

IBM Business Partner
 Product Information
 Model: 4880
 Processor: Intel Pentium 4
 Memory: 1GB
 Hard Drive: 40GB
 Operating System: Windows XP
 Network: Ethernet
 Ports: USB, FireWire, Serial, Parallel
 Dimensions: 15.5" x 13.5" x 1.5"

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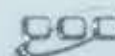
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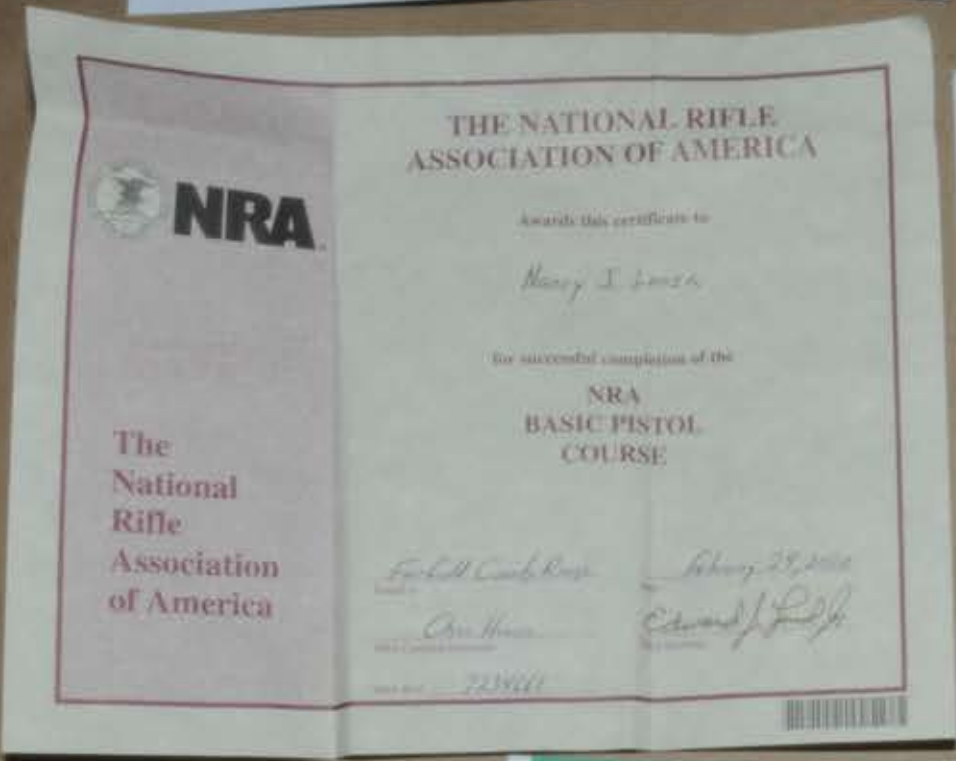
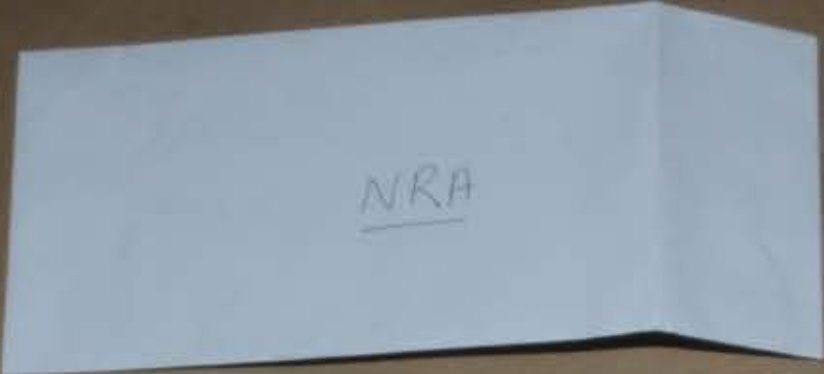
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NEWTOWN P.O.
NEWTOWN, Connecticut
064709998
0833690470-0096
10/12/2011 (203)428-4271 04:40:45 PM

Sales Receipt

Product Description	Sale Unit Qty	Price	Final Price
---------------------	---------------	-------	-------------

Dom. Money Order			\$195.00
19046603136			
Domestic Money Order Fee			\$1.10
Subtotal:			\$196.10

Total: \$196.10

Paid by:
Debit Card \$196.10
Account #: XXXXXXXXXXXXXXX0015
Approval #: 154401
Transaction #: 574
23900000636
Receipt#: 001863

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Clerk:08

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0833690470-0096
10/12/2011 (203)428-4271 04:49:55 PM

Sales Receipt

Product Description	Sale Unit Qty	Price	Final Price
---------------------	---------------	-------	-------------

WEATHERFORM DK 73096			\$0.44
Zone-6 First-Class			
Letter			
0.40 oz.			

Expected Delivery: Sat 10/15/11
*** Return Rept \$1.15

(Electronic)
Use label # 70101870000245910915
for inquiry on Return Receipt
(Electronic).

Certified \$2.00
Label #: 70101870000245910915

Issue PVI: \$4.44

Total: \$4.44

Paid by:
Cash \$20.00
Change Due: -\$15.58

*** IMPORTANT! For Return Receipt (Electronic), wait one day, go to usps.com; select Track & Confirm; enter label number(s); select 'Request Return Receipt (Electronic)'; enter your name and email address. Please make your request within 60 days.

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THE SIMPLE PROGRAM THAT
PRIMES YOUR GRAY CELLS FOR

JOY, OPTIMISM, AND SERENITY

TRAIN YOUR BRAIN TO GET HAPPY

Teresa Aubele, PhD, Stan Wenck, EdD, and Susan Reynolds

What Is Neuroplasticity?

It's important to clarify that neuroscientists use the word "plastic" in a different way than you might be used to. In neuroscience, "plastic" means that a material has the ability to change, to be molded into different shapes. Thus, neuroplasticity is your brain's ability to alter its physical structure, to repair damaged regions, to grow new neurons and get rid of old ones, to rezone regions that performed one task and have them assume a new task, and to change the circuitry that weaves neurons into the networks that allow us to remember, feel, suffer, think, imagine, and dream.

How Neuroplasticity Works in Your Brain

Here's a short list of what scientists now believe your brain is capable of continuing to achieve throughout your life, thanks to neuroplasticity:

1. **It can reactivate long-dormant circuitry.** The expression "it's like riding a bike" is very true when it comes to your brain. Often, you never completely forget a skill once learned, though you might need a short period of practice to kick your neurons back into gear.
2. **It can create new circuitry.** For instance, the neurons in your nose responsible for smell are made new and replaced every few weeks, and new neurons are made in other parts of your brain as well. Also, whenever you learn something new, your brain can strengthen existing neuronal connections and create new synapses that allow you to maximize new skills.
3. **It can rewire circuitry.** Parts of your brain that were used for one purpose can be retasked to other uses. This is often the case with stroke victims who relearn to use a limb or to speak after some neurons are destroyed.
4. **It can quiet aberrant circuits and connections** (such as those leading to depression, posttraumatic stress disorder (PTSD), obsessive-compulsive disorder (OCD), phobias, and so on). Some parts of

your brain can exert control over others and change how much they affect your mood, decision-making, and thought processes.

HOW DOES NEUROPLASTICITY MAKE YOU HAPPIER?

Because of your brain's neuroplasticity, you can train your brain to get happier regardless of your age. Here's why:

1. The actions you take can literally expand or contract different regions of the brain, firing up circuits or tamping them down. Example: If you worry excessively, you are activating certain types of pathways due to habit. You can learn, however, to retrain your brain to quiet these pathways and strengthen others, so it doesn't automatically go down the "worry" highway.
2. The more you ask your brain to do, the more space it sets up to handle the new tasks, often by shrinking or repurposing space that houses your ability to perform rarely used tasks. Example: If you typically go into a melancholy funk when you face problems, your brain will continue that habit. If, however, you instruct your brain to come up with creative solutions to your problems, you can shut down the melancholy pathways by making them less used and smaller, and instead open up and increase use of the creativity workshop in your brain.
3. New brain-scanning technology has shown that conscious perception activates the same brain areas as imagination. In effect, you can neutralize the long-term effects of painful memories by rewriting (or more correctly, rewiring) the past that lives within your brain.
4. Your brain usually cannot reliably distinguish between recorded experience and internal fantasy. If you program your mind with images of you being happy and spend time visualizing the desired images long enough and hard enough, your brain will think those images really happened and will associate happiness with them.

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The neocortex is also responsible for planning, abstract thoughts, and reasoning. It's the part of your brain that senses and perceives the world around you, allows you to formulate reactions, and allows you to think about thinking. Your personality, your hopes, and even your ability to speak all generate from—and reside within—your neocortex.

Visualize This!

To get a visual idea of the size of your brain, put your two palms together and then make your hands into fists. When you look down at your thumbs, you can see the approximate size of your brain. Your curled up fingers even look a bit like the wrinkles in the surface of your brain. Its 100 billion nerve cells weigh about three pounds in total and connect with each other along 100 trillion different pathways.

THE FIVE MAJOR AREAS OF YOUR CORTEX AND THEIR FUNCTIONS

Because your cortex surrounds and covers your reptilian and limbic brains, a surgeon would have to remove this part of the brain, or cut into it, in order to see many of the other structures underneath. It's so large and contains so many of your highest-order functions that neuroscientists have divided the neocortex into four lobes (based on the type of information each manages) and the cerebellum, or "little brain."

1. Your frontal lobe
2. Your temporal lobe
3. Your parietal lobe
4. Your occipital lobe
5. Your cerebellum

These lobes are divided into left and right halves, or hemispheres, by the central sulcus, which runs lengthwise down the center of your brain. For the most part, the left and right halves of these lobes are responsible

for similar functions, but each focuses on opposite sides of your body. The left side of your brain is concerned with the right side of your body, and the right side of your brain is responsible for the left side of your body.

In addition to these four cerebral lobes, many neuroscientists also include the cerebellum—literally your "little brain"—as a fifth major area.

Yes, it's complicated, but hang in with us as we describe what each area of your brain does. Getting to know the parts of your brain will vastly improve your ability to understand how it functions overall and what you can do to protect and improve your brain functions and thereby increase your level of happiness!

Your Frontal Lobe

At the very front of your brain lies an area known as the frontal lobe. It is the largest of the lobes—about 30 percent of your brain's overall size—and is the most highly evolved portion of your brain. It is the frontal lobe that makes us human. It controls most of your executive decision-making, serves as the seat of your personality, and is the part of your brain that allows you to think about yourself. Some call the frontal cortex "the CEO of your brain" because it is responsible for double-checking decisions and actions and giving the final okay before you interact with the rest of the world.

Your Prefrontal Cortex

At the heart of the frontal lobe is an area known as the prefrontal cortex (or PFC), which is likewise divided into left and right halves, or hemispheres. The left part of your PFC is concerned with emotional responses, while the right half of your PFC is more concerned with fact-based analysis. The PFC sits directly behind the center of your forehead and is the last to develop as you grow into an adult. Although teenagers like to think they have fully formed brains, the prefrontal cortex is still growing and doesn't really begin to shine until postadolescence. On average, this process begins and finishes about a year earlier in girls as compared to boys.

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Every moment that you can spend reversing negative patterns of thinking is important for getting your brain out of these patterns and into a happier, more productive state.

POSITIVE THINKING: HOW OPTIMISM SAVES THE DAY

Every thought releases brain chemicals. Being focused on negative thoughts effectively saps the brain of its positive forcefulness, slows it down, and can go as far as dimming your brain's ability to function, even creating depression. On the flip side, being focused on positive, happy, hopeful, optimistic, joyful thoughts produces chemicals that create a sense of well-being, which helps your brain function at peak capacity.

There are hundreds of benefits to being positive, among them: Being positive, especially around friends and family, will make it easier for them to do the same. So turn that frown upside down, and give your brain the juice it needs to function at its peak capacity, so you—and your brain—can feel good about life.

Your Brain on Happy Thoughts

"We choose and sculpt how our ever-changing minds will work, we choose who we will be the next moment in a very real sense, and these choices are left embossed in physical form on our material selves."

—Dr. Mike Merzenich

In contrast to the effects of negative thinking on your brain, positive thinking has really helpful effects on your brain. Happy thoughts and positive thinking in general seem to be responsible for the growth of the brain, making new synapses, especially in the prefrontal cortex (PFC). Neuroscientist Helen Mayberg used brain imaging to measure activity in the brains of depressed adults before they underwent fifteen to twenty sessions of behavior therapy, where they learned to reshape depressive thoughts. All the patients' depression lifted, and the only "drugs" that this group received were the own thoughts. She then scanned the

patients' brains again. These scans reflected changed activity in both the limbic brain and the prefrontal cortex, showing without a doubt that the mind can change the brain, or as Dr. Mayberg explained, the mind can rewire the brain "to adopt different thinking circuits."

A Happy Brain Is an Energetic Brain

Negative thinking slows down brain coordination, making it difficult to process thoughts and find solutions. Feeling frightened, which often happens when focused on negative outcomes, has been shown to decrease activity in the cerebellum, which slows the brain's ability to process new information, and the left temporal lobe, which affects mood, memory, and impulse control.

So how do we think happy thoughts, even when feeling besieged by negative thoughts?

COGNITIVE BEHAVIORAL THERAPY TO THE RESCUE!

"As a man thinketh, so is he."

—Napoleon Hill

Cognitive behaviorism was formed as a reaction against the Freudian emphasis on consciousness as the subject matter and introspection as the method of its behavioral or therapeutic investigation. Freud believed that we experienced emotions first, and that our problematic thoughts arose from deep-seated emotions, many of which were repressed in our subconscious. Freud liked to delineate and probe his patient's psyche, hoping to ferret out suppressed fears.

In the early part of the twentieth century, American psychologist John B. Watson founded what became known as the psychological school of behaviorism, which basically rejected Freudian introspection

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list, positive outcomes are there, lurking under your mound of depressive thoughts. Looking for the brighter side is a great habit to develop. You will be a happier and more compassionate person for it. Interestingly, you can learn to become grateful for life's painful experiences as well as the pleasant ones. It's a tool you can use to choose to live as an optimist as opposed to a pessimist.

CBT Technique #7: Develop Your Ability to Concentrate

We all lead incredibly busy lives, and multitasking has become essential when it comes to coping with all the complex details that fill our lives. Living in this state can overload our brain, with negative thoughts drowning out positive thoughts. One way to combat negative thoughts is to narrow your focus and concentrate on what is going on right now in your life. Unfortunately, the ability to concentrate is becoming a lost art for many, even though concentration is a marvelous tool for retraining your brain to have happy thoughts. If you're having trouble concentrating, try this exercise.

Place a lighted candle on a table about two feet from your chair and concentrate only on the flame. On a blank sheet of paper, make a mark each time you find yourself thinking of something other than the flame itself. Do this for five or ten minutes, per day, for thirty days.

If you practice this religiously for at least a month, you'll notice that your thought diversions lessen substantially over time. And that means you are regaining the ability to concentrate by reducing the volume of unproductive thoughts while attending solely to the object or thought you want to concentrate on.

CBT Technique #8: Create Positive Affirmations

"Some folks think they can. Others think they can't. They're both right."

—Henry Ford

This technique works well for those with low self-esteem or who have developed obsessive or negative thoughts about an upcoming or

past situation. Instead of letting a barrage of negative thoughts dominate your life, create a list of positive affirmations to counter them. Suppose you are nervous about going to an out-of-town party where you will know no one except the hostess, who will be very busy. Repeating a positive phrase like, "I will be relaxed, sociable, and have a really fun time" said in five sets of ten each day before the party (fifty times daily) creates a picture in your mind that your brain will be happy to fulfill.

Consider This!

There's always good news out there. Here are some happy results of studies that should cheer you up:

- Seniors who were first told they had an above-average memory performed significantly better on memory tests.
- Seniors who are personally optimistic about their future well-being outnumber those pessimistic about their future three to one.
- The number of people reporting that they were in a "good mood" outnumbered those reporting to be in a "bad mood" twenty to one.
- 70 percent of people met with a smile give a smile in return.

At the very least, formulating positive affirmations will calm your nerves and set the stage for a happier outcome . . . and then you *will* have a great time, which will reinforce positive envisioning for the next event, and the next, and so on. Experiment with positive affirmations in different situations, and then sit back to watch how well your brain functions when it's been instructed to set up the ideal ending.

ENTER MINDFULNESS!

Now that we've covered the basics of CBT, it's time to take another leap forward. Thanks to the groundbreaking research and decades-long devotion of Dr. Jon Kabat-Zinn to mindfulness meditation at the University

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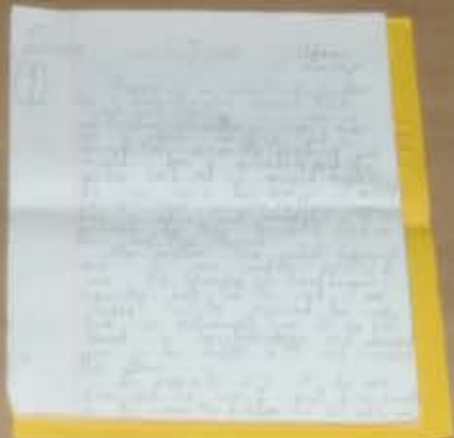
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adam
and

Chicken Land



Chicken tree



The clock goes by the growth of the tree



It is called the chicken tree because it bears chicken. The center of the chicken is juicy. It contains everything you ever will need to live like calcium and water. The whole chicken altogether is 500 calories. 700 with the bone. It spits out seeds every 4 hours by using its long chute. The vines that hold the chicken is very soft and very strong.

The main sport is called meat-fight. Each person has one piece of chicken. They fight each other and the first one to fall loses. Another sport is juice blast. They each have one chicken. A horizontal pipe is used to poke a hole through the center. Then you fill it with chicken juice. Finally you squeeze and juice runs out the hole. The chicken that is still in the pipe, the one that was first, wins.

that is up chicken



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ao Cao



Cao Cao
Cao Ren
Cao Pi
Deng Xi
Yi Hou Dun
Yi Hou Yan
Hu Eke Li
Cheng Li/Cheng Yu
Piao Wei
Sima Zhao
Sima Yi
Xu Xun
Xu Huang

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Wang Wei

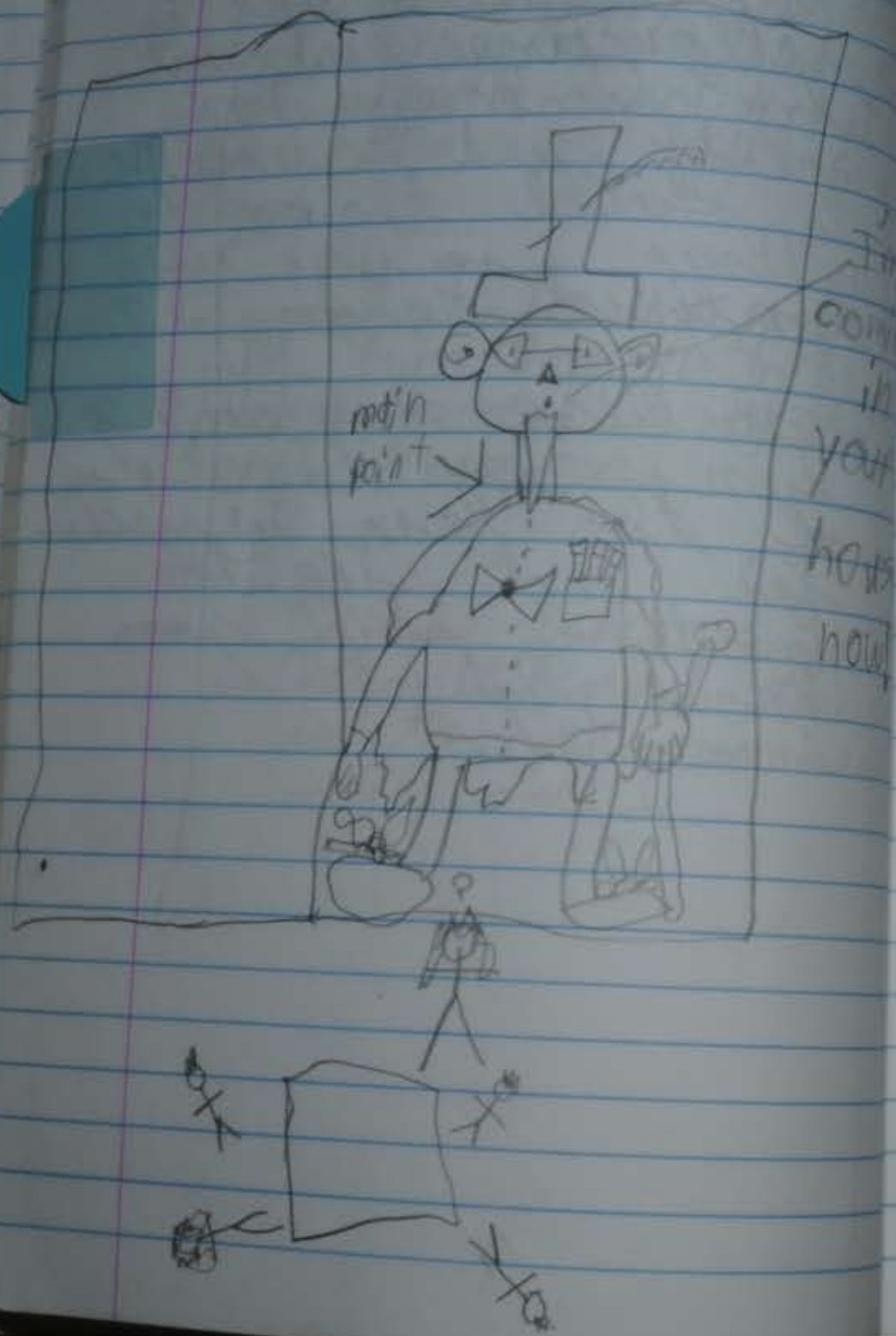
in the year 197...

~~Some of the things~~
~~the year 197...~~
 something terrible happened
 lord of Lang Xiu's army attacked
 with a battle where Cao Cao
 Cao Cao was with a
 a small army when
 the battle was about
 to be joined, loud
 Wei stood in front of
 the enemy's army and
 attacked. He had two
 halberds to hold them
 when they got close
 in half he pulled
 his sword and when
 shattered something
 happened. He actually
 picked up two ropes
 and swung them around
 like his halberds, when
 he was killed, the
 enemy's army still
 not dare to enter

castle gates because
 of all the... this was
 the best... Wei was
 surprised... Cao Cao
 heard what happened to
 his best friend, he was

6

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Dec 16/02

I think Mal was justified to hit the man in the yellow. The world was in his hands because if everyone do up the watch the world would be overpopulated but no one would. Think of that at the end, they would just push to buy the system and drink it. This was not a case by if you are mad it can come, it would be in my taking and some people could abuse that ability. I think the Man in the Yellow Suit is the real kidnapper. We are wanted to go with the Jukes but did not with the Man, I would have done the same thing as Mal just did.

~~No frogs, No birds.
 too many ants, are coming.
 Ants over poplar.
 Ants dig dirt,
 dirt grows plants.
 Bees come to plants.
 Cooks Bok'n died.
 Bees die.
 ants feed bees to babies.
 Ants will overtake town.
 Or baby died.
 3 eggs went hatch.
 One bird has no voice.~~

1. GARDEN
 2. GARDEN FINDS OUT THAT GARDEN-WORMS
 3. GARDEN FINDS OUT THAT GARDEN-WORMS
 4. GARDEN FINDS OUT THAT GARDEN-WORMS
 5. GARDEN FINDS OUT THAT GARDEN-WORMS

3. GARDEN HATES TWO MEN TALKING ABOUT
 HEMLOCK BUILDING A DAM TO CLOG THE RIVER
 AND HAS AN EVIL SCHEME. HE WILL TRY TO
 KILL THE KING.

4. GARDEN'S AT THE LAKE.

5. GARDEN GETS
 6. HEMLOCK KNOWS
 GARDEN'S LOCATION.

2. message
 3. message
 4. message
 5. message
 6. message
 7. message
 8. message
 9. message
 10. message

COMPOSITIONS
Name Ryan Lanza
School _____
Grade _____

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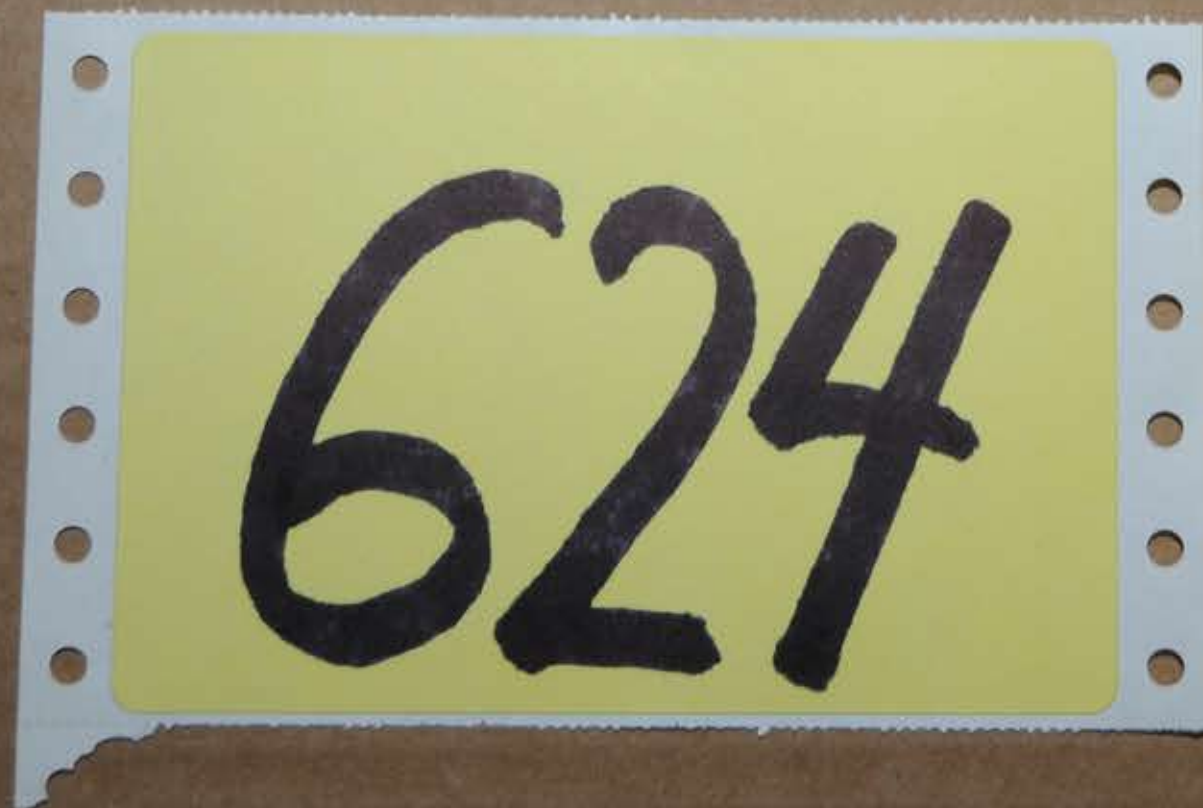
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articles, speculation and scoops," Mr. Kushner said.

Ten sites are online already, and the 11th, covering Kentucky, is scheduled to go up this week. Mr. Kushner hopes his multi-million-dollar investment — he would not be more specific — will attract an influential readership and, in turn, advertisers who want to reach those readers.

"Instead of taking out ads in five papers across the state, if you want to reach the most influential and politically active people, all you have to do is buy an ad package on the site," he said.

The Observer Media Group, which owns both the namesake newspaper and the Politicker brand, has kept relatively quiet about the development of the state sites. They will most likely become more prominent when a national site aggregating the local content starts within the next few weeks.

"We view this as one of the most ambitious projects right now in journalism," said Robert Sommer, the president of the Observer Media Group. "We're basically creating 50 news bureaus with full-time reporters in each state."

Mr. Sommer said that the company saw itself filling the political news niche that budget-strapped local newspapers are increasingly deserting. But the Politicker network faces some formidable challenges — primarily, figuring out who, exactly, will advertise on the sites.

Even in this early stage, some of the Politicker sites are performing better than others. The Oregon site broke the news of a congresswoman's retirement two weeks ago, and the Maine site obtained an interview with Barack Obama ahead of the state's caucuses. But other sites are drawing criticism because they are updated infrequently. An online magazine in Vermont said that the local Politicker had received "a whopping zero" comments from readers.

The company also has to prove that it can replicate the success of PoliticsNJ.com, a widely read and well-regarded guide to New Jersey politics that Mr. Kushner purchased in a private transaction last March. Mr. Kushner would not share traffic figures, but said that the New Jersey site had performed "much better

state capitals with little more than a laptop and a BlackBerry, and let them build each state site.

What the young reporters lack in experience, they make up for in passion about politics, Mr. Sommer said.

"They can quote what happened in a Congressional race in Arizona in 1992 even though their parents weren't born yet, the same way I can tell you every pitch from Tom Seaver's near-perfect game in 1969," he said.

Mr. Sommer said that in the future, the company plans to require subscriptions for some



The publisher, Jared Kushner.

parts of the Politicker sites, but until then will rely entirely on advertising revenue.

Most states will be covered by one or two reporters, one editor working on contract from inside the state, and an undetermined number of bloggers. The editors — who will remain anonymous, and will include lawyers, lobbyists and former officeholders — are the "secret sauce," Mr. Sommer said.

Although their anonymity leads an aura of mystery, many of the editors will have partisan ties and political leanings. Mr. Kushner, whose father was a major Democratic fund-raiser, emphasized that the Web sites were not affiliated with any political party or ideological agenda.

Jay Rosen, a blogger and professor of journalism at New York University, said that sites like the Politicker are partly a consequence of declining investments in newsgathering by local newspapers and television stations. He said the venture's success would depend on whether it stressed original reporters

First on the Scene, Again, Is the College Newspaper

By BRIAN STEELER

When news breaks on college campuses — as did when a gunman killed five students at Northern Illinois University last week — reporters from the college paper are often the first journalists on the scene. For reporters at The Northern Star, the student newspaper, the incident became far more personal when they learned that one of their own staff members was among those killed.

Daniel Parmenter, a sophomore, worked as a sales representative for the Northern Star, selling advertising on commission. He had joined the newspaper last semester.

"It became very clear that people very close to us were injured and dead," said Jim Killam, the newspaper's adviser and a journalism professor at the university in DeKalb, Ill. "It immediately changed the complexion of the newsroom."

Student newspapers, however professional they aspire to be, are rooted more in the sorts of headlines found in Thursday's Northern Star: "Things to do on Valentine's Day" and "Winter season ranks tenth snowiest." In recent days, though, the staff members, many of them journalism majors, were entangled in covering the shooting and its aftermath.

John Puterbaugh, The Northern Star's editor in chief, was not entirely unprepared. In the nine months after a gunman killed 32 students at Virginia Tech, he had spoken several times with Amie Steele, the editor in chief of that university's student newspaper. There, the student newspaper staff became immediate sources for information: their Web site dispatches drove the early reporting, their voices filled the live

exchange on television news, and their photographs appeared on the main pages of next day's newspapers nationwide.

Remembering that a student photographer at Virginia Tech had been detained after those shootings, Mr. Puterbaugh cringed that his photo editors had been passed. Recalling that Mr. Steele's staff had used Facebook to identify victims, he directed his reporters to do the same.

When word of a shooting spread on the Northern Star's polar scanner, the staff rushed to the scene a quarter-mile away. As the adviser, Mr. Killam normally never contributes directly, but when the newspaper's advertising director handed him a camera Thursday afternoon, he started taking photographs. His images of students being carried away on stretchers, were posted online Thursday afternoon and appeared in newspapers across the country Friday morning.

The advantages of being close to the scene — The Northern Star was apparently first to report that the gunman had killed himself — also posed obvious challenges.

"We had to cover the story, yet we were clearly attached to what we were reporting about," said Mr. Steele, whose paper at Virginia Tech, The Collegiate Times, received world attention for its coverage last April. "We weren't outsiders looking in like most of the national media; the victims were just like us — they walked past the same buildings, ate in the same dining halls — and there is absolutely no way you can remove yourself from that."

For both newspapers, Web sites proved important to an audience that needed immediate updates. On a normal day, The Northern Star's Web site records roughly 13,000 page views, Mr.

Northern Star



TRAGEDY



"I'm going to begin the process of talking to students, and I'll do what I can personally to help them through this, and they'll help me."

John Putterbaugh, NIU President

SPECIAL ISSUE COVERING THE REARBY'S COLE HALL SHOOTING

At Northern Illinois University, the campus paper, The Northern Star, issued an eight-page special report on the shootings.

Killam said. In the 24 hours after the shootings, it had about 600,000.

The Northern Star staff members also convened Friday afternoon to support one another and reflect on Mr. Parmenter's death.

"He was a motivated individual," Justin Zegar, the advertising manager told a local newspaper, The Daily Chronicle. "He used to always come up to me and say, 'Justin, what can I do to

move up?'"

Long after the national media leave DeKalb, the campus paper will most likely continue to cover the aftermath. Ms. Steele said that every edition of The Collegiate Times has had an article related to the shootings.

"I've been looking forward to the first issue that doesn't have an April 16 story," she said, "but unfortunately I don't think that is going to come anytime soon."

Toshiba to Give Up on HD Format, Ceding Field to Sony

TOKYO (Reuters) — The Toshiba

battle in the 1990s, but confided

abandon the HD DVD format and

DVD business," said the source.

630

Journalism

Covering a Campus Shooting

Student journalists at Northern Illinois University were first on the scene; one victim was one of their own. **C3**

Television

Once Bearded, Now Scripted

The writers' strike forced hosts like Stephen Colbert to improvise more than most viewers probably know. **C8**



The iPod as a Worker Boon **C3**

A Political Portal Is in the Works **C3**

Saving Sales With Online Giveaways **C4**

I.S.P.'s Look for Share of Ad Revenue **C4**

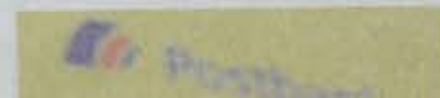
Business Day

The New York Times

MONDAY, FEBRUARY 18, 2008

News
Isn't Wasted

Tax Scandal in Germany Fans Complaints of Inequity



Friday, Dec 14

Laundry

Ironing

Handwash

CALLS: Vacuum

Padon

BCBS

Exercise

Unpack

1/4 Christmas Cards

Clean garage

Clean grill

Clean ~~my~~ family room

Clean my room

Balance checkbooks

Clean living room (except hutch)
mail @

↳ Shelves: Studying

631

Saturday Dec 15

laundry

vacuum

handwash

exercise

groceries

Staples

Clean Chamberlain's

Chamberlain's

Chamberlain's

Bills/Budget

Clean dining room

table cloth in Dining room

finish cleaning study

Christmas cards

631

Sunday Dec 16

Laundry

Ironing

Handwash

Exercise

Set up sewing machine
hem Shower curtain

Clean downstairs bath

Clean basement bathrooms

Clean kitchen

groceries

Clean living room (Finish)

Christmas Cards

631

Monday Dec 17

CAU: Rick re staff

laundry

ironing

handwash

exercise

~~hand wash~~

hem shoes + hang

Clean extra placement card

quene for front

finish Christmas Cards

631

Tuesday, Dec 18

laundry

ironing

handwash

exercise

hom. assign. + hmg

631

Wed. Dec 19

laundry

ironing

handwash

shower

Clean Ryan's room

Change bed

631

Thursday Dec 20

Laundry

Stomping

handwash

meal

Steam Laundry room

6571

03

03, 19

03, 19



633

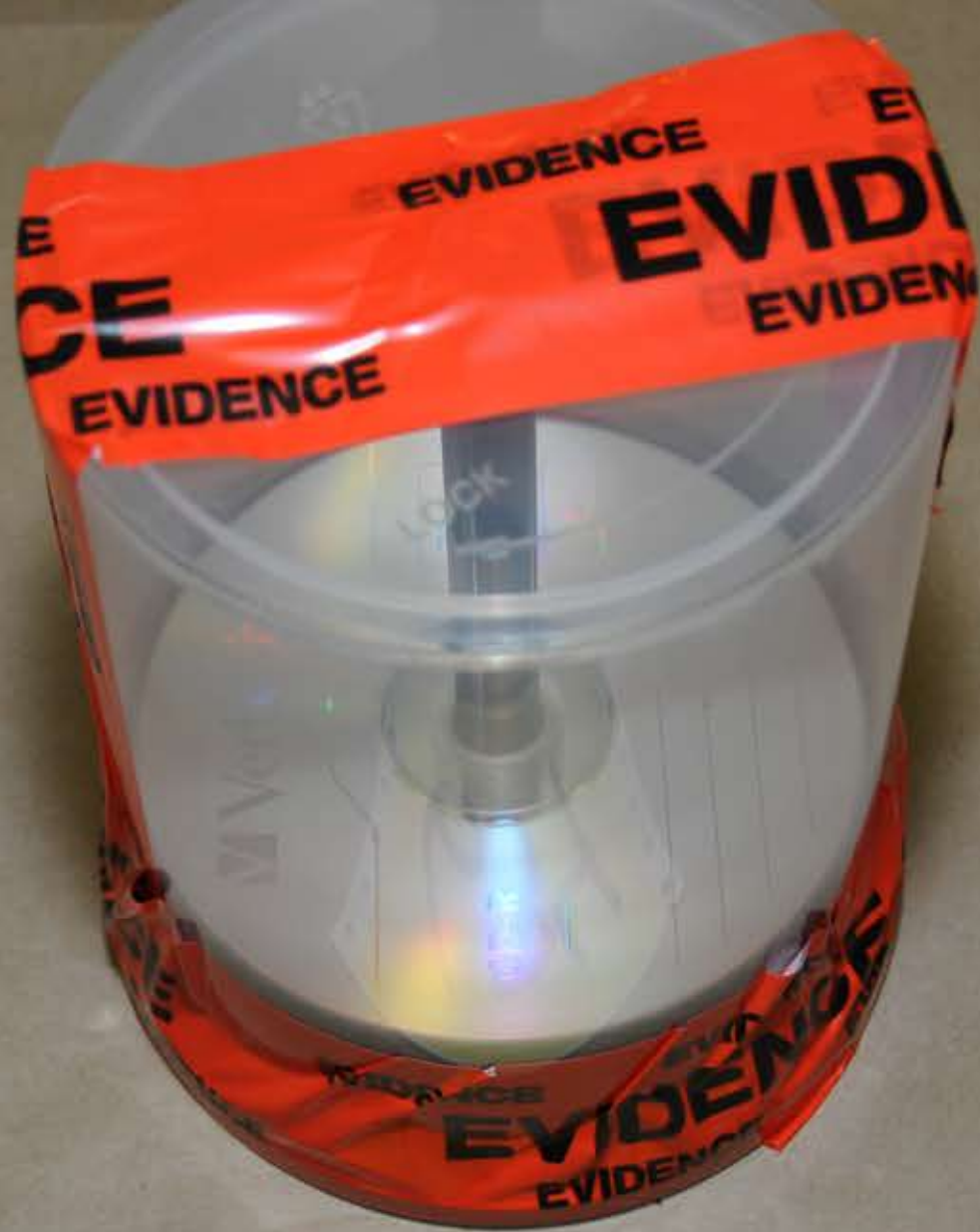
633

let the celebrating begin!

Happy Birthday To You

Adam,
Happy Birthday.
Send me an e-mail when
you want to go hiking
or shooting.

Love
Dad



634