

*CYCLOMANCY —*

*The Secret*

*of Psychic Power Control*

*by Frank Rudolph Young*

*Parker Publishing Company, Inc., West Nyack, N.Y.*

## DEDICATION

*"Is not this something more than fantasy?"*

Hamlet

*"There are more things in people's minds  
and bodies, my son, Than are dreamt of in  
all their sciences."*

John Arnold Young

(The author's father, in  
whose memory this  
book is dedicated.)

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## WHAT THIS BOOK WILL DO FOR YOU

This book shows you how you may develop amazing mystical powers. Powers of healing, powers of materialization, powers of prophecy and thought transference—and others even more startling. It clearly *proves* that Magic really exists, and shows how—without so much as lifting a finger—incredible results may be achieved!

*CYCLOMANCY* (another name for White Magic) is simply the use of certain hidden powers that we all possess. Powers given to us long before books were invented. Forgotten powers. For example, like most people you probably don't know how to move objects without touching them. *But you still possess the power to do it!*

This power lies sleeping within you right now! So do many others! Powers like x-ray vision, astral projection, hypnotic mental attraction, and power hearing, to name just a few!

In every area of your life, you'll find that *CYCLOMANCY* can bring incredible results. For example, with x-ray vision, as this book shows you:

The psychic master sees through brick walls, solid steel and granite, perceives what goes on in an adjoining room or in some place nearby. With Psychic Power Vision he reads passages from closed books, reads sealed letters and observes the contents of locked steel boxes. The very ground over which he treads grows transparent to him and he can peer down into its depths. Inside the earth . . . he can discover veins of mineral, coal, oil and underground streams.

And yet these magic techniques are not difficult to use at all. On the contrary, they require no unusual abilities, no expensive equipment of any kind. Just read the instructions and do the exercises, and you may awaken *astonishing powers* you never dreamed possible.

What kind of powers? Powers like these:

1. The power to see close up, from a great distance, with your Astral Telescope!
2. The power to extract the past history of a strange object merely by holding it in your hand!
3. The power to find out, with Psychometry, what is going on at a certain place at a certain time, *without being there!*
4. The power to know what people look like before you even see them!
5. The power to travel with your Astral Body!
6. The power to extend your Astral Arm and move objects with it!
7. The power to see into the future with a crystal ball!
8. The power to reduce and stay slim without starvation!

And still that's just the beginning! You'll see how many glamorous, unforgettable personalities used but one little trick of *CYCLOMANCY* (as will be explained) to catapult themselves into fame and fortune. *And how you may do the same, if you so desire!*

What this means to you is this: You should be able to *fascinate others* with your *thoughts*, entrance them with your grace of movement, increase your muscle power up to ten times with your mind alone, arouse intense desire in the opposite sex with your mere presence, and draw people to you like bees to honey.

It's all here, spelled out for you step-by-step, with complete, easy-to-follow directions. You'll see how to bring your mate to you without asking... How to command people to do what you want them to, without uttering a sound or lifting one little finger... How to keep expanding your circle of acquaintances until you have virtually an entire army of loyal friends and boosters!

#### ASTONISHING SECRETS REVEALED AT LAST!

You'll find in this book secrets suppressed for centuries by well-meaning but mistaken authorities who feared what might happen if each and every one of us knew the staggering powers we all possess.

*The forbidden wisdom suppressed for centuries and used by some who knew it for their own purposes. You, too, can now draw upon these mighty powers and work a "miracle" in your life.*

Yes, it's true. In these pages you'll discover *CYCLOMANCY*, the one true form of magic that will enable you to reap a golden harvest of wisdom, understanding, power and love. You'll discover how to "see" the inner truth of things with the strange and wonderful Third Eye—how to win back a suitor or vacillating spouse—attract people in your general locality who feel as you do about a certain project or idea—draw to you needed knowledge or information with the secret of Psychic Power Control!

And yet all this is merely a tiny sampling of the vast wisdom and penetrating insight which this remarkable book offers you.

#### INSTANTLY YOUR LIFE IS CHANGED!

If it's money you want, try the amazing materialization techniques in Lesson 20. If you want a fine home, expensive clothing or jewelry, *CYCLOMANCY* should draw these things into your life with ease, just as surely as the light of the sun shines through your window.

Say you have used Psychic Power to bring your mate to you without asking, or to re-establish contact with a long-lost friend or relative. To get him, or her, to do what you want, you simply project a Psychic beam on that person's mind.

Seconds later, this person agrees with you, cooperates and responds to your bidding—no matter how stubborn he or she may have been before!

With these powers, your life will take on fresh meaning. Each new day, which formerly presented another fear, will now present another conquest! Problems—no matter how disastrous or how long they have lasted—should suddenly seem to *unravel and melt away!*

*Like a miracle!... Almost overnight you turn sorrow into joy—Failure into success—Hate into love—Anger to benevolence—Distrust to faith—Weakness and impotence into boldness, strength and vitality—Boredom and apathy into hearty zest and enjoyment!*

For *CYCLOMANCY* is Magic! Magic that can even roll back the years! With it, as you'll discover in Lessons 6 and 7, you may restore muscle and skin tone, wipe away wrinkles, look fresher, younger, far more attractive almost overnight... bring the glow of radiant good health to skin and hair... eat better, work better, play better, and sleep like a baby, starting this very week!

#### UNLIMITED POWER IS YOURS!

Once you master its simple steps, *CYCLOMANCY* will do even more for you. To money, love, success in business, new friends, new energy, infinite wisdom and control over others, may be added:

- A more dynamic, commanding personality!
- A steel-shutter memory!
- Increased powers of concentration!
- Improved speech and vocabulary building power!
- Resistance to colds, flu and respiratory troubles!

Obviously, there is no limit to the things you can do with *CYCLOMANCY*. This book gives you a tested, step-by-step technique that will skyrocket your ability to do *anything and everything* you can imagine, with breathless speed and ease!

You'll discover a *NEW YOU* which you never thought existed! The concept this book advances is revolutionary. It must work for you because it has worked for hundreds of men and women no different than you.



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## LESSON ONE

### *How the Fantastic Potential of Your Primitive Autoconscious Can Work for You*

#### **Your Sleeping Primitive Autoconscious**

Your Primitive Autoconscious is your "instinctive, prehistoric" mind. As life advanced from the more instinctive stage of the fish, amphibia, reptiles and birds, to the more intellectual stage of the higher apes and man, it found *less and less* need for the remarkable control exerted over it by its Primitive Autoconscious, and *more and more* need for its *reasoning powers*. Man, as a consequence, lost the staggering psychic and muscular control with which the Primitive Autoconscious endowed the older but lower forms of life. He evolved, as a substitute, a comparatively thick cerebral cortex (the outer, gray covering of his brain) which houses his conscious and subconscious minds. When you were growing up, in fact, you lost still more of your Primitive Autoconscious.



It was better developed in you anatomically (as the embryologists have discovered) when you were an infant. Your cerebral cortex was thinner then, too, which indicates that your reasoning powers were even less significant at that stage of your life and therefore interfered less with your Primitive Autoconscious.

It has turned out, however, that your occupation and your everyday life, in the onward march of civilization, are in *greater need than ever before* of your Primitive Autoconscious. Important decisions no longer depend solely upon clearheaded thinking, as Presidents Eisenhower, Kennedy and Johnson have implied. Others, like Clark Gable, Rudolph Valentino, Jean Harlow and obviously Marilyn Monroe and other unforgettable motion picture glamour stars, used but one little trick of their unknown selves (as will be explained later) to catapult themselves into fame and fortune. Your logic and your reasoning, as well as your physical skills, can help you just so far. Your instinct, or your Primitive Autoconscious, takes over the stage after that, and sometimes completely disrupt your most thoroughly studied conclusions that have been based on your keenest logic and skill.

Fortunately, you have NOT LOST your Primitive Autoconscious. It still constitutes a large section of your brain, and it still functions in you involuntarily (or instinctively). Its staggering psychic and muscular control still lies dormant within you as demonstrated by the unbelievable achievements which people are capable of when under hypnosis. Its control, furthermore, *can* be reawakened in you and used consciously for performing the fantastic. For example, you probably no longer can wiggle your ears at will, but you still possess the muscles to do it. You could, if you wished, encourage these muscles to wiggle your ears again.

You can acquire incredible psychic and physiological power through reawakening *even a fraction* of your Primitive Autoconscious. You can use it to develop unusual health . . . fascinate others with your thoughts . . . entrance them with your grace of movement . . . draw people to you like bees to honey . . . control their minds even from great distances . . . learn any skill in a fraction of the time of before . . . arouse intense sexual desire in the opposite sex with your mere presence . . . increase your muscle power ten times with your mind alone . . . star at any sport in which you have some talent . . . improve your eyesight and your hearing immeasurably . . . win back a vacillating suitor or a wavering husband . . . extract the past history of an object by merely holding it in your hand . . . find out quickly what is going on at a certain place thousands of miles away without even being there . . . find the location of another mine in the same general locality as that of another . . . see and hear from enormous distances . . . attract people in your general locality who feel as you do about a certain

project or idea . . . draw to you needed knowledge and information . . . contact the past and future with your mind. With it, as you will be shown, the psychic master even sees through the earth, dissolves a cloud, appears to make mountains move and performs no end of "miracles."

### The Two Scientific Proofs of the Pudding

Two indisputable scientific proofs exist that ANYBODY can reawaken his Primitive Autoconscious to alter his whole being and his whole life. The first is a pathological proof which could be demonstrated on ANY SUCH unfortunate victim, in the course of a few years. The second is a psychopathic proof which could be displayed by ANYBODY in an instant, should the proper situation present itself. These two proofs are syphilis and hysteria.

*1st Proof. Syphilis.* Leading pathologists call syphilis "The Great Imitator." Its clinical manifestations are legion, for it can involve *any* organ or tissue, and can simulate practically any disease. (Many authorities, indeed, declare that it *can simulate any* disease.) In other words, everybody's tissues contain an unknown quality which, when subjected to the proper pathological stimulus (namely, *Treponema pallidum*, or the syphilis organism), can, within the period of a few months or years, imitate practically *any disease* from which the body can suffer.

*2nd Proof. Hysteria.* Hysteria is strictly a mental condition, yet the hysteric can develop the symptoms of ANY disease which he believes he has, even though all physical tests of his tissues are found to be normal. In war, for instance, many a soldier has acquired hysterical blindness after narrowly escaping bodily mutilation himself but then watching, a moment later, his own buddy being blown to bits. Other soldiers who have been assigned to bury the putrifying dead, have lost their sense of smell.

Another name for hysterical disease is psychosomatic disease. These can vary from practically any kind of skin disease, muscle disease (rheumatism, backache, cramps), respiratory disease (asthma, hiccoughs), heart disease, gastrointestinal disease, genitourinary disease, glandular dysfunction, nervous system disease—in fact, disease of any part of the body. The hysteric merely has to *convince* himself that he possesses the malady, and he will develop all its symptoms. He cannot easily be persuaded that he does not possess it either, despite the obvious clinical and laboratory findings. Should he remain convinced too long that he *does have* the disease his tissues will respond to his conviction and DEVELOP that disease.

What does all that prove? It proves that the psychic power command of the hysteric is so compelling that it can actually convert his mind or

a good argument



body into any state he believes it is. His tissues can actually degenerate, simply because he is convinced that they have. His psychic power command overrules the logical reasoning of his conscious mind and orders his Primitive Autoconscious to alter his mind or body into whatever condition he believes it has fallen into. He becomes *in fact* what he imagines he is.

✓ *The Obvious Conclusion.* Now, if you acquired the same control over your mind and body which the hysteric possesses, but did so *sanely and constructively*, what wonders could you engender in your life!

However, your conscious, "logical" mind won't let you, and your psychic power has become subordinated to it over the years. *CYCLOMANCY: THE SECRET OF PSYCHIC POWER CONTROL* will liberate your psychic power from such subordination. That is how miracles are performed. The hysterical soldier became blind in an instant because he REFUSED to see anymore and convinced himself that he had lost his sight. Beneficially, on the other hand, many a blind person has *regained* his lost sight in an instant simply because he believed totally in his healer and was convinced that he WAS SEEING again.

These two scientific proofs of the pudding show that the tissues of your mind and body already possess an inherent quality which enables them, with the proper pathological stimulation, to imitate nearly every disease if given the necessary time or opportunity. They also prove that your psychic power, when strong enough, can change the condition of your mind and body practically any way it wants to through its control over your Primitive Autoconscious. Learn what your amazing Primitive Autoconscious is and how to put it under psychic power control.

### **The Composition of Your Primitive Autoconscious**

✓ Anatomically, your Primitive Autoconscious consists of ten significant parts of your brain. These are:

*1st Part. Your Psychic Power Center.* ("The Silent Area" of your brain, or your forehead and temples area.)

*2nd Part. Your Sensations Recording Center.* (Your thalamus.)

*3rd Part. Your Organs Control Center.* (Your hypothalamus.)

*4th Part. Your Muscle Coordination Center.* (Your extrapyramidal nervous system.)

*5th Part. Your Brain Horns.* (Your psychic power artillery. Your optic nerves and retina.)

*6th Part. Your Seeing and Hearing Reflex Centers.* (Your superior and inferior colliculi.)

*7th Part. Your Primitive Seeing Center and Your Highest Visual Center.* (Your external geniculate bodies and your occipital lobes.)

*8th Part. Your Primitive Hearing Center.* (Your medial geniculate bodies.)

*9th Part. Your Psychic Power Vision.* (Your eyeball.)

*10th Part. Your Psychic Power Hearing.* (Your auditory nerves and your temporal lobes.)

### **Descriptions of the 10 Parts of Your Primitive Autoconscious**

*1st Part. Your Psychic Power Center* ("The Silent Area" of your brain) differs microscopically from the adjoining areas of your brain and contains a tested, astounding power over your mind and body which your conscious and subconscious minds do not. Since its cortex has not been adequately analyzed (according to Gray), the mysterious power of this part of your brain *has to be* your psychic power, for it has not been found to be anything else. Scientifically, this center has been proven to control your power of attention, your memory, your digestion, your heart and kidney functions, your respiration, your blood pressure, your sensations of pain, temperature and pressure. It is also connected to many of your most important message receiving (sensory) areas such as your somesthetic (consciousness of your body) area, and your visual and auditory areas. Your Psychic Power Center, in brief, is the most important region of your brain to develop for your unknown self. Once you learn how to rule your body with it, you can control, at will, your lungs, your heart, your liver and kidney functions, your digestion, your bowel movements, your blood pressure, your muscle coordination, your body temperature and much more, as well as perform mental and physical feats which confound other people. It is like the one eye of Cyclops, *CYCLOMANCY*. Without it, Cyclops was a helpless giant, *with it*, he was invincible.

Except for your Highest Visual Center (in your temporal lobe), the other parts of your Primitive Autoconscious are NOT psychic power centers. They do, however, rule your muscles and various nervous systems. Your Psychic Power Center is able to control your whole body *only* because it can rule all these other parts of your Primitive Autoconscious.

*2nd Part. Your Sensations Recording Center* (Your thalamus) is the region of your brain where you first feel pain, differences in temperature and pressure, the position and movements of parts of your body, and contact over your hairclad parts (or sensations of pleasure)—*all* before your conscious mind is aware of them. Your conscious mind then restrains



