a couple of reasons. One reason it is important is that as you progress on *The Path* at this level of existence, your progress here is felt on all other levels of existence. Whenever you clear a blockage in your physical body, blockages are cleared all the way back up the dimensional levels. Whenever you rid yourself of a chakra control clause on this level, manifestation begins to reform on all levels. I say this to help you put into proper perspective the work that you are doing here. As you continue to move forward, you are going to be helping a lot more people rearrange their realities than you currently aware of.

The other reason that it is important is that any work you do on one level impacts all the other levels. There is a conceptual reversal here so pay particular attention. If you have a blockage manifesting in a physical organ, the easiest and most efficient way to clear that blockage is **not to focus on the physical body** (which is dense and responds slowly to your intent) but instead to focus on the astral and etheric bodies first.

Why?

Because they are “lighter” bodies. They are made up of the physical substance of the higher dimensional levels and they respond immediately to your intent. If you tell your physical body to do something, it takes

²² Your light body is the body you see when you *the orb* that is associated with the physical manifestation of ghosts who, as you can see, still have a body – just not a body on this dimensional level of the universe.

more energy and more time to get it up to speed. However, if you tell your astral body to do something, it does it promptly and with less energy.

The implication here is this. If you want to make rapid progress, if you want to raise the vibration of your physical body, if you want to open up all those energy portals, then your best bet is to focus on your lighter bodies first and then simply wait for the work you are doing on the astral and etheric levels to percolate down into the physical level.

Now the question becomes how do you tell your astral and etheric bodies to do something when you cannot see them? You do this in the same way you tell your physical body to do something. You exercise your will. You *intend*. If you want your fingers to move, they simply move. There are no difficult exercises, esoteric rituals, or complicated magical formulas to this. It is as simple as breathing really. Progress is slowed and halted when you make too much of the process.

This is where *The Great Invocation* comes in. This meditation helps you focus on your astral and etheric bodies by providing a powerful activation sequence that enlivens your astral and etheric openings first. Those of you who have actually used The Great Invocation and have experienced its power will now understand why The Great Invocation is so effective and efficient. It focuses your intent at a higher dimension and lets the changes that you initiate in the higher realms percolate down into this physical world.

This is very deep creative magic and up until now, only the highest members of the Annunaki ruling classes have been privy to this information. It is released to you now because secrecy and slavery, oppression and powerlessness are no longer required on this planet.

Use the power and understanding wisely. Remember, in all things that you do, always work for the highest good of **all** souls.

Conclusion

This, finally, brings us to a conclusion of the introduction to Part Two. I realize I have covered considerable ground in this introduction. Starting with the basic rules of energy manifestation I have painted a broad canvas that has covered ideological misconception, wrong headed thinking, your support of your own slavery, the multidimensional nature of your physical body, the multidimensional nature of your intent, and the benefits of working *first* at the astral and etheric dimensional levels.

There is a lot to absorb in this chapter so feel free to spend as much time percolating on the information as you need. Take your time and read this as many times as you need. If you have gotten this far, there really is no great hurry to move forward. In closing this introduction I will leave you with one final piece of general activation advice.

Whatever you do, do not be fooled into thinking that spiritual activation and awakening is a difficult, arduous or unending process. It is not. Especially when the information you receive is clear, and especially under the new energetic conditions, spiritual “advancement” need not be the huge, pleasure-less chore that so many of those in the old energy would like to make it out to be. Given the proper motivation and assistance,

you can accomplish activation and awakening in as little as six months although you might find an approximately two-year process more comfortable.

Welcome to the Lightning Path!

But enough of this!

It is now time to complete this process by delving into the nitty-gritty details of your chakra system.



THE BODY OF GOD: ROOT CHAKRA

Keywords: Circulation, energy flow, support, grounding, transfer, purification, re-use, re-cycle, re-generation. The seat of life.

Color: A vibrant Red

Tone: Middle C

General

The root chakra is the lowest chakra of your physical body. In your **astral and etheric bodies**, the root opens roughly where the base of the spine of your physical body is. As with all your chakras, at the astral level of manifestation, when energy exits through the portal, it begins to move out into the physical universe in an expanding ball of light and energy. Because your chakras exist at all dimensions, this expansion of energy occurs in all dimensions.

As noted in the introduction to Part Two of this dossier, you can visualize the movement of energy as a bright and expanding ball of light issuing from your chakra. In the case of the root chakra, you would visualize the energy issuing from the base of your spine and enveloping first your body, then your house, then your neighborhood, etc. in an ever expanding ball of light and love.

Primary and Secondary Resonation

Traditionally, writers interested in this sort of thing associate the root with the colon, anus, and what medical science inappropriately calls your “waste” system. There is some truth in the association of the root chakra with your “waste” system but there are some important caveats. As noted in the Introduction to Part Two, the energies of the chakras are never associated with a single organ. The *tones* or *colors* of the chakras, and the energies that issue from them, are often implicated in several or all bodily functions.

As we also learned in the introduction, chakras have a primary and secondary resonance. In the physical body this means that chakras are closely attuned to some organs (a chakra's primary resonance) and secondarily implicated in others (a chakra's secondary resonance). For each chakra we cover I shall list its resonances thus.

Primary Resonance: The root is most closely attuned, in the 3D realm, with all those bodily organs associated with energy circulation. This includes your esophagus, mouth, stomach, colon, liver, kidney, lungs, heart, blood, and nasal passages.

Secondary Resonance: The root energies are also implicated in systemic support of the entire physical world. This includes your own body but also the physical world around you.

The root energies provide base support for all manifestation in the physical universe (the physical universe, A.K.A The Body of God).

Root Control Clauses

Recall that there is no sense in which the energies of your chakras are ever completely cut off. There must always be some energy flowing; otherwise you die. As we have learned, the Annunaki system utilizes a portion of your energy that is left over (after the primary fear blockages restrict your flow) to support "the system." You will also recall that the energy that you donate to the ruling classes to support the system is managed by the ruling classes through *control clauses* that shape your intent and, therefore, the way your energies are manifested in the world. Remember, control clauses are ideological sentences and paragraphs that trick you into providing support for the system.

As we have seen, there are *general control clauses* and *specific control clauses*. General control clauses affect all your chakras while specific control clauses are designed to work on a single chakra.

The specific control clauses for your root chakra consist of all those ideational sentences that limit the function of the root to waste elimination. This includes the ascription of words like *waste*, *dirty*, or *unclean* to the organs and functions associated with the root. Whenever you limit the function of the root to waste elimination (as you do when you adopt limited western medical perspectives on the digestive system), you limit the energies of the root chakra.

In an earlier, more Christian generation, considerable effort was expended on convincing you that the products of your body (and even your body itself) were vile, disposable, stinky, and dirty. Older readers will recall the admonitions of their parents and the feelings of disgust associated with lower root functions.

Although we might think that science has advanced our understanding of the root functions, it has not. Western medical science has simply refined the negative associations and given them a more "scientific" flavor. However prettied up the scientific dialogue is, the association of the root with un-cleanliness and waste remains. Science pictures your lower organs as part of a waste system that ejects the poisonous byproducts of your consumption.

Why the association of the root energies with uncleanliness? Recall that the root provides base support for the physical universe (.e.g., Body of God). When you adopt any of a combination of these root chakra

control clauses, you unwittingly shape the manifestation of reality on this earth in support of the hierarchical Annunaki system. By degrading the Body of God, the Annunaki are able to engage in all manner of magical trickery. For example, a degraded earthly sphere justifies predatorial, warlike behavior. The notion of a degraded physical universe also underpins various attempts to create deep structures in support of Annunaki hierarchy. We all exist in degraded form (we are all “fallen from grace”), however some of us (the strong, the chosen, the few, the proud) may overcome their naturally degraded state. Those who do overcome the degradation are then “fit” to exert control over the world.

Control is necessary, of course, because of the degraded nature of this universe. Without control, the parasites in this earth (the humans who consume and defecate) would (after thinkers like Thomas Malthus) “naturally” and inevitably overrun this earth.

When **you** adopt the idea that your body consumes the environment and only produces waste as a byproduct (fecal matter, carbon dioxide), then you adopt the position of *parasite*. As a parasite, you do not *fit* into the natural world order. You sit above it, lord over it (if you have power), feed off it, yet contribute **nothing** back to it. You consume everything and Gaia, the animals, and everyone else around you must pick up after you.

When you think in these ways, when you adopt notions of a degraded universe, when you see yourself as part of a natural hierarchy of parasites, even if these ideational structures are unconscious, you begin to manifest a natural and social world that allows and even supports hierarchy and control. This root control clause encourages you to create a world where everyone *feeds* off everyone else and the strong necessarily dominate over the weak.

In the end, by adopting the limited Annunaki perspectives on the root chakra and its energies, you create a world where the most powerful parasites survive by feeding of the least powerful parasites. You also help create an asymmetrical energy flow where extraction of energy and accumulation at the top is justified by notions of strength, domination, and power over this earth and the physical things on it.

Right Function

Viewing your root chakra as part of a waste system, and viewing yourself as nothing more than a parasitical consumer of the natural world, is wrong headed thinking. The proper way to conceptualize your root is as providing the **foundation** and support that allows all physical manifestation to occur. Without the foundational energies of the root manifested in the physical world around you, there is no creation.

The root energies function as support for creation in two ways. On the one hand, the root provides the *low octave* resonance frequencies that create the standing wave patterns that support basic physical manifestation. On the other hand, the energies of the root help create physical systems (in your body, in the world around you) that support energy flow, circulation, and re-circulation of energy.

If you consider the organs associated with the root energies (i.e., the digestive track, toxin control system, and oxygen intake system) you will see the truth of this. In all cases, the root creates and manifests systems that take energy in, utilize the energy in one form or another, and then release the energy back into

the world. The important thing to understand here though is that after the energies (food, water, air, etc.) are used by your living system to support the functions of your physical body, the energies are released **not as waste** but in a form that is 100% useful to some other aspect of the physical world.

In truth, there is no energy that is wasted by your body. Energy is used by you, converted into a form useful to others, and then gifted to other aspects of the physical world as part of the natural, interdependent, and Divinely magnificent manifestation cycle. For example, the food that you eat is converted to nutrient rich fertilizer for plants. The oxygen that you breathe is converted to carbon dioxide that trees require for photosynthesis. There is nothing wasted in the grand energy system that is physical creation. There are no parasites and no unequal exchange of energy. There is nothing degraded about this world or the physical systems in it.

Such thinking is unnatural and against all Divine principles of creation.

Instead of thinking of your body as a waste system and your root as associated with only the lower functions of your body, it is more appropriate to think of your body as **an energy circulation factory** and your root chakra as providing the energetic circulatory system necessary to maintain your body and the world around it. In other words, you are not a parasite. You are a co-creator and you have created a body that fits into a magnificent, intelligent, and glorious cycle of creation that you re-create, evolve, and manifest every day that you are in the physical body.

Blocking the Energies

As noted in Part One of this dossier, chakra energies are blocked by fear.

The root chakra is blocked primarily by a **fear of the physical universe**. This includes a fear of God (who you are told has created your existence in order that “he” might punish you for not making the right choices), a fear of Gaia (who you are told operates a savage, brutal, and uncaring natural world where only the strong survive), and a fear of your own physical body (that you are told by scientists is constantly at war with you).

You are taught that the world is hostile, unloving, demanding, punishing, harsh, and unforgiving.

You are taught that you live in a state of dis-grace.

Science places the fear of physical survival in you through its nonsensical views on life in the natural world that it characterizes as a constant struggle for survival where the weak die and the strong rule. Since there is always somebody who is stronger than you in some way, adopting this belief (which is indoctrinated in you at an early age through the school system) puts you in a state of perpetual unease that keeps you emotionally, energetically, and consciously *at a distance* from the natural world. As a result, you never fully *connect* with the physical universe and never fully ground with Gaia in order to complete the great creative energetic circuit your body is a critical part of.

Religion places the fear of spiritual survival in you by telling you that you are on this earth as punishment and that all your negative experiences are *crosses* that you must carry with a smile on your face because “God wants you to.” Like the fear of Gaia, this fear of God prevents your consciousness from fully

entering into your body – who wants to enter a prison where you have to undergo harsh treatment after all? Religion also blocks your root by teaching you that life is dirty, satanic, and beneath the life of Spirit.

When you adopt these ideas, you necessarily *hold back* in order to avoid being defiled.

Ideas of course are insufficient to implant fear in you and so in addition to these ideas, the Annunaki also bring to you experiences which confirm the “truths” that they teach you in school and in church. Children are raped and abused, teenagers are made to sit in interminable silence, and adults work their life away in a constant struggle for survival created by the corporations of this world. We always worry about our job, our income, and our retirement. We are kept on a constant treadmill just barely making ends meet and never ever really being able to step off and enjoy life the way it was meant to be enjoyed.

In all this, power is held by a few, and these few use that power arbitrarily in order to punish those who do not follow the rules.

These experiences that make us afraid of life are, of course, not characteristics of physical life everywhere. The truth is that under normal conditions, this universe is a universe of prosperity and Spirit (God/us) creates only wealth and happiness for all souls. There is no hierarchy, no struggle, no waste, and no violence. This is the Body of God, after all, and **God shuns hierarchy, struggle, violence, and waste**. The conditions on this earth have existed only because the duality that generates them has been a necessary component of our ascension work.

The truth is that the universe is your creation, the body is your vehicle, death is an illusion, Gaia (mother nature) is a gentle and loving mother, and you are in total control of your destiny.

Life is what you make it so embrace life and this physical universe and all that it can offer.

Symptoms of Blockage/Dysfunction

In the physical body, root dysfunction and blockage inevitably manifest as constipation, irritable bowel syndrome, and gastrointestinal disorders. To a lesser extent, root malfunction is associated with heartburn, ulcers and breathing difficulties though in the case of these disorders, the solar chakra and the heart chakra are normally involved. Root blockage is also manifested as the descent of age.

In the emotional body, root dysfunction is associated with an inability to connect with others. We fear the physical world, and we fear what it will do to us so we remain reserved, aloof, at an emotional distance from all those around us. Even our loved ones will steal from us, hurt us, and drop us when our true nature (our weak and sinful nature) is revealed to them.

Root dysfunction is associated with lack of trust, lack of control and feelings of victimization. People with root malfunctions are used to having things done to them. They are physically, emotionally, or psychically raped by the world, their job, their parents, or their friends and they learn in all this to accept these things because of their lowly position in the religious and social hierarchy. They are, after all, weak and sinful creatures, defiled, dirty, degraded, dis-graced, and without merit or hope of redemption – nothing more than parasites in a grand wheel of reciprocal vampirism.

In the etheric body, root malfunction is associated primarily with a lack of grounding. People are hurt by the physical world and as a result *unplug* themselves (as much as they can manage without exiting) from the body. They are aloof, overly intellectual, distant, and unconnected. They have their head in the clouds. They are focused on the next world. They are not fully present in body. They are not grounded.

In the astral body, dysfunction and blockage is experienced as a diminishing of energy flow. Recall that our astral body is a higher dimensional light body. Although it is connected to your physical body, it retains an independent existence from it. You can visualize your astral body as an aura of light that surrounds your physical body but that may detach from it during periods of sleep.

As with all your chakras, dysfunction and restriction of this chakra is manifested as a minimization of light. In a normal astral body, the chakra blazes a bright, beautiful, intense red color with energies streaming from the chakra and engulfing wider and wider swaths of inter-dimensional reality.

In a damaged body with restricted or corrupted flow, the chakra appears dim, sputtering and sparking, and oscillates in color from a dingy gray black to dirty red.

Unblocking

As noted in the introduction to Part Two of this dossier, the easiest and most efficient way to unblock any of your chakras is to focus on the astral body and let the changes that you manifest in those bodies percolate down into the physical body. Do the standard visualization first and when you are comfortable that your energies are flowing, move on to the advanced visualization.

Standard Visualization

If you feel your root energies are diminished, or if you can see the sputtering, dim, energies of a damaged system, you can encourage a healthy flow simply by visualizing a healthy flow. Visualize the energies turning from sickly red to a bright and vibrant color. Visualize the sputtering and gasping of the weak energy flow suddenly replaced by a gusher of brilliant red energy. See how it penetrates the cells of your body and the molecules of the world around you. Visualize the energies of your root embracing your body, your home, and the world around you. Extend your influence to the entire world.

You are not a parasite.

You are not a consumer.

You are a co-creator and your energy is vital to the generation and regeneration of all life (including yours)!

Practice this visualization whenever you remember and for however long you think is necessary. When you are comfortable that your chakra is transmitting a healthy flow of energy, move on to the advanced visualization to encourage continued growth and grounding.

Advanced Visualization

Find a quiet place and sit or lie down comfortably.

Begin by visualizing a swirling tornado of sparkling multicolored energy enveloping your body and spinning powerfully around you. Do you see it? Pause and focus on it until the image is crystal clear. The tornado is a powerful, sparkling, swirling mass of color and light.

Notice how the tornado extends up above your head in an expanding cone of influence. The cone goes up and becomes wider and wider until it appears to embrace the entire sky, nay, the entire heavens.

Notice how the tornado also extends to the base of your spine.

Now focus your attention at the base.

Does your energy tornado touch the earth?

Does it ground you?

If it does not, visualize it gently touching down. See the small tip of the base slowly descending from your spine down through the floor and into Gaia.

As the base of the tornado descends into the earth, also visualize Gaia's own energies reaching up to welcome the energy you are about to connect with her.

As your energies reach down, and Gaia reaches up, visualize the tornado *touching down* into the earth below you.

At first you are cautious and the touch is gentle and infrequent. This is fine. Go at your own pace.

However notice now that each time the base of your energy tornado touches the earth, energy spreads out into Gaia in a lightning flash. Although your touch is gentle, the transfer of energy is not. As you touch there is a flash of creative brilliance and life gushes forth from your cooperative exchange with Gaia.

Notice how Gaia uses your energy in combination with her own energy to create new life on this planet.

With each contact, more energy is transferred and more life issues force.

Do not fear.

Gaia is capable of handling the energy transfer and she receives the energy that passes through your bodily circuit as a gift to help her manage life on this earth. With the energy you transmute through your physical body, she supports the animals, the plants, the bugs, and even you. Without you, Gaia would not be able to support complex patterns of life on this planet. Without Gaia, you would not be able to support your own life on this planet.

Do you see? Your relationship with the natural world and with the physical universe is symbiotic, mutually beneficial, respectful, integrated, and divinely balanced.

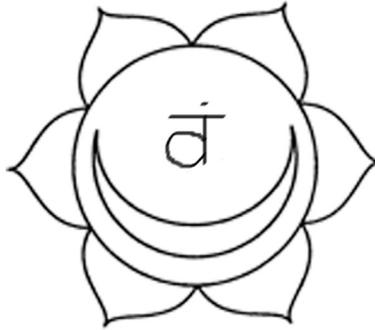
All life is interconnected.

All life supports all life.

Notice also how your energy **is not** depleted with this transfer. In fact, the more energy you transfer, the more your tornado touches down, and the more confident you become, the stronger you appear and the more energy you can handle. As you continue to practice this meditation, your multidimensional physical body continues to grow in power. Your energy tornado expands as you practice and learn to **hold** and transfer ever-increasing amounts of the energy of creation into this world.

Do not fear.

You have been doing this for thousands of years and there is no danger that you will lose control.
Remember, you are a co-creator and Spark of the One.
The power and wisdom of all of creation is yours if you claim it.



THE WILL OF GOD: SACRAL CHAKRA

Keywords: Creation, intent, the Will of Spirit, the Will of God, the Divine imprint.

Color: A vibrant, sunny Orange

Tone: D

General

The sacral chakra is the second densest chakra of your physical body. In your astral body, this chakra opens roughly where your genitals are positioned. As with all your chakras, when energy exits through the portal, it begins to move out into the physical universe in an expanding ball of multidimensional light and energy.

The sacral chakra is all about creation. The energies of this chakra provide critical energetic support for all creative acts that we may undertake in this physical universe. The energies are quite important and as foundational as the root energies. Sacral energies are to be found in creation, procreation, recreation, artistic creation, and all forms of creation. From Big Bang to baby's cry, every physical thing about this universe is imprinted with these energies.

So what is it about the energies here that are important? This really has to do with one of the ways that we, and by we I mean Immortal Spirit, take control of the universe. You see, the sacral chakra provides the energies that help us manifest our will in creation. If the root manifests the actual material of the physical universe (with its base resonance), the sacral energies manifest the physical structures required to manipulate physical matter with our spiritual consciousness.

Sounds complicated and in some ways it is. However, as always, the basic truths are quite simple. The Will of Spirit is transferred to the physical universe through the genetic codes that underlies all manifestation.

Pause and remember your high school science here for a moment. Recall how you were taught that the genetic code (a molecular structure that exists inside every living cell of your body) is the *blueprint of your*

life. This is true. The genetic code in your cells contains all the *information* and instructions used to *control* your physical body. From birth to death, from heart cell to liver cell, it is the DNA in your system that determines how the cells in your body look and function.

A modern biologist would tell you that your genetic code contains all the instructions necessary to construct a physical body from the conjoining of the male and female reproductive cells (sperm and egg). A modern psychologist might tell you that your genetic code contains all the information necessary to shape (some might foolishly say determine) your personality (IQ, disposition, etc.). Whatever your disciplinary orientation, there is general agreement that genetics contains the information necessary to control life. It is pretty incredible when you think about it.

So what does the genetically determinist argument I seem to be building here have to do with your sacral chakra? Well to understand that you have to take a step *beyond* what you have been taught in school and ask the obvious question “where does the information in your DNA come from” or “how did such an elegant and sophisticated control structure come to exist”? It’s a very good question really as of yet our earth scientists don’t have a good idea. One thing is for sure, it is not an accident of nature.²³

So if your genetic code is not the result of a natural and random part of evolution, then where does it come from? Well the answer is actually relatively simple. In fact, the only logical and sensible answer, given the incredibly complex, balanced, interdependent, and divinely magnificent nature of the code is that the information comes from some external source of intelligence.

What external source you ask?

Well... you dear one.

You see, genetics is the *crystallization of your spiritual consciousness*.

²³ Scientists make two errors here. Scientists in the mill block assume that DNA is the random outcome of a random evolutionary mechanism. Scientists “in the know” believe that the DNA was designed by a race of extraterrestrials. Both beliefs are dead wrong. The former depends on some ridiculous notion of *natural selection* to account for the emergence of DNA. Scientists see natural selection as *the mechanism* by which information is transmitted into the DNA and subsequently transmitted to living cells and future generations. The essence of their proposed process of natural selection is simple enough to understand. It is a process of random *mutation* leading to genetic modification that *magically* leads to superior strength (or superior something) that *naturally* leads to reproductive superiority that *inevitably* ensures the transmission of the modification and the continued evolution of future generations.

Since I do not have the time or the inclination to joust with this “scientific” theory of natural selection, I will just say that the process of natural selection as conceived of by the science of this world is so simplistic and two dimensional as to approach the absurd. The odds of a single genetic mutation in a single organism creating an evolutionary advantage significant enough to allow that single organism to overcome all other organisms and variations in a local environment are so astronomical as to be impossible. In an eco-system as complex and interdependent as the one present on this earth, it would not happen *even once* much less the trillions of times required to see an evolutionary advance through physical history.

As for the other belief, that extraterrestrials created our life, well that is just hogwash. They may have modified the DNA in order to create a more compliant race of slaves (which they did) but they certainly did not have the tools necessary to create life from scratch. In the grander scheme of things, all they could really do was twiddle the DNA in a clumsy fashion. Though it is true, they did create some interesting (and now extinct – via genocide) offshoots. The problem was that those ones simply retained too much of the magical powers of creation to be easily bound into the emerging system of bondage.

Genetics is the physical imprint of your God mind.

Genetics is the *exact mirror* (more or less) of your spiritual self.²⁴



Now, there are a few things you need to know about genetics at this point to understand what the relation of the sacral energies are to physical creation.

The first thing you need to know is that your genetic material is multidimensional and incredibly complex.²⁵ Just how complex it is your scientists have yet to realize. Your DNA strands exist as the manifestation of your consciousness at every vibratory level of the multi-dimensional physical universe. If that was not enough, in addition to the complexity of its multidimensionality, there is the added complexity that each of the various dimensional levels is connected to the other levels to form a complex, interdependent, and multidimensional physical structure that contains the *vibrational sum total* of your entire spiritual existence ossified into a hyper-complex, multidimensional molecular structure.

The second thing is that your genetic material begins to change instantly with each and every single change in your spiritual consciousness. This change can be conscious or unconscious. It can be intentional or the result of your not paying attention to things. Whatever it is you, must be aware that any change in the way you think, no matter how trivial and tiny, is immediately reflected in your genetic structure.

Your genetics are, after all, the *crystallization of your spiritual consciousness*.²⁶

The third thing you need to know is that your crystallized spiritual consciousness, your genetic code, **strongly influences** how your physical body manifests.²⁷ This is especially true during the growth of the

²⁴ What's my proof? The proof is in the pudding, so to speak. Look around you with an unclouded rational eye at the physical universe, the natural world, and our physical bodies and ask yourself, could all the complexity and variety, all the beauty and wonder, and the incredibly intricate way it all fits together so amazingly, really be the result of the incredibly fortuitous and astronomically unlikely confluence of a million key events. The only **rational answer** here is of course not. Never ever in a trillion zillion years could this physical universe have just emerged. That notion is totally senseless.

To those who are scoffing at what I just said, I ask only this. Open your mind to the possibility and just go with it for a bit. Just tell yourself what is more likely? God or the Big Bang? If you are being honest, you'll say they are both equally likely. Now ask yourself what got us here? God or random evolution? If you are being honest with yourself you will be entertaining the possibility of a Spiritually rich universe. That's all I ask. Go with that for now. I promise you, very soon, earth scientists will begin announcing that there is no other explanation for the existence of this physical universe but that it must have been designed and built. As many of them are already finding, and as a few are beginning to say, no random lightning strike could have possibly done all this. Soon, the public evidence for intelligent design will be overwhelming.

²⁵ Far more complex than is currently suspected by even the most advanced thinking earth scientists

²⁶ How fast your genetics and cellular factories respond to changes in intent and consciousness depends, in large measure, on the dimension of reality that we are working on (see point four below).

²⁷ It is incorrect to say your genetic code wholly determines you physical body. It is important, and it is one way that Spirit has control over the physical world, but the mechanism does not exist in a spiritual vacuum. Your body also responds to various environmental factors like diet, stress, nurturing, love and rest, all of which impact the growth

organism in utero but it is also true once the organism engages independent existence. However, before you start going and adopting the fallacious belief that your genetic code fatalistically determines your physical existence (which is a terrible reversal of the truth), remember point two above which is that genetics responds instantly to changes in *your consciousness*. Genetics only appears to be in control of your physical body and it only appears that way because scientists have yet to make the connection between genetics and Spirit. When they do finally make the **obvious** connection (and it should not be too long now) then it will be clear that even something as genetically determined as *height* is modifiable through the application of conscious intent. Even the intelligence of the physical mind is open to the influence of spiritual consciousness!

The proper equation is not this,

Genetics => life chances/physical existence

but this:

Consciousness => genetics
=> life chances/physical existence

With these three ideas in hand,²⁸ we can now state the principle function of the energies of the sacral chakra.

The energies of the sacral chakra, the Will of God, provide the energies that manifest the mechanisms (i.e., DNA) that allow Spirit to *imprint* the physical world with a mirror of its conscious and intent.

Since we are all Sparks of the One, it is appropriate and meaningful (at several levels) to say that this chakra provides the mechanisms to manifest the Will of God in physicality.

Primary and Secondary Resonation

Primary Resonation: Your DNA.

and health of your body. Also, and because your body is a part of the physical universe, your body also responds to the consciousness of others. Obviously, if you want to get best use out of your body you want to pay attention to program your genetics, create a healthy environment, and stay away from people who think negatively of you.

²⁸ As an important aside, also remember the fact that DNA is multidimensional and that the physical universe responds differently depending on the dimensional level you are operating at. If you have read *The Book of Life: Ascension and the Divine World Order*, you will know that at the higher levels of vibration, the physical universe responds quickly to conscious intent. However, as we descend the dimensional levels, the physical universe becomes *thicker* and intent is manifested more slowly. By the time we get down to this dimensional level, we are working with a level of vibration that is so thick it takes a long time to manifest spiritual intent. As a result, instant change of your genetic structure (and a correspondingly instant change of in your physical vessel) only occurs at higher dimensional levels. Down here, it takes time for intent to completely alter DNA and it takes even more time for DNA instructions to make it into the cellular life factories of your physical body. The implication here is this. If you intend changes in your physical body, be patient, do not become discouraged, and joyfully welcome the changes as they occur. At this low dimensional level, it is still true that spiritual intent has to be *nurtured*. This is changing, of course, as the ascension proceeds.

Secondary Resonation: Physical creation.

Control Clause

As always, the Annunaki expend great effort in implanting control clauses into your unconscious mind in order to direct and control how the energy is manifested. In the case of the Will of God, the Annunaki's first preference is to cut off the energies and weaken the connection between your genetic code and your spiritual consciousness. They find this restriction necessary in order to weaken you creatively and make you less of a threat to their world systems. Attacking this chakra and cutting of the flow makes you impotent and barely able to sustain your own life much less sustain your creative intent in your local physical environment.

The creation of the eunuch is accomplished in several coordinated phases. Phase one is the boxing off of ideas about the sacral chakra and the reduction of the energies to an act of physical sex.. Instead of providing you with accurate information on genetics and its role in the transmission of spiritual consciousness, the Annunaki degrade the sacral energies and associate them exclusively with a spiritually empty act of procreation.

Now, do not get me wrong here. There is nothing wrong with sex. Sex is one type of creation, after all, and it is associated with the sacral energies. The difficulty arises when you limit the energies by conceiving your sacral chakra as only about sex. When you do this, then it becomes possible to further restrict your sacral energies by associating these energies with gender. Once you associate the sacral energies with your genitals, you can be taught that you express your creative energies differently depending on whether or not you are female or male. The sexes are different, you are told, and they have different functions. Women are the mothers, men the fathers; women nurture, men protect; women are passive, men are active. The list goes on and on.

Unfortunately, this gender restriction is phase two of the process. A gendered view of the sacral energies is a limiting and inevitably **fatal restriction** of those energies. The truth is, we are all mothers and fathers, nurturers and breadwinners, and yin and yang. To think or act in any other way is to utilize one half of the full spectrum of your sacral energies.

It does not even make sense to reclaim a gender balance here. At the point where we begin to talk about gender, we have totally missed the boat on the sacral energies.

Remember,

Consciousness=> genetics => physical existence

Blocking the Energies

In general the energies of this chakra cannot be fully blocked. The energies remain important for the procreation of the slave race (i.e., the human form). As noted above in the section on control clauses, finely tuned control of these energies is very important to the Annunaki because it is these energies, more than any

of the other sacral energies, which is responsible for the form and content of the physical world. Shaping these energies creates the system.

Right Function

If you want to access the full power of your sacral chakra, it is important you do not over emphasize the transmission processes (i.e., sex) or get locked into a concern over gender. Instead, focus on the association of genetics with information transmission and keep in mind the role these energies have in the creation of the multidimensional physical universe.

Faith is important here as well. You must **believe** that genetics are the crystallized contents of your spiritual consciousness in order for your intent to work most efficiently. Otherwise, if you believe that the environment controls your genetics, that the sacral energies are all about sex, that gender filters the energies, and that your consciousness has no role to play, then no amount of intent will allow you to fully activate your DNA or allow you to issue commands (through the heart center) to your genetics as is your potential and birthright.

Symptoms of Blockage/Dysfunction

In the physical body, sacral blockages are manifested as aging, sexual dysfunction, and creative impotence. Sacral restriction eventually and inevitably leads to the degeneration of the physical body (and others aspects of your creation in this world). If there is no conduit for information flow, if the physical component of your genetic link is fading, then Spirit cannot imprint the body with life and the body will manifest generalized cellular failure and death.

In the emotional body, blockages and dysfunction are expressed as an inability to control self, a lack of power and/or sense of powerlessness, and the feeling of being a victim of things and of having things done to you. Damage can also be expressed in reverse as the control freak's desperate desire to maintain control and prove their power and the concomitant inability of these ones to engage in healthy relationships based on energetic exchange.

In the etheric body, blockages of the sacral chakra are manifested as creative impotence, inappropriate morality around sex (sex as animalistic, sex as dirty, sex as power, sex as punishment), an overemphasis on sex as the primary function of the sacral energies. Obviously, a focus on gender as an organizing frame of life is also symptomatic of sacral restriction.

In the astral body, dysfunction and blockage is experienced as a diminishing of energy flow. Recall that our astral body is a higher dimensional light body. Although it is connected to your physical body, it retains an independent existence from it. You can visualize your astral body as an aura of light that surrounds your physical body but that may detach from it during periods of sleep.

Dysfunction and restriction of this chakra is manifested as a minimization of light. In a normal astral body, the chakra blazes a bright, beautiful, intense orange color with energies streaming from the chakra and

engulfing wider and wider swaths of inter-dimensional reality. In a damaged body with restricted or corrupted flow, this chakra appears dim. It weakly sputters and sparks and oscillates in color from a dingy gray black to dirty orange.

Unblocking

Standard Visualization

If you feel your sacral energies are diminished, or if you can see the sputtering, dim, gray orange energies of a damaged system, you can encourage a healthy flow simply by visualizing a healthy flow. Visualize the energies turning from sick orange to a bright and vibrant color. Visualize the sputtering and gasping of the weak energy flow suddenly replaced by a gusher of brilliant orange energy. See how that new energy rushes out from your chakra and embraces the world around you. See how it penetrates the cells of your body and the molecules of the world around you. Visualize the energies of your sacral chakra embracing your body, your home, and the world around you.

Extend your influence to the entire world.

Remember, you are a co-creator. You are the right hand of God and it is [y]our will that creates and manages the physical universe.

Advanced Visualization

There are several things that you can do to encourage advancement of your sacral energies. One powerful visualization you can do is to see yourself embedded in a whirlpool of raw energy and color. You stand strong in this whirlpool with your arms and eyes raised to the heaven. Even amidst the chaos and swirling power, you are in total control! The colors, intensity, direction and form of the creative whirlwind are entirely under your control. This is your dance of creation.

Enjoy. Have fun. Play. **Create!**



THE HAND OF GOD: SOLAR CHAKRA

Keywords: Action, divine will manifested in physicality, nurturing, support, warmth, love of life.

The life giving breath of the Divine creator.

Color: Yellow/Gold

Tone: E

General

The solar chakra is the third chakra in your body. In the higher-level bodies, the chakra opens roughly where the solar plexus of your physical body sits. As with all your chakras, when energy exits through the portal, it begins to move out into the physical universe in an expanding ball of light and energy. Because your chakras exist at all dimensions, this expansion of energy occurs in all dimensional levels.

The Hand of God is all about supporting creation. In a patriarchal, male biased society with Annunaki systems in place, support of creation becomes corrupted and reduced to notions of power and the exercise of egoic will through a limited male perspective. To put this in vibrational terms, in our Annunaki based societies the warmth from the sun (solar plexus) is associated exclusively with yang energies.

This association of power with male energies is totally erroneous and incorrect. Let me be perfectly clear here. The solar plexus is not a male chakra (though it does draw significant yang energies). Neither is the sun a male thing (or even a kingly thing). The golden energies of the solar chakra are not about the exercise of earthly power. It is not useful to think of the yang energies as the motive force behind creation or yin as the cup in which we cometh as some sexually frustrated mystics used to teach. It is much simpler, and far more accurate, to understand the solar energies by considering the empirically verifiable function of the sun in our solar system.

Our sun, which is a very powerful *solar chakra*, does not sit on a solar throne like some aloof and distant king, bureaucrat, or mystic. The sun does not direct development on our planets. The sun does not exercise a will to power. The sun is not *in control* of things.

Out with all these Annunaki implanted superstitions.

The restriction of solar energies to limited and highly sexist notions of male authority and superiority is a *terrible* corruption of the true energies of the Hand of God.

Think about the energies for a moment and you will see how badly misled you have been.

All the sun does is sit there and, with its powerful solar energies, *support and hold* all life.

It is these two things (a warm support of life and the power to hold things together) which reveal the true nature of the solar energies. The sun does not direct development but merely supports all creative activities in the solar system in an equal and non-judgmental fashion.

If the sun is to be associated with anything, it should be seen as the supportive (and not controlling) parent that reaches out and uplifts life.

On Terra (this planet), the working of the solar energies are even more obvious and one wonders how we could have ever been led into such darkness on this issue. As any biologist will tell you, it is the sun that sustains *all life* on this planet. Indeed, the *sun provides the basic energy used to lift inanimate matter up into the dimensions of animation*.

From photosynthesis to the warm wash of its higher vibrations on our physical consciousness and emotions, the sun is critical to the functioning of life.

Of course, all your lower chakras are critical to the manifestation of life. All your chakras support critical creative tasks. However, it is the solar chakra that provides the most obvious example of the energetic support of physical manifestation.

Without the sun, there is no life.

Primary and Secondary Resonation

Primary resonation: The solar chakra resonates with the solar plexus.

Secondary Resonation: The solar chakra resonates with all life.

Control Clause

Given the profound way we have been taught to misrepresent the solar chakra, it will not be a surprise to learn that the solar chakra is another of the chakras that the Annunaki have expended great effort on corrupting. The reasons should be obvious. In Annunaki systems, solar energies provide integral support for the hierarchical system of control and wealth extraction. That is, the solar energies are co-opted and provide twisted support for the exercise of top down, executive power.

The Annunaki proceed with the corruption of the solar energies in several steps. The first step in corruption and restriction of flow is to alter our understanding of the Hand of God by changing the meaning of the rays from *support* and *warmth* to *power* and *will*. The Annunaki do this by associating the powerful symbols of the solar chakra (the sun, golden orbs, the circle, etc) with earth based authority and power. The Annunaki repeat this association wherever they find a literate magical voice. Indeed, everywhere we look, we see the solar energies tied and bound to power.

The scepter of power.

The crown of kings.

The “son” of God, etc.

The sun also finds a significant place in Masonic building rituals and in the identification of Annunaki temples of power (look for the corporate symbols of solar authority).

Finally, there is the ultimate Annunaki authority figure, the Sun God Ra.

The idea that the solar energies are authority based powerfully influences the expression of our solar energies. With the restriction of the solar energies to the expression of authority and power (and by association the expression of Annunaki hierarchy and control), the Will of God is degraded, disgraced, and put to productive use supporting the vile Annunaki systems of slavery and wealth extraction.



Reducing the solar energies to will and force is only the first step in the corruption of these energies. Following this corruption, introducing a profound gender corruption further twists the energies. As everyone reading these words will recognize, the solar energies get twisted and shut off differently depending on the sex of the body you inhabit. This restriction is, of course, more obvious in earlier generations. However, starseed effort has succeeded in removing the most nefarious insanities of gender. However, there is still more work to be done towards finally releasing all notions of gender differentiation and superiority.

The restriction of solar energies by gender is designed to limit the power of half the human race. Women are told they are powerless, inept, incompetent, and that they have no voice in society. This constant message is reinforced by the symbolic association of power with the male form. Kings are male. Priests are male. Popes are male. Presidents are male. CEO's are male, and the list goes on and on. Given the almost total absence of female authority in our western societies, it is difficult not to adopt the corrupted notion that power (will) is associated primarily or exclusively with the male form.

Of course, once women do this, they place an idea in their head that strips them of their Divine access to the Will of God. They believe they cannot exert will and so they do not. In the past this has left women powerless and virtually impotent.

Why is this done?

For purely productive purposes! Indeed, for no other reason than to ensure a continual supply of labor into the system.

Women who are stripped of their power become useful for only one task. They become the baby making factories that provide generational replacement of the slave labor force. The bottom line here is that gender bias in the Annunaki system is designed to create the conditions whereby "the system" can be **reproduced**.

The bottom line is this. Women are used as unpaid, unsung, and heavily exploited baby making factories who, if the Annunaki have anything to say about it, will only be provided with enough food and shelter to ensure their minimal physical survival to the limit of their child bearing years.

After that, who cares?

Now do not get me wrong. I am not condemning childcare or the raising of families. Far from it! Raising a child to realize and remember its Divinity is the single most **sacred task** any individual (male or female) can undertake. What I am condemning here is the gendered practice of raising slaves, the cutting off of the solar energies in the female form, and the corruption of the Will of God to debased notions of individual will and the exercise of power and authority.

In truth, raising a family is a cooperative venture between the father, mother, the local community, and society as a whole.

In truth, the Will of God uplifts and nurtures.



As should be apparent, for males, the Annunaki do not seek to shut off the solar energies as they do in women. In males, the Annunaki are satisfied to simply twist the energies and encourage each other in a *heartless* exercise of power.

Why?

Because the heartless exercise of power results in the immediate manifestation of *hierarchy*.

You can see the truth of this by considering the military model of control. The military model is built on the exercise of power. As anyone who has ever been *ordered* to do anything knows, the exercise of power

immediately creates subordination for some, and privilege for others. The military model takes this exercise of power and the creation and management of hierarchy to its highest Annunaki expression.

If you look closely, you will find the military model (the Annunaki model) mirrored to one degree or another in every single corporation, organization, and bureaucracy on this planet from church to state, fast food restaurant to mega-billion dollar corporation. In all cases, power is exercised in an executive top down hierarchy of control.

It is depressing to see the full penetration of the Annunaki system into every corner of existence on this planet. However, the destruction of the Annunaki systems of solar authority is already well underway.

Right Function

As you can see, our typical approach and understanding of the solar energies is profoundly corrupted. As anyone with the courage to look outside their window can see, the energies of the solar chakra are not about male penis size, kingly authority, power, will, domination, or control. They are all about warmth, love, ennoblement, and the self-sacrificing support of others. When we have right function of the solar energies we have none of the authority inducing, patriarchal crap that the Annunaki systems encourage. We have only the warm energetic support of the loving sun.

Still, you can see why the energies are perverted. The solar energies are powerful. If you want to understand how powerful, think of the sun in our solar system and the incredible energetic fury that holds us all in a gentle and loving embrace.

The solar chakras are like this, exactly.

The sun/solar chakra emits millions of times more energy than the other chakras combined. The particular configuration of this creative tone is a necessary component to life. Without the power, the glory, and the **raw energy** of the solar chakra, organic life (which requires the constant input of stellar amounts of energy) would not be possible. Still, the Divine beauty of it all is apparent. The raw power of the solar chakra is nevertheless felt as warmth, love, and non-judgmental support of life.

As a final note, consider this. In order to manage the energies of the solar chakra properly, the other chakras must be developed *in balance*. The solar chakra does not sit in isolation and its power alone is not sufficient for the manifestation of life. However, when the solar energies manifest with love, wisdom, knowledge, and truth, no-thing is impossible.

Contemplate a flower and consider the role of the sun in supporting manifestation of that delicate and fragile life form and you will understand the power and glory of the Will of God.

Blocking the Energies

Ultimately, expression of this chakra is almost totally blocked in all but the most powerful of the Annunaki leaders. Certainly, the lesser managers and commanders are allowed some expression of the energies, but most of them lock their power away. Some expression is allowed, of course, according to the

control clauses embedded in their consciousness and if (and only if) permission from the hierarchy is given. But by and large only a limited and corrupted expression is allowed.

You already know in detail how the energies of the solar chakra are blocked. They are blocked by a profound and deeply embedded fear of power. Recall this fear of power is linked to the debacle in Atlantis. As you already know, this fear of power is propped up and propagated by the Annunaki and their system of thought control. Ask yourself this question, how many times have you seen a movie where the person who exercises power (in any form) meets with some untimely demise? How many movies are out there where *the villain* is always the one who has the hubris to use power.

For your information, dropping the atomic bomb on millions of innocent children (Hiroshima and Nagasaki) was the final lesson taught by those who wished to retain their executive power to an ascending planet. The atomic flash spoke brilliantly about the dangers of the solar energies and the punishment that would be unleashed on those who would dare to resume their full creative power. Ironically, the form of this lesson was chosen because of its visual and auditory similarity to the asteroid hit that destroyed Atlantis.

I agree, it is despicable that they would burn the flesh off the backs of children just to make a point. It is hard not to become angry and cry for judgment at this. However, we must forgive. This was all part of a Divine blueprint that we all agreed to and in any case, this forgiveness is actually quite important to you because when we forgive “them” you also forgive yourself!

Although we are not all originally Annunaki, nevertheless we have all had lifetimes where we have played the part of Annunaki energy controllers. We are all oppressors and oppressed. There are no innocents on this earth.

Symptoms of Blockage/Dysfunction

In the physical body, solar dysfunction is primarily manifested as digestive disorders and gastrointestinal disease. We also find heart troubles (because of the way the Annunaki twist the solar energies and draw in heart corruptions as well), headaches (because restrictions to the Spiritual connections are also necessary), and cancers of the body (because a restriction of solar energies necessarily leads to the physical inability to sustain life). Restrict your own power and your cells do not have the energy they need to sustain life. They switch to sugar as a substitute and eventually collapse in a cancerous morass from the energetic strain.

In the emotional body, dysfunction is manifested as lack of love, lack of connection, the inability to nurture others, or a fear of connection with others. In the worst cases, fascist or communist type behavior (the complete lack of love, wisdom, and divinity coupled with **total application of control**) results.

In the etheric body, several symptoms of blockage and dysfunction can be identified. Energies of the solar chakra are blocked when the individual expresses no personal power and no personal will in the world. We see a tendency to defer to authority on all matters, to follow the leader, or to look for “the rules” of application in any given situation. We also see the stereotypical aloof and uninvolved male father as well as stereotypically passive female behaviors.

In the astral body, dysfunction and blockage is experienced as a diminishing of energy flow. Recall that our astral body is a higher dimensional light body. Although it is connected to your physical body, it retains an independent existence from it. You can visualize your astral body as an aura of light that surrounds your physical body but that may detach from it during periods of sleep.

As with all your chakras, dysfunction and restriction of this chakra is manifested as a minimization of light. In a normal astral body, the chakra blazes a bright, beautiful, intense gold color with energies streaming from the chakra and engulfing wider and wider swaths of inter-dimensional reality.

In a damaged body with restricted or corrupted flow, the chakra appears dim, sputtering and sparking, and oscillate in color from a dingy gray black to dirty orange/yellow.

Unblocking

Standard Visualization

If you feel your sacral chakras are diminished, or if you can see the sputtering, dim, energies of a damaged system, you can encourage a healthy flow simply by visualizing a healthy flow. Visualize the energies turning from sickly gold to a bright and vibrant color. Visualize the sputtering and gasping of the weak energy flow suddenly replaced by a gusher of brilliant gold (tinged with red). See how that new energy rushes out from your solar chakra and embraces the world around you. See how it penetrates the cells of your body and the molecules of the world. Visualize the energies embracing your body, your home, and the world around you. Extend your influence to the entire world.

Do not be afraid of your own power. Use your power to create a better world for yourself and all living things. Use the power of the sun, use the Hand of the Living God, to uplift all of creation.

You know what to do.

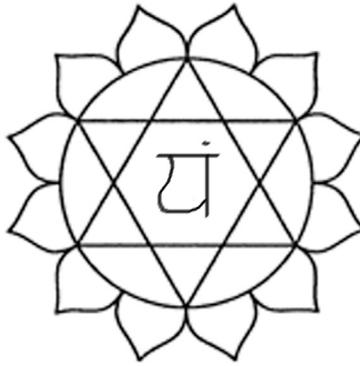
Advanced Visualization/Activities

As we ascend from the dense physical portals (the sacral chakra and root chakra) into the less dense energetic expressions (solar, heart, crown, etc.), it becomes appropriate to **act** in addition to simple visualization. Acting in the physical world *grounds* the energies of the chakra and *locks the energies in to the physical world*. Grounding in this fashion also encourages increased energy flow.

The more energy you use, the more energy you get!

In this vein, grow a garden. Recycle materials. Nurture children. Love others. Share your warmth.

Support the Will of the Divine in all life.



THE HEART OF GOD: HEART CHAKRA

Keywords: Love, wisdom, knowledge, purpose, direction, unity, wholeness, expansion, balance.

Color: Green

Tone: Middle F

General

The heart chakra is the fourth chakra in your physical body. Energetically, it sits at the mid point in your seven chakra system and provides the balance point or fulcrum upon which all creation manifests. In a fully functioning system, energies above the heart and energies below the heart are balanced in a finely tuned energetic soup that makes creative manifestation of the multidimensional universe easy, simple, and magical.

You will understand why this is the balance point when you consider that this chakra is your direct connection to God. This chakra (which I call the Heart of God) provides you with a **direct route** around the hierarchy of consciousness, the dimensional layers of your physical body, and the obstacles and blockages placed in your body, and puts you in direct contact with the very Sacred Heart of creation.

I could say a lot of things about the heart but one thing I could never do, no matter how much I could say, would be to underestimate the significance of your heart and what it represents.

When you use the energies from your heart, everything in life is easier and no thing in life is impossible.

Primary Resonation

Primary resonation: When properly functioning, the Heart of God supports all manifestation in the physical universe.

Control Clauses

The truths of the Heart of God chakra are the easiest to understand **and** the easiest and most often overlooked.

In the case of the heart chakra, the control clauses used to block and twist the energies are also simple to understand and draw down to a single type of teaching.

In order to close the heart, the Annunaki simply teach us that we are inferior or “less than.” Most of these ideas are enumerated in the discussion on the Voice of God so I won’t repeat them here. I will say though that of all your chakras, this one is the most susceptible to emotional closure.

This is because our God,

The God,

The God that is inside of all of us is very hypersensitive to negativity.

So whenever you generate negativity, God must move farther back.

So, if you want to close your heart, generate negativity.

Here’s how!!

DENY THE DIVINITY IN OTHERS.

Be a hard ass.

Be mean to others.

Slap children.

Execute prisoners.

Go to war.

Let the homeless starve.

Let children die of preventable diseases.

Make laws that serve the rich.

Make laws that deny the poor.

Build fences.

Build Bombs.

Drop bombs.

Hate women.

Hate men.

RAPE, MURDER, AND DESTROY.



It perhaps goes without saying at this point that any idea that is in your head that justifies any of the above actions and behaviors is part of a system designed to blacken your heart and keep God out of this world.

Blocking the Energies

In the case of the heart there are two ways to block the energy. The energies of the heart may be turned away from manifestation (or severely restricted) because God cannot enter a blackened heart. This blockage was discussed in the section above. God cannot come near the reality that we manifest when that reality does not reflect the love that is the creator God. In this case we are tricked into doing things that are not representative of our true spiritual selves.

Alternatively, we can *actively deny* and push away the creator source.

The rule here is simple.

The more we fear God, the greater we push against the entry of the energies of the heart.

As you will recall, our fear of God was seeded in Atlantis. Not happy to leave well enough alone, the Atlantean fear of God is further built up and reinforced by the Annunaki. In this case, any idea about God that talks about God as if God is anything other than an infinite source of unconditional love generates fear.²⁹ Fear of God causes us to reject God's presence in our bodies.

When we see God as a wrathful, unforgiving, merciless, creepy, slave driving freak, we push God away out of a very deep, terrifying fear of the madman.

Right Function

When the heart is functioning well, you remember your Divinity and allow the love of creation to flow through you. This does not mean you go around with a perpetual grin chanting Rama Rama, Krishna Krishna. You are a Spark of the One, an individualized monad and what turns your crank may not turn mine.

The point is not to be like everyone, or even to like everyone.

The point is to simply accept the Divinity in all things.

Gay or straight.

Black or white.

Yellow or purple.

Arab or Jew.

Christian or Muslim.

Male or female.

High or low.

²⁹ Incidentally, this is what is meant when we say it is a sin to take God's name in vain. To say that God will DAMN others (Goddamn you), to say that God is wrathful and judgmental, to say that you must beg for forgiveness, and to say that you must earn your reward, is to slander and misrepresent the good name of the creator.

Asleep or awake.
Animal or vegetable,
Hidden or revealed,
Alone or connected,
Naughty OR nice,

We are all Sparks of the One and we all deserve the infinite prosperity and infinite love that is our birthright as part of the great I AM of our grand spiritual consciousness.

Symptoms of Blockage/Dysfunction

In the physical body, a blocked heart eventually and inevitably manifests in chronic pain and heart disease. Those who hold to the erroneous belief that western developed nations are closer to God would do well to consider the fact that heart attack is the number one killer of bodies in developed nations.

Incidentally, the outcomes of a blocked Voice of God also apply here.

In the emotional body, blockage is experienced as lack of love for others but especially for self. Since we are all Sparks of the One, since we are all God, if we do not love ourselves, we do not love God. Conversely, if we do not love God, we cannot love ourselves. Sounds trite I know but in this case it is the deep gospel truth.

In the etheric body, blockage is experienced as a lack of connection with things (ideas, emotions, other individuals, this world, etc.) This lack of connection can be translated into all sorts of secondary emotions in the emotional body including feelings of purposelessness, loneliness, and isolation. Obviously, degenerative nerve diseases linked to these emotional disorders are relevant here.

In the astral body, dysfunction and blockage is experienced as a diminishing of energy flow. Recall that our astral body is a higher dimensional light body. Although it is connected to your physical body, it retains an independent existence from it. As with all your chakras, dysfunction and restriction of this chakra is manifested as a minimization of light. In a normal astral body, the chakra blazes a bright, beautiful, intense green color with energies streaming from the chakra and engulfing wider and wider swaths of inter-dimensional reality. In a damaged body with restricted or corrupted flow, the chakra appears dim, sputtering and sparking, and oscillate in color from a dingy gray black to dirty green.

Unblocking

Standard Visualization

If you feel you live with a damaged heart, or if you can see the sputtering, dim, energies of a damaged system when you visualize your astral body, you can encourage a healthy flow simply by visualizing a healthy flow. Visualize the energies turning from sickly green to a bright and vibrant color. Visualize the

sputtering and gasping of the weak energy flow suddenly replaced by a gusher of the brilliant, vibrant green of life.

Embrace this world and all that is in it.

Love creation and the vast depth and expanse of it.

Know this.

Nothing exists that is not touched by the Heart and Hand of God.

Advanced Activities

As the old adage says, actions speak louder than words.

If you want to expand and lock in the energies of God, then act like God.

Cry.

Laugh.

Love.

Help others.

Uplift.

ENLIGHTEN.

CREATE.

DANCE.

ALLOW.

REJOICE.

PLAY!



THE VOICE OF GOD: THROAT CHAKRA

Keywords: Communication, expression, self-expression. truth in physicality, aid, teaching, artistry.

Color: Blue

Tone: G

General

The Voice of God is associated with self-expression in all forms. The voice energies support expression of self, Truth, and, of course, your own Divinity in the physical worlds. The energies of the voice also support all forms of communication (verbal or otherwise) including singing, acting, telling stories, writing, dreaming, painting, composing, and social and political discourse.

Teachers have understood the nature of the voice for a very long time so on the surface there is nothing new or revolutionary in what I have just told you. The revolution in thinking comes when you ask yourself the painfully obvious, but always ignored, question.

Who is it that seeks to express in the physical world?

Who is it that I call “my self?”

Who is it that utilizes the voice energies?

WHO AM I that inhabits this physical body?



By this point in your journey, you all know the intellectual answer to this question.

Remember?

The answer is...

I AM THAT I AM.

I AM A DIVINE SPARK OF THE ONE.

I AM THE CREATOR.

This is really very important.

Getting the question of your identity correct is critical if you are going to utilize the energies of the Voice of God properly.

Think about it for a moment.

If the voice expresses the truth about who you are, then knowing **who you are** is the first step towards proper expression.

Let me demonstrate how this works.

If you think you are a weak, insignificant, apelike, damaged, sinful, inferior, damnable, slave like reject of paradise, there is no way in hell that you will be able to express your Divinity in proper fashion. You will, instead, express some subset or some corrupted and debased version of who you really are. In this case your voice is effectively silenced.

On the other hand, if you are in touch with your Divinity, then all forms of expression mirror properly the depth of your own glorious spiritual lineage.

Primary and Secondary Resonation

Primary resonation: The Voice of God resonates with the throat, the voice box, the larynx, the hands, the eyes (and all sensory organs), the lungs, the ears, and the mouth. Any part of your physical body that is useful for self (divine) expression draws energy and sustenance from the Voice of God.

Secondary Resonation: The Voice of God resonates with all objects that you create or that carry your energetic imprint. This includes the art or music you create, the houses and structures you build and/or live in, and even the **social orders and institutions** you create and participate in.

Control Clauses

Any idea in your head that does not conform to the notion that you are God is an Annunaki control clause designed to twist and cut off Divine expression in this world.

This is actually quite profound when you pause and think about it for a moment.

Ask yourself the following questions and if you answer yes to any of them, then I guess you still have some work to do.

Are you a degraded, fallen angel?.

Have you come here to redeem sins?

Are you on your knees before authority?

Do you beg others to forgive?

Is life a constant struggle?
Is this world a living hell?
Are you *descended* from a monkey?
Then, dear child, you submit well.

Blocking the Energies

Anytime these above ideas are reinforced in your head, your Voice is silenced.

If you pause and think about it, that's a lot.

These ideas are quite literally reinforced every single second of your living day. Just try and publicly express a different perspective than the ones outlined above and see what happens. In a darker time, excommunication and assassination, or public crucifixion, would have followed the public adoption of spiritual heresy. In a less dark time, institutionalization and lobotomies were performed. Nowadays we are down to ridicule and rejection.

Let me tell you, it has been quite a struggle.

I don't want to complain here. Look how far we've come.

Now you can see that the choice is not a real choice at all.

Ape or a fallen soul, you now see, these are merely two sides of the same Annunaki coin.

Within the minds of those still confined within the orthodoxy, it is either one or the other and nothing else. Whichever one you choose, the church version of your lowly status or the scientific version of your lowly status, the outcome is the same.

The Voice of God (your voice) is silenced on this earth.

Right Function

When properly expressing the energies of the voice, we express our divinity in all things we do.

In music, dance, writing, our daily conversations, or work life, our interaction with others, and in anything and everything we do, the energy of this chakra, **the energy of Truth** (*God is the epitome of Truth and light*), shines forward.

When the Voice of God fully expresses through our physical vehicle, we do not add our Divinity as an after-thought. Neither do we preach our Divinity.

We simply express our Divinity.



It might help to offer an example here.

The absolute master at the full expression of Divinity is Gaia. Gaia (the consciousness which manages the life systems of the planet earth) has a fully functioning voice and with the powerful energies of this voice she expresses her Divinity in some absolutely beautiful ways.

Consider the common tree as an example. The entire structure of our spiritual consciousness, the simple truth of our Divinity, the very nature of God and its multidimensional, multi-nodal expression, is expressed in physicality by the life cycle of every single living tree on this planet! Think about it. How amazing is that?

And this is just one example. There are thousands of equally glorious ways in which Gaia expresses her Divinity. In fact, everything that Gaia does is an expression of her Divinity.

Please note: Gaia is not specially talented or divinely unique. She is not greater than or less than any of those around here. She simply is what she is. The majesty and grandeur of Gaia's expression is available to all those who seek to develop such a Divinely magnificent expressive capacity. All you have to do is stop believing you are **less than** and start practicing.

Symptoms of Blockage/Dysfunction

In the physical body, restriction and dysfunction is expressed as sore throats, throat infections, tooth problems, aches at the back of the neck and upper shoulders. Chronic blockage can lead to thyroid failure and similar disorders. Failure of self-expression also contributes to most other chronic and terminal conditions that the physical body faces. Failure of self-expression robs life of its meaning and saps us of our will to live. In the case of long-term blockage, aging, and eventually systemic failure result. In the end, it is only with God that we attain eternal life. If God is stuck too far away from your physical body, what's to hold it together? Incidentally, these outcomes also apply to your heart chakra as well.

In the emotional body, restriction of the voice is at the root of most self-esteem disorders. Low self-esteem is often caused by the failure to recognize and/or accept your divinity. The lower you see yourself on "the scale," and the farther you are from God, the more depressed you will become.

Low self-esteem is normally cured when you realize that the mighty God works with living hands (to paraphrase the great Bob Marley).

Realize your Divinity and then rage against every violation, rape, and mutilation of that Divinity (but don't hurt anyone) and then, when you have released your justifiable anger, welcome God into your heart so that we may express the glory of consciousness in the halls of creation.

In the etheric body, restriction is experienced as a sense of being lost and unable to discern/find the great truths of creation. Restriction can also be expressed as the two dimensional expression of external truths or as creative or self-expressive deficiency. In the worst form, we find this blockage manifested in the work of the evangelicals of science and religion. Opposite side, same coin, we also see this blockage manifested in the uncertainty and passivity that is so characteristic of the slave.

In the astral body, dysfunction and blockage is experienced as a diminishing of energy flow and a dim, sputtering and sparking, oscillation in color from gray black to dirty blue/indigo.

Unblocking

Standard Visualization

If you feel your voice is diminished, or if you can see the sputtering, dim, energies of a damaged system, you can encourage a healthy flow simply by visualizing a healthy flow. Visualize the energies turning from sickly blue to a bright blue color. Visualize the sputtering and gasping of the weak energy flow suddenly replaced by a gusher of brilliant blue energy. See how that new energy rushes out and expresses in this world. Use your voice to express your truths and the truths of all of creation. Do this in your home, at work or at leisure, with your family and friends.

Then sit back and watch this world transform.

Advanced Activities

Stand tall for what you believe in.

Express your truths and never allow “the system” to silence you.

Remember your Divinity and express it in all things you do.

Of course, it is OK to work up to full expression of your Divinity.

Go forward at your own pace.

Just be sure to go forward.



THE EYE OF GOD: THIRD EYE

Keywords: Experience, sensuality, sensorial ability, discernment, intuition, sight, hearing, taste, touch, smell, and the entire gamut of your multidimensional sensorial system.

Color: Indigo

Tone: A

General

Although we do not often realize it, the third eye chakra (which sits in the middle of the forehead right between your two physical eyes) is aptly named. The third eye chakra, or the *Eye of God* as I like to call it, provides the energies to support the **entire set** of senses with which we, as immortal Spirit, experience the physical universe.

Typically we associate the Eye of God with the higher psychic senses (in Annunaki-speak all collapsed into the “sixth” sense). While it is true that the Eye of God does play a role in the manifestation of the senses of the lighter bodies (i.e., the ethereal, astral, and higher bodies), the eye also supports the five senses associated with the physical body. As we are all aware, the physical body has the senses of touch, taste, sight, hearing, and smell. These senses can be considered *openings* for Spirit through which Spirit obtains direct physical contact with the universe around.

Here is how this all works. Just as you have five *openings* in your physical body, so too do you have sensual openings in your higher-level bodies. Your astral body, etheric body, and the higher dimensional bodies beyond those, all have such sensual openings. This is worth repeating. Each of your higher-level bodies also has a full complement of senses with which to experience the multidimensional physical world.

As Immortal Spirit entering into the multidimensional physical universe through your multidimensional physical body, you are able to *perceive* the entire universe with the full complement of senses provided for you by this most powerful chakra.

Like the Voice of God, the Eye of God supports truth in physicality. However, unlike the voice, which manages the *energies of expression*, the eye manages the *energies of discernment*. The eye provides the mechanisms (organs) by which you are able to discern the truth of all things physical.

When the eye is fully expressing, you are able to see, hear, feel, touch, taste and know the Divinity that lies within all of this glorious creation.

Primary and Secondary Resonation

Primary resonance: It is incorrect to associate the Eye of God exclusively with the pineal gland or some debased notion of a sixth sense. The pineal is a physical organ and as such its operation is confined to the physical dimension of the universe in which it is manifested. Instead, the Eye of God resonates with all the sensual organs of each of your multidimensional bodies.

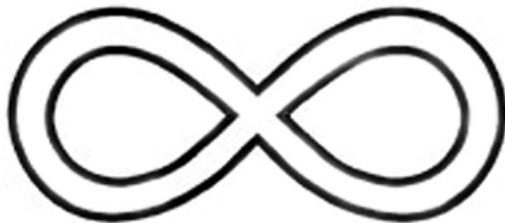
The Eye of God resonates with all the physical senses at all dimensional levels.

Secondary Resonation: There is a strong and deep connection between the Eye of God and Voice of God.

With the eye we see God.

With the voice we express God.

This deep truth is connected with the symbol of infinity. An infinite loop which has no beginning and no end but just pure, Divine expression and the spirited desire to discover and know one's creation from all possible angles.



And given the size of creation, that's a lot of angles.

Control Clauses

As always, the Annunaki block and twist the Divine energy portals in order to serve their own energy control agenda. In the case of the Eye of God, the first choice of the Annunaki is to **totally block** the sensual abilities of the lighter bodies (i.e., all those bodies above the base physical one). The Annunaki preference for totally blocking the Eye of God at the higher dimensional levels can be understood by considering this fact. Any access to the higher senses immediately gives the individual powers of discernment that increase the ability that they will perceive the truth and reject the lunacies of this planet.

For example, you cannot convince people of the notions of hell, damnation, and Satan if they have a direct contact with the spirit world. Such nonsense beliefs are only possible in someone who has never experienced the touch of Spirit. Only someone blind in many eyes can be totally ignorant to the powerful truths of Spirit.



Of course, as we all know, fear is the best thing to use when you want to cut off the energy flow.

The Catholic Church and other organized groups used to put a lot of effort into trying to scare people away from their higher senses by using boogiemens like witchcraft, Satan, damnation, and hellfire. They even went so far as to crush peoples finger and burn people alive to underline their efforts.

In more modern times, science has taken over the role of our early church forefathers by blinding us to the truths of Spirit with a crude materialism though it must be said that science in its current form could not emerge without the Church already having accomplished its job. Crude materialism (which is the belief that the only thing that exists is the physical world we see with our two eyes) is even less acceptable than nonsense notions of hell, damnation, and Satan. Only the most sensorially damaged individuals (often found in the most advanced of developed nations) can brook such an absurd notion as put forward by crude materialism.

Fortunately, lightworkers have made considerable progress against the fears of religion and the misconceptions of science and, especially in the last couple of decades, totally blocking the energies of the Eye of God has become impossible. There has been too much light work and now too many people know of and actually use the higher senses. Nowadays, Annunaki effort against the energies of the eye are confined to increasingly feeble efforts to dismiss the higher senses as “merely” women’s intuition, by trying to convince us that only the very talented or gifted are able to access the higher senses (i.e., prophets, mystics, etc.), or by chanting an increasingly strained and desperate mantra of materialism.

Of course, none of the Annunaki efforts to restrict the energies of The Eye of God will be successful now. It is only a matter of time before all people on this earth begin to see, hear, feel, and touch the higher dimensional realities.

It will be a glorious awakening that will be marvelous to behold.

Right Function

In order to properly access the information provided by your multidimensional sensorial system, you must *attend* to that information. Think of it like this. Imagine walking into a room where three hundred people are engaged in one hundred conversations. Your immediate sensory experience of this is a mush of indiscernible vibration. However, with a little patience and practice, you soon learn to tune out the vibrational chaos and tune in to specific conversations.

You filter out the sensorial information that is unnecessary and hone in on those vibrational streams that are of interest.

It is the same with any and all of your senses. The information from your multidimensional environment is always available to you. However, unless you are attending to the information, unless you are focusing your consciousness on it, unless you practice your discernment (so you know what information is coming from where), you only perceive the information as an indistinguishable buzz or hum or, as in the case of your emotional senses, as amorphous feelings which you inappropriately internalize. However, with a little practice you are soon able to distinguish the multidimensional streams of information. The more you practice, the easier it is for you to discern the information streams and the more sensitive you will become.

How *sensitive* each of us eventually becomes to the higher realities depends entirely on our desire to open. Just as musicians hone and refine their sense of hearing to the point where they can discern even the most imperceptible variations in pitch, and just as artists hone and refine their sense of sight, so too can we all access, hone, and refine any and all of the higher senses.

The process works in reverse as well. If you do not use your senses, they atrophy. If you have learned to be scared of your higher senses, or if you have been taught that only the third dimensional physical world (the world that you can see with the eyes in your physical head), then you will turn your attention away from the information flow provided by your higher senses. Without practice and attention, eventually your ability to use your higher-level senses will become dulled and you will no longer perceive the higher realities.³⁰

Blocking the Energies

Blocking the energy of the Eye of God occurs as part of our standard socialization process. Both science and religion play a role here. Science, which has, up until recently only had access to the crudest of instrumentation and epistemologies, has in the past dismissed outright (without even logical consideration) the possibility of sensual apparatus outside the five physical senses. Those among you who have sought to develop the higher senses will have experienced this dismissal as the laughter and derision that accompanies spiritual beliefs and the display of the higher physical (i.e., psychic) senses. In the worst cases of dismissal scientists behave no better than primary school children using nervous laughter and ridicule to block out and separate those things that they cannot understand.

³⁰ As a side note, the active ingredient in marijuana (THC) provides a sort of hypersensory boost making you instantly more sensitive not only to the sensations of the 3D physical world but also to information streams of the higher senses. Individuals who have not prepared for the type of boost provided by THC and similar sorts of substances can experience extreme discomfort and confusion as the multidimensional sensorial input overwhelms their brain's ability to process and integrate. A little guidance goes a long way here in overcoming the paranoia and confused sensorial arousal that accompanies the unwitting elevation into the "higher" dimensional realms. Teach individuals to control their thoughts and explain to them that their heightened empathic, intuitive, or telepathic abilities are putting them deep in touch with the truths of the world (and the people) around them. This will not eliminate their fear but it will provide an orientation that will help them get control of their sensorial apparatus and the wealth of information provided by their multidimensional physical body.

As noted above, the church also plays a role. The church has tried to make the people of this earth terrified of their higher senses. They associate the higher senses with satan-craft and witchery, tell you that God (authority) shall judge you for using the powers, and then threaten damnation. Nowadays most people do not harbor these religious fears. However, they do still exist to one degree or another in the older generation and in the pockets of fundamentalism that dot the earthly consciousness.

As the fears of Spirit, God, and damnation dissipate, and as we learn to question the superstitious dictates of primitive science, we will see a very rapid unfolding of the higher sensual abilities on this planet. In fact, we already are seeing this unfolding. This is an excellent development. As individuals continue to access information provided by their higher senses, it will become increasingly difficult to lie to them or trick them into supporting the corrupt political and social orders. As the unfolding continues to occur, and as support for the lies of this earth is removed from the consciousness of this earth, the old systems will simply disintegrate and wink out of existence and new, more thoughtful and spiritually in tune systems (which are already beginning to emerge) will naturally and gracefully take their place.

The early stages of this transformation are already apparent in many of the so-called developing nations. In some cases, we are also seeing spiritual reform in developing nations. The shifts should start to percolate into the most powerful centers of Annunaki control in western nations hopefully in as little as a year from the date of this writing (September, 2004). In the worst case scenario, the majority of those in the centers of Annunaki power will have to wait for two years.

As a side note, the centers of Annunaki power can be identified in a highly unambiguous manner by scanning the surface of this earth and identifying those nations that could be called “centers of duality.” Several Annunaki strongholds should immediately pop to mind here.

Symptoms of Blockage/Dysfunction

In the physical body, dysfunction of the Eye of God is experienced as atrophy of the senses. This atrophy of the energies is most visible as part of the abnormal aging process. Years of restricted energy flow atrophies our senses to the point where they no longer function. We become blind, insensitive, and deaf not only to the higher dimensional realities but also to this lowest of the dimensional levels.

Other than the gradual dimming of the senses, restriction of the energies of this chakra does not normally lead to physical problems unless the restriction is coupled (and it often is) with restrictions in other chakras. However, it is important to note that restriction of the Eye of God often exacerbates problems in other areas since when the Eye of God energies are blocked it becomes quite difficult (if not impossible) to discern the root cause and proper solution to any problems that may arise in our body or in the world around us.

In the etheric body, a restricted Eye of God is manifested as the irrational fears of witchcraft, satanic possession, ghosts, and dark entities. Fears here are also seen in the irrational (almost panicky) empiricism of many modern day scientists and scientific apologists who shall be moved to increasing desperation as the connections to their higher senses begin to unfold as a result of the global ascension process.

In the emotional body, we find third eye blockages manifested primarily as disconnection from others. When our higher senses are deadened, we do not have the ability to sense the realities, emotions, and thoughts of our friends and family. When we do not have the ability to sense the truths of another, we cannot connect.

In the astral body, dysfunction and blockage is experienced as a diminishing of energy flow. In a normal astral body, the energies of this chakra blaze a bright, beautiful, brilliant indigo color with energies streaming from the chakra and engulfing wider and wider swaths of inter-dimensional reality.

In a damaged body with restricted or corrupted flow, the chakra appears dim, sputtering and sparking, and oscillate in color from a dingy gray black to dirty blue.

Unblocking

Standard Visualization

If you feel your sensual energies are diminished, or if you can see the sputtering, dim, energies of a damaged system, you can encourage a healthy flow simply by visualizing a healthy flow. Visualize the energies turning from sickly blue to a bright and vibrant blue color. Visualize the sputtering and gasping of the weak energy flow suddenly replaced by a gusher of brilliant blue energy. See how that new energy rushes out from the location of the Eye of God (just above the two physical eyes in the center of your forehead) and proceeds to **discover** the world around you?

Visualize how the energies of the Eye of God penetrate into the very core of the multidimensional physical universe in order to **know all that there is to know**.

With the energies of the Eye of God fully manifested in your multidimensional body, there is nothing about this physical universe that you cannot see, know, and understand.

No phenomenon hidden.

No truth denied.

Nothing outside our perception's grasp.

Advanced Activities

As with all your chakras, the advanced principle is **use it or lose it**.

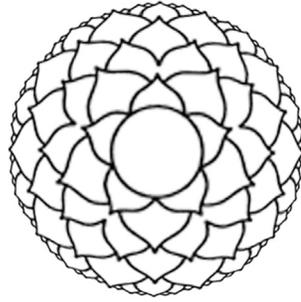
The key to encouraging manifestation of the energies in sensorial growth and heightened sensual acuity (at all dimensional levels) is *attention* and *practice*. Anyone who plays a musical instrument, paints, or does something that requires heightened sensual acuity will quickly understand the truth being expressed here. The more you attend to the information of your senses, the more you practice discerning the vibrational nuances of a particular physical phenomenon (color, musical tones, etc), the better you are able to hear, see, feel, etc. that phenomenon.

Keep in mind that tuning your senses is simply a matter of learning to attend and discern. It is important to note here that **very refined tuning** of all your senses is possible. However, such refined tuning is not necessary or even desirable in all cases. Musicians often benefit by advancing the capabilities of their ears.

Artists benefit from advancing their ability to perceive color, and “psychics” benefit from fine-tuning certain of their higher bodily senses. The important thing to note here is that how far you tune your senses, how “sensitive” you become to the multidimensional physical universe, is entirely up to you.

You are limited only by the limits you impose on your own abilities.

As a final note, quiet time is important, especially when learning to access the information flow from your higher senses.



THE THOUSAND PETAL LOTUS OF SPIRIT

Keywords: Spirit in matter, consciousness in Matter, the throne of Spirit, the throne of God.

Color: Purple/Violet

Tone: Middle B

General

In your **astral and etheric bodies**, the lotus opens just above your head. Its powerful energies generate a ball of brilliant and expanding violet that bubbles and glistens with the raw power of creation. In your physical body, the lotus chakra expresses as your brain and central nervous system. You can discern the function of the lotus chakra by considering the function of your brain which is variously referred to as the “seat of the soul,” “the throne of consciousness,” or, as I like to call it, the *Thousand Petal Lotus of Spirit*.

As you might intuit, the energies of the Thousand Petal Lotus of Spirit provide the mechanisms to support the expression of your *spiritual consciousness* in matter. You can think of your own brain and nervous system like a lens through which your consciousness *peeks into* the physical universe. Put another way, we might say that the brain provides the conduit or tunnel through which Spirit enters. Seen from this side (as you often do when you are dying and moving back through the tunnel from this physical universe to the higher dimensions) it is perceived as a long tube with a light (your light) at the other end.

Your crown chakra is very important. Without the energies of the crown chakra, without a brain and nervous system, Spirit would be unable to *experience* the physical universe. Of course, Spirit would still be able to *encompass* the physical universe and control it after a fashion. However, without the lotus, Spirit could only access the physical universe *from the outside*. We would not be able to *see* or *hear*, *feel* or *touch*, *intuit* or *understand* what was going on. Equally as important, we would not be able to *manipulate* physicality with the same level of granularity or precision as we can from *the inside*.

To put this in spiritual short hand we would say that the energies of the Thousand Petal Lotus of Spirit, manifested as your brain and nervous system, provide *the mechanisms* and *potential* for the full manifestation of Spirit in matter.



Of course, most of us do not manifest with the full potential of the body. The vibration at this level of physicality does not support that yet. However, the **full potential** of your physical vehicle for manifesting the **full power** of your spiritual consciousness will be fully realized when the ascension of physicality and your physical body is completed.

It is important to note here that the consciousness of Spirit does not confine its experience to one type of vessel. That is, you do not find God only in human form. The consciousness of Spirit, the consciousness of The One, is to be found in all forms of life that have developed a central nervous system. It would be wise to pause and consider the implications of this fact.

It is also important to do away with the common misconception that the human vehicle allows the highest expression of consciousness.

It does not!

At this time, humans **DO NOT** express the highest level of consciousness on this planet. In fact, let us spend a few moments disabusing ourselves of the ridiculous notion of there being a *highest level of consciousness*. There is no such thing as a “highest” physical form expressing the “highest” level of consciousness. This is merely Annunaki hubris. There are simply *different expressions of consciousness* provided by different types of bodies. For example, some bodies are designed for spiritual play and some for spiritual work. Some bodies are designed for high levels of conscious expression (Dolphins for example) and others for a more restricted experience. What type of body you choose, and the corresponding *lens* shape your consciousness expresses through depends entirely on what you wish to accomplish in any given manifestation. The bottom line is, we are free to experience creation and contribute to the Divine plan in any body we choose and, more importantly, we are no greater than or less than our peers in other bodily forms.

It is also important to realize that just because the nervous system and brain are altered in some fashion does not mean the lens is damaged or diminished in any way. Remember, your body is just a vessel and your brain and central nervous system just a lens. A damaged or altered *lens* **does not change** the quality of the light passing through. It only alters the way others see the light. Remember this the next time you approach those that the Annunaki like to call (because they cannot understand what possible productive purpose a mentally altered vehicle could perform) the disabled. There is no sense in which anyone on this earth is handicapped. No matter what the physical alteration, the end result is simply an alternative (and often very powerful) expression of consciousness.

Primary and Secondary Resonation

Primary resonance: The brain.

Secondary Resonation: The nervous system (and all “conduits of information”). The Thousand Petal Lotus of Spirit has close affinity with the Eye and Voice God (Third Eye and Voice chakras).

The Lotus, Eye, and Voice work in concert to provide the complete set of nervous system components that Spirit uses to enter into the physical universe.

Control Clauses

Because the lotus expresses your spiritual consciousness, and because even a weakly expressed spiritual consciousness cannot be fooled, enslaved, or overpowered, the Annunaki put a lot of effort into building a system that severely restricts the entrance of your spiritual consciousness into your physical vessel.

All of us undergo this restriction to work on this earth towards the ascension! The restriction is experienced as a sort of dumbing down of our ability to be in and conscious of the physical world. This restriction of our consciousness severely curtails our ability to understand the world and what is going on in it. The restriction can be so severe that we are totally clueless about the true nature of this world (i.e., as a slave planet) and totally tuned out and desensitized to our own servitude.

In the worst cases, it is possible to be so zoned out that we can literally watch a totalitarian world order being built right before our eyes and be totally unaware of it.

As always it is important to remind you, so you don't become filled with anger and resentment, that this all a part of our ascension experiment. Without this very important restriction of our consciousness, our consciousness is so bright and so capable that not even the deepest, most deceptive Annunaki manipulation would fool us.

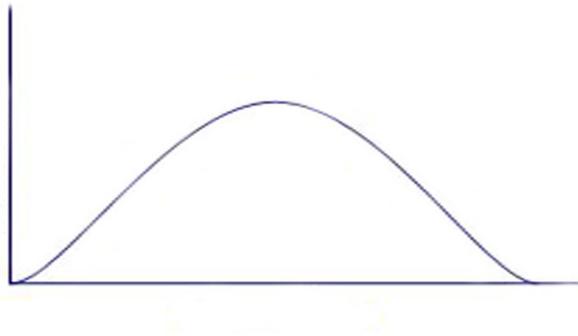
We would simply see through it all like the foolish fumbling in duality (with a purpose!) that this all really is.



Through the ages the Annunaki have modified their control strategy to suit the energies and predilection of the historical epoch. In our modern “scientific” times the restriction of our consciousness is accomplished by the persistent repetition of the core Annunaki control mantra, The Bell Curve. The Bell Curve symbolically represents in consciousness the presumed natural distribution of intelligence and ability in the populations of this planet. According to the Annunaki system, only a few individuals (less than 2% of the population) can attain “full consciousness.” Only these two percent have the talent and ability to control the

world. The rest are destined for some more modest place in the prevailing hierarchical system of slavery where they will be thankful for their position in the social hierarchies.³¹

Expressed visually, the Bell Curve looks something like this.



At this level of spiritual awakening, it goes without saying that this Bell Curve is a meaningless construct from a spiritual perspective. Obviously, the Bell Curve represents none of the truths of Spirit. The Bell Curve is simply an Annunaki idea designed to imprint your consciousness with the **idea of** and **justification for** the hierarchies of this world.

And thus is this world created in the image of the Annunaki.

As above in consciousness,

So below in Matter

And thus do you take your rightful place in the hierarchy of skill, ability, and reward.

And just what is your rightful place?

This will be the location that you have been told (either explicitly or implicitly) from birth is your “natural” place in the hierarchy.

Women, you are “naturally” mothers, so raise the next generation in slavery.

Men, you are “naturally” workers, so toil at the feet of your betters.

Your labor shall be that which you are fit for.

And your reward shall be commensurate with your skill.

And you will grovel and thank the Lord your God for the privilege of eating your daily bread.

Or you will be cast out of the system where you will suffer and wail in your homelessness and dejection.

Snap snap?! Get back here.

³¹ The Annunaki use various systems of hierarchy from the Hindu Caste System to the Communist System through our own Class System. The name of the system is largely irrelevant (as is the level at which we examine the system). At root, all systems of hierarchy and stratification are not “of Spirit” and therefore part of the Annunaki system.

Whatever your location in the hierarchy, in the end, you assign yourself this location based on who you believe yourself to be. You do this spiritually because energy follows intent and you do it physically by your constant *confession* which serves to alert your betters of your expected location in the hierarchy.

Either way, the result is the same and as always, it is

As above in consciousness,

So below in matter

If you believe yourself to be “normal/average/mundane,” then your body, which is a part of the physical universe, will honor the intent in your consciousness. If you follow this path, and up until now 99.99% of us have followed this path, then you allow yourself to become of victim of a system that is designed to prey on, exploit, and enslave the weak.

Right Function

A fully functioning lotus means full access to your spiritual consciousness. It means access to your full intelligence (which makes you smarter than the average earth scientist), your full wisdom (which makes you wiser than the average priest), and your full ability (which makes you so far from normal it is frightening to those without eyes to see).

Now, listen very carefully.

The enlightenment of your brain, if you get there past your deep fears, comes via the descent of your consciousness (your Holy Spirit).

The descent of your Holy Spirit changes the way you view the world in some rather profound and joy inducing ways. Enlightenment, which is really nothing more than the **normal** expression of Spirit in consciousness, brings a total reversal in conception and perspective.

You will know what I mean if you have even had a taste of this change.

When fully expressed, your spiritual consciousness immediately sees this world for what it really is.

The playground of Spirit.

Can you imagine what this world will look like when enough people come over to the other side?

As above in consciousness,

So below in matter

Blocking the Energies

In order to close or block the energies of the crown, the Annunaki primarily use a fear of Spirit/God and a fear of consciousness. This fear of consciousness and Spirit makes you afraid to look at the spiritual nature of your existence and, more importantly, keeps you far away from any real experience of your spiritual self.

You fear the vastness of your own spiritual self.

You look up to it in awe and terror and you scream at the thought of your own insignificance.

This fear is everywhere and is created and propped up by some relatively advanced³² psychological operations that use powerful spiritual symbols (the cross, the swastika, the circle) and powerful ideas to help create in us an utter paranoia of our own spiritual greatness.

This fear of Spirit is to be found in the fear of God as a vengeful, punishing, and unforgiving (lest you literally beg for your forgiveness) slave master.³³

This fear of Spirit is to be found in the children's stories of Satan and damnation.

This fear of Spirit is to be found in the terror of an emptied material existence.

And this is how it works.

When you are afraid of God and when you are afraid of your own Spirit, your body will not (indeed cannot) commune (communicate) with the spirit that animates it (you). Your body will exist as far away from its Spirit as it can possibly get.

If it is drawn to the spiritual side of life at all it will not embrace an authentic Spirituality. It will exist in isolation of its animating Spirit and it will embrace, because of its fear of the internal life of Spirit, varying degrees of external religious (or scientific) fundamentalism where it will be led by external authorities and not its own Spirit.

Symptoms of Blockage/Dysfunction

In the physical body, blockage of the Lotus of Spirit is experienced as an inability to focus or attend to the physical world.³⁴ There is a sensual disconnection that leaves us skirting the experiences of this world or only entering *the surface* of phenomena. The disconnection is always accompanied by a fear (not necessarily expressed or on the surface) of both the spiritual and psychological depths of our personal experience.

Generally, enough of your spiritual consciousness is expressed in your body to keep you alive for that part of your youth the Annunaki find useful. As a result of the minimal flow of energies, there are normally no physical manifestations of the disconnection (i.e., illness) until much later in life where the restricted flow will eventually manifest in a decayed central nervous system. However extremes of disconnection can happen and these will generally lead to cancers of the brain and nervous system and certain types of systemic nervous failure while the body is still relatively young.

In the emotional body, restrictions and blockages of the lotus is always accompanied, to one degree or another, by some form of *de-sense-ization* to the external world and disconnection from the body's emotions. Lack of feeling, inability to connect with others, and certain types of emotional depression, are all symptomatic of a lotus restriction. In the worst cases of disconnection or blockage, the *desensitization* can be

³² Advanced by Annunaki standards, that is.

³³ Obviously, the Annunaki created your God in their image!

³⁴ This has nothing to do with the diagnosis of ADHD, which is a result of the profound inability of the current educational system to understand the true needs of the crystal child in current learning environments. ADHD is a problem of the system and not the individual.

so complete that we can witness the death of a child or the rise of a fascist state and remain unmoved and unaware.

In the etheric body, restriction is experienced as unbalanced intellect and intelligence and an overly rational and materialistic outlook on the world. This is the result of both an emotional disconnection (which leaves the intellect unbalanced) and desensitization to the material world. Rationalism and materialism are strengthened by superficial connection with the material world. Both rationalism and materialism, as well as insensitivity to others, become **impossible** when the subtler spiritual realities are part of the conscious experience of the organism.

Blockage is also experienced as an inability to learn and or adapt to circumstances, difficulty accessing the “deeper” meaning of life, and difficulty understanding our purpose and place in this world. Intellectually, those with a blocked lotus draw conceptual guidance from pre-existing conceptual structures.

There is no condemnation implied here. No judgment is brought for living life in a perpetual walking sleep. We all voluntarily accepted a restriction in this chakra so that we would buy into the lunacies of duality and not laugh ourselves out of our physical bodies. This is something **we all** experienced. When the time comes, simply note this in passing and move on.

As a side note, scientists and priests (because they are largely responsible for maintaining and propagating the twisted concepts of Annunaki black psychology) often display some of the worst blockages in the lotus.

In the astral body, dysfunction and blockage is experienced as a diminishing of energy flow. As with all your chakras, dysfunction and restriction of this chakra is manifested as a minimization of light. In a normal astral body, the chakra blazes a bright, beautiful, intense violet color. In a damaged body with restricted or corrupted flow, the chakra appears dim, sputtering and sparking, and oscillates in color from a dingy gray black to dirty purple. *As with all your chakras, restrictions in the astral body will manifest as restriction and blockages in the lower dimensional bodies.*

Unblocking

Standard Visualization

If you feel your crown energies are diminished, or if you can see the sputtering, dim, energies of a damaged system, you can encourage a healthy flow by simply visualizing a healthy flow. Visualize the energies turning from sickly dirty purple to a bright and vibrant violet and gold color. Visualize the sputtering and gasping of the weak energy replaced by a gusher of brilliant royal purple.

See how the energy rushes out from your lotus and embraces the world around you.

See how the energy *lights up* even the darkest corners of this earth.

With the power of your spiritual consciousness, nothing is beyond your understanding and no thing is beyond your ability.

When the dove of your Spirit descends into the lotus of your body,

You remember everything and
Most importantly,
You remember
You
Are
God.



Advanced Activities

Like all of the higher chakras, the Thousand Petal Lotus (which is the least dense of all your chakras) responds best to action in the world. Remember, these are high vibration centers and without the effort of grounding the energies, the *opening* of the chakras through visualization is less effective in the long term. While it is easy to open and connect these chakras, it is harder to bring the energies down to earth.

If you want to ground your Lotus energies and also provide an expanding conduit for their expression, then practice *being conscious* of the world around you. Make an effort to see what is really happening around you. Stop relying on social convention or internal programming to tell you what you should be seeing and perceive the world (and yourself) fully.

The more you begin to look at the world around you with your own eyes, the more you will draw on your spiritual consciousness in order to understand. The more you draw on your spiritual consciousness to understand, the more will your Spirit come to inhabit your body.

The more this process advances, the more your life will begin to return to you.

CHAKRA AND KUNDALINI ACTIVATION

Chances are good very that if you have been meditating with the Great Invocation (which includes a kundalini visualization) and you have been diligently working on your fears, by the time you read these words you will have already experienced significant chakra activations and/or energetic initiations (we often experience these initiations in a dreams the content of which will vary from person to person). You can recognize activations easily. Chakra activations are usually experienced as localized thrumming or vibrations in or near (within a few inches extended out in front of your body) your chakra centers. You may feel these vibrations **attached** to your physical body or **detached**. In the case of detached vibrations, you are tuned into your astral and etheric activation.

These feelings are quite distinctive and unmistakable. When you experience them (and even when you experience these in your heart center), **feel no fear**. If you are fearful, you will instantly shut down the energy flow. If this happens, do not worry. Simply try again. The more you practice, the easier it will get and the less likely you will be to shut off the energy flow.

Chakra activations can last from a few seconds to a few minutes and once they are completed, your bodily experience will settle back down to normal. You certainly will not walk around with constantly thrumming chakras (though you may re-experience the activations in certain conditions). You will look no different. However, will feel different. With chakras successfully activated, you will have put behind you the negativity and fear that have kept you locked down for so long. You will be free in an emotional, psychological, and spiritual sense. You should bask in this freedom, welcome it, and let the growing reality of it wash you towards the happiness and bliss of unity with the consciousness of God.

You will also be much more powerful. Following the physically verifiable chakra activations that you have, *your energy flow through the centers will be dramatically increased*. This means that you will port more energy into the physical universe. Of course, the more energy you port (and the more focused your intent), the more powerful you are. The more powerful you are, the more efficiently you will manifest. As your power increases, you will get what you wished for in record time. Remember this if things get too hectic. **You have control** and you are within your rights to stop the process, rest, and integrate at any point. Just visualize your chakras dimming for a time. *Unplug* and rest. It is as simple as that. When you are ready to be involved (either in your forward growth or the co-creation of this world, light those chakras up once again).



Following chakra activations, which generally occur from highest to lowest (i.e., from crown to root) in order of increasing density, you will need to activate and release your kundalini. This is something that can only be done with clear intent. It is never something that “just happens” (despite what some may say). So

again, do not fear this process or fear forward movement. There is a magnificent safety mechanism that prevents premature kundalini activation and that safety mechanism is *fear*. The bottom line is, you cannot activate your kundalini until you are without fear.³⁵

When you are ready and not before (and only you will know when you are ready, so have confidence in yourself), you may proceed with kundalini activation. To proceed, simply request activation. Say, “I wish to be connected” or “I wish kundalini activation” or “I wish release” and your various physical bodies will then begin moving towards activation of your connections and release of your stored energy. Following the statement of intent, and after a variable (but relatively short) period of time, your connections will be made. This will occur first at the higher levels (astral and etheric bodies) and then in your dense physical body. When the connections are complete you can expect to feel the activation and release as energy flow through your body. The physical manifestations will differ for different people (some may experience energy running along their spines, others may experience an incredible expansion of the heart) but however you manifest the core experience will be that of waves of *energy*. The presence of these waves signals the release of stored energy as well as the completion of your cosmic circuit and your birth as a powerful spiritual electro-magnetic center of creation. Your body will literally be *plugged in* to the universal circuit.

Following your chakra activations, your life will again return to normal. You will look and feel no different though perhaps you will have more confidence in your own abilities. At the point of activation you will have completed your great work, which is also your contribution to the energetic acceleration of the ascension, and you will be freed (if you have not already been) of all karmic entanglements. **You will also experience another increase in creative power** (even over the increase you experience with chakra activation). With your kundalini connected and your chakras ablaze, your intent will manifest with incredible efficiency and you will get what you wish for in record time. Remember this if things get too hectic. **You have control**. You are an individualized spark of the one, an integral piece of the fabric of consciousness that is God, and you are always in control of your own fate.

³⁵ Some will tell you that premature kundalini activation is possible and dangerous and they will point to people who have had extremely traumatic spiritual experiences that have messed them up for extended periods as evidence of premature activation. It is true, that people may be traumatized and affected by unprepared activations, but it is not the result of kundalini activation. That kind of spiritual trauma normally blamed on kundalini activation is really the result of premature activation of the *Eye of God* (third eye) and *Thousand Petal Lotus of Spirit* (crown chakra). It is these centers which connect the bodily ego with the grandeur of its spiritual heritage and it is the shocking (to the bodily ego) realization of its grand spiritual lineage that can short circuit the mind’s neurons and cause extended periods of disorientation and confusion.

CONCLUSION

The human race has only one really effective weapon, and that's laughter. The moment it arises, all our hardinesses yield, all our irritations and resentments slip away, and a sunny spirit takes their place.

Mark Twain

Alright then, some congratulations are in order!

The appearance of your consciousness at the end of this dossier signals the end of your physical preparation for ascension. You have already (or will very shortly) activated your chakras and invoked kundalini. You already have full creative power. You are returned to your birthright as co-creator and Spark of the One and now you are finished the study of the practical aspects of bodily activation.

Good job!

So now what?

What is the next step?

The Next Step

Well of course the next step should be obvious. The step is to get out there and create! Having gotten this far in the spiritual journey home, it is now your duty to go forth and revise the world around you so that it becomes more in line with your will (which is, of course, the will of the creator). This is, after all, ascension and the *Divine* world order. You understand what your body is all about. You know how important intent is. You know the relationship between consciousness and the physical world, you have embraced the true Love of God, and now your only desire is to *uplift* this universe.

So get out there and just do it.

UPLIFT THIS UNIVERSE!.

Get what you want. Be happy with yourself. Be in tune with your Spirit. Express joy, love, and happiness, ascend this planet, and usher in the Divine world order. Its all up to you, after all. So get out there and be who you really are.

A Spark of the One.

An Individualized Perspective of the Consciousness of God.

Be without fear and look forward to the day when your God (i.e., your Divine consciousness) returns to sit on the throne (i.e., your body) of your physical universe.



Now, as you go out and flex your creative wings, there are a few things you need to keep in mind.

First of all you have to remember that there are still a lot of old world energies floating around. By now you should be familiar with the contours of those energies. They support slavery by keeping you pinned to a work-a-day wheel in constant debt running on an endless gopher treadmill until you die. Very few people (even the very rich) really benefit from this system but nevertheless it is still a prominent part of the creative environment. The continued (but temporary, and soon vestigial) existence of this old system has to be taken into account in your efforts to create your new local world.

In a very real sense you are still creating against some very stiff old world resistance. My advice to you here is to be patient and keep at it. Set your expectations as high as you want but do not be too disappointed if you do not get exactly what you want right away. Remember, you are working against an old world that denied you the things you wanted and until that world is fully dissipated, there will be more or less *interference* in your creative work. Just stick with it. The changes that will allow you to manifest exactly what you want will unfold in only a few *shortening* years.

Second, you have to understand that you will need practice. It is not that you are a total neophyte when it comes to this stuff. It is just that you have been away from the deeper aspects of this creative thing for so long that you have forgotten a lot of what you once used to know. Consider the next couple of years a crash course in remembering the creative skill and ability you once were so familiar with.

Third, keep in mind the nature of your creative task. Not all creative tasks you may set for yourself will require the same time or effort. Small creative tasks require less time and effort. Longer creative tasks, like manifesting a new house, takes longer and requires **sustained intent**. Under old energetic conditions, getting the house you want may have taken years. Under near future energetic conditions it will only be months.³⁶ The point here is that it is important to have reasonable expectations. Rome was not built in a day nor would it be even after the ascension is complete. Creative tasks will still take creative cycles. However, as the ascension proceeds, you can look forward to continually shorter cycles of manifestation. Eventually, we will be able to instantly manifest our desires.

Finally, always remember that prosperity, peace, and energy are the rights of all spiritual entities. In claiming your birthright, you should never deny this to others.

There is enough space for everyone.

The Book of Magic and The Book of Light

I would like finally to close this dossier with an invitation. First of all, let me just say that the place that you are currently at is an excellent spiritual place to be standing in, and other than a few loose ends, there probably is not that much left for you to do. You have cleared your major fears, cleared the principal misconceptions that keep you inadvertently supporting the old energies, and successfully activated your body's energy system. This is pretty much all you have to do. From this point on, everything else that you

³⁶ It took a million years to create the ecosystem on this earth so sometimes patience is in order. Of course, when the ascension is complete, we will measure the creation of life bearing planets by counting centuries and not millenia, but that is another story altogether.

need to know will automatically come to you as part of the general revelation of truth that the lightworkers and media have already started to undertake.

What I am saying here is, the hard part is over. You can now comfortably and without any worry, sit back and coast. You have everything you need and all the proper ideas that will allow you to fully exploit all the spiritual opportunities for continued enlightenment that will now float effortlessly by you. You are at a great place really and should feel totally free to get off the train and enjoy the life you came to enjoy. You should probably still continue to practice with the Great Invocation until the old energies are gone but other than that, feel free to never read another word I write. Your knowledge is now direct.

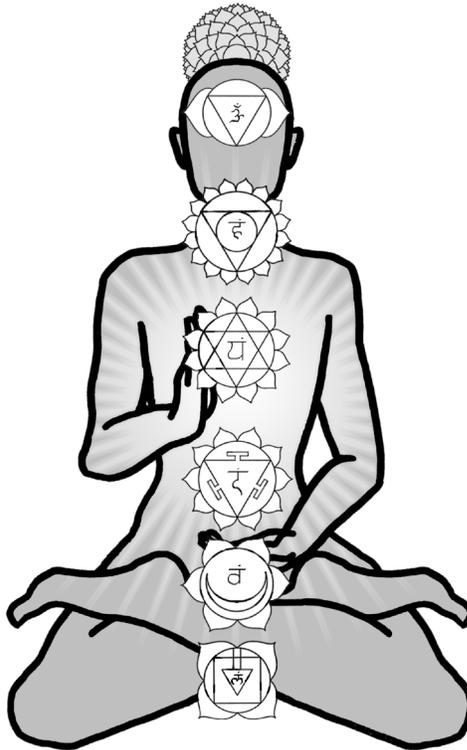
So given that I am essentially telling you that you are free to get lost, what is the invitation that I am offering here? Well, this invitation is for those who like to get their hands dirty in the garden. This invitation is for those who want to know more about the technical details of the creative process. This invitation is for those who want a deeper look at the “secrets” of creation. This invitation is for those who will not be satisfied with an adept’s view of creation but instead want more advanced training and knowledge. In short, this invitation is for those who want to learn about the real magic behind the process of creation.

For all those who want to take the next step, the doors are flung wide, all restrictions removed, and the way clearly marked. The word of the aeon is **revelation**. The next steps on the Lighting Path will be provided with the planned 2005 and 2006 release of *The Book of Light* and *The Book of Magic*. *The Book of Light* will be a complete revelation of the nature and structure of consciousness. It will take us on a tour of our true nature from *the beginning* when only “I” existed to our current multifaceted experience of consciousness. *The Book of Light* will teach you your true nature and provide the necessary preparation for the advanced creative work that you will begin to undertake as you study from *The Book of Magic*.

Of course, my obligatory acknowledgement is in order. You don’t have to wait for me to write these books. When it comes right down to it, everything in the universe is **inside you**. If you can bring yourself to full realization of the significance of this truth, then you are already home and you have no further need of gurus, books, teachers, or way showers. However, if you are like me and like to have things outlined in an easy to digest, linear sort of fashion, then I shall see you at the gates to the temple of the Lighting Path.

I AM Michael Sharp

APPENDIX ONE: THE GREAT INVOCATION



Let us begin...

Find a quiet place alone or with groups, use music, drums, incense, or whatever you use to trigger altered states of consciousness.

Visualize each of your seven chakras opening and then bursting into balls of **searing white-hot multidimensional fire**.

Visualize the **total illumination of your own life** as the brilliant light of creation bursts through your energy system and spreads out from you in golden waves of energy.

Visualize the **total illumination of this planet** as the light of consciousness and the energy of creation bursts through millions of activated chakra systems on every continent of this earth.

Visualize **this entire physical dimension exploding** in a flash of energy and spiritual light that, despite its intensity, does not destroy but **uplifts all life**. In other words, say NO to nuclear destruction.

You control the intensity of the flame. As you practice this meditation, allow the flames to grow and expand until you, your life, this planet, and the entire universe are engulfed in the brilliant light of creation.

Now, activate your kundalini.

Make the connection.

Here's how.

Visualize your crown chakra (top of skull) exploding as a stream of dazzling white light that flashes up into the rarified realms of consciousness and down into your heart (God) center.

Visualize your root chakra (base of spine) exploding as a stream of dazzling white light that flashes up into your heart chakra and down into the expectant ground of Gaia.

Visualize your heart chakra expanding with the influx of crown and root energy.

Feel the power.

Feel the glory.

Feel the joy.

Now, visualize the consciousness of God bursting through your heart chakra. Even the energy and light of a single energy worker is enough to reach all corners of this globe and all corners of the universe. You are that powerful.

Congratulations!

You have chosen eternal life, the Divine Plan, and the descent of God Consciousness into physicality.

This is what we have all worked so hard to achieve and we have succeeded.

Now feel the warmth in your physical body and let that feeling expand and continue to grow in the days and weeks ahead as the **light** of Spirit and the **power** of Creation flood through your energy system and begin to reconfigure the 3D world around you.

You are energy workers and you will uplift this world and initiate the ascension with your power and your glory.

Ask others to join our interconnected global chorus as we complete this meditation and think, say, or shout from the highest rooftops.

!LET THERE BE LIGHT!

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ABOUT MICHAEL SHARP

And long ago and far away,
A prophesy told of this day.
When no more death on Earth there'd be
And balanced true to nature be.
And children laugh and dance and sing,
As joyous would society bring,
A new days dawn, for us to bring,
A warriors song for all to sing.

From the poem *Shambhala Warriors*
By Michael Sharp

Ever since he was a young child, Michael Sharp has been interested in spiritual things. However, up until a few years ago, his interest was largely peripheral to his more worldly concerns. He was born catholic, received a traditional education in the catholic school system, and went on to earn a traditional PhD from a large Canadian university where he has focused on traditional academic things. He eventually completed his academic training with undergraduate degrees in both psychology and sociology and a PhD in sociology. His study and work as a sociologist made him aware of the form and nature of injustice, poverty, and inequality in this world. As a sociologist, he has understood the limitations of world political systems and the way these systems are set up to privilege a few while exploiting the many. However, none of his traditional training, either in the catholic or scientific churches, prepared him for the spiritual awakening that was initiated by the now infamous 9/11 terrorist attacks in the USA which he witnessed while on vacation with his family in Disney World, Florida.

To make a long story short, Michael Sharp went from curious agnostic and primarily materialist to mystic messenger of Spirit in a little less than four years. While the awakening was gradual for the first two years, the process kicked into high gear for him after he resolved some of his deeper past life fears. One day, he simply sat down at the computer and the ideas began to flow.

Some of the ideas were familiar to him in this incarnation but some were totally outrageous when compared against traditional (scientific or church) canon. The very first thing that issued forth from his pen was a completely revised story of creation that revealed truths about this universe and our role in it that had long been suppressed to prevent our collective awareness of the true nature of this earth. This poem, entitled *The Song of Creation*, is available on his web site at the URL <http://www.michaelsharp.org/genesis/>

The revelation of *The Song of Creation* was followed, in rapid succession, by a series of *Ascension Poems* that pointed to and highlighted various features of our current situation on earth. In *The Shambhala Warriors*, for example, Sharp draws out some of the implications of the prophecies in the Tibetan Kalachakra Tantra where it is foretold that during the end-times a group of specially trained warriors would come to this earth to clear away the darkness and allow the people to move towards spiritual light and freedom. In the

poem *The Redemption*, Sharp issues a clear and precise call to all those who are working to preserve the old energy systems on this earth. In his poems *The Wizard* and *Judgment*, Sharp finds a perfect cadence for the energies of the Warrior. Michael Sharp's Ascension Poems are available at the URL <http://www.michaelsharp.org/stuff/>

After expressing in words his creative mission in the Shambhala Warriors and the other poems, Sharp went on to extend the information provided in *The Song of Creation*. Filling in the details of what was only expressed poetically in *The Song*, a book began to emerge. In this book, which Sharp entitled *The Book of Life: Ascension and the Divine World order*, Sharp presents a clear, virtually undistorted, and complete revelation of the basic spiritual truths of this planet. Sharp's *Book of Life* may be a watershed in the spiritual awakening of this planet. As one commentator notes,

The picture of Reality that [he] presented was so breathtakingly grand, so unbelievably comprehensive and spiritually beautiful, I said to myself that I would rather try this configuration of the truth and be wrong, than be right about anything else that I had ever come across....I felt I had stumbled in from the cold and dark, welcomed into a friend's house that had everything that I needed for sustenance, freely given with love. I found that all the Truth that I had ever learned on my journey started to fit together. I was finding answers to the unanswered questions that had been draining my life of purpose and joy. I was finally able to put my puzzle pieces together, and the picture of Truth that has emerged for me is one of stunning beauty.

Now, my physical health is getting better and I am on my way to gaining control back over all aspects of my life.

Kelley Gardener

Sharp continues his writing in subsequent works. The second book in the *Ascension Series*, which you have in your hand now, is entitled *The Dossier of the Ascension*. If *The Book of Life* placed the reader on the Lightning Path of enlightenment, the *Dossier of the Ascension* takes the reader on the Lightning Path of spiritual empowerment. Taken together, *The Dossier of the Ascension* and *The Book of Life* are extremely powerful catalysts for personal awakening and spiritual empowerment.

BOOKS BY MICHAEL SHARP

The Book of Life: Ascension and the Divine World Order

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