

The Reality Matrix

# **The Reality Matrix**

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# The Reality Matrix

## Dictionary:

**Reality**, noun: "*Something from which all other things derive*".

**Matrix**, noun: "*Something that constitutes the point from which something else originates, takes form, or develops*".

The true nature of the "phenomena", the great "mystery" in which all participate but few understand, broadly known as "reality" and the related question of "life", has occupied the thoughts, minds and research of the most brilliant and pioneering scientists, researchers and philosophers for thousands of years, as it continues to do so today.

Entire libraries could be filled with the resultant theses, research papers and books dedicated to these great, indeed ultimate questions, addressed by the sciences, religions and Spirituality, with the myriad of associated philosophies.

Whether "space travel", astronomy, astrophysics or the quantum or theoretical physics, the ultimate purpose and quest is to discover the nature, purpose indeed "secret" of human existence and destiny of planet Earth, life on Earth and of the human race.

The only factor that has really substantially changed over the millennia, centuries and decades are the "tools" available to pursue this seemingly vast and endless quest.

In recent years billions of dollars have been, and continue to be spent on theoretical physics projects, the latest of which hopes to find the so called "God Particle".

The question, the enigma, the apparent paradox will always arise from such investigations however, sincere though they surely are, is if these scientists and researchers find such a "particle", will it, as all other sub-atomic particles be "real"?

Will a "God particle" have any basis in fact?

Will the "God particle" only exist due to the very act of observation itself?

Another fundamental, indeed crucial question is that of the very nature of the tools being applied to this quest.

Has the presumption that the answer to these questions lies within the observable physical Universe, to be finally discovered through physical instruments, completely overlooked the only and ultimate research tool that humans have and need - **Mind**?

It is these and the numerous related questions that I will address in this short paper.

Before we can even begin to consider the nature of absolute "reality", we must first

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address the question of the very nature "local reality", and how it is "experienced", perceived and indeed measured, quantified and qualified, because these are the factors upon which the entire paradigm of all science is based, without which there would be no science.

To begin to address this question, look around you now.

What do you see?

Your "PC", the display upon which you are currently reading this web page, the "desk" upon which the display rests, the "chair" upon which you are seated, the "doors", "walls" and "ceiling" for example?

These objects may seem very "real" to you from your own personal perspective, but are these familiar everyday objects "real" in absolute terms?

Is Earth "real"? How about the Universe? And the "instruments" used to sample everything that people generally accept as "reality"?

The first question we must ask then is "what is really "real"?"

Are the things around you really "real"?

To begin to understand the true nature of the experience that most humans regard as "reality" or "life", we must first take a completely dispassionate look at how your perception of "reality", from the perspective of a human "living" on Earth - your personal experience - is collated and ultimately perceived and recognised from your perspective.

So let us first briefly summarise how you "sample" what you believe to be your "reality":

**1. The five physical senses** - sight, hearing, smell, taste and touch - continuously send data in the form of millions of tiny "packets" of electrical charges, collectively "sensory inputs" representing an impression of your immediate surroundings, every second to your organic brain.

**Note: The organic brain is not the Mind and neither is the organic brain the so called "seat of consciousness"** - an erroneous idea in and of itself. The organic brain is best likened to an immensely powerful "supercomputer", but which still relies completely upon its programmer and systems analyst - the Subconscious Sphere of activity of the Mind - most often considered to be the "Subconscious Mind".

**2. The organic brain continuously collates and assembles the stream of sensory inputs** received from the sensory organs from which it compiles a composite image or impression as a "best guess scenario". This composite "image", which actually encompasses all available sensory information, is then sent as a stream of data to the Subconscious sphere of Mind Principle - Subconsciousness - "Subconscious Mind".

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**Note:** This is an entirely mechanical, programmed process with no inherent intelligence applied or present, in and of itself

**3. Subconscious sphere of Mind - Subconsciousness - then applies a wide range of learned "filters"**, acquired over the duration of the physical life experience to that point, based upon ongoing ideas, feelings, emotions, fears, self esteem, prejudices, beliefs and belief systems, religions, expectations of family, friends, society, perceptions on "money" and sense of security, concerns for family and much, much more, all received from the Conscious Sphere of Mind Principle - generally considered to be the Conscious Mind - during the ongoing experience which it recognises as "life".

**Note: The Subconscious Mind Principle is sublime**, and simply accepts these messages from the Conscious Sphere of Mind activity as "preferences" without question, as your own preferred "self-image", your "ideal self" - how you "see yourself"..

The Subconscious Mind then applies these "preferences" to the composite image it has received from the organic brain, and then forwards it to the Conscious Mind. Conscious Mind duly accepts the image without question as your own particular impression of your current "experience" in that moment. Keep in Mind that this is a continuous process.

This impression or image is always accepted by the Conscious Mind as "real" because the Subconscious Mind has already processed the image to ensure that it is in exact alignment with how you already perceive your own situation and "life experience", and therefore there are no contradictions, and you have no reason to Consciously doubt it.

So the "Subconscious Mind" is simply and only showing you only that which you already expect to see based upon your own perceptions, positive, negative or neutral of your own personal experience.

Subconscious Mind is always "humouring" you, but not because it makes any sort of decision to do so. The Subconscious Sphere of Mind activity is sublime, and only ensures that the wishes, rational or not, of the Conscious Mind, the Ego, are satisfied.

**Note: It is erroneous to speak in terms of "Conscious Mind" or "Subconscious Mind"** because they are both spheres of activity of the One Ultimate and Only Mind, of which humans are but one sphere of activity. We should always therefore refer to these as Consciousness and Subconsciousness. However, in the interests of familiarity of terms, I will continue to use both as appropriate. There is also Superconsciousness.

Now the important point to note at this stage is that your personal experience is constantly being shaped only by your Conscious observations, experiences and associated thought processes, feelings and emotions, simply reacting to, and engaging in, what you sincerely believe to be your "real" experience, your "life" but with little or no control, or even remote awareness of this process.

It is a very common human trait to focus much more upon the "negative" aspects of their own perceived experience, with all the corresponding worries, fears and negative

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expectations arising, which are being constantly received by, and impressed upon the sublime Subconscious Mind, thereby reinforced by feelings, moods and emotions.

So again, Subconscious Mind is dutifully and immutably ensuring that your own unique perception of your own unique experience accurately reflects your own perception of your experience and expectations, thereby perpetually satisfying your own learned and programmed self-reinforcing perceptions, prejudices and beliefs.

If these beliefs are negative in nature, because they are self-enforcing, they can spiral out of any "control" that may have existed, very quickly being perceived as a "hopeless situation", as so very often happens.

Now it should and must be noted at this point that this process has absolutely nothing whatsoever to do with this concept of "attraction" as suggested for example by proponents of the "Law of Attraction". There is no "attraction" and there can never be "attraction" which is an entirely erroneous concept as it is generally presented. "Attraction" implies a duality - "attracting" "something" "to you" that exists independently "outside" of yourself. In truth there is no "outside" of yourself, there is no duality, ergo can never be any "attraction".

**Nothing can exist "outside" of "The All", or not within the context of The All.**

**Every human, no matter what "picture" the physical senses, organic brain and conscious Mind conspire to present, is an inseparable aspect of All that Is, concurrently existing wherever The All Exists - and there is "nowhere" The All does not exist otherwise The All could not be The All, encompassing The All, so it is completely erroneous to think in terms of "attracting" something from "somewhere" "outside" of you when in fact there is no "outside" of you - you are already The All, and therefore whole.**

Duality and separation are simply illusions arising from the activity of physical senses, organic brain - again which has no inherent intelligence or consciousness - and the conscious sphere of activity of Mind, but which has absolutely no basis in fact.

But still nevertheless the Conscious Mind "sees" or more correctly "perceives" and believes itself to be a "separate" "person", known as the Ego. This indeed is where many of the issues facing humanity today originate at this moment, and is accordingly the origin and cause of most misery, suffering and human conflict in the World.

"Conflict" can only exist as a concept when people believe in an "us" and "them".

Conflict is a uniquely human trait, only humans exceeding their own sphere of activity and harmony with nature. There is only one other organism that is both as invasive as humans, and uncontrollably exceeds its sphere or habitat - a virus.

Now then we can move on to examining the "bigger picture" of experience presented to the conscious sphere of Mind Principle in the form of an apparent "physical Universe" of

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"matter", to which Conscious human experience is inexorably related.

Most mainstream science today still subscribes to, and bases its entire philosophy and sphere of research around the model originally proposed by Isaac Newton, comprising a strictly 3 dimensional model of the Universe, consisting of structures "comprised of" what scientists have labelled as "matter", and which are governed by "laws" contrived by science based upon a purely physical reference point.

Mainstream science, be it chemistry, biology or any of the other "materially" based sciences rely substantially upon this traditional 3D model of the Universe, with its constituent sub atomic particles, atoms and molecules, giving rise to carbon/hydrogen based "organic" life, without which these science would have no basis. The classroom wall of every school laboratory is adorned by the ubiquitous "periodic table of elements".

But there is also a fourth factor, sometimes considered as a "dimension" - "time".

Time is not always recognised as a "dimension" simply because it is not "tangible" - it cannot be "observed" as such - but is nevertheless inseparable from the three dimensions of "space", generally considered to be "length", "width" and "height". This is why theoretical physicists often refer to this model more appropriately as "space-time".

Einstein also encompassed "time" within the context of his "Special Theory of Relativity" which also takes accounts for associated factors such as "mass", "velocity" and "gravity". Ultimately of course "light" - in terms of photons" - must also be included.

However - "time" cannot be a constant, because the reference points for its arbitrary measurement are specific to Earth. On another planet, Jupiter for example, the basis for the measurement of "time" would be completely different.

Remove all of these reference points and "time" becomes completely meaningless, except in the context of a subjective experience, or illusion, which is what it really is.

A cornerstone of Astrophysics and related sciences is the so called "big bang theory".

But again, the "big bang theory" is based purely on the assumption that the entire "Universe" is, and always has existed exclusively in three physical dimensions plus time, and that accordingly all "matter" originated within the context of this 3D environment as a direct result of this mysterious but highly energetic and explosive primordial event.

This model of the Universe would therefore seem to imply that "in the beginning" - before the "big bang" - the Universe was characterised by what amounts to a pre-existent "void" of three dimensional "nothingness", or potentiality, which subsequent to the "big bang" event became populated with "matter", with later its galaxies stars, planets, moons, comets, and other myriad residual cosmic material to the extent it has been identified, named and documented.

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It should be noted that in seeking the true nature and origins of "life" and "reality" within the context of the three dimensional Universe of matter, science is actually working with only a very, very tiny subset of the available data, and here is why.

This 3 dimensional Newtonian model of the "Universe", plus the arbitrary concept of "time", completely fails to take to account the possibility or even probability of levels of higher Vibratory frequencies of Energy, beyond the confines of the traditional 3 dimensional model and capability of scientific instruments to identify and measure it.

Most, if not all scientists, will happily accept the fact that the fundamental "medium" of the Universe is Energy, the primary characteristic of which is Vibration as measured by Frequency.

But why then would Vibration suddenly cease to exist beyond a certain level, that just happens to correspond with the outer limits of the anyway infinitely limited scope of "modern" physical scientific instruments and therefore ability to measure frequency?

"Out of sight, out of mind" perhaps?

## **Absence of evidence does not equate to evidence of absence.**

Vibration of course also encompasses scientifically measurable non-physical forms of Energy such as photons of light, including the visible spectrum of colour, the non-visible spectrum including but not limited to ultra violet, infra red, radio waves, microwaves, x-rays, gamma rays and so on, to the extent these can be detected and measured using physical instruments of some type.

When we look at this logically however, it immediately becomes apparent that Vibration simply cannot and does cease at the point at which it can no longer be scientifically measured, but rather simply reflects the limitations of human made physical scientific instruments in measuring Vibration beyond a certain frequency.

However, when honestly and sincerely seeking the nature of something as fundamental as "Reality" itself, an "out of sight, out of mind" approach is hopelessly flawed, quite simply because it only takes account of a very, very tiny fraction of the potential data, which just happens to be instrumentally measurable, while ignoring everything else.

This of course has always been the case throughout history, with scientific models and understanding always being strictly limited by the very nature of the instruments available. This is why a couple of hundred years ago diseases were attributed to all manner of causes, including but not limited to "witchcraft", demons, "evil spirits", but only because bacteria and later viruses had not be observed and identified, and therefore could not be factored in to the practice of medicine at that period.

In reality this is an ongoing process, with scientific models, educational and research framework and paradigm always being based upon the current technology available for measurement. So this is an infinite process that can never determine an absolute

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answer.

Plain and simple - to put it bluntly - to assume that the 3 dimensional Universe of matter encompasses all "reality" with nothing beyond, simply because it cannot be detected by current technology, is no different at all to those scientists of just a few centuries ago who believed that the Earth is flat, and was also the centre of both the solar system and Universe. Those scientists were no less correct than current science for the same reasons.

**The "3 dimensional Universe plus time" culture is really the modern day equivalent of the "Flat Earth Society".**

For example - scientists still cannot understand why, if there was actually a so called "big bang" originating from "somewhere" within what is now considered to be the three dimensional "material Universe", that the entire observable and measurable Universe exhibits a very similar ambient temperature throughout. Surely if the "big bang" had originated "somewhere within" at some "point within the known "physical Universe", considerable temperature fluctuations might be expected relative to the distance of the point of measurement from this original primordial, explosive, extremely energetic, massively heat generating "event".

Well the reason quite simply is this.

The origin of this "original" "creative" "event" was not of some arbitrary "point" located "within" a notional pre-existent "3 dimensional void" just waiting to be filled, but rather from within much higher levels of Energy, far beyond the scope of the measurement potential of physical scientific instruments, an "event" originating at the very core of All "Creation, at the very highest frequency of Energy, the fundamental characteristic of which is Vibration, Energy that radiates uniformly "outwards" from the "epicentre".

We should note, in the interests of completeness, that it is entirely erroneous to speak in terms of "in the beginning", because there was no "beginning", and there is no "end", there is only the Perpetual, Eternal, Moment of Now. But in the interests of following this discussion through to a meaningful conclusion using the only extremely crude language means of communication available at this level, we must use the temporal scientific concepts that a majority may most readily relate to.

So then, as this uniform, immense radiation of Energy with infinite potential continued to radiate "outwards" from its epicentre - again "outwards" is an erroneous concept, but will suffice for the purposes of this illustration - the Vibratory frequency of this Native Universal Energy progressively "slowed", and as it did so the potential of the Energy became increasingly "coarser" and "denser" as it radiated away from its Source, until eventually the Vibratory frequency of this Native Universal Energy with infinite potential, slowed to the point that facilitated the potential for Energy to differentiate in to what humans and mainstream material science recognise as "matter" with all its constituent elements.

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Thus the culture of the Newtonian 3D Universe was born.

Before continuing I must make this crucial observation.

Simply because Energy reaches the Potential to differentiate into matter, does not necessarily imply that it actually will differentiate into matter - or indeed ever did differentiate into matter. This concept pre-supposes that what humans call "matter" even tangibly exists or possesses the potential to exist.

To that extent material science is really a religion based upon a pre-existent concept.

As we will discuss later, Energy is inherently formless in nature and characteristics, existing only as "Potential", until a fundamental Principle is applied to it - Mind.

A good metaphor for this process of the potential for Energy to differentiate to "matter" would be the slowing down of the vibratory frequency of water molecules through the process of cooling. Eventually, as the frequency of Vibration of molecules of water slows to a certain point, zero degrees Celsius assuming the water is pure, the water changes its structure from "liquid" water into the "solid" material known as "ice".

The great quantum physicist David Bohm recognised this behaviour in the context of Native Universal Energy when he referred to the nature of the physical Universe of "matter" as "frozen Light" - a really excellent and extremely perceptive metaphor indeed.

In Spiritual terms Energy is also known as "Light" - not the photons of "light" that most humans associate with as the opposite of "dark", but actually primordial Light.

Therefore the metaphor for the creation and characteristics of the physical Universe as "frozen Light" is very perceptive and appropriate indeed.

So you see the "creation" event did not originate at some random "point" within a notional pre-existent "empty void" "waiting" to be "filled" with stars, planet and other cosmic material, subsequently radiating "across" this notional pre-existent 3D void, and neither was this event either "random" or "chaotic" in nature.

In fact there was no "event" at all simply because the entire notion of an "event" of this nature is duality based, in that an event can only be referred to in the context of "time" - as in "before" and "after" the "event", when in reality time in and of itself is erroneous.

What humans conceive of as "Creation" actually originated Within, at infinitely higher levels of frequency of Vibration, far beyond that which can ever be measured through crude scientific instrumentation, in an Eternal Moment.

Source Energy radiating progressively outwards until ultimately attaining the Potential to differentiate to the 3 dimensional material environment now known as the "Universe".

Note: The word "Potential" is crucial to this discussion as we will investigate in due

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course.

Now this creative process not only gave rise to the origination of the Potential - but not necessarily actual - basis for the 3D physical Universe of matter, but also to All to spheres of Life and Being at all Vibratory frequencies of Native Universal Energy.

It is the slowing to a vibratory frequency of Energy that gave rise to "temporality".

At frequencies of Vibration "between" 3D material potential and Source, First Cause, we find spheres of Potential mystically known as the Etheric, Astral and Spiritual "planes".

What people think of as the "afterlife" - the "place" where people "go" to after they "die" - actually does exist as a very "narrow", relative to the Whole, band of Energy at a massively higher Vibratory frequency than that of Earth, and which therefore cannot be measured or observed with scientific instruments. This does not make them "imaginary" in some way - it simply means that they cannot currently be instrumentally substantiated.

Even so, the "afterlife" - Astral Spheres of Energy - are still only, relatively speaking, just "beyond" 3 dimensional Universal potential, characterised by an infinitesimally low frequency of Vibration comparative to Source.

And this then is why the entire 3D Universe is measured to be of a substantially uniform ambient temperature throughout, originating uniformly "from the inside out", from a 3D perspective, not from some arbitrary "point" within a pre-existent 3D void of nothingness.

In describing the nature of "All that Is", I frequently make use of the humble Apple as a useful and familiar metaphor.

If we let the Apple represent the Entire, Complete "Universe" of "All that Is" - "All in Creation" if you prefer - then this then is what we may observe:

At the very "Core" of the Apple is "Source" Energy, First Cause, Source Mind, - Supreme Intelligence - the Only True Objective Reality - Existing at the very highest Energy frequency of Vibration, vibrating at such a rate that it can be regarded as static.

This is analogous to a spoked wheel - the faster it spins the less visible the spokes become, until upon attaining a certain speed of revolution, the spokes become invisible.

The physical Newtonian Universe of "matter" may be represented in this model by the very thin outer skin of the Apple, analogous to the point or moment at which Energy Vibratory Potential slowed to a frequency at which it achieved the Potentiality, but not the actuality to differentiate in to what humans now regard as "matter" - "frozen Light" as David Bohm metaphorically suggested.

Between the skin of the Apple and its Core we find the flesh of the Apple. The flesh of

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the Apple is analogous to the vast majority of "All Creation" - the Whole - the 99.99999%.... of Energy spectrum between the Apple skin and the core - Source Mind.

Let the flesh of the Apple then represent the Infinite Continuum of Energy, the fundamental characteristic of which is Vibration, with Infinite Potential, existing between the skin of the apple and its core, where may be found the Infinite and diverse Spheres of Life, Mind and Being far beyond the reach of normal conscious human perception and certainly of any scientific instruments.

Now again let me stress again that in applying numbers, limits, and even words such as "the" are in and of themselves fundamentally flawed, because ultimately we are referring Only to the Infinite. These words will however suffice in the interests of understanding, and in the complete absence of more appropriate language.

Most mainstream science, even today, denies the existence of these higher levels of Energy and Vibration, simply because they can neither be measured, substantiated or otherwise quantified by the physical instruments upon which their entire paradigm rests.

As previously mentioned, David Bohm was a notable exception. His thesis on "Wholeness and the Implicate Order" remains a practical conceptual model of all "Creation", taking into account Spheres of potential beyond the concepts of the Newtonian model of the physical Universe. Indeed Bohm later even takes into account Consciousness which, with Mind, is Principle, and without which nothing could or would exist.

Just under the skin of our metaphoric Apple then lies the Etheric Sphere of Energy - this is where people first find themselves after the change known as "death", and also the realm of the entities known as "ghosts" - departed human beings - who have become "stuck" for various reasons - usually due to some form of emotional attachment to Earth.

Just beyond the Etheric Spheres of Energy Frequency lies the Astral Spheres. It is to these Astral Planes of Energy that humans usually transition after leaving the physical body during the change known as "death". The Astral spheres are sometimes therefore more frequently referred to as the "Afterlife" or much more erroneously as "heaven".

Without becoming too deeply involved in our Apple metaphor, and beyond the scope of this discussion, suffice it to say that it is the destiny of all humans to commence the Great, Divine Journey at the skin of the Apple - analogous to Earth or other physical planet - and to Evolve through the seamless layers of the "flesh" of the Apple - representing Energy at increasing vibratory frequencies and resolutions - until finally, through the process of Evolution and Perfection, the Core of the Apple from Whence we "came" in the "beginning" is ultimately attained, and with it the potential to reunite, or "merge" with Source Mind.

This Evolutionary Process takes place as Experience assimilated by the Complete Spiritual "I", giving rise to ever increasing degrees of Perfection and thereby corresponding increase in the Vibratory Frequency and Resolution associated with the

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Unique Energy Field that represents and identifies Who we "Are".

Individuality, within the context of The All, is represented by our Unique Energy Configuration - our Energy Field - which continually changes in Nature and increases in Vibratory Frequency as we Evolve through Experience during the process of Perfection.

As Individual Energy Field Increases in Vibration, Transition automatically continues to the precise Sphere of Energy Vibratory Frequency, thus facilitating a seamless and automatic progression of Individual Evolution, which is always Perfect in Nature.

This then is the solution of the true nature of Spiritual Evolution, ultimately driven by an Individual, Subconscious quest for Perfection, a quest that is intimately incorporated in to our Unique Spiritual Nature, through Experience made possible by Individual Freewill.

Earth - indeed the entire physical Universe - may be regarded metaphorically as the "Kindergarten of Life".

The Etheric and Astral Planes are a very close extension of that same Kindergarten.

Why then is this necessary?

Well quite simply because only when sufficient Experience has been gained through cycles of physical "incarnation", is there a natural progression to increasingly more responsible and powerful roles within the context of the greater spheres of Life and Reality within the Greater Universe as a Whole, far beyond even the remotest comprehension of most Earthly humans, a role carrying with it massive responsibilities that can only be continued after the complete assimilation of appropriate Experience, characterised by attaining corresponding Vibratory Frequency of the Spiritual Body.

Allowing a human to "graduate" directly from Earth to such levels of responsibility - even if it were possible - which it is most assuredly not, would be akin to giving a 3 year old child the trigger of fully armed thermonuclear atomic weapon to play with, such would be the disruptive potential of the situation - in fact the potential disruption would be infinitely greater, because the very fabric and harmony would be compromised.

So the initial phase of incarnations of the Individuality of the Higher Self - experiential windows - on Earth and/or other planets is an absolutely fundamental and necessary process, wherefrom every Unique Energy Field - encompassing All Life whether "animate" or not, - must graduate before moving on to the infinitely, and to humans at this stage incomprehensibly, greater glories, powers and responsibilities.

Each phase in this process continually facilitates the progression through inner Spheres of Energy, Vibration, Life, Mind and Consciousness, glorious far, far beyond the consciousness and even very remotest comprehension of most Earthly humans. The Higher Self knows very well however, and will continually encourage Its fragments, or "representatives" to pursue graduation and experience of these greater glories.

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This is also the solution to the metaphor of the "fallen angel" known as "Lucifer".

"Lucifer is a metaphor for the Human Ego Mind which "left or "fell from" "Source Mind", "Christ Mind" in the "beginning" , "cast down" to the physical Universe of matter. This was no punishment, but rather out of Divine Freewill - there is always a choice.

As previously discussed, it is the objective and indeed destiny, whether comprehended or not, of every Human Being to "reunite" with "Christ Mind" through the Divine process of Evolution and Perfection through the medium of Experience - thus fulfilling the cycle.

In theological or metaphorical terms, depending on your perspective, "Lucifer" reunites with "Christ" or if you prefer, the "Son" is reunited with the "Father". Of course there is no "gender" beyond Earth, so the concepts of the masculine are entirely erroneous.

This however is the ultimate meaning of "Life".

But again, this is no metaphorical "punishment". Quite the contrary in fact. It is rather a metaphor for Divine process chosen by each individuation of Source Mind - indeed all Life of every nature - and should accordingly be Joyfully embraced and never feared.

A word at this point about "Reincarnation" or the process of experiencing multiple "lives" on Earth or other planets.

Due to the physical nature of Earth, it is generally impossible to gather sufficient Experience to "graduate" in a single "lifetime" or even hundreds or thousands of "lifetimes".

The true, Evolving Self is generally known as the "Higher Self" - our Individuality - Who resides within much higher Energy levels - far beyond the Astral - but still only a relatively "short" Vibration way from the metaphoric Apple skin relative to the All as a Whole.

"Higher Self" is our Eternal Individuality.

Note: "Higher Self " is a recognised term which would be more appropriately described as "Inner Self". In absolute terms the concepts of "higher", "lower" even "inner are duality based and accordingly do not exist. They will however suffice for the purposes of gaining access to the considerations encompassed within these discussions.

Each "life" on Earth is experienced through and as a Personality of that Individuality.

The more Personalities our Individuality "sends to Earth", and/or other planets in the material Universe, the more Experience is returned to Eternal Individuality, and the more complete Higher Self - Individuality - becomes.

So Higher Self - Individuality - usually sends numerous "messengers" to Earth - or other planet - as both genders, all races, countries, cultures and circumstances, until finally a

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messenger attains the ultimate objective of Enlightenment while still in the context of a physical body.

This then signifies the end of this initial but crucial phase of Individual Evolution - "incarnational" cycle - where the Enlightened "fraction" of the Higher Self returns to Higher Self Who then assumes the Personality of the "Enlightened Incarnation". So Individuality continues with its acquired Personality, ceases to be a "Higher Self" - there are no longer any aspects of Itself to be "Higher" than - to the next phase of the greater Evolutional cycle.

I must dispel another prevalent misunderstanding before continuing - that of so called "past lives".

Each messenger of the Higher Self - each Personality - experiences one single "life" on Earth, or other planet, only, and then, after the physical body "dies" - no longer viable as an organic vehicle - transitions to the Etheric and then Astral Spheres of Energy in most cases.

Enlightened or Evolved Spirits or Beings who came to Earth for a specific purpose or specific "mission" for humanity - for example the figures known as "Jesus" or the "Buddha" - are exceptions, as are Beings known as "Avatars" and also others, who simply return directly to the Spiritual Sphere of Energy from whence they came.

The Astral Energy Sphere is an environment where Earth people usually feel completely at "home" or even regard as "heaven", simply because they can experience anything they can possibly imagine at will, without the needs of "money", "work" and all those other typical trappings and dark and insidious instruments of control of human society.

The "afterlife" also seems much more "solid", "real" and "substantial" than Earth.

Astral residents will linger until they have fully satiated all materially motivated desires, infatuations, additions and ultimately concepts accumulated as a result of Earth experience, which experiences are eventually recognised and assimilated as the illusions or "delusions" they really are. The journey of the Personality to the Individuality of Higher Self continues with a unique package of experience contributing to the Whole potential Individuality that the Higher Self represents at that stage of Evolution, on the path of Evolving Spiritual "I" within the context of All of Universal Mind Principle.

This is why it is totally and completely erroneous to speak or think in terms of "past lives". There is absolutely no such thing as a "past life" simply because each "life" represents a complete cycle in its own right originating and terminating with Higher Self.

Equally as erroneous is the concept of "sequential" lives - in other words the idea that every "person" experiences a sequential series of "lives" or "incarnations", each at a progressively "later" period in Earth's history than the previous, thus giving rise to the erroneous notion that a "past life" took place for example in Ancient Egypt, or Babylon,

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or very popularly Atlantis and so on.

"Past lives" are invariably perceived as glamorous - never "hard" or "ordinary". Everyone likes to think of themselves as living as a "King", "Princess" or famous figure such as Jesus in "previous lives".

This is in turn responsible for the equally erroneous idea of "past life regressions" where, under hypnosis or other form of access to the Subconscious Sphere of Mind, a person is led to believe that they may "discover" their "identity" and physical "circumstances" and "lifestyle" during a "previous" incarnation, or "life" in Earth's history. Such "past life experiences" are invariably inexorably linked to the Ego.

In actual fact - all "lives" - Personalities - "incarnations" - take place concurrently, and not therefore "sequential" at all. This is true because our Individuality, our Totality, our Higher, Spiritual "I" Self, resides on a Vibration far beyond the human concept of "time".

Higher Self knows precisely the nature of Experiences required in order to achieve the level of "completeness" and therefore of Perfection and Evolution required to complete this initial phase on the great Path, to facilitate moving on to greater experiences.

Individuality, Higher Self, therefore "fills in" experiential "gaps" in Its "completeness" by choosing, as far as possible from the range of possibilities, the circumstances that would best facilitate the opportunity for the gathering of specific aspects of required experience to contribute to the Whole.

To this end Higher Self chooses the "time-line" relative to the concept of Earth "time", country, culture, circumstances and parents which provide the best probability of gaining that particular "packet" of experience.

Yes you chose your own parents, and your own children likewise chose you, so always treat each other with the greatest Love and respect, while keeping in Mind that "age" is utterly meaningless. Your own kids, while you may perceive them as "children", may well be far more Spiritually mature than you. This is particularly true during this Transitional Epoch where numerous Spiritually highly advanced children are being born to assist parents and humanity through their particular abilities, very often through the Arts, and any other ability with the profound potential to influence the human Mind and Vibratory Frequency, both through the senses, and through the Soul and Spirit.

A useful metaphor that may assist in the understanding of this process of "concurrent incarnation" is that of a wooden cart wheel, with its hub and outer rim connected by its spokes.

Consider then the physical Universe which is recognised as being constituted of "matter" as the outer rim of the wheel, Higher Self as the hub, and with each Personality or "incarnation" represented by each distinct spoke in the wheel.

Even as you read this you, as your Higher Self, may be experiencing alternative

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concurrent "incarnations" as, for example, a Neanderthal woman, a medieval gentleman land owner, a teenage soldier in the trenches of the first world war, an Egyptian Queen, or numerous other such "role playing games" - all in the same Eternal Moment of Now.

You are not aware of this situation simply because each Personality experiences each distinct but related incarnation through the mediation of the individual Conscious Ego Mind, which actually represents only a very tiny subset of the "Higher" Individual Mind.

Each individual incarnation is "firewalled" from the other at the normal level of waking consciousness in order to prevent the possibility of any cross-influencing of incarnations, which would have the potential to compromise or even corrupt them.

The individual Ego Mind of each personality is bound by the current temporal experience as it relates to the human concept and perception of "time" and "space" which it chooses to subscribe to. Only Higher Self has a complete perspective over all concurrent incarnations, which, in any case Higher Self sees only as "circumstances" with experiential potential or opportunities, but never "ages" in the "history" of Earth or another planet. Higher Self is not concerned with "time", only Evolutionary Potential.

As each personality, incarnation, Ego concludes its mission on Earth, the organic body "dies" and the Ego, the Personality - the Soul - leaves the physical shell they once used and identified with on Earth, to begin the journey back to the Individual "I", Higher Self. Upon reaching Higher Self, the package of experience, to the extent it has been attained, is then assimilated to the Whole Self Individuality, Which thus expands and accordingly becomes more Evolved and Complete in the only objective of progression beyond the material incarnational process, and to attain a more Complete Spiritual "I".

Again though, all words I use in any way suggesting "time" are for lack more appropriate language only.

There is an interesting "anomaly" arising in that the Astral spheres - the "afterlife" - existing beyond the perception and experience of "time", there may well be many thousands of "you" as different "Personalities" of the very same "Individuality" "living" in the Astral, on the same "plane" of Vibratory frequency the Sphere of your Conscious awareness currently occupies.

Thus you can even meet up with "each other", or whole groups of "you", without being even aware of it.

To understand this apparent anomaly better, it is once again a good idea to think in terms of Individual Conscious Awareness being Partitioned in to "Personal Spheres of Conscious Awareness", each of Which is "firewalled" from the "other", so that there is no "leakage" of experience which may influence and thereby compromise or corrupt other spheres of Conscious Awareness.

Experience is only viable when gained in an autonomous context. This is what gives rise to the apparent experience of an "individual" life on Earth without any apparent

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greater "meaning" or context, although there is of course always a greater meaning.

So returning to the main issue of our discourse on the nature of "Reality" - as a human on Earth, for now - you are simply experiencing a Personal sphere of conscious awareness, independent of concurrent experiences of your Individuality, through the mediation of the five physical senses, in turn both generated and "coloured" by the Subconscious Mind in accordance with the nature of your own ongoing thoughts, feelings, emotions, expectations, experiences and other spheres of Conscious Mind Principle.

Before continuing we should, in the interest of completeness, re-visit the role of "time" in the context of human experience.

"Time" as humans know and experience it simply does not exist except to the extent it is perceived to be experienced and believed to exist, and cannot be measured or quantified in isolation. Time is not a constant.

Time, to the extent in which it is experienced at all, is entirely subjective and never objective. Even the subjectivity is relative to the perspective of the experience.

Humans attempt to reduce "time" to an objective experience by arbitrarily introducing methods of measurement based upon the relationships between the Earth, the Moon and the Sun. This apparent infatuation with what in reality is no more than a "concept" has wrought all manner of confusion and misery upon humanity, and is still the basis of much confusion and misunderstanding - particular within mainstream sciences who, for the most part, live within the context of a material, space-time paradigm.

In reality there is no "time" - there is no "space" there is only the Present Moment of Now - Which is Eternal.

If you were to place yourself in a permanently illuminated - or darkened if you prefer - room without windows, clocks or other mechanical means of measuring "time" - what happens to your perception of "time"? Very quickly you have no idea what "minute", "hour", "day", "month" or year it is. You can guess of course, but you would invariably be wrong due to lack of reference points. As your isolation progresses, any best guesses" about "time", "date", "year" would become increasingly flawed.

Once we remove all the mechanical human reference points, "time" immediately becomes meaningless.

Even if the best scientists in the world were placed in a room, with no external windows or other modes of reference, and then allowed them access to any scientific instruments and computers of their choosing, except for clocks and other means of measuring "time", then these scientists would not be able to define or quantify time in any way.

The neurotransmitters in the brain that regulate human sleep and waking cycles - melatonin, serotonin for example - would reset, resulting in a loss of all orientation with

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the previous concept of "time".

Such people without a reference to "time" may become disoriented and even distressed - perhaps ultimately psychotic.

If you lived on a different planet, of a different size, with a different speed of rotation, distance from its "Sun", with or without one or more "moons" - Jupiter for example - then your "clocks" and "calendars" would look completely different. You would still live in the same physical Universe subject to the same Absolute Universal Principles, but your measurement and concept of "time" would be unrecognisable.

Is "time" therefore "correct" on Earth or on the other planet, for example Jupiter?

It should by now be apparent that "time" cannot be measured because "time" is a subjective experience, not an objective Principle, and in any case only exists as a concept within the context of space. Time is not a constant to the extent it even exist.

**If we look at "time" dispassionately, we can clearly see that:**

**Time is not Principle.**

**Time is not constant.**

**Time is not objective.**

**Time therefore cannot be considered as a "dimension" or factor in equations.**

Again, the reason humans feel "tired" at "night" and "awake" during the day, is simply because the Conscious Sphere of Mind has convinced Subconscious Sphere of Mind that "time" is "real" and "measured in a certain way" specifically with reference to photons of Energy entering the eyes as "light", or absence of photons as a lack of "light". Subconscious Mind then reproduces those expectations by programming the biorhythms of the organic body accordingly through the manipulation of amino acids, neurotransmitters in the brain such as melatonin, serotonin and dopamine, which in turn provides the experience of "wakefulness", "sleepiness" and mental capacity and so on.

Having now addressed the Personal layer of Experience which is controlled by the Conscious Sphere of Mind, the Personality, also known as the Ego, let us now move on to the next layer - the material or physical layer to which the Ego Mind relates.

We have already established the relationship between matter, the organic brain, the Subconscious Mind and the Conscious Ego Mind relative to the human concept of "time" which is entirely subjective, never objective, never fixed in nature and cannot be a constant.

But what if very reference points for space and time had no basis?

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Let me begin this part of our investigation with the benefit of another metaphor that many may relate to - the trilogy of movies entitled "The Matrix". Actually the first movie in the trilogy - the second and third seem to be added in the interests of continuing an excellent and very well written fantasy.

The first Matrix movie is quite remarkable from a metaphoric perspective whether the writers were conscious of this fact or not.

In the context of The Matrix the inhabitants or more correctly participants, "live" within the context of populated setting, typical of a metropolitan environment on Earth.

But the twist in the movie is that these people are soon shown not to be "real" and neither is their environment real.

The participants are instead neurally connected to an immensely powerful computer environment, that simulates a late twentieth century Earth environment and "lifestyle".

All of these participants seem to happily continue their daily activities just as you do - they eat, sleep, entertain themselves, meet in groups and so on - always being totally oblivious to the situation of their true physical body.

In The Matrix had no reference point for either their "true nature" or physical body.

As a physical human The Matrix may be engaged as useful a metaphor for the Earth environment, analogous to a typical metropolitan setting, with accuracy.

When Neo was first rescued from the Matrix and shown its true nature by Morpheus, he was then able to free himself from neural network to which his real physical body had been connected as a human "battery" to generate power for the "machines", and free himself of the illusion of the Matrix, to choose a more substantial reality existing outside of The Matrix depicted as "Zion".

Again keep in Mind that The Matrix is a metaphor as is "Zion".

Once Neo realised the truth of the nature of the Matrix, he no longer regarded it as "real".

Later Neo would have the ability to consciously "plug-in" to the Matrix, interact with the environment, and change the very nature of the Matrix according to his needs and situation, knowing that he was not subject to any of the limitations he once believed he was.

Now consider for a moment that the material world that you are currently so familiar with and believe in is the "Matrix", and you are Neo or Trinity. Now you have an excellent metaphor for the basis of your own physical experience on Earth.

Everything you see around you - your PC, desk, chairs, drink, food - everything you

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almost certainly consider to be composed of "material" of some kind - exists only because your physical senses, organic brain and Conscious Ego Mind say these "things" exist and have substance and basis in fact.

But what is "material"? How may "material" be defined?

"Molecules and atoms" you may reply.

But what do "molecules" and "atoms" consist of?

If you know much about physics you might reply "sub-atomic particles". You may even mention protons, neutrons, electrons, quarks, leptons and so on.

But here is the paradox.

None of these "sub-atomic particles" including their derivative materials actually really "exists", in other words can be perceived, unless a conscious attempt is made to observe or "measure", i.e. quantify or qualify them in some way.

Quantum Physicists know this paradox all too well as the "measurement problem".

Since these sub-atomic particles are the basic components of "matter", the same apparent paradox must equally apply to the larger derivatives the same particles - elementary atoms, molecules and ultimately the chemical and organic compounds that form physical substance of "matter", and from which everything you "possess" in your daily life is "manufactured".

An even greater apparent paradox then is that as physical humans experience within the context of an organic body, comprised of these same organic materials with its "organs", blood, bone and other life supporting systems - these too must also be ultimately composed of the same atomic and sub-atomic material as your surroundings, and therefore it follows that your body is subject to exactly the same characteristics and paradoxes.

But do these "building blocks" of "matter" have any "existence" or basis in fact at all, if, as certainly appears to be the case, they only "appear" or more specifically are only perceivable, qualifiable and quantifiable during the process of deliberate observation?

Clearly when an organic chemist is combining for example an acid and a base to bring about a chemical reaction, or creating complex organic molecules from basic carbon, hydrogen based "building blocks", the whole process must be carefully controlled measured, monitored, qualified, quantified and documented in order to record the "observed" result of the process, if it is to be meaningful at all.

If the elementary atoms form the basis of molecules which in turn form the basis of the material compounds used to "manufacture products", then the only conclusion that we can possibly arrive at, if we are totally objective about it, is that every "thing" that

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humans currently perceive as "materially real", only exists because someone chose to "subscribe", or "opt-in" to its very existence through the process of observation, supported by past experience and belief in its reality or potential to "exist".

In other words the sense of material reality is an entirely programmed, i.e. learned response, arising from previous expectations, experience, and beliefs - as well as many other factors that are deeply embedded in Subconsciousness.

This clearly adds a further level of factors to consider in the context of what is "real".

So let us now review that which already know about the role of the sense organs and organic brain in perceiving your environment.

Millions of sensory inputs per second from the five organic sense organs are fed to the organic brain, which mechanically, without any sort of inherent intelligence or consciousness, collates these electrical impulses to produce a composite "image" or more accurately an impression, in accordance with quality of the information received.

If the brain is damaged in some way, through physical, trauma, condition such as an apoplexy or cerebrovascular incident, or for example through toxicity of some kind, then its capacity to mechanically process the data presented by the five physical senses is compromised, along with its ability to assemble an accurate impression of its relationship with its environment to forward to the Subconscious Mind.

As the computer programming community saying goes "garbage in, garbage out". So the data sent for the attention of Subconscious Mind, which is infinitely intelligent but can only act upon what it receives or perceives, is "scrambled", along with any necessary output processes such as "speech", motion, recognition and so on.

The "Mind" is still intact as is consciousness and intelligence, but as with a computer - if a circuit board or memory module, or other component becomes faulty, the data being output cannot be relied upon or may even present a totally erroneous output resulting in confusion, disorientation, dissociation etc as for example happens under the influence of alcohol, hallucinogenic, psychoactive or other "mind altering" substances.

The organic brain is therefore analogous a super-computer, which sends a stream of data to the Subconscious Mind in the form of composite "images" or more correctly impressions.

The Subconscious Mind then, in accordance with ongoing thoughts feelings, emotions, beliefs, prejudices, expectations and other learned and programmed data originating within the Conscious Sphere of Mind activity during the current "life experience, re-processes the data before "outputting" the data to be displayed on the "screen" of the Conscious Mind, which people then call their "experience", "sense of being", spatial awareness - their "life".

Ultimately however it is the Conscious Sphere of Mind - the Ego - which both

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determines and accepts the nature of its own experience, so it is in fact a self-perpetuating illusion, the nature of which becomes more interesting as we will see later.

When "mentally disabled" people "die", even those with most profound brain damage, they are freed from the layer of processing performed by the damaged organic brain to experience Mind directly, and they feel "whole" once again, with as much mental ability as anyone, as if they were never subjected to the perceived limitations arising from the brain.

"Mentally disabled" people are not actually "mentally disabled" at all - they are "brain disabled". Such people experience perfectly "normal" dreams as everyone else, simply because dreams originate within the sphere of the Subconscious Mind and experienced by the Conscious Mind, not at some notional point in the organic brain.

The same applies to all physical or mental disabilities. Once a person is freed from the organic shell of a body, they are freed from all restrictions, except to the extent that their Mind still believes that they are subject to them - this is usually quite transient.

Lengthening or slowing of brainwave activity, as takes place during deep relaxation, day dreaming, meditation, trance and sleep, facilitates an expansion of consciousness and awareness, beyond the narrow confines imposed by waking brainwave activity. This is also the basis of what are known as "mystical", metaphysical, or even "occult" abilities, even though these abilities are completely natural and latently available to everyone. Most at this time remain unaware of these latent abilities, unlike our ancient ancestors, native tribes, and of course dedicated practitioners.

Moving on with the process of perceiving experience - the composite image from the organic brain is presented to the Subconscious Sphere of Mind, which then applies a set of learned filters based upon the lifetime of acquired beliefs, expectations, intentions and all those other learned and programmed feelings, beliefs, thoughts, prejudices, expectations, reinforced by the emotions, from the Sphere of the Conscious Mind - this is a continual process - before "forwarding" it to the Conscious Mind as the completed image, with all expected beliefs, biases, expectations reflected and fully "factored in", which the Conscious Mind, the Ego, happily accepts as "experience" in that moment.

In fact the "experience" has been skewed by the Subconscious Mind to make it acceptable to the Ego, otherwise the Ego would summarily reject, or at least disregard it, otherwise the person would rapidly become confused, disoriented and perhaps "psychotic", and would very soon be unable to function at all within their environment.

Again, the Conscious Mind never, ever thinks to question the image presented, because the Subconscious Mind has ensured that it is already in complete alignment with its ongoing learned and programmed expectations and beliefs. So the Conscious Mind, the Ego, remains happy and feels secure within its own microcosm of experience.

But the crucial factor to consider here is that in the case of most people who have no

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conscious Mind Power over their own experience, the Conscious Mind is perpetually subscribing to its own illusion - an illusion that the Subconscious Mind always "satisfies and adjusts as necessary. So from the perspective of the person, their experience is always "correct" and "real", regardless of whether it is perceived as "good", "bad" or indifferent.

For example - if a person believes it is "cold" outside because they have looked out of the window and seen that it is snowing, the Subconscious Mind will always ensure that the Conscious Experience matches the expectations. If a person saw that it was snowing, but upon leaving the house it felt hot and humid, considerable confusion might result. This is because the Conscious Mind has learned that "snow" is "cold".

If I walk around in cold weather with few "winter" clothes and people ask me why "I do not feel the cold", I would simply reply "because I choose not to".

If, as sometimes happens, the Conscious Mind does choose to reject the impressions presented to it by the Subconscious Mind, based upon the composite impression received from the brain and sensory organs, the person generally regards it as an "illusion", "mirage", "trick of the senses" and so on, thus easily assimilating the experience without becoming mentally confused. This behaviour is a "safety valve".

This equally applies to all levels of human experience, from the personal to the collective, since all Mind is ultimately One and therefore intimately connected and inclusive with "each other" at all levels, and with All that Is within Universal Mind.

Therefore total "experience" from the perspective of each person, is a function of both Personal Subjective Experience and the Collective of all Personal Subjective Human Experience within the same Sphere of Consciousness, independent of time or "history".

Therefore if one person chooses to subscribe to the existence of a particular object, person or experience, regardless of "distance" or "time" which do not exist, even as illusion, within the Sphere of the Subconscious Mind where the object is originally perceived, then the same data relating to the object is instantly also available to the Whole Collective Human Mind on the same Vibratory Frequency, to subscribe to at will.

Actually this "collective human experience" is perpetually present at a Subconscious level, so the Subconscious Mind determines what to allow or reject based upon the sphere of comprehension, imagination and programming of the personality, the Ego.

No human is capable of experiencing or perceiving "anything" beyond their current sphere of imagination, comprehension or programming - their beliefs - because their Subconscious Mind is not resonating on the same Vibratory Frequency of the Collective Mental Plane corresponding in which they are focused in accordance with their own relative state of Evolution.

I mention this to pre-empt any objection that people are frequently aware of the

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"existence" of lots of "things" before actually physically "seeing" or "experiencing" them.

For example a shopping trip where you may visit a shopping mall to "look" for "things" of the sort that you may wish to purchase, but which you have never seen or perhaps considered before in the case of an "impulse buy" - certainly not down to any fine details.

Another example might be in taking a vacation to a foreign country that you have never visited before, to "see" and "experience" the "sights" that are accordingly completely "new".

In both cases - the "products" in the "shopping mall" or the "sights" in the "foreign country" are only available to your sphere of conscious awareness during the process of experience and observation, because they exist as persistent Thought Forms from the collective observations, experience and programming of millions or billions of other "people" - Conscious Spheres of Mind Principle - throughout "history".

Again "time" not applicable in the realm of Subconsciousness - or in any realm in absolute terms.

Towns and cities for example are shared, collective experiences, simply because the Conscious Minds of thousands or millions of people subscribe to, and interact with them continually, as has always been the case in the "past" history of that environment, and therefore choose to interact with these experiences every day as "normal" within the sphere of their own comprehension, imagination and programmed beliefs and expectations as they relate to that environment, giving rise to the perception of "normality". In fact there is no such condition as "normal", because it is entirely subjective, and in accordance with the perspective of the observer.

In this way the shared experience is infinitely perpetuated to the Collective, "shared" Sphere of the Human Mind on the corresponding Vibratory Sphere of the Mental Plane that anyone at the same Mental Vibratory Frequency also may choose to subscribe to at a Subconscious level, even if they have never "seen" them before, and which is accepted by the Conscious Ego Mind as "normal" within their own sphere of "normality".

Again - this is so due to the fact that Personal Mind and Collective Mind as well as the Conscious and Subconscious spheres of activity, are really One, simply being Spheres of Activity within the overall context of Universal Mind, and can therefore share and experience either at a Personal or Collective frequency, but always subjective level.

Due to the comparatively low Vibration of matter and the intervention of the concept of "time", these collective experiences - towns, cities etc - can persist for many "millions of years" as measured by human calendars - currently the Gregorian - long after they have been "lost" and forgotten at a Conscious level by the peoples that originally "built" them.

This is so simply because these structures or remains are still part of the "fabric" of the Collective Human Subconscious Experience which is known to the Subconscious

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Sphere of Mind. The Subconscious Mind, which is not subject to "time" or "space", retains all knowledge of all human history, which it will render Conscious as appropriate.

This for example is the basis of the "Remote Viewing" which has been very successfully used for "military intelligence" and now in the public domain.

Remote Viewing implies overcoming "time" and "space" to "view" or more accurately "sense" objects or events which are non-local, and/or non-temporal, but in fact to the Subconscious Sphere of Mind locality and temporality are not relevant, All exists Now.

Remote Viewing has a very solid basis, and "works", however, as with all what are generically referred to as "psychic" abilities, they are always processed through the Subconscious Mind, which always applies learned and programmed beliefs.

Therefore only a person with absolute control over their own sphere of Mind activity can hope to attain a true Remote Viewing Experience. That said this is absolutely possible.

Now is the only Moment there Is, regardless of what human clocks and calendars or history books contrive to report.

As an example that can be tested, we may take a look at the sphere of experience after the much dreaded change known as "death".

In the next Vibratory sphere of human experience, for most people the Astral Spheres - or the "Afterlife"- which exist at a much higher Vibratory Frequency of Energy, beyond the concept and illusions of "space" and "time" relative to Earth - "experience" is much more transient, fluid and dynamic in nature than within the context of the much lower Earth Vibratory Frequency of the temporal "time-space" and matter dependent environment of Earth.

No atomic or other intermediate, albeit transient particles exist within in the Astral, or are necessary to the environment. Within the context of the Astral Vibratory Spheres of Experience, of which there are potentially infinite, the environment is broadly comprised of Thought Forms of Energy which are decoded directly through the Mind, although still very much with the same learned and programmed beliefs and filters applied, which filters are still retained after "passing", but which of course will be progressively modified with interaction within the context of the "new" experience.

If a person in the Astral chooses to experience "something", or believe or fear they are in the presence of "something", whatever they wish to experience, believe in or fear will "manifest" and be experienced instantly at the "speed of thought". The experience will generally be deemed to be "real", because it is consistent with existing learned and programmed fears, even if they are irrational.

When the person becomes bored and ceases to focus on that particular "thing", the "thing - a Transient Energy Thought Form - instantly dissipates back to native Energy potential where it may coalesce to become another Thought Form under the influence

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of Mind in its infinite states. All potentially coalescent Energy possess identical and infinite potential.

So in the "Afterlife" of the Astral, the processes we have been discussing relative to the material world, may be actually subjectively experienced and thereby verified instantly, thereby providing useful personal experience and evidence of the immutable Principles applying to all Spheres of Vibratory Frequencies with the All of Universal Mind.

In the Astral Spheres of Vibratory Energy - the "afterlife" - the more a "person" or "people" - duality is still accepted and accordingly experienced there as on Earth - interact with any such created experience or locale, the more persistent it will become.

Most Thought Forms are completely transient in nature, arising from "fleeting thoughts".

But when attention and focus is applied and fuelled by emotions, expectations and intent, the very nature of the "Thought Form" becomes less transient and therefore more "persistent", to the extent that reference to duality implied "persistence" in a timeless, spaceless, environment is appropriate.

Everyone in the Astral Spheres - the "afterlife" - believes in exactly the same material form and function they were so used to, and often indeed addicted to and dependant on while living on Earth. So when people "pass-on" and duly arrive in their new Astral environment, often welcomed by various generations of previously "deceased" relatives, they can subjectively "experience" anything that they can possibly imagine, comprehend and believe in, thinking that all of their proverbial "Christmas's have come at once". They are as the "kid" in the proverbial "candy store".

After the novelty wears off somewhat, they might experiment by creating a more enduring environment or experience that they feel most comfortable with, but always within the context of the collective environment upon the Energy Vibratory Frequency of the Astral Plane in which they are focussed in that moment.

This propensity for Astral residents to re-create familiar Earth environments is the main reason why most recently "deceased" people immediately notice that the "afterlife" looks and feels remarkably familiar to their home "back on Earth" - so much so in fact that very often newly transitioned people do not even realise and believe they have "died", "passed on" at all, especially in cases of sudden, violent and unexpected death, due for example to a sudden trauma or accident. These newly arrived "residents" consequently need to be "convinced" by other residents that they are in fact no longer "living on Earth". This process followed by a thorough debriefing that can be quite extensive, especially in the case of atheists who have no belief of an "afterlife" and scientists who cannot conceive of an "afterlife" because of the conflict with their rational, learned scientific paradigm in their universities on Earth, which conflicts in turn with their own perception and concept of what is actually "possible".

This is reinforced by the fact that the very nature of their own beliefs and expectations has taken the newly "deceased" person to a Native Energy sphere of Astral Frequency

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of very similar Vibratory characteristics as the their recently departed Earth life, and accordingly populated by peoples with a very similar mindsets and beliefs. This is one reason why the "afterlife" is so harmonious compared to Earth.

On Earth personalities of every type of personality, character trait, beliefs, Evolutionary level and so on live within the same environment - a major reason for human conflict.

I should reiterate that there is not just one Astral Plane - there is a potentially infinite "number" of these "planes" or spheres of Vibratory Frequency, all very slightly out of phase with each other, "each" corresponding to every human character trait, belief, culture, history and so on.

As humans on Earth advance technologically and people "pass on" from these learned and programmed experiences, new spheres of Energy are generated by the Minds of these people based upon Earth experience. So again, everyone making the transition from Earth life to "after-life" feels immediately "at home" and usually blissfully happy.

But "amazing" though the infinite possibilities of the Astral spheres seem to be, where all desires are realised instantly, this is also a trap in many respects, because once the people there become so used to, and often infatuated with this utopian world, experiencing anything they have ever desired on Earth but could never "have", instantly, without the need for "money" or "work" or "government" any other prerequisite, condition or restriction, then the experience and novelty can so totally infatuate and consume the Mind and Consciousness of the person, that they become "addicted" thereby preventing them from evolving and progressing. They become lost in their own illusion or delusion

Ultimately of course all free themselves of a persistent experience, often with the help of others, realising how frivolous the experience really is. Wishing for a more "real" and fulfilling experience, Vibratory Frequency increases, and automatic transition to a "higher" - actually inner - plane of Energy with a the correspondingly higher Vibratory Frequencies and Energy Thought Form characteristics. The person must then reconcile the experience of this new current Energy Frequency through the process of realisation so they can move on again. This eternal phasing out of one Energy Frequency and on to the next may be likened to infinite "deaths" and "rebirths", of which Earth is the first.

Of course the "afterlife" generally seems much more "solid", "real" and "vibrant" than Earth ever did, or could, due to the much higher, finer vibration of Astral Energy Frequency, with a spectrum of colours and sounds way beyond physical human comprehension, experienced without the extremely crude but necessary Earthly organic apparatus of the five physical senses operating through the mechanical organic brain.

I would also like to mention that when humans make the transition from Earth to the Astral Spheres, the Afterlife, everyone will experience themselves precisely in accordance with how they most prefer to be thought of on Earth.

On Earth people tend to spend vast amounts of time, money and obsession on vanity products, "anti-ageing" products, "weight-loss" products and so on, simply because they

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wish to remain perpetually "young looking", and in particular to the "opposite gender".

Sex, vanity and self-gratification are very major factors on Earth relating to human behaviour generally, and ones which the associated industries seek to exploit.

Once they make the transition, the Conscious Mind determines how the "Astral Body" is perceived as opposed to the organic processed of physical life, which are of course very much a function of lifestyle choices, and so they invariably appear with a replica of their previous physical body as it would have been experienced in their "prime of life, which is typically within the range of 25 to 35 years. This is why very often new afterlife residents do not recognise parents, grandparents and so on until they introduce themselves, simply because they would have been remembered as "being much older".

Once again the movie, The Matrix has an excellent metaphor for this "phenomenon - "Residual Self Image". Within the Astral environment of the "afterlife", everyone experiences themselves, and are experienced by others as that residual image of their appearance on Earth, to the extent they can assimilate it within their Vibratory Energy sphere. In due course this desire wanes, and a person "cares less" about the nature of how they perceive themselves, and the "Astral Body" tends to "change" or "morph" in accordance with present experiences, not "residual self image".

Comparing the experience of the Astral Spheres of the "afterlife" with Earth, may be likened to the visual sensory experience of watching a new movie filmed in high definition, on a very old tube based TV with its low, curved, flickery, pixellated, "blocky" image screen, as compared to a modern High Definition Flat Screen TV.

To people in the Astral, and increasingly so as they progress inwards, visiting or "viewing" Earth - the Earth plane seems like a horribly dull, dreary, misty sort of environment, visiting which is likened to wading through a muddy swamp in dense fog and drizzle. To "afterlife" residents visiting Earth fully perceive the thoughts, feelings and emotions originating from the collective people on Earth, which, to them, is like experiencing their very worst nightmares, the only difference being that they are no longer part of the same nightmare.

This anomaly will be fully corrected as Earth completes this Vibratory Transition, and all "dark" low Vibratory Energy Forms will be reprocessed and effectively neutralised.

Increasing frequencies provide for increasingly higher, finer, more detailed, defined and refined resolution and clarity. And so it is as we travel inwards beyond Earth and the crude physical, material Universe of matter. The further from the Sphere of Vibration of the so called physical Universe - universe of physical potential - and the nearer to Source, the "higher the resolution" is the Experience, and therefore the more vibrant, vivid, "solid" and indeed "real" it seems, albeit far beyond the old paradigm of "form", with an ever increasing range and spectrum of sounds, colours and other experiences.

This is all due to the greater overall potential that increasing Vibratory Frequencies of Energy facilitates - the higher the Frequency, the more "detail" can be decoded through

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Mind Principle at the same frequency, but with the now complete Spheres of Mind - Conscious, Subconscious and Superconscious Spheres now functioning as One Continuum of Consciousness, All decoding Energy, Thought Forms directly.

Even in our human form we may bypass the organic senses and brain through an "expansion of consciousness" which may be invoked through a lowering - a lengthening - of brainwave frequencies, to facilitate the potential to both create and decode these Thought Forms directly. Note that lowering brainwave frequencies provides perception and assimilation of higher Vibratory Frequencies of Energy. Brainwave frequencies and Personal or Individual Energy Field frequencies, are not related and should not be confused with each other. The former is physical and organic, the latter is metaphysical.

This is also the process that facilitates the entire gamut of experiences generically known as "psychic" experiences, including, but not limited to clairvoyance, remote viewing and meditation related experiences.

The dreams you experience every night also originate within the non-physical sphere of the Mind, never the organic brain. Clairvoyance is actually the conscious as opposed to unconscious "viewing" or more accurately "perceiving" of events - either on Earth or even the Etheric or Astral - directly through Mind Principle - bypassing the influence physical senses and organic brain altogether.

I would like to mention in the context of "psychics", "fortune tellers", "tarot card readers" and so on that it is absolutely impossible to "tell the future" - absolutely cannot be done.

As an aside the true "Tarot" is an Egyptian "book" of initiation which may be decoded - not something to be used for mantic, divination or prophetic purposes.

All of these "instruments", whether in the form of cards, tea or other leaves, palm reading and so on are simply ways of allowing a reader with true psychic abilities to sample the Vibratory Frequency and Nature of their "client" to provide an overall "impression", but always a result of the learned and programmed beliefs of the client.

Again, for the avoidance of any possible doubt - "sampling" the "future" is impossible.

The "future", to the extent that it exists at all relative to the illusory temporal space-time experience, in Energy terms exists only as "quantum potential" - possibilities that can only become subjective experience through the process of observation in the present and only Moment of Now, always in accordance with the learned and programmed filters arising from a lifetime of perceived experience.

So what people think of as the "future", exists only as Native Energy with Infinite Potential.

"Ideas" do not originate in the organic human brain - in fact they do not even originate within the human sphere of Mind.

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Ideas "arrive" directly to Subconscious Mind, which acts as a "receiver" in the same way as a TV for example, from the Mental Causal Plane, of the range of Energy Frequency corresponding precisely with the Vibratory Frequency of Collective Human Mind at any Level or Sphere of Evolution, always in accordance with the capacity for that idea to be received by the person.

The idea originating within the Mental "plane of ideas" is first transmitted first to the Subconscious Sphere of Mind in accordance with the nature, in other words Vibration of Thought Forms originating from the Conscious Sphere of Mind activity.

The Subconscious Mind creates a Thought Form corresponding to the nature of the thought as determined by the Vibratory properties of its Energy Field.

This Thought Form then attracts "ideas" of the same unique Vibratory and Energy "Signature" from the corresponding Causal Human Mental Plane of Ideas, shared by all humans of similar level of Evolution and accordingly Vibrating on the same Frequency.

The Subconscious Mind then, as usual, applies all the learned and programmed belief "filters" received from the Conscious Sphere of Experience of Mind activity as previously discussed, and then forwarded on to the Conscious Sphere of Mind itself which accepts the "idea" in accordance with its current mental capacity, biases, beliefs etc to do so.

The idea is then received as a modified Thought Form in the same way as an impression originating from the sensory inputs of the physical senses as mechanically processed by the organic brain, and accordingly as being as an "original idea".

But again, as with all subjective experience, the very nature of the original, pure, undiluted "idea" is filtered, biased and skewed in accordance with the specific beliefs, expectations, "hopes" and so on of the Conscious Mind.

So, for example, a very religious person might think about metaphysical concepts, but will invariably reject them as being "outside their belief system".

Human Beings can and do therefore actually originate "Thought Forms", but cannot originate unique "ideas". Humans can only "receive" ideas from the "Plane of Ideas" which they can "tune in to", in accordance with their Mental capacity to do so.

If the Ego Mind cannot conceive of, or believe in a level or quality of idea, then it will simply reject it as "wrong", "nonsense" even "heresy", instead choosing only to accept whatever it chooses to believe - again as is frequently the case of religion for example.

Of course "beliefs" extend to every sphere of experience including for example about "money", relationships, social "status", but these are always learned or programmed.

A baby is a "blank canvas, never arriving in the world with anything painted on his or her new Conscious Sphere of Mind.

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A baby is a Spiritual marvel of consciousnesses - a perfect, uncorrupted, wonderful Being with infinite potential - with the latent capacity to achieve anything without limitation. A baby inherently knows no limitations, even having the latent capacity to access to all knowledge without ever having to attend the human construct of "school".

Babies, are born with a very low brainwave frequency and accordingly "expanded sphere of consciousness", so they have the inherent potential and capacity to "absorb" and learn a vast amount of information, extremely rapidly, and indeed do. This is a survival provision, existing to get the child "up to speed" very quickly with their potentially hostile and challenging environment.

The "imaginary friends" of the child are very real indeed, but the Conscious Mind of parents cannot perceive and therefore accept these "friends" of the child as "real", through their learned and programmed belief filters, so the child is told to "quit imagining things" as if the child is guilty of some form of misbehaviour.

From the very outset well-meaning and genuinely loving parents present their child with all sorts of fluffy, tactile and sometimes noisy toys, sometimes hanging "mobiles" over their cot or crib which the child has little choice but to stare at, thus reinforcing the concept of the nature and function of material "things even from birth.

These are often toy versions of "adult" material possessions to "prepare" the child for the "real world". In these case of boys, these "toys" become increasingly military and violent in nature, culminating in extremely violent video console games.

Female children are prepared for their domestic and later reproductive "roles" through increasingly realistic "dolls" and role playing games.

As a child becomes "older", brainwave frequency increases, as does natural conscious sphere of perception, and with it capacity and speed of learning and experiencing.

As it is - parents, as soon as their child can understand, commence the indoctrination of the child in to the "ways of the world", imprinting the child with their own choice of religion, various prejudices including racial and societal, and of course their expected "station in life".

By the age of 7- 10 years at the most, the child has thus been heavily programmed, true Spiritual connections buried under many, many layers of material, religious and prejudicial beliefs, and, unless, like Neo in the Matrix, the child has the ability, driven from their "Spiritual connections", and can break that programming using the Power of their own Mind - there is no one around that can or would help - or approve - their power of will and Spiritual connections, the child will be running on that childhood programming as the basis for the remainder of their physical experience, thereby constantly creating and recreating their own life "model" around that learned and programmed model which is generally accepted as an adequate representation of "reality", whether the experience happens to be "pleasant" or unpleasant in nature.

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The overwhelming number of children therefore experience the current "model" of life which may be summarised briefly as - birth, nursery, kindergarten, school, university, work, money, a few days "off" each year for weekends and holidays, vacations, retire after 50 or 60 years of labour, endeavour to get by on a "state pension" - which they have paid for all their working life anyway - lose interest in life, physically and mentally degenerate and finally "die".

Now this may seem cynical, and of course this is a typical model which may vary in the details between personalities, but most people who are honest would have to admit that it is them. to a greater or lesser extent.

Is this really what Source Mind, Supreme Intelligence behind All that Is", really intended for humans? Is this even what Higher Self really expected of its representatives?

So concluding the subject of ideas - an idea, in and of itself, is always pure, always true and always complete, because the sphere in which it originated is in and of itself pure, perfect and uncorrupted.

Only the Conscious, Ego Mind can and invariably does corrupt a pure idea based upon the ongoing learned and programmed biases, impressions and beliefs it continually impresses on to the sphere of the Subconscious Mind, which in turn determines ongoing conscious experience, in accordance with perception of individual experience.

This is why humans have such a propensity to "reject" the ideas of others., not matter how "good" the idea is in isolation. The Ego always insists on having the "final word".

Getting back to your physical existence, in which after all you will be mostly interested as a physically focused human being, it is clear then that there are three fundamental factors that may consider in the context of your own "experience" or concept of "reality".

**1. The inherent limitations of the organic human body**, including sense organs - sight, hearing, smell, taste and touch - and the organic brain, which has no inherent "intelligence", consciousness or capacity to either originate or receive thought.

**2. The Personal Conscious Mind - the Ego - continually impresses the immutable and immensely, indeed infinitely powerful Subconscious Mind with deeply rooted and learned beliefs, expectations, biases, prejudices** and so on, arising from programming of parents, society, and later greatest influence of all - the popular media, including, but not limited to news papers, TV, films/movies, and their corresponding websites. The Subconscious Mind then applies those "experience filters" to the composite image received from the organic brain, and then presents the Conscious Mind with a corresponding experience that it can accept as "real", being consistent with its sphere of expectations and current experience.

The frequent human propensity of rejecting potentially positive experiences as being "too good to be true" epitomises self imposed restrictions all too well.

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**3. The very nature of "matter" itself from which the brain, through the five sensory organs, compiles its initial "best guess" composite image, is, in reality totally transient in nature, only having any form of perceived but not "real" existence at the moment at which it is observed or an attempt is made to quantify it.**

The real paradox here then is that it is the Subconscious Mind that actually makes an observation under the instructions of the Conscious Mind. So when you "look" at something, the Conscious Mind is simply telling the Subconscious Mind to "observe" it.

However, it is only when the Subconscious Mind, as Source Mind, actually focuses on this object the "object" actually becomes observable, thus originating the whole process of the sensory observation, interpretation, filtration and presentation loop in the first place, in order to seamlessly perpetuate the experience that you most expect in accordance with a "lifetime" of learned and programmed beliefs, biases and prejudices.

So it is the immensely, indeed infinitely powerful Subconscious Mind through and as Source Mind, that "creates" the object, processes the object and presents the object back to the Conscious Mind as "what it expects to see" within its concept of "normality".

This entire process is completely under the control of the Conscious Mind which is therefore perpetually "generating" its own experience, which in fact never really exists in fact except as a perceived illusory experience which the Conscious Mind accepts as "real".

So we can now clearly see that these factors together perpetuate an "experience" that is determined by Conscious Mind itself.

I refer to this as an "experiential loop" within the sphere of comprehension and beliefs of each individual. Every person is in fact their own distinct universe, or microcosm, within Universal Mind, the Macrocosm.

Now let us look at graphical anecdotal evidence of this.

When the Spanish first approached what is now known as Central America, the natives were looking out over the sea and became very confused when all they could "see" was large "bow waves" as if something was moving through and displacing large volumes of water. This was caused of course by the large Spanish ships.

But the natives could not actually "see" the ships. All they could see was a clear horizon over the water except for these large bow waves without any apparent cause.

Why was this?

Well quite simply because the "ships" were, at that moment, outside of the sphere of comprehension, imagination and experience of the natives, simply because they had no point of reference point for what a "ship" could look like either personally or collectively

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upon the Mental Vibratory Frequency of Human Mind that they shared as One entity.

So were the Spanish ships in fact "real" or not?

Well the short answer is the ships were very "real" to the Spanish sailors travelling on board them, but totally unreal to the natives who could not see them so they were not there.

Who was correct then - the Spanish or the Natives?

They both were.

Any "thing" is only "real" at the moment it is observed, and to the extent that it may be observed by the observer or collective observers encompassing the object within the sphere of experience at the level of both the personal and collective Mind.

The Subconscious Mind had nothing to observe, the organic brain "saw" nothing to observe, sent nothing to observe back to the Subconscious Mind to process with learned and programmed filters, which finally sent the "nothing to observe" message to the Conscious Mind of the natives who accordingly "saw nothing".

What this anecdote does demonstrate therefore is that "matter" or more specifically the Thought Forms giving rise to the illusion of matter is entirely subjective in nature, never objective, has no fundamental basis whatsoever in "reality", appearing only according to the ability of the Conscious Mind to comprehend it and Subconscious Mind to process it.

This is also why humans fail to "see" the vast majority of "UFO's", even though they are "out there" in the skies very often. Most people who do "see" UFO's do so from a very relaxed, trance-like state, characterised by a much slower Alpha brainwave state, where normal perception is bypassing the usual narrow filters of the Conscious Mind, the perception of the UFO directly reaching the Subconscious Mind which has direct access perception during states of consciousness expanded awareness beyond the normal Conscious sphere of activity.

This is also the basis of many Metaphysical abilities such as for example Telekinesis, i.e. the apparent "moving of objects" using the power of the Mind alone. In reality of course there is no "object" to move - we know that from our previous discussion - so "success" in "moving an objects" is determined by the extent to which the practitioner can overcome his or her own programming as to the nature of "objects" they wish to "move", ultimately not perceiving the object "objectively" but as an extension of their own native Energy Field.

You can only "move objects" to the extent they form part of your personal or collective field of experience, if you believe you can experience "moving the object" you can "move the object" notwithstanding any contrary beliefs arising from previous programming. Telekinesis including "spoon bending" is therefore a useful exercise in the process of modifying and transmuting Subconscious previously learned and

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programmed filters.

Again though - if you succeeded, you have not actually "moved" a physical object even if this is what your eyes appear to suggest, what you have rather succeeded with is moving your own perception and perspective of the very nature of the "object" relative to the perspective and perception of yourself. In other words you have convinced your Subconscious Mind of an alternative possibility, contrary to your existing beliefs, which it then brings to your Conscious awareness as experiential evidence in the form of success, resulting in turn in a transmutation the belief at a Subconscious level, which may then be applied from that moment. So Telekinesis becomes a fact rather than some "supernatural power".

No "power" can ever be "supernatural" except from the perspective of the observer., because, as aspects of the Source Mind Who Experiences through "each" of "us", we already possess Infinite, latent, natural "powers", or more correctly Abilities.

If you choose to allow "onlookers" to your Telekinesis experience, you must not overcome the "fear of failure" and possibility of looking "foolish" in front of friends and relatives, but also your Mind Power needs to be such as to enable the Subconscious Minds of your audience - which is focused within the same sphere of your own Subconscious Mind at that Moment - All being One and connected - to "participate" in the experience. This also brings the sphere of programmed and learned beliefs in to the now collective experience, and your success in the context of that experience.

Spoon bending is another excellent example of this.

Those of you who have seen the first Matrix movie will have probably watched as Neo visiting the "Oracle" for the first time, where upon entering the home he saw children practicing levitating toy bricks. He also saw a young boy who was apparently "bending a spoon" with his Mind and "causing" it to generally move around as if very soft.

When Neo saw the boy how he bends the spoon, the boy said to Neo:

"You must try to realise that there is no spoon".

"The spoon is not real".

He then went on to add, after seeing Neo's questioning expression:

"It is not the spoon that bends, it is you that bends".

I am paraphrasing from memory, originally having seen The Matrix some years ago.

But once again, The Matrix - the first in the trilogy - provides us with a most useful metaphor that millions can easily relate to, and indeed watch on DVD whenever they wish.

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And this is absolutely true. If you wish to bend that Thought Form that your Conscious Mind believes to be a "spoon"- then you must know, beyond any doubt, that there is no "spoon", and that you are really "bending" Energy as a Thought Form presenting itself as a spoon, which in turn is an aspect and extension of your own sphere of Consciousness.

Neo, once seeing this for himself, proceeded to effortlessly "bend the spoon" as the boy did.

Now I am hoping that the irony of this paradox is apparent to you by this stage in this discussion.

Plain and simple - what humans regard as "experience" and "reality" is in effect illusion a self reinforcing, self perpetuating illusion, upon illusion, each believing the other to be "real", thereby a continually reinforcing and self perpetuating "experiential loop" within the context of an inherently "Matrix-like" environment that most humans regard as "real" or as "life" in this world, just as the residents of the Matrix do in the movie.

There is no real difference which is one reason the Matrix is such an excellent metaphor which highlights another paradox of humanity generally which is this:

As humans, the Mind should control the Experience.

Today, in most people, the Experience is controls the Mind.

In practice, some people may find that it is easier to remove these learned and programmed "reality filters" layer by layer until the experience is as "pure" as it can be in within the sphere of experience of the individual.

Others however may choose to totally remove all such learned and programmed experience filters, thus opening up and expanding their Mind to their own true, infinite, unlimited, unrestricted Spiritual nature as an Expression through which Supreme Source Mind subjectively experiences.

An Enlightened person is fully Self and Universal Source Mind realised and Empowered, no longer at the mercy of the feeble whims of Conscious Mind reacting to perceived experience, through the sensory inputs and organic brain that were such an integral but necessary element of your path towards Enlightenment.

An Enlightened Spirit both encompasses and Expresses Source Mind.

Once a human achieves and maintains this level of Enlightenment within the context of a physical body, all trappings and dramas of the learning environment of the "experiential loop" facilitated through the coarse fabric of the material Universe become utterly meaningless, as does the Astral environment for the same reasons.

An Enlightened person only wishes to Experience their True Infinite, Unlimited,

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Unrestricted, Divine Nature and Potential, Expressing Source Mind as Source Mind, the physical world no longer serving any useful purpose, except as through which to provide Service in showing others the way to Self-Empowerment, Freedom and Enlightenment.

Service is fundamental within all spheres of the Universe, the higher/inner always being a guiding Light to the lower/outer on the great Divine path which, everyone, without exception treads.

The reciprocal of Service - Selfishness in all its forms - is a uniquely physical human trait characterised by an "very man for himself" attitude instead of Service to others first.

Now let us take a very brief look not at "things" or "objects" but of the collective experiences that humans call regard as "events" of the type usually reported within the popular media.

"Events" can be personal in nature of course, but are more often shared collectively by a number of participants, often considered to be "unexpected".

Humans generally have a profound tendency to label events - indeed experiences generally - as, for example, "good" or "bad", "welcome" or "unwelcome", "important" or "unimportant" and so on, in accordance with individual perspective.

Let me first say therefore that "events" are neither "good" or "bad" or any other such label, these are duality based concepts, they simply "Are", but only to the extent that an event exists at all.

Events in the broadest terms are consciously shared experiences.

A collective experience known as an "event" is temporal in nature, that is to say experienced only during the moment at which the circumstances of the event are observed by all the participants.

Of course "events" can span "years" of Earth "time" relative to what is known as "history", and throughout Earth history there are examples of this.

But the important point to keep in Mind is that no such temporal event can ever "manifest" in isolation, notwithstanding any individual perception to the contrary.

In accordance with the Universal Principle of Cause and Effect, every "event" is ultimately associated with an infinite and "unbroken" series, or "chain" of related events - Causes and Effects - a temporal moment of which is observed within the personal Sphere of Consciousness of a person or "group" of people, before continuing on beyond the temporal event horizon of these "observers" and on to the temporal sphere of perception of other people or Beings, either on Earth or other planet, always independent of "time" or "space" relative to the temporal moment in which it is experienced, before continuing on to Infinity.

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This "progression of events" may "travel" through the spheres of consciousness of countless Beings existing on the same or different levels of Energy, Vibratory Frequency, and/or temporal "time-lines" relative to Earth, other planets or environments, each "moment" or "instance" of which may be observed in isolation experienced as a localised temporal "event", independent of any knowledge of the associated and continuous, infinite chain of related events - Causes and Effects - to which it belongs.

Even then this "chain of events" is not actually "real", or "material", in accordance with the Principles we have already discussed.

An "event" is a thought Form belonging to an infinite chain of related Thought Forms, each of which has infinite potential to manifest in its own temporal sphere of observation, in accordance with the Subconscious filters of the observers.

So even each distinct temporal event may be deemed "good" or "bad" depending on the Subconscious filters and therefore perception of the participants.

But again, this "event" may only be observed only within the temporal event horizon of the observers, before continuing on beyond the temporal event horizon of the observers, and therefore beyond the perception and experience of the "event".

There is nothing "random" about these events, and they never "happen" in isolation or for "no apparent reason" for the reasons previously discussed, and certainly never by "chance", "luck", "fortune" or any other such superstitious notion. Just because the origin of an event, or anything else is not "apparent" does not lessen its validity.

So how may we summarise the question of "reality" as it relates to human experience?

Well to start with we must understand the fact that the entire nature of the "Universe" in all spheres of Vibration, exists only as an Infinite expanse of Energy encompassing infinite potential, is infinitely fluid, and responds only to Mind Principle at all levels.

Mind, at a "normal" human level, encompasses two fundamental spheres of activity - Personal - within which are the Conscious and Subconscious spheres of activity - and the Collective or Shared Mind. This is still an over-simplification, but will suffice for the purposes of this discussion.

There is also the Superconscious Mind, or "Superconsciousness" - a much "higher" and all encompassing "level" of Mind in the context of Universal Source Mind.

Nothing in the Universe is ever "fixed" and therefore nothing in the Universe is ever "real" in accordance with the human concept of "real".

Nothing ever has "substance" - at least not in any more than in a transient sense.

Source Mind, First Cause, Supreme Intelligence, is the Only "Objective Reality", because only Source Mind, through the Universal Sphere of Activity of that One Mind,

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encompasses the All, knows the All and "Sees" The All from a complete perspective

No aspect of Source can be inherently "unreal" or "imperfect" - it simply Is.

All other aspects of "reality" are, by very nature, Subjective Reality and therefore "unreal".

All that Is exists may be conceptualised as an Infinite "ocean" of Vibrant Energy with Infinite Potential, Perpetually Subjectively Experiencing itself through "Individuations" - "fragments" - of Its Self, but which "fragments" are also concurrently Integral Aspects of Its Self as The Whole, The All.

There is no separation in any sphere of experience except for that which is personally and/or locally perceived which is never actually real except to the extent that it seems real to the observer.

As an "individuated" Energy Field - Conscious and Subconscious Mind, Spirit, within the Great Energy Field - Universal Mind under the guidance of Source Mind - we exist "everywhere" within the full Sphere of activity of Universal Mind as The All, The Whole, with the same Infinite Potential to the extent it has been realised and assimilated.

"Movement" is therefore an illusion - all "projection" is a projection of Conscious Awareness, of the Mind only - a focusing to a the point in the Universal Energy Field that is desired to be experienced, and which can be imagined and comprehended.

"Movement" and therefore "motion" must be an illusion, because there is no duality, no "here" or "there" to "move" between.

No Being can experience any "thing" outside current sphere of imagination and comprehension, both of which expand during the process of Experience and Evolution.

A "possibility" is only realised and becomes experiential as a Thought Form in the precise moment in which it is observed, "after" which returning to transient Native Universal Energy with Infinite Potential. Never at any time is a Thought Form "real" in the absolute sense.

What each human currently considers as their current "reality" simply represents a infinitesimally tiny subset of the Whole Universe of possibilities that have been subscribed to and observed out of freewill. In the physical state this process is comprised of a composite of the sensory inputs fed to the organic brain, interpreted by the Subconscious Mind which applies filters based upon the "lifetime" of learned and programmed thoughts, feelings, emotions, beliefs, expectations and capacity to comprehend, imagine and experience, and then on to the Conscious Mind to be perceived as subjective, but never objective experience, never "real" in absolute terms.

What people perceive as solid "matter" in isolation, is simply a Transient Thought Form of an infinitely fluid "quantum soup" in which every component is intimately related by

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the same infinite quantum potential, and encompasses "All" concurrently.

"Matter" is therefore never "real".

Matter is always a transient composite experience in the moment observed, regardless of how Conscious Mind chooses to perceive it based upon the learned and programmed belief filters within Subconscious Sphere of Personal Mind activity.

What people perceive as an "object" or may refer to as "objective" is actually just a very tiny fragment of Energy as Transient Thought Form that only exists as such to the extent and in the moment in which it is observed, while also existing as integral aspect of Infinite, interconnected "Allness" of Infinite Potential.

This leads to the only possible conclusion that:

**Space does not exist.**

**Locality does not exist.**

**Time does not exist.**

Without these conditions, matter cannot exist.

What metaphysics or mystics erroneously refer to as "projection" is actually a shift in the single and only point of Conscious Awareness within the context of The All, to the extent that such a desired point can be comprehended, conceptualised and imagined.

Humans, even in the context of a physical body, Exist and Encompass Everywhere Within the Context of the All, Concurrently, independent of any concept of "space".

There can be no duality implied "movement between two points". A Shift in Experience is a shift in Single Pointed of Conscious Awareness in the context of The All.

A sense of Being "somewhere" only differs in accordance with the point within the infinity of Universal Mind within Which Conscious Awareness is focused in the Present Moment of Now, in accordance with the learned and programmed "belief" filters applied by the Subconscious Mind.

In terms of physical experience, each person as an Individual Point of Conscious within Universal Mind may choose to place a different interpretation upon the same subjective sensory inputs from their own perspective based upon current experience. So when one person describes a "car", another may be perceiving something completely different although both may agree, at a physical, temporal level of observation, and in accordance with their respective Subconscious filters and perceptions, that it is still a "car".

The same applies to colours. If you show someone a "blue" object they may recognise it

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as what you may refer to as "yellow" in colour, but because both observers consistently recognise the Energy being observed by their respective colours, it is always a constant relative only to the respective observers. Both observers are always correct.

So again, when you ask someone to "look" at something, although they will "see something", there is no way of knowing whether what they "see" is actually the same as what you "see" because there is no "real" point of reference. Instead you simply accept what you see as fact and agree that, regardless of how you choose to "see" that object after it has been processed through layers of Subconscious filters, it nevertheless represents the same "thing" which you can "both" agree on "seeing" - actually you are One Mind at a deeper level anyway. Conscious Spheres of Mind Principle can relate to and understand in accordance with individual and shared perceptions, conscious beliefs and biases. Again, as everything is subjective, nothing is real", all observers are correct.

"All that Is", Universal Mind Principle, comprises an Infinite Field of Consciousness, Vibrating Energy with Limitless Potential, perpetually Subjectively Experiencing Itself through Infinite "fragments" or integral aspects of Its Self. Humans - indeed all Life - which means "All that Is" are simply Unique Configurations of Energy - Energy Fields - within the context of the Greater Energy Field - Universal Mind - each Energy Field identified by a unique but constantly changing Vibration, the rate or frequency of which is entirely dependent upon state of Evolution and Perfection relative to the only true Reference - Source Mind, First Cause - while still intimately and seamlessly connected to the Whole Unified Energy Field as One Complete Experience but with Infinite Experiential Potential.

This is why "life" as humans know it in the physical Universe - Earth in this case - is an illusion - a Dream, a dream which anyone can Consciously change if they choose to do so, and have sufficient Mind Power, Consciousness and "self"-control to do so.

If "life" is an illusion what then does that imply about the change known as "death"?

"Death" is an illusion.

Mind, Ego, Consciousness, Soul, Spirit are All Configurations of Energy - existing Only as unique but Unified Energy Fields identifying Who we Are - the Spiritual "I".

Humans are therefore indestructible in absolute terms, even if the organic body is transient in nature.

During the change known as "death", the Soul and Spirit - unique Energy Field - leaves the organic material shell, to Experience itself as pure Energy without the encumbrance of the physical shell, physical senses and organic brain, which, after Life Principle has departed, is free to "decompose" to the extent it may be observed to do so.

Experience after "death" seems considerably more "real", because whereas before "death" experience included the sensory inputs of the five physical senses, and the

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limitations of an organic brain, so that the "body of Energy" now experiences directly.

Taking the sense organs and organic brain out of the "picture" immediately removes a whole layer of potential error.

The influence of the experience of "time" is also removed, and along with it the illusion of "waiting" for something to "materialise". All Thoughts coalesce instantly as Thought Forms - Energy Forms - inherently transient in nature - only persisting when observed..

After the change known as "death" The Personal Subconscious Sphere of Mind activity decodes Energy, Thought Forms, directly. In this more powerful, "direct" state, in the absence of "space" or "time", Mind not only decodes Thought Forms directly, it also influences Native Energy to bring about Thought Forms at the point of observation.

This is still an entirely subjective experience however because the Experiences as Thought Forms are still only observed in the context of the originating "Thought".

So after "passing," humans must very quickly learn to control the nature of their Thoughts - to control their Mind - a lesson best learned before "passing", where the challenges are greater, and Thought Forms take "longer" to "materialise". So the experience is much more forgiving, which after all is the whole basis of the physical Universe and material existence. A kindergarten child needs to be introduced to their full potential gradually so they can grasp it, manage it, and less likely to make fundamental mistakes.

In the Astral worlds, the Afterlife, the "life after death", humans are still living the illusion they lived on Earth or other planet, which, at that stage of their evolution is still required - this must be the case otherwise they would not be there experiencing that environment at all.

Astral residents are either not being able to comprehend or willing to contemplate a massively more powerful, formless, "bodiless, experience in the context of a Self-Aware, Self-Conscious "Point" of Energy. These are spheres of true glory, where relating to "form" is regarded as a necessary stage on the path to much greater and more responsible roles, responsibilities and adventures.

The physical world to "ascended" humans is perceived as but nothing more than a hazy, crudely defined, but interesting, necessary dream.

Yes physical life is a dream, but a necessary learning experience in which every human has chosen to participate at the start of the glorious journey along the Eternal Path of Experience and Perfection, with the potential to achieve the ultimate conclusion of reuniting with Source Mind, while, on the journey, accepting far greater, more responsible and glorious roles Within the All of Universal Mind.

Each Spiritual "I" is a hugely powerful designer and "creator" of environments and in particular of cosmic games, designed to facilitate ever further Evolution and Perfection,

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while "merging" with "groups" of Spiritual "I" to extend Service out of Unconditional Love to those further out on the path - the Inner always helping the Outer in Love and Service.

The entire Universe - in All Spheres - is characterised by Cycles of Energy - some extremely "short", other extremely "long" relative to the experience of "time", but all having the potential to influence us in some way.

Humanity in the context of Earth is currently experiencing the "end" of one such great cycle of 25,765 years or so, and the glorious transition to the next to the next for all those prepared and made the Conscious Choice to participate. The Higher Self of those not yet ready will continue their own cycle of incarnations on Earth if possible, other planets if not.

These events possess potential to be both transformational, and, from a physical planetary and human perspective, destructive. This is simply an aspect of the perfection of Universal Mind, old paradigms needing to be swept aside to facilitate the new.

Your own time to Awaken is Now, as humanity, Earth and all Life on Earth on Earth approaches this truly great Transformational and Transitional Event - an opportunity to experience a great leap in your own personal Evolution, should you so choose, and have prepared yourself accordingly, an opportunity to experience the potential to remove many physical world obstacles that have dogged humanity for millennia.

Evolution is not fixed to any "point" within the human experience - it is ongoing. Any human can achieve the evolutionary potential at any moment and proceed to the next "level" of Evolution along the Divine Path, but the opportunity presented Now, and accelerating exponentially towards an all encompassing pivotal moment, may be considered to represent a 25,765 year "window of opportunity" with the potential to achieve a "quantum leap" in personal evolution, again should you choose and prepare.

This is just one reason I was inspired in 205 to write my book, Our Ultimate Reality, my website of the same name, and why I commit my Sunday mornings to sending you a weekly newsletter.

There has never, at least in the last 25,765 years or so, been a "better" "time" to experience being a Human on Earth, depending upon how you choose to Experience the potential being presented.

Finally what then can we say about the nature of "reality"?

We can never know the absolute nature of "Reality" as Source Mind, the Supreme Intelligence, until finally, through the process of Evolution, the potential is reached and the decision is made to reunite, to "merge", at which point All will become known and Experienced.

We can however say this about the All Encompassing Nature of Subjective Experience

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in the context of Reality of Universal Mind in Which "we" Experience, Evolve, Love and have our Being, thus fulfilling reason for Being .

We may define this Subjective aspect of Universally Experienced Reality thus:

## **A Boundless Expanse of Eternal, Intelligent, Conscious, Vibrant Energy, Subjectively Experiencing Itself as Itself.**

So what then are three Fundamental Qualities of this Greater Collective "Reality"?

### **Love - Mind - Consciousness**

What may we say about the nature of the Personal "reality" of humans focused on Earth.

Personal Reality is simply your Subjective Experience in any Moment of Now within the overall context of the Greater Reality and of a unique enclosed Experiential loop.

The Moment of Now is Eternal, Encompassing Infinite Potential, any Aspect of Which any Personality has the Potential to Realise and Experience through Mind Principle in the process of Personal Evolution - also an aspect of Collective Evolution.

There is ultimately One of Which we are All Eternal Aspects of Universal Mind.

Subjective Experience, the reason or "meaning" of physical "life", provides a limitless, self-regulating experiential environment through which Personal Evolution may progress through the Divine Freewill with which we are All Blessed, and the Infinite Power of Mind, within the context of a Universal Mind of Infinite Potential, always regulated through immutable Universal Principles and Ultimately Source Mind - Supreme Intelligence, First and Only Cause.

Once Higher Self of a human has attained sufficient Experience and Evolution, all concurrent "incarnations" are released from the sandbox - the physical Universe as a formless Spiritual "I" in the context of the greater Whole, All, of Universal Mind.

The objective and destiny of every Individual Aspect of Mind as Spiritual "I" is to attain the potential to reunite with Source Mind Energy, Supreme Being and Intelligence, at which moment the absolute "Ultimate Reality" is instantly Realised in that Only Moment.

Most humans currently experiencing "Earth life" are just setting foot on this Eternal Path, during which Life and Experience becomes increasingly "real" and glorious". There are no human words to even begin to describe these Divine glories but known to Higher Self - a primary motivation to continue, during which increasingly Greater and

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more responsible Roles are accepted with great Joy, thus facilitating ever Greater potential for Experience, Evolution and above all Perfection, while concurrently contributing to the Evolution and Expansion of the Whole - the All of Universal Mind.

So how may we summarise your "physical human experience" in the context of Earth?

**Your physical "life" is a "sandbox" and you are the Much Loved Child of the Universe joyfully playing within your sandbox. Your toys are the Play-Doh through which you may mould any Experience that you can possibly Imagine.**

**"Life" in the physical world of matter - your current experience - is a but a Dream, a Dream which you and you alone Continually Generate, Perpetuate and Live, within the context the Collective Dream of Humanity.**

**Your objective on Earth is to Realise both the Personal and Collective Dream for what it Really is, Free yourself from that Dream, and Consciously Realise, and Connect With the Greater Reality Beyond the Dream, and Source of All that Is.**

**What you have been previously been taught, experienced and recognised as "Life", is but a Game, a Game in which you have hitherto willingly participated and immersed yourself believing it to represent your life and reality. Your Moment has Now arrived to graduate beyond the nurturing, loving and self experiencing kindergarten realm of games, pretend and make-believe, to graduate to the Glorious Realms of a much Greater Responsibility, Love and Service to All.**

**Your current Experience of "life" is but a space-time bound Matrix, a projected game, an illusion that you have Chosen to Experience. You must Now Awaken to the full nature of this game, before you may liberate your Self from the game.**

Your objective is to attain Enlightenment, encompassing the Full Realisation of, and Conscious Oneness and Connection With, Source Mind of All that Is.

Unconditional Love and Service for All Life are Primary Principles of Enlightenment.

Enlightenment is to realise the Physical, material "life" for the Dream that it really is, having finally served its purpose which you understand and for which you are grateful.

The ultimate objective and greatest attainment of all humans therefore, as many have "before" you, is to achieve Enlightenment while still in the context of a physical human experience. This is a primary reason why Higher Self of Humans chooses the extremely challenging route of concurrent physical incarnation - the most effective way of instantly attaining the necessary Experience to facilitate the Graduation of Higher Self - Spiritual "I" - to much Greater, Glorious and Responsible roles and Adventures within the All Encompassing Universal Mind of Infinite Potential and Unconditional Love .